ALL THE BEST NEW-SEASON SHOWS

MORE CHANNELS THAN ANY OTHER TV MAG!

29 AUG-4 SEPT 2026

TV&Streaming week

NEW

THE GENTLEMEN

Theo James returns as the dodgy Duke

TV TO GET EXCITED ABOUT!

NEW

Trigger Point

Vicky McClure is back as Lana tackles the biggest terror attack yet

NEW

MAYDAY

Ryan Reynolds and **Kenneth Branagh** as Cold War comedy buddies

EXCLUSIVE

THE GRAND TOUR

Meet the new petrolheads

HotList This week's 28

Saturday 29

Prue Leith's Cotswold Kitchen

***COOKERY** ITV1, 8.25am*

As the third run resumes, Dame Prue Leith serves up more delicious dishes and banter, and her first guest is broadcaster Mariella Frostrup (pictured with Leith).

Premier League

***FOOTBALL** TNT Sports & Sky Sports*

Today's live coverage starts with Liverpool facing Nottingham Forest at Anfield (TNT Sports 1, kick-off 12.30pm). Later, Spurs host Newcastle United (Sky Sports, kick-off 5.30pm).

Wham! 10 Days in China

***DOCUMENTARY** BBC2, 9pm*

This one-off reflects on the visit by George Michael and Andrew Ridgeley (both above) to communist China in 1985, when they were the first Western act to perform for Chinese audiences. *See feature, p12*

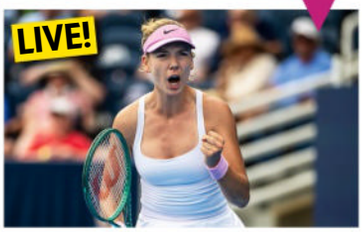
9/11: The Unseen Footage

***DOCUMENTARY** 5, 9pm*

Using archive material captured by news agency Reuters, this feature-length film recounts the terrorist attacks on the World Trade Center in 2001 and the heroic rescue efforts that followed.

■ Full listings start on **p35**

Sunday 30



US Open

***TENNIS** Sky Sports, from 3pm*

In the final Grand Slam of the year, Katie Boulter (above) and Wimbledon semi-finalist Arthur Fery are among the British hopefuls at Flushing Meadows. Continues all week.

Hamza: African Birds of Prey

***DOCUMENTARY** BBC1, 7pm*

Hamza Yassin (above) journeys across Kenya in search of some of Africa's most-threatened birds of prey, meeting the people who are working to save them.

Vigil

***THRILLER** BBC1, 9pm*

Suranne Jones and Rose Leslie (both above) return for a third run, with DCI Silva and DI Longacre on the case of a murdered British special-forces soldier in the Arctic. Continues tomorrow. *See feature, page 6*

Trigger Point

***THRILLER** ITV1, 9pm (box set, ITVX)*

Vicky McClure (above) is back as bomb-disposal officer Lana Washington for a fourth series. The team jump into action when a new bomber attacks London. Continues tomorrow. *See feature, page 4*

■ Full listings start on **p45**

Monday 31

The Killing of Claire Leveque

***DOCUMENTARY** Disney+*

This two-part documentary pieces together the chilling timeline of events surrounding the death of a 24-year-old Canadian woman (above) in Shetland.

Fred's Ultimate Hotels

***FACTUAL** C4, 8pm*

In this four-part series, hospitality expert Fred Sirieix (above) goes behind the scenes of some of the world's most-extraordinary hotels. First up is the five-star Royal Mansour Marrakech in Morocco.

River City

***SOAP** BBC Scotland, 9pm*

Prepare for an emotional farewell in Shieldinch as Scotland's answer to *Coronation Street* and *EastEnders* comes to an end after almost 24 years. A one-off celebratory documentary follows at 10pm.

Tea with Judi Dench

***FACTUAL** Sky Arts, 9pm*

Dame Judi Dench and Sir Ian McKellen (both above) meet for tea and a catch-up at her Surrey home. An intimate watch that feels like we're eavesdropping on two national treasures. *See Documentaries, p21*

■ Full listings start on **p55**

Tuesday 1

Raygun: Breaking Badly

***DOCUMENTARY** Netflix*

This *Untold* documentary looks at how an Australian academic, Rachael Gunn (above), qualified as a breakdancer at the Paris Olympics, and revisits her quirky performance, which went viral.

The Great British Sewing Bee

***REALITY** BBC1, 8pm*

It's Literary Icons Week, so Esme Young and Patrick Grant (both above) task the sewers to make a deerstalker and outfits inspired by *Matilda* and Jane Austen.

The Game

***THRILLER** 5, 9pm*

As the thriller returns, ex-cop Huw (Jason Watkins) finds himself caught up in another cat-and-mouse game with killer Patrick (Robson Green, pictured with Watkins). Continues tomorrow. *See feature, p7*

The Jury: 14 and on Trial for Murder

***DOCUMENTARY** C4, 9pm*

The BAFTA-winning series returns, this time re-enacting the trial of two brothers, one aged 14, charged with the killing of their stepfather. Continues tomorrow.

■ Full listings start on **p65**

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Wednesday 2

The Runner
***THRILLER** Prime Video*
Gal Gadot (above) stars in this thriller about a lawyer who is forced to sprint through London and follow the cryptic instructions of a mysterious caller after her son is snatched. *See Your Watchlist, p16*

Star Wars: The Mandalorian and Grogu
***SCI-FI** Disney+*
Taking place after the events of Season 3 of *The Mandalorian*, this film sees Mando (Pedro Pascal) and Grogu on a mission to rescue the son of Jabba the Hutt.

The Repair Shop: Beyond the Barn
***FACTUAL** BBC1, 8pm (times vary)*
Among the cherished items the experts tackle are a *Doctor Who* K-9 robot replica, a ukulele and a leather case owned by a cook who catered for Winston Churchill.

Stolen Babies
***DOCUMENTARY** BBC2, 9pm*
One-off documentary uncovering Britain's adoption scandal, spanning the postwar era to the 1980s, when young unmarried mothers were forced to give up their babies for adoption. *See Documentaries, p20*

■ Full listings start on **p75**

Thursday 3

The Gentlemen
***DRAMA** Netflix*
Guy Ritchie's crime series returns for a second season. Eddie (Theo James, above) and Susie (Kaya Scodelario) face new threats as they expand their lucrative cannabis empire. *See feature, page 8*

Chad Powers
***COMEDY** Disney+*
Glen Powell (above) returns as disgraced quarterback Russ Holliday, who is back on the field as alter ego Chad Powers – but keeping his true identity secret is tougher than ever. *See Your Watchlist, page 17*

Taskmaster
***ENTERTAINMENT** C4, 9pm*
Greg Davies and his efficient assistant Alex Horne set five comedians – Chloe Petts, Richard Ayoade, Nina Conti, Isy Suttie and Matt Lucas – to work, but only one can claim the ultimate glory.

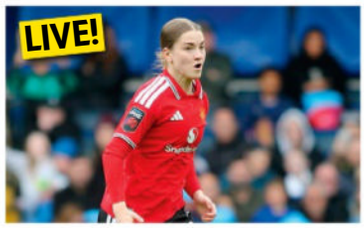
Sandi's Ireland: A Literary Journey
***TRAVELOGUE** More4, 9pm*
Sandi Toksvig (above) embarks on a two-part journey across Ireland, following in the footsteps of literary greats including Seamus Heaney and James Joyce.

■ Full listings start on **p85**

Friday 4

The Grand Tour
***MOTORING** Prime Video*
A new era of motoring chaos begins with YouTube car reviewers Thomas Holland and James Engelsman joining TikTok petrolhead Francis Bourgeois on epic road trips. *See feature, page 11*

Mayday
***ACTION COMEDY** Apple TV*
Cold War buddy comedy. When a US Navy pilot (Ryan Reynolds) is shot down over Russia, his only hope for survival is a gruff ex-KGB agent (Sir Kenneth Branagh). *See Your Watchlist, page 14*



Women's Super League
***FOOTBALL** Sky Sports, Sky One & Sky Mix, kick-off 7pm*
The new WSL season kicks off in Bromley, and London City Lionesses' summer signings Mary Earps and Alexia Putellas will want to win against Man Utd. *See Sport Week, p28*

Live from the Lycett Arms
***ENTERTAINMENT** C4, 10pm*
Joe Lycett (above) broadcasts live every Friday night from his east London pub for the next six weeks. Each instalment will feature celeb guests and punters putting the world to rights. *See feature, page 12*

■ Full listings start on **p95**

29 AUG–4 SEPT 2026

Welcome to the latest issue of *TV&Streaming Week*. Fan favourite Vicky McClure as Lana from *Trigger Point* is our cover star this issue. It's a normal day at the office for Lana as she tackles a bomb-laden lorry hurtling across London.

The British public have much affection for Wham!'s George Michael and Andrew Ridgeley. The documentary *Wham! 10 Days in China* captures the trip the pair took to the country, which was just opening up to the West. And don't miss *Wham! at the BBC* afterwards.

Finally, *Stolen Babies*, about Britain's forced-adoption scandal, is a heavy watch. The injustice will shock you and move you to tears.

Enjoy your TV week.

Claire Ruck, Editor-in-Chief

4 Cover story
More explosive action as Vicky McClure returns for a fourth series of hit drama *Trigger Point*

6 TV Week
Series 3 of *Vigil*, the return of 5's *The Game*, and a second helping of Guy Ritchie's *The Gentlemen*

9 Soap diary
This week's top stories

14 Your Watchlist
Ryan Reynolds and Sir Kenneth Branagh team up in *Mayday*, plus *The Runner* and *Chad Powers*

20 Documentaries
Stolen Babies highlights Britain's forced-adoption scandal, plus *Tea with Judi Dench*

22 Films
Mischievous animated antics in *Minions & Monsters*

28 Sport
Women's Super League football

35 TV guide
Day-by-day TV listings

105 Next week, Puzzle

106 Coming Soon

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PROTECT & SURVIVE

Vicky McClure is back with a bang to play *Trigger Point*'s troubled bomb-squad officer

NEW THRILLER

Trigger Point

Sunday & Monday, 9pm, ITV1 (box set, ITVX)

Explosives officer Lana Washington has been caught up in blasts, held hostage and lost a string of loved ones since hit action drama *Trigger Point* first arrived on ITV1.

This week, Lana finds herself in danger once more when she goes up against a terrifying new bomber in a fourth series of the show. The six-parter begins with a high-octane chase through London in which Lana and her team must race to intercept a lorry loaded with explosives headed towards a target in the heart of the city.

Lana (Vicky McClure) and her fellow bomb-disposal officers, known as EXPOs – Hass (Nabil Elouahabi) and Danny (Eric Shango) – soon track down the bomb-laden vehicle as it charges through the capital, but with an enemy drone following overhead, they must somehow defuse the device without the terrorists knowing.

Meanwhile, back at Counter Terrorism Command, DCI Amar Batra (Maanuv Thiara) and DS Helen Morgan (Natalie Simpson) are desperately trying to find out who's behind the audacious attack.

We sat down with McClure, 43, to hear more…

Lana faces a fresh crisis

Tell us about the new series... We've thrown everything at this series to make it as entertaining and as real as possible. We've really upped the ante. The team is facing the biggest threat to life they've ever encountered. The first scene involving the lorry is so exciting, but it's just the beginning…

How is Lana's mental health? A lot happened to Lana in Series 3, and indeed before that, and she has gone through so much with her mental health, so, of course, there will be consequences and she needs to make changes in her life. We'll see Lana trying her best to get a grip on things – she's going to therapy and balancing that with her job. She's doubting herself, which is very dangerous in that job. You have to be certain when dealing with bombs because the stakes are so high.

Did you enjoy filming the therapy scenes? I wanted to try some improvised dialogue for those scenes and dig into Lana a bit. Usually we don't have a chance, because with all the technical and procedural stuff I've got to stick to the script, so it was nice to have a chance to play around a bit.

How did you find the stunts this time? I was knackered! There's a lot of running while we're filming *Trigger Point* – I don't go to the gym, but I do enjoy being active

WORDS: SEAN MARLAND. PHOTOS: ITV, ADOBE STOCK

'There's a reality to all of it, particularly the gallows humour'
VICKY McCLURE

Julie Graham as Nia

DREAM TEAM

In this series, *Shetland*'s Julie Graham joins the *Trigger Point* cast to play Commander Nia Quentin. And after clashing with so many authority figures over the years, Lana is pleased when she forges a good working relationship with the counterterrorism boss.

'One of the areas that we mine for dramatic value on *Trigger Point* is the relationship between the police and the bomb squad,' says executive producer Jed Mercurio. 'Sometimes we are forced to create conflict between colleagues for the sake of the drama, but there is actually a real team spirit that exists in our public services. So we wanted to reset that relationship and do something that felt more collaborative for Lana and Nia.'

and I just knuckle down to make the stunts look realistic. I will always have a go because you're never going to get those experiences again. But if my attempt looks rubbish, then I will step away and get the stunt people to do it, because I would hate for the show to falter because of my inability to do something!

How do you get in the mood to film those action scenes? We've always got a big speaker on set, and I really utilise music, whether I need adrenaline or to calm down. Eric Shango is the resident DJ on *Trigger Point*. We're usually listening to some sort of R&B or rap music, although there's a lot of soul on set, too – it depends on who is in charge.

Do you manage to have fun on set? I try to make sure we have a happy set, so we had ice-cream trucks turn up every now and then. We always have a really epic set visit from [bakery firm] Greggs, too. They surpassed themselves this year because they brought a bus with a silent disco, and they created a huge beach with inflatables.

Why has the show been so successful? Viewers love the race-against-time element. It's what people are watching the show for. And as much as some of *Trigger Point* is far-fetched, there's a reality to all of it through the characters and their approach, particularly their gallows humour.

Team members Hass, Phil, Lana, Wren and Danny

Amy and Kirsten head north

Frozen assets

Suranne Jones and Rose Leslie's detective duo investigate an Arctic conspiracy...

NEW THRILLER
Vigil
Sunday & Monday, 9pm, BBC1

A lot has changed for DCI Amy Silva and DI Kirsten Longacre since the crime-fighting couple rekindled their romance in Series 1 of *Vigil*.

We watched the pair fall for each other again as they tackled a death on board a nuclear submarine, while the last series saw the detectives juggle Kirsten's pregnancy with an investigation into the dangerous world of drone warfare.

Now, in the much-anticipated third six-part series, the couple are raising a baby boy while also travelling into the icy wilderness of Norwegian archipelago Svalbard to catch a killer.

The new run begins with the murder of a covert British special-forces soldier (Steven Miller) during a mission to contact scientist Shen Jia (Naomi Yang), who was working on a top-secret renewable-energy project, and put her on a flight to China.

Leaving her young son behind, Kirsten (Rose Leslie) is sent to Svalbard to find out what happened to the soldier, and she soon comes up against a Russian colonel, Fyodor (Tornike Gogrichiani), whose nation also has interests in the territory.

A soldier (Miller) tries to protect Shen Jia (Yang)

RESPONSIBILITIES

'Kirsten is returning to work after maternity leave, which is emotional, sometimes exhausting, and certainly an identity-shifting experience for her,' explains Leslie.

'This is the first time Kirsten has ever headed up an investigation on an international scale like this. She's stepping into new shoes and she feels ready for it. However, as the case unfolds, she has a realisation that countries would go to nefarious depths to make sure that the current order remains and is as prevalent as possible.'

With the help of Svalbard's chief of police, Henrik Becken (Jeppe Beck Laursen), Kirsten and Fyodor try to uncover the truth, only to discover a secret and dangerous world where rival nations are competing for control of the Arctic and its resources in the changing polar climate.

'The show's creator, Tom Edge, has always chosen subjects that open your eyes to things,' explains Suranne Jones, who plays Amy.

WORDS: SEAN MARLAND. VICTORIA WILSON. PHOTOS: 5, BBC

Jones as DCI Amy Silva

Henrik (Jeppe Beck Laursen) greets Kirsten (Rose Leslie)

'Amy and Kirsten are always fighting a bigger monster, but they're a bit more ruthless and reckless once their eyes are open to what's going on this time. There are lots of different countries at play and no one can truly be trusted.'

While Kirsten heads to Svalbard, Amy begins investigating the case from Scotland, where she's particularly interested in Prof Vincent Mair (Derek Riddell), a government adviser who changed his plans and arrived back in Glasgow just hours before the soldier died.

Later, as she teams up with Kirsten in the Arctic Circle, she's more determined than ever to get to the truth.

'Each series brings challenges. Amy's constantly fighting for the truth in these new worlds, with new rules and new characters,' says Jones. 'But this time, Amy is not going to play by the rules any more – because no one else is.'

Huw and Patrick

Mind games

Jason Watkins and Robson Green resume their deadly battle of wits

NEW THRILLER

The Game

Tuesday & Wednesday, 9pm, 5

Last year, Jason Watkins and Robson Green had viewers hooked on their psychological jousting in cat-and-mouse thriller *The Game*.

Watkins portrayed retired detective Huw Miller, whose quiet life imploded when new neighbour Patrick Harbottle (Green) casually uttered the signature taunt of never-caught serial killer the Ripton Stalker.

A gripping battle of wits culminated in a dramatic showdown that ended with Huw being brutally stabbed by Patrick. Having survived the attack, Huw believes he's escaped his tormentor, who is now in prison. But as the series returns for a new four-part run, the danger is far from over.

TRAUMA

One year on, Huw has moved to the coast with wife Alice (Sunetra Sarker), but their peace is disrupted by letters from incarcerated Patrick, proving he still has a hold over them.

'Patrick gets his validation from notoriety, so if Huw's not in his life, he can't really function,' explains *Grantchester* star Green.

Destroying the letters as they arrive, Huw is adamant he won't be pulled back into Patrick's web. But will the temptation be too great?

'It's like an addiction for Huw,' admits Watkins. 'He's already won by getting Patrick put behind bars – but he needs to work out why Patrick gets under his skin.'

Alice and Huw can't escape the past

Meanwhile, Huw's grown-up daughter Margot (Indy Lewis) moves in with her boyfriend Sam (*The Witcher*'s Sonny Ashbourne Serkis). And when she's plagued by disturbing incidents, it transpires Patrick has some useful allies helping him inside – vulnerable inmate Ian (*Brassic*'s Carl Rice) and prison officer Jackie (*EastEnders*' Tanya Franks).

The plot thickens when Huw's former colleague DS Jenny Atkins (Amber James) is approached by local woman Natalie Gower (Sharlene Whyte), who suspects her long-vanished husband Jonathan was Patrick's first victim.

'Huw feels paternal towards Natalie because he feels he's messed up by not having captured Patrick in the past, so he decides he has to right a wrong,' says Watkins.

'But, of course, Patrick uses the case as a hook to reel him in...'

DUKE of hazard

Aristocrat Eddie and crime partner Susie get mixed up with the **Italian Mafia**

NEW DRAMA

The Gentlemen

From Thursday 3 September, Netflix

NEW FROM NETFLIX

Since inheriting the Halstead estate following his father's death – and leapfrogging his troubled elder brother Freddy (Daniel Ings) to the dukedom – Eddie Horniman (Theo James) has been keeping busy in crime series *The Gentlemen*.

As Guy Ritchie's spin-off returns with eight new episodes, it's now a year since Eddie joined forces with Susie Glass (Kaya Scodelario) to run her imprisoned father Bobby's drugs empire, and the business has expanded to Italy. But it's not enough for Eddie…

'Eddie's become more ambitious and potentially more dangerous,' explains James, 41. 'He's talking about returning the estate to what it once was. The way he sees it, it's been whittled down through the centuries, and he wants it all back.

'It's not just about literally regaining what once belonged to the family – it's also symbolic of how a lust for power and legacy will end up seducing Eddie and drag him into some very dark places as the season progresses.'

Aside from wanting to strike a deal with Lord Hawthorne (Hugh Bonneville) to influence the cannabis-legalisation bill in the House of Lords, Eddie and Susie also want to grow their Italian connection.

'Guy Ritchie was clear about wanting to explore Italy as a way of pushing the show forwards and expanding its reach,' says James, who shot some scenes at Lake Maggiore.

Theo James as Eddie Horniman

WORDS: GRACE MORRIS, ELAINE PENN PHOTOS: BBC, ITV, NETFLIX

'Italy also brings a different landscape. You might say it is the birthplace of organised crime. It feels like the perfect fit.'

But working with volatile Mafia boss Marco Moretti (Sergio Castellitto) could be dangerous. And they're unsure if they can trust their go-between, Mafia foot soldier Cico (Michele Morrone). However, Cico's girlfriend Bella (Benedetta Porcaroli) – who also happens to be Marco's god-daughter – has caught Eddie's eye.

'Cynics might think falling in love with the god-daughter of a Mafia boss is quite a convenient power play, but his feelings are completely genuine,' comments James.

Kaya Scodelario as Susie Glass

Ray Winstone as Bobby Glass

Meanwhile, Scodelario says that reprising the role of Susie was a joy. 'It's great working with Theo and Guy again. We were able to get the ball rolling from day one,' explains the 34-year-old star. 'I've grown so fond of Susie and know her so well that I could wear her like a glove.

'Susie and Eddie enjoy their relationship. There's a lot of fun and deadpan banter, but there's a huge amount of respect on both sides. She sees a lot of potential in him, but feels he's tipping into a more dangerous space, and she's trying to figure out how to reel him back in.

'They're still trying to suss each other out, and there remains a slight barrier between them because of the fundamental class divide as they come from opposite sides of the track.'

LOVE AND LOYALTY

Like Eddie, Susie also enjoys a romance in the new season by reconnecting with childhood friend Joe Green (Tyler Conti). But her strongest relationship is with her incarcerated drug-baron dad Bobby, played by Ray Winstone.

'She's running the empire on the outside while Bobby's in prison, and she's really good at her job,' adds Scodelario. 'But Bobby still sees her as a little girl. We get to explore that friction and what it means for the business and for Susie.'

Sergio Castellitto (centre) as Marco Moretti

STORY OF THE WEEK

SOAP WEEK

This week's soaps at a glance

Bear inadvertently triggers Sarah's guilt

EMMERDALE

Sarah's world comes crashing down as she decides to confess

» **Charity and Sarah** are struggling to maintain their lie about Dr Todd's accidental death, but it's not just their lives that are on the line.

Since ex-cop Serena helped cover up the murder, her future is at risk, too. Sarah couldn't feel any worse until Bear discusses the anguish Charity will be going through after 'killing' her rapist.

However, Sarah is unaware that Charity is still hiding the fact that baby Leyla is actually Charity and Ross' child, not hers and Jacob's. Although Dr Todd's demise has stopped this from being exposed, the 'surrogate' gran is taking the blame for Sarah's part in the medic's death as a way to ease her guilt.

It's the day of Dr Todd's funeral and Charity attempts to cheer Sarah up with a family meal, until DS Ramsden arrives to take Charity to the station, where she reveals that the forensics don't match up with Charity's account.

DS Ramsden is suspicious

Meanwhile in the village, Serena is in crisis when Sarah tells her she wants to confess everything. Is Sarah's life about to implode?

» **PLUS** A flashback reveals a connection between DS Ramsden and another villager, Vinny regrets opening up to Kev, and an arrival sends shock waves as their accusations have devastating consequences.

ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET

» Celeste's death uncovers a family secret (above), Debbie's dementia seems to be worsening when she accidentally offends Betsy, Jodie plays with fire as she asks Kit on a date, and Nina leaves for Whitby for a new job.

EASTENDERS

» Nicola is furious when her entire family turn up at her house (above), Ravi sees Priya and Max share a moment, Denzel and Oscar plan a joint stag do for their dads, and Linda prepares for her date with Clive but feels confused.

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(From left) James Engelsman, Francis Bourgeois and Thomas Holland

NEW FROM prime video

Drive time

The intrepid new hosts of *The Grand Tour* step on the gas...

NEW MOTORING

The Grand Tour

From Friday 4 Sept, Prime Video

After nearly eight years of hosting *The Grand Tour*, Jeremy Clarkson, Richard Hammond and James May drove into the Botswana sunset in 2024 when they decided to give way to a younger generation of globetrotting petrolheads.

This week, the show returns to Prime Video as James Engelsman, Francis Bourgeois and Thomas Holland get behind the wheel for six high-octane episodes, all launching on Friday.

The three presenters are already well-known on social media. Bourgeois is a mechanical engineer with more than six million followers across TikTok and Instagram for his trainspotting videos, while Engelsman and Holland created the YouTube motoring show *Throttle House*.

The first episode sees the trio head to California to race sports cars through the Mojave Desert. Engelsman drives a Ford Mustang GTD, Holland a Corvette, and Bourgeois gets behind the wheel of a Venom F5, which can reach speeds of 300mph.

FULL SPEED AHEAD

'We were all driving through the Mojave Desert on this lovely straight road and I was just going through the gears and listening to Roxy Music,' says Bourgeois. 'That was definitely a peak moment.'

The lads take on aerobatic pilots Cory Lovell and Randy Howell

The series also sees the trio explore Malaysia's vibrant car culture, cross the Angola desert in track cars, and take part in a race against fighter jets, with former F1 world champion Jenson Button joining the gang to give them support.

'It was a real *Top Gun*, macho moment. We were living out our childhood dreams,' says Bourgeois, 26.

The original *Grand Tour* presenters were more than happy to hand over the car keys, and Clarkson, Hammond and May even make an appearance in the first episode to give the boys their blessing, plus support and advice.

However, the new team admit that stepping into their shoes was a daunting experience.

'There was a big sense of responsibility,' says Bourgeois. 'We all loved the show in its previous form and we wanted to create something that we would enjoy watching. Since completing the filming of the series, I haven't stopped replaying every moment in my head. It has made me laugh, made my heart race and my stomach turn.'

The trio in Angola

WORDS: NATASHA HOLT PHOTOS: PRIME VIDEO

LOOK WHO'S BACK...

A familiar face appearing in a new show this week

Matt Lucas

NEW

Taskmaster

Thursday, 9pm, C4

Born in London in 1974, Matt Lucas started out on 1990s comedy panel game *Shooting Stars* (inset), before finding fame with sketch shows *Little Britain* (2003-06) and *Come Fly with Me* (2010-11) alongside his comedy partner David Walliams. In 2015, he landed the role of Nardole in *Doctor Who*, the companion of the Twelfth Doctor, before turning to presenting duties to host *The Great British Bake Off* (2020-22) with Noel Fielding. His film credits include *Paddington*, *Wonka* and *Gladiator II*.

HIS NEW APPEARANCE

This week, Lucas, 52, appears in the 22nd series of C4 show *Taskmaster*, where he'll be up against fellow comedians Chloe Petts, Isy Suttie, Nina Conti and Richard Ayoade in silly and surreal challenges set by Greg Davies. The first episode sees the contestants having to bring in the droopiest object, before completing bonkers tasks involving songwriting, furniture removal and being handcuffed to Davies' sidekick 'Little' Alex Horne.

Will Matt Lucas be up to the task?

When Wham! went to China...

Andrew Ridgeley on the pop duo's history-making 1985 tour

Ridgeley on the Great Wall of China

NEW FACTUAL

Wham! 10 Days in China

Saturday, 9pm, BBC2

In the early 1980s, Wham! were one of the UK's biggest pop acts, releasing a string of smash hits including *Wake Me up Before You Go-Go* and *Club Tropicana*.

April 1985 marked a turning point for George Michael and Andrew Ridgeley as they made history by becoming the first Western pop group to perform in communist China.

Being shown as part of a night of Wham!-related programmes, one-off documentary *Wham! 10 Days in China* draws on never-seen-before archive footage as Ridgeley revisits the country to share his memories.

We met up with Ridgeley, 63, to hear more…

How did the trip to China come about? We wanted Wham! to break the US and our manager proposed that going to China would help because of the publicity. It did actually put us into the homes of Americans on national TV and in the press – and later that year, we went on a sold-out tour of the US.

How did you find the audiences? We knew that audiences weren't going to respond in the way we

Joe Lycett heads down the pub

Local hero

Joe Lycett serves up beer and banter at his own pub

LIVE! ENTERTAINMENT

Live from The Lycett Arms

Friday, 10pm, C4

Comedian Joe Lycett throws open the doors of his own pub this week for quirky entertainment show *Live from The Lycett Arms*.

The flamboyant funnyman's retro east London boozer is only open for one hour a week, when it airs live on C4 every Friday, with a bunch of celebrities among the regulars.

We caught up with Lycett, 38, for a pie and a pint...

What made you want to open The Lycett Arms? I've always loved the pub. It's been a place of great solace for me over the years – somewhere to get rid of your worries and

WORDS: HANNAH DAVIES, MICHAEL DARLING, VICTORIA WILSON, RICHARD MCCLURE. PHOTOS: BBC, C4, BBC/SUPERCOLLIDER - ZINC MEDIA GROUP/© ANDREW RIDGELEY; BIG GEOFF OVERSEAS LIMITED, ROBOBUILD LIMITED T/A GEORGE MICHAEL ENTERTAINMENT. PHOTOGRAPH BY MARTYN GODDARD, BBC/SUPERCOLLIDER - ZINC MEDIA GROUP/CRAIG HASTINGS, GETTY, SKY

George Michael and Andrew Ridgeley in China in 1985

were used to. As the frontman, George needed to feed off the audience and he thought we had gone down badly. The first 10 rows were mostly officials, and the polite applause was difficult for him.

This film follows the 2024 documentary *Wham! Last Christmas Unwrapped*. What's it like looking back at footage from those days? I've spent the past four years immersed in our output. There are some great moments. Watching George perform live is always fantastic. I don't think anyone can fail to be moved by his voice.

You formed Wham! in 1981 and disbanded in 1986. Would you have liked to carry on? It was an extraordinarily fast ascent to the top, and we had achieved pretty much everything that we wanted to do by the end of 1985. It was briefer than perhaps it might have been, but I pat myself on the back for having chosen the world's best singer-songwriter of his generation as my bandmate!

connect with a community. The pub industry is under great threat, so anything we can do to celebrate British boozers is a good thing.

What can punters expect? All the things that happen over a week in a normal pub will happen in just one hour. You might have karaoke, a quiz, a comedian doing stand-up, a celebrity popping in for a pint... and maybe a few glasses breaking.

Lycett enjoys alcohol-free drinks

Each week, you have a celebrity pub manager. What qualities do they need? They need experience in a pub – having been to one will do. And they need to be unflappable, as I'll be asking lots of questions and making them do things over the hour.

Did you start out performing stand-up in pubs? I've done my fair share of awful pubs. The Lycett Arms is my exercise in seeing if I can be better than those pubs. I've restricted myself by only being open for an hour, but I can still make it a fun pub.

What's your favourite tipple and pub snack? I love pork scratchings and a Scotch egg – any pork-based snack, I'm in. And I've been into alcohol-free drinks since my son was born [in 2024].

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...

NEW New Zealand Spy

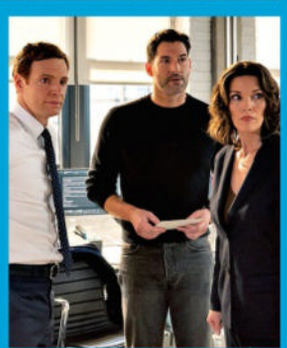
Friday, 9pm & 9.30pm, Sky One (box set, Sky Box Sets & NOW)

The Inbetweeners' Joe Thomas, *Starstruck*'s Rose Matafeo and comedian (and creator) Paul Williams star as a group of novice spies in this six-part 1970s-set Kiwi comedy about a bunch of raw recruits at the New Zealand Intelligence Agency. When the trio are hired by 'The Boss' (*Flight of the Conchords*' Bret McKenzie), their first mission involves foiling an assassination attempt by Australian agents.

CIA

Thursday, 9pm, Sky Witness

A special crossover episode with *FBI* sees special agent Bill Goodman (Nick Gehlfuss) and his partner Colin Glass (Tom Ellis) on security duty at a high-profile international football match. A bomb threat sends the agents on the trail of two missing players, working alongside Isobel Castille (Alana De La Garza) and Maggie Bell (Missy Peregrym).



Celebrating James Bond at the Proms

Saturday, 7.30pm, BBC2

There's a treat in store for 007 fans when Daniel Bartholomew-Poyser conducts the BBC Concert Orchestra in a musical homage to the movie soundtracks of Ian Fleming's legendary spy at London's Royal Albert Hall. The musicians will be joined by special guests to re-create iconic theme tunes.

Reading Festival

Saturday & Sunday, times vary, BBC1

BBC1 continues its coverage of the Reading musical festival with headlining performances from R&B star Raye (Saturday) and drum-and-bass duo Chase & Status (Sunday). There's also a highlights package on Wednesday when you can expect performances from Fontaines D.C. (right), Charli XCX, Dave and Florence + the Machine.

Nikolai and Troy must work together

Out in the cold

Sir Kenneth Branagh and Ryan Reynolds are fighting for survival in a Cold War action comedy

Mayday

NEW *Available:* ***Friday 4 September***
Genre: ***One-off action comedy***

Part buddy comedy, part espionage thriller, Apple TV's Cold War-era movie *Mayday* follows a hotshot US Navy pilot as he forms an unlikely alliance with an ex-KGB agent as they try to escape the Soviet Union in 1987.

After being shot down in hostile territory while conducting top-secret reconnaissance over Soviet Russia, Troy 'Assassin' Kelly (Ryan Reynolds) is rescued by Nikolai Ustinov (Sir Kenneth Branagh), a dissident whose primary exposure to Western culture is a bootleg VHS of *Top Gun*.

With Soviet authorities hot on Troy's trail, loose cannon Nikolai becomes his only hope of getting out of Russia alive…

'Nikolai provides a strong comic foil for Troy – the one thing you don't expect if you're a shot-down pilot in a remote part of Russia is a movie nerd in the log cabin you end up in,' smiles Branagh, 65. 'For me, that was a delicious thought.'

Much of the comedy in the film is sparked by the culture clash between the pair, but the two characters have more in common than initially appears.

ENEMIES UNITED

'The one thing running through both their lives is isolation,' adds Branagh. 'For Nikolai, it's physically living in the woods in this sort of exile, but there's also a kind of loneliness that Troy's job brings. Through this unusual encounter, these two guys find a way to understand something about themselves.'

'Troy's ideas about the way the world works are slowly but surely eroded through the sheer will of Nikolai's humanity – that's a really beautiful thing,' adds Reynolds, 49. 'That's all you ever want in a movie – to go on a journey with the character.'

To create the pilot scenes, the producers filmed real French jets above the Mediterranean, which were then digitally turned into American planes. Meanwhile, a Hungarian collector provided the film-makers with a huge array of Soviet-era weaponry and tanks.

And with Branagh required to film several scenes fully in Russian, he perfected his accent with the help of two vocal coaches.

'Having a front-row seat to somebody as gifted as Kenneth Branagh day in, day out was just wild,' says *Deadpool* actor Reynolds. 'Somebody who can just show up to set effortlessly doing a Russian accent, and then fight like a prime-of-his-life Jean-Claude Van Damme in the next moment is crazy. You get so inspired watching someone like that.'

Reynolds as Troy

What we're watching...

The shows being enjoyed by the *TVSW* team

Ted Lasso

Genre: ***Comedy*** *Season:* ***4*** *Episodes:* ***10 (released weekly)***

It's a welcome return for the uplifting comedy – although when it begins, former AFC Richmond coach Ted (Jason Sudeikis, above centre) is in Kansas. But a visit from the club's owner Rebecca (Hannah Waddingham), PR Keeley (Juno Temple) and club secretary Higgins (Jeremy Swift) convinces him to come back to the club, this time as coach to the women's team. However, Ted's appointment does not go down well with former player Alice Chilton (Tanya Reynolds, above right) who had hoped she'd get the position.

The Shards

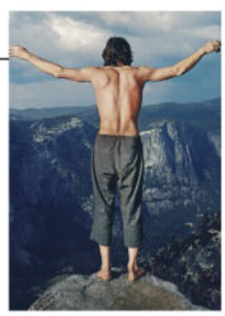
Genre: ***Thriller***
Season: ***1*** *Episodes:* ***9 (released weekly)***

Ryan Murphy's glossy thriller is set in 1981 LA when the arrival of a new student (Homer Gere) at an elite prep school coincides with the crimes of a serial killer targeting teens.

The Dark Wizard

Genre: ***Documentary***
Season: ***1*** *Episodes:* ***4***

A fascinating profile of ill-fated US climber, highliner and base jumper Dean Potter as he pushed himself to his mental and physical limits with a series of dangerous challenges around the world.



Now in production...

Three upcoming shows to look out for soon

The Retrievals

In Netflix's drama, inspired by a true story, Emilia Jones (above) will play a teacher who leads a legal battle against a fertility centre at Yale University when she and other women undergo IVF egg-retrieval procedures without anaesthesia after a nurse steals vital drugs.

Last One Laughing

A Halloween special of Prime Video's series, hosted by Jimmy Carr (above), in which comedians try not to giggle, will feature Daisy May Cooper, Jack Dee, Reece Shearsmith, Tom Allen, Phil Wang, Lou Sanders and Harriet Dyer.

Bad News Dads

James Marsden (above) will star in Apple TV's comedy, based on Adam Frost's forthcoming novel, about a group of amateur baseball players who are convinced murder is afoot when one of their wives dies in what is claimed to be an accident.

WORDS: CAREN CLARK; JUDY EWENS, STEVEN PERKINS. PHOTOS: APPLE TV, ©2026 DISNEY & ITS RELATED ENTITIES, GETTY, HBO MAX

Gal Gadot as Maia Marten

Race to the rescue

Gal Gadot is a lawyer sprinting to save her son

The Runner

NEW *Available: Wednesday 2 September*
Genre: Thriller

***Wonder Woman* star** Gal Gadot proves not all heroes wear capes as she plays an anguished mother who makes a desperate dash across London to save her kidnapped son in Prime Video movie *The Runner*.

The real-time psychological thriller centres on Maia Marten, a high-powered lawyer who is out on her morning run when a chilling, unfamiliar voice calls her phone, shattering her seemingly perfect world.

TICKING CLOCK

The anonymous psychopath on the line (played by *Homeland*'s Damian Lewis) tells Maia that her beloved son Noah has been abducted – if she wants to see him alive again, she must assassinate a witness who is about to testify against a formidable crime boss. And she has just one hour to do it.

With her phone clutched tightly to her ear, Maia's forced into a breathless, agonising sprint across the city under strict instructions: she cannot slow down, she cannot appeal for help, and she absolutely cannot hang up.

Damian Lewis plays the mastermind behind the abduction

'Underneath all the suspense and action, this is a story about an ordinary person forced into extraordinary circumstances,' explains Gadot, 41. 'Maia isn't a superhero. She doesn't have all the answers. She makes mistakes, she doubts herself, she gets scared, and yet she keeps moving forward.

'Every parent shares the same instinct – to keep their children safe. The greatest fear any mother carries is the thought of not being able to protect her kids. That's the fear Maia lives with throughout this story.'

TESTING HER LIMITS

And while Gadot is no stranger to all-out action in blockbusters including *Fast & Furious* and *Heart of Stone*, *The Runner* pushed her body to the limit like never before.

'It's the most physical film I've ever done,' says Gadot, who trained with former Olympic athlete Malachi Davis to prepare for the role. 'I'm not a runner. I hate to run, so the physical preparation was demanding. We trained for endurance running over long, exhausting sequences. Maia's running because she has no other choice. Her sprint is fuelled by urgency, fear and hope.'

Danica De La Rey Jones (top) as Jessica

Nowhere to hide

A ruthless warlord swears **revenge on a former soldier**

Outgunned

NEW *Available: Friday 4 September*
Genre: Action thriller

There's no shortage of thrills, fights and suspense in Paramount+'s high-stakes revenge drama *Outgunned*.

The story follows retired special-forces soldier Jessica Brok (Danica De La Rey Jones), who was once part of a dangerous mission to catch a poaching ring in Angola – only for Jessica to be ambushed in an attack that wiped out most of her team, although she was able to kill the brother of the poachers' leader.

Richard Lukunku as Lazar

BATTLE SCARS

Now, years later, Jessica has left the military and is living quietly with her young daughter, Nikki (Katherine Neethling), in a new job under a new identity.

However, Lazar (Richard Lukunku), the vengeful warlord who attacked Jessica's team, still holds a grudge, and after tracking her down, he kidnaps the ex-soldier, holding her captive in a remote outpost.

When Jessica manages to escape, Lazar's wife Sherri (Hlubi Mboya) discovers that Jessica has a daughter, and Lazar kidnaps Nikki, intending to use the child as bait. But who will come out on top in this deadly encounter?

'Jessica is scared – the stakes are high and it is a story of survival,' says Jones. 'We worked with an incredible stunt team that got us fight-ready. It was brutal and gruelling, but also invigorating.'

WORDS: CAREN CLARK, ELAINE PENN, VICTORIA WILSON. PHOTOS: BBC, ITV, PARAMOUNT+, PRIME VIDEO, ©2026 DISNEY & ITS RELATED ENTITIES

Glen Powell as Russ Holliday

Born to be Chad

Glen Powell is back as the disguised college quarterback

Powell as Chad Powers and Perry Mattfeld as Ricky

Steve Zahn as Jake Hudson

Disney+ Chad Powers

NEW *Available: Thursday 3 September*
Genre: Comedy Season: 2 Episodes: 6

Actor Glen Powell is back on the football field as disgraced former player Russ Holliday when hit comedy *Chad Powers* returns to Disney+ for a second run.

Eight years after Russ destroyed his college football career by assaulting a fan, Season 1 saw him stage a comeback by taking on the fake identity of Chad Powers, wearing facial prosthetics, and becoming the star quarterback for the struggling South Georgia Catfish.

'I think Chad's story is universal,' explains Powell. 'Everyone has a moment they would just like to do over. With Chad, we watch somebody have that moment and then see how they deal with it – however flawed the character may be.'

Russ was helped in his deception by Catfish mascot Danny (Frankie Rodriguez), but at the end of the first season, assistant coach Ricky (Perry Mattfeld) discovered the big secret – only to decide against telling her dad, head coach Jake Hudson (Steve Zahn), following his heart attack.

LIES EXPOSED?

But with Jake and the team's second-string quarterback Gerry (Colton Ryan) growing ever more suspicious, will Chad be able to keep his true identity under wraps for much longer? And what will be the consequences if his secret ever comes out?

Meanwhile, on the pitch, the Catfish team still has their sights set on making history by winning the National Championship. Can Chad become an even bigger hero with their fans?

'This season has the engine of a thriller,' says Powell. 'It's still really funny, but all laced with the reality that in his simple desire for a second chance, Russ has covered everything in gasoline. But it's all coming crashing down in the best way.'

The 37-year-old, who starred in the remake of *The Running Man*, says he couldn't be happier acting out Chad's on-screen sporting prowess.

'I'm a massive fan of college football,' he says. 'Also, on this show, I'm getting to work with a very deep bench of some of the most talented actors in Hollywood. I'm having a great time.'

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

BBC iPLAYER Ludwig

Puzzle-setter turned crime-solver John 'Ludwig' Taylor (David Mitchell, above) is back in the second run of BBC1's comic whodunnit. However, he's stumped when two women each confess to murdering their mother in the theatre.

ITVX Professor T

The new series of the ITV1 drama finds criminology lecturer Jasper Tempest (Ben Miller, above centre) reluctantly returning to sleuthing and unexpectedly reuniting with his aunt Zelda (Zoë Wanamaker, above left).

BBC iPLAYER Race Against the Tide

BBC2's quirky contest, hosted by Iain Stirling (above), sees competitors vie to build the finest sand sculpture. In their first challenge, they take inspiration from fish and chips.

BBC iPLAYER Buried with Michael Sheen

In BBC2's documentary, the actor (above) looks into a potential scandal in South Wales, amid claims that 'forever chemicals', dumped as toxic waste, have caused life-threatening conditions.

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Pick of the new releases

The best new shows to enjoy this week on streaming services...

Four Hands, Two Sonatas

Saturday 29 August

South Korean coming-of-age drama. In an elite arts high school for musical prodigies, the lives of two gifted pianists become intertwined through music, rivalry and emotion.

The Killing of Claire Leveque

Monday 31 August

Docuseries about the murder trial at Edinburgh High Court of Aren Pearson, who had killed his 24-year-old partner, Canadian Claire Leveque, on the Shetland Islands in 2024.

The Varnell Hill Show

Tuesday 1 September

Comedy set behind the scenes of a long-running US late-night talk show. Host Varnell (Tommy Davidson) fights to stay relevant in a rapidly changing entertainment landscape while also contending with network executives eager to modernise the show.

Lego Star Wars: The Mandalorian

Wednesday 2 September

A new animated galactic-adventure special celebrates the favourite stories and characters from all three seasons of the space western by immortalising them in Lego.

Britain's TikTok Murder

Wednesday 2 September

True-crime documentary about the 2023 murder of 62-year-old Army veteran Stuart Crocker at his home in Andover, Hampshire, by his younger partner, TikTok personality Winter Swan-Miller. She vanished after his death and posted cryptic videos before being arrested.

The Robot Chicken Adult Swim Special

Monday 31 August

Animated comedy. Every character in Adult Swim's history boards a cruise ship to celebrate the network's 25 years on the air, only for the voyage to end in disaster. It's down to attorney Harvey Birdman (voiced by Gary Cole) to bring those responsible for the calamity to justice.

The Runner

Wednesday 2 September

Psychological thriller. While high-powered lawyer Maia Marten (*Wonder Woman*'s Gal Gadot) is out on her morning run in London, she gets a shattering phone call. The caller tells her that he has her young son and to get him back, Maia must keep moving, follow every command she is given and tell no one. See feature, page 16.

Turning Point: Generation 9/11

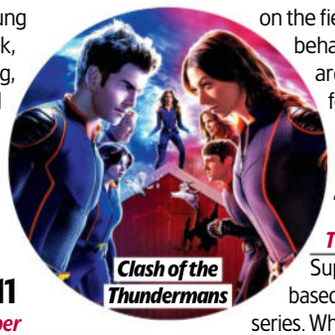
Wednesday 2 September

Documentary about how, 25 years after 9/11, that day shaped the next generation. The stories include those of children who lost their parents in the terrorist attacks, journalists covering the War on Terror and young Afghans and US Marines dealing with the fallout of America's chaotic withdrawal from Afghanistan.

Chad Powers

Thursday 3 September

Glen Powell returns in the second season of the comedy as disgraced former college-football quarterback Russ Holliday, who makes a comeback as Chad Powers. Although a superstar on the field, Chad's odd behaviour off it has aroused suspicion. See feature, page 17.



Clash of the Thundermans

Thursday 3 September

Superhero comedy film based on *The Thundermans* series. When youngest sibling Chloe (Maya Le Clark) develops a new superpower, the family is torn about sending her to a boarding school for superheroes so she can learn to control her abilities.

The Gentlemen

Thursday 3 September

The second season of Guy Ritchie's action-comedy series. A year has passed since aristocratic Eddie (Theo James) joined forces with Susie (Kaya Scodelario), who runs her father Bobby's criminal enterprise. Eddie and Susie now plan to expand their business to the Italian lakes. See feature, page 8.

Mayday

Friday 4 September

Action comedy. At the height of the Cold War, US Navy pilot Troy 'Assassin' Kelly (Ryan Reynolds) is sent on a mission over Soviet territory and ends up crash landing on Russian soil. He is found by Nikolai Ustinov (Sir Kenneth Branagh), an ex-KGB agent with a love for American culture, and an unlikely alliance is formed. See feature, page 14.

The Devil's Throat: The Demon's Fall

Friday 4 September

The second season of the Bulgarian crime thriller from Walter Presents. Former national-security profiler Miya reunites with ex-police investigator Philip to try to solve a series of ritualistic murders.

Teenage Wasteland

Friday 4 September

Documentary. In 1991, a high-school teacher and his teenage charges exposed a toxic-waste conspiracy in Middletown, New York, through their student film. Decades later, they revisit this transformative experience.

The Grand Tour

Friday 4 September

The motoring series returns with a new trio of presenters – Francis Bourgeois, James Engelsman and Thomas Holland. Their itinerary includes crossing the Angolan desert, exploring Malaysia's car culture and testing performance cars in California. See feature, page 11.

Outgunned

Friday 4 September

Action thriller. Retired special-forces operative Jessica (Danica De La Rey Jones) is thrust back into action when her daughter is kidnapped by vengeful mercenaries. Stranded in the African wilderness, she must annihilate her enemies. See feature, page 16.

Untold Raygun: Breaking Badly

Tuesday 1 September

Sports documentary about former competitive breakdancer Rachael Gunn, AKA Raygun. The Australian academic went viral at the 2024 Paris Olympics for her unconventional routine, which received no votes from the judges.

WORDS: JUDY EWENS. PHOTOS: HBO MAX, NETFLIX, PARAMOUNT+

Documentaries

Lost generation

How the state forced thousands of British women to **give up their babies**

NEW FACTUAL

Stolen Babies

Wed, 9pm (times vary), BBC2

Between 1949 and 1976, around 180,000 unmarried, often working-class, mothers in the UK had their babies forcibly taken by the state to be adopted by married couples desperate for a child.

One of those was Marion, who was 17 years old when she was coerced into handing over the baby boy she was desperate to keep simply because she was unmarried. It led to a lifetime of grief that's never gone away.

'I was begging with them, "Please don't take my baby,"' she recalls. 'Now when I'm dreaming about my son, I never want the dreams to stop.'

Sir Keir Starmer issued an apology

EMOTIONAL

Marion's moving story is one of several told in BBC2's powerful feature-length documentary *Stolen Babies*, which reveals how many of the young women were considered to have morally transgressed and were, therefore, unfit to be mothers.

By the late 1960s, there were around 12 married couples waiting to adopt each baby, with mother-and-baby homes soon becoming the biggest source of newborns.

'We were working-class, unmarried girls having babies that were being adopted by middle-class women,' says Ann, who became pregnant in 1966, aged 17.

'We didn't have any rights. When I gave birth, I wasn't even given any pain relief. I was told it was so I'd remember the pain and I wouldn't be a "bad girl" again. They saw me as a woman who didn't have any

Gary Barlow's Food and Wine Tour: New Zealand

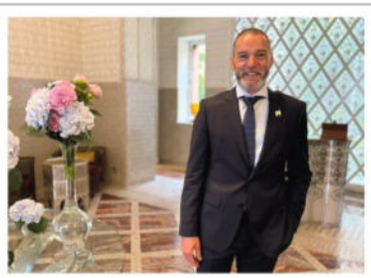
Sunday, 12.30pm, ITV1

In Gary Barlow's latest food-and-wine adventure, the Take That star brings along his pal, comedian Jason Manford (above, with Barlow), for a six-part tour around New Zealand. The trip begins in Auckland, before Barlow heads to Waiheke, known as 'wine island', where Manford arrives by helicopter.

Hamza: African Birds of Prey

Sunday, 7pm, BBC1

Kenya has around 100 different bird-of-prey species and wildlife cameraman Hamza Yassin (above) heads to Africa to capture some of their behaviours in a one-off documentary. Among the highlights are martial eagles nesting, lappet-faced vultures feeding off a hippo carcass, and the elusive crowned eagle bringing back food.



Fred's Ultimate Hotels

Monday, 8pm, C4

Presenter Fred Sirieix (above) travels to four luxury hotels to sample the facilities on offer. The four-parter begins in Marrakech, Morocco, where he stays at the Royal Mansour, an opulent hotel built by reigning monarch King Mohammed VI. Comprising 53 apartments, each has its own butler, open-air courtyard and rooftop pool.

WORDS: CAREN CLARK, HANNAH DAVIES, REBECCA FLETCHER, TESS LAMACRAFT. PHOTOS: ALAMY, BBC, C4, ITV, SHUTTERSTOCK, SKY

Marion with her son (left), and adoptee Jacqui (right)

Campaigning at Downing Street

morality and, therefore, I wasn't worthy of any help.'

DISCRIMINATION

The series also hears from adoptees like Jacqui, who share stories of growing up with the stigma and trauma of adoption, and from former social worker Wes Cuell, who reveals how the Church and government authorities were prejudiced against women based on class, race and marital status.

In July, the then Prime Minister Sir Keir Starmer issued a formal apology to those who suffered under historic forced-adoption practices. But for many, the pain will never leave them.

'I grieved throughout my life, and I still grieve for my baby,' says Ann, who has since been reunited with her son. 'I haven't healed.'

The Jury: 14 and on Trial for Murder

Tuesday & Wednesday, 9pm, C4

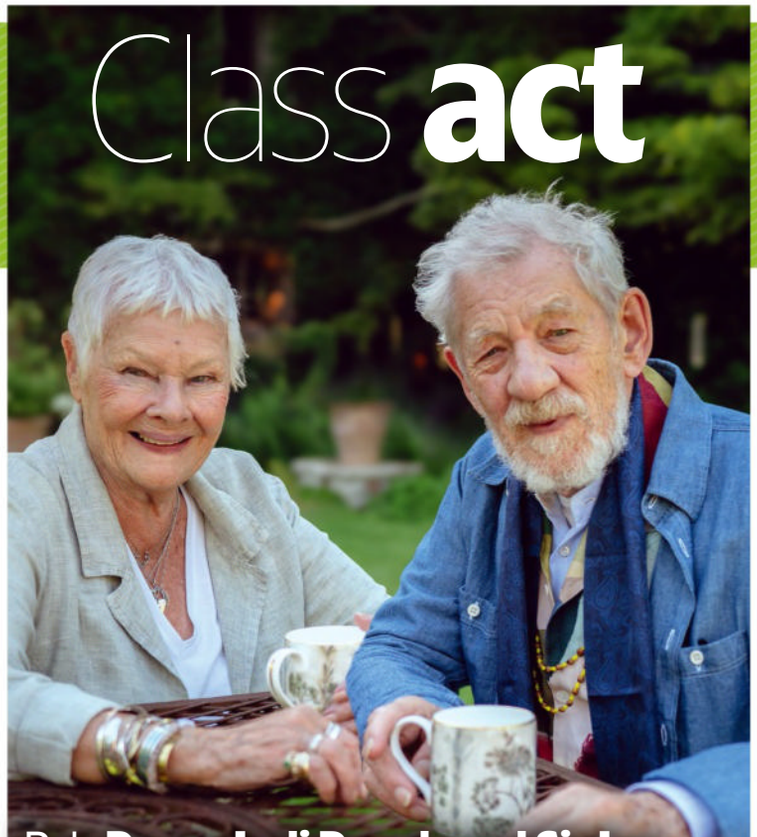
A 14-year-old and his older brother stand accused of stabbing their stepfather to death in the latest four-part re-enactment of a genuine court case. The brothers – played by actors (above) – admit to the killing, but a pretend jury must decide if they are cold-blooded murderers or lost control following abuse at home.

Sandi's Ireland: A Literary Journey

Thursday, 9pm, More4

Across two episodes, Sandi Toksvig (above) visits Dublin, Belfast and the Irish coastline to uncover the cities and landscapes that inspired generations of writers and poets. Following in the footsteps of James Joyce, WB Yeats and Seamus Heaney, she also meets bestselling authors Marian Keyes and Roddy Doyle.

Class **act**



Pals **Dame Judi Dench and Sir Ian McKellen** share tea and memories

NEW FACTUAL

Tea with Judi Dench

Monday, 9pm, Sky Arts

Acting icon Dame Judi Dench's touching interview with Sir Kenneth Branagh last year left us clamouring for another episode of Sky Arts' charming *Tea with Judi Dench*. This week, our wish is granted as the James Bond star invites another old friend for a cuppa as she welcomes Sir Ian McKellen to her Surrey home.

Over tea and a slice of parkin, plus the occasional comical interruption from Dench's famously potty-mouthed parrot Sweetheart, the two share stories about their lives both on and off stage and reminisce about their joint stage projects, including the acclaimed production of *Macbeth* at the Royal Shakespeare Company in 1976.

Dench and McKellen in *Macbeth* in 1976

IT'S GOOD TO TALK

'The response to the first film [with Branagh] was deeply touching, so it's a great privilege to continue these conversations and capture moments of great friendship,' says Dench, now 91.

'My friendship with Ian spans over 50 years and is very much based on a sense of humour. We came in and sat down at the kitchen table and we never drew breath. It was all so completely spontaneous, just what it should be like between two people who have known each other for such a long time and share so many memories.'

Best known for playing wizard Gandalf in the Lord of the Rings films, McKellen chats about his time at university with Miriam Margolyes and Sir Derek Jacobi, while also opening up about a terrifying moment of stage fright as a young actor, as well as his recent fall during a performance of *Player Kings* at the Noël Coward Theatre in London.

The 87-year-old also talks about his campaigning for gay rights and touches on how he kept his homosexuality a secret until he was 49, long after his parents had died, which is something he now regrets.

'Nobody should ever feel that they can't intrinsically be themselves, but also nobody should be made to feel that they have to declare anything about themselves in terms of their sexuality, religion, age,' says Dench. 'I feel that's quite important.'

Films Our pick of this

Minions & Monsters

MOVIE OF THE WEEK

Those lovable rascals return to bring hilarious mayhem to 1920s Hollywood

ANIMATION

Available now, buy or rent from digital stores including Prime Video and Sky Store ★★★★

The banana-yellow, goggle-wearing Minions run amok in 1920s silent-era Hollywood in their third standalone movie, once again proving that the mischievous sidekicks of Steve Carell's soft-hearted supervillain Gru in the *Despicable Me* films are even funnier when they take centre stage.

Minions & Monsters begins by reminding us that the zany Minions have been blindly devoted lackeys down the ages, forever seeking bad guys to serve – and inevitably bringing down disaster and usually death on their wicked masters. Things take a turn, however, when the latest baddies the Minions are pursuing, a gang of train robbers, turn out to be actors in a Hollywood western.

Before long the Minions are the adored stars of a series of silent comedies, which allows director Pierre Coffin (who again voices all the gibberish-spouting Minions) and co-writer Brian Lynch to deliver brilliant pastiches of silent classics such as Charlie Chaplin's *Modern Times*, Buster Keaton's *Steamboat Bill, Jr* and Harold Lloyd's *Safety Last*. This is the film's best sequence by far.

The plot then gets unnecessarily messy with the introduction of a hapless alien robot (Jesse Eisenberg) and an evil monster (Trey Parker) conjured up by the Minions. Even so, stuffed full as it is with deliriously funny sight gags and demented slapstick, *Minions & Monsters* remains a laugh riot. 2026, U, 90MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

WORDS: JASON BEST, ELAINE PENN, NIGEL PIZEY

More premieres and Day by Day planner >>>

week's Best Movies

ROMANCE

The Last Sunrise

Available now, Prime Video ★★★

Living with a chronic illness and recovering from a recent seizure, Oriah (Maia Reficco) travels from Texas to the Spanish island of Mallorca for six weeks, the place her wealthy mother Isolde (Eva Longoria) originally came from. Before going, she had refused life-saving surgery – due to the possible risk of it robbing her of her memory – and is now determined to live in the moment (and ditch her meds). While exploring the island she meets local fisherman Julian (Fernando Lindez) and they embark on a passionate fling, but it's only a matter of time before they each discover the other is keeping secrets... A faithful take on Anna Todd's smash-hit novel about a steamy holiday romance, youngsters will melt at the lead's sizzling chemistry, while parents will gaze at the stunning scenery. 2026, 15,106MIN

All the sights: Maia and Fernando

COMEDY DRAMA

Anora

From Thursday, Netflix ★★★★★

After a New York lap dancer (Mikey Madison) encounters the spoilt young son of a Russian oligarch (Mark Eyldelshteyn), the pair impulsively marry on a trip to Las Vegas. His outraged family, however, is determined to get the marriage annulled. This cockeyed *Cinderella* story, a *Pretty Woman* for a more cynical and desperate era, swings wildly between blisteringly funny farce and heartrending drama. At its heart is an astonishing performance by Madison as the young sex worker, who manages to be opportunistic and naive, resilient and vulnerable, hilarious and touching, often in the same scene. Again turning his empathetic and insightful eye on society's margins, the film is another triumph for writer-director Sean Baker, maker of *Tangerine* and *The Florida Project*. 2024, 18, 139MIN

For love and money: Mikey

This hippo's out for blood...

CREATURE FEATURE

Hungry

Friday, 6am, 1.05pm & 8pm, Sky Premiere ★★★

With a bite almost three times stronger than a lion's, canine teeth up to 20in long, weighing in at more than four tons and being fiercely territorial, hippos are not to be messed with and were bound to be on the creature feature movie list eventually. *Hungry* is set in the Louisiana swamps where a bunch of tourists, including Madison Davenport, Olivia Bernstone and Tracey Bonner, are hunted by one that's been illegally let loose. The movie's dumb fun, although director James Nunn does take his time setting the scene and building his characters. 2026, 15, 93MIN

Storm's brewin': Daisy, Anthony and Glen

DISASTER MOVIE

Twisters

Available now, Netflix ★★★★

Opening with a terrific suspense sequence, this reboot/sequel to the 1996 hit is a swirl of spectacle, likeable characters and heartfelt sentiment. Daisy Edgar-Jones stars as an intuitive ex-storm-chaser who, following a tragedy, now sits behind a desk – until she's persuaded to join her old pal Anthony Ramos' team to face a once-in-a-generation cluster of twisters set to raze Oklahoma. Among those racing them towards the funnels of fury is Glen Powell's cocky and charismatic YouTube star. The film has a keen eye for rural Americana and its communities, resulting in a blustery blockbuster with real feeling. 2024, 12, 122MIN

Films

Better times: Robert and Zendaya

BLACK COMEDY

The Drama

Available now, buy or rent from digital stores ★★★★

How well does anyone know anybody? That's the question asked by mischievous writer-director Kristoffer Borgli (maker of *Sick of Myself* and *Dream Scenario*) in this blackest of black comedies. Robert Pattinson and Zendaya are happily in love when, a week before their nuptials, a truth-telling exercise with married chums Alana Haim and Mamoudou Athie creates a chasm between them. So when the big day finally arrives, the powder keg cannot fail to ignite. And boy, does it...

The week-long fall-out to the confession (which, for your own enjoyment, won't be revealed here) is masterfully handled by Borgli and his actors, creating some wincing cringe comedy moments (as well as a number that are deeply uncomfortable) and pulling a few surprises to boot. The script is tight, the direction and editing have a wonderful pin-sharp precision, while Pattinson and Zendaya shoulder the movie beautifully. It's a film that's deliberately provocative and sometimes flippant, but ultimately there's humanity here, too. 2026, 15, 109MIN

Hidden gems Great movies you might have missed...

COMEDY

A Mighty Wind

Netflix ★★★★

The makers of *This Is Spinal Tap* and *Best in Show* deliver the 'mockumentary' comedy goods again with a sweetly enjoyable send-up of early 1960s folk music. Christopher Guest, Eugene Levy, Michael McKean and Harry Shearer share out the colourful knitwear, beaming smiles and acoustic guitars. Surprisingly gentle stuff, more amusing than hilarious, but it's still very good fun and maintains its comic momentum throughout. The pastiche songs are a hoot, too. 2003, 12, 88MIN

CRIME THRILLER

The Town

Prime Video ★★★★

Ben Affleck doubles up as star and director of this gritty crime thriller set in Boston. The film opens with a bank heist that doesn't go to plan for the gang of robbers led by Affleck's Doug MacRay. They manage to escape with the loot, but Doug later finds himself falling in love with the bank's manager (Rebecca Hall). The film is not quite as impressive as Affleck's directing debut, 2007's *Gone Baby Gone*, but he handles the action scenes with brutal efficiency. 2010, 15, 125MIN

CRIME DRAMA

Traffic

BFI Player ★★★★

Giving a sizzling performance, Michael Douglas is the new man in the government fighting drug trafficking between America and Mexico, but doesn't know his daughter (Erika Christensen) is an addict. Meanwhile, Mexican cop Benicio Del Toro is on a trail that could lead him to US drugs baron Steven Bauer, who's married to socialite Catherine Zeta-Jones. Intimate, intense and insightful, this is the model of what an intelligent thriller should be. 2000, 18, 147MIN

Saturday 29 August

SUPERHERO

Black Panther

8pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

This thrilling superhero movie, co-written and directed by Ryan Coogler, stars Chadwick Boseman as T'Challa, aka Black Panther, royal heir of the technologically advanced African nation of Wakanda. He has to defend his throne from Michael B Jordan's vengeful challenger, while stopping Andy Serkis' black-market arms dealer exploiting Wakanda's precious, meteorite-derived metal Vibranium, the source of its wealth. Not that Black Panther does it alone. He has a number of strong women on his side, including tech-whiz sister Shuri (Letitia Wright), undercover spy Nakia (Lupita Nyong'o) and spear-wielding warrior Okoye (Danai Gurira). 2018, 12, 134MIN

Heir head: Chadwick leads the way

FAMILY

Sketch

6.20am, Sky Family ★★★★

Sex ●●● Violence ●●● Language ●●●

A touching, imaginative and often very funny fantasy film that tackles the issue of grief with intelligence and wit. Trying to come to terms with her mum's death, 10-year-old Amber (Bianca Belle) creates dark, angry drawings of made-up beasties that – thanks to a magical lake – come to life and start running amok. Can dad Taylor (Tony Hale), aunt Liz (D'Arcy Garden), brother Jack (Kue Lawrence) and Amber's idiotic frenemy Bowman (Kalon Cox) help her subdue her fantastical menagerie? You'll have a wonderful time finding out. 2025, 12, 93MIN

FAMILY COMEDY

Paddington 2

7.10pm, BBC1 ★★★★★

Sex ●●● Violence ●●● Language ●●●

The marmalade-loving bear (delightfully voiced by Ben Whishaw) from darkest Peru is back for his second big-screen adventure and it is every bit as joyously uplifting as the first film. Indeed, director Paul King's irresistibly charming sequel is even better than its predecessor and an instant family classic. The engaging and exciting story finds Paddington banged up in prison for stealing a book while his family try to unmask the true culprit – a washed-up actor, played with scene-stealing gusto by Hugh Grant. 2017, PG, 103MIN

SCI-FI ACTION

Terminator: Dark Fate

10.45pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

With a trio of badass protagonists and the return of Linda Hamilton's Sarah Connor, this is a cracking entry in the franchise, which is a sequel to *Terminator 2* (ignoring the previous three instalments). Hamilton is joined by enhanced human soldier Grace (Mackenzie Davis), who is sent from the future to protect gutsy factory worker Natalia Reyes from Gabriel Luna's remorseless, unstoppable killing machine. Arnold Schwarzenegger, of course, also makes a welcome return, but this is a female-driven film – and they're brilliant. 2019, 15, 128MIN

WORLD CINEMA

Compartment No.6

1.35am, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

A terrific Finnish love story in which mismatched travelling companions take the 2,000km trip from Moscow to Murmansk and discover they've more in common than they thought. It's hate at first sight when Finnish archaeology student Laura (Seidi Haarla) discovers she'll have to share a compartment with boorish miner Ljoha (Yuriy Borisov), but gradually they reach an uneasy accord. The leads don't so much steal your heart as sneakily annex it. Subtitled. 2021, 15, 107MIN

■ Full listings start on p35

Sunday 30 August

COMEDY THRILLER

Bugonia

2.05pm & 12.25am, Sky Sci-Fi/Horror ★★★★

Sex ●●● Violence ●●● Language ●●●

An engrossing, quirky mix of grim crime drama, laugh-out-loud comedy and psychological thriller, this film remains refreshingly unpredictable up to its big twist finale. Emma Stone is all cold-eyed ambition and quick wits as a CEO who's kidnapped by Jesse Plemons' conspiracy theorist and his neuro-divergent cousin Aidan Delbis, then has to try to convince them she is not an alien overlord come to destroy Earth. Stone and Plemons are suitably impressive in their scenes that flip between deeply disturbing violence and hilarious slapstick, while Delbis (neuro-divergent in real-life and in his acting debut) provides the film with its beating heart. 2025, 15, 115MIN

Battle of wits: Emma

MONSTER MOVIE

Jurassic World

4.30pm, ITV1 (not STV HD Aberdeen, Dundee, Edinburgh) ★★★★

Sex ●●● Violence ●●● Language ●●●

Two decades after Steven Spielberg's original *Jurassic Park*, the dinos are on the rampage again in the now-popular resort. This fourth adventure, directed by Colin Trevorrow, delivers the thrills we expect from the series, but it is the film's leading duo – Chris Pratt's military veteran-turned-dinosaur wrangler and Bryce Dallas Howard's tightly wound theme park operations manager – who really make things swing. Look out for the in-jokey nods to previous Spielberg films – the *Jaws* reference will make you gulp. 2015, 12, 124MIN

CLASSIC CAPER

The Italian Job

5.25pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Noël Coward is a jailed mastermind who organises the theft of $4million in gold bullion in Turin and Michael Caine is at his best as he leads a gang of crooks, disguised as England football supporters, to carry out his plans. 'You're only supposed to blow the bloody doors off!' is one of the funniest lines from British cinema and is just one of many memorable moments in this classic caper. There's also the all-time great Mini Cooper getaway chase (partly filmed across the roof of the Fiat factory) and a real cliffhanger of a climax. 1969, PG, 100MIN

GANGSTER CLASSIC

The Godfather

10pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Murder, family loyalty and more murder is the way of life in director Francis Ford Coppola's gargantuan Mafia epic. Marlon Brando's iconic performance as Don Vito Corleone has inspired many impressions, including one from the star himself in 1990's *The Freshman*, but there are also irreplaceable turns from Al Pacino and James Caan as his sons and Robert Duvall as his lawyer. Brando won one of the film's three Oscars, but refused to collect the statue in person in protest at Hollywood's treatment of Native Americans. The two sequels are on Monday and Tuesday. 1971, 15, 167MIN

COMEDY DRAMA

The Ballad of Wallis Island

12.10am, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

Arriving on a tiny island for a lucrative gig, down-on-his-luck folk musician Tom Basden has no idea it's a concert for one. The person is Tim Key, an awkward but eternally optimistic man who, again unknown to the singer, has also invited Basden's ex-partner (Carey Mulligan) for a musical reunion, after the pair split over a decade ago. A sweet tale of lost love, grief and the power of music, it's quietly amusing, but also capable of real pathos that hits surprisingly hard. 2025, 12, 99MIN

■ Full listings start on p45

Weekday movies over page

Films Weekday movies

Monday 31 August

DRAMA

Carol

11.30pm, Film4 ★★★★★

Sex ●●● Violence ●●● Language ●●●

A superb adaptation of Patricia Highsmith's *The Price of Salt*, this drama is a dazzling showcase for the superb Cate Blanchett and Rooney Mara who were both Oscar-nominated. Set in the 1950s, it's an exquisitely realised and coolly restrained, yet deeply romantic, story of forbidden love. Blanchett plays the title character, a wealthy suburban wife and mother who is extricating herself from a hollow marriage, while Mara is Therese, a callow Manhattan shopgirl who falls under her spell. 2015, 15, 119MIN

Buying power: Rooney and Cate

ANIMATION

Kung Fu Panda

4.10pm, ITV2 ★★★★

Sex ●●● Violence ●●● Language ●●●

In ancient China, Po (ideally voiced by Jack Black) is a lazy, tubby panda who ends up being selected to fulfil an old Chinese prophecy, involving training from martial arts guru Master Shifu (Dustin Hoffman). Po struggles to prove his worth – then gets the chance to show that he's a real hero. This excellent first adventure has a smashing story, funny lines and wonderful characters and is an adorable feel-good event. 2008, PG, 92MIN

ACTION COMEDY

Mr & Mrs Smith

9pm, Legend ★★★★

Sex ●●● Violence ●●● Language ●●●

Brad Pitt and Angelina Jolie are perfectly cast in this wild and wayward action comedy. They play a couple, married for six years but unaware that they are, in fact, both ace assassins for rival agencies. Then their secret identities come to light when their respective bosses give them 48 hours to kill each other. It's utterly ridiculous, of course, but the stars make it fly thanks to their blistering star power and crackling chemistry. 2004, 15, 120MIN

COMEDY

The Naked Gun

6.30pm, Sky Cinema Comedy ★★★★

Sex ●●● Violence ●●● Language ●●●

Liam Neeson and Pamela Anderson prove more than game for a laugh in this brilliantly daft revival of the hit 1980s/1990s cop comedy series. He's blundering LA detective Frank Drebin Jr, son of Leslie Nielsen's bungling officer in the original films. Anderson is a wonderful femme fatale, as a true-crime writer who needs Drebin's help after her brother is murdered by Danny Huston's evil tech billionaire. 2025, 15, 85MIN

WORLD CINEMA

Sick of Myself

2.50am, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

As black as soot but incredibly funny, this Norwegian curio stars Kristine Kujath Thorp as a narcissist who competes for attention with her equally awful boyfriend (Eirik Sæther), who is starting to make ripples in the art world. The lengths she goes to are horrific and hilarious in equal measure, as Kristoffer Borgli's movie picks at the shallow nature of certain Millennials. Subtitled. 2022, 15, 97MIN

■ Full listings start on p55

Tuesday 1 September

HORROR

Weapons

10.15pm, Sky Sci-Fi/Horror ★★★★★

Sex ●●● Violence ●●● Language ●●●

This clever chiller kicks off with a great premise and grips you till the closing moment. One night at precisely 2.17am, 17 children from the same Pennsylvania elementary school class run out of their homes – and vanish. The remainder of Zach Cregger's film untangles the tale through six characters, played by Julia Garner, Josh Brolin, Alden Ehrenreich, Benedict Wong, Austin Abrams and Cary Christopher. Meanwhile, turning up halfway through, Oscar-winning Amy Madigan takes things to another level. 2025, 18, 128MIN

Night watch: Julia and Josh

THRILLER

The Hunt for Red October

8pm, Sky Greats ★★★★

Sex ●●● Violence ●●● Language ●●●

Author Tom Clancy's CIA analyst Jack Ryan is brought to the screen for the first time, with Alec Baldwin in the role in an entertaining slice of Cold War derring-do. Sean Connery plays Marko Ramius, a maverick Soviet submarine captain who steals an advanced nuclear vessel and heads towards America, so Ryan has to work out whether Ramius is planning to defect or attack the East Coast. 1990, PG, 135MIN

DRAMA

Creed

10.40pm, BBC1 (11.10pm NI/Scot, 11.40pm Wales) ★★★★

Sex ●●● Violence ●●● Language ●●●

The first of Michael B Jordan's *Rocky* spin-offs packs a punch. Nearly 40 years after he first climbed into the ring as heroic bruiser Rocky Balboa, Sylvester Stallone is at his best as he's cajoled by Jordan's Adonis Johnson (son of Apollo Creed) into being his trainer. Director Ryan Coogler dishes out the customary clichés, but the bouts are choreographed with aplomb and the action builds to a rousing climax. 2015, 12, 133MIN

ACTION THRILLER

The Rock

9pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Ed Harris plays an American general who's pitched up in Alcatraz prison, threatening to release biological weapons on the population of San Francisco unless the government compensates the families of his dead soldiers. But chemical weapons expert Nicolas Cage and ex-inmate Sean Connery are on hand to try to stop him in Michael Bay's exciting blockbuster that's full of blast-'em-up action. 1996, 15, 136MIN

DRAMA

Journeyman

11.45pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Paddy Considine goes the distance as director and star of this hard-hitting drama. He's a boxing champion left mentally and physically impaired after a fateful bout against a younger rival, but his toughest fight is trying to rebuild his life with his anguished wife (Jodie Whittaker) and baby daughter. Considine and Whittaker deliver knockout performances in a powerful drama. 2017, 15, 92MIN

■ Full listings start on p65

Wednesday

THRILLER

Black Bag

8pm, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

This sleek thriller stars Michael Fassebender as steely, single-minded spy George Woodhouse. Hunting for a mole in the British secret service, he has five suspects, including his wife and fellow agent, Kathryn (Cate Blanchett).

PERIOD COMEDY

The Personal History of David Copperfield

11am, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Fizzing with wit and buoyant energy, writer-director Armando Iannucci's highly original adaptation of Charles Dickens' classic novel boasts a star-studded cast. Dev Patel is a delight as David and there are juicy roles, too, for Peter Capaldi as optimistic Mr Micawber, Tilda Swinton as David's eccentric aunt Betsey Trotwood, Hugh Laurie as Mr Dick and Ben Whishaw as a superbly creepy Uriah Heep. 2019, PG, 119MIN

ACTION

London Has Fallen

9pm, ITV4 ★★★

Sex ●●● Violence ●●● Language ●●●

In what is basically a rerun of *Olympus Has Fallen* but with more landmarks blown to smithereens, Gerard Butler's US secret service agent Mike Banning dashes hither and thither across London (the film's grasp of geography is somewhat hazy) saving the day after terrorists target world leaders, including US president Aaron Eckhart, who've gathered in the capital. It's silly, but no less entertaining for that. 2016, 15, 99MIN

2 September

But which would he put first – his country or his marriage? Tom Burke, Marisa Abela, Regé-Jean Page and Naomie Harris play the other characters keeping Fassbender and us puzzling, with Steven Soderbergh's smart, sharp thriller at its most tense in the scenes where they all gather at the same dinner table. 2024, 15, 94MIN

Spy games: Cate and Michael

DRAMA

The Fighter

10.55pm, Legend ★★★★

Sex ●○○ Violence ●●○ Language ●●○

This superior real-life boxing drama stars Mark Wahlberg as 'Irish' Micky Ward, a boxer in 1990s Massachusetts whose career is on the ropes. Christian Bale plays his crack-addicted half-brother Dicky, who insists on acting as his trainer, while their fearsome mother, Alice (Melissa Leo), is his manager. Then feisty barmaid Charlene (Amy Adams) persuades Micky he has the chance to be a success – if he cuts loose from his family. 2010, 15, 116MIN

DRAMA

Minari

1.50am, C4 ★★★★

Sex ○○○ Violence ●○○ Language ●○○

A Korean-American family decamps from California to an Arkansas trailer. Dad Steven Yeun has big plans, but they are soon complicated, leaving wife Yeri Han frustrated. Despite its portraits of compromised American dreams, this is not as sentimental as you might expect. Steeped in rich reserves of empathy, it honours the minutiae of lived-in experience. 2020, 12, 120MIN

■ Full listings start on p75

Thursday 3 September

PERIOD DRAMA

12 Years a Slave

9pm, Film4 ★★★★★

Sex ●●○ Violence ●●● Language ●●●

A brilliant drama based on the memoir of Solomon Northup (Chiwetel Ejiofor), a free New York family man abducted and sold into slavery in the pre-Civil War American South. Director Steve McQueen's powerful and unflinching film is a tough watch but, ultimately, it's a tale of resilience and survival. Ejiofor is terrific, embodying Solomon's dignity and intelligence as well as his suffering, and also impressive are Benedict Cumberbatch, Brad Pitt, Michael Fassbender, Paul Dano and Lupita Nyong'o. 2013, 15, 134MIN

Way out: Lupita and Chiwetel

DRAMA

The Pursuit of Happyness

6.15am, Sky Drama ★★★

Sex ○○○ Violence ○○○ Language ●○○

Will Smith plays Chris Gardner, a real-life struggling salesman who lost his wife (Thandiwe Newton) and home – though not his boy (played by Smith's real-life son Jaden), before turning himself into a multi-millionaire stockbroker. This is very much an American success story, constantly equating happiness with vast amounts of money, but Smith's conviction keeps us cheering for him. 2006, 12, 117MIN

COMEDY MUSICAL

Mamma Mia!

8pm, Sky Cinema Comedy ★★★★

Sex ○○○ Violence ○○○ Language ○○○

A glitzy adaptation of ABBA's fabulous stage hit. Some of the vocals are ropey, but be swept along by the sheer exuberance of it all and it's a feel-good treat to savour. Meryl Streep kicks up a storm as a hippie running a hotel on a Greek island, whose daughter (Amanda Seyfried) is getting married and wants to meet her dad – so secretly invites mum's ex-lovers Pierce Brosnan, Colin Firth and Stellan Skarsgård. 2008, PG, 109MIN

BIOPIC

Respect

12.05am, BBC2 ★★★

Sex ●○○ Violence ●○○ Language ●○○

Hand-picked to portray Aretha Franklin by the Queen of Soul herself, Jennifer Hudson brings a passionate intensity to this handsome, lushly traditional biopic. Solid and well-crafted, it feels at times a tad too safe, but studio scenes make it jump alive, with Hudson's soaring vocals (recorded live) raising goosebumps. Her riveting performance carries this reverent drama with (appropriately) amazing grace. 2021, 12, 145MIN

DRAMA

Our Friend

2am, C4 ★★★

Sex ○○○ Violence ○○○ Language ●●○

This fact-based drama charts the devastating effect on a young family when mum Nicole (Dakota Johnson) is diagnosed with terminal cancer. As dad Matt (Casey Affleck) starts to crumble, family friend Dane (Jason Segel) goes above and beyond in his efforts to support everyone. The performances and some undeniably moving moments anchor the choppy structure. 2019, 15, 124MIN

■ Full listings start on p85

Friday 4 September

FANTASY

Mortal Kombat II

8pm, Sky Action ★★★

Sex ○○○ Violence ●●○ Language ●●●

It does what it says on the tin is all fans of the videogame and 2021 film need to know to be entertained by returning director Simon McQuoid's po-faced but action-packed sequel. Princess Kitana (Adeline Rudolph) and has-been action film star Johnny Cage (Karl Urban) are the new heroes alongside familiar faces Sonya (Jessica McNamee), Jax (Mehcad Brooks) and Liu (Ludi Lin). Eventually, they all get together to tackle all-conquering Shao Khan (Martyn Ford) in the tournament of the title. 2024, 15, 116MIN

Fighting fit: Karl and co

SUPERHERO

The Dark Knight

9pm, ITV2 ★★★★★

Sex ○○○ Violence ●●○ Language ●○○

Star Christian Bale and writer-director Christopher Nolan turn their sequel to *Batman Begins* into a blockbuster of astonishing proficiency and, with full-on, explosive action, it barely pauses for breath as it builds to a scarily intense climax. Winning a posthumous Oscar, Heath Ledger provides most of the fun as the chillingly psychotic Joker, while Michael Caine, Aaron Eckhart, Maggie Gyllenhaal and Gary Oldman offer excellent support. 2008, 15, 152MIN

CRIME DRAMA

Once Upon a Time in America

9pm, Legend ★★★★★

Sex ●●○ Violence ●●● Language ●●○

Robert De Niro, James Woods and Elizabeth McGovern star in a sprawling gangster epic from Italian director Sergio Leone that was the final instalment in a notional trilogy, following *Once Upon a Time in the West* in 1968 and *Once Upon a Time in Mexico* in 1972. The film follows a tight-knit group of mobsters from childhood to old age, while Ennio Morricone's wistful score offers a delicate counterpoint to the brutal tale. 1983, 18, 227MIN

DRAMA

Harvest

11.05pm, BBC2 ★★★

Sex ●●○ Violence ●●● Language ●●●

PREMIERE In a pre-industrial, undetermined age somewhere along the England-Scotland border, a village disappears over the course of seven days thanks to the Enclosure Act. Looking on is an almost wilfully impassive Caleb Landry Jones, once manservant to the equally useless lord of the manor, Harry Melling. A singular film that is fascinating (and infuriating), even if it is more interested in vibes and visuals than storytelling. 2024, 18, 133MIN

SCI-FI COMEDY

Attack the Block

1.05am, C4 ★★★★

Sex ○○○ Violence ●●○ Language ●●○

Skilfully mixing laughs, thrills and scares, Joe Cornish makes his film directing debut with a boisterous sci-fi-horror-comedy mash-up in which a gang of teens repels an alien invasion from a south London council estate. Nick Frost heads the adult cast, but the film belongs to the youngsters – especially impressive is John Boyega as 15-year-old gang leader Moses. 2011, 15, 88MIN

■ Full listings start on p95

Sport week

Your **ultimate guide** to the best of [illegible]ion

New London City signing Alexia Putellas

Women's Super League

Spanish superstar **Alexia Putellas** kicks off the season

THE MAIN EVENT

LIVE FOOTBALL

London City Lionesses v Manchester United

Friday, kick-off 7pm, Sky Mix, Sky One, Sky Sports Football, Sky Sports Main Event & Sky Sports Mix

The new WSL season gets under way on Friday evening with Spain's World Cup winner Alexia Putellas set to make her debut for London City Lionesses against Manchester United at the Copperjax Community Stadium in Bromley.

Having helped Barcelona to a fourth Women's Champions League title in May, the two-time Ballon d'Or winner switched to the Lionesses over the summer in what has been described as the biggest move in WSL history.

The 32-year-old midfielder is the most eye-catching signing by Spanish coach Eder Maestre as American billionaire owner Michele Kang continues her project to make the Lionesses the biggest team in Europe. After finishing sixth in its debut WSL season, the club has signalled its intent with other big-name arrivals, including Spain centre-back Mapi Léon and former England goalkeeper Mary Earps.

'I'm hungry to win, to be better day after day, to fight with my teammates for the victory,' says World Cup winner Putellas. 'It's a hard competition, but I'm going to give my best to the team.'

London City Lionesses were promoted in 2025

RIVALS

The Lionesses will face stiff competition from eight-time WSL winners Chelsea, who will play all their games at Stamford Bridge, world club champions Arsenal, and Manchester City, who lifted their first WSL title in a decade in 2025-26 under coach Andree Jeglertz.

All three clubs have been busy in the transfer market. Arsenal have brought in Georgia Stanway, Chelsea have signed teenage Italy striker Giulia Dragoni, and City have added Beth Mead and Niamh Charles to their squad – as well as persuading Khadija Shaw to sign a new contract after the Jamaican striker netted 21 goals last season to win the Golden Boot for a third year in a row.

This season, the WSL is expanding from 12 teams to 14, with Birmingham City, Crystal Palace and Charlton Athletic promoted from WSL2. Sky Sports will be showing 118 live matches, with the BBC broadcasting 25 games, and the WSL YouTube channel screening 34 matches.

Giulia Dragoni of Chelsea and Arsenal's Georgia Stanway

WORDS: RICHARD MCCLURE. PHOTOS: GETTY, LONDON CITY LIONESSES

European champions Paris Saint-Germain

DON'T MISS A KICK...

As the WSL season begins, here's our handy guide of where to watch all the biggest club competitions live on TV...

SKY SPORTS Premier League; Women's Super League; Championship; League One; League Two; EFL Cup; EFL Trophy; Scottish Premiership; Bundesliga
TNT SPORTS & HBO MAX Premier League; Champions League; Europa League; Conference League; FA Cup; Women's FA Cup; Serie A
BBC FA Cup; Women's Super League; Women's Champions League; Scottish Championship; Scottish Cup; Bundesliga; Serie A
ITV Championship; EFL Cup
PRIME VIDEO Champions League; Bundesliga (PPV); Ligue 1 (PPV)
PREMIER SPORTS Scottish Premiership; Scottish League Cup; La Liga
DISNEY+ Women's Champions League; La Liga
DAZN Serie A; National League
APPLE TV Major League Soccer

Real Madrid's Jude Bellingham

LIVE ATHLETICS

Diamond League Final

Friday, 7pm, BBC3

Britain's sprint sensation Amy Hunt will be out to continue her superb season as the two-day Diamond League final begins at Brussels' King Baudouin Stadium.

Having won a record four European golds this summer, the 24-year-old will compete in the women's 200m on Friday, when she could come up against Olympic champion Julien Alfred of St Lucia, before she runs in the 100m the following day. There's more than £1.5million in prize money up for grabs at this year's event, with Friday's action also featuring Sweden's men's pole-vault world record holder Mondo Duplantis, aiming for a sixth straight Diamond League title, and Kenya's Emmanuel Wanyonyi, who is eyeing a fourth successive win in the men's 800m after setting a 1,000m world record in July. Athletics fans will also be keeping their fingers crossed for a showdown between Britain's Josh Kerr and Norwegian arch-rival Jakob Ingebrigtsen in the men's 1,500m.

Sweden's Mondo Duplantis

Amy Hunt of Great Britain

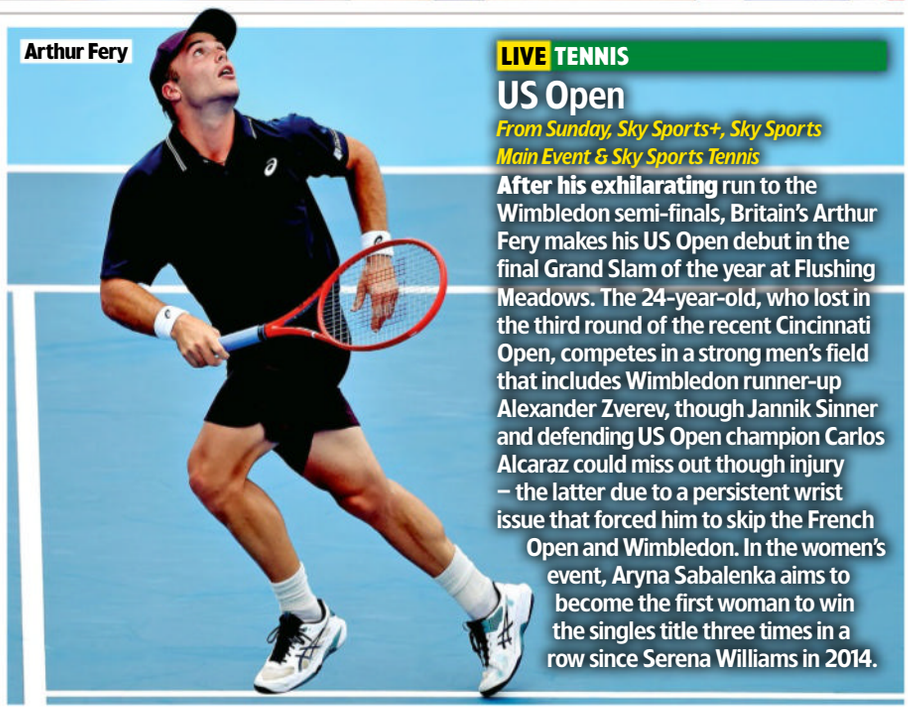
Moses Itauma

LIVE BOXING

Moses Itauma v Filip Hrgovic

Saturday, DAZN Pay-Per-View

Britain's unbeaten Moses Itauma has the opportunity to become the second-youngest world heavyweight champion of all time (after Mike Tyson) when he fights Croatia's Filip Hrgovic for the vacant IBF title at London's O2 Arena. Itauma, 21, who was born in Slovakia but raised in Chatham, has 12 knockouts in 14 professional wins. The belt is among the three titles relinquished by Ukraine's Oleksandr Usyk in June.


Arthur Fery

LIVE TENNIS

US Open

From Sunday, Sky Sports+, Sky Sports Main Event & Sky Sports Tennis

After his exhilarating run to the Wimbledon semi-finals, Britain's Arthur Fery makes his US Open debut in the final Grand Slam of the year at Flushing Meadows. The 24-year-old, who lost in the third round of the recent Cincinnati Open, competes in a strong men's field that includes Wimbledon runner-up Alexander Zverev, though Jannik Sinner and defending US Open champion Carlos Alcaraz could miss out though injury – the latter due to a persistent wrist issue that forced him to skip the French Open and Wimbledon. In the women's event, Aryna Sabalenka aims to become the first woman to win the singles title three times in a row since Serena Williams in 2014.

British star Tom Pidcock

LIVE CYCLING

Tour of Britain

From Wednesday, ITV4, TNT Sports 1 & HBO Max

Hot on the heels of the first-ever five-stage women's race, it's the turn of the men to saddle up on Wednesday for a 910km contest that begins in Lincoln. Olympic mountain-bike champion Tom Pidcock and his brother Joe are teammates as the peloton rides through East Yorkshire and North Yorkshire before heading to the Scottish Borders for the finish. Frenchman Romain Grégoire took the win in 2025.

Sport A-Z and football planner »»

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Sport week A-Z GUIDE

ATHLETICS

LIVE Sydney Marathon
Sat 9pm TNT Sports 3

LIVE Diamond League: Brussels
Fri 7pm BBC3
The opening day of the Finals at King Baudouin Stadium. See p29.

AUSTRALIAN RULES

LIVE Sydney v St Kilda
Sat 7.30am TNT Sports 3

LIVE Greater Western Sydney v Port Adelaide
Sat 3.30am TNT Sports 2

LIVE Melbourne v Brisbane
Sat 4am TNT Sports 4

LIVE Gold Coast Suns v Geelong Cats
Sun 6am TNT Sports 4

LIVE Collingwood Magpies v Hawthorn Hawks
Sun 6am TNT Sports 1

LIVE Fremantle Dockers v Carlton Blues
Sun 8am TNT Sports 4

LIVE Essendon Bombers v Richmond Tigers
Sun 10am TNT Sports 4

LIVE AFL
Fri 10.30am TNT Sports 4

LIVE Western Bulldogs v Sydney Swans
Fri 3.30am TNT Sports 1

LIVE St Kilda Saints v North Melbourne Kangaroos
Fri 4am TNT Sports 2

LIVE Port Adelaide Power v Gold Coast Suns
Fri 5.30am TNT Sports 3

BASEBALL

LIVE New York Yankees v Boston Red Sox
Sat 6pm TNT Sports 2
The MLB American League East match held at Yankee Stadium.

LIVE Tampa Bay Rays v San Diego Padres
Sat 9pm TNT Sports 2
The MLB match at Tropicana Field.

LIVE New York Yankees v Boston Red Sox
Sat 12.15am TNT Sports 2
The MLB game at Yankee Stadium.

LIVE New York Yankees v Boston Red Sox
Sun 6.30pm TNT Sports 2

LIVE Chicago Cubs v Cincinnati Reds
Sun 8pm TNT Sports 3
The MLB game at Wrigley Field.

Cricket
England and their captain Charlie Dean face Ireland in two one-day clashes this week

LIVE New York Mets v Houston Astros
Sun 12.15am TNT Sports 1
The MLB fixture from Citi Field.

LIVE Tampa Bay Rays v New York Mets
Mon 11.30pm TNT Sports 1

LIVE Chicago Cubs v Milwaukee Brewers
Tue 12.30am TNT Sports 1

LIVE Cincinnati Reds v San Diego Padres
Wed 5.30pm TNT Sports 1

LIVE Boston Red Sox v Seattle Mariners
Wed 9pm TNT Sports 1
The MLB game from Fenway Park.

LIVE Houston Astros v Chicago White Sox
Thu 7pm TNT Sports 1
The MLB match at Daikin Park.

LIVE Chicago Cubs v Milwaukee Brewers
Thu 12.15am TNT Sports 1

LIVE Cleveland Guardians v Detroit Tigers
Fri 7pm TNT Sports 1
The MLB game at Progressive Field.

LIVE Philadelphia Phillies v Atlanta Braves
Fri 11.30pm TNT Sports 1
The MLB match from Citizens Bank Park.

BOXING

LIVE Mikaela Mayer v Chantelle Cameron
Sat 7pm Sky Sports Action, Sky One & Sky Mix, 8.30pm Sky Sports Main Event
The world super-welterweight title bout from bp pulse LIVE.

LIVE Moses Itauma v Filip Hrgovic
Sat DAZN Pay-Per-View
The IBF world heavyweight title bout at the O2 Arena. See p29.

COMBAT SPORTS

LIVE Fight Night Prelims
Sat 9am TNT Sports 4

LIVE Umar Nurmagomedov v Song Yadong
Sat 11am TNT Sports 4
The bantamweight bout at SPD Bank Oriental Sports Center.

LIVE One Fight Night 47
Fri 2am Sky Sports Action

CRICKET

LIVE England v Pakistan
Sat-Mon 10.15am Sky Sports Cricket; Sat 11am & Mon 10.15am Sky Sports Main Event
Days three to five of the second Test at Lord's Cricket Ground in London.

LIVE Trinbago Knight Riders v Guyana Amazon Warriors
Sat 11.30pm TNT Sports 1

LIVE St Kitts & Nevis Patriots v Antigua & Barbuda Falcons
Sun 11.30pm TNT Sports 2

LIVE Trinbago Knight Riders v Jamaica Kingsmen
Mon 9.30pm TNT Sports 2

LIVE England v Ireland
Tue 12.30pm Sky Sports Cricket & Sky Sports Mix
The first women's ODI at the County Ground in Leicester.

LIVE Glasgow Cosmic v Rotterdam Dockers
Tue 2pm TNT Sports 2

LIVE St Kitts & Nevis Patriots v Barbados Tridents
Tue 11.30pm TNT Sports 2

LIVE Dublin Guardians v Rotterdam Dockers
Wed 10.15am TNT Sports 2

LIVE Irish Wolves v Edinburgh Castle Rockers
Wed 2pm TNT Sports 2

LIVE Trinbago Knight Riders v Antigua & Barbuda Falcons
Wed 11.30pm TNT Sports 2

LIVE England v Ireland
Thu 12.30pm Sky Sports Main Event, Sky Sports Cricket & Sky Sports Mix
The second women's ODI in Derby.

LIVE Amsterdam Flames v Glasgow Cosmic
Thu 2pm TNT Sports 2

LIVE St Kitts & Nevis Patriots v Saint Lucia Kings
Thu 11.30pm TNT Sports 2

LIVE Glasgow Cosmic v Irish Wolves
Fri 2pm TNT Sports 4

LIVE Guyana Amazon Warriors v Jamaica Kingsmen
Fri 11.30pm TNT Sports 2

CYCLING

LIVE UCI Mountain Bike World Championship
Sat 12.15pm TNT Sports 3 & 2.45pm TNT Sports 2; Sun 11.45am & 2pm TNT Sports 1

LIVE Vuelta a España
Sat, Tue, Wed & Fri 1.30pm, Sun 11am, Thu 11.30am TNT Sports 3; Tue 1.30pm, Wed & Fri 3.30pm, Thu 3.15pm TNT Sports 1
Stages eight to 13 of the race.

LIVE Men's Tour of Britain
Wed-Fri 10.15am ITV4 & 10.30am TNT Sports 1
Stages one to three. See p29.

DARTS

LIVE Welsh Championship
Sat 5.30pm & 8pm, Sun 4pm & 7.30pm S4C

GOLF

LIVE British Masters
Sat & Sun 12noon Sky Sports Golf
The third and fourth days at the Belfry in Wishaw, Warwickshire.

LIVE Women's Irish Open
Sat & Sun 2pm Sky Sports Mix
Days three and four held at the K Club in Straffan, County Kildare.

LIVE Tour Championship
Sat & Sun 5pm Sky Sports Golf; Sat 11pm & Sun 7.30pm Sky Sports Main Event
The third and fourth days staged at East Lake Golf Club in Atlanta.

LIVE FM Championship
Sat 8pm & Sun 6pm Sky Sports Mix
The third and fourth days staged at TPC Boston in Massachusetts.

LIVE European Masters
Thu & Fri 12.30pm Sky Sports Golf; Fri 1pm Sky Sports Main Event
Days one and two at Crans-sur-Sierre Golf Club in Switzerland.

HORSE RACING

LIVE Goodwood
Sat & Sun 1.15pm ITV4

MINORITY SPORTS

LIVE Climbing World Series
Fri 7pm TNT Sports 2

MOTORCYCLING

LIVE MotoGP
Sat 7.30am TNT Sports 2
The Grand Prix of Aragon second free practice and qualifying sessions.

LIVE The Grand Prix of Aragon MotoGP sprint race
Sat 1.45pm TNT Sports 2

LIVE MotoGP
Sun 8.30am TNT Sports 2
Grand Prix of Aragon warm-up.

LIVE The Grand Prix of Aragon Moto3 race
Sun 9am TNT Sports 2
From MotorLand Aragón in Alcañiz.

LIVE The Grand Prix of Aragon Moto2 race
Sun 11am TNT Sports 2
The 13th round of the season at MotorLand Aragón in Alcañiz, Spain.

LIVE The Grand Prix of Aragon MotoGP race
Sun 12.15pm TNT Sports 2
The 13th round of the season at MotorLand Aragón in Alcañiz, Spain.

LIVE British Superbikes
Sun 1pm TNT Sports 4 & Quest; Mon 1pm TNT Sports 1
From Cadwell Park Circuit.

LIVE Swedish Speedway
Tue 5.55pm Premier Sports 2

LIVE World Superbikes
Fri 9.15am, 1pm & 2pm TNT Sports 2

MOTORSPORT

LIVE Indycar
Sat 4pm & 7.30pm, Sun 6pm Sky Sports F1

LIVE World Rally Championship
Sat 5.45pm & 8pm TNT Sports 1; Sun 3pm TNT Sports 2; Sun 6pm TNT Sports 4

LIVE NASCAR
Sat 12m't Premier Sports 2

LIVE Indy NXT
Sun 4pm Sky Sports F1

LIVE Formula 3
Fri 7.30am Sky Sports F1
Italian Grand Prix practice session.

LIVE Formula 2
Fri 8.55am Sky Sports F1
Italian Grand Prix practice session.

LIVE Formula 1
Fri 11am Sky Sports Main Event & Sky Sports F1
Italian Grand Prix first practice.

LIVE Formula 3
Fri 12.55pm Sky Sports F1
Italian Grand Prix qualifying session.

LIVE Formula 2
Fri 1.50pm Sky Sports F1
Italian Grand Prix qualifying session.

LIVE Formula 1
Fri 2.35pm Sky Sports F1
Italian Grand Prix second practice.

LIVE Indycar
Fri 10pm Sky Sports F1 & Sky Sports Mix

POOL

LIVE Ultimate Pool
Mon 6pm TNT Sports 1

RUGBY LEAGUE

LIVE Sydney Roosters v Cronulla-Sutherland Sharks
Sat 6.15am Sky Sports Mix (kick-off 6.15am) The NRLW game.

LIVE North Queensland Cowboys v Newcastle Knights
Sat 8.15am Sky Sports Mix (kick-off 8.15am) The NRLW game.

LIVE Sydney Roosters v Dolphins
Sat 8.30am Sky Sports Action & Sky Sports+ (kick-off 8.30am)
The NRL game at Allianz Stadium.

LIVE North Queensland Cowboys v Wests Tigers
Sat 10.35am Sky Sports Action (kick-off10.35am) The NRL game at Queensland Country Bank Stadium.

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LIVE Wakefield Trinity v York Knights
Sat 5.15pm BBC2 & Sky Sports+ streaming (kick-off 5.30pm) Super League match.

LIVE New Zealand Warriors v St George Illawarra Dragons
Sat 2.50am Sky Sports Mix (kick-off 2.50am) The NRLW game.

LIVE Parramatta Eels v Brisbane Broncos
Sat 4.45am Sky Sports Mix (kick-off 4.45am) The NRLW game.

LIVE New Zealand Warriors v Newcastle Knights
Sat 5am Sky Sports Action & Sky Sports+ (kick-off 5am) The NRL match in Auckland.

LIVE Wests Tigers v Bulldogs
Sun 9.15am Sky Sports Mix (kick-off 9.15am) The NRLW game.

LIVE Bradford Bulls v Castleford Tigers
Thu 7.30pm Sky Sports Action & Sky Sports+ (kick-off 8pm) The Super League match from Bartercard Odsal Stadium.

LIVE Leigh Leopards v St Helens
Fri 7.30pm Sky Sports Action & Sky Sports+ (kick-off 8pm) The Super League match held at The Progress with Unity Stadium.

RUGBY UNION

LIVE South Africa v New Zealand
Sat 3.55pm Sky Sports Action & Sky Sports+ (kick-off 4.10pm) The second Test in the four-match series at DHL Stadium, Cape Town.

LIVE Argentina v Australia
Sat 7.50pm Sky Sports+ (kick-off 8pm) The first Test held at Estadio 23 de Agosto, San Salvador.

SNOOKER

LIVE Wuhan Open
Sat 7am TNT Sports 1 & 2pm TNT Sports 4 The final from Wuhan, China.

LIVE British Open
Mon 12.30pm & 6.45pm, Tue-Thu 12.30pm, Fri 12.45pm & 6.30pm 5; Mon 8pm, Tue-Thu 6.45pm 5Action Days one to five held at the Centaur.

TENNIS

LIVE Winston-Salem Open
Sat 9pm Sky Sports Tennis The final at Wake Forest University.

LIVE Monterrey Open
Sat 12.30am Sky Sports Main Event & Sky Sports Tennis The final at Club Sonoma in Mexico.

LIVE US Open
Sun 3pm, Mon & Tue 3.30pm Sky Sports Tennis; Sun 4pm, Mon 3.30pm, Tue 3.30pm & 9.45pm Sky Sports+; Sun 11pm, Mon 10pm, Tue 3.30pm & 12m't Sky Sports Main Event Days one to three of the Grand Slam at the USTA Billie Jean King National Tennis Center. See p29.

LIVE US Open
Wed 3.30pm & 9.45pm, Thu & Fri 3.30pm & 10.15pm Sky Sports+; Wed-Fri 3.30pm Sky Sports Tennis; Wed 3.30pm & 10.30pm, Thu 3.30pm, Fri 3.30pm & 10.45pm Sky Sports Main Event Days four to six of the Grand Slam.

Saturday 29

LIVE Liverpool v Nottingham Forest
11am TNT Sports 1 (kick-off 12.30pm) The Premier League match staged at Anfield, as Andoni Iraola takes charge of his first home game at the helm of the Reds as they host Oliver Glasner's Forest. Sean Dyche was in the Forest hot seat when they claimed an impressive 3-0 victory here last season.

LIVE Middlesbrough v West Bromwich Albion
11.30am Sky Sports Football & 12noon ITV1 (kick-off 12.30pm) The Championship match staged at Riverside Stadium.

LIVE Wolverhampton Wanderers v Stoke City
11.30am Sky Sports+ (kick-off 12.30pm) Championship game at Molineux.

LIVE Tottenham Hotspur v Newcastle United
5pm Sky Sports Main Event & Sky Sports Premier League (kick-off 5.30pm) The Premier League match staged at Tottenham Hotspur Stadium. These two teams met three times last season with the visitors winning two games and the other ending in a 2-2 draw in Newcastle.

LIVE Ross County v East Kilbride
5.20pm BBC Alba (kick-off 5.30pm) The Scottish League One match held at Global Energy Stadium.

LIVE Borussia Dortmund v Hamburg SV
5.20pm Sky Sports Football (kick-off 5.30pm) The Bundesliga fixture staged at Signal Iduna Park, as the new season gets underway.

LIVE Real Sociedad v Espanyol
5.55pm Premier Sports 1 (kick-off 6pm) The LaLiga game at Reale Arena.

LIVE Sevilla v Atlético Madrid
8.30pm Disney+ (kick-off 8.30pm) The LaLiga match from Ramón Sánchez-Pizjuán Stadium.

LIVE Boca Juniors v Lanus
10.55pm Premier Sports 1 (kick-off 11pm) Argentine Primera Division match from Stade Alberto Jose Armando.

Sunday 30

LIVE Aberdeen v Rangers
11am Sky Sports Main Event & Sky Sports Football (kick-off 12noon) The Scottish Premiership match at Pittodrie.

LIVE Leeds United v Brentford
12.30pm Sky Sports Premier League (kick-off 2pm) Premier League match at Elland Road.

LIVE Sunderland v Fulham
12.30pm Sky Sports+ (kick-off 2pm) The Premier League match at the Stadium of Light. The Cottagers came out on top in both of the meetings between these teams last season, which included a 3-1 victory here in February.

LIVE PREMIER LEAGUE

Tottenham Hotspur v Newcastle United

Saturday, kick-off 5.30pm, Sky Sports Main Event & Sky Sports Premier League

Spurs dodged relegation by the skin of their teeth last season, and have lost no time reshaping their squad with the addition of Mateus Fernandes, Jan Paul van Hecke, and Sandro Tonali, who now faces his former club.

LIVE PREMIER LEAGUE

Manchester United v Ipswich Town

Sunday, kick-off 4.30pm, Sky Sports Main Event & Sky Sports Premier League

Gary O'Neil's Ipswich will need Brazilian striker Emersonn to hit the ground running this week, as Sunday's trip to Old Trafford is followed by a Friday-evening clash at home to Liverpool (k-o 8pm, Sky Sports).

LIVE PREMIER LEAGUE

Aston Villa v Arsenal

Monday, kick-off 8pm, Sky Sports Main Event & Sky Sports Premier League

The Gunners' first away game in their title defence is a tricky trip to Villa Park to face former boss Unai Emery. Villa fans will be hoping that teenage striker Brian Madjo fulfils his potential after impressing against PSG in the Super Cup.

LIVE Chelsea v Brighton & Hove Albion
1pm Sky Sports Main Event (kick-off 2pm) The Premier League match staged at Stamford Bridge.

LIVE Real Madrid v Malaga
3.55pm Premier Sports 1 (kick-off 4pm) The LaLiga game from Bernabeu.

LIVE Hearts v Rangers
4pm BBC Alba (kick-off 4.10pm) The Scottish Women's Premier League match at Ainslie Park.

LIVE Manchester United v Ipswich Town
4pm Sky Sports Premier League & 4.25pm Sky Sports Main Event (kick-off 4.30pm) The Premier League fixture from Old Trafford.

LIVE Napoli v Como
5.15pm TNT Sports 1 (kick-off 5.30pm) The Serie A match from Stadio Diego Armando Maradona.

LIVE Washington Spirit v Bay FC
5.30pm TNT Sports 3 (kick-off 5.30pm) The NWSL game from Audi Field.

LIVE Deportivo La Coruna v Valencia
6.25pm Premier Sports 1 (kick-off 6.30pm) The LaLiga fixture from Estadio Abanca-Riazor.

LIVE Cagliari v Inter Milan
7.30pm TNT Sports 1 (kick-off 7.45pm) The Serie A game at Unipol Domus.

LIVE Corinthians v Santos
7.55pm Premier Sports 2 (kick-off 8pm) The Brasileiro Serie A match from Corinthians Arena.

LIVE Celta Vigo v Athletic Bilbao
8.25pm Premier Sports 1 (kick-off 8.30pm) The LaLiga match at Estadio Abanca-Balaidos.

LIVE Mirassol v Palmeiras
10.25pm Premier Sports 2 (kick-off 11.30pm) The Brasileiro Serie A fixture from Estádio José Maria de Campos Maia.

Monday 31

LIVE Osasuna v Getafe
6.25pm Premier Sports 1 (kick-off 6.30pm) The LaLiga match held at Estadio El Sadar.

LIVE Aston Villa v Arsenal
6.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm) The Premier League match at Villa Park, as last season's fourth-placed finishers entertain the reigning champions.

LIVE Barcelona v Rayo Vallecano
8.25pm Premier Sports 1 (kick-off 8.30pm) The LaLiga match from Spotify Camp Nou.

Tuesday 1

LIVE Parma v Cremonese
4.55pm Premier Sports 1 (kick-off 5pm) The Coppa Italia second-round match from Stadio Ennio Tardini.

LIVE Stoke City v Norwich City
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm) The Championship match staged at bet365 Stadium.

LIVE West Ham United v Wolverhampton Wanderers
7.35pm Sky Sports+ (kick-off 7.45pm) Championship match at London Stadium, as the teams meet at this level for the first time since the 2004/05 season.

LIVE Torino v Monza
7.55pm Premier Sports 1 (kick-off 8pm) The Coppa Italia second-round game staged at Stadio Olimpico Grande Torino.

Wednesday 2

LIVE Sassuolo v Frosinone
1.55pm Premier Sports 1 (kick-off 2pm) The Coppa Italia second-round fixture from Mapei Stadium – Città del Tricolore.

LIVE Udinese v Venezia
4.55pm Premier Sports 1 (kick-off 5pm) The Coppa Italia second-round match at Bluenergy Stadium.

LIVE Falkirk v Rangers
7pm Sky Sports Football (kick-off 8pm) The Scottish Premiership match staged at Falkirk Stadium.

LIVE Burnley v Middlesbrough
7.30pm Sky Sports Main Event (kick-off 8pm) The Championship game at Turf Moor, as the two former Premier League sides go head to head.

LIVE Millwall v Wrexham
7.35pm Sky Sports+ (kick-off 7.45pm) The Championship match at the Den.

LIVE VfL Osnabruck v Bayern Munich
7.40pm Premier Sports 2 (kick-off 7.45pm) The German Cup first-round match at Stadion an der Bremer Brucke.

Thursday 3

LIVE Mantova v Palermo
4.55pm Premier Sports 1 (kick-off 5pm) The Coppa Italia second-round fixture from Stadio Danilo Martelli.

LIVE Hibernian v Hearts
7.15pm Premier Sports 1 (kick-off 7.45pm) The Scottish Premiership match at Easter Road.

LIVE Real Sociedad v Celta Vigo
7.55pm Premier Sports 2 (kick-off 8pm) The LaLiga game at Reale Arena.

Friday 4

LIVE London City Lionesses v Manchester United
6pm Sky Sports Main Event, Sky Sports Football, Sky Sports Mix, Sky One & Sky Mix (kick-off 7pm) The Women's Super League match at Copperjax Community Stadium. See page 28.

LIVE Ipswich Town v Liverpool
7pm Sky Sports Premier League & 8pm Sky Sports Main Event (kick-off 8pm) The Premier League match from Portman Road. The visitors won both meetings in the league when these two sides last met in the 2024/25 season, winning 2-0 on this ground before claiming a 4-1 victory at Anfield.

LIVE Livingston v Stenhousemuir
7.25pm BBC Scotland (kick-off 7.30pm) The Scottish Championship match at the Home of the Set Fare Arena.

LIVE VfB Stuttgart v FC Köln
7.30pm BBC iPlayer (kick-off 7.30pm) The Bundesliga match staged at MHPArena.

LIVE Real Betis v Real Madrid
7.55pm Premier Sports 1 (kick-off 8pm) The LaLiga match.

PHOTOS: GETTY

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Saturday

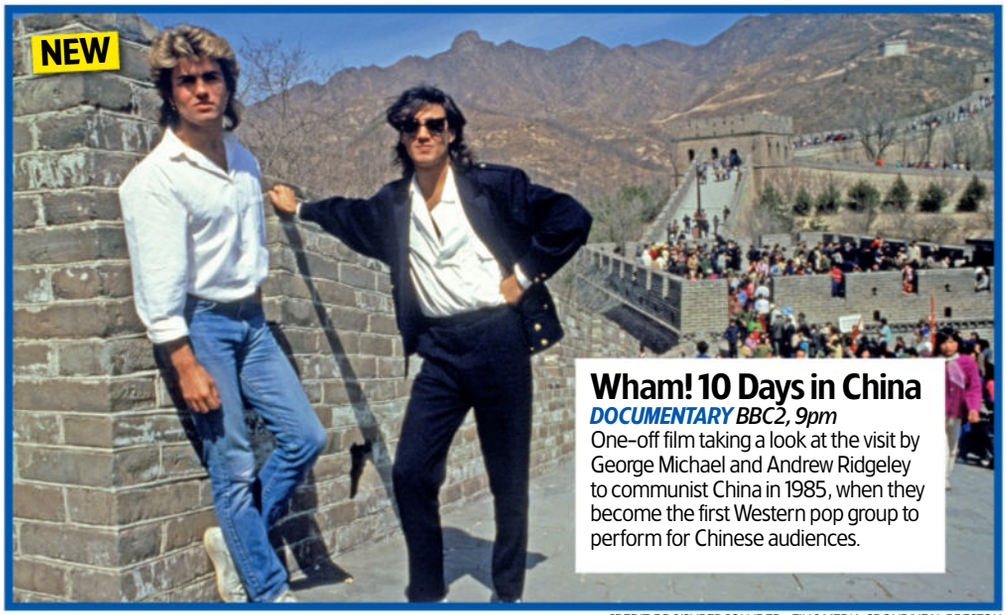
29 August

Planner

Premier League

***FOOTBALL** TNT Sports 1 & Sky Sports*

Today's double-header starts with Andoni Iraola's first official home game in charge at Liverpool against Nottingham Forest (TNT Sports 1, k-o 12.30pm), while Tottenham Hotspurs' signing Andy Robertson will be making his first league appearance in front of his new home fans as they host Newcastle (Sky Sports, k-o 5.30pm).



Wham! 10 Days in China

***DOCUMENTARY** BBC2, 9pm*

One-off film taking a look at the visit by George Michael and Andrew Ridgeley to communist China in 1985, when they become the first Western pop group to perform for Chinese audiences.

CREDIT: BBC/SUPERCOLLIDER - ZINC MEDIA GROUP/NEAL PRESTON

9/11: The Unseen Footage

***DOCUMENTARY** 5, 9pm*

As we prepare to mark 25 years since the terror attacks that changed the world, this one-off documentary uses recently discovered and previously unseen news footage to tell the stories of first responders and witnesses.

Prue Leith's Cotswold Kitchen

***COOKERY** ITV1, 8.25am*

Now that Dame Prue (pictured here with husband John Playfair) has stepped away from *The Great British Bake Off*, she'll have more time to spend in her own kitchen. This week, she invites Mariella Frostrup to her home.

Saturday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1		7.10 Film: Paddington 2			8.50 The Weakest Link	9.35 Ghosts	10.05 News	10.25 Match of the Day
	102 BBC2	◂ 5.15 Super League...	7.30 Celebrating James Bond at the Proms			9.00 Wham! 10 Days in China			10.25 Wham! at the BBC
	103 ITV1	7.00 The Voice UK		8.15 The 1% Club		9.15 News	9.30 Film: Man of Steel		
	104 CHANNEL 4	7.00 Sandi Toksvig's Hidden Wonders		8.00 Film: Black Panther					
	105 5	7.00 Cycling: Vuelta a España		8.00 Andrew, Fergie & the Scandal of...		9.00 9/11: The Unseen Footage			10.30 Film: Kinky Boots
	106 SKY ONE	7.00 MVP Boxing – Live: Mikaela Mayer v Chantelle Cameron							
ENTERTAINMENT	115 BBC3	7.00 Doctor Who			8.35 Ghosts US		9.35 Mrs Brown's Boys		10.35 Nighty Night
	116 BBC4	7.00 Today at the Test		8.00 Life on Earth		9.00 Kabul			
	118 ITV2	◂ 6.55 Film: Coyote Ugly				9.00 Film: The Dark Knight			
	136 MORE4	◂ 6.55 Four in a Bed		8.00 Griff's Canadian Adventure		9.00 24 Hours in A&E			
	135 E4	◂ 6.45 Film: The Devil Wears Prada				9.00 Celebrity Gogglebox		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Caught on Dashcam				9.00 Blue Bloods		10.00 Fire Country	
	108 SKY ATLANTIC	◂ 6.30 The Five-Star Weekend				9.00 Film: Lee			
	110 U&GOLD	◂ 6.45 Only Fools and Horses							10.30 Gavin & Stacey
	111 U&DAVE	7.00 Gavin & Stacey					9.40 I'm Alan Partridge		
	119 ITV3	◂ 6.10 Midsomer Murders						10.10 Vera	
	120 ITV4	◂ 6.50 Sharpe				9.00 English Football League Highlights			10.30 Wrestling: AEW...
	112 COMEDY CENTRAL	◂ 6.30 Film: Maverick				9.00 Film: Austin Powers: The Spy Who Shagged Me			
	145 SKY SCI-FI	7.00 Star Trek: Voyager				9.00 Stargate Universe			
	143 U&DRAMA	7.00 The Brokenwood Mysteries				9.00 Wallander			
	109 U&ALIBI	◂ 6.00 Death in Paradise						10.00 Father Brown	
	122 SKY ARTS	7.00 The Music of Buddy Holly and the Crickets				9.00 Chaplin			
	132 U&W	7.00 Ambulance Australia				9.00 Ghosts			
DOCUMENTARY	125 DISCOVERY	7.00 Ant Anstead Master Mechanic		8.00 Maine Cabin Masters		9.00 Naked and Afraid: Global Showdown			
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Extinct or Alive		9.00 Alaskan Bush People: Bushcraft...		10.00 Tanked	
	129 NAT GEO	7.00 Destruction Decoded		8.00 9/11 Reunited					
	123 SKY HISTORY	7.00 Britain's Most Historic Towns				9.00 Hell on Earth: WWII			
	155 U&YESTERDAY	7.00 Bangers & Cash: Restoring Classics		8.00 Bangers & Cash		9.00 Dream Car Fixers		10.00 Bangers & Cash: Restoring Classics	
	114 SKY DOCS	7.00 Spitfire				9.00 The Essex Murders			

◂ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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Saturday

BBC1

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6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen** New edition With TV presenter Mel Giedroyc. (S)
11.30 **Anna Haugh's Big Irish Food Tour** Pop star Una Healy joins Anna in Tipperary. (S)(R)
12.00 NOON **Bargain Hunt** (S)(R)(AD)
12.45 PM **The Football Interview** (S)
1.00 **BBC News** (S)
1.15 **Money for Nothing** (S)(R)
2.00 **Homes Under the Hammer** (S)(R)
3.00 **Escape to the Country** From Northumberland. (S)(R)(AD)
3.45 **Final Score** Results round-up. (S)
5.15 **BBC News** (S)
5.25 **Local News** (S)
5.35 **The Hit List** New edition 6/9. Contestants from Northern Ireland, Liverpool, London and Birmingham take part in the music-based quiz show. (S)

7.10 Paddington 2

6 PM
6.20 **Alan Carr's Celebrity Picture Slam** New edition 7/9. Famous faces Sue Cleaver, Charlie Brooks, Richie Anderson, Jason Mohammad, Lee Latchford-Evans and Kelle Bryan try to identify a board of images. (S)

7 PM
7.10 FILM **Paddington 2** Comedy adventure sequel starring Hugh Bonneville, Hugh Grant and Sally Hawkins, and featuring the voice of Ben Whishaw. The lovable bear's search for the perfect birthday present for his aunt leads to him being framed as a thief. (S)(AD) (2017, PG, 100min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

8 PM
8.50 **The Weakest Link** Donna Preston, Nikita Kuzmin, Jon Culshaw, Jamelia, Simon Calder, Dianne Buswell, Ekin-Su Cülcüloglu and Zoe Lyons compete for charity. (S)(R)

9 PM
9.35 **Ghosts** *Speak As Ye Choose*: 2/7. Mary walks Julian through her journey of self-discovery. (S4) (S)(R)(AD)

10 PM
10.05 **BBC News** (S)
10.25 **Match of the Day** Highlights of the latest Premier League matches, including Liverpool v Nottingham Forest at Anfield and Tottenham Hotspur v Newcastle United at Tottenham Hotspur Stadium. (S)
■ More tomorrow at 10.30pm
11.35 NEW **RAYE @ Reading Festival** The singer-songwriter performs in the second headline slot of the day at the Reading Festival, following on from this year's world tour and number one album *This May Contain Hope*. (S)
12.50 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.55 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Children's Programmes**
9.00 **Gardeners' World** (S)(R)
10.00 **This Wild Life** (S)(R)
10.30 FILM **Laura** Thriller starring Gene Tierney and Dana Andrews. (S) (1944, b/w, PG, 85min) ★★★★★
11.55 **The Great British Sewing Bee** 7/10. Music Week. (S)(R)(AD)
12.55 PM **Race Against the Tide** (S)(R)
1.25 FILM **Beaches** Melodrama starring Bette Midler and Barbara Hershey. (S) (1988, 12, 115min) ★★★
3.20 FILM **Evil Under the Sun** Agatha Christie murder mystery starring Peter Ustinov and Jane Birkin. (S) (1981, PG, 115min) ★★
5.15 LIVE **Rugby League: Super League** Wakefield Trinity v York Knights: Coverage of the top-flight match staged at the DIY Kitchens Stadium. Kick-off is at 5.30. (S)

7.30 Celebrating James Bond

6 PM
LIVE **Rugby League: Super League** (started at 5.15pm)

7 PM
7.30 NEW **Celebrating James Bond at the Proms** A concert from the Royal Albert Hall in which Daniel Bartholomew-Poyser conducts the BBC Concert Orchestra and guests in music from the James Bond franchise, including *Skyfall* and *The Spy Who Loved Me*. (S)(AD)

8 PM

9 PM
9.00 NEW **Wham! 10 Days in China** Documentary about the group's two concerts in China in 1985, revisiting them through the eyes of the band, their team and the audience's first encounter with Western pop culture. *See feature, page 12.* (S)(AD)

10 PM
10.25 **Wham! at the BBC** Andrew Ridgeley, Pepsi Demacque-Crockett and Shirlie Kemp present archive performances by the group, including *Young Guns (Go for It)* and *Club Tropicana*. (S)(R)
11.35 **TOTP 1985: Big Hits** Memorable hits of the year, featuring Wham!, The Smiths and Eurythmics. (S)(R)
12.35 AM **Today at the Test** England v Pakistan: Action from day three of the second Test at Lord's. (S)(R)
1.35 FILM **Compartment No 6** Drama starring Seidi Haarla. Subtitled. (2021, 15, 105min) ★★★★
3.20 **Sign Zone: Ludwig** (S)(R)(AD)
4.15 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM FILM **For Your Eyes Only** James Bond adventure starring Roger Moore and Carole Bouquet. (S)(AD) (1981, PG, 145min) ★★★★
8.25 NEW **Prue Leith's Cotswold Kitchen** Prue is joined in her home kitchen by broadcaster Mariella Frostrup. (S)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition (S)
12.00 NOON LIVE **Football: EFL** Middlesbrough v West Bromwich Albion: From the Riverside Stadium. Kick-off is at 12.30. (S)
2.55 PM FILM **Never Say Never Again** James Bond adventure starring Sean Connery and Kim Basinger. (S)(AD) (1983, PG, 150min) ★★★
5.25 **ITV News** (S)
5.45 **Local News** (S)

9.30 Man of Steel

6 PM
6.00 **The Chase Celebrity Special** Helen Lederer, Jamie Borthwick, Neil Delamere and Jasmine Harman answer general knowledge questions and work as a team to take on a Chaser and secure a charity prize. (S)(R)

7 PM
7.00 **The Voice UK** New edition 2/10. Emma Willis hosts the spinning-chair singing contest, with coaches Tom Jones, will.i.am, Tom Fletcher and Danny Jones and Kelly Rowland assessing more aspiring acts. (S)(AD)

8 PM
8.15 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all about logic and common sense, with 100 contestants in every show having a chance of winning up to £100,000. (S)(R)

9 PM
9.15 **ITV News** (S)
9.30 FILM **Man of Steel** Fantasy adventure exploring the origins of the iconic DC Comics character Superman, starring Henry Cavill, Amy Adams and Michael Shannon. A young outcast with superpowers must confront his destiny when aliens from his home planet threaten Earth. With Kevin Costner. (S)(AD) (2013, 12, 150min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10 PM
12.00 M'T **English Football League Highlights** Action from the latest EFL matches, including Norwich City v Burnley. (S)(R)
1.20 AM **Teleshopping**
3.00 **The Summit** 8/8. The final four contestants make the last terrifying ascent. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Fern Britton: Inside the Vet's** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.00 AM **Cheers** 11-14/22. (S2) (S)(R)
7.45 **Everybody Loves Raymond** 9-11/25. Triple bill. (S)(R)(AD)
9.10 **Superhero Tri** Clare Balding hosts action from the annual event at Dorney Lake in Windsor. (S)(AD)
9.55 **Frasier** 19-21/24. (S7) (S)(R)(AD)
11.25 **The Simpsons** (S)(R)(AD)
1.50 PM **Four in a Bed** Five editions of the B&B challenge. (S)(R)
4.25 **George Clarke's Amazing Spaces** George meets a woman with a vision to construct an eco-cabin from three disused supermarket delivery van fridges. (S)(R)(AD)
5.30 **Grand Designs** Kevin McCloud follows Pep and Malene, who face a race against time to realise their ambition of building a Viking-inspired house on their land in the Surrey Hills. (S)(R)(AD)

8.00 Black Panther

6 PM
6.30 **News** (S)

7 PM
7.00 **Sandi Toksvig's Hidden Wonders** 3/4. Sandi takes her first-ever trip to Hadrian's Wall in Northumberland to discover what life would have been like 2,000 years ago. (S)(R)(AD)

8 PM
8.00 FILM **Black Panther** Superhero action adventure starring Chadwick Boseman and Michael B Jordan. T'Challa, the new ruler of a hidden African nation, faces a challenge for his throne in the form of his embittered cousin, Erik 'Killmonger' Stevens. With Lupita Nyong'o, Martin Freeman and Daniel Kaluuya. (S)(AD) (2018, 12, 165min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

10 PM
10.45 FILM **Terminator: Dark Fate** Sci-fi action adventure starring Arnold Schwarzenegger and Linda Hamilton. Sarah Connor must stop an advanced liquid Terminator from hunting down a young girl, whose fate is critical to the human race. (S)(AD) (2019, 15, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.00 AM NEW **White Ant** Shalini Adnani's short film. (S)
1.15 **Ramsay's Kitchen Nightmares USA** From New Jersey. (S)(SL)(R)
2.05 FILM **Hope** Norwegian drama with Andrea Bræin Hovig. Subtitled. (2019, 15, 125min) ★★★★
4.10 **The Simpsons** (S)(R)(AD)
5.40 **to 6.20** AM **Superhero Tri** (SL)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.00 **Entertainment News** (S)
9.10 **The King's Guard: Serving the Crown** Documentary. (S)(R)
10.00 **Westminster Abbey: Behind Closed Doors** Triple bill. (S)(R)
1.00 PM **The Royals: Uncensored** New edition Debate and insider analysis on the Royal Family. (S)
2.00 **Coastal Adventures with Helen, Jules & JB** Exploring the cliffs of Porthcawl. (S)(R)(AD) **3.00** From Cumbria. (S)(R)(AD)
4.00 **Passage to India: A Yorkshire Vet Special** Rohin Aojula returns to his family farm in the Punjab region of northern India. (S)(R)
5.00 **Tommy Cooper: 30 Funniest Moments** The most memorable sketches and routines from the comedian's career. (S)(R)

9.00 9/11: The Unseen Footage

6.55 **News** (S)

7.00 **Cycling: Vuelta a España** Rebecca Charlton presents highlights of stage eight of the race, a flat 171 km route from Puçol to Xeraco. (S)

8.00 **Andrew, Fergie & the Scandal of SouthYork** Examining the controversy surrounding Sunninghill Park in Berkshire, which was the home of Andrew Mountbatten-Windsor. (S)(R)

9.00 **NEW 9/11: The Unseen Footage** The story of the 11 September 2001 terrorist attacks told through previously unseen footage discovered in the archives of the international news agency Reuters almost 25 years later. (S)

10.30 **FILM Kinky Boots** Offbeat comedy starring Joel Edgerton and Chiwetel Ejiofor. The owner of a failing shoe factory joins forces with a flamboyant cabaret star. (S) (2005, 12, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

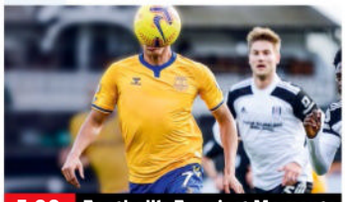
12.35 AM **George Michael: The Man & the Music** (S)(R)
1.05 **Teleshopping** (S)
2.05 **GPs: Behind Closed Doors** (R)
2.55 **Friends** (S10) (S)(R)(AD)
4.35 **Amazing Railway Adventures with Nick Knowles** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **FILM Alvin and the Chipmunks** Family musical comedy starring Jason Lee. (S) (2007, U, 105min) ★★★
7.45 **The Simpsons** (S)(R)
9.00 **Surviving Earth** (S)(R)
10.00 **Premier League Weekend** Roman Kemp presents a guide to the weekend's action.
11.30 **The Simpsons** (S)(R)
12.00 NOON **Gillette Labs Soccer Saturday: Build-Up** A look ahead to today's football action.
3.00 PM **Gillette Labs Soccer Saturday** Simon Thomas and a panel of former players preside over the day's football action.
5.00 **Football's Funniest Moments** A look at comical incidents from the beautiful game over the last few years. (S)(R)(AD)



5.00 Football's Funniest Moments

Football's Funniest Moments (started at 5.00pm)

7.00 **LIVE Boxing** Mikaela Mayer v Chantelle Cameron: Coverage of the WBA, WBC, and WBO World Super-Welterweight title bout from the NEC in Birmingham. Plus, Caroline Dubois v Amelia Moore in the co-main event for the WBC and WBO World Lightweight titles.

11.00 **FILM The Expendables** Action adventure directed by and starring Sylvester Stallone, with Jason Statham, Jet Li, Dolph Lundgren and Mickey Rourke. (S) (2010, 18, 120min) ★★★
1.00 AM **Chris Ramsey: Live from London** Stand-up performance from the Royal Court Theatre in London's West End. (S)(R)
2.00 **The Force: North East** (S)(R)
3.00 **Road Wars** (S)(R)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
11.35pm Sportscene: Premiership Highlights (S) (R) **12.35am NEW** Raye @ Reading Festival (S) **1.50** Weather for the Week Ahead (S) **1.55-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
No variations

WALES
Sky **965**, Virgin **864**, Freesat **965**
No variations

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations

WALES
Sky **968**, Freesat **968**
12.55pm FILM Beaches (S) (1988, 12, 115min) ★★★ **2.50 FILM** Evil Under the Sun (S) (1981, PG, 115min) ★★ **4.45-5.15pm** SOS: Extreme Rescues (S)(R)

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Annibendod **10.15** Garddio a Mwy **10.45** Dan Do **11.15** Cartrefi Cymru **11.45** Sgwrs Dan y Lloer **12.30pm** Y Ci Perffaith **1.00** Sain Ffagan (AD) **1.30** Prosiect Pum Mil **2.30** Busnes Bwyd **3.30** Taclo'r Ty (AD) **4.00** Iaith ar Daith (AD) **5.05** Y Gêm **5.30 LIVE** Dartiau: Pencampwriaethau Cymru 2026 **7.45** Newyddion a'r Tywydd **8.00 LIVE** Dartiau: Pencampwriaethau Cymru 2026 **11.30pm-12.05am** Gwlad y Basg: Gwilym Bowen Rhys

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Doctor Who** *Oxygen:* 5/13. A space station crew's own spacesuits begin to turn against them. **7.45** *Extremis:* 6/13. Part one of three. Deadly ancient knowledge escapes onto the internet. (S10)
8.35 **Ghosts US** New episodes 8/22. Now a podcaster, Todd Pearlman returns to profile Sam and Isaac's book. **8.55** 9/22. Part one of two. Sam's big TV interview takes an unexpected turn. **9.15** 10/22. Part two of two. Sam gets a glimpse of what her life would be like if she couldn't see the ghosts. (S5)
■ Entire series on BBC iPlayer
9.35 **Mrs Brown's Boys** Agnes turns her spare room into a bed-and-breakfast. **10.05** Tensions are high as Agnes and the gang prepare for an incoming storm.
10.35 **Nighty Night** 5&6/6. (S1)
11.35 **Schitt's Creek** 1-6/13. (S4)
1.50 AM **Confessions of a Steroid Gang** Documentary.
2.20 **to 3.55** AM **Doctor Who**

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Today at the Test** England v Pakistan: Action from day three of the second Test in the three-match series, held at Lord's.
8.00 **Life on Earth** Predators and prey battle for survival on the plains of East Africa.
8.55 **Planet Earth: An Elephant's Tale** The struggles of a newborn elephant and its mother.
9.00 **Kabul** New episode 5/6. The Americans capture an ISIS emir and discover a plan to bomb Kabul airport. **9.55** Series finale 6/6. A devastated Gilles abandons his Afghan protégés. (S1)
■ Entire series on BBC iPlayer
10.50 **To the Manor Born**
11.15 **Keeping Up Appearances**
11.45 **Timeshift: The Great British Seaside Holiday**
12.30 AM **Ray Mears and Ewan McGregor: Extreme Jungle** Exploring Honduras.
1.30 **Life on Earth**
2.25 **to 3.10** AM **Timeshift: The Great British Seaside Holiday**

MORE4

136/137 127 147 18 124 15

8.55 AM **Four in a Bed**
11.35 **A Place in the Sun**
2.40 PM **Come Dine with Me** Solicitor Ellie hosts the first dinner party in Bristol. **3.15** Music fan George hosts. **3.50** Beauty sales manager Carla serves up a vegan feast. **4.20** Banking assistant Shumin hosts night three. **4.50** Research consultant Chris hosts the final night.
5.20 **Four in a Bed** The contest begins at Gorse Meadow B&B in the New Forest.
5.55 **Four in a Bed** From Castle Hill Guesthouse in Devon. **6.25** The third visit is to the Vidella in Blackpool. **6.55** A visit to the Urban Beach in Bournemouth. **7.25** Payment Day arrives.
8.00 **Griff's Canadian Adventure** 3/6. Griff explores the province of Ontario, right on the US border, uncovers how Canadians differ from their southern neighbours, and ponders what it is that makes them so nice.
9.00 **24 Hours in A&E** A cyclist is brought to A&E after crashing face first into a car.
10.00 **24 Hours in A&E** A man arrives after an accident at work involving an electric saw.
11.05 **999: On the Front Line**
1.15 AM **24 Hours in A&E**
3.20 **to 3.45** AM **The Perfect Pitch**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Lego Masters Australia**
7.05 **Below Deck Down Under**
8.55 **The Simpsons**
11.20 **Ramsay's Kitchen Nightmares USA**
12.25 PM **FILM Antz** Animation. (1998, PG, 83min) ★★★
2.00 **The Simpsons**
4.35 **FILM Home Alone** John Hughes' comedy starring Macaulay Culkin as a young boy left behind when his family go on holiday. With Joe Pesci and Daniel Stern. (1990, PG, 100min) ★★★★
6.45 **FILM The Devil Wears Prada** Satirical comedy starring Meryl Streep and Anne Hathaway. A frumpy college graduate gets seduced by the glamorous world of high fashion after she goes to work for a tyrannical New York magazine editor. With Stanley Tucci and Emily Blunt. (2006, PG, 109min) ★★★★
9.00 **Celebrity Gogglebox** Famous faces appraise *Canal Boat Diaries, Rivals* and *Dogs Behaving (Very) Badly.*
10.00 **Gogglebox** Opinions on *Is It Cake?, The1% Club, Casualty* and *The Yorkshire Farm.*
11.05 **Gogglebox**
12.05 AM **First Dates**
1.10 **Below Deck**
3.50 **Ramsay's Kitchen Nightmares USA**
5.35 **to 6.00** AM **Modern Family**

+1 hr 235/236 306 30 123 256

Saturday primetime primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **A1: Britain's Longest Road**
7.00 **Caught Red Handed**
9.00 **Brit Cops: Rapid Response**
10.00 **Caught on Dashcam**
12.00 NOON **Caught Red Handed** An officer realises a former adversary is up to his old tricks. **12.45** PM A crew of rogue roofers get caught out. **1.30** A family track a gang of car thieves via a signal from some stolen earphones. **2.15** A paramedic is filmed stealing from a dying patient.
3.00 **Nothing to Declare**

9.00 Blue Bloods

7 PM **7.00** **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

8 PM **8.00** **Caught on Dashcam** Documentary showcasing outrageous road disasters captured on in-vehicle dashboard cameras.

9 PM **9.00** **Blue Bloods** *The Big Leagues:* 12/21. Danny reunites with a childhood friend who comes to him in desperate need. (S13)

10 PM **10.00** **Fire Country** *Who Owns the Dirt:* 9/20. A turf war between Station 42 and neighbouring Drake County comes to a head. (S4)
11.00 **FBI: International** 8/22. (S2)
12.00 M'T **FBI** 5/22. (S4)
1.00 AM **The Rookie** 20/22. (S5)
2.00 **Caught on Dashcam** New edition Road disasters
3.00 **FBI: Most Wanted** 9/14. (S1)
4.00 **A1: Britain's Longest Road**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Urban Secrets**
8.00 **The White Lotus** 1-5/7. (S2)
2.00 PM **The Five-Star Weekend** 1/8. Drama starring Jennifer Garner and Regina Hall. **2.55** 2/8. Hollis's friends want her to deal with her grief. **3.55** 3/8. Tatum and Jack reminisce, while and Gigi and Brooke start to connect. **4.40** 4/8. The friends go to a spa, but it isn't relaxing. **5.40** 5/8. Hollis finds out about Caroline's secret. **6.30** 6/8. Brooke's marriage troubles begin to show up. (S1)

9.00 Lee

7.15 **The Five-Star Weekend** 7/8. A storm descends, but Hollis doubles down on her itinerary and the women finally open up.

8.00 **The Five-Star Weekend** 8/8. Gigi opens up as long-buried truths emerge and friendships face a defining moment. (S1)

9.00 **FILM Lee** Biographical drama with Kate Winslet. The American fashion model-turned-war photographer Lee Miller sets out to document the truth of the Nazi regime. (2023, 15, 117min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Fightland** 1/8. Crime drama starring Howard Charles. **12.05** AM 2/8. Duke tries to keep his mission on track.
1.05 **Fightland** 3/8. (S1)
2.05 **Task** 2/7. (S1)
3.10 **Gomorrah: The Origins** (S1)
5.10 **to 6.00** AM **Fish Town**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Deal or No Deal**
7.00 **In for a Penny**
8.00 **Dress to Impress**
10.00 **Deal or No Deal**
1.00 PM **Wheel of Fortune**
2.00 **Celebrity Catchphrase**
3.05 **FILM The Croods** Animated comedy adventure featuring the voice of Nicolas Cage. (2013, U, 98min) ★★★★
5.00 **FILM Nanny McPhee** Family fantasy comedy starring Emma Thompson, Colin Firth and Kelly Macdonald. (2004, U, 98min) ★★★★

5.00 Nanny McPhee

6.55 **FILM Coyote Ugly** Music drama starring Piper Perabo, Adam Garcia and Maria Bello. An aspiring singer-songwriter gets a job in a rowdy New York bar while pursuing her dreams of stardom. With John Goodman. (2000, 12, 100min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **FILM The Dark Knight** Thriller starring Christian Bale. Masked vigilante Batman encounters a dangerous new adversary when fiendish criminal mastermind The Joker unleashes a wave of violent anarchy. (2008, 12, 152min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Family Guy** 8/12. Peter puts out a fire at a fast-food restaurant. (S6) **12.35** 15/18. The Griffins are forced to move to Texas. (S5)
1.05 **American Dad!** (S12&5)
2.05 **Plebs** 6/8. (S3)
2.30 **to 3.00** AM **Transaction**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **A Touch of Frost**
12.10 PM **The Darling Buds of May** Double bill of the drama starring David Jason.
2.20 **Midsomer Murders** *Saints and Sinners:* The leader of an archaeological dig is discovered murdered. **4.15** *Harvest of Souls:* The owner of an equestrian centre is trampled by his horse – but nothing is as it seems. **6.10** *The Village That Rose from the Dead:* A man is murdered ahead of the reopening of a deserted village.

12.10 The Darling Buds of May

Midsomer Murders (started at 6.10pm)

8.10 **Midsomer Murders** *Crime and Punishment:* A member of the Bleakridge Watch, a group of villagers who walk the streets reporting anyone who falls foul of the law, is found dead in his meat freezer.

10.10 **Vera** *Broken Promise:* The detective investigates when a student falls to his death in mysterious circumstances, so Vera turns to friends and family.
12.00 M'T **Inspector Morse** *Fat Chance:* The murder of a controversial deaconess makes Morse wonder whether Oxford's conservative clerics could be hiding a deadly secret.
2.15 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Football League Legends**
6.15 **Minder**
7.20 **The Professionals**
9.30 **Racing: The Opening Show** Leonna Mayor and the team present from Goodwood.
10.30 **The Big Match Revisited**
11.35 **Cadfael**
1.15 PM **LIVE Racing** Coverage of meetings from Goodwood, Beverley and Sandown Park.
4.00 **World of Sport**
4.15 **Made in Britain**
4.45 **The Professionals**
5.50 **Aussie Pickers**

11.35 Cadfael

6.50 **Sharpe** *Sharpe's Waterloo:* 3/3. Learning Napoleon has returned from exile, Sharpe joins forces with the remaining Chosen Men for one of history's most momentous military engagements – Battle of Waterloo. (S5)

9.00 **English Football League Highlights** Action from the latest EFL matches, including Norwich City v Burnley, Middlesbrough v West Bromwich Albion and Watford v West Ham in the Championship.

10.30 **Wrestling: AEW Double or Nothing** Another chance to see the event from Louis Armstrong Stadium in Queens, New York, with matches including Jon Moxley v Kyle O'Reilly.
3.20 **to 3.30** AM **Unwind with ITV**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** The latest top-flight action, including Celtic v Falkirk at Celtic Park.
8.15 **The Singer Story: Made in Clydebank** The story of the Singer sewing machine and its impact across the world.
9.15 **Paramedics on Scene** The Special Operations Response Team respond to a serious crash in hurricane-force winds.
10.15 **Storyville: Dogs of War** How Dave Tomkin, originally a safe-cracker from London, rose from small-time criminal to international mercenary and arms dealer.
11.45 PM **to 12.00** M'T **Scotland's Most Remote Club Night** A techno and house night in Ullapool.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Sort Of** (S1)
9.00 **Will & Grace** (S8)
11.00 **Hitmen** 1-6/6. (S1)
2.00 PM **FILM Bride Wars** Wedding comedy starring Kate Hudson and Anne Hathaway. (2009, 12, 85min) ★★★
3.50 **Will & Grace** (S4)
7.00 **The Office (US)** 24/28. Andy tries to become Jim's new confidant. **7.30** 25/28. The Michael Scott Paper Company's low prices hit profits. **8.00** 26/28. The staff take liberties with their casual Friday attire. **8.30** 27/28. Phyllis is taken aback by Bob's new secretary. (S5)
9.00 **Al Murray: All You Need Is Guv** Stand-up.
10.05 **Maisie Adam: Appraisal** Stand-up performance.
11.30 **Chris Fleming: Live at the Palace** Stand-up.
1.00 AM **The Reluctant Landlord** 1-6/6. (S2)
4.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **André Rieu: The Flying Dutchman**
8.30 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Grand Ole Opry: Opry Live** With Jelly Roll.
2.00 **Discovering**
3.00 **Portrait Artist of the Decade** With Judi Dench.
4.30 **Freddie Mercury: The Tribute Concert**
6.15 **Johnny Cash: A Legend in Concert**
7.00 **The Music of Buddy Holly and the Crickets**
9.00 **FILM Chaplin** Biopic of Charlie Chaplin, starring Robert Downey Jr. (1992, 15, 145min) ★★★
11.45 **Dire Straits: Alchemy 1983** From London's Hammersmith Odeon.
1.45 AM **Eric Clapton: Concert by the Lake – Band du Lac** From 2005.
4.05 **Discovering**
5.00 **to 6.00** AM **Classic Albums**

Sky Mix

151 158 156 11 141 23

6.00 AM **Border Patrol**
8.00 **Border Security: America's Front Line**
10.00 **Caught Red Handed**
12.00 NOON **Nothing to Declare** Four editions.
2.00 PM **Caught on Dashcam**
4.00 **Monkey Life**
5.00 **Wild Battlegrounds**
6.00 **Big Cats Small World**
7.00 **LIVE MVP Boxing** Mikaela Mayer v Chantelle Cameron: The WBA, WBC, and WBO World Super-Welterweight title bout at the NEC Birmingham. Plus, Caroline Dubois v Amelia Moore in the co-main event for the WBC and WBO World Lightweight titles
11.00 **FILM First Blood** Action adventure with Sylvester Stallone. (1982, 15, 93min) ★★★★
1.00 AM **Killer in My Village**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show.
3.00 **Celebrity Lingo** Judy Murray and Mark Pougatch take on Helen Skelton and Rav Wilding.
4.00 **Ridiculous** Quiz show.
5.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
6.00 **Lingo** Double bill of the word-based quiz show hosted by Adil Ray.
8.00 **Celebrity Catchphrase** Motsi Mabuse, Rob Delaney and Amber Rose Gill take part.
9.00 **The Chase Celebrity Special** With Sunetra Sarker, Matty Lee, David Arnold and Basil Brush.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **Ridiculous** Quiz show.
2.35 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

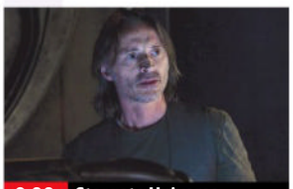
9.00 AM **A Place in the Sun**
11.30 **Come Dine with Me**
2.00 PM **Couples Come Dine with Me** From Reading.
3.00 **A Place in the Sun** Five editions, including at: **6.00** A mother and son search for a holiday home near La Duquesa. **7.00** A retired couple seek a holiday home in Torrevieja, Spain.
8.00 **Location, Location, Location** House-hunting in the north east with two sets of buyers.
9.00 **Grand Designs** A couple building a Viking-inspired home in the Surrey Hills.
10.00 **The Big Fat Quiz of Telly** With Harry Hill, Judi Love and Tom Allen.
12.05 AM **Celebrity Gogglebox**
1.05 **Gogglebox**
2.05 **Secret Lives of Gypsy Wives** Documentary.
3.10 **to 5.00** AM **Spy Next Door: The Anna Chapman Story**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** Five episodes, including at: **3.00** PM 7/22. Part one of three. Earth's embassy on Vulcan is bombed. (S4)
4.00 **Star Trek: Voyager** 4/26. A mysterious assailant attacks the crew members. **5.00** 5/26. The Doctor is sold to a hospital ship. **6.00** 6/26. The crew are fooled by a devious Ferengi plan. With Marina Sirtis. (S7)



9.00 Stargate Universe

7.00 **Star Trek: Voyager** *Body and Soul:* 7/26. The ship's away team are taken captive. Guest stars Megan Gallagher.

8.00 **Star Trek: Voyager** *Nightingale:* 8/26. Kim captains a damaged Kraylor ship in a bid to save the species' world. (S7)

9.00 **Stargate Universe** *Water:* 6/20. The ship's inhabitants try to find a fresh source of water. **9.50** *Earth:* 7/20. Scientists on Earth propose a way to bring the crew members home. **10.40** *Time:* 8/20. The crew contract a mysterious illness. (S1)

11.30 **Discovering Sci-Fi on Film** Critics Ian Nathan, Neil Norman and Stephen Armstrong count down and discuss their top 25 sci-fi films from the past 100 years.
12.50 AM **Grimm** 10&11/13. (S6)
2.40 **The Walking Dead** (S8)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S17)
10.00 **My Life Is Murder** (S1)
12.00 NOON **Father Brown**
4.00 PM **Maisie Raine** 3/6. The theft and subsequent misuse of DC Tomlin's warrant card adds to DI Raine's troubles. **5.00** 4/6. Maisie investigates a fire-bombing at the home of a former police officer. (S2)
6.00 **Death in Paradise** 1/8. The team celebrate Commissioner Patterson's 50 years in the job – only for an assassin to bring the party to a swift end. (S13)

6.00 Death in Paradise

7.20 **Death in Paradise** *Your Number's Up:* 2/8. The local community is rocked by a murder at a care home when a game of bingo gets horribly out of hand. Guest stars Hayley Mills.
8.40 **Death in Paradise** *Serving Up Murder:* 3/8. A chef is poisoned at the grand opening of his latest hotel, during a cooking contest in which hopefuls compete for the head chef position. (S13)

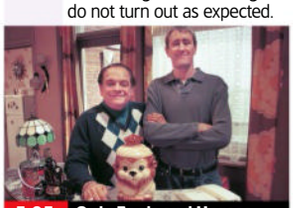
10.00 **Father Brown** *The Menace of Mephistopheles:* Goodfellow witnesses Mallory frame an innocent man for murder.
11.00 **Father Brown** *The Viper's Tongue:* Mrs McCarthy gets an unwelcome birthday surprise. **12.00** M'T *The Requiem for the Dead:* A child killer is murdered. With John Thomson.
1.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.15 AM **Only Fools and Horses**
2.05 PM **Only Fools and Horses** Christmas special from 1987. Del goes in search of treasure. **3.25** Christmas special from 2002. The Trotters embark on a booze cruise to France. **5.05** Christmas special from 2003. The Trotters desperately need money to save their cherished flat. **6.45** Christmas special of the sitcom from 1989. The Trotter brothers go on a lads' day out to Margate – but things do not turn out as expected.



5.05 Only Fools and Horses

Only Fools and Horses (started at 6.45pm)

8.40 **Only Fools and Horses** Christmas special of the sitcom from 1993. Toothache forces Del Boy to visit the dentist, but the prospect of receiving a filling is the last thing on his mind when the receptionist falls for him.

10.30 **Gavin & Stacey** The newlyweds begin leading separate lives in their home towns. Smithy takes Gavin on a boys' night out, while Stacey goes on a trip to the bingo.

11.10 **Gavin & Stacey**
11.50 **Blackadder: The Lost Pilot**
1.05 AM **Only Fools and Horses**
2.20 **Gavin & Stacey**
3.25 **to 4.00** AM **The Cleaner**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.15 AM **Eddie Eats America**
7.40 **Top Gear Patagonia Special**
10.15 **Top Gear Botswana Special**
11.20 **Top Gear India Special**
1.20 PM **Mortimer & Whitehouse: Gone Fishing** Triple bill.
3.20 **Would I Lie to You?**
4.40 **Would I Lie to You? The Unseen Bits** Unseen material.
5.20 **Would I Lie to You? At Christmas** With Bill Bailey.
6.00 **Pete Wicks: For Dogs' Sake** Pete encounters a litter of puppies that were found abandoned in a crisp box.

6.00 Pete Wicks: For Dogs' Sake

7.00 **Gavin & Stacey** Tensions between the newlyweds reach fever-pitch. **7.40** Bryn organises a birthday treat for Gwen, while Stacey prepares to tell Gavin her big decision. **8.20** The newlyweds start leading separate lives back in their home towns.

9.00 **Gavin & Stacey** Nessa goes into labour a month early in Barry.
9.40 **I'm Alan Partridge** Alan lands a TV job presenting a military-based quiz show for a cable channel. **10.20** Alan agrees to host a corporate sales conference.

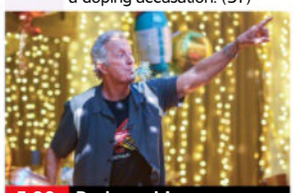
11.00 **I'm Alan Partridge** Alan tries to join Norwich's social elite.
11.40 **Not Going Out** Triple bill.
1.35 AM **Have I Got a Bit More News for You** Charlie Brooker hosts the current affairs quiz.
2.40 **Live at the Apollo**
3.25 **to 4.00** AM **QI**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.10 AM **Birds of a Feather**
9.40 **Jonathan Creek**
2.20 PM **New Tricks** *The Fame Game:* The team members investigate a lookalike agency. **3.40** *The Russian Cousin:* The team look into the murder of a private investigator.
5.00 **Darby and Joan** 5/8. Sparks fly when Jack and Joan have to share a hotel room in a pub on New Year's Eve. **6.00** 6/8. Jack faces his past mistakes when he is asked to help an athlete facing a doping accusation. (S1)



5.00 Darby and Joan

7.00 **The Brokenwood Mysteries** *Hunting the Stag:* 4/4. A groom-to-be is shot dead while on a hunting excursion during his stag trip, and none of his friends will admit to firing the bullet. (S1)

9.00 **Wallander** *Faceless Killers:* 1/3. The detective investigates the murder of an elderly couple at a remote farmhouse, but the case sparks a series of racist attacks. (S2)

11.00 **Blackshore** 2/6. Fia suspects Detective Furlong, her new partner, of having a part to play in Roisin Hurley's death. (S1)
12.10 AM **The Last Detective**
1.45 **New Tricks**
3.00 **to 4.00** AM **The Chelsea Detective**

+1 hour 243 316 60 260

Saturday

7 PM 8 PM 9 PM 10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S5)
1.55 PM **NCIS: Los Angeles**
7.00 **NCIS: Los Angeles** *The 3rd Choir:* 4/24. Hetty is targeted by a figure from her past. **8.00** *Black Budget:* 5/24. Callen and Sam search for an employee who managed to escape from a shooting. (S6)
9.00 **NCIS** *Irreconcilable Differences:* 19/20, The deputy director is investigated. (S22)
10.00 **Law & Order: Special Victims Unit** *Brothel:* 15/24. Tutuola teams up with a colleague to find the owner of a brothel. **11.00** *Facing Demons:* 16/24. A man believed to be a paedophile is investigated. (S20)
12.00 M'T **Law & Order: Special Victims Unit**
1.55 **to 3.50** AM **NCIS: Los Angeles**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Friends** (S10)
10.00 **Car Pound Cops**
3.00 PM **Nightmare Tenants, Slum Landlords** Five editions, including at: **7.00** Catching up with a landlord after he got his property back from a troublesome tenant.
8.00 **Extreme Nightmare Tenants** A lawyer must evict an anti-social tenant in Blackpool.
9.00 **Trauma Room One** A 58-year-old woman has collapsed with a bleed on the brain.
10.00 **Surgeons: A Matter of Life or Death**
11.00 **The Beckhams' Billions: How Did They Get So Rich?**
12.30 AM **Killer on the Run**
1.25 **Sleeping with My Murderer** True-crime.
2.20 **Killer at the Crime Scene** Autumn Klein.
3.10 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Police Interceptors**
2.00 PM **Highway Thru Hell**
5.05 FILM **Robbers' Roost** Western drama starring George Montgomery. (1955, U, 83min) ★★
6.55 FILM **The Scalphunters** Western adventure with Burt Lancaster. (1968, PG, 102min) ★★★
9.00 FILM **The Rock** Action thriller starring Sean Connery and Nicolas Cage. An FBI chemical weapons expert and a convict attempt to break into Alcatraz. (1996, 15, 136min) ★★★★
11.45 **The X-Files** *Dreamland – Part Two:* 5/22. Mulder attempts to prove he has switched bodies. **12.40** AM *How the Ghosts Stole Christmas:* 6/22. The duo explore a haunted house. (S6)
1.40 **The X-Files** (S6)
3.35 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
1.00 PM **999 Rescue Squad**
7.00 **Ambulance Australia** Paramedics provide critical relief at the scene of a scooter accident. **8.00** Responders attend to a four-year-old boy with a life-threatening heart condition.
9.00 **Ghosts** 4/6. A TV company film a period drama in the house. **9.40** 5/6. Mike and Alison discover that their posh neighbours have an ancient claim over their land. **10.20** 6/6. A luxury hotel chain make Mike and Alison an offer they can't refuse. (S1)
11.00 **The Young Midwives of Essex** Double bill.
1.00 AM **Inside the Ambulance**
1.35 **to 3.00** AM **Sort Your Life Out with Stacey Solomon**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Abandoned Engineering** Double bill.
8.00 **Train Truckers**
12.00 NOON **Flipping Bangers**
2.00 PM **Canal Boat Diaries**
5.00 **Planet Earth II**
7.00 **Bangers & Cash: Restoring Classics** The team send their Paul Smith Mini in for some designer tailoring by the team at Mini Sport.
8.00 **Bangers & Cash** A Mark 1 Astra GTE sends Dave into raptures.
9.00 **Dream Car Fixers** Sheldon and Will work on a 1976 Triumph Stag.
10.00 **Bangers & Cash: Restoring Classics** The team purchase a 1972 VW Fastback. **11.00** The team cannot believe their luck when a Volvo 144 rolls in.
12.00 M'T **Bangers & Cash**
2.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Devon.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
10.00 **The Yorkshire Auction House** Double bill.
12.00 NOON **The Repair Shop**
7.00 PM **The Repair Shop** The restorers work on a brooch, a ragdoll and a mis-shapen trunk. **8.00** A bicycle sidecar, a sewing stand and military drum are restored.
9.00 NEW **The Yorkshire Exorcist II** Ordained exorcist Ian Lawman returns to take on a dark, unknown spectre.
10.00 **The Yorkshire Exorcist** Ian Lawman embarks on his most personal and challenging case yet.
11.00 **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

Great! TV

157 167 170 34 32

8.00 AM **Highway to Heaven**
9.00 **Little House on the Prairie** 17-20/23. (S3)
1.00 PM **Little House on the Prairie** (S3&4)
7.00 **The Waltons** 2/24. John searches for a missing soldier. (S8) **8.00** 21/24. Ben surprises his family when he returns home with a new wife. (S7)
9.00 FILM **The Horse Whisperer** Romantic drama directed by and starring Robert Redford, with Kristin Scott Thomas. A New York magazine editor falls in love with a Montana cowboy after she takes her traumatised daughter and her horse to him for a cure. (1998, PG, 169min) ★★★★
12.30 AM **M*A*S*H** (S2)
2.25 **Rising Damp** 3/8. (S2)
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

6.05 AM **Air Rescue**
6.30 **Teleshopping**
9.10 **Murder Maps**
10.20 FILM **The Big Lift** Drama. (1950, b/w, PG, 119min) ★★★
12.55 PM FILM **The Immortal Sergeant** Drama. (1943, b/w, PG, 91min) ★★
2.55 FILM **Run Silent, Run Deep** Drama. (1958, b/w, U, 90min) ★★★
4.55 FILM **Night People** Cold War thriller. (1954, PG, 93min) ★★★
7.00 FILM **Predestination** Sci-fi thriller. (2014, 15, 98min) ★★★★
9.00 FILM **Hercules** Mythological adventure. (2014, 12, 98min) ★★★
11.05 FILM **Flight of Fury** Thriller. (2007, 15) ★
1.15 AM **The Persuaders!**
2.15 FILM **Meteor Storm** Thriller. (2010, 12) ★
3.50 **Coast Guard Alaska**
4.35 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.00 AM **Air Rescue**
8.30 **Diagnosis Murder**
9.30 FILM **Lost Letter Mysteries: Home Again** Drama. (2017, PG) ★★
11.25 FILM **Lost Letter Mysteries: The Vows We've Made** Thriller. (2021, PG, 86min) ★★
1.20 PM **Hailey Dean Mysteries** Triple bill.
6.50 **Hailey Dean Mysteries** *A Prescription for Murder:* Finch's old marine buddy is killed. **8.40** *Killer Sentence:* The CEO of a hospital is found dead.
10.30 FILM **Murder, She Baked: A Deadly Recipe** Crime drama. (2016, PG, 86min) ★★
12.35 AM FILM **Mistaken** Thriller. (2008, 12) ★★
2.35 FILM **Ties That Bind** Thriller. (2010, PG) ★★
4.05 **to 5.00** AM **Diagnosis Murder**

+1 hour 321

Great! Christmas

322 319 424 52 47

8.00 AM FILM **Mistletoe Over Manhattan** Drama. (2011, U, 90min) ★★
10.00 FILM **Christmas in the Caribbean** Comedy. (2022, PG, 90min) ★★
12.00 NOON FILM **A Christmas to Savour** (2021, U) ★★
2.00 PM FILM **Christmas Cookies** (2016, PG) ★★
3.55 FILM **The Sweetest Christmas** Romance. (2017, PG, 90min) ★★
5.50 FILM **Baking All the Way** (2022, PG) ★★
7.45 FILM **Christmas Romance Al Dente** Drama. (2020, PG) ★★
9.45 FILM **Christmas at the Plaza** (2019, U) ★★
11.40 FILM **A Kiss for Christmas** Drama. (2020, PG, 88min) ★★
1.45 AM **Highway to Heaven**
2.45 FILM **Christmas Cookies** As 2.00pm.
4.10 **to 5.00** AM **Highway to Heaven**

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
12.00 NOON **Queer Lives Today** Documentary.
12.30 PM **Love Your Home and Garden** Double bill.
2.30 **The Antiques Yard**
4.30 FILM **Hell in Normandy** World War Two drama. (1968, PG, 89min) ★★
6.30 FILM **Puppet on a Chain** Thriller starring Sven-Bertil Taube. (1970, 15, 98min) ★★★
8.30 FILM **Bang Bang You're Dead** Crime drama with Ben Foster. (2001, 15, 89min) ★★★★
10.15 FILM **Some Like It Sexy** Erotic comedy starring Christopher Matthews. (1969, 18, 65min) ★★
12.00 M'T FILM **School for Sex** Comedy with Derek Aylward and Rose Alba. (1969, 18, 80min) ★★
1.45 AM FILM **Hell in Normandy** As 4.30pm.
3.45 **to 5.00** AM **Battle of Britain: Empty Skies**

Rewind TV

182 81 164 141

6.00 AM **Space 1999** (S2)
7.00 **UFO** 2-4/26. (S1)
10.00 **Doctor in Charge**
11.30 **The Upper Hand**
12.30 PM **The Gaffer** (S2)
2.00 **Second Thoughts** (S4)
3.00 **Two's Company** (S2)
4.00 **Only When I Laugh**
5.30 **The Upper Hand** (S1)
6.30 **Doctor in Charge** (S2)
8.00 **The Gaffer** 2&3/7. (S2)
9.00 **Space 1999** *A Matter of Balance:* 15/24. The Alphans visit a bizarre planet. (S2)
10.00 FILM **Cindy and Donna** Coming-of-age drama. (1970, 18, 77min) ★
11.40 FILM **Can You Keep It Up for a Week?** Comedy starring Jeremy Bulloch. (1974, 18, 94min) ★
1.35 AM **Stereo Underground**
2.35 **Rik Mayall Presents**
3.40 **Hank the Cowboy**
3.55 **Rewind Time Machine**
4.00 **Two's Company**
5.00 **to 6.00** AM **Stereo Underground**

DMAX

159 151 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Outback Opal Hunters**
1.00 PM **Outback Crystal Hunters** Triple bill.
4.00 **Aussie Gold Hunters**
7.00 **Filthy Fortunes** The team must turn BBQ smokers into big money at a Texas-sized mess. **8.00** Matt Paxton views a marble collection.
9.00 **Extinct or Alive** Biologist Forrest Galante explores the island of Java in Indonesia in search of the Javan tiger.
10.00 **Expedition X** The team go to England to explore Chillingham, Britain's most haunted castle.
11.00 **Expedition Files**
12.00 M'T **World's Biggest Cyst: Body Bizarre**
1.00 AM **A Tiger Ate My Face: Body Bizarre**
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Barefoot Contessa: Back to Basics**
11.00 **Jamie Cooks Italy**
12.00 NOON **Michel Roux's French Country Cooking**
1.00 PM **James Martin's United Cakes of America** Four editions.
3.00 **Nigel Slater's Simple Suppers** Six editions.
6.00 **Nigel Slater's Simple Cooking** Four editions.
8.00 **Jamie Cooks Italy** Jamie Oliver visits Rome. **8.30** Jamie Oliver and Gennaro Contaldo seek out Piedmont's famous comfort food.
9.00 **Diners, Drive-Ins and Dives** New editions Guy Fieri gets funky with jerk chicken in California. **9.30** Guy digs into braised beef noodles.
10.00 PM **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM **Six Million Dollar Man** Five episodes.
12.00 NOON **The Gambler V: Playing for Keeps**
3.35 PM FILM **Charro!** Western starring Elvis Presley and Ina Balin. (1969, U, 98min) ★
5.30 FILM **Bite the Bullet** Western adventure with Gene Hackman. (1975, PG, 131min) ★★★★
8.00 **The Twilight Zone** (S3)
9.00 FILM **Driven** Drama with Sylvester Stallone and Burt Reynolds. (2001, PG, 116min) ★★
11.25 FILM **Rambo** Action drama sequel starring Sylvester Stallone. (2008, 18, 90min) ★★★
1.20 AM FILM **In the Line of Duty** Crime thriller starring Aaron Eckhart. (2019, 15, 98min) ★★
3.15 **to 5.00** AM FILM **Age of Kill** Action thriller starring Martin Kemp. (2015, 15, 82min) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 **Andromeda** (S5)
3.00 PM FILM **San Andreas Mega Quake** Thriller starring Glen Baggerly. (2019, 12, 87min) ★★
5.00 FILM **Dr Terror's House of Horrors** Horror starring Peter Cushing. (1964, PG, 98min) ★★★
7.00 FILM **Alien Convergence** Thriller starring Stephen Brown. (2017, 15, 90min) ★★
9.00 FILM **The Negotiator** Action thriller starring Samuel L Jackson and Kevin Spacey. (1998, 15, 140min) ★★★★
11.55 FILM **We Were Soldiers** Wartime drama starring Mel Gibson. (2002, 15, 137min) ★★★
2.45 AM FILM **Crack in the World** Sci-fi thriller. (1965, PG, 96min) ★★
4.40 **to 6.00** AM **The Twilight Zone**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Storage Wars**
8.20 **The UnXplained with William Shatner**
10.10 **Strange Evidence**
12.05 PM **The Proof Is Out There: Military Mysteries** Triple bill.
3.05 **What on Earth?**
6.00 **History's Greatest Mysteries** Triple bill.
9.00 **World War Weird** The unfortunate fate of the world's first tank.
10.00 **Secret Wars Uncovered** The bombing of Greenpeace ship the *Rainbow Warrior* in July 1985.
11.00 **National Park Mysteries** Four editions.
1.00 AM **Conspiracy: Bio-Hazard Island**
1.30 **Conspiracy Files: Unsealed** Documentary.
2.00 **Killer Britain with Dermot Murnaghan**
3.00 **UFO Chronicles**
5.00 **to 6.00** AM **Alien Files Reopened**

5SELECT

153 166 138 46 133 30

9.00 AM **Murder, She Wrote**
1.00 PM **Murder, She Wrote** Six episodes, including at: **5.00** *Fatal Paradise:* Jessica's friend is accused of murder. **6.00** *Crimson Harvest:* Jessica investigates two deaths at a vineyard.
7.00 **Abandoned Engineering** New edition A strange-looking town with an almost supernatural atmosphere in Finland.
8.00 **WWII Battles in Colour** The story of the Battle of the Bulge, a major German offensive campaign on the Western Front during World War Two, which took place in December 1944 and January 1945.
9.00 **The Dambusters** 1-3/3. Historian Dan Snow relives the famous 1943 bombing raid to destroy German dams.
12.00 M'T **to 4.00** AM **Prisoner: Cell Block H**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **Family Fortunes**
11.00 **Celebrity Antiques Road Trip** With Britt Ekland and Honor Blackman.
12.15 PM **Catchphrase**
1.00 **Beat the Chasers**
5.00 **The Chase Celebrity Special** With Scott Mills, Sunetra Sarker, Anthony Ogogo and Johnny Ball. **6.00** Helen Lederer, Dr Christian Jessen, JB Gill and Stephen Hendry compete for charity.
7.00 **The Chase** Double bill of the quiz show.
9.00 **The Chase Celebrity Special** Faye Tozer, Jamie Theakston, Ben Cohen and Sara Pascoe compete for charity.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions.
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** Quiz show.
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
11.00 **The Big Bang Theory**
7.00 PM **The Big Bang Theory** 18/24. Penny, Amy and Bernadette give Raj dating advice. **7.30** 19/24. Sheldon's revelation shocks Amy. **8.00** 20/24. Sheldon spills Leonard's secret. **8.30** 21/24. An argument between Leonard and Sheldon creates a rift among their friends. (S9)
9.00 **Dr Pimple Popper** John fears the large lump on his neck may eventually suffocate him. **10.00** Twins Tracie and Stacie have numerous bumps on their heads. **11.00** Shakisaha split her left earlobe after stretching it with gauges.
12.00 M'T **Dr Pimple Popper**
3.00 AM **My 600lb Life**
5.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Mr Bean** (S1)
9.00 **Friends** (S4&5)
6.30 PM FILM **Maverick** Comedy Western starring Mel Gibson and Jodie Foster. (1994, PG, 127min) ★★★
9.00 FILM **Austin Powers: The Spy Who Shagged Me** Comedy thriller sequel with Mike Myers and Heather Graham. (1999, 12, 94min) ★★★
10.55 **8 Out of 10 Cats Uncut** With Joe Wilkinson, Ellie Taylor, Natalie Cassidy and Gabby Logan. **11.45** With Hannibal Buress, Sam Buttery, Stephen Mangan and Katherine Ryan.
12.35 AM **Stupid Central**
1.35 **Kerry Godliman: Bandwidth** Stand-up.
3.00 **Lee Evans: Monsters**
3.50 **The Comedy Bus**
4.15 **to 5.00** AM **Stupid Central**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S9)
7.00 **Teleshopping**
9.00 **Michael McIntyre's Big Show** As 8.00pm.
10.00 **Sabrina the Teenage Witch** (S1&2)
7.00 PM **Sabrina the Teenage Witch** 15/26. Sabrina catches the flu in her pointing finger. **7.30** 16/26. Guest stars Shelley Long. (S2)
8.00 **Michael McIntyre's Big Show** With Cheryl, Peter Andre and George Ezra.
9.00 **Friends** 10/24. Ross turns to Joey for advice on being unemployed. **9.30** 11/24. The pals make New Year's resolutions. (S5)
10.00 **Friends** (S5)
3.45 AM **Jimmy Carr's Am I the A**hole?**
4.30 **Iain Stirling's Roast the Internet**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

56 42

8.00 AM **That's 60s: Best Music Live!**
8.05 **Steptoe and Son**
11.20 **Rising Damp** (S4)
1.55 PM **Man About the House** (S2&3)
5.55 **Just Good Friends Christmas Special**
7.55 **Minder** 9/13. (S3)
9.00 **Benidorm** 1/9. Madge's new boyfriend Mel has a diving competition with The Oracle. **9.25** 2/9. Martin and Kate babysit Telle's youngster Coolio. (S2)
9.55 **Shameless** 11/16. (S7)
10.55 **Man About the House**
11.35 **Mind Your Language**
12.05 AM **Benidorm** 1/9.
1.05 **Minder** 6/13. (S8)
2.05 **Birds of a Feather** (S12)
2.25 **Man About the House**
2.55 **The Kenny Everett Video Show** (S2)
3.20 **That's 60s: Best Music Live!**
4.00 **to 5.00** AM **Nearest and Dearest**

MTV

126/127 137 134 351 366

6.00 AM **Daria** 4/13. (S3)
6.25 **Teen Mom 2**
7.10 **Dallas Cowboys Cheerleaders**
10.00 **Teen Mom: The Next Chapter** Triple bill.
1.00 PM **Charmed** (S1&2)
6.00 **Catfish: The TV Show**
7.00 **Catfish: Worst Offenders** Featuring the first intervention ever for a repeat catfish.
8.00 **Catfish: The TV Show** A father wants to meet a woman he has been chatting to online.
9.00 **Skin A&E** Four top dermatologists treat patients for cysts, lipomas and skin tags.
10.00 FILM **Angels & Demons** Mystery thriller based on Dan Brown's novel, starring Tom Hanks. (2009, 12, 138min) ★★
1.00 AM **MTV Unplugged**
2.00 **Dating Naked**
2.45 **All Star Shore**
3.35 **to 4.00** AM **Daria**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How Do They Do It?**
9.00 **Dr Jeff: Rocky Mountain Vet**
12.00 NOON **The Last Alaskans** Six editions, including at: **3.00** PM The families begin their winter preparations. **4.00** Heimo takes Krin and Scott caribou hunting. **5.00** Heimo boats down to the late Bob Harte's homestead to collect mementos for Bob's family.
6.00 **Deadliest Catch** Captains Sig and Sophia shift their strategy as injuries plague the *Northwestern* deck crew.

12.00 The Last Alaskans

7.00 **Ant Anstead Master Mechanic** The Alfa build nears the halfway point. **7.30** Ant's 158 and injured arm both progress.

8.00 **Maine Cabin Masters** Chase Morrill and his crew work to save an old cabin that the owner bought from his father.

9.00 **Naked and Afraid: Global Showdown** Two teams score crab, stingray and octopus, but the third struggles. An intense smoke-and-snare challenge leads to a shocking final elimination.

11.00 **Expedition Files** Investigating Edgar Allan Poe's death.
12.00 M'T **Mystery at Blind Frog Ranch** As winter looms over the ranch, the team get lost in a maze of tunnels.
1.00 AM **How the Universe Works**
3.00 **to 5.00** AM **American Chopper**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **Alaska: Homestead Rescue** Misty enlists her family to build a predator-proof coop. **4.00** The family self-shoot preparation for an expansion.
5.00 **Treehouse Masters** Pete builds a five-platform structure for a nature preserve in Michigan.
6.00 **Preposterous Pets** The story of an obsessive fan of lizards.

7.30 How Do Animals Do That?

7.00 **How Do Animals Do That?** A look at why cows are always chewing. **7.30** How seahorses are almost indestructible.

8.00 **Extinct or Alive** Forrest Galante travels to the remote Galapagos Islands in search of the fabled Fernandina tortoise.

9.00 **Alaskan Bush People: Bushcraft Chronicles** The Browns revisit some of their greatest hunting expeditions.

10.00 **Tanked** The team build an aquarium inside MMA fighter Urijah Faber's new gym, and a couple want a tank for a convention.

11.00 **Alaska: The Last Frontier**
12.00 M'T **Edge of Alaska** Jeremy seeks a bulldozer lost in the frozen wilderness. **1.00** AM Jenny tackles a dangerous survival mission.
2.00 **The Haunted**
3.00 **Extinct or Alive**
4.00 **to 5.00** AM **The Zoo**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
10.00 **Cheetahs Up Close with Bertie Gregory**
11.00 **Lion** Four editions.
2.40 PM **Ocean with David Attenborough** Documentary.
4.30 **When Sharks Attack and Why** Five terrifying shark attacks in Charleston.
5.00 **Air Crash Investigation** Investigators uncover two key factors that led to an Illinois turboprop's horrific crash. **6.00** The crash of a cargo flight on its final approach.

8.00 9/11 Reunited

7.00 **Destruction Decoded** The 10 worst crashes in motorsport, featuring archive footage and CGI reconstructions.

8.00 **9/11 Reunited** 1/3. Uncovering the events of the 9/11 terrorist attacks that took place in New York in 2001.

9.00 **9/11 Reunited** 2/3. Focusing on what happened between 9:07am and 10:15am on the day of the attacks.

10.00 **9/11 Reunited** 3/3. Survivors and rescuers recall the aftermath of the 9/11 attacks.

11.00 **Top Guns: The Next Generation** A student's dreams are challenged during advanced bombing training. **12.00** M'T The students learn to land on an aircraft carrier. **1.00** AM The students start the dogfighting phase of training to learn how to attack.
2.00 **to 5.00** AM **Top Guns: The Next Generation**

Sky History

123/124 115/116 131 353 368

6.00 AM **American Pickers**
7.00 **Hardcore Pawn**
10.00 **History's Greatest Machines with Dolph Lundgren**
11.00 **Battle Treasures with Foxy and Bruce** Double bill.
12.00 NOON **Secrets of the Lost Liners** Double bill of editions.
2.00 PM **Storage Wars** Six editions.
5.00 **World's Most Unexplained** Four editions, including at: **6.00** A mystery surrounding a series of paintings of children. **6.30** A curse haunts the discoverers of Tutankhamun.

6.30 World's Most Unexplained

7.00 **Britain's Most Historic Towns** Alice Roberts explores the city of Chester and examines its Roman heritage.

8.00 **Britain's Most Historic Towns** Alice Roberts tells the story of Viking England by studying the history of York.

9.00 **Hell on Earth: WWII** Examining World War Two in its third year with battlefields in Eastern Europe and North Africa.

10.00 **Hell on Earth: WWII** Focusing on a 1942 battle between the Nazis and Soviet Union in Stalingrad.

11.00 **Mysteries Unearthed with Danny Trejo** The world's most significant secrets. **12.00** M'T The world's most significant discoveries.
1.00 AM **World's Most Unexplained** Four editions.
3.00 **Britain's Most Historic Towns**
5.00 **to 6.00** AM **History's Greatest Machines with Dolph Lundgren**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Discovering: Jeremy Irons**
7.00 **Discovering: John Travolta**
8.00 **The Directors**
8.50 **On the Line: The Richard Williams Story**
10.40 **JFK: Destiny Betrayed**
11.45 **JFK: Destiny Betrayed**
12.50 PM **JFK: Destiny Betrayed**
1.55 **JFK: Destiny Betrayed**
3.00 **Rainbow Warrior** The sinking of the Greenpeace ship by French secret service agents.
5.00 **Lancaster** The story of the bomber synonymous with the Dambusters.

5.00 Lancaster

7.00 **Spitfire** The story of the British single-seat fighter plane the Supermarine Spitfire, designed by RJ Mitchell and famous for its role in the Battle of Britain.

7 PM

8 PM

9 PM

10 PM

9.00 **The Essex Murders** 1/3. Documentary about the 1995 killing of three notorious criminals known as the Essex Boys.

10.00 **The Essex Murders** 2/3. Examining the questions that remain about the convictions of Michael Steele and Jack Whomes.

11.00 **The Essex Murders** 3/3. The hunt for an alternative suspect, uncovering revelations that could turn the case on its head.
12.00 M'T **Savage Mountain** The story of Kristin Harila's record-breaking climb of the world's 14 highest mountains.
2.00 AM **I Am MLK Jr**
4.00 **to 6.00** AM **The Loneliest Whale: The Search for 52**

Quest

140/141 149 128/137 17 145 18

6.00 AM **Massive Engineering Mistakes**
8.00 **Ant Anstead: Born Mechanic**
9.00 **Wheeler Dealers**
3.00 PM **MotoGP**
4.00 **Shed and Buried: Classic Cars**
5.00 **Sled and Buried: Christmas Special**
6.00 **Shed and Buried**
8.00 **Ant Anstead: Born Mechanic** Ant takes on a BMW Isetta.
9.00 **The Repair Shop** Items include a penny farthing and a clocking-on clock. **10.00** Restoring a battered barber's pole.
11.00 **Outback Opal Hunters**
12.00 M'T **Outback Truckers**
1.00 AM **Ancient Unexplained Files**
3.00 **NASA's Unexplained Files** Documentary.
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/146 40 146 34

7.00 AM **Say Yes to the Dress**
8.00 **Curvy Brides Boutique**
10.00 **Forensic Detectives**
11.00 **A Killer's Mistake**
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **The Perfect Murder**
7.00 **The Perfect Murder** A body found on a high-school tennis court. **8.00** The murder of Kimberly Antonakos.
9.00 NEW SERIES **A Killer Among Friends** A woman vanishes in Florida, and her friends discover she lived a secret double life.
10.00 **The Curious Case Of...** New edition Across states and years, one woman crafts shifting identities.
11.00 **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Murder – Smoke and Lies** A look at the case of Nikitta Grender.
8.00 **UK Crime Files: Newport Revenge Murder** A look at how an assault investigation jeopardised Robert Henry Davies' life.
9.00 **UK Crime Files: Murder Against All Odds** A case file that shocked the city of Newport in 1992.
10.00 **UK Crime Files: Lady Killer** The story of how the murder of an actor triggered a manhunt.
11.00 **UK Crime Files: Brothers Who Kill**
12.00 M'T **UK Crime Files: Family Murders**
1.00 AM **Killers: Caught on Camera** Triple bill.
4.00 **to 5.45** AM **Judge Judy**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
10.45 **Teleshopping**
11.00 **Medical Detectives**
12.00 NOON **Killers: Caught on Camera** Triple bill.
3.00 PM **UK Crime Files: Britain's Youngest Contract Killer** The story of Gulistan Subasi, who was shot dead on her mother's doorstep.
4.00 **UK Crime Files: Kidnap and Murder of an Heiress** Investigating the case of Muriel McKay.
5.00 **UK Crime Files: The Most Evil Woman in Britain** Examining the crimes of Myra Hindley and Ian Brady.
6.00 **UK Crime Files: The Party Killer** The story of how Charlotte Pinkney vanished in Ilfracombe.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Stop, Search, Seize**
7.00 **Nothing to Declare**
8.00 **Road Wars**
9.00 **Caught on Dashcam**
10.00 **Caught Red Handed**
12.00 NOON **Caught on Dashcam** Road disasters.
1.00 PM **Face to Face with Scott Peterson**
4.30 **The Murderer & Me**
6.00 **Killer in My Village**
7.00 **Forensics: Catching the Killer** The murder of Raymond Cullen. **8.00** The death of a Lithuanian immigrant.
9.00 **Murder Nation** The disappearance of women in New Mexico.
10.00 **World's Most Notorious Killers**
11.35 **Mind Over Murder**
3.00 AM NEW SERIES **Crime Scene Raw** True crime.
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's Extremes**
8.35 **World of Stonehenge**
1.00 PM **The Normans** The unchecked ambition of the Norman empire. **2.15** The conquest of Britain and Ireland. **3.35** The expansion towards southern Europe. **4.55** The purpose of the *Domesday Book*.
6.10 **Athens: Birth of Democracy** The origins of democracy in Greece 2,500 years ago.
7.20 **World of Stonehenge** Exploring the origins of Britain and its people. **8.30** Farming's impact on social evolution. **9.40** Examining Stone Age monuments in Britain and Ireland. **10.50** An exploration of the Bronze Age.
12.00 M'T **Athens: Birth of Democracy** As 6.10pm.
1.15 **to 2.00** AM **Weathered: Earth's Extremes**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

SATURDAY

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Baby Animals**
7.00 **Arctic Secrets** Double bill.
9.00 **Leopard Dynasty: The Rise of Rana** Documentary.
10.00 **13 Hours To Survive**
12.00 NOON **Violent Earth**
1.00 PM **Shark with Steve Backshall** Triple bill of editions.
4.00 **Shark: British Isles Special with Steve Backshall**
5.00 **Great Barrier Reef with David Attenborough** 1&2/3.
7.00 **Great Barrier Reef with David Attenborough** 3/3. Examining what the future holds the reef.
8.00 **World's Most Toxic Animals** A look at some of the most deadly animals on the planet. **9.00** Featuring a look at the world's most venomous spider.
10.00 **Africa's Hunters** Three lionesses go into labour. **11.00** The runt of a litter of lion cubs becomes separated, and would seem to be doomed.
12.00 M'T **My Wild Cats**
2.00 AM **Beasts of the Big Blue**
4.00 **to 6.00** AM **Dogs with Extraordinary Jobs**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Crimes That Shook Britain**
11.00 **Secrets of Great British Castles** Double bill of editions.
1.00 PM **Instruments of Death**
2.00 **Ancient Aliens**
4.00 **Weird Britain** Double bill.
6.00 **Guns That Changed the Game**
7.00 **Discovered by Disaster**
8.00 **Hazardous History with Henry Winkler** The most ill-advised household products.
9.00 **Colosseum** With Rome and the Colosseum in decline, a single man turns to the arena.
10.00 **Forbidden History** Revealing clues about the whereabouts of King Solomon's mines.
11.00 **Ancient Aliens** New evidence of a extraterrestrial intervention on Earth in the distant past. **12.00** M'T A theory that aliens may have colonised a pre-Ice Age Antarctica.
1.00 AM **Iconic Combat Machines**
2.00 **World War II: Witness to War**
3.00 **Combat Trains**
4.00 **Crimes That Shook Britain**
5.00 **to 6.00** AM **Looting History**

Discovery Science

167 148 179

8.00 AM **The Dino Hunters**
10.00 **How It's Made**
12.00 NOON **How It's Made: Dream Cars** Four editions.
2.00 PM **How the Universe Works**
4.00 **Through the Wormhole with Morgan Freeman**
6.00 **How It's Made**
8.00 **Alien Highway** A series of strange animal deaths and UFO sightings brings Chuck and the team to Colorado. **9.00** Chuck receives a map supposedly leading him to recovered materials from the Roswell incident.
10.00 **The Alaska Triangle** Experts examine the possibility of an interdimensional portal. **11.00** Hunters set out to investigate whether a huge, ape-like beast is responsible for a string of mutilations in Alaska.
12.00 M'T **Expedition Bigfoot**
2.00 AM **Unexplained and Unexplored** Double bill.
4.00 **to 6.00** AM **How It's Made: Dream Cars**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **Hometown Tragedy**
8.55 **Court Cam**
3.40 PM **My Strange Arrest**
5.00 **Text Me When You Get Home**
7.00 **Check-In to Murder** A single mother who walked into a deadly trap set by a jealous ex.
8.00 **Last Night Out** The shooting of a pregnant woman.
9.00 **Predator Files** A pizza delivery driver becomes dangerously obsessed with a decoy. **9.30** Police close in on the delivery man, who races to secure a safe house before lies and danger spiral out of control. **10.00** A manipulative predator is tracked after he targets a 12-year-old decoy. **10.30** Exploring how predators disguise harmful intentions.
11.00 **Interrogation Cam**
12.00 M'T **Fugitives Caught on Tape**
1.00 AM **I Survived a Crime**
2.00 **I Met My Murderer Online**
3.00 **to 6.00** AM **Hometown Tragedy**

+1hour 256 333

WILD

165 145 182

8.00 AM **Critter Fixers: Country Vets**
10.00 **Secrets of the Zoo: Tampa Compilation**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **American Amazon**
2.00 **World's Biggest Sharks**
3.00 **Baby Sharks in the City**
4.00 **Europe from Above** Aerial footage of Poland.
5.00 **Europe from Above: Summer**
6.00 **Europe from Above** Exploring Germany from the air.
7.00 **Europe from Above: Spring**
8.00 **Jane Goodall: The Hope** The primatologist's conservation work over the last 30 years.
10.00 **Underdogs** A look at how underdogs use gross-out tactics to win in the game of life.
10.50 **Nilgiris: A Shared Wilderness** The story of India's very first UNESCO Biosphere Reserve.
12.00 M'T **Bizarre Animal Friends**
1.00 AM **Alaska Animal Rescue**
2.00 **World's Weirdest Animal Faces** Documentary.
3.00 **World's Weirdest Animals: Freaky Families**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

161/172 147 181

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
10.00 **Combat Dealers: Reloaded**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Triple bill.
6.00 **How the Universe Works** Exploring the possibility of life on Mars in previous eras. **7.00** NASA research is used to compile a list of the top six most destructive stars. **8.00** Scientists investigate whether there might be warm liquid water on Pluto.
9.00 **Massive Engineering Mistakes** A disaster occurs during the construction of a huge bridge. **10.00** In Kansas City, stormy weather brings down the roof of a state-of-the-art stadium. **11.00** In Canada, a tragedy strikes a busy shopping centre.
12.00 M'T **Blowing Up History: Seven Wonders**
2.00 AM **Combat Dealers**
3.00 **to 5.00** AM **Combat Dealers: Reloaded**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Abandoned Engineering** Four editions, including at: **12.00** NOON A Middle Eastern region littered with ruins.
1.00 PM **Asia** Eight editions of the documentary, including at: **6.20** Footage of the wildlife of Asia's forests, including Bengal tigers, greater one-horned rhinos and purple frogs. **7.40** Footage of animals in Asia that live at extremely close quarters with people, from tigers making a home in town to elephants stopping traffic. **9.00** Animals that live in Asia's deserts and dry grasslands, including the Gobi bear, one of the rarest animals on Earth that communicate by leaving their scent on ancient trees. **10.20** The series concludes with a look at the work of people striving to protect Asia's endangered wildlife, and what routes conservation could take in the future.
11.40 PM **to 6.00** AM **Asia**

+1hour 266 376

ID

154 140 166

8.00 AM **The Perfect Murder**
12.00 NOON **Homicide City: Charlotte** Four editions.
4.00 PM **The 1980s: The Deadliest Decade** A look into how the marriage of Joe and Diane Pikul ended in violence. **5.00** Investigating the fatal stabbing of Kirsten Costas. **6.00** Investigating the case of Rebecca Schaeffer. **7.00** The case of Helen Mintiks.
8.00 **Truth About Murder with Sunny Hostin** Exploring the murder of Malinada Gibbons.
9.00 **Mean Girl Murders** Jealousy spirals out of control in the female fitness world.
10.00 **Quiet on Set: The Dark Side of Kids TV** Female writers face a sexist environment. **11.00** As Dan Schneider's power grows, new child actors face abuse on set.
12.00 M'T **The Lake Erie Murders**
2.00 AM **Faking It: Tears of a Crime**
4.00 **to 6.00** AM **Deadline: Crime with Tamron Hall**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **Kindig Customs: Road to the Ridler** Triple bill.
10.00 **Extreme RVs**
11.00 **Bangla Bangers**
12.00 NOON **Guz Khan's Custom Cars** Triple bill.
3.00 PM **Bangla Bangers**
5.00 **Goblin Works Garage**
7.00 **Hell Roads** Documentary.
8.00 **Shed and Buried** In Surrey, Henry Cole and Sam Lovegrove find automotive sculptures. **8.30** Henry and Sam meet a collector whose cottage is like a transport museum. **9.00** Henry and Sam seek items in the West Country. **9.30** Henry and Sam find riches in Cornwall.
10.00 **Richard Hammond's Workshop** Richard must come up with a plan to raise funds. **11.00** Richard helps his best friend fulfil a childhood dream. **12.00** M'T The team try to win a rare 1950s Porsche 356.
1.00 **to 4.00** AM **Kindig Customs: Road to the Ridler**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.45 AM **PREMIERE Panda Plan 2: The Magical Tribe** (2026)
8.30 **Charlie the Wonderdog** Animation. (2025, PG, 92min)
10.10 **GOAT** As shown at 6.00pm.
11.55 **Rise of the Conqueror**
2.00 PM **Hamnet** As 11.40pm.
4.15 **PREMIERE Panda Plan 2: The Magical Tribe** Action comedy sequel starring Jackie Chan. (2026, PG, 100min)
6.00 **GOAT** Animated adventure. (2026, PG, 100min) ★★★

4.15 Panda Plan 2

7.45 **Rise of the Conqueror** Action adventure starring Christian Mortensen and Mahesh Jadu. As the Mongol Empire crumbles, a warrior must renounce his loyalties to protect the fate of the Silk Road. (2026, 15, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

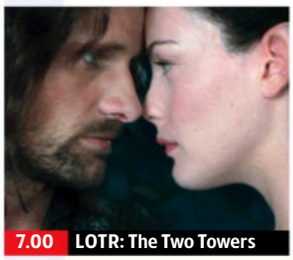
9.50 **Five Nights at Freddy's 2** Horror sequel starring Josh Hutcherson. One year after the nightmare at Freddy Fazbear's Pizza, Mike and Vanessa are pulled back into a terrifying series of events. (2025, 15, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Hamnet** Drama starring Paul Mescal and Jessie Buckley. (2025, 12, 125min) ★★★★
1.50 AM **Seven Snipers** Thriller. (2025, 15, 87min) ★★★
3.25 **Signal One** Sci-fi thriller. (2026, 15, 87min) ★★★★
5.00 **to 7.10** AM **Rise of the Conqueror** As 7.45pm.

Sky Cinema Lord of the Rings

303 303 403 503 517

6.00 AM **The Lord of the Rings: The Fellowship of the Ring**
9.10 **The Lord of the Rings: The Two Towers** As 7.00pm.
12.20 PM **The Lord of the Rings: The Return of the King**
3.50 **The Lord of the Rings: The Fellowship of the Ring** Fantasy starring Elijah Wood. (2001, PG, 178min) ★★★★★
7.00 **The Lord of the Rings: The Two Towers** Epic fantasy. (2002, 12, 179min) ★★★★★



7.00 LOTR: The Two Towers

The Lord of the Rings: The Two Towers (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Lord of the Rings: The Return of the King** Epic fantasy adventure starring Elijah Wood, Ian McKellen and Viggo Mortensen. As the forces of good and evil contend in a massive battle before the citadel of Minas Tirith, Frodo Baggins nears the end of his quest. (2003, 12, 201min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.20 AM **The Lord of the Rings: The Fellowship of the Ring**
4.20 **to 7.20** AM **The Lord of the Rings: The Two Towers**

Sky Cinema Drama

310 310 410 510 524

7.35 AM **A Star Is Born** Drama. (2018, 15, 136min) ★★★★★
9.55 **The Illusionist** Period mystery. (2006, PG, 110min) ★★★★
11.45 **Hamnet** As shown at 8.00pm.
1.55 PM **True Grit** Western remake. (2010, 15, 110min) ★★★★
3.55 **Regretting You** Melodrama. (2025, 12, 116min) ★★★
5.55 **About Time** Romantic comedy. (2013, 12, 120min) ★★★
8.00 **Hamnet** Historical drama starring Paul Mescal and Jessie Buckley. After losing their son to plague, Agnes and William Shakespeare grapple with grief. (2025, 12, 125min) ★★★★
10.10 **Jerry Maguire** Comedy drama starring Tom Cruise. An idealistic sports agent finds support from an adoring single mother and a pugnacious American football star. With Cuba Gooding Jr and Renée Zellweger. (1996, 15, 139min) ★★★★
12.30 AM **Chicago** Musical drama. (2002, 12, 112min) ★★★★
2.25 **September 5** Fact-based thriller. (2024, 15, 95min) ★★★★
4.05 **The End of the Affair** Romantic drama. (1955, PG, 106min) ★★
5.55 **to 7.35** AM **Flashdance** Dance drama. (1983, 15, 96min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.50 AM **Wolf Man** As 3.45am.
8.40 **Blade Runner 2049** Thriller sequel starring Ryan Gosling. (2017, 15, 164min) ★★★★★
11.30 **The Crazies** Horror remake starring Timothy Olyphant. (2010, 15, 101min) ★★★★
1.25 PM **Constantine** Supernatural thriller starring Keanu Reeves. (2005, 15, 121min) ★★★
3.40 **28 Years Later** As 12.05am.
5.40 **Terminator 2: Judgment Day** Sci-fi action thriller sequel starring Arnold Schwarzenegger. (1991, 15, 146min) ★★★★★
8.00 **Get Out** Jordan Peele's psychological thriller with Daniel Kaluuya and Allison Williams. (2017, 15, 104min) ★★★★★
10.00 **The Exorcist** Occult horror chiller starring Max von Sydow, Linda Blair, Jason Miller and Ellen Burstyn. A priest battles to exorcise a powerful demon. (1973, 18, 121min) ★★★★★
12.05 AM **28 Years Later** Horror. (2025, 15, 115min) ★★★★
2.05 **Mad Max** Cult action thriller. (1979, 15, 93min) ★★★★★
3.45 **Wolf Man** Werewolf horror. (2024, 15, 103min) ★★★
5.35 **to 6.20** AM **Sky Cinema Preview**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.20 AM **Sketch** Fantasy comedy. (2025, 12, 93min) ★★★★
7.55 **A Dog's Purpose** Comedy. (2017, PG, 100min) ★★★
9.40 **Look Who's Talking** (1989)
11.20 **Look Who's Talking Too**
12.45 PM **Look Who's Talking Now**
2.25 **The Smurfs** Family adventure. (2011, U, 103min) ★★
4.10 **The Smurfs 2** Adventure sequel. (2013, U, 104min) ★★
6.00 **Wicked: For Good** Fantasy. (2025, PG, 137min) ★★★

8.35 The Karate Kid

8.35 **The Karate Kid** Martial arts adventure starring Jaden Smith and Jackie Chan. A 12-year-old American boy relocates to Beijing with his widowed mother and learns kung fu in order to protect himself from a local gang of bullies. With Taraji P Henson and Wenwen Han. (2010, PG, 140min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **Look Who's Talking** Comedy. (1989, 12, 96min) ★★★
12.45 AM **Look Who's Talking Too** Comedy sequel starring Kirstie Alley. (1990, 12, 77min) ★
2.10 **Look Who's Talking Now** Comedy sequel starring Kirstie Alley. (1993, 12, 95min) ★
3.50 **Zoo** Drama with Toby Jones. (2018, PG, 97min) ★★★
5.30 **to 7.10** AM **Journey 2: The Mysterious Island** Fantasy. (2012, PG, 94min) ★★★

Sky Cinema Action

306 306 407 507 521

7.10 AM **Cinema List: Trapped**
7.30 **S.W.A.T.** (2003, 12) ★★★
9.35 **Transformers** Adventure. (2007, 12, 144min) ★★★★
12.00 NOON **Transformers: Age of Extinction** Sci-fi adventure. (2014, 12, 166min) ★★★
2.50 PM **Transformers: Dark of the Moon** Adventure sequel. (2011, 12, 154min) ★★★
5.25 **Transformers: Revenge of the Fallen** Adventure sequel. (2009, 12, 149min) ★★★

10.40 Enter the Dragon

8.00 **Transformers: The Last Knight** Sci-fi adventure sequel starring Mark Wahlberg and Anthony Hopkins. The shape-changing robots must find an ancient artefact to protect Earth from their own creator. With Gemma Chan and Stanley Tucci. (2017, 12, 155min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **Enter the Dragon** Action thriller starring Bruce Lee. An undercover agent infiltrates a martial arts competition on an island fortress. With John Saxon. (1973, 18, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **First Knight** Drama. (1995, PG, 134min) ★★★
3.05 **300: Rise of an Empire** Fantasy adventure sequel. (2014, 15, 100min) ★★★
5.05 **Sky Cinema Preview**
5.40 **to 7.20** AM **Sisu: Road to Revenge** Action drama sequel. (2025, 15, 89min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

7.15 AM **Bride Wars** Comedy. (2009, 12, 85min) ★★★
8.55 **Panda Plan** (2024, 15) ★★★
10.45 PREMIERE **Panda Plan 2: The Magical Tribe** Comedy sequel. (2026, PG, 100min)
12.40 PM **Kindergarten Cop** (1990)
2.40 **The Man with Two Brains** Comedy. (1983, 15) ★★★★
4.15 **Superbad** Teen comedy. (2007, 15, 113min) ★★★★
6.10 **Beverly Hills Cop 3** Comedy sequel. (1994, 15, 104min) ★★

8.00 The Death of Stalin

8.00 **The Death of Stalin** Armando Iannucci's political satire following the Soviet dictator's last days and depicting the chaos of the regime after his death. Stars Andrea Riseborough, Jason Isaacs and Steve Buscemi. (2017, 15, 106min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Mr Bean's Holiday** Slapstick comedy starring Rowan Atkinson. When Mr Bean wins a holiday to France, his clumsy mishaps have unexpected consequences for the people he runs into. (2007, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Kindergarten Cop** Comedy thriller. (1990, 15, 111min) ★★★
1.45 AM **The Man with Two Brains**
3.30 **Multiplicity** Fantasy comedy. (1996, 12, 117min) ★★★
5.35 **to 7.20** AM **The Ballad of Wallis Island** Comedy drama. (2025, 12, 100min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.30 AM **King Ivory** Crime thriller. (2024, 15, 130min) ★★★
8.50 **Force of Nature: The Dry 2** Thriller. (2024, 15) ★★★
10.55 **The Accountant** Thriller. (2016, 15, 123min) ★★★
1.15 PM **Sherlock Holmes** Adventure. (2009, 12) ★★★★
3.25 **Sherlock Holmes: A Game of Shadows** Adventure sequel. (2011, 12, 128min) ★★★
5.35 **The Bourne Legacy** Thriller. (2012, 12, 129min) ★★★

10.10 A Clockwork Orange

8.00 **Jason Bourne** Action thriller sequel starring Matt Damon and Tommy Lee Jones. Former government operative Jason Bourne is drawn out of hiding to uncover more truths about his father. With Julia Stiles and Alicia Vikander. (2016, 12, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **A Clockwork Orange** Director Stanley Kubrick's futuristic satire based on the novel by Anthony Burgess, starring Malcolm McDowell. In the near future, a violent thug is reconditioned using a form of mind control. (1971, 18, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Now You See Me** Thriller. (2013, 12, 115min) ★★★
2.50 **Now You See Me 2** Thriller sequel. (2016, 12, 124min) ★★★
5.10 **to 6.00** AM **Sky Cinema Preview**

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Togo** Period adventure. (2019, 15, 95min) ★★★★
1.15 PM **Spies in Disguise** Animated family adventure. (2019, PG, 98min) ★★★★
3.15 **Those Magnificent Men in Their Flying Machines** Comedy adventure. (1965, U) ★★★
5.55 **The Greatest Showman** Musical drama starring Hugh Jackman and Zac Efron. (2017, PG, 102min) ★★★★

8.00 Murder on the Orient...

8.00 **Murder on the Orient Express** Agatha Christie mystery directed by and starring Kenneth Branagh, with Daisy Ridley, Judi Dench, Olivia Colman and Johnny Depp. Hercule Poirot investigates the killing of a businessman on board the famous train. (2017, 12, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Ghost Rider** Adventure starring Nicolas Cage. A motorcycle stuntman sells his soul to the Devil and leads a double life as a flaming vigilante skeleton. (2006, 12, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 **to 3.15** AM **Bone Tomahawk** Western horror starring Kurt Russell and Patrick Wilson. A sheriff and his posse set out to rescue townsfolk abducted by cannibalistic cave-dwellers. (2015, 18, 132min) ★★★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Animation

302 302 402 502 516

6.05 AM **GOAT** As 8.50pm.
7.50 **Tom and Jerry: Forbidden Compass** Animated family adventure. (2025, PG, 104min)
9.35 **Wallace & Gromit: The Curse of the Were-Rabbit** Animated family comedy adventure. (2005, U, 85min) ★★★★★
11.05 **Cloudy with a Chance of Meatballs** Animated comedy. (2009, U, 90min) ★★★★

12.40 PM **GOAT** As 8.50pm.
2.25 **The Ant Bully** Animation. (2006, U, 89min) ★★★★
4.00 **Madagascar** Animated comedy. (2005, U, 86min) ★★★★
5.30 **Minions** Animated comedy. (2015, U, 91min) ★★★★
7.05 **The Lego Movie** Animation. (2014, U, 100min) ★★★★★
8.50 **GOAT** Animated adventure with the voice of Caleb McLaughlin. (2026, PG, 100min) ★★★
10.35 **Angry Birds Movie** Animation. (2016, U, 97min) ★★★

12.15 AM **Angry Birds Movie 2** Animation. (2019, U) ★★★
1.55 **Happy Feet** Animated musical. (2006, U, 108min) ★★★★
3.45 **Happy Feet Two** Animated sequel. (2011, U, 100min) ★★★
5.30 **to 7.05** AM **Trolls World Tour** Animation. (2020, U) ★★★

Sky Cinema Greats

307 307 404 504 518

6.00 AM **Annie** As 11.35am.
8.10 **Small Soldiers** Adventure. (1998, PG, 99min) ★★★★
10.05 **The Borrowers** Adventure. (1997, U, 86min) ★★★★
11.35 **Annie** Musical. (1982, U) ★★★
1.45 PM **Hook** Fantasy adventure. (1991, U, 140min) ★★★
4.15 **E.T. The Extra Terrestrial** Steven Spielberg's sci-fi fantasy. (1982, U, 114min) ★★★★★

6.20 **Bean** Comedy starring Rowan Atkinson and Peter MacNicol. (1997, PG, 90min) ★★★
8.00 **Matilda** Roald Dahl's fantasy starring Danny DeVito, Rhea Perlman and Mara Wilson. (1996, PG, 98min) ★★★★
9.40 **Free Willy** Adventure starring Jason James Richter as a 12-year-old boy who tries to free a whale from a marine park. (1993, U, 112min) ★★★★
11.40 **The Karate Kid** Adventure. (1984, 12, 127min) ★★★★

1.50 AM **The Karate Kid Part II** Martial arts adventure sequel. (1986, PG, 113min) ★★
3.45 **The Karate Kid: Part III** Martial arts adventure sequel. (1989, PG, 111min) ★
5.40 **to 7.15** AM **Stuart Little** Fantasy. (1999, U, 84min) ★★★★★

Disney+ Cinema

305 305

6.00 AM **The Good Dinosaur** Animation. (2015, PG) ★★★★
7.45 **Wish** Animated fantasy. (2023, U, 95min) ★★★★
9.20 **Mary Poppins Returns** Musical. (2018, U, 130min) ★★★★
11.35 **Brave** Animated adventure. (2012, PG, 93min) ★★★★
1.10 PM **The Little Mermaid** Animated musical adventure. (1989, U, 87min) ★★★★★

2.40 **Chronicles of Narnia: The Lion, The Witch and The Wardrobe** Fantasy. (2005, PG) ★★★★
5.05 **Raya and the Last Dragon** Animation. (2021, PG) ★★★★
6.55 **Mufasa: The Lion King** Animated adventure prequel. (2024, PG, 118min) ★★★
9.00 **The Bob's Burgers Movie** Animated family comedy. (2022, PG, 102min) ★★★
10.45 **Dodgeball: A True Underdog Story** Comedy with Ben Stiller. (2004, 12, 92min) ★★★★

12.20 AM **A Real Pain** Comedy drama starring Kieran Culkin. (2024, 15, 90min) ★★★★★
1.50 **Nightbitch** Dark comedy. (2024, 15, 99min) ★★★
3.35 **to 6.00** AM **Chronicles of Narnia: The Lion, The Witch and The Wardrobe** As 2.40pm.

Movies 24

312 313 419

7.00 AM **Savoring Paris** Romantic drama. (2024, PG, 90min) ★★
9.00 **An Unexpected Valentine** Comedy. (2025, PG, 84min) ★★
11.00 **Lost in Paradise** Romantic drama. (2026, PG, 84min) ★★
1.00 PM **Aussie at Heart** Romantic drama. (2026, PG, 90min) ★★
3.00 **Blind Date Book Club** Romantic drama starring Erin Krakow. (2024, PG, 90min) ★★

5.00 **Harmony From the Heart** Romantic comedy with Jessica Lowndes. (2022, PG, 87min) ★★
7.00 **Romance with a Twist** Romantic drama starring Jocelyn Hudon and Olivier Renaud. (2024, PG, 84min) ★★
9.00 **Married By Mistake** Romantic comedy starring Chloe Bennet and Anthony Konechny. Two university graduates wake up after a night of heavy drinking to discover they have got married. (2023, PG, 88min) ★★

11.00 **A Case for the Winemaker** Mystery. (2024, PG, 90min) ★★
1.00 AM **The Snow Must Go On** Drama. (2025, PG, 90min) ★★
3.00 **to 5.00** AM **Paging Mr Darcy** Drama. (2024, PG, 84min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Singing Through** (1935) ★★
7.05 **Bring on Bing** Short film.
7.20 **Runaround** Game show.
7.50 **Legend of the Hidden City**
8.25 **The Adventures of William Tell**
9.00 **Batman** 24/26. (S3)
9.30 **Hawkeye & the Last of the Mohicans** 18/39. (S1)
10.00 **Captain Scarlet and the Mysterons** 27/32. (S1)
10.30 **Supercar** 6/26. (S1)

11.00 **The Buccaneers** 38/39. (S1)
11.30 **The Adventures of Robin Hood**
12.00 NOON **The Abominable Snowman** (1957, b/w, 12) ★★
1.45 PM **Albert RN** (1953, PG) ★★
3.30 **The Tornados: Robot**
3.35 **Whiplash** 32/34. (S1)
4.10 **Sea of Sand** (1958, U) ★★★
6.10 **Look at Life** Documentary.
6.25 **Dick Turpin** 13/13. (S1)
7.00 **Maigret** 10/13. (S1)
8.00 **The Duchess of Duke Street**
9.05 **Quatermass 2** (1957, 12) ★★
10.50 **Eurotrash** Porn in politics.

11.25 **Night of the Living Dead** Horror. (1968, b/w, 15) ★★★★
1.20 AM **The Hot Month of August**
3.00 **The Adventures of Jane** (1949)
4.10 **One Step Beyond** 20/22. (S1)
4.45 **Camera Cameos**
5.25 **Cinebox Memories**
5.30 **to 6.00** AM **Honey West**

Saturday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **Premier League Weekend**
11.00 LIVE **Test Cricket** **England v Pakistan.** Coverage of the third day of the second Test in the three-match series, held at Lord's Cricket Ground in London.
5.00 PM LIVE **SNF** **Tottenham Hotspur v Newcastle United.** The Premier League match from Tottenham Hotspur Stadium. Kick-off **5.30pm**.
8.30 LIVE **MVP Boxing** **Mikaela Mayer v Chantelle Cameron.** Coverage of the WBA, WBC and WBO world super-welterweight title bout from bp pulse LIVE at the National Exhibition Centre in Solihull.
11.00 LIVE **PGA Tour Golf** Coverage of the third day of the Tour Championship, the final event of the FedExCup play-offs held at East Lake Golf Club in Atlanta.
12.00 M'T **Sky Sports News**
12.30 AM LIVE **WTA Tennis** Coverage of the final of the Monterrey Open, a hard-court tournament at Club Sonoma in Monterrey, Mexico.
2.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Best Goals**
8.00 **Premier League Stories**
8.30 **Premier League Highlights**
9.00 **Saturday Social**
10.00 **Premier League Weekend**
11.30 **Premier League Highlights**
12.00 NOON **Gillette Soccer Saturday: Build-Up**
3.00 PM **Gillette Soccer Saturday**
5.00 LIVE **SNF** **Tottenham Hotspur v Newcastle United.** Coverage of the Premier League match staged at Tottenham Hotspur Stadium. These two teams met three times last season with the visitors winning two games and the other ending in a 2-2 draw in Newcastle. Kick-off **5.30pm**.
8.30 **Game of the Day**
10.30 **Premier League Highlights** Bournemouth v Everton. **11.00** Coventry City v Hull City.
11.30 **FNF** Highlights from Crystal Palace v Manchester City.
12.00 M'T **Premier League Highlights**
2.30 AM **Premier League 100 Club**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Highlights**
6.15 **Championship Retro**
8.45 **EFL Highlights**
9.00 **Saturday Social**
10.00 **EFL Highlights**
10.15 **EFL Cup Highlights**
11.15 **EFL Highlights** Championship.
11.30 LIVE **EFL** **Middlesbrough v West Bromwich Albion.** Coverage of the Championship match at the Riverside Stadium. The hosts did the double over the Baggies last season thanks to a 3-2 victory at the Hawthorns and a 2-1 win at this venue. Kick-off **12.30pm**.
3.00 PM **Gillette Soccer Saturday**
5.20 LIVE **Bundesliga** **Borussia Dortmund v Hamburg SV.** Coverage of the German top-flight match held at Signal Iduna Park. Kick-off **5.30pm**.
7.30 **EFL Cup Highlights**
8.00 **EFL** A replay of Middlesbrough v West Bromwich Albion.
10.00 **EFL Highlights**
1.00 AM **EFL** The 2021/22 play-offs.
2.00 **EFL Highlights**
3.00 **SPFL Highlights**
3.30 **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **Test Cricket** Highlights.
7.00 **Nepal Climbing Cricket's Mountain** Documentary.
7.30 **International T20 Cricket**
8.00 **Test Cricket** England v Pakistan.
10.15 LIVE **Test Cricket** **England v Pakistan.** Coverage of the third day of the second Test in the three-match series, held at Lord's. The hosts will be aiming to improve on their last performance against the visitors in this format after a 2-1 series defeat in 2024. England had gone 1-0 up in the series after scoring 823-7 declared, before winning the game by an innings and 47 runs. Unfortunately for them, they then lost the last two games by 152 runs and nine wickets to lose the series.
7.00 PM **Best of ICC WT20**
7.30 **International T20 Cricket**
8.00 **Test Cricket** England v Pakistan.
9.00 **Nepal Climbing Cricket's Mountain** Documentary.
9.30 **Test Cricket** England v Pakistan.
11.00 **One-Day International Cricket**
12.00 M'T **Test Cricket** Highlights.
2.00 AM **The Hundred**
5.15 **Best of ICC WT20**
5.45 **to 6.00** AM **The Hundred**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour Golf**
11.00 **Chronicles of a Champion Golfer** Profiles of leading players.
11.30 **Tommy 25** Documentary.
12.00 NOON LIVE **DP World Tour Golf** Coverage of the third day of the Husqvarna British Masters from The Belfry in Warwickshire.
5.00 PM LIVE **PGA Tour Golf** Day three of the Tour Championship.
12.00 M'T **DP World Tour Golf**
2.00 AM **PGA Tour Golf**
4.00 **Playing Lessons** Max Homa.
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **ATP Tennis** Cincinnati Open.
7.00 **US Open Tennis** A look ahead.
7.30 **ATP Tour This Week**
8.00 **WTA & ATP Tennis**
11.00 **Roger Federer in New York**
12.00 NOON **US Open Tennis**
6.00 PM **WTA & ATP Tennis**
9.00 LIVE **ATP Tennis** Coverage of the Winston-Salem Open final.
11.00 **US Open Tennis** A look ahead.
11.30 **Roger Federer Hall of Fame Induction**
12.30 AM LIVE **WTA Tennis** Coverage of the Monterrey Open final.
2.30 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **La Vuelta Men** Stage seven.
7.00 LIVE **Snooker: Wuhan Open** Coverage of the first session of the final from Wuhan, China.
10.00 **TNT Sports Reload**
10.15 **Premier League Preview**
10.45 **Groundbreaking**
11.00 LIVE **Premier League** **Liverpool v Nottingham Forest.** Coverage of the top-flight match from Anfield. Kick-off **12.30pm**.
3.00 PM **Xtra Time** Analysis.
3.15 LIVE **La Vuelta Men** Stage eight of the Grand Tour race.
5.00 **The Breakdown** Leadership.
5.45 LIVE **World Rally Championship** The Rally del Paraguay special stages 13 and 14.
7.45 **TNT Sports Reload**
8.00 LIVE **World Rally Championship** The Rally del Paraguay special stages 15 to 17.
11.15 **TNT Sports Cricket Reload**
11.30 LIVE **CPL** **Trinbago Knight Riders v Guyana Amazon Warriors.** The T20 match at Queen's Park Oval.
3.45 AM **MotoGP** Highlights.
4.15 **UEFA Champions League**
4.45 **Women's Cycling**
5.45 **to 6.00** AM **TNT Sports Reload**

TNT Sports 2

411 414 522 409 431

6.00 AM **Premier League Preview**
6.30 **Premier League Legends**
7.00 **MotoGP** Grand Prix of Aragon.
7.30 LIVE **MotoGP** The Grand Prix of Aragon MotoGP sprint race.
1.45 PM LIVE **MotoGP** The Grand Prix of Aragon MotoGP sprint race.
2.45 LIVE **UCI Mountain Bike World Championship** The elite downhill event in Val di Sole, Italy.
5.30 **UEFA Champions League**
6.00 LIVE **MLB** **New York Yankees v Boston Red Sox.** The American League East match. Start-time **6.05pm**.
9.00 LIVE **MLB** **Tampa Bay Rays v San Diego Padres.** Coverage of the inter-league match. Start-time **9.10pm**.
12.00 M'T **Training Day** MLB.
12.15 AM LIVE **MLB** **New York Yankees v Boston Red Sox.** The American League East match. Start-time **12.15am**.
3.00 **MLB Plays of the Week**
3.30 LIVE **AFLW** **Greater Western Sydney v Port Adelaide.** Bounce-up **3.35am**.
5.30 **to 6.00** AM **MotoGP**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League**
8.15 **NFL Bitesize Highlights**
8.30 LIVE **NRL** **Sydney Roosters v Dolphins.** At Allianz Stadium. Kick-off **8.30am**.
10.35 LIVE **NRL** **North Queensland Cowboys v Wests Tigers.** Coverage of the match at Queensland Country Bank Stadium. Kick-off **10.35am**.
12.35 PM **Rugby Union Highlights**
12.45 **NFL Bitesize Highlights**
1.00 **The Proving Ground**
1.30 **Rugby Union Highlights**
3.55 LIVE **International Rugby Union** **South Africa v New Zealand.** Coverage of the second Test held at DHL Stadium. Kick-off **4.10pm**.
6.10 **Rugby Union Greatest Games**
6.15 **The Proving Ground**
6.45 **NFL Bitesize Highlights**
7.00 LIVE **MVP Boxing** **Mikaela Mayer v Chantelle Cameron.** Coverage of the world super-welterweight title bout.
11.00 **NFL Highlights**
2.00 AM **Super League**
5.00 **to 7.00** AM LIVE **NRL** **New Zealand Warriors v Newcastle Knights.** Kick-off **5am**.

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
8.30 LIVE **NRL** **Sydney Roosters v Dolphins.** At Allianz Stadium. Kick-off **8.30am**.
10.30 **Premier League Weekend**
11.30 LIVE **EFL** **Wolverhampton Wanderers v Stoke City.** Coverage of the Championship match held at Molineux. Kick-off **12.30pm**.
3.00 PM **Gillette Soccer Saturday**
3.55 LIVE **International Rugby Union** **South Africa v New Zealand.** Coverage of the second Test at DHL Stadium. Kick-off **4.10pm**.
6.10 **Gillette Soccer Saturday Fan Zone** Post-match reaction.
7.00 **Match Centre**
7.30 **My Icon** Sporting influences.
7.50 LIVE **International Rugby Union** **Argentina v Australia.** Coverage of the first Test. Kick-off **8.00pm**.
10.00 **Sky Sports News**
12.00 M'T **Super League**
3.30 AM **EFL Greatest Games**
4.00 **WTA Tennis** Hamburg Open.
5.00 **to 7.00** AM LIVE **NRL** **New Zealand Warriors v Newcastle Knights.** Kick-off **5am**.

Sky Sports Mix

416 412 511 429 449

6.00 AM **PL Greatest Games**
6.15 LIVE **NRLW** **Sydney Roosters v Cronulla-Sutherland Sharks.** At Allianz Stadium. Kick-off **6.15am**.
8.15 LIVE **NRLW** **North Queensland Cowboys v Newcastle Knights.** Coverage of the match at Queensland Country Bank Stadium. Kick-off **8.15am**.
10.15 **PL Greatest Games**
11.00 **NFL Bitesize Highlights**
12.00 NOON **My Icon** Sporting heroes.
12.30 PM **Darts Gold** Archive action.
1.00 **NFL Bitesize Highlights**
2.00 LIVE **Ladies European Tour Golf** Day three of the KPMG Women's Irish Open at the K Club.
5.00 **NFL Bitesize Highlights**
6.00 **British GT Championship**
7.00 **NFL Bitesize Highlights**
8.00 LIVE **LPGA Tour Golf** Coverage of day three of the FM Championship from TPC Boston.
12.00 M'T **My Icon** Sporting influences.
12.20 AM **Barney: A Life in Darts**
12.50 **EFL Cup Retro** The 2011 final.
2.50 LIVE **NRLW** **New Zealand Warriors v St George Illawarra Dragons.** Coverage of the match at Go Media Stadium. Kick-off **2.50am**.
4.45 **to 6.45** AM LIVE **NRLW** **Parramatta Eels v Brisbane Broncos.** Kick-off **4.45am**.

TNT Sports 3

413 415 523 410 432

7.30 AM LIVE **AFLW** **Sydney v St Kilda.** Coverage from C.ex Coffs International Stadium. Bounce-up **7.35am**.
9.30 **World Rally Championship**
10.00 **Ultimate Pool** Finals Night.
11.30 **TNT Sports Reload**
11.45 **UCI Mountain Bike World Championship** In Val di Sole.
12.15 PM LIVE **UCI Mountain Bike World Championship** The elite downhill event in Val di Sole, Italy.
1.30 LIVE **La Vuelta Men** Stage eight of the Grand Tour race.
5.00 **eSports Show** The latest news.
5.30 **Supercars Championship**
7.30 **AFL** Another chance to see an Australian Football League match.
9.00 LIVE **Sydney Marathon** Coverage of this year's event.
1.30 AM **AFL** A match replay.
3.00 **Premier League**
4.30 **UCI Mountain Bike World Championship** In Val di Sole.
5.30 **to 6.00** AM **T100 Triathlon**

TNT Sports 4

414 416 524 411 434

6.00 AM **T100 Triathlon World Tour**
6.30 **LIV Golf** From Indianapolis.
7.30 **Men's Cycling Pro Series**
8.30 **Premier League Preview**
9.00 LIVE **UFC** The preliminary bouts.
11.00 LIVE **UFC** **Umar Nurmagomedov v Song Yadong.** The bantamweight bout.
2.00 PM LIVE **Snooker: Wuhan Open** Coverage of the second session of the final in China.
3.30 **CPL Highlights**
4.00 **MLB Highlights**
5.00 **Ultimate Pool** Finals Night.
6.30 **Test Cricket Highlights**
8.30 **MotoGP** Grand Prix of Aragon.
9.00 **UCI Mountain Bike World Championship** In Val di Sole.
10.00 **La Vuelta Men** Stage eight.
11.00 **Snooker: Wuhan Open**
1.00 AM **UFC** A replay of Umar Nurmagomedov v Song Yadong.
4.00 **to 6.00** AM LIVE **AFLW** **Melbourne v Brisbane.** From Casey Fields. Bounce-up **4.05am**.

Premier Sports 1

419 APP 528

6.00 AM **Indikart Championship**
7.00 **European Le Mans Series**
8.00 **LaLiga** Alaves v Villarreal.
10.00 **World Surf League**
11.00 **LaLiga** Racing Santander v Elche.
12.55 PM **Coppa Italia Show**
1.25 **Top 14 Rugby Union Highlights**
1.55 **European Le Mans Series** Action from Spa Francorchamps.
2.55 **LaLiga Match Highlights**
3.55 **LaLiga** Alaves v Villarreal.
5.55 LIVE **LaLiga** **Real Sociedad v Espanyol.** The Spanish top-flight match at Reale Arena. Kick-off **6.00pm**.
8.00 **Coppa Italia Show**
8.30 **Scottish Rally Championship**
9.00 **LaLiga** Levante v Real Betis.
10.55 LIVE **Argentine Primera Division** **Boca Juniors v Lanus.** Coverage of the match from Stade Alberto Jose Armando. Kick-off **11.00pm**.
1.00 AM **LaLiga** Two match replays.
5.00 **to 6.00** AM **DTM Motorsport**

Premier Sports 2

420 APP 529

6.00 AM **Football's Greatest**
7.00 **3Ice Hockey** Highlights from the three-on-three ice hockey league based in the United States.
10.00 **Swedish Speedway** A chance to see Indianerna v Dackarna.
12.00 NOON **Coppa Italia** Another chance to see Palermo v Lecce.
2.00 PM **Football's Greatest**
3.00 **Coppa Italia** Another chance to see Catanzaro v Südtirol.
5.00 **Coppa Italia** Torino v Carrarese.
7.00 **Bike World** Magazine.
7.30 **Temples of Sport** Iconic sporting venues from around the globe.
8.00 **NASCAR O'Reilly Series** Highlights from Daytona.
11.00 **NASCAR Highlights** Action from the Dollar Tree 301.
12.00 M'T LIVE **NASCAR** Coverage of the Coke Zero Sugar 400, the latest round of the season held at Daytona International Speedway.
4.30 AM **Bike World** Highlights.
5.00 **to 6.00** AM **Temples of Sport**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
10.00 **British GT Championship**
11.00 **Ginetta Juniors Highlights**
12.00 NOON **British Kart Championships** Highlights.
1.00 PM **F1 Academy** Race review.
1.30 **Formula 1** Dutch Grand Prix.
3.45 **Ayrton Senna's Lotus**
4.00 LIVE **Indycar** Snap-on Makers and Fixers 250 qualifying session.
5.00 **All In: Indycar**
5.30 **Formula 1** Dutch Grand Prix.
6.30 **Indycar** From Washington, D.C.
7.30 LIVE **Indycar** Coverage of the Snap-on Makers and Fixers 250.
10.00 **Formula 1** Dutch Grand Prix.
12.15 AM **F1 Academy** Race review.
12.45 **Ayrton Senna's Lotus**
1.00 **to 6.00** AM **The Best of F1**

Sunday

30 August

Planner

Trigger Point

THRILLER ITV1, 9pm (box set, ITVX)

Bomb disposal expert Lana Washington (Vicky McClure) is thrown into the firing line after the capital is rocked by a series of devastating bombings, leading to a race against the clock to find who's responsible before lives are lost.

Vigil

THRILLER BBC1, 9pm (episodes 1 & 2 available on BBC iPlayer)

Season three of the drama sees DCI Amy Silva (Suranne Jones) and DI Kirsten Longacre (Rose Leslie, right) on the case of a murdered British special forces officer who was on a covert mission in the Arctic wilderness.

Hamza: African Birds of Prey

DOCUMENTARY

BBC1, 7pm

Wildlife cameraman Hamza Yassin travels across Kenya to capture footage of some of Africa's spectacular birds of prey, that are under growing threat from humans and their shrinking habitats.

US Open

TENNIS Sky Sports, coverage from 3pm

The fourth and final Grand Slam of the year starts at Flushing Meadows. One of the Brits to keep an eye on this year will be Arthur Fery, who is making his main-draw debut following his wild-card run to the Wimbledon semi-finals.

Sunday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 Hamza: African Birds of Prey		8.00 Antiques Roadshow		9.00 Vigil		10.00 News	10.30 Match of the...
	102 BBC2	7.00 Today at the Test		8.00 Pilgrimage: The Road Through the Alps		9.00 Rob and Rylan's Passage to India		10.00 Film: The Godfather	
	103 ITV1	7.00 Force of Nature		8.00 Emmerdale	8.30 Coronation Street	9.00 Trigger Point			10.15 Drugged & Betrayed: The...
	104 CHANNEL 4	7.00 Gogglebox		8.00 Richard E Grant's Very Modern Odyssey		9.00 24 Hours in Police Custody: The Ambush			10.15 Love Cheats
	105 5	7.00 Cycling: Vuelta a España		8.00 Inside the Four Seasons: Park Lane		9.00 Rich House, Poor House		10.00 The Most Embarrassing TV Moments	
	106 SKY ONE	7.00 Rob & Romesh vs Bollywood		8.00 Rob & Romesh vs Hollywood Stunts		9.00 Film: Bohemian Rhapsody			
ENTERTAINMENT	115 BBC3	7.00 EastEnders				9.00 Top Gear		10.00 The Split: Barcelona	
	116 BBC4	7.00 The Golden Age of Canals		8.00 Modern Classics at the Proms					10.15 Absurd Person Singular
	118 ITV2	◂ 6.40 Film: Tomb Raider				9.00 The Only Way Is Essex		10.00 Olivia Attwood: The Price of Perfection	
	136 MORE4	◂ 6.55 Four in a Bed				9.00 Surgeons: Life in Their Hands		10.00 Police Rescue	
	135 E4	◂ 6.40 Lego Masters Australia		8.00 Ramsay's Kitchen Nightmares USA		9.00 Celebrity Gogglebox		10.00 Sarah Millican: Late Bloomer	
	107 SKY WITNESS	7.00 Caught on Dashcam						10.00 The Rookie	
	108 SKY ATLANTIC	◂ 6.30 House of the Dragon				9.00 The Terror: Devil in Silver			
	110 U&GOLD	◂ 6.50 Red Dwarf					9.30 The Royle Family		
	111 U&DAVE	7.00 Guy Martin: Proper Jobs		8.00 Pete Wicks: For Dogs' Sake		9.00 Have I Got a Bit More News for You		10.00 QI	10.40 Mock...
	119 ITV3	◂ 6.05 Midsomer Murders						10.00 Vera	
	120 ITV4	◂ 6.20 Film: Waterloo				9.00 Film: 6 Bullets			
	112 COMEDY CENTRAL	◂ 6.00 Film: Mean Girls 2	7.55 Mr Bean			9.00 Film: Horrible Bosses			
	145 SKY SCI-FI	7.00 Stargate Atlantis				9.00 Stargate Universe			
	143 U&DRAMA	7.00 Hetty Wainthropp Investigates		8.00 Sister Boniface Mysteries		9.00 Silent Witness			
	109 U&ALIBI	◂ 6.50 Bookish		8.00 Death in Paradise					
	122 SKY ARTS	◂ 5.25 The Beach Boys...	7.40 California Dreamin': The Songs of the Mamas and the...			9.00 Cliff Richard and the Shadows: The Final Reunion			
	132 U&W	7.00 Inside the Ambulance		8.00 Inside the Operating Theatre				10.00 Emma Willis: Special Births	
DOCUMENTARY	125 DISCOVERY	7.00 Homestead Rescue: Intervention				9.00 Barnwood Builders		10.00 In the Eye of the Storm	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Little Giants		9.00 Alaskan Bush People		10.00 Tanked	
	129 NAT GEO	7.00 Europe from Above		8.00 Lost Treasures of Ancient Greece		9.00 Planes that Changed History		10.00 Diana: In Her Own Words	
	123 SKY HISTORY	7.00 Ultimate Mysteries				9.00 Royal Murder Mysteries			
	155 U&YESTERDAY	◂ 6.45 Porridge		8.00 Bangers & Cash				10.00 Canal Boat Diaries	
	114 SKY DOCS		7.20 The Salisbury Poisonings: A Spy Next Door			9.00 Groomed: The Truth Behind the Lie		10.00 The Essex Murders: Who Killed...	

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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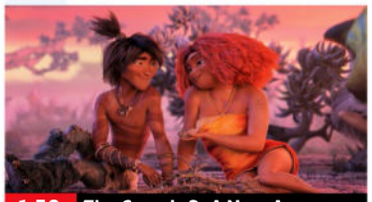
BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
8.50 **Match of the Day** (S)(R)
10.00 **Prayer and Reflection** (S)(R)
10.30 **Sunday Morning Live** New edition Topical debate. (S)
11.30 **Money for Nothing** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
1.50 FILM **The Croods 2: A New Age** Animated family comedy sequel with the voice of Nicolas Cage. (S)(AD) (2020, U, 85min) ★★★★
3.15 **Zog** A rocky giant needs the flying doctors' help. (S)(R)(AD)
3.35 **Planet Earth III: Wonders of Nature** A little horn shark stumbles into an ambush. (S)(R)(AD)
4.35 **Homes Under the Hammer** (S)(R)
5.35 **BBC News** (S)
5.50 **Local News** (S)


1.50 The Croods 2: A New Age

6 PM
6.00 **Countryfile** New edition John Craven and Charlotte Smith are joined by zoologist Megan McCubbin at WWT Slimbridge to choose the winners of the *Countryfile* Photographic Competition. (S)

7 PM
7.00 NEW **Hamza: African Birds of Prey** Hamza Yassin embarks on an epic journey to film Kenya's most spectacular birds of prey, and discovers the mounting threats these raptors face. (S)(AD)

8 PM
8.00 **Antiques Roadshow** Fiona Bruce hosts from Wollaton Hall, Nottingham, where items brought in include a portrait of a forgotten Romantic poet and some rare Elizabethan clothing. (S)(R)

9 PM
9.00 NEW SERIES **Vigil** 1/6. Return of the crime drama with Suranne Jones. Silva and Longacre investigate the murder of a British citizen in the Arctic. *See feature, page 6.* (S3) (S)(AD)
■ Continues tomorrow

10 PM
10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 **Match of the Day** The latest Premier League action, including Manchester United v Ipswich Town at Old Trafford, Chelsea v Brighton & Hove Albion at Stamford Bridge and Leeds United v Brentford at Elland Road. (S)
11.40 NEW **Chase & Status @ Reading Festival** The drum and bass duo headline the final day of this year's festival from the main stage, returning to Reading 13 years after their last appearance. (S)
12.55 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **A to Z of TV Gardening** (S)(R)
7.15 **Glorious Gardens from Above** (R)
8.00 **Countryfile** (S)(R)
9.00 **Best of Weatherman Walking** New edition Revisiting three walks with a seafaring theme. (S)
9.30 **Beechgrove Garden** New edition This year's first tomatoes. (S)
10.00 **Saturday Kitchen Best Bites** New edition Matt Tebbutt serves up an end-of-summer feast. (S)
11.30 **Caribbean Food Made Easy** (S)(R)
12.00 NOON FILM **Ben-Hur** Epic drama. (S) (1959, PG, 205min) ★★★★★
3.25 PM **The Big Deal with Steph McGovern** 3/6. (S)(R)(AD)
4.25 **Fake or Fortune: What Happened Next?** 6/6. (S)(R)(AD)
5.25 FILM **The Italian Job** Classic crime caper starring Michael Caine. (S) (AD) (1969, PG, 95min) ★★★★★

10.00 The Godfather

6 PM
FILM **The Italian Job** (started at 5.25pm)
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

7 PM
7.00 **Today at the Test** England v Pakistan: Action from the fourth day's play of the second Test in the three-match series, held at Lord's. (S)

8 PM
8.00 **Pilgrimage: The Road Through the Alps** 1/3. Seven celebrities of differing faiths and beliefs begin a pilgrimage through the Austrian and Swiss Alps to Einsiedeln Abbey. (S)(R)(AD)

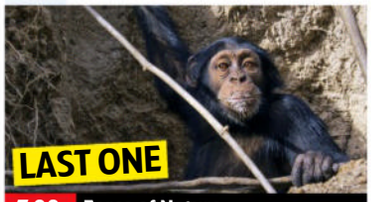
9 PM
9.00 **Rob and Rylan's Passage to India** 1/3. Rob Rinder and Rylan Clark set out on a journey around India to discover the art, culture and ancient wisdom of the country. (S)(R)(AD)

10 PM
10.00 FILM **The Godfather** Francis Ford Coppola's classic gangster saga of a Mafia family engaged in bloody war with rival crime families. Stars Marlon Brando, Al Pacino, James Caan and Robert Duvall. (S)(AD) (1971, 15, 170min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.50 AM **Saving Lives at Sea** A mayday comes in from a yacht breaking up off the Norfolk coast. (S)(R)(AD)
1.50 **Sign Zone: Murder Trial – Death of a Dog Walker** 2/2. Former gamekeeper David Campbell takes the stand. (S)(R)(AD)
2.50 **Sign Zone: Buried with Michael Sheen** 2/2. Michael's search leads him to Ruabon. (S)(R)(AD)
3.50 **to 6.20** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **The Voice UK** (S)(R)(AD)
7.00 **James Martin's Saturday Morning** Talk show. (S)(R)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** With Ken Bruce. (S)(R)
11.25 **The Joy of Pets** New edition (S)
12.30 PM NEW SERIES **Gary Barlow's Food and Wine Tour: New Zealand** 1/6. Gary explores the country's vineyards, food and landscapes. (S)
1.00 **ITV News** (S)
1.15 LIVE **Racing** From Goodwood, Beverley and Sandown Park. (S)
4.00 **Celebrity Lingo** Lucy Fallon, Julia Goulding, Jack P Shepherd and Colson Smith take part. (S)(R)
4.30 FILM **Jurassic World** Action adventure sequel starring Chris Pratt and Bryce Dallas Howard. (S)(AD) (2015, 12, 125min) ★★★★



7.00 Force of Nature

6 PM
6.35 **ITV News** (S)
6.45 **Local News** (S)

7 PM
7.00 **Force of Nature** Series finale *Into the Extreme:* 6/6. The stories of people who are dedicating their lives to helping animals cope with extreme weather. (S)(AD)
■ Entire series on ITVX

8 PM
8.00 **Emmerdale** DS Ramsden is suspicious, Gabby is overwhelmed, while Caleb and Ruby are rattled. (S)
8.30 **Coronation Street** Nina bids an emotional farewell to her friends. (S)(AD)

9 PM
9.00 NEW SERIES **Trigger Point** 1/6. Return of the thriller starring Vicky McClure. Lana and her team track a suspicious lorry through London. *See feature, page 4.* (S4) (S)(AD)
■ Continues tomorrow

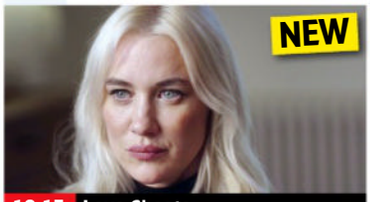
10 PM
10.00 **ITV News** (S)
10.15 NEW **Drugged & Betrayed: The Strangers in My Bed** One-off documentary in which an abused woman tells the story of her fight for justice. (S)
11.20 **Trigger Point** As 9pm. (S)(R)(AD)
12.20 AM **Teleshopping**
3.00 **The Rainmaker** 1/10. Legal drama based on John Grisham's novel, starring Milo Callaghan and Lana Parrilla. A young lawyer becomes trapped by the dangerous firm that hired him. (S1) (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Motorsport UK** Recent action from Thruxton. (S)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.20 AM **Cheers** 15&16/22. (S2) (S)(R)
7.15 **Everybody Loves Raymond** 12-14./25. (S2) (S)(R)(AD)
8.30 **Frasier** 22-24/24. (S7) (S)(R)(AD)
10.00 **Sunday Brunch** New edition With guests Everlast, Gary Wilmot, Elinor Lawless, Su Pollard, GK Barry and Anita-Joy Uwajeh. Plus, music from Paul Heaton.(S)
1.00 PM **The Simpsons** (S)(R)(AD)
2.25 **Our Farm Next Door: Amanda, Clive and Kids** Clive picks up the tweezers to get his sheep looking their best for the sales. (S)(R)(AD)
3.30 FILM **The Bridge on the River Kwai** David Lean's World War Two drama starring Alec Guinness and William Holden. PoWs held by the Japanese are forced to build a strategic railway bridge. (S)(AD) (1957, PG, 185min) ★★★★★



10.15 Love Cheats

6 PM
6.35 **News** (S)

7 PM
7.00 **Gogglebox** New edition Compilation of highlights from series 27, in which the Gogglebox check out more of the biggest and best TV shows. (S)(AD)

8 PM
8.00 **Richard E Grant's Very Modern Odyssey** Series finale 4/4. Richard learns about Corfu's embattled past, and cooks lunch for Lee Durrell, widow of conservationist Gerald Durrell. (S)(AD)

9 PM
9.00 NEW SERIES **24 Hours in Police Custody: The Ambush** 1/2. Documentary following the investigation into the case of a 17-year-old boy was left critically injured on the roadside after suffering catastrophic head injuries. (S)(AD)

10 PM
10.15 NEW SERIES **Love Cheats** Real-life cases of romance fraud. When a global music icon falls for a wealthy businessman, she has no idea about his triple life. (S)(AD)
■ Continues tomorrow
11.15 **Gogglebox** (S)(R)(AD)
12.15 AM FILM **Three Thousand Years of Longing** Romantic fantasy. (S)(AD) (2022, 15, 105min) ★★★
2.00 **Ramsay's Kitchen Nightmares USA** From New York. (S)(SL)(R)
2.50 **The Simpsons** (S)(R)(AD)
3.45 **Jamie: Eat Yourself Healthy** (S)(R)
4.40 **Couples Come Dine with Me** (R)
5.30 **Kirstie's House of Craft** (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.05 **Entertainment News** (S)
9.15 **Bargain-Loving Brits in the Sun** Documentary. (S)(R)
9.40 **Super Dogs with Extraordinary Jobs** (S)(R)
11.35 FILM **Clifford the Big Red Dog** Family adventure starring Jack Whitehall and Darby Camp. (S) (2021, PG, 125min) ★★★
1.40 PM **Cruising the Islands of the Med with Jane McDonald** A look back at highlights of the singer's voyages around the Mediterranean. (S)(R)
3.30 **The Great Flood of 1968** The flood that hit the south-west of the UK in July 1968. (S)(R)
5.00 **Britain's Favourite Ads of the 70s & 80s** The most memorable British TV adverts. (S)(R)

8.00 Inside the Four Seasons

6.50 **News** (S)

7.00 **Cycling: Vuelta a España** Rebecca Charlton presents highlights of stage nine of the Grand Tour race, featuring a 187.4km mountainous route from La Vila Joiosa to Alto de Aitana. (S)

8.00 **Inside the Four Seasons: Park Lane** Series finale 5/5. When clients request an early-morning hotel tour, the team race to deliver bespoke pastries before they arrive. (S)

9.00 **Rich House, Poor House** A wealthy couple who own a manor house and wedding venue swap with a single mother-of-two who lives in a small council flat and dreams of starting a tea shop. (S)(R)

10.00 **The Most Embarrassing TV Moments** A selection of TV cock-ups, mishaps and gaffes, including Richard Madeley's impression of Ali G and Eamonn Holmes's interview with magician David Blaine. (S)(R)

12.05 AM **The Rise & Fall of John Leslie** Charting the career of the TV presenter. (S)(R)
1.00 **Teleshopping** (S)(R)
2.00 **GPs: Behind Closed Doors** (R)
2.50 **Friends** (S10) (S)(R)(AD)
4.35 **Amazing Railway Adventures with Nick Knowles** (S)(SL)(R)
5.25 **to 5.35** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM FILM **Epic Tails** Animation. (S) (2022, U, 105min) ★★★
7.45 **Terry Pratchett's Going Postal** 1/2. Comic fantasy. (S)(R)(AD)
9.45 **David Attenborough's Galapagos** 1-3/3. (S)(R)
12.45 PM **David Attenborough's Natural History Museum Alive** David presents a unique tour of the institution. (S)(R)(AD)
2.15 **Best Medicine** 13/13. Martin must deal with the arrival of his amorous ex. (S1) (S)(R)
3.10 FILM **The Secret Garden** Drama with Colin Firth. (S)(AD) (2020, PG, 110min) ★★★★
5.00 **The Simpsons** *The Town:* The family visit Boston. (S)(R)
5.30 *Trust But Clarify:* Bart and Lisa investigate Krusty's new candy. (S)(R)

9.00 Bohemian Rhapsody

6.00 **The Simpsons** *There Will Be Buds:* Homer gets roped into coaching the kids' lacrosse team with Milhouse's dad, Kirk. (S)(R) **6.30** *Havana Wild Weekend:* The family visit Cuba. (S)(R)

7.00 **Rob & Romesh vs Bollywood** Rob Beckett and Romesh Ranganathan visit Mumbai with the aim of breaking into one of the world's biggest film industries. (S)(R)(AD)

8.00 **Rob & Romesh vs Hollywood Stunts** The comedians head to Los Angeles to learn about film stunt work, and meet *The Fall Guy* stars Ryan Gosling and Emily Blunt. (S)(R)(AD)

9.00 FILM **Bohemian Rhapsody** Biopic starring an Oscar-winning Rami Malek. While Queen become one of the biggest rock bands in the world, Freddie Mercury struggles with his personal life. With Lucy Boynton, Gwilym Lee, Ben Hardy, Joe Mazzello and Aidan Gillen. (2018, 12, 150min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.30 **Queen: Live at Wembley Stadium** A 1986 concert featuring the band's renditions of classic hits, including *Bohemian Rhapsody, I Want to Break Free, We Will Rock You* and *Radio Ga Ga.* (S)(R)
1.45 AM **The Walking Dead: Dead City** 5/8. Negan makes some big moves. (S2) (S)(R)(AD)
2.40 **The Force: North East** (S)(R)
3.35 **Road Wars** (S)(R)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.40pm Sportscene: Premiership Highlights (S)(R) **12.40am** NEW Chase & Status @ Reading Festival (S) **1.55** Weather for the Week Ahead (S) **2.00-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
4.35pm The Hairy Bikers' Bakeation (S)(R) **5.05-5.35pm** Best of Weatherman Walking (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Y Cosmos **10.00** Radio Fa'ma (AD) **11.00** Garddio a Mwy **11.30** Cartrefi Cymru **12.00noon** Natur Cymru **1.00pm** Fairbourne: Y Mor Wrth y Drws **1.55** Iaith ar Daith **2.55** Pobol y Cwm Omnibws (AD) **4.00** LIVE Dartiau: Pencampwriaethau Cymru **7.15** Newyddion a'r Tywydd **7.30** LIVE Dartiau: Pencampwriaethau Cymru **11.00-11.35pm** Nol o'r Dibyn gyda Iolo Williams (AD)

TV&Streaming week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Priya and Jean try to uncover the truth. **7.30** Eve and Suki receive a devastating update. **8.00** Alfie secretly plans a party to lift Kat's spirits. **8.30** Alfie's surprise party soon turns to chaos.
9.00 **Top Gear** Jeremy Clarkson and James May pay tribute to Swedish car manufacturer Saab, and actor Matt Smith gets behind the wheel of the Reasonably Priced Car.
10.00 **The Split: Barcelona** 1/2. Legal drama starring Nicola Walker. Hannah and her family deal with break-ups and reunions at a wedding in Catalonia's wine region. **11.00** 2/2. Explosive secrets come to light, threatening to derail the wedding.

12.00 M'T FILM **Arthur the King** Fact-based drama with Mark Wahlberg and Simu Liu. (2024, 12, 107min) ★★★★
1.40 AM **Confessions of a Steroid Gang** 2&3/3.
2.40 **Top Gear** As 9.00pm.
3.40 **to 3.55** AM **Rocket Fuel**

MORE4

136/137 127 147 18 124 15

8.55 AM **A Place in the Sun**
3.50 PM **Come Dine with Me** Dog lover Jill host the week's first dinner party in Leeds. **4.20** Acting lecturer Sophia hosts the second night. **4.50** Chilli paste entrepreneur Will plays host. **5.20** IT consultant and cycling enthusiast Mark hosts **5.50** Marketing manager Satty hosts the final night.
6.20 **Four in a Bed** The contest begins at Derwent House B&B in West Sussex.

6.55 **Four in a Bed** The second visit of the week is to Kirkby Park B&B in Liverpool. **7.25** A visit to Plas Dinas Country House in Snowdonia. **7.55** The fourth and final visit is to Hazelwood Farm in Crayke, North Yorkshire. **8.30** Payment Day arrives.
9.00 **Surgeons: Life in Their Hands** A 25-year-old adventurer and rock climber with lifelong liver disease needs a transplant or his devoted family will lose him within months.
10.00 **Police Rescue** Officers are called out to help a bushwalker who is suffering crippling back pain.

11.00 **24 Hours in A&E**
1.05 AM **Surgeons: Life in Their Hands** As 9.00pm.
2.05 **Police Rescue**
3.10 **to 3.40** AM **The Perfect Pitch**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **The Golden Age of Canals** Charting the changing face of Britain's canals after World War Two.
8.00 NEW **Modern Classics at the Proms** Tom Service presents a showcase of new music from the classical music festival, featuring three world premieres and an exciting bassoon concerto.
10.00 NEW **Dame Maureen Lipman Remembers... Absurd Person Singular** A look back at Michael Simpson's 1985 adaptation of Alan Ayckbourn's play.
10.15 **Absurd Person Singular** A 1985 adaptation of Alan Ayckbourn's comedy drama starring Michael Gambon and Maureen Lipman. Three couples meet on three separate Christmas Eves in their respective kitchens.

12.10 AM **Alan Ayckbourn: The Levin Interviews**
12.40 **Modern Classics at the Proms** As 8.00pm.
2.40 **to 3.40** AM **The Golden Age of Canals**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks Omnibus**
7.10 **Modern Family**
7.40 **The Simpsons**
11.10 FILM **Home** Animation with the voice of Jim Parsons. (2014, U, 94min) ★★★
1.10 PM **Ramsay's Kitchen Nightmares USA**
3.05 FILM **Home Alone 2: Lost in New York** Comedy sequel with Macaulay Culkin. (1992, PG, 120min) ★★
5.40 **Cruising Paradise: Above and Below Deck** The *Star Princess* arrives in Belize.

6.40 **Lego Masters Australia** New edition 3/11. The teams must invent a new toy.
8.00 **Ramsay's Kitchen Nightmares USA** Gordon Ramsay tackles disastrous kitchens across America's Midwest, starting in Indiana at Freddy's Steak House, where the stakes are high – and the steaks are dry.
9.00 **Celebrity Gogglebox** A look back at the standout critiques from series six.
10.00 **Sarah Millican: Late Bloomer** Stand-up performance recorded at The Hexagon in Reading.

11.05 FILM **Scream** Horror sequel with Neve Campbell. (2022, 18, 114min) ★★★★
1.25 AM **Gogglebox**
2.30 **Below Deck**
4.05 **Modern Family**
4.30 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 306 30 123 256

Sunday primetime primetime

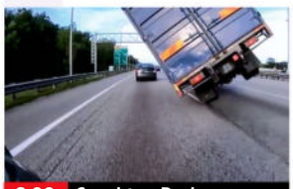
SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **A1: Britain's Longest Road**
7.00 **Caught Red Handed**
9.00 **Customs UK**
10.00 **Stop, Search, Seize**
11.00 **Border Patrol**
12.00 NOON **Nothing to Declare UK**
1.00 PM **UK Border Force** Officers refuse entry to a woman from South Africa who admits her intention is to work illegally to support her family back home.
2.00 **Nothing to Declare** Ten editions of the documentary series following the work of customs officers in Australia.


8.00 Caught on Dashcam

7 PM
7.00 **Caught on Dashcam** Documentary showcasing outrageous road disasters captured by in-vehicle dashboard cameras.

8 PM
8.00 **Caught on Dashcam** New edition Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **Caught on Dashcam** A countdown of the most incredible, hilarious and spectacular real-life crashes in the world.

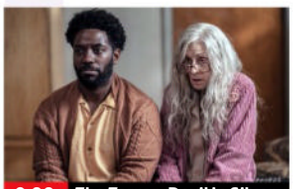
10 PM
10.00 **The Rookie** *Dye Hard:* 3/22. The tables are turned when Officer Nolan is assigned his first rookie. (S5)
11.00 **Law & Order: Criminal Intent**
12.00 M'T **FBI** 6/22. (S4)
1.00 AM **The Rookie** 21/22. (S5)
2.00 **Law & Order: Special Victims Unit** New episode 15/21. (S27)
3.00 **The Good Doctor** (S6)
4.00 **A1: Britain's Longest Road**
5.00 to 6.00 AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Urban Secrets**
8.00 **The White Lotus** (S2)
10.55 **House of the Dragon** (S3)
2.45 PM **House of the Dragon** 4/8. Ormund's actions force Rhaenyra into a corner. **4.00** 5/8. Daemon attempts to control the spiralling situation in King's Landing. **5.15** 6/8. Rhaenyra and Daemon focus on the best way to deal with Ormund. **6.30** 7/8. Rhaenyra grows even more desperate for a sign that she will prevail. (S3)


9.00 The Terror: Devil in Silver

7.45 **House of the Dragon** *Treasons at Tumbleton:* 8/8. Rhaenyra's forces converge around Tumbleton and both sides vie to gain the upper hand. (S3)

9.00 **The Terror: Devil in Silver** New episode *New York in June:* 3/6. Chaos ensues when the staff take the patients for pizza.

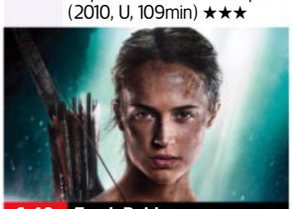
10.00 **The Terror: Devil in Silver** New episode *A Number in the System:* 4/6. Pepper has a session with Dr Walter. (S3)
11.00 **The Iris Affair** 2/8. Iris blackmails Teo to botch the police investigation. (S)
12.05 AM **Gomorrah: The Origins** 3/6. Angelo makes a pact. (S1)
1.05 **Gomorrah: The Origins** (S1)
4.15 **Fish Town**
5.05 to 6.00 AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Totally Bonkers Guinness World Records**
6.15 **Deal or No Deal**
7.15 **Dress to Impress**
8.15 **The Only Way Is Essex**
10.20 **Deal or No Deal**
12.20 PM **The Voice UK**
1.35 **Celebrity Catchphrase**
2.35 FILM **Ella Enchanted** Comic fantasy adventure. (2004, PG, 96min) ★★★
4.30 FILM **Nanny McPhee & The Big Bang** Fantasy comedy sequel with Emma Thompson. (2010, U, 109min) ★★★


6.40 Tomb Raider

6.40 FILM **Tomb Raider** Adventure starring Alicia Vikander and Dominic West. A kickboxing heiress risks her life to save her missing father when she discovers a clue to his location. (2018, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Only Way Is Essex** New edition 9/12. Saff challenges Junaid with some home truths about his fractured friendships.

10.00 **Olivia Attwood: The Price of Perfection** 4/6. Olivia discovers how to get the 'perfect' legs.
11.00 **Family Guy** 9/12. James Woods steals Peter's identity. (S6)
11.30 **Family Guy** 16/18. (S5)
12.00 M'T **American Dad!** (S12&5)
1.05 AM **Plebs** 7/8. (S3)
1.35 **G'wed** 6/6. (S1)
2.05 **Changing Ends** 4/6. (S3)
2.35 to 3.00 AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
6.35 **A Touch of Frost**
8.50 **Doc Martin**
9.50 **Agatha Christie's Poirot**
12.00 NOON **Darling Buds of May**
1.10 PM FILM **Chitty Chitty Bang Bang** Musical with Dick Van Dyke and Sally Ann Howes. (1968, U, 136min) ★★★★★
4.10 **Midsomer Murders** *Last Man Out:* A cricketer is found dead after a match. **6.05** *Red in Tooth and Claw:* DCI Barnaby and DS Winter discover a dead body.

1.10 Chitty Chitty Bang Bang

Midsomer Murders (started at 6.05pm)

8.00 **Midsomer Murders** *Death by Persuasion:* Barnaby and Winter join forces with a new pathologist to investigate when a woman slips away from a Jane Austen re-enactment, only to be stabbed to death. Guest stars Claire Skinner.

10.00 **Vera** *The Blanket Mire:* A body is found buried on the Northumberland moors which could be a missing teenager, stirring up tension and suspicion in her nearby rural home town.
11.50 **Wycliffe** 4/6. (S5)
12.55 AM **The Dark** 3/6. (S)
1.55 **George and Mildred**
2.20 to 2.30 AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Made in Britain**
6.30 **Auto Mundial**
7.00 **Motorsport Mundial**
7.30 **British Touring Car Championship Highlights**
9.00 **English Football League Highlights** Recent action.
10.35 **Made in Britain**
11.05 **Cadfael**
12.45 PM **The Memoirs of Sherlock Holmes** Murder mystery.
1.55 **Hornblower** (S2)
4.05 **Hornblower** *Loyalty:* The end of the war leaves Hornblower down and out.

12.45 The Memoirs of Sherlock...

6.20 FILM **Waterloo** Historical drama chronicling the events leading up to the 1815 battle. Stars Rod Steiger, Orson Welles and Christopher Plummer. (1970, U, 132min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM **6 Bullets** Action thriller starring Jean-Claude Van Damme. A mercenary comes out of retirement to track down a kidnapped girl. With Joe Flanigan and Anna-Louise Plowman. (2012, 15, 109min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **The Summit Australia** New edition Kings Leap stands between the final four and the summit.
12.35 AM **Wrestling: AEW Dynamite** Action from the world of All Elite Wrestling.
2.30 to 3.00 AM **Unwind with ITV**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** The latest top-flight action, including Aberdeen v Rangers.
8.15 **The Repair Shop on the Road** The team work to revive a camera recovered from the depths of Loch Ness.
9.00 **Paramedics on Scene** Series finale 10/10. Revisiting the Special Operations Response Team's most challenging emergencies.
10.00 **Still Game** 7/9. Jack and Victor celebrate 60 years of friendship. (S2)
10.30 **Scot Squad** 6/6. The Chief does a genuine gesture for charity. (S4)
11.00 **Edinburgh Unlocked** The best of the festival.
11.30 PM to 12.00 M'T **Style Fixers**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Sort Of** 2/8. (S2)
8.25 **Will & Grace** (S8)
9.30 **Hitmen: Reloaded** (S2)
12.30 PM FILM **Marmaduke** Family comedy. (2010, U, 99min) ★★★
2.15 **Animal Control** (S1)
7.30 **The Office (US)** 28/28. Michael and Holly are reunited at a picnic. (S5) **8.00** 1/26. Michael regrets starting a rumour about Stanley. **8.30** 2/26. Michael worries after David Wallace and Jim have a private meeting. (S6)
9.00 **Harry Hill: New Bits & Greatest Hits** Stand-up show at the Soho Theatre in Walthamstow.
10.30 FILM **Bill & Ted's Excellent Adventure** Fantasy comedy starring Keanu Reeves. (1988, PG, 87min) ★★★★
12.10 AM **Jack Dee: Small World** Stand-up show.
1.40 **Hitmen** 1-6/6. (S1)
4.30 to 5.00 AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Turandot**
8.30 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM FILM **Moulin Rouge** Biopic. (1952, PG) ★★★
3.15 FILM **Murder by Decree** Chiller. (1978, 12, 112min) ★★★★
5.25 **The Beach Boys: Endless Harmony**
7.40 **California Dreamin': The Songs of the Mamas and the Papas**
9.00 **Cliff Richard and the Shadows: Final Reunion**
11.45 NEW **Grand Ole Opry: Opry Live** Keith Urban.
12.45 AM **Iconic Women of Country** Tributes.
2.00 NEW **Tea with Judi Dench Featuring Sir Ian McKellen**
3.00 **Elvis Presley: The Early Years** Documentary.
4.00 **Elvis Presley: A Legend in Concert**
5.00 to 6.00 AM **Classic Albums**

Sky Mix

151 158 156 11 141 23

6.00 AM **Border Patrol**
7.00 **Border Security: America's Front Line**
9.00 **Nothing to Declare**
10.00 **Caught on Dashcam**
2.00 PM FILM **Bride Wars** Wedding comedy starring Kate Hudson and Anne Hathaway. (2009, 12, 85min) ★★★
4.00 **Nothing to Declare**
4.30 **David Attenborough's Natural History Museum Alive**
5.45 **Attenborough and the Giant Elephant** The life of a famous Victorian elephant.
7.00 **Caught on Dashcam**
9.00 FILM **Mr & Mrs Smith** Black comedy thriller starring Brad Pitt and Angelina Jolie. (2004, 15, 120min) ★★★★
11.30 **Forensics: Catching the Killer** Double bill.
1.30 AM **Killer in My Village**
2.30 **Motorway Patrol**
4.00 to 6.00 AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Celebrity Catchphrase**
2.00 **Tenable** Quiz show.
3.00 **The Chase Celebrity Special** With Sunetra Sarker, Matty Lee, David Arnold and Basil Brush.
4.00 **Ridiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Celebrity Catchphrase** With James Acaster, JB Gill and AJ Odudu.
9.00 **The Chase Celebrity Special** With Danny John-Jules, Yinka Bokinni, Tom Bosworth and Eamonn Holmes.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **Ridiculous** Quiz show.
2.35 to 3.00 AM **Unwind**

4seven

137/138 163 143 49 127 16

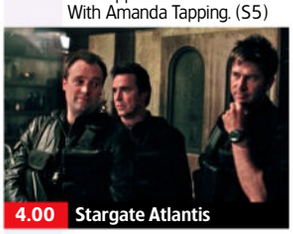
9.00 AM **Four in a Bed**
2.00 PM **Location, Location, Location** House-hunting in the north east.
3.00 **Kirstie and Phil's Love It or List It: Brilliant Builds**.
4.00 **A Place in the Sun**
8.00 **Jimmy Doherty's Big Bear Rescue** The farmer tries to relocate two polar bears from Sweden.
9.00 **24 Hours in A&E** Efforts are made to save a man's leg from amputation.
10.00 **Gogglebox** Compilation of memorable moments from series 27.
11.05 FILM **127 Hours** Danny Boyle's fact-based adventure drama starring James Franco. (2010, 15, 93min) ★★★★
12.55 AM **24 Hours in Police Custody: The Ambush**
2.05 **Crime Scene Cleaners**
3.05 **Emergency Helicopter Medics** Documentary.
4.10 to 5.00 AM **Building Monaco's Superhomes**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Stargate SG-1** Five episodes of the drama, including at: **3.00** PM 18/20. Daniel has to face a difficult decision. Guest stars Isaac Hayes. (S8)
4.00 **Stargate Atlantis** 19/20. The crew are stunned when Dr Carson Beckett returns. **5.00** 20/20. Sheppard finds the city of Atlantis abandoned. With Robert Picardo. (S4) **6.00** 1/20. Carter tries to save the trapped crew members. With Amanda Tapping. (S5)


4.00 Stargate Atlantis

7.00 **Stargate Atlantis** *The Seed:* 2/20. The team try to find an antidote when Jennifer Keller develops a mysterious alien virus.
8.00 **Stargate Atlantis** *Broken Ties:* 3/20. Ronon is captured by former ally Tyre, who plans to give him to the Wraith. (S5)
9.00 **Stargate Universe** *Life:* 9/20. Camille and Scott visit loved ones on Earth. **9.50** *Justice:* 10/20. Colonel Young is the chief suspect when a crew member is killed. (S1)
10.40 FILM **Stargate Origins: Catherine** Sci-fi adventure prequel with Ellie Gall. Catherine Langford attempts to save the world from an unimaginable darkness. (2018, 12, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.30 AM **Grimm** 12&13/13. (S6)
2.10 **The Walking Dead** (S8)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S17)
10.00 **Father Brown**
11.00 **Maisie Raine** 3&4/6. (S2)
1.00 PM **Death in Paradise** Four episodes, including at: **3.40** 3/8. A chef is poisoned during a cooking competition. **4.40** 4/8. The discovery of an electrocuted body leads Neville and the team to a hidden world of data mining. (S13)
5.40 **Bookish** 1/6. Part one of two. When a medium hosts a seance, a table full of suspects are under investigation. (S2)

11.00 Maisie Raine

6.50 **Bookish** *Momento Mori – Part Two:* 2/6. The evidence forces Book and the team to face a disturbing question. (S2)
8.00 **Death in Paradise** *As the Sun Sets:* 5/8. Marlon is attacked while going to help an old friend. (S13)
9.00 **Death in Paradise** Christmas special from 2024. A holiday-maker is killed while dressed as Father Christmas, so Commissioner Patterson arranges for a visiting detective inspector to help crack the case.
11.00 **The Hunting Party** 5/13. Two decades after his apparent death, cult leader and serial killer Noah Cyrus appears at a follower's doorstep. (S2)
12.00 M'T **CSI: Vegas** 5&6/21. (S2)
1.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.25 AM **The Vicar of Dibley**
1.05 PM **The Vicar of Dibley** Four episodes, including at: **3.00** Geraldine is keen to find a celebrity to open the autumn fair in style – and Alice lets slip that she knows the ideal candidate. Guest stars Kylie Minogue.
3.40 **Red Dwarf** Five episodes of the comedy, including at: **5.35** Holly inadvertently endangers the crew. **6.15** Pete the Sparrow is turned into a dinosaur and devours the food stocks.

5.35 Red Dwarf

6.50 **Red Dwarf** Holly's new invention hurls the crew into a parallel universe. **7.30** The crew wake up to find their memories have been erased. **8.10** Lister mistakenly joins an army of battle-hardened convicts. **8.50** Rimmer ends up marooned on a barren planet for 600 years.
9.30 **The Royle Family** Barbara and Jim argue over the TV programme *Changing Rooms*.
10.05 **The Royle Family** Nana stays with the family while she recuperates from her recent cataract operation.
10.45 **Red Dwarf** Lister and Rimmer put their lives in danger while attempting to boost Holly's IQ.
11.20 **Red Dwarf**
12.40 AM **The Royle Family**
2.00 **The Outlaws**
3.20 **to 4.00** AM **The Royle Family**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.20 AM **Eddie Eats America**
7.45 **Top Gear: India Special**
9.40 **Top Gear: Polar Challenge**
10.40 **Top Gear: Burma Special**
1.20 PM **Mortimer & Whitehouse: Gone Fishing** Triple bill.
3.20 **Would I Lie to You?** Four editions, including at: **5.20** With guest panellists Rhod Gilbert, Jamie Laing, Tracy-Ann Oberman and Claudia Winkleman.
6.00 **Tropic of Capricorn** Simon Reeve traces the southern tropic around the globe.

6.00 Tropic of Capricorn

7.00 **Guy Martin: Proper Jobs** The presenter becomes part of a dog mountain rescue team that tackles dangerous terrain.
8.00 **Pete Wicks: For Dogs' Sake** Pete meets a puppy who needs urgent treatment for a badly broken leg.
9.00 **Have I Got a Bit More News for You** Charlie Brooker hosts the satirical quiz, with guests Grayson Perry and Angela Barnes.
10.00 **QI** Festive special from 2004, with Phill Jupitus, Rich Hall and Mark Steel.
10.40 **Mock the Week** With James Acaster, Angela Barnes, Kerry Godliman and Glenn Moore.
11.20 **Mock the Week**
12.00 M'T **Live at the Apollo**
1.00 AM **QI XL** With Rob Beckett.
2.00 **to 4.00** AM **Parks and Recreation**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.10 AM **The Bill**
12.00 NOON **Call the Midwife** 3&4/9. Double bill. (S12)
2.40 PM **Catherine Cookson's The Cinder Path** Feature-length drama set in the early part of the 20th century, about a university graduate's return to his strict father's farm. Stars Catherine Zeta-Jones, Lloyd Owen and Tom Bell.
6.00 **Hetty Wainthropp Investigates** 8/9. A victimised German pensioner in a residential home asks Hetty to find his long-lost sister. (S3)

8.00 Sister Boniface Mysteries

7.00 **Hetty Wainthropp Investigates** *How Time Flies:* 9/9. A clock-mender becomes the target of a couple of crooks. (S3)
8.00 **Sister Boniface Mysteries** *A Fragrant Scandal:* 4/10. The Head Nose of a fragrance dynasty is found slain in his study. (S3)
9.00 **Silent Witness** *The Greater Good:* Thomas performs a post mortem on a soldier who died in military training and his investigation takes a turn when he discovers traces of a possible nerve agent.
11.20 **New Tricks** *Objects of Desire:* DCI Larson asks old flame Sandra to look into the murder of an antiques dealer.
12.40 AM **Call the Midwife** (S12)
2.00 **2point4 Children**
3.10 **to 4.00** AM **The Chelsea Detective**

+1 hour 243 316 60 260

Sunday

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.05 **Cops** Documentary.
9.30 **Blue Bloods** (S5)
1.20 PM **Columbo** Five episodes, including at: **6.20** *Lady in Waiting:* A woman keen to be rid of her dominant brother kills him and makes it look like an accident. **8.00** *Death Hits the Jackpot:* A greedy jeweller murders his lottery-winning nephew and keeps his money.
10.00 **Law & Order: Special Victims Unit** *Missing:* 17/24. A child is discovered in the boot of an abandoned car. **11.00** *Blackout:* 18/24. A defence attorney is attacked after a police charity event. (S20)
12.00 M'T **Law & Order: Special Victims Unit**
1.55 **to 3.50** AM **NCIS: Los Angeles**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Car Pound Cops**
8.30 **Friends** 16-18/18. (S10)
10.00 **100 Funniest Cats Caught on Camera**
12.00 NOON **Nightmare Tenants, Slum Landlords**
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** A late-night reveller talks himself into trouble. **6.00** Officers stop an uninsured driver who has a violent past. **7.00** The hunt for a suspected burglar takes an unexpected turn. **8.00** A drunk driver nearly causes a calamity.
9.00 FILM **The Da Vinci Code** Conspiracy thriller with Tom Hanks. (2006, 12, 149min) ★★★
11.55 **A&E After Dark**
12.55 AM **Killer on the Run**
1.55 **Sleeping with My Murderer** Documentary.
2.45 **Skin A&E**
3.30 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Winter Road Rescue**
9.35 **Outback Truckers**
10.30 **Gunsmoke** (S13)
3.50 PM FILM **Bite the Bullet** Western starring Gene Hackman. (1975, PG, 131min) ★★★★
6.25 FILM **Mackenna's Gold** Western adventure starring Gregory Peck and Omar Sharif. (1968, 15, 136min) ★★★
9.00 FILM **Red Dawn** Action adventure starring Patrick Swayze and Charlie Sheen. A group of US teenagers and an ex-Marine wage guerrilla war against invading Soviet forces. (1984, 15, 113min) ★
11.20 **World's Deadliest Weather: Caught on Camera** Triple bill.
2.25 AM **Behind Bars: World's Toughest Prisons** Colony Eight.
3.30 **Highway Patrol**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Classic Neighbours**
11.00 **My Family**
1.00 PM **The Supervet: Noel Fitzpatrick**
6.00 **Inside the Ambulance** Paramedics help a man injured in a bottle attack. **7.00** A teenager suffers an asthma attack on the day of an exam.
8.00 **Inside the Operating Theatre** The team tackle an operation in which a patient's heart is stopped and restarted. **9.00** A woman has an investigation of her womb to find out whether she has cancer.
10.00 **Emma Willis: Special Births** Double bill.
12.00 M'T **Stacey Dooley Sleeps Over**
1.00 AM **Inside the Ambulance**
1.35 **to 3.00** AM **Sort Your Life Out with Stacey Solomon**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Abandoned Engineering** Double bill.
8.00 **Great Continental Railway Journeys**
10.00 **Great Canal Journeys**
12.00 NOON **Canal Boat Diaries** Triple bill.
3.00 PM **Russia with Simon Reeve** Documentary.
4.05 **Porridge**
8.00 **Bangers & Cash** A Mark 1 Astra GTE sends Dave into raptures. **9.00** A red 1957 Austin Healey is up for auction.
10.00 **Canal Boat Diaries** In Abingdon, Robbie tackles an emergency repair to fix a leak.
11.00 FILM **Sir Alex Ferguson: Never Give In** Football documentary. (2021, 12, 108min) ★★★
1.30 AM **David Attenborough's Natural Curiosities**
2.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From the Dorset-Hampshire coast.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **Derelict Rescue**
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **Escape to the Country** Double bill.
5.00 **A Place in the Sun**
9.00 **Long Lost Family** Davina McCall and Nicky Campbell meet factory worker Julie and a keen biker Marc, who are both looking for their birth mothers.
10.00 **Who Do You Think You Are?** Businesswoman and reality star Gemma Collins traces her roots.
11.00 **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **My Lottery Dream Home**

+1 hour 242 365

Great! TV

157 167 170 34 32

8.10 AM **A Fine Romance**
8.50 **The Waltons** (S7&8)
4.50 PM **FILM Carry On Spying** James Bond spoof starring Kenneth Williams. (1964, b/w, U, 84min) ★★★★
6.45 **FILM The Duel** Western starring Liam Hemsworth. A Texas Ranger investigates a series of unexplained deaths in a town run by a former Confederate officer. (2016, 15, 110min) ★★★
9.00 **FILM Last Knights** Medieval adventure starring Clive Owen. A warrior leads a band of soldiers to avenge his master's death. (2015, 15, 112min) ★★
11.25 **Man About the House**
12.25 AM **Robin's Nest** (S3)
12.55 **Rising Damp** (S2)
1.55 **Air Rescue**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.00 AM **Murder Maps**
10.00 **FILM Bad Man's River** Spaghetti Western. (1972, 12, 90min) ★
12.00 NOON **FILM We Dive at Dawn** War drama. (1943, b/w, U, 97min) ★★★
2.00 PM **FILM Between Heaven and Hell** Psychological war drama. (1956, PG, 94min) ★★
4.05 **FILM Force 10 from Navarone** Adventure. (1978, 12, 118min) ★★
6.35 **FILM Hercules** Mythological adventure. (2014, 12, 98min) ★★★
8.40 **FILM The Ice Road** Action thriller. (2021, 12, 108min) ★★★
10.55 **The Avengers** (S6)
11.55 **The Baron** 3/30. (S1)
12.55 AM **The Persuaders!**
1.55 **FILM Stonados** Disaster movie. (2013, PG) ★
3.30 **Coast Guard Alaska**
5.00 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM **Diagnosis Murder**
9.10 **Hailey Dean Mysteries**
11.00 **Murder, She Wrote** Ten episodes, including at: **8.00** PM *The Dying Game:* A chief accountant is killed.
9.00 **Hailey Dean Mysteries** *Murder, with Love:* Crime drama with Kellie Martin. A former prosecutor-turned-therapist tries to prove the innocence of one of her patients.
10.50 **Hailey Dean Mysteries** *A Will to Kill:* The investigation into the murder of Hailey's ex-fiancé from 15 years previously is reopened.
12.50 AM **FILM A Murderer Upstairs** Crime thriller starring Josie Davis. (2017, PG, 90min) ★★
2.40 **FILM Treacherous** Thriller. (2018, 12) ★★
4.05 **to 5.00** AM **Diagnosis Murder**

+1 hour 321

Great! Christmas

322 319 424 52 47

8.00 AM **FILM Maggie's Christmas Miracle** Drama. (2017, U) ★★
10.00 **FILM Hope at Christmas** Drama. (2018, PG) ★★
12.00 NOON **FILM A Gingerbread Romance** Drama. (2018, PG) ★★
2.00 PM **FILM A Christmas Recipe for Romance** Drama. (2019, U) ★★
3.55 **FILM Christmas with a View** (2018, PG) ★★
5.55 **FILM My Sweet Holiday** Drama. (2020, PG) ★★
7.50 **FILM The Christmas Chocolatier** Drama. (2024, PG, 82min) ★★
9.45 **FILM 12 Toys of Christmas** Comedy. (2025, U) ★★
11.45 **FILM Dashing Home for Christmas** Drama. (2020, PG, 84min) ★★
1.50 AM **Highway to Heaven**
2.45 **FILM A Christmas Recipe for Romance**
4.10 **to 5.00** AM **Highway to Heaven**

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
12.00 NOON **Richard Wilson's Highland Fling**
1.00 PM **The Greatest Auction** Triple bill.
4.00 **FILM Futtock's End** Silent comedy. (1970, 12, 47min) ★★★
5.00 **FILM Battle of the Commandos** War drama. (1971, PG, 95min) ★★★
7.00 **FILM Vendetta for the Saint** Mystery starring Roger Moore. (1968, PG, 94min) ★★★
9.00 **FILM Girls Come First** Comedy with John Hamill. (1975, 18, 43min) ★★
10.00 **FILM Intimate Games** Comedy with George Baker. (1976, 18) ★★★
11.45 **Musketeer** Short drama.
12.00 M'T **FILM Lady Libertine** Drama. (1983, 18) ★★
1.45 AM **FILM Vendetta for the Saint** Mystery. (1968, PG, 94min) ★★★
3.45 **to 5.00** AM **Going to the Dogs**

Rewind TV

182 81 164 141

6.00 AM **Space 1999** (S2)
7.00 **UFO** 5&6/26. (S1)
9.00 **Doctor in Charge** (S2)
10.00 **The Upper Hand** (S2)
11.30 **The Gaffer** 5&6/7. (S2)
12.30 PM **Second Thoughts**
2.00 **Two's Company** (S3)
3.30 **Only When I Laugh**
4.30 **The Upper Hand** (S2)
6.00 **Doctor in Charge** (S2)
7.00 **The Gaffer** 4-6/7. (S2)
8.30 **The Day Pele Came to Town** Santos FC bring Brazil's World Cup talent to Plymouth in 1970.
9.00 **Space 1999** 16/24. (S2)
10.00 **FILM Galaxina** Sci-fi adventure starring Dorothy R Stratten. (1980, 15, 91min) ★
12.00 M'T **FILM Come Play with Me** British comedy. (1977, 18, 90min) ★★
2.00 AM **Stereo Underground**
3.00 **The Tony Hancock Show**
3.30 **Two's Company**
5.00 **to 6.00** AM **Stereo Underground**

DMAX

159 151 169 39 147 35

6.00 AM **How Do They Do It?**
9.00 **Kindig Customs**
1.00 PM **Junkyard Empire**
3.00 **Ant Anstead: Born Mechanic** Double bill.
5.00 **Guz Khan's Custom Cars** Double bill.
7.00 **Expedition Bigfoot** One of the Bigfoot trackers is taken from Prince of Wales Island. **8.00** The team split up to investigate mysterious tracks leading to a perilous glacier.
9.00 **The Alaska Triangle** Explores an area known for unusual activity. **10.00** A cryptozoologist hunts for proof of Bigfoot in the wilderness.
11.00 **Expedition X** America's most haunted city – Savannah, Georgia.
12.00 M'T **Expedition X**
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Man v Food** Triple bill.
9.30 **Man v Food with Casey Webb** Seven editions.
1.00 PM **James Martin's United Cakes of America** Four editions.
3.00 **Great British Bake Off** Six editions, including at: **8.00** The top three bakers compete for glory in the 2012 final.
9.00 **James Martin's French Adventure** The chef explores the Dordogne.
10.00 **Man v Food** Adam Richman takes on the Hellfire Challenge. **10.30** A 5lb grilled-cheese sandwich.
11.00 **Michel Roux's French Country Cooking**
12.00 M'T **James Martin's French Adventure**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

7.00 AM **Babylon 5** (S3)
12.00 NOON **FILM Treasure Island** Adventure. (1971, U, 95min) ★★★
1.55 PM **FILM The Land That Time Forgot** Fantasy. (1974, PG, 91min) ★★★
3.45 **FILM Donovan's Reef** Comedy adventure. (1963, U, 104min) ★★★
5.50 **FILM Only the Valiant** Western starring Gregory Peck. (1951, b/w, PG, 100min) ★★
8.00 **The Twilight Zone** (S4)
9.00 **FILM Reign of Fire** Fantasy starring Christian Bale. (2002, 12, 102min) ★★★
11.05 **FILM Drive Angry** Supernatural thriller starring Nicolas Cage. (2011, 18, 104min) ★★★
1.15 AM **FILM They Live** Sci-fi adventure. (1988, 15, 95min) ★★★
3.10 **to 5.00** AM **FILM Best of the Best** Drama. (1989, 15, 100min) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM **The Twilight Zone**
10.00 **The A-Team** 20/25. (S3)
3.00 PM **FILM The 7 Adventures of Sinbad** Fantasy adventure. (2010, PG, 90min) ★★
5.00 **King Solomon's Mines** Adventure starring Patrick Swayze.
9.00 **FILM Triple 9** Crime thriller starring Chiwetel Ejiofor and Casey Affleck. A gang of corrupt cops are blackmailed into a heist. (2016, 15, 113min) ★★★
11.25 **FILM Precious Cargo** Thriller starring Claire Forlani and Bruce Willis. (2016, 15, 87min) ★★
1.20 AM **FILM Split Second** Futuristic horror thriller. (1991, 18, 90min) ★
3.10 **FILM The Virginian** Western adventure. (2014, 12, 90min) ★★
5.00 **to 6.00** AM **The Twilight Zone**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Hardcore Pawn**
9.15 **Pawn Stars Do America**
11.10 **Container Wars**
1.05 PM **Junk & Disorderly**
4.05 **Storage Wars: Texas**
7.00 **Secrets in the Jungle** An unsettling sight on the island of New Guinea.
8.00 **Secrets in the Sand** Extraordinary curiosities that were once hidden within desert sands.
9.00 **The Lost City of Ramses II** 2/2. Exploring the true history of the lost city of Ramses the Great.
10.00 **Queens of Ancient Egypt** The daughter of Cleopatra and Antony.
11.00 **The UnXplained: Mysteries of the Universe** Double bill.
1.00 AM **Strange Evidence**
2.00 **Killer Britain with Dermot Murnaghan**
3.00 **to 6.00** AM **The Great British Dig: History in Your Back Garden**

5SELECT

153 166 138 46 133 30

9.00 AM **Summer in the Scilly Isles** Triple bill.
12.00 NOON **Reuben Owen: Life in the Dales** Five editions, including at: **3.00** PM Reuben prepares land around a stone barn in Cumbria. **4.00** Reuben takes on a new apprentice – his brother Miles.
5.05 **An Invitation to Murder** Mystery drama starring Mischa Barton.
7.00 **Royal Heirs and Spares: Rivalry & Resentment** Exploring the relationships between heirs and their siblings.
8.30 **The Day Diana Died** The hours following the Princess of Wales' death.
10.00 **The Castle of Mey: The Queen Mother's Hideaway** A look at the secluded residence in Caithness, Scotland.
11.00 **Taggart** *Fearful Lightning.*
1.05 **to 4.00** AM **Prisoner: Cell Block H**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Quiz show.
10.00 **Family Fortunes**
11.00 **Celebrity Antiques Road Trip** Dan and Peter Snow take part.
12.15 PM **Catchphrase**
1.00 **Beat the Chasers**
4.00 **The Chase**
5.00 **The Chase Celebrity Special** With guests Shane Williams, Sair Khan, Milton Jones and Tanni Grey-Thompson. **6.00** Louise Hazel, Joel Dommett, Sinitta and Les Dennis take part.
7.00 **The Chase** Double bill.
9.00 **The Chase Celebrity Special** Christian O'Connell, Carrie Grant, Naomi Wilkinson and Dave Johns take part.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Six editions
2.00 AM **The Chase**
4.00 **The Chase Celebrity Special** Quiz show
5.00 **to 6.00** AM **The Chase**

TLC

133/134 139 113/128 12 144 17

7.00 AM **Young Sheldon**
10.00 **The Big Bang Theory**
7.00 PM **The Big Bang Theory** 16/24. Amy is furious with Sheldon for sharing intimate details of their relationship. **7.30** 17/24. Raj cannot afford to join the gang on their annual trip to Comic-Con. (S10)
8.00 **Georgie and Mandy's First Marriage** 19/22. Mandy must help Meemaw collect money from her father when he loses some bets. **8.30** 20/22. Audrey hopes to meet Connor's girlfriend. (S1)
9.00 **Mock the Week**
1.00 AM **Young Sheldon**
1.30 **Dr Pimple Popper**
2.30 **Say Yes to the Dress: UK** Reality series.
3.00 **My 600lb Life**
5.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Mr Bean**
9.00 **Friends** (S5)
1.00 PM **Friends** (S5&6)
6.00 **FILM Mean Girls 2** Teen comedy sequel starring Meaghan Jette Martin. (2011, 12, 92min) ★
7.55 **Mr Bean** Double bill.
9.00 **FILM Horrible Bosses** Farcical comedy starring Jason Bateman, Charlie Day and Jason Sudeikis. Three friends hatch a plot to get rid of their tyrannical employers. With Jennifer Aniston. (2011, 15, 93min) ★★★
10.55 **Jimmy Carr's Am I the A**hole?**
11.55 **8 Out of 10 Cats Uncut**
1.35 AM **Lee Evans: Monsters**
2.40 **Michael McIntyre: Hello Wembley!**
3.30 **Jimmy Carr's Am I the A**hole?**
4.15 **to 5.00** AM **Stupid Central**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S9)
7.00 **Teleshopping**
9.00 **The Upper Hand**
11.00 **Criminally Funny**
7.00 PM **Friends** 20/24. The guys enjoy a ride in a police car. **7.30** 21/24. Phoebe learns Gary plans to ask her to move in with him. **8.00** 22/24. Joey gets a shock in Las Vegas. **8.30** 23/24. Part one of two. The pals head to Las Vegas. (S5) **9.00** 13/25. Guest stars Reese Witherspoon. **9.30** 14/25. Phoebe is mistaken for an adult film star. (S6)
10.00 **Friends** (S6&7)
2.00 AM **Impractical Jokers**
3.00 **South Park**
4.30 **Beavis and Butt-Head**
4.50 **Mike Judge's Beavis and Butt-Head** (S3)
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

56 42

8.00 AM **Bread Xmas 1988**
9.25 **Bread Xmas 1989**
10.25 **Bread Xmas 1990**
11.30 **Carry On Christmas Carol** From 1969.
12.35 PM **Carry On Christmas 1973** Comedy special.
1.30 **In Sickness and in Health** 8/8. (S4)
2.10 **Steptoe and Son Xmas 1973** 8/8. (S7)
3.05 **Steptoe & Son: A Perfect Christmas**
3.55 **Whatever Happened to the Likely Lads?** (S2)
4.55 **Birds of a Feather** (S11)
6.20 **Birds of a Feather Christmas Special**
7.15 **Birds of a Feather** (S12)
7.55 **Minder** 10/13. (S3)
9.00 **Benidorm** 3&4/9. (S2)
9.55 **Shameless** 12/16. (S7)
10.55 **Man About the House**
11.25 **Mind Your Language**
12.00 M'T **Benidorm** (S2)
12.55 AM **Minder** 7/13. (S8)
2.00 **Birds of a Feather** (S12)
2.20 **to 5.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Daria** 5/13. (S3)
6.25 **Teen Mom 2**
7.10 **Dallas Cowboys Cheerleaders**
10.00 **Teen Mom: The Next Chapter** Triple bill.
1.00 PM **Charmed** (S2)
6.00 **Catfish: The TV Show** Keyonnah tries to find out whether her crush is the rapper Bow Wow. **7.00** Helping online lovers Kya and Alyx, who are unsure about each other's honesty. **8.00** Reign needs answers from Piers on why he disappeared.
9.00 **Skin A&E**
10.00 **Geordie Stories: Charlotte Mam of Two**
11.00 **Ink Master**
12.00 M'T **Ink Master: OGs vs. Young Guns**
1.00 AM **Jersey Shore Family Vacation**
2.00 **Dating Naked**
2.45 **All Star Shore**
3.35 **to 4.00** AM **Daria**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Wheeler Dealers**
10.00 **The Best of Wheeler Dealers** Series highlights.
11.00 **Wheeler Dealers**
12.00 NOON **Building Off the Grid**
2.00 PM **Alaska: Homestead Rescue** The Raneys help a family who are facing a swamp nightmare in Georgia. **4.00** The Raneys attempt to bring some homesteading mastery to a Vermont couple. **6.00** The Raneys visit a homestead they helped save more than three years ago.

7.00 Homestead Rescue...

7.00 **Homestead Rescue: Intervention** New edition A fed-up wife in Arizona secretly pleads for the Raneys to take her husband from dreamer to doer to save their homestead and family from collapsing.

9.00 **Barnwood Builders** Mark and the team build a barnwood dance floor and a handcrafted arbour for a farm wedding.

10.00 **In the Eye of the Storm** In May 2022, an unstable weather system spawns a deadly twister that tears through Michigan.

11.00 **Mighty Truckers** An insight into the challenges of being a truck driver.
12.00 M'T **Kindig Customs** Dave designs his own concept car. **1.00** AM A 1934 Ford Coupe. **2.00** A 1964 Corvette arrives.
3.00 **to 5.00** AM **American Chopper**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **My Cat from Hell**
5.00 **Treehouse Masters** Creating an owl-inspired treehouse library in North Carolina.
6.00 **Meet the Penguins** The odds are stacked against an undersized, abandoned chick. **6.30** A large-scale leopard attack near Cape Town leaves 33 penguins dead.

8.00 Little Giants

7.00 **How Do Animals Do That?** How sea turtles navigate their way home. **7.30** How snakes hear when they have no ears.

8.00 **Little Giants** Bradley and Billy track down the giant scolopendra centipede. **8.30** The search for a majestic micro-dragon.

9.00 **Alaskan Bush People** A storm threatens the Brown family's safety as they set out for a new addition to Browntown.

10.00 **Tanked** A previous customer asks for an even bigger tank, and the team build an acrylic waterfall for a memorial.

11.00 **Alaska: The Last Frontier** Otto and August radio Eivin for rescue after an emergency.
12.00 M'T **Fish or Die**
1.00 AM **Great White Shark Babies**
2.00 **The Haunted**
3.00 **Tiger Shark King**
4.00 **to 5.00** AM **How Do Animals Do That?**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Toronto Airport Uncovered** Triple bill.
11.00 **Miracle Landing on the Hudson** The story of US Airways Flight 1549.
12.00 NOON **Air Crash Investigation** Six editions of the series, including at: **5.00** PM Investigators try to find the cause of a collision between a passenger plane and a small private aircraft.
6.00 **Air Crash Investigation: Surviving Disaster** A collision between two aircraft that killed 21 passengers.

8.00 Lost Treasures of Ancient...

7.00 **Europe from Above** An aerial journey over Greece reveals ancient monuments and daring ocean clear-ups.

8.00 **Lost Treasures of Ancient Greece** New edition Experts explore the legacy of Alexander the Great.

9.00 **Planes That Changed History** New edition How Boeing designed the largest passenger aircraft of its time – the 747.

10.00 **Diana: In Her Own Words** Documentary featuring never-before-seen footage of Diana, Princess of Wales.

11.00 **Bloody Tales of the Tower** The fates of three people imprisoned for treason. **12.00** M'T The execution of the Duke of Monmouth. **1.00** AM The deaths of Anne Boleyn, Catherine Howard and Lady Arabella Stuart.
2.00 AM **Tut's Toxic Tomb**
4.00 **to 5.00** AM **Mysteries of Ancient Medicine**

Sky History

123/124 115/116 131 353 368

6.00 AM **Britain's Most Historic Towns** Double bill of editions.
8.00 **Storage Wars**
11.00 **Storage Hunters**
1.00 PM **Pawn Stars** Seven editions of the series, including at: **4.00** The team come face to face with a life-size Creature from the Black Lagoon. **4.30** Vintage comics.
5.00 **Forbidden History** A look at some of the darker elements of the MK Ultra programme. **6.00** The whereabouts of King Solomon's mines.

1.00 Pawn Stars

7.00 **Ultimate Mysteries** A new theory about the disappearance of aviator Charles Lindbergh's 20-month-old son.

8.00 **Ultimate Mysteries** A case from 1955 in which a family of seven in Kentucky fired their guns on an alleged alien attack.

9.00 **Royal Murder Mysteries** The fate of Josslyn Hay, the controversial 22nd Earl of Erroll and staunch supporter of fascism.

10.00 **Royal Murder Mysteries** The enduring mystery of whether Princess Anastasia of Russia escaped the Bolsheviks.

11.00 **What on Earth?** Exploring the mystery of a shipwreck found in the middle of the desert, and a ghost town still stalked by a serial killer.. **12.00** M'T Documentary exploring electric blue mountain, the gateway to Hell and a town-swallowing abyss.
1.00 AM **Storage Hunters**
3.00 **to 6.00** AM **Pawn Stars**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Discovering: John Travolta**
7.00 **Discovering: William Hurt**
8.00 **The Directors**
9.00 **I Am Alfred Hitchcock**
10.50 **My Icon: Michael Holding**
11.00 **Barbie Uncovered: A Dreamhouse Divided**
12.50 PM **My Icon: Kadeen Corbin**
1.00 **My Mom Jayne** Actor Mariska Hargitay explores the life of her mother Jayne Mansfield.
3.00 **Chimp Crazy** 1-4/4. Documentary series looking at the bonds between pet chimpanzees and their owners.

9.00 Groomed: The Truth...

7.20 **The Salisbury Poisonings: A Spy Next Door** The nerve agent attack on former Russian spy Sergei Skripal and his daughter Yulia, with contributions from intelligence and counterterrorism officials, journalists and victims.

9.00 **Groomed: The Truth Behind the Lie** Series finale *The Reckoning:* 3/3. Ellie Williams is jailed.

10.00 **The Essex Murders: Who Killed Goldfinger?** 1/3. Investigating the unsolved 2015 murder of John Palmer.

11.00 **The Essex Murders: Who Killed Goldfinger?** 2/3. The search for John Palmer's killer leads to Tenerife. **12.00** M'T 3/3. A professional hitman is suspected in John Palmer's murder.
1.00 AM **Schmeichel** A profile of Peter Schmeichel.
3.00 **Lennox: The Untold Story**
5.00 **to 6.00** AM **The Directors**

Sunday

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **American Pickers**
8.00 **Johnny Vegas' Little Shop of Antiques**
9.00 **The Repair Shop**
1.00 PM LIVE **British Superbikes** Coverage of the eighth round of the season at Cadwell Park.
6.00 **The Yorkshire Auction House** Angus Ashworth auctions off a garden railway fanatic's huge model collection.
7.00 **Johnny Vegas' Little Shop of Antiques** Johnny and Bev head to Stafford to sell in an auction for the first time.
8.00 **The Repair Shop** Items including a Venetian glass goblet are restored.
9.00 **The Repair Shop**
1.00 AM **Mike Brewer's World of Cars**
3.00 **Wheeler Dealers: Dream Car**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/146 40 146 34

7.00 AM **Say Yes to the Dress**
8.00 **Curvy Brides Boutique**
10.00 **Forensic Detectives**
11.00 **A Killer's Mistake**
12.00 NOON **FBI Files**
3.00 PM **Faking It: Tears of a Crime** Six editions of the series, including at: **7.00** The death of Jamie Lavis in 1997. **8.00** The case of Oscar Pistorius, who killed his girlfriend Reeva in 2013.
9.00 **Inside the Arrest** After Virginia McCullough is arrested, officers discover her secret.
10.00 **Faking It: Tears of a Crime** The cases of Paul Dyson and John Tanner. **11.00** A look at the cases of Mitchell Quy and Mick Philpott. **12.00** M'T The crimes of Andrew Burfield.
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **UK Crime Files: Acid Bath Murders** The case of John George Haigh.
8.00 **UK Crime Files: The Plumstead Ripper** Examining the murders of Rachel Nickell and Samantha Bissett
9.00 **UK Crime Files: The Tenant From Hell** The case of David Ellis, who murdered landlord Alec Warburton.
10.00 **UK Crime Files: Uncovering Melanie's Murderer** A look at how DNA profiling can enhance traditional investigative techniques.
11.00 **UK Crime Files: Dog Walker Murder**
12.00 M'T **UK Crime Files: Security Guard Killer**
1.00 AM **Killers: Caught on Camera** Triple bill.
4.00 **to 5.45** AM **Judge Judy**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Medical Detectives**
10.45 **Teleshopping**
11.00 **Medical Detectives**
12.00 NOON **Killers: Caught on Camera** Double bill.
2.00 PM **UK Crime Files: Murder: A Fight for Justice** A look at the case of Satish Sekar.
3.00 **UK Crime Files: Murder on the Rocks** A body found on an island.
4.00 **UK Crime Files: Seaside Lady Macbeth** A scandalous love triangle from the 1930s.
5.00 **UK Crime Files: Connecting a Killer** Reopening a series of Pembrokeshire crimes.
6.00 **UK Crime Files: Merseyside Wheelchair Murderer** A look at the death of Linda Anders.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Highway Cops**
7.00 **A1: Britain's Longest Road** Documentary.
8.00 **Road Wars**
9.00 **Caught on Dashcam**
11.00 **The Force: Manchester**
12.00 NOON **Caught Red Handed** Triple bill.
2.00 PM **Forensics: Catching the Killer**
3.00 **The Murderer & Me**
6.00 **Forensics: Catching the Killer** Double bill.
8.00 NEW SERIES **Crime Scene Raw** The case of Mandy Reynolds.
9.00 **Method of a Serial Killer** Documentary.
10.40 **The Sleepwalker**
12.20 AM **Killer in My Village**
1.20 **What the Killer Did Next** Documentary.
2.25 **World's Most Evil Killers**
3.30 **Motorway Patrol**
4.00 **The Force: Manchester**
5.00 **to 6.00** AM **Stop, Search, Seize**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's Extremes**
8.35 **The World After Stonehenge**
1.00 PM **1066: A Year to Conquer England**
5.00 **Pocahontas: Beyond the Myth** As 10.40pm
6.05 **The World After Stonehenge** Neil Oliver explores the origins of Britain and its people. **7.15** Neil explores the age of Celtic Britain. **8.20** The beginning of Roman Britain. **9.30** Exploring the legacy of the Romans.
10.40 **Pocahontas: Beyond the Myth** Examining the life of the Native American princess.
12.00 M'T **Remaking the Middle East** Documentary detailing generations-long conflicts in the region.
1.15 **to 2.00** AM **Weathered: Earth's Extremes**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Extraordinary Animals**
7.00 **Matsalu Moose: Wild Giants of the Baltics** Documentary.
8.00 **Macaque Island**
11.00 **Battle of the Alphas**
12.00 NOON **Accidental Wilderness: Europe's Everglades**
1.00 PM **Whale with Steve Backshall** Four editions.
5.00 **Predators** A pride of lions battle with natural disasters.
6.00 **Violent Earth** New edition How small fires can become unstoppable megafires.
7.00 **David Attenborough's Rise of Animals: Triumph of the Vertebrates** Exploring the evolution of vertebrates. **8.00** How mammals came to dominate the natural world.
9.00 **Survival of the Beast**
11.00 **Violent Earth** As 6.00pm.
12.00 M'T **Islands** Double bill.
2.00 AM **Africa's Hidden Kingdoms**
4.00 **Matsalu Moose: Wild Giants of the Baltics** Documentary.
5.00 **to 6.00** AM **Accidental Wilderness: Europe's Everglades**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Digging for Britain**
11.00 **Crimes That Shook Britain**
1.00 PM **Instruments of Death**
2.00 **Ancient Aliens** Double bill.
4.00 **Digging for Britain**
6.00 **The Plague** The worst pandemic in European history.
8.00 **Crimes That Shook Britain** The story of Yorkshire Ripper Peter Sutcliffe, who murdered 13 women during a five-year killing spree in the late 1970s. **9.00** The crimes of Shropshire killer Christopher Foster. **10.00** The ex-wife and former friends of Colin Ireland cast new light on the psyche of the Southend serial killer.
11.00 **Ancient Aliens** Extraterrestrial influence on mankind. **12.00** M'T The creation myth of the 'Cosmic Egg'.
1.00 AM **Iconic Combat Machines**
2.00 **Secret Wars Uncovered**
3.00 **Combat Trains**
4.00 **Crimes That Shook Britain**
5.00 **to 6.00** AM **Discovered by Disaster**

Discovery Science

167 148 179

8.00 AM **The Dino Hunters**
10.00 **How It's Made**
12.00 NOON **How It's Made: Dream Cars** Four editions.
2.00 PM **Incredible Engineering Blunders: Fixed** Double bill.
4.00 **How the Universe Works**
6.00 **How It's Made** Four editions of the documentary series.
8.00 **Mysteries of the Deep** Jeremy Wade explores the sinking of the mighty SS *Fitzgerald*. **9.00** Jeremy investigates a mummified body discovered on an abandoned boat.
10.00 **Valley of the Kings: The Lost Tombs** A team of leading experts dig for major discoveries in Egypt's entire Eastern and Western Valley of the Kings to unravel its final secrets and create the ultimate treasure map.
12.00 M'T **How the Universe Works**
2.00 AM **Through the Wormhole with Morgan Freeman**
4.00 **to 6.00** AM **How It's Made: Dream Cars**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **Robbie Coltrane's Critical Evidence** Double bill.
8.00 **When Missing Turns to Murder**
10.00 **Murdertown** Double bill.
12.00 NOON **Nightmare in Suburbia**
2.00 PM **Crimes That Shook Britain**
4.00 **Fugitives Caught on Tape**
7.00 **Alaska State Troopers**
8.00 **Tell Me How I Died** A nightclub owner's death ends up being more suspicious than it seems.
9.00 **Cold Case Files** The discovery of five people abducted from a local fast food restaurant. **10.00** The brutal killing of a woman in rural Pennsylvania. **11.00** A huge search unfolds in Oklahoma when two women and a child go missing.
12.00 M'T **The Toolbox Murders**
2.00 AM **Check-In to Murder** New edition Khalilur Rahman.
3.00 **Last Seen on Holiday** New edition Cases of people who disappeared abroad.
4.00 **Accident, Suicide or Murder?**
5.00 **to 6.00** AM **Killer in Plain Sight**

+1hour 256 333

WILD

165 145 182

8.00 AM **Heartland Docs**
10.00 **The Incredible Dr Pol**
11.00 **Airport Security: Colombia**
2.00 PM **Inside Airport Lost & Found** Triple bill of editions.
5.00 **Critter Fixers: Country Vets** New edition The vets strive to help a wounded search and rescue dog to see clearly.
6.00 **Crocodile: Australia's Greatest Survivor** Documentary about dominant saltwater crocodiles.
7.00 **Australia's Land of the Ancients** The landscape of northeastern Australia.
8.00 **Freaks & Creeps** Lucy Cooke searches for strange creatures. **9.00** Lucy encounters a Tasmanian devil on an island. **10.00** Lucy looks for Africa's strangest-looking animals.
11.00 **Red Sea: Evolution's Magic Garden** Documentary exploring the Red Sea's reefs.
12.00 M'T **Bizarre Animal Friends**
1.00 AM **Alaska Animal Rescue**
2.00 **The Most Extreme**
3.00 **Weird Nature**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

161/172 147 181

7.00 AM **Shed and Buried**
9.00 **Massive Engineering Mistakes**
12.00 NOON **Combat Dealers: Reloaded** Triple bill.
3.00 PM **World's Greatest Motorcycle Rides** Triple bill.
6.00 **Blowing Up History** Experts gain access to investigate lost tombs and forgotten rituals. **7.00** The construction of iconic megastructures created by bygone civilisations. **8.00** Investigating who built The Avenue of the Sphinxes.
9.00 **Salvage Hunters: The Restorers** Efforts are made to restore a World War Two RAF hero's bomber jacket. **10.00** Leather craftsman Martin Ashworth takes on an incredibly rare vintage 1920s Louis Vuitton wardrobe trunk. **11.00** Upholsterer Craig attempts to restore a Robert Dawes reclining library chair.
12.00 M'T **Shed and Buried**
2.00 **to 5.00** AM **Combat Dealers: Reloaded**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **999 Rescue Squad**
1.00 PM **999 Rescue Squad**
7.00 **999 Rescue Squad** The response teams rush to save the life of a 21-year-old man who has been shot in the chest. **8.00** A doctor on his way home from work is left fighting for his life after a head-on collision with a truck, and paramedic Chris is called to a motorcyclist who has been hit. **9.00** A student climber plunges from a cliff face in Wharfedale and the team fear he has broken his neck. **10.00** The medics spring into action when a cyclist plunges down a cliff after an accident. **11.00** A landslip at a construction site traps a worker under tons of earth, and reports of a riot at a school come in and medic Alex must lead the operation to treat the injured.
12.00 M'T **999 Rescue Squad**
5.25 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **The Night That Didn't End**
12.00 NOON **Still a Mystery**
4.00 PM **The 1990s: The Deadliest Decade** The case of Doris Angleton, who was shot dead in her home in April 1997. **5.00** The explosion of the Coca-Cola plant in Fort Myers. **6.00** The death of Lisa Carlson. **7.00** The bomb at the 1996 Atlanta Olympics.
8.00 **American Monster** The double lives of the US's most terrifying killers and abductors.
9.00 **The Killer in My Family** The older sister of the Oregon serial killer shares the warning signs.
10.00 **The Friday the 13th Murders** After a call on Friday the 13th, José Herran disappears.
11.00 **Murder on CCTV** The strange death of a teenage driver. **12.00** M'T In Texas, the bodies of two women are found behind a grocery store.
1.00 AM **Signs of a Psychopath**
2.00 **Death by Fame** Double bill.
4.00 **to 6.00** AM **Love Kills**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **Sewer Divers**
10.00 **Extreme RVs**
11.00 **Bangla Bangers**
12.00 NOON **Street Outlaws: Locals Only** Five editions.
5.00 PM **Shed and Buried** In Surrey, Henry Cole and Sam Lovegrove find mysterious automotive sculptures. **5.30** Henry and Sam meet a collector whose cottage is like a transport museum. **6.00** Henry and Sam seek items in the West Country. **6.30** Henry and Sam discover riches in Cornwall.
7.00 **Wheeler Dealers** Mike surprises Elvis with a Caterham Seven. **8.00** Mike and Ant work on a zippy little 1974 Fiat X1/9. **9.00** Mike tries to get his hands on a Ford Popular. **10.00** Mike travels to America in search of a Willys Jeep. **11.00** A search for a Bond Bug. **12.00** M'T Mike hunts for a DeLorean in America.
1.00 **to 4.00** AM **Sewer Divers**

+1hour 258

Sky Cinema Premiere

301 301 401 501 515

7.10 AM **Tom and Jerry: Forbidden Compass** (2025)
8.55 **GOAT** As shown at 6.00pm.
10.45 **Charlie the Wonderdog** Animation. (2025, PG, 92min)
12.20 PM **Looney Tunes: The Day the Earth Blew Up** Animated adventure. (2024, PG, 91min)
1.55 **Panda Plan 2: The Magical...**
3.45 **Rise of the Conqueror** Thriller. (2026, 15, 119min) ★★★
6.00 **GOAT** Animated adventure. (2026, PG, 100min) ★★★

7.45 Hamnet

7.45 **Hamnet** Period drama starring Paul Mescal and Jessie Buckley. After losing their son to plague, Agnes and William Shakespeare grapple with grief. With Emily Watson. (2025, 12, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Five Nights at Freddy's 2** Horror sequel starring Josh Hutcherson. One year after the nightmare at Freddy Fazbear's Pizza, Mike and Vanessa are pulled back into a terrifying series of events. (2025, 15, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Seven Snipers** Action thriller. (2025, 15, 87min) ★★★
1.20 AM **Panda Plan 2: The Magical Tribe** Action comedy sequel. (2026, PG, 100min)
3.05 **Tom and Jerry: Forbidden Compass** Animated family adventure. (2025, PG, 104min)
4.50 **to 6.30** AM **Looney Tunes: The Day the Earth Blew Up**

Sky Cinema Lord of the Rings

303 303 403 503 517

7.20 AM **The Lord of the Rings: The Return of the King**
10.40 **The Lord of the Rings: The Fellowship of the Ring**
1.40 PM **The Lord of the Rings: The Two Towers** As 11.00pm.
4.40 **The Lord of the Rings: The Return of the King** Epic fantasy adventure concluding Peter Jackson's trilogy based on JRR Tolkien's mythical saga. Stars Elijah Wood. (2003, 12, 201min) ★★★★★

8.00 The Lord of the Rings

8.00 **The Lord of the Rings: The Fellowship of the Ring** Epic fantasy adventure based on the novel by JRR Tolkien. In the realm of Middle Earth, a young hobbit sets off on a quest to destroy a magical ring before it can fall into the hands of the powers of chaos. Stars Elijah Wood, Ian McKellen and Viggo Mortensen. (2001, PG, 178min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **The Lord of the Rings: The Two Towers** Epic fantasy starring Elijah Wood and Ian McKellen. As the power of the evil Sauron continues to grow, threatening to overwhelm Middle Earth, the fellowship of the ring dissolves. (2002, 12, 179min) ★★★★★
2.00 AM **The Lord of the Rings: The Return of the King**
5.25 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Drama

310 310 410 510 524

7.35 AM **Chicago** Musical drama. (2002, 12, 112min) ★★★★
9.30 **Joker: Folie à Deux** Thriller. (2024, 15, 138min) ★★★★
11.50 **Hamnet** As shown at 10.15pm.
1.55 PM **Bohemian Rhapsody** Biopic. (2018, 12, 134min) ★★★★
4.10 **True Grit** Western remake. (2010, 15, 110min) ★★★★
6.05 **The Choral** Comedy drama. (2025, 15, 113min) ★★★★
8.00 **Downton Abbey: The Grand Finale** Period drama spin-off with Hugh Bonneville, Michelle Docker and Joanne Froggatt. (2025, PG, 123min) ★★★★
10.15 **Hamnet** Historical drama starring Paul Mescal and Jessie Buckley. After losing their son to plague, Agnes and William Shakespeare grapple with grief. (2025, 12, 125min) ★★★★
12.25 AM **A Big Bold Beautiful Journey** Romantic drama. (2025, 15, 109min) ★★★
2.25 **Don't Let's Go to the Dogs Tonight** Drama written, directed by and starring Embeth Davidtz, with Lexi Ventner and Zikhona Bali. (2024, 15, 99min) ★★★★
4.15 **to 6.05** AM **Mascarpone** Italian comedy drama. Subtitled. (2021, 15, 101min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.20 AM **Brightburn** Superhero horror. (2019, 15, 90min) ★★★
8.00 **Terminator 2: Judgment Day** Sci-fi action thriller sequel. (1991, 15, 146min) ★★★★★
10.25 **Annabelle** Horror spin-off. (2014, 15, 97min) ★★
12.10 PM **Annabelle: Creation** Horror starring Anthony LaPaglia. (2017, 15, 109min) ★★★
2.05 **Bugonia** As 12.25am.
4.05 **The Crazies** Horror remake. (2010, 15, 101min) ★★★★
5.50 **Deep Impact** Disaster movie with Robert Duval and Téa Leoni. (1998, 12, 123min) ★★★★
8.00 **M3GAN 2.0** Thriller sequel starring Violet McGraw, Jemaine Clement and Allison Williams. (2025, 15, 120min) ★★★
10.10 **Nosferatu** Horror starring Bill Skarsgård and Lily-Rose Depp. A troubled woman forms a telepathic bond with a count. (2024, 15, 132min) ★★★★
12.25 AM **Bugonia** Comedy thriller. (2025, 15, 118min) ★★★★
2.35 **The Exorcist** Occult horror chiller starring Max von Sydow. (1973, 18, 121min) ★★★★★
4.40 **to 6.50** AM **Constantine** Supernatural horror thriller. (2005, 15, 121min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

7.10 AM **Charlotte's Web** (2006)
8.50 **The Smurfs** (2011, U) ★★
10.40 **The Smurfs 2** Adventure sequel. (2013, U, 104min) ★★
12.30 PM **Wicked: For Good** Fantasy. (2025, PG, 137min) ★★★
3.00 **Cats & Dogs** Fantasy comedy. (2001, PG, 87min) ★★★
4.35 **Cats & Dogs: The Revenge of Kitty Galore** Comedy sequel. (2010, U, 82min) ★★
6.00 **Stuart Little** Adventure. (1999, U, 84min) ★★★★★

9.05 How to Train Your Dragon

7.35 **Stuart Little 2** Fantasy sequel featuring the voices of Michael J Fox and Melanie Griffith. (2002, U, 78min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.05 **How to Train Your Dragon** Fantasy adventure starring Mason Thames, Nico Parker and Gerard Butler. On the isle of Berk, a young warrior forms an unlikely bond with a feared dragon. (2025, PG, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Hook** Steven Spielberg's fantasy adventure with Robin Williams and Dustin Hoffman. (1991, U, 140min) ★★★
1.40 AM **Flavia** Family adventure starring Molly Belle Wright. (2026, PG, 100min) ★★★
3.20 **The Tiger Rising** Drama. (2022, PG, 102min) ★★★
5.05 **Cinema List: Family Favourites**
5.35 **to 7.20** AM **Jackie Chan's The Tuxedo** Action comedy. (2002, 12, 98min) ★★

Sky Cinema Action

306 306 407 507 521

7.20 AM **The Cinema List: Nature Gone Wild**
7.35 **Bad Boys** (1995, 15) ★★★
9.40 **Bad Boys II** Action comedy sequel. (2003, 15) ★★★
12.10 PM **Transformers** Adventure. (2007, 12, 144min) ★★★★
2.35 **Transformers: Age of Extinction** Sci-fi adventure. (2014, 12, 166min) ★★★
5.25 **Transformers: Dark of the Moon** Sci-fi adventure sequel. (2011, 12, 154min) ★★★

8.00 Transformers: Revenge...

8.00 **Transformers: Revenge of the Fallen** Sci-fi action adventure sequel inspired by the shape-changing toys, starring Shia LaBeouf and Megan Fox. A college student and his girlfriend get caught up in a titanic struggle between good and evil alien robots. With Tyrese Gibson. (2009, 12, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Transformers: The Last Knight** Sci-fi adventure sequel starring Mark Wahlberg, Stanley Tucci and Anthony Hopkins. (2017, 12, 155min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.05 AM **Clash of the Titans** Fantasy with Sam Worthington. (2010, 12, 106min) ★★
2.55 **Sisu: Road to Revenge** Finnish action sequel. Subtitled. (2025, 15, 89min) ★★★★
4.40 **to 6.20** AM **The 7th Voyage of Sinbad** Fantasy adventure. (1958, U, 87min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

7.20 AM **Gremlins 2: The New Batch** (1990, 12) ★★★
9.20 **Beverly Hills Cop 3** (1994)
11.15 **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★
1.00 PM **Seven Psychopaths** Comedy. (2012, 15) ★★★★
2.55 **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★
4.25 **Ace Ventura: When Nature Calls** (1995, PG) ★★★
6.05 **We're the Millers** Comedy. (2013, 15, 110min) ★★★★

6.05 We're the Millers

8.00 **Logan Lucky** Crime caper starring Channing Tatum and Adam Driver. Two brothers attempt to pull off a heist during a NASCAR race in North Carolina. With Daniel Craig and Riley Keough. (2017, 12, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Multiplicity** Fantasy comedy starring Michael Keaton as a man who has himself cloned to cope with the demands of his job and family. But one clone isn't enough. (1996, 12, 117min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **The Ballad of Wallis Island** Comedy drama. (2025, 12, 100min) ★★★★
1.55 **Friendship** Comedy. (2025, 15, 101min) ★★★★
3.45 **Uncle Buck** Comedy. (1989, 12, 94min) ★★★
5.30 **to 7.20** AM **Funny Cow** Drama. (2017, 15, 102min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **In Cold Light** Thriller. (2025, 15, 96min) ★★★
7.40 **Sharp Corner** Thriller. (2024, 15, 110min) ★★★★
9.35 **The Girl on the Train** (2016)
11.30 **Sherlock Holmes** Adventure. (2009, 12, 128min) ★★★★
1.40 PM **Sherlock Holmes: A Game of Shadows** (2011, 12) ★★★
3.50 **Jason Bourne** Action thriller. (2016, 12, 123min) ★★★
5.55 **No Country for Old Men** Thriller. (2007, 15) ★★★★

10.30 Clear and Present Danger

8.00 **Inception** Christopher Nolan's sci-fi thriller starring Leonardo DiCaprio. A corporate spy assembles a team to infiltrate the dreams of a billionaire, but his own guilty dreams of his dead wife threaten to sabotage the mission. With Ken Watanabe and Joseph Gordon-Levitt. (2010, 12, 148min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

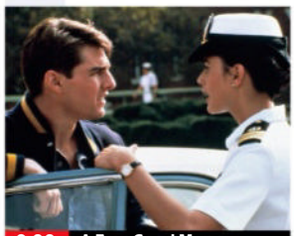
10.30 **Clear and Present Danger** Action thriller starring Harrison Ford. CIA agent Jack Ryan discovers links between a Colombian drugs cartel and the US government. (1994, 12, 141min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **RocknRolla** Crime thriller. (2008, 15, 110min) ★★
3.00 **The Girl on the Train** Thriller. (2016, 15, 107min) ★★★★
5.05 **to 6.55** AM **Lurker** Drama. (2025, 15, 100min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **It Came from Outer Space** Sci-fi thriller. (1953, b/w, PG, 81min) ★★★
12.45 PM **Patrick** Family comedy. (2018, PG, 94min) ★★★
2.35 **Turner & Hooch** Comedy. (1989, PG, 99min) ★★★
4.40 **Entrapment** Romantic thriller. (1999, 12, 112min) ★★★
6.55 **Sister Act** Musical comedy starring Whoopi Goldberg. (1992, PG, 102min) ★★★★


9.00 A Few Good Men

Sister Act (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **A Few Good Men** Courtroom drama with Tom Cruise, Jack Nicholson and Demi Moore. A slick young US Navy lawyer locks horns with the martinet commander of a US military base in Cuba over a murder trial. (1992, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.45 **Darkman** Fantasy thriller starring Liam Neeson as a disfigured scientist who begins a new life as shadowy superhero Darkman. With Frances McDormand and Colin Friels. (1990, 18, 95min) ★★★
1.35 **to 3.50** AM **The Frighteners** Horror comedy with Michael J Fox and Trini Alvarado. (1996, 15, 110min) ★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema Animation

302 302 402 502 516

7.05 AM **GOAT** As shown at 2.15pm.
8.55 **Minions** Animated comedy. (2015, U, 91min) ★★★★
10.40 **Happy Feet** Animated musical. (2006, U, 108min) ★★★★
12.30 PM **Happy Feet Two** Animated sequel. (2011, U, 100min) ★★★
2.15 **GOAT** Animated adventure. (2026, PG, 100min) ★★★
4.00 **Antz** Animated family comedy. (1998, PG, 83min) ★★★

5.25 **Shark Tale** Animated comedy. (2004, U, 90min) ★★★★
7.00 **Trolls World Tour** Animation. (2020, U, 91min) ★★★
8.35 **Shaun the Sheep Movie** Animated comedy adventure with the voice of Justin Fletcher. (2015, U, 85min) ★★★★
10.05 **A Shaun the Sheep Movie: Farmageddon** Animation. (2019, U, 86min) ★★★★
11.35 **DC League of Super-Pets** Animated comedy adventure. (2022, PG, 105min) ★★★

1.25 AM **Dog Man** Animated comedy. (2025, U, 89min) ★★★★
3.00 **The Wild Thornberrys Movie** Animation. (2002, U) ★★★★
4.30 **Cinema List: Family Favourites**
5.00 **to 6.35** AM **The Pirates! In an Adventure with Scientists** Animation. (2012, U) ★★★★

Sky Cinema Greats

307 307 404 504 518

7.15 AM **Kindergarten Cop** (1990)
9.10 **Bean** Comedy spin-off. (1997, PG, 90min) ★★★
10.45 **Matilda** Roald Dahl's fantasy. (1996, PG, 98min) ★★★★
12.30 PM **The Karate Kid** Adventure. (1984, 12, 127min) ★★★★
2.40 **The Karate Kid Part II** Martial arts adventure sequel starring Ralph Macchio and Pat Morita. (1986, PG, 113min) ★★

4.35 **The Karate Kid: Part III** Martial arts adventure sequel with Ralph Macchio. (1989, PG, 111min) ★
6.30 **The Borrowers** Family adventure with John Goodman, Jim Broadbent and Celia Imrie. (1997, U, 86min) ★★★★
8.00 **Stuart Little** Fantasy adventure featuring the voice of Michael J Fox. (1999, U, 84min) ★★★★★
9.40 **Kindergarten Cop** Comedy thriller with Penelope Ann Miller and Arnold Schwarzenegger. (1990, 15, 111min) ★★★

11.35 **My Girl** Bittersweet comedy drama. (1991, PG, 105min) ★★
1.20 AM **My Girl 2** Comedy drama sequel. (1994, PG, 99min) ★★
3.00 **Sleepless in Seattle** Comedy. (1993, PG, 105min) ★★★★★
4.50 **to 6.45** AM **Free Willy** Drama. (1993, U, 112min) ★★★★

Disney+ Cinema

305 305

6.00 AM **The Princess Diaries** Comedy. (2001, U, 115min) ★★★
8.00 **Ralph Breaks the Internet** Animation. (2018, PG) ★★★★
9.55 **Frozen** Animated musical. (2013, PG, 108min) ★★★★
11.40 **Raya and the Last Dragon** Animated fantasy adventure. (2021, PG, 103min) ★★★★
1.30 PM **Mulan** Animated adventure. (1998, U, 88min) ★★★

3.00 **Brave** Animated adventure. (2012, PG, 93min) ★★★★
4.40 **National Treasure** Adventure. (2004, PG, 131min) ★★★★
6.50 **National Treasure: Book of Secrets** Action adventure. (2007, PG, 119min) ★★★
9.00 **Deadpool & Wolverine** Fantasy adventure sequel starring Ryan Reynolds and Hugh Jackman. (2024, 15, 128min) ★★★★
11.10 **Conan the Barbarian** Fantasy starring Arnold Schwarzenegger. (1981, 15, 129min) ★★★

1.20 AM **Starship Troopers** Sci-fi war drama starring Casper Van Dien. (1997, 18, 129min) ★★
3.30 **Inspector Gadget** Live-action adaptation of the cartoon series. (1999, U, 77min) ★★★
4.55 **to 6.00** AM **Bambi** Animation. (1942, U, 69min) ★★★★★

Movies 24

312 313 419

7.00 AM **Branching Out** Drama. (2024, PG, 90min) ★★
9.00 **Kentucky Roses** Romantic drama. (2026, PG, 90min) ★★
11.00 **Love for Starters** Romantic comedy. (2022, PG, 85min) ★★
1.00 PM **Haunted Wedding** Comedy fantasy. (2024, PG, 84min) ★★
3.00 **Toast to Italy** Romantic drama starring Torrey DeVitto and Will Kemp. (2026, PG, 90min) ★★

5.00 **A Miracle in Bethlehem** Drama. (2023, PG, 90min) ★★
7.00 **A Whitewater Romance** Romantic drama starring Cindy Busby. (2024, U, 84min) ★★
9.00 **A Suite Holiday Romance** Drama starring Jessy Schram and Dominic Sherwood. Two strangers meet at a hotel on Christmas, and each lets the other think they are someone else. (2025, PG, 90min) ★★
11.00 **The Royal We** Romantic comedy. (2025, PG, 84min) ★★

1.00 AM **Savoring Paris** Romantic drama starring Bethany Joy Lenz. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **An Unexpected Valentine** Romantic comedy. (2025, PG, 84min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Beauty and the Barge** Comedy. (1937, b/w, U) ★★
7.30 **The Lucy Show** 2/22. (S5)
8.00 **Sherlock Holmes** 2/39. (S1)
8.30 **The Kansan** Western drama. (1943, U, 80min) ★★
10.10 **Dancing with Crime** Crime drama. (1946, PG, 83min) ★★
11.50 **Batman** 19/26. (S3)
12.25 PM **The Four Feathers** Adventure. (1978, U, 95min) ★★

2.30 **Freddie Davies: A Life in Show Business** Documentary.
3.30 **For the Love of Ada** 5/7. (S2)
4.00 **The Man from UNCLE** (S2)
5.00 **The Footage Detectives**
6.00 **The Long Arm** Crime thriller. (1956, b/w, U, 100min) ★★★★
8.00 **Malta Story** Wartime drama. (1953, b/w, U, 103min) ★★★
10.05 **Confessions of a Pop Performer** Comedy starring Robin Askwith and Anthony Booth. (1975, 18, 86min) ★
11.50 **The Heritage Chart Show**

12.55 AM **The Abominable Snowman** (1957, b/w, 12) ★★
2.40 **Come Back Peter** Comedy. (1952, b/w, U, 80min) ★★
4.15 **Look at Life** Documentary.
4.30 **The Adventures of Robin Hood**
5.00 **The Buccaneers** 35/39. (S1)
5.30 **to 6.00** AM **Supercar**

Sunday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **The Sunday Supplement**
11.00 LIVE **SPFL** **Aberdeen v Rangers.** Coverage of the Scottish Premiership match at Pittodrie. Kick-off **12.00noon**.
1.00 PM LIVE **Premier League** **Chelsea v Brighton & Hove Albion.** The top-flight match at Stamford Bridge. Kick-off **2.00pm**.
4.25 LIVE **Super Sunday** **Manchester United v Ipswich Town.** The Premier League match at Old Trafford. Kick-off **4.30pm**.
7.30 LIVE **PGA Tour Golf** Coverage of the fourth day of the Tour Championship, the final event of the FedExCup play-offs held at East Lake Golf Club in Atlanta.
11.00 LIVE **US Open Tennis** Coverage of the first day of the Grand Slam at the USTA Billie Jean King National Tennis Center. Aryna Sabalenka began last year's tournament as the reigning champion and got her quest to retain the title underway with a 7-5 6-1 win over Rebeka Masarova 12 months ago.
4.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **Premier League Stories**
6.30 **Premier League Highlights**
9.00 **The Sunday Supplement**
11.00 **Super Sunday Matchday**
12.30 PM LIVE **Super Sunday** **Leeds United v Brentford.** The Premier League match at Elland Road. Both matches between the teams ended in draws last term, with Brentford going on to finish five places above United in the table in ninth. Kick-off **2.00pm**.
4.00 LIVE **Super Sunday** **Manchester United v Ipswich Town.** The Premier League match from Old Trafford. United won 3-2 when the teams last met here two seasons ago, despite Patrick Dorgu's red card when they were leading 2-1. Kick-off **4.30pm**.
7.30 **Transfer 360**
8.00 **Premier League Stories**
8.30 **The Big Interview**
9.00 **FNF** Highlights from Crystal Palace v Manchester City.
9.30 **SNF** Action from Tottenham Hotspur v Newcastle United.
10.00 **Premier League Highlights**
3.00 AM **PL Greatest Games**
4.00 **PL Best Goals 09/10**
5.00 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL Highlights**
11.00 LIVE **SPFL** **Aberdeen v Rangers.** Coverage of the Scottish Premiership match at Pittodrie. The Gers won 2-0 when the teams met here last term, and also prevailed 2-0 and 4-1 at Ibrox, but the Dons have already beaten last season's runners-up Hearts here in the current season. Kick-off **12.00noon**.
2.30 PM **EFL Cup Highlights**
4.00 **EFL Highlights**
6.30 **EFL Cup Highlights** Action from Preston North End v Everton.
7.00 **EFL League One Goals**
7.30 **EFL League Two Goals**
8.00 **SPFL** Another chance to see Aberdeen v Rangers at Pittodrie.
10.00 **EFL Highlights** Charlton Athletic v Preston North End. **10.15** Action from Norwich City v Burnley staged at Carrow Road. **10.30** Southampton v Millwall.
10.45 **SPFL Highlights**
11.00 **EFL League One Goals**
11.30 **EFL League Two Goals**
12.00 M'T **EFL** The 2022/23 play-offs.
3.00 AM **SPFL Highlights**
3.30 **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **Test Cricket** Highlights.
7.00 **International T20 Cricket**
8.00 **Test Cricket** England v Pakistan.
10.15 LIVE **Test Cricket** **England v Pakistan.** Coverage of the fourth day of the second Test in the three-match series held at Lord's Cricket Ground. The hosts came into this series on a run of poor results which eventually ended with the sacking of coach Brendon McCullum. They had won two matches in the last 10 since a 22-run victory against India at Lord's in July last year, so they'll be hoping results will improve under new captain Joe Root.
7.00 PM **Best of ICC WT20**
7.30 **International T20 Cricket**
8.00 **Test Cricket** England v Pakistan.
9.00 **International T20 Cricket** England v India at Trent Bridge.
9.30 **Test Cricket Bitesize**
10.00 **Test Cricket** England v Pakistan.
11.00 **International T20 Cricket**
11.30 **Nepal Climbing Cricket's Mountain** Documentary.
12.00 M'T **Test Cricket** Highlights.
2.00 AM **The Hundred**
5.30 **Best of ICC WT20**
5.45 **to 6.00** AM **The Hundred**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour Golf**
12.00 NOON LIVE **DP World Tour Golf** Coverage of the fourth day of the Husqvarna British Masters at The Belfry in Warwickshire.
5.00 PM LIVE **PGA Tour Golf** Coverage of the fourth day of the Tour Championship staged at East Lake Golf Club in Atlanta.
11.00 **Chronicles of a Champion Golfer** Profiles of leading players.
12.00 M'T **Europe! Europe!**
2.00 AM **DP World Tour Golf**
4.00 **Nick Dougherty's Tee Time Tips**
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **WTA & ATP Tennis**
9.00 **US Open Tennis** Highlights.
10.30 **Roger Federer Hall of Fame Induction**
11.30 **US Open Tennis** Highlights.
3.00 PM LIVE **US Open Tennis** Coverage of day one of the Grand Slam staged at the USTA Billie Jean King National Tennis Center, where the first round is scheduled to get under way. Last year, 2021 champion Emma Raducanu claimed a 6-1 6-2 victory over Japanese qualifier Ena Shibahara.
2.00 AM LIVE **US Open Tennis** Further coverage of day one of the Grand Slam at the USTA Billie Jean King National Tennis Center.
4.30 **US Open Classic Matches**
5.00 **to 6.00** AM **ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM LIVE **AFLW** **Collingwood Magpies v Hawthorn Hawks.** Bounce-up **6.05am**.
8.00 **Premier League**
9.30 **World Rally Championship**
10.00 **The Breakdown**
10.45 **UCI Mountain Bike World Championship** In Val di Sole.
11.45 LIVE **UCI Mountain Bike World Championship** In Italy.
1.45 PM **TNT Sports Reload**
2.00 LIVE **UCI Mountain Bike World Championship** In Italy.
4.45 **UEFA Champions League**
5.15 LIVE **Serie A** **Napoli v Como.** Kick-off **5.30pm**.
7.30 LIVE **Serie A** **Cagliari v Inter Milan.** From Unipol Domus. Kick-off **7.45pm**.
9.45 **TNT Sports Reload**
10.00 **MotoGP** Grand Prix of Aragon.
11.00 **British Superbikes**
11.30 **UEFA Champions League**
12.00 M'T **Reframe the Game**
12.15 AM LIVE **MLB** **New York Mets v Houston Astros.** The inter-league match.
3.00 **Hard Knocks: Training Camp with the Seattle Seahawks**
4.00 **to 6.00** AM **Supercars Championship Highlights**

TNT Sports 2

411 414 522 409 431

6.00 AM **The Breakdown**
6.45 **UEFA Champions League**
7.15 **MotoGP** Grand Prix of Aragon.
7.45 LIVE **Motorcycling** The Harley-Davidson Bagger World Cup.
8.30 LIVE **MotoGP** The Grand Prix of Aragon MotoGP warm-up.
9.00 LIVE **MotoGP** The Grand Prix of Aragon Moto3 race from Alcañiz.
11.00 LIVE **MotoGP** The Grand Prix of Aragon Moto2 race from Alcañiz.
12.15 PM LIVE **MotoGP** The Grand Prix of Aragon MotoGP race.
3.00 LIVE **World Rally Championship** The Rally del Paraguay special stages 20 & 21.
4.30 **T100 Triathlon World Tour**
5.00 **MLB Highlights**
6.30 LIVE **MLB** **New York Yankees v Boston Red Sox.** Start-time **6.35pm**.
9.30 **eSports Show** The latest news.
10.00 **La Vuelta Men** Stage nine.
11.00 **CPL Highlights**
11.30 LIVE **CPL** **St Kitts & Nevis Patriots v Antigua & Barbuda Falcons.** Coverage of the T20 match.
3.45 AM **Test Cricket Highlights**
5.45 **to 6.00** AM **TNT Sports Reload**

Sky Sports Action

412 410 510 426 446

7.00 AM **NFL Highlights**
9.00 **Super League** Warrington Wolves v Hull Kingston Rovers.
12.00 NOON **NFL Highlights** Arizona Cardinals v Seattle Seahawks.
1.00 PM **International Rugby Union** South Africa v New Zealand.
3.15 **International Rugby Union** Argentina v Australia from Estadio 23 de Agosto in Jujuy, Argentina.
5.25 **Rugby Union Greatest Games** Crusaders v Sharks from 2014.
5.30 **Super League Highlights**
6.00 **International Rugby Union** South Africa v New Zealand from DHL Stadium in Cape Town.
8.15 **International Rugby Union** Argentina v Australia from Estadio 23 de Agosto in Jujuy, Argentina.
10.25 **Rugby Union Greatest Games** Crusaders v Sharks from 2014.
10.30 **NFL Bitesize Highlights** Tampa Bay Buccaneers v Atlanta Falcons.
10.45 **NFL Bitesize Highlights** Cincinnati Bengals v Pittsburgh Steelers in the 2025/26 season.
11.00 **NFL Highlights**
2.00 AM **Super League** Leeds Rhinos v Huddersfield Giants.
4.45 **Women's Super League**
5.00 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

404 404 504 427 447

7.00 AM **Sky Sports Breakfast**
9.00 **The Sunday Supplement**
11.00 **Super Sunday Matchday**
12.30 PM LIVE **Premier League** **Sunderland v Fulham.** Coverage of the top-flight match at the Stadium of Light. The Cottagers came out on top in both of the meetings between these teams last season, which included a 3-1 victory here. Kick-off **2.00pm**.
4.00 LIVE **US Open Tennis** Coverage of the opening day of the Grand Slam staged at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York, where the first round is scheduled to continue. Four-time men's singles champion Novak Djokovic was in action on day one last year, and safely secured his place in round two with a 6-1 7-6 6-2 triumph over American Learner Tien.
12.00 M'T LIVE **US Open Tennis** Further coverage of day one of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
4.30 AM **EFL Greatest Games**
5.00 **to 6.00** AM **ATP Tennis**

Sky Sports Mix

416 412 511 429 449

6.45 AM **PL Greatest Games**
7.00 **EFL Cup Retro** The 2011 final.
9.00 **My Icon** Christine Ohuruogu.
9.15 LIVE **NRLW** **Wests Tigers v Bulldogs.** Coverage from Campbelltown Sports Stadium. Kick-off **9.15am**.
11.15 **NFL Bitesize Highlights**
12.15 PM **My Icon** Deta Hedman.
12.30 **Darts Gold** Archive action.
1.00 **NFL Bitesize Highlights**
2.00 LIVE **Ladies European Tour Golf** Coverage of day four of the KPMG Women's Irish Open at the K Club in Straffan, County Kildare.
5.00 **Indycar** From Washington, D.C.
6.00 LIVE **LPGA Tour Golf** Coverage of day four of the FM Championship from TPC Boston.
9.00 **My Icon** Sporting influences.
9.30 **Test Cricket** England v Pakistan.
10.30 **NFL Bitesize Highlights**
11.30 **Super League Highlights**
12.00 M'T **My Icon** Sporting influences.
12.30 AM **Barney Meets Klopp**
12.45 **Darts Gold** Archive action.
1.00 **Premier League Darts**
4.45 **Super League Highlights**
5.00 **My Icon** Sporting influences.
5.30 **to 6.00** AM **Barney: A Life in Darts**

TNT Sports 3

413 415 523 410 432

6.00 AM **La Vuelta Men** Stage eight.
7.00 **Test Cricket Highlights**
9.00 **Women's Cycling**
10.00 **La Vuelta Men** Stage eight.
11.00 LIVE **La Vuelta Men** The ninth stage of the Grand Tour race.
5.00 PM **CPL Highlights**
5.30 LIVE **NWSL** **Washington Spirit v Bay FC.** Coverage of the match held at Audi Field. Kick-off **5.30pm**.
7.45 **Reframe the Game**
8.00 LIVE **MLB** **Chicago Cubs v Cincinnati Reds.** Coverage of the National League match from Wrigley Field.
11.00 **Ultimate Pool** Finals Night.
12.30 AM **UCI Mountain Bike World Championship** In Val di Sole.
1.30 **TNT Sports Reload**
2.00 **Serie A** Napoli v Como.
3.00 **La Vuelta Men** Stage nine.
4.00 **Serie A** Cagliari v Inter Milan.
5.00 **to 6.00** AM **UCI Mountain Bike World Championship**

TNT Sports 4

414 416 524 411 434

6.00 AM LIVE **AFLW** **Gold Coast Suns v Geelong Cats.** Bounce-up **6.05am**.
8.00 LIVE **AFLW** **Fremantle Dockers v Carlton Blues.** Bounce-up **8.05am**.
10.00 LIVE **AFLW** **Essendon Bombers v Richmond Tigers.** Bounce-up **10.20am**.
12.00 NOON **MLB Highlights**
1.00 PM LIVE **British Superbikes** The first day of the eighth round of the season at Cadwell Park Circuit.
6.00 LIVE **World Rally Championship** The Rally del Paraguay special stage 22.
8.15 **FEI World Championships**
9.15 **Test Cricket Highlights**
11.15 **Cycling** Bretagne Classic.
12.15 AM **Hard Knocks: Training Camp with the Seattle Seahawks**
1.15 **UFC** A chance to see Umar Nurmagomedov v Song Yadong.
4.15 **TNT Sports Reload**
4.30 **to 6.00** AM **Ultimate Pool**

Premier Sports 1

419 APP 528

6.00 AM **European Le Mans Series**
7.00 **Michelin Le Mans Cup**
7.30 **Top 14 Rugby Union Highlights**
8.00 **Indikart Championship**
9.00 **LaLiga** Action from Spain.
3.55 PM LIVE **LaLiga** **Real Madrid v Malaga.** Coverage of the Spanish top-flight match from Bernabeu. Kick-off **4.00pm**.
6.00 **LaLiga Match Highlights**
6.25 LIVE **LaLiga** **Deportivo La Coruna v Valencia.** The Spanish top-flight encounter staged at Estadio Abanca-Riazor. Kick-off **6.30pm**.
8.25 LIVE **LaLiga** **Celta Vigo v Athletic Bilbao.** Coverage of the Spanish top-flight match from Estadio Abanca-Balaidos. Kick-off **8.30pm**.
10.30 **Coppa Italia Show**
11.00 **Football's Greatest**
11.30 **Argentine Primera**
1.30 AM **LaLiga** Two match replays.
5.30 **to 6.00** AM **World of FreeSports**

Premier Sports 2

420 APP 529

6.00 AM **Coppa Italia** Another chance to see Torino v Carrarese.
8.00 **Football's Greatest**
8.30 **NASCAR** Coke Zero Sugar 400.
12.30 PM **Bike World** Magazine.
1.00 **Temples of Sport**
1.30 **NASCAR O'Reilly Series**
4.30 **Temples of Sport**
5.00 **Argentine Primera** A chance to see Boca Juniors v Lanus.
6.55 **Football's Greatest**
7.55 LIVE **Brasileiro Serie A** **Corinthians v Santos.** Coverage of the match from Corinthians Arena. Kick-off **8.00pm**.
10.00 **LaLiga Match Highlights** Action from Valencia v Real Betis and Real Madrid v Real Sociedad.
10.25 LIVE **Brasileiro Serie A** **Mirassol v Palmeiras.** Coverage from Estádio José Maria de Campos Maia. Kick-off **11.30pm**.
12.30 AM **LaLiga Match Highlights**
1.00 **Football's Greatest**
2.00 **to 6.00** AM **Coppa Italia**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
11.00 **Formula 1** Dutch Grand Prix.
1.15 PM **The Cornwall Air Ambulance**
1.30 **Indycar** Action from Milwaukee.
4.00 LIVE **Indy NXT** The Milwaukee Mile from West Allis, Wisconsin.
5.00 **Indycar** From Washington, D.C.
6.00 LIVE **Indycar** Coverage of the Snap-on Milwaukee Mile 250, the 17th round of the season staged at Milwaukee Mile in West Allis.
8.30 **Formula 1** Dutch Grand Prix.
10.45 **Indy NXT** The Milwaukee Mile.
11.45 **Indycar** Milwaukee Mile 250.
2.15 AM **Isack Hadjar IV Hungary**
2.25 **The Best of F1**
5.00 **to 6.00** AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Monday

31 August
Planner

River City *SOAP BBC Scotland, 9pm*
(also showing Tuesday, BBC1 Scotland, 7pm)
After 24 years on our screens, the Scottish soap set in the fictional Glaswegian district of Shieldinch takes a final bow. After the episode wraps up, stay tuned at 10pm for *River City: The Last Take*, that looks back at the soap's iconic moments.

Tea with Judi Dench
FACTUAL Sky Arts, 9pm
From the moment Sir Ian McKellen is dropped off in the driveway of Dame Judi's home, clutching a plant as a gift and worrying about her uneven paving stones, it feels as if we've been invited along to join them for tea. A wonderful and heartwarming catch-up between two old friends.

Fred's Ultimate Hotels
FACTUAL C4, 8pm
Fred Sirieix visits luxury hotels, meeting the people who work tirelessly to make guests' stays unforgettable. Fred's first stop is the Royal Mansour Marrakech in Morocco, where he takes over as manager for the day.

The Killing of Claire Leveque
DOCUMENTARY Disney+
True-crime documentary that gives viewers rare access to the murder trial in Edinburgh High Court that followed the death of 24-year-old Claire Leveque in the Shetland Isles, chronicling her family's fight for justice.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	‹ 6.30 Celebrity... †	7.30 EastEnders	8.00 The Royal Edinburgh Military Tattoo		9.00 Vigil		10.00 News	10.30 Have I Got...
	102 BBC2	7.00 Today at the Test		8.00 Only Connect	8.30 University...	9.00 Surviving 9/11			10.30 Film: The...
	103 ITV1	‹ 6.30 The Chase...	7.30 Millionaire Hot...	8.00 Emmerdale	8.30 Coronation Street	9.00 Trigger Point		10.00 News	10.20 Film: Superman...
	104 CHANNEL 4	7.00 News	7.30 Kirstie and Phil's...	8.00 Fred's Ultimate Hotels		9.00 24 Hours in A&E		10.00 Love Cheats	
	105 5	‹ 6.45 Snooker: British Open – Live		8.00 Street Cops: Catching the Yobs		9.00 Fare Dodgers: At War with the Law		10.00 Police: Suspect No 1	
	106 SKY ONE	‹ 6.00 Film: Chicken Run	7.45 Attenborough and the Giant Elephant			9.00 Film: Venom			
ENTERTAINMENT	115 BBC3	7.00 Wallace &...	7.25 Film: Paddington 2			9.00 The Great British Sewing Bee		10.00 Silent Witness	
	116 BBC4	7.00 The Architecture the Railways Built		8.00 Archaeology: A Secret History		9.00 Mastermind	9.30 Call My Bluff	10.00 Close to Vermeer	
	118 ITV2	7.00 Wheel of Fortune		8.00 The 1% Club		9.00 The Only Way Is Essex		10.00 Family Guy	
	136 MORE4	‹ 6.50 Car S.O.S.		7.55 Grand Designs		9.00 PopMaster TV		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Brooklyn...	8.00 Ladies of London: The New Reign		9.00 Below Deck Down Under		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Caught on Dashcam				9.00 Law & Order: Special Victims Unit		10.00 Law & Order: Criminal Intent	
	108 SKY ATLANTIC	‹ 6.45 Possession	7.45 House of the Dragon						
	110 U&GOLD	‹ 6.50 The Vicar of Dibley				9.00 The Royle Family			10.20 Not Going Out
	111 U&DAVE	7.00 Mortimer & Whitehouse: Gone Fishing			8.20 Would I Lie to You?...	9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 Lewis	
	120 ITV4	7.00 Film: Robin Hood: Prince of Thieves				9.00 Film: A Fistful of Dynamite			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Stupid Central		10.00 Jimmy Carr's Am I the A**hole?	
	145 SKY SCI-FI	7.00 Film: The Fifth Element					9.30 Film: Anti-Life		
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 The Brokenwood Mysteries				10.00 New Tricks	
	109 U&ALIBI	7.00 Private Eyes		8.00 My Life Is Murder		9.00 Father Brown			
	122 SKY ARTS	7.00 Film: Six Minutes to Midnight				9.00 Tea with Judi Dench Featuring Sir Ian...		10.00 Discovering	
	132 U&W	7.00 MasterChef Australia		8.00 Special Ops: Crime Squad UK		9.00 One Born Every Minute			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Ant Anstead Master Mechanic		9.00 Maine Cabin Masters		10.00 Building Off the Grid	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Great White Shark Babies		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Pompeii: Out of Time with Tom Hiddleston					
	123 SKY HISTORY	‹ 6.25 Knut: The...	7.30 The Tattooist's Son: Journey to Auschwitz			9.00 Secrets Declassified with David Duchovny			
	155 U&YESTERDAY	7.00 Seven Worlds, One Planet		8.00 Canal Boat Diaries				10.00 Bangers & Cash	
	114 SKY DOCS	‹ 6.00 Rik Mayall: Magnificent B'stard		8.00 Katie Price: Nothing to Hide					

‹ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Rip Off Britain: Rogues** New edition Consumer show. (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.20 **Local News** (S)
1.30 NEW SERIES **Money for Nothing** Woodworking expert Norman Wilkinson takes on an organ. (S)
2.15 **The Travelling Auctioneers** (S)(R)
2.45 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** New edition (S)
4.30 **The Answer Run** Quiz. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.20 **Local News** (S)
6.30 **Celebrity Escape to the Country** With *Strictly Come Dancing* professional Neil Jones. (S)(R)

9.00 Vigil

7.30 **EastEnders** Nicola gets a shock when the Hawkins clan arrives in Walford, wedding fever sweeps Albert Square ahead of Cindy and Kim's big days, while Priya wrestles with her guilt. (S)(AD)

8.00 NEW **The Royal Edinburgh Military Tattoo** JJ Chalmers and Jennifer Reoch introduce the Massed Pipes and Drums, who are joined by the RAF's Massed Military Bands to perform in the 2026 tattoo. Narration by Richard Rankin. (S)

9.00 **Vigil** New episode 2/6. After the kidnap of a government minister, Silva starts connecting the dots between his policy and his abduction as she closes in on the kidnapper. (S3) (S)(AD)

10.00 **BBC News** (S)
10.20 **Local News** (S)
10.30 **Have I Got News for You** Victoria Coren Mitchell hosts the satirical quiz, with guest panellists Chris McCausland and Janet Street-Porter. (S)(R)

11.00 FILM **Four Weddings and a Funeral** Romantic comedy starring Hugh Grant and Andie MacDowell. An inveterate wedding-goer who fights shy of tying the knot himself becomes smitten with a beautiful and elusive American. With Kristin Scott Thomas and Simon Callow. (S)(AD) (1994, 15, 115min) ★★★★★
12.55 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.00 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.20 AM **Beechgrove Garden** (S)(R)
6.50 **Sign Zone: Celebrity MasterChef** 4/15. The second week of heats gets under way. (S)(R)(AD)
7.50 **Match of the Day** (S)(R)
9.00 **BBC News** (S)
1.00 PM **Richard Osman's House of Games** Quiz show. (S)(R)
1.30 **The Edge** Game show. (S)(R)
2.15 **Weatherman Walking** (S)(R)
2.45 **Animal Park** (S)(R)(AD)
3.30 **Serengeti III** (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** From Dyrham Park. (S)(R)
5.15 **Flog It!** From Ushaw. (S)(R)
6.00 **Richard Osman's House of Games** With Ken Bruce, Alice Roberts, Perri Shakes-Drayton and Kiell Smith-Bynoe. (S)(R)
6.30 **Great British Railway Journeys** Exploring the Weald. (S)(R)(AD)

8.00 Only Connect

7.00 **Today at the Test** England v Pakistan: Action from the fifth and final day's play of the second Test in the three-match series, held at Lord's. The hosts will be looking to win their third series in four against Pakistan. (S)

8.00 **Only Connect** New edition The Creepy Crawleys take on the Risk Takers in the first round. (S)
8.30 **University Challenge** New edition The University of Birmingham face the University of Leicester in round one. (S)

9.00 **Surviving 9/11** The stories of 13 people caught up in the events of 11 September 2001, moving between accounts of the two-hour period when terrorists attacked the Twin Towers and the Pentagon and hijacked Flight 93, and what happened in the years after. (S)(R)(AD)

10.30 FILM **The Godfather Part II** Francis Ford Coppola's Oscar-winning gangster drama sequel starring Al Pacino and Robert De Niro. Having escaped to the United States following his mother's murder by a Mafia don, Sicilian Vito Corleone rises to prominence as a feared gangster. Fifty years later, his son Michael consolidates his position as the head of his late father's empire. (S)(AD) (1974, 18, 190min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.40 AM **Sign Zone: Countryfile** Adam Henson meets a young farmer in the Yorkshire Dales. (S)(R)
2.35 **Sign Zone: Emergency 24/7** 1/6. Documentary. (S)(R)(AD)
3.35 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
1.45 PM **ITV News** (S)
1.50 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team head to Aerospace Bristol, where the dealers land deals under the wings of Concorde. (S)(R)(AD)
3.00 **Lingo** Word-based quiz show hosted by Adil Ray. (S)(R)
4.00 **Deal or No Deal** Stephen Mulhern hosts as Alex takes on the infamous Banker. (S)(R)(AD)
5.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
6.00 **Local News** (S)
6.10 **ITV News** (S)
6.30 **The Chase Celebrity Special** With Jayde Adams, Tony Cottee, The Vivienne and Naughty Boy. (S)(R)

7.30 Millionaire Hot Seat

7.30 NEW SERIES **Millionaire Hot Seat** Jeremy Clarkson returns with the quick-fire quiz show as six more hopefuls compete for £1 million, with each question being against the clock. (S)
■ Continues tomorrow

8.00 **Emmerdale** Gabby is unable to cope, and Serena is taken aback. (S)(AD)
8.30 **Coronation Street** Todd is rocked to learn of Celeste's death, while Kirk tells Maggie and Brian that they are the talk of the factory. (S)(AD)

9.00 **Trigger Point** New episode 2/6. Lana and her team spring into action after the previous attack, with clues leading them to a boatyard, but the bombers stay one step ahead. (S4) (S)(AD)
■ Entire series on ITVX

10.00 **ITV News** (S)
10.20 FILM **Superman Returns** Superhero adventure starring Brandon Routh, Kate Bosworth and Kevin Spacey. After a five-year absence, Superman returns and finds that old flame Lois Lane is a mother and that old foe Lex Luthor is cooking up more trouble. (S)(AD) (2006, 12, 150min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.50 AM **Teleshopping**
3.00 **The Staircase** 7/8. Kathleen prepares for a Christmas to remember in 2001. (S1) (S)(R)(AD)
■ Entire series on ITVX
4.05 **Unwind with ITV** (S)
5.10 **Dermot's Taste of Ireland** (S)(R)
5.35 **to 6.00** AM **Gary Barlow's Food and Wine Tour: New Zealand** (R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** (S8) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** From Los Angeles. (S)(R)(AD)
12.05 PM **Find It, Fix It, Flog It** (S)(R)
1.05 **The Great House Giveaway** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The Great B&B Challenge** It's the last week of the competition and the final four get to see the prize B&B for the first time. (S)(R)
5.00 **Chateau DIY** Sarah and George open their doors to the village to showcase their château. (S)(R)(AD)
6.00 NEW SERIES **A New Life in the Sun: Where Are They Now?** In Spain, Debbie and Paul try to rise from the ashes after a fire destroys their B&B hopes. (S)

8.00 Fred's Ultimate Hotels

7.00 **News** (S)
7.30 **Kirstie and Phil's Love It or List It: Brilliant Builds** Kirstie Allsopp and Phil Spencer look back at homes in Stoke and Newcastle that were all about being clever with cash and smart about storage. (S)(R)(AD)

8.00 NEW SERIES **Fred's Ultimate Hotels** Fred Sirieix meets the people behind the world's most spectacular hotels. In the first edition, he stays at a hotel in Marrakech commissioned by the King of Morocco. (S)(AD)

9.00 **24 Hours in A&E** New edition Patient Emma has significant burns to her leg after spilling a kettle of boiling water, while 22-year-old Claire is rushed in after collapsing while running, prompting an urgent CT scan. (S)(AD)

10.00 **Love Cheats** New edition The case of a man who told his girlfriend his life had been a series of tragedies to earn her trust, before she learned she was the latest in a long line of victims. (S)(AD)
■ Entire series on C4 streaming

11.05 **The Murder Detective** 1-3/3. Triple bill. (S)(R)(AD)
1.55 AM **Secret Lives of Gypsy Wives** 4/6. Trewley clashes with her older sisters over a night out. (S)(R)(AD)
2.50 FILM **Sick of Myself** Norwegian drama starring Kristine Kujath Thorp and Eirik Sæther. Subtitled. (2022, 15, 95min) ★★★★
4.25 **Kirstie's House of Craft** (S)(R)
4.40 **Hollyoaks Omnibus** (S)(R)(AD)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

7 PM
8 PM
9 PM
10 PM

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.35 AM **Milkshake!**
9.00 **Entertainment News** (S)
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.30 PM **LIVE Snooker: British Open** Katie Shanahan hosts coverage of the first-round matches on day one, held at The Centaur in Cheltenham. Featuring Mark Williams v David Gilbert followed by Wu Yize v Liu Hongyu. Analysis from Stephen Hendry, Ken Doherty and Joe Perry. *Continues at 6.45pm*. (S)
5.30 **Motorhoming with Merton & Webster** Paul Merton and Suki Webster explore Snowdonia and pitch up at Lake Bala. (S)(R)
6.25 **News** (S)
6.30 **Britain's Greatest Bridges** The Britannia Bridge. (S)(R)

8.00 Street Cops: Catching the Yobs

6.45 **LIVE Snooker: British Open** The evening session on day one, featuring coverage of Oliver Brown v Zhao Xintong, followed by Pang Junxu v Neil Robertson in their first-round matches. . (S)

8.00 **Street Cops: Catching the Yobs** Series finale 6/6. Rod and Adam try to track down youths linked to a machete incident, while Ben and Jenson respond to reports of a suspected drug-driver. (S)

9.00 **Fare Dodgers: At War with the Law** New edition Investigators Joey, Ela and new recruit Weronika track a suspect believed to have avoided more than £1,400 in fares. (S)

10.00 **Police: Suspect No 1** Detectives face the task of identifying and capturing five masked men who broke into a Scunthorpe household and held the owners at knifepoint before stealing their car. (S)(R)

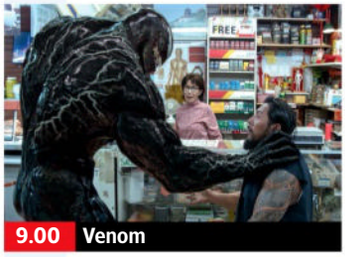
11.05 **Traffic Cops** Officers deal with back-to-back accidents. (S)(R)
12.05 AM **Motorway Cops: Catching Britain's Speeders** (S)(R)
1.30 **Teleshopping** (S)(R)
2.30 **GPs: Behind Closed Doors** (R)
3.20 **Amazing Railway Adventures with Nick Knowles** (S)(SL)(R)
4.15 **Jane McDonald's Yorkshire: No Place Like Home** (S)(SL)(R)
5.00 **to 5.15** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **FILM Playmobil: The Movie** Animated adventure comedy. (2019, U, 105min) ★★
7.45 **Terry Pratchett's Going Postal** 2/2. Comic fantasy. (S)(R)(AD)
9.45 **The Simpsons** (S)(R)
12.15 PM **Agatha Raisin** (S)(R)(AD)
4.15 **FILM Fantastic Mr Fox** Animated tale based on the children's book by Roald Dahl, featuring the voices of George Clooney and Meryl Streep. (S) (2009, PG, 105min) ★★★★
6.00 **FILM Chicken Run** Animated comedy adventure with the voices of Mel Gibson and Julia Sawalha. Some plucky chickens attempt to escape from a farm in the north of England with the help of a cocky rooster. (S) (2000, U, 105min) ★★★★



9.00 Venom

7.45 **Attenborough and the Giant Elephant** David Attenborough looks into the life of Jumbo, a famous Victorian elephant, supposedly the largest that ever lived. Jumbo arrived at London Zoo in 1865 and was popular with the Royal Family, but was dangerously unhappy in captivity. In later life, he would be sold to PT Barnum's circus, becoming a celebrity before dying under mysterious circumstances. (S)(R)(AD)

9.00 **FILM Venom** Fantasy adventure starring Tom Hardy. A journalist gains superhuman strength and power when his body merges with an alien organism. With Riz Ahmed, Michelle Williams and Scott Haze. (2018, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.10 **Rob Beckett: Giraffe** From the London Palladium. (S)(R)
12.55 AM **Grimm** 11/22. Nick and Hank hunt for a woman who is actually a spider creature that devours the internal organs of men to survive. (S1) (S)(R)
1.50 **Evil** 11/13. David is determined to fight off the menacing presence of death. (S1) (S)(R)
2.45 **The Force: North East** (S)(R)
3.40 **Road Wars** (S)(R)
5.00 **to 6.00** AM **Highway Patrol** (R)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
6.45-7.30pm Celebrity Escape to the Country (S)(R) **11.00** Sportscene: SWPL Highlights (S)(R) **11.30** Scotcast (S)(R) **12.00m't** **FILM** Four Weddings and a Funeral (S)(AD) (1994, 15, 115min) ★★★★★ **1.55am** Weather for the Week Ahead (S) **2.00-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
No variations

WALES
Sky **965**, Virgin **864**, Freesat **965**
6.30pm Best of Weatherman Walking New edition (S) **7.00-7.30pm** The Travelling Auctioneers (S)(R)

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations

WALES
Sky **968**, Freesat **968**
No variations

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Richard Holt: Yr Academi Felys (AD) **12.30pm** Heno **1.00** Straeon Harri Parri (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Miwsig Fy Mywyd (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Arfordir Cymru: Sir Benfro (AD) **6.30** Lowri Morgan: Her 333 **6.59** Newyddion **7.00** Heno New edition **7.45** Newyddion a'r Tywydd **8.00** NEW SERIES Y Sin: A community-owned record label in Cardigan. **8.25** Garddio a Mwy New edition **8.55** Newyddion a'r Tywydd **9.00** Rali'o+ **9.33** Y Tywydd **9.35** Cefn Gwlad (AD) **10.35** Y Deis **11.05pm-12.10am** Y Fets

TV&Streaming week
New issue on sale tomorrow

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Wallace & Gromit: A Grand Day Out** Nick Park's animation with the voice of Peter Sallis. The duo take a trip to the Moon when their cheese supply runs out.
7.25 **FILM Paddington 2** Comedy adventure sequel starring Hugh Bonneville and featuring the voice of Ben Whishaw. The lovable bear's search a birthday present for his aunt leads to him being framed as a thief. (2017, PG, 104min) ★★★★★
9.00 **The Great British Sewing Bee** 7/10. In the quarter-final, the sewers face the challenges of Music Week.
10.00 **Silent Witness** *Ghosts – Part One:* Leo receives devastating family news.
11.00 **Silent Witness** *Ghosts – Part Two:* Leo tracks down the man who killed his family.
12.00 M'T **Confessions of a Teenage Fraudster**
2.15 AM **Football's New Generation** Documentary.
3.25 **to 3.55** AM **Paddy & Molly: Show No Mersey**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **The Architecture the Railways Built** Tim Dunn rides on Snowdon's railway to visit the summit station.
7.45 **The Flying Gardener** Chris Beardshaw takes a helicopter ride to Kent.
8.00 **Archaeology: A Secret History** 2/3. A look at how archaeological discoveries in the 18th and 19th centuries overturned previous beliefs.
9.00 **Mastermind** The fourth heat of the 1977 series.
9.30 **Call My Bluff** With Elizabeth Knight, Patrick Lichfield, Anna Ford and Derek Jacobi.
10.00 **Close to Vermeer** Behind the scenes of a Vermeer exhibition in Amsterdam.
11.20 **Tutankhamun: The Truth Uncovered** Scientific research aimed at finding out the truth about the boy pharaoh's death.
12.20 AM **Nature and Us: A History Through Art**
1.20 **The Flying Gardener**
1.35 **Close to Vermeer**
2.50 **to 3.50** AM **Archaeology: A Secret History**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.00 **Four in a Bed**
12.40 PM **Come Dine with Me** Five editions of the culinary contest from Huddersfield.
3.20 **Four in a Bed** Five editions of the B&B challenge.
5.55 **Car S.O.S** Fuzz Townshend and Tim Shaw plan a surprise restoration of a 1972 Peugeot 504 cabriolet.
6.50 **Car S.O.S** Fuzz and Tim try to restore a Triumph TR4, but it may be the biggest job they have ever taken on.
7.55 **Grand Designs** A couple plan to build a family home in rural East Sussex almost entirely out of concrete, with construction involving cutting-edge technologies conceived in Switzerland.
9.00 **PopMaster TV** New edition 4/9. Host Ken Bruce leads five new players through the fourth heat of the music quiz.
10.00 **24 Hours in A&E** Eleven-year-old Jack is rushed to A&E after being hit by a motorbike on his way to secondary school. Meanwhile, a 24-year-old arrives after a head-on collision with another car.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line** Documentary series.
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **The Perfect Pitch**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** From Birmingham.
8.00 **Ramsay's Kitchen Nightmares USA**
10.00 **America's Funniest Home Videos** New edition
11.00 **America's Funniest Home Videos** Mishaps with horses.
12.00 NOON **The Simpsons**
2.00 PM **The Goldbergs**
3.00 **Modern Family**
5.00 **The Simpsons**
7.00 **Hollyoaks** A new friendship leads Ste to relapse.
7.30 **Brooklyn Nine-Nine** 1/22. Pilot episode. (S1)
8.00 **Ladies of London: The New Reign** New edition Martha hosts a *My Fair Lady*-themed picnic.
9.00 **Below Deck Down Under** New edition An argument breaks out in the galley.
10.00 **Gogglebox** Opinions on *The Good Ship Murder, Coronation Street* and *This Morning*.
11.00 **First Dates**
12.05 AM **Naked Attraction**
1.10 **Below Deck Down Under**
2.10 **Ladies of London: The New Reign** As 8.00pm.
3.00 **Ramsay's Kitchen Nightmares USA**
3.55 **The Simpsons**
4.20 **The Goldbergs**
5.35 **to 6.00** AM **Brooklyn Nine-Nine**

+1 hr 235/236 306 30 123 256

Monday primetime primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **UK Border Force**
8.00 **Customs UK**
9.00 **Caught on Dashcam**
12.00 NOON **FBI** 9/22. Rina is critically wounded while heading to work with Jubal. **1.00** PM 10/22. A string of jewellery robberies leads the team to a 16-year-old boy. (S4)
2.00 **The Rookie** 4/10. Thorsen is tested to see whether he is fit to return to work. (S6)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 Law & Order: SVU

7 PM — **7.00** **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

8 PM — **8.00** **Caught on Dashcam** Documentary showcasing outrageous road disasters captured by in-vehicle dashboard cameras.

9 PM — **9.00** **Law & Order: Special Victims Unit** New episode *Thirsty:* 15/21. Tynan offers Curry an opportunity to advance her career. (S27)

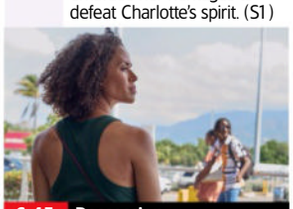
10 PM — **10.00** **Law & Order: Criminal Intent** *Bright Boy:* 2/23. A social services worker and a deputy mayor are found murdered. (S2)
11.00 **The Rookie** 22/22. The team realise they are a target. (S5)
12.00 M'T **FBI** 7&8/22. (S4)
2.00 AM **FBI: International** (S3)
3.00 **FBI: Most Wanted** 10/22. (S3)
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Border Security: Canada's Front Line**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town**
7.00 **The Last of Us** 1-7/7. (S2)
2.45 PM **Possession** 1/5. Supernatural thriller starring Gugu Mbatha-Raw. **3.45** 2/5. Claudia and Oliver continue to search for Cudjoe. **4.45** 3/5. Oliver becomes unexpectedly violent towards Claudia at Hope Hill. **5.45** 4/5. Claudia seeks out her Aunt Mercy to help her defeat Charlotte. **6.45** 5/5. Claudia must embrace her heritages to defeat Charlotte's spirit. (S1)


6.45 Possession

7.45 **House of the Dragon** *Salt and Sea, Fire and Blood:* 1/8. Driven by her faith in Alicent, Rhaenyra positions herself to take King's Landing, while the Triarchy sails to take on Corlys in the Gullet.

9.00 **House of the Dragon** *Queen's Landing:* 2/8. Alicent risks everything to fulfil her end of the bargain.

10.15 **House of the Dragon** *Rhaenyra Triumphant:* 3/8. Rhaenyra learns the situation is not what she anticipated. (S3)
11.15 **House of the Dragon** 4/8. Rhaenyra finds herself forced into a corner by Ormund. **12.20** AM 5/8. The search for Aemond and Vhagar continues. **1.30** 6-8/8. Triple bill of the fantasy drama. (S3)
5.05 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Totally Bonkers Guinness World Records**
6.15 **Dinner Date**
7.15 **Celebrity Dinner Date**
9.15 **The Only Way Is Essex**
10.15 FILM **The Croods** Animation. (2013, U, 98min) ★★★★
12.10 PM **Deal or No Deal**
1.10 **Supermarket Sweep**
2.10 **Wheel of Fortune**
3.10 **The Only Way Is Essex**
4.10 FILM **Kung Fu Panda** Animated comedy adventure. (2008, PG, 92min) ★★★
6.00 **Celebrity Catchphrase**

4.10 Kung Fu Panda

7.00 **Wheel of Fortune** Graham Norton hosts the game show as contestants get the chance to spin the wheel and win prizes.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **The Only Way Is Essex** New edition Jonnie has a tense run-in with Freddie over his relationship with Dani.

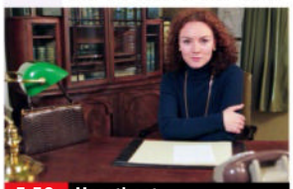
10.00 **Family Guy** 10/12. Brian invites Peter and Lois to Martha's Vineyard. **10.35** 11/12. Brian's long-lost son moves in. (S6)
11.05 **Family Guy** 17/18. Lois runs for mayor but has to dumb down her political views. (S5)
11.35 **American Dad!** (S12&5)
12.35 AM **Bob's Burgers** (S14&13)
1.30 **Plebs** 8/8. (S3)
1.55 **Deep Fake Neighbour Wars**
2.20 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Agatha Christie's Poirot**
11.30 **Heartbeat** Double bill.
1.35 PM **Midsomer Murders** *Beyond the Grave:* A village is rocked by ghostly occurrences, including a murder.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Waifs and Strays:* Dr Merrick helps three farm children who are orphaned after the death of their father.


5.50 Heartbeat

6.55 **Heartbeat** *Brought to Book:* Steve takes a group of delinquents on an outdoor adventure course on the moors.

8.00 **Midsomer Murders** *The Curse of the Ninth:* Musicians compete for a prestigious award at the annual Thassingham Classical Music Festival – but the winner is killed and a violin is stolen.

10.00 **Lewis** *One for Sorrow:* The detective is faced with a difficult case when he investigates the discovery of a body in a well, and he also has to contend with a new boss.
11.50 **Agatha Christie's Poirot** *Murder on the Links:* A victim of fraud is found murdered on a golf course.
2.00 **to 2.30** AM **George and Mildred**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
7.00 **Minder**
8.05 **Boon**
9.10 **Robin of Sherwood**
10.20 **The Professionals**
11.25 **Magnum, PI**
1.30 PM **The Memoirs of Sherlock Holmes** Murder mystery.
2.40 **Boon**
3.45 **Hornblower**
5.50 FILM **Robin Hood: Prince of Thieves** Fantasy adventure starring Kevin Costner as the outlaw of Sherwood Forest. (1991, PG, 138min) ★★

5.50 Robin Hood: Prince of...

FILM **Robin Hood: Prince of Thieves** (started at 5.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM **A Fistful of Dynamite** Sergio Leone western starring Rod Steiger and James Coburn. In Mexico, 1913, a peasant bandit unwillingly gets involved in his country's revolution when he meets an Irish rebel with a penchant for explosives. (1972, 15, 150min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Lost** 12/24. Charlie has a series of frightening dreams. **1.00** 13/24. Sawyer's scheme is finally exposed. (S2)
1.50 **Motorsport UK**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: Paramedics on Scene**
3.00 **Sign Zone: Beechgrove Garden**
3.30 **Sign Zone: Race Against the Tide**
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **Sportscene: SWPL Highlights** Recent top-flight action.
8.00 **The Great Food Guys** Focusing on street food.
8.30 **Race Against the Tide** New edition 3/6. The remaining teams sculpt ocean-themed sand art.
9.00 LAST EPISODE **River City** Last-ever episode of the soap. Harry takes Amber hostage.
10.00 NEW **River City: The Last Take** The making of the last-ever episode.
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Gary: Tank Commander**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Sort Of** (S2&1)
9.30 **Will & Grace** (S8)
11.30 **The Reluctant Landlord**
2.30 PM **Community** (S2&3)
5.30 **Will & Grace** (S4)
7.30 **The Office (US)** 3/26. Jim has to tell the staff that not everyone is going to get a pay rise. **8.00** 4/26. Part one of two. The staff visit Niagara Falls for Jim and Pam's wedding. **8.30** 5/26. Part two of two. Pam deals with an embarrassing injury for Andy. (S6)
9.00 **Real Time with Bill Maher** New edition The comedian and his guests discuss the week's events.
10.10 **Lucy Beaumont: Live from the Royal Court Theatre** Stand-up show.
11.05 **The Paper** 1&2/10. (S1)
12.20 AM **Community** (S3)
1.20 **Hitmen: Reloaded** (S2)
2.20 **The Reluctant Landlord**
3.20 **Avenue 5** 3/8. (S2)
4.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Musical Masterpieces**
7.00 **Battle of the Irish Dancers** Documentary.
8.00 **Artist of the Year**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON FILM **The African Queen** Adventure. (1951, U, 100min) ★★★★★
2.00 PM **André Rieu in Dublin**
4.30 **André Rieu: Live in Maastricht III**
7.00 FILM **Six Minutes to Midnight** Thriller. (2020, 12, 99min) ★★★
9.00 NEW **Tea with Judi Dench Featuring Sir Ian McKellen** *See feature, page 11.*
10.00 **Discovering**
11.00 **André Rieu: Live in Bahrain** From 2024.
12.30 AM **Kinky Boots**
2.40 **Art Traffickers**
3.40 **National Treasures**
5.00 **to 6.00** AM **Inside Art**

Sky Mix

151 158 156 11 141 23

7.00 AM **Border Security: America's Front Line**
8.00 **Border Patrol**
9.00 **Nothing to Declare**
10.00 FILM **Alvin and the Chipmunks** Comedy. (2007, U, 92min) ★★★
12.00 NOON **Caught on Dashcam** Road disasters.
1.00 PM **Nothing to Declare**
2.00 FILM **Flash Gordon** Sci-fi. (1980, PG) ★★★
4.00 **Nothing to Declare**
5.00 **Stargate SG-1** (S9)
6.00 **Stargate Universe** (S2)
7.00 **Star Trek: The Next Generation** 16/26. (S5)
8.00 **Hawaii Five-0** (S1)
9.00 **Evil** *Rose390:* 4/13. (S1)
10.00 **The Walking Dead: The Ones Who Live** 1/6. (S1)
11.15 **Grimm** 16/22. (S1)
12.15 AM **Wynonna Earp** (S1)
1.10 **Police 24/7**
2.05 **Road Wars**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Celebrity Catchphrase**
2.00 **Tenable** Quiz show.
3.00 **The Chase Celebrity Special** With Danny John-Jules, Yinka Bokinni, Tom Bosworth and Eamonn Holmes.
4.00 **Ridiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as another contestant tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **The Chase Around the World** Contestants travel across the globe in a race to find the Chasers.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **Ridiculous** Quiz show.
2.40 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **American Pickers**
10.00 **Find It, Fix It, Flog It**
11.00 **Great B&B Challenge**
12.00 NOON **A Place in the Sun** Triple bill of editions.
3.00 PM **Come Dine with Me**
5.30 **A Place in the Sun**
7.00 **The Dog House** Parents think a dog can wear out their toddler.
8.00 **Kirstie and Phil's Love It or List It: Brilliant Builds** Two builds where smart solutions and practical thinking helped save the day.
9.00 **24 Hours in Police Custody: The Ambush** 1/2. The case of a teenager left critically injured on the roadside.
10.15 FILM **Terminator: Dark Fate** Sci-fi action adventure with Arnold Schwarzenegger. (2019, 15, 123min) ★★★★
12.50 AM **Gogglebox**
1.50 **Love Cheats**
3.55 **to 4.50** AM **24 Hours in A&E**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Discovering Sci-Fi on Film**
12.20 PM **FILM Alien Apocalypse** Thriller with Bruce Campbell. (2005, 15, 88min) ★★
2.00 **FILM Stargate Origins: Catherine** Sci-fi prequel. (2018, PG, 104min) ★★
3.50 **FILM Stargate: Continuum** Sci-fi adventure spin-off. (2008, PG, 99min) ★★
5.40 **FILM Stargate: Ark of Truth** Sci-fi adventure spin-off. (2008, PG, 97min) ★★★

7.30 The Fifth Element

7.30 **FILM The Fifth Element** Luc Besson's sci-fi fantasy adventure starring Bruce Willis and Milla Jovovich. A 23rd-century New York taxi driver and an enigmatic young woman race to save the planet from an evil force. (1997, PG, 126min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **FILM Anti-Life** Sci-fi thriller starring Bruce Willis and Cody Kearsley. A junior mechanic aboard an interstellar ship must outwit a cosmic terror intent on using the spaceship as a weapon. (2020, 15, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **FILM Rubikon** Sci-fi drama starring Julia Franz Richter. (2022, 12, 110min) ★★
1.20 AM **FILM The Tomorrow Job** Sci-fi adventure starring Grant Schumacher and Caitlin Duffy. (2023, 15, 105min) ★★
3.20 **FILM Alien Apocalypse** As shown at 12.20pm.
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S17)
10.00 **Death in Paradise**
1.00 PM **Death in Paradise** Four episodes, including at: **2.20** 7/8. The team work between two islands to look into the death of a tourist. **3.40** 8/8. A passenger disappears from a flight to Dominica, only to be found dead in Saint Marie. (S13) **5.00** Christmas special from 2024. The team investigate when a holiday-maker is killed while dressed as Santa Claus. Guest stars Marcus Brigstocke.

8.00 My Life Is Murder

7.00 **Private Eyes** *The Conroy Cruise:* 8/12. A small-town deputy comes to town needing Angie and Shade's help. (S3)
8.00 **My Life Is Murder** New episode *The Top Two Inches:* 4/8. Alexa and Madison go undercover at a pub quiz night. (S5)
9.00 **Father Brown** *The Fire in the Sky:* Local speculation begins to mount that Kembleford is under threat of an alien invasion.
10.00 **Father Brown** *The Sins of Others:* Sid vows vengeance on his former defence barrister.
11.00 **Private Eyes** As 7.00pm.
12.00 M'T **Death in Paradise** 6/8. A tourist is stabbed in a hotel lift with no other occupants. Guest stars Ronni Ancona and John Gordon Sinclair. (S13)
1.20 **to 4.00** AM **Death in Paradise**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **The Vicar of Dibley**
1.10 PM **The Vicar of Dibley** Eight episodes of the comedy with Dawn French, including at: **5.30** The *Songs of Praise* crew visit Dibley to record a programme in the village church, and Geraldine develops a crush on the producer. Guest stars Peter Capaldi. **6.10** Alice shocks Geraldine with a pre-wedding revelation, and the irreverent vicar is pleasantly surprised by David's dashing brother. Guest stars Clive Mantle.

8.10 The Vicar of Dibley

6.50 **The Vicar of Dibley** Geraldine conducts a radical Sunday service. **7.30** Geraldine tries her hand at fundraising for a new stained-glass window. **8.10** Christmas special from 1997. Geraldine attempts to bring Alice and Hugo together.
9.00 **The Royle Family** Barbara decides she has had enough of Jim's laziness and walks out. **9.40** The Royle family celebrate Antony's 18th birthday with a party.
10.20 **Not Going Out** Lee gets invited to a party being thrown by neighbours Toby and Anna.
11.00 **The Royle Family** Denise and Dave visit with baby David. **11.35** Jim and Barbara are left holding the baby.
12.15 AM **The Royle Family**
1.35 **The Outlaws**
3.00 **to 4.00** AM **The Royle Family**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.00 AM **Eddie Eats America**
7.35 **Top Gear Nepal Special**
9.05 **Top Gear Vietnam Special**
10.50 **Gavin & Stacey** Double bill.
12.05 PM **Gavin & Stacey**
2.40 **Mortimer & Whitehouse: Gone Fishing** As 7.00pm.
4.00 **Hairy Bikers' Best of British** The duo explore the French influence on British food.
5.00 **Rick Stein's Road to Mexico** Rick retraces his steps from northern California to Mexico. **6.00** Rick travels through Los Angeles and into San Diego.

5.00 Rick Stein's Road to Mexico

7.00 **Mortimer & Whitehouse: Gone Fishing** Bob and Paul head off for a festive fishing trip to Norway, travelling to Vesteralen and the Lofoten Islands.
8.20 **Would I Lie to You? The Unseen Bits** Out-takes from the comedy show hosted by Rob Brydon.
9.00 **Have I Got a Bit More News for You** Jo Brand hosts the current affairs quiz, with Tom Peck and Nabil Abdulrashid.
10.00 **QI XL** With guests Rob Beckett, Lara Ricote and Daliso Chaponda.
11.00 **Taskmaster**
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You? At Christmas** With Sara Pascoe.
1.20 **Would I Lie to You? The Unseen Bits** As 8.20pm.
2.00 **QI XL** With Cariad Lloyd.
3.00 **House of Games**
3.30 **to 4.00** AM **Parks and Recreation**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.30 AM **The Bill**
8.25 **Doctors**
9.35 **Classic Holby City**
10.55 **Casualty**
11.55 **The Bill**
12.55 PM **Classic EastEnders**
2.15 **Classic Neighbours**
3.15 **Whitstable Pearl**
4.15 **Kingdom**
5.20 **As Time Goes By**
6.00 **Last of the Summer Wine** Seymour offers his talents and services to the local vicar. **6.40** A former wartime comrade of Wally's turns up.

11.20 Copper

7.20 **Last of the Summer Wine** Having witnessed his sister Edie fail several driving tests, Seymour volunteers to teach her.
8.00 **The Brokenwood Mysteries** *Scared to Death:* 1/4. The boss of Brokenwood agricultural show dies after a ride on the Ghost Train, and the investigation reveals his suspected heart attack was actually something far more sinister. (S5)
10.00 **New Tricks** *Objects of Desire:* DCI Larson of the Met's arts and antiques squad asks old flame Sandra to look into the murder of an antiques dealer. With Paul McGann.
11.20 **Copper** 1/10. (S1)
12.20 AM **Lovejoy** 11/12. (S2)
1.30 **Sister Boniface Mysteries**
2.35 **The Chelsea Detective** (S2)
3.25 **to 4.00** AM **Birds of a Feather**

+1 hour 243 316 60 260

Monday

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** (S2&3)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Head Case:* 15/24. The team raid an illegal motor business run by US Navy officers and find a Marine's head in the boot of a car. **7.00** *Family Secret:* 16/24. The team suspect that a US Marine has faked his own death. **8.00** *Ravenous:* 17/24. The team suspect that there might be a serial killer at large. (S3)
9.00 **Wild Cards** New episode *The Lorne Identity:* 3/13. A paranoid biomedical engineer with a case of amnesia comes to Ellis for help. (S2)
10.00 **Law & Order: Special Victims Unit** (S20&18)
1.55 AM **Blue Bloods** (S12)
2.55 **to 3.50** AM **NCIS: Los Angeles**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** A flood of patients with COVID-19 puts staff under pressure.
9.00 **Ambulance: Code Red**
10.00 **A&E After Dark**
11.00 **Skin A&E** Helping a Glaswegian hiding a large cyst under his hat.
12.00 M'T **Killer at the Crime Scene** A murdered oil rig worker is found.
1.00 AM **Murdered at First Sight** Sean McKay.
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Skin A&E**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Trucking Hell**
10.05 **Police Interceptors**
11.05 **Gunsmoke** (S13)
12.10 PM **FILM The Scalphunters** Western adventure. (1968, PG, 102min) ★★★
2.15 **FILM Robbers' Roost** Western. (1955, U) ★★
4.00 **Highway Thru Hell**
5.00 **Trucking Hell**
5.20 **Motorway Cops: Catching Britain's Speeders** Documentary.
6.20 **Police Interceptors**
7.15 **Cops** Documentary.
7.45 **Entertainment News**
8.00 **LIVE Snooker: British Open** The evening session on day one.
11.00 **The X-Files** 10/22. (S6)
12.00 M'T **Behind Bars: World's Toughest Prisons** Urso-Branco.
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.15 AM **Property Brothers: Forever Homes**
7.00 **Tipping Point**
10.00 **Tipping Point: Lucky Stars** Five editions.
3.00 PM **Pete Wicks: For Dogs' Sake**
7.00 **MasterChef Australia** New edition The chefs cook a dish connected to their heritage.
8.00 **Special Ops: Crime Squad UK** Detectives uncover human trafficking in Bristol.
9.00 **One Born Every Minute** A couple await news of their premature twins. **10.00** A lesbian couple prepare for the birth of their second child.
11.00 **Missing Persons Investigation**
1.00 AM **Inside the Ambulance**
1.35 **to 3.00** AM **Sort Your Life Out with Stacey Solomon**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Abandoned Engineering**
7.10 **The Architecture the Railways Built**
8.00 **Bangers & Cash**
10.00 **Churchill's Toyshop**
11.00 **The World at War**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **Churchill's Toyshop**
5.00 **The World at War**
6.00 **Antiques Roadshow**
7.00 **Seven Worlds, One Planet** South America.
8.00 **Canal Boat Diaries** Robbie Cumming arrives in Ripon. **8.30** Robbie makes repairs to his narrowboat. **9.00** Robbie tackles the fast-flowing River Trent. **9.30** Robbie breaks down in Nottingham.
10.00 **Bangers & Cash**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **Abandoned Engineering**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Dorset.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Salvage Hunters**
5.00 **Long Lost Family**
6.00 **The Repair Shop**
7.00 **The Yorkshire Auction House** A trip to London unearths exquisite Victorian jewellery.
8.00 **Antiques Road Trip**
9.00 **The Repair Shop** The experts restore a children's bike, a soft toy and an oriental lamp.
10.00 **The Yorkshire Auction House** A retired couple sell their toy collection.
11.00 **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

Great! TV

157 167 170 34 32

8.00 AM **The Waltons** (S8)
9.00 **Bramwell** 1/10. (S3)
10.00 **The Irish RM** 4/6. (S3)
11.00 **Little House on the Prairie** 2&3/24. (S4)
1.00 PM **The Waltons** (S8)
4.00 **Little House on the Prairie** 2&3/24. (S4)
6.00 **The Irish RM** 4/6. (S3)
7.00 **M*A*S*H** 13/24. Radar is bitten by a dog. **7.30** 14/24. Radar saves a lamb destined to be cooked on the spit. **8.00** 15/24. Frank proposes to Hot Lips. **8.30** 16/24. Henry delivers a sex education lecture to the 4077th. **9.00** 17/24. A transplant surgeon arrives. **9.35** 18/24. Hawkeye is put under arrest. (S3)
10.10 **M*A*S*H** (S3)
1.25 **Rising Damp** 5/8. (S2)
1.55 **Air Rescue**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.00 AM **Raiders of the Lost Art** Arts documentary.
10.00 **Murder Maps**
11.00 FILM **Wild Wind** World War Two adventure. (1985, PG, 100min) ★★
1.00 PM **The Unit** 18/23. (S2)
2.00 **Burn Notice** (S4)
4.00 FILM **Sniper Elite** Sci-fi action adventure starring Matthew Reese. (2014, 15, 91min) ★★
6.00 **The Unit** 18/23. (S2)
7.00 **Burn Notice** (S4)
9.00 FILM **Homefront** Action thriller starring Jason Statham and James Franco. (2013, 15, 98min) ★★★
11.10 **The Avengers** (S6)
12.10 AM **The Baron** (S1)
1.10 **The Persuaders!** (S1)
2.10 FILM **Disaster Zone: Volcano in New York** Disaster movie. (2006, 12, 90min) ★★
3.40 **Coast Guard Alaska**
4.35 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM **Hailey Dean Mysteries** Double bill.
12.00 NOON **Unforgettable**
1.00 PM **In Plain Sight** (S1)
2.00 **Castle** 12/24. (S5)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **Castle** 13/24. (S5)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** (S1)
10.00 FILM **Mystery 101: An Education in Murder** Mystery thriller starring Jill Wagner. (2020, PG, 84min) ★★
11.55 FILM **Garage Sale Mysteries: The Deadly Room** Drama starring Lori Loughlin. (2015, PG, 83min) ★★
1.50 AM FILM **Instakiller** Thriller with Kelly Sullivan. (2018, 12, 90min) ★★
3.20 **to 5.00** AM FILM **I Almost Married A Serial Killer** Thriller starring Krista Allen. (2019, 12, 90min) ★★

+1 hour 321

Great! Christmas

322 319 424 52 47

8.15 AM FILM **Homemade Christmas** Drama. (2020, PG, 85min) ★★
10.15 FILM **The Perfect Christmas Village** Fantasy. (2018, PG) ★★
12.10 PM FILM **Our Christmas Love Song** (2019, U) ★★
2.00 FILM **Christmas Love Letter** (2019, PG) ★★
3.55 FILM **Christmas Under the Stars** (2019, U) ★★
5.50 FILM **Two Turtle Doves** Drama. (2019, U) ★★
7.50 FILM **Christmas Wishes and Mistletoe Kisses** Comedy. (2019, U) ★
9.40 FILM **Spotlight on Christmas** Drama. (2020, PG, 84min) ★★
11.35 FILM **Christmas Unwrapped** Drama. (2020, U, 86min) ★★
1.45 AM **Highway to Heaven**
2.45 FILM **Christmas Love Letter** As 2.00pm.
4.10 **to 5.00** AM **Highway to Heaven**

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
12.00 NOON **Love Your Garden** From Oxford.
1.00 PM **My Floating Home**
2.00 **The Two Ronnies in Australia** Sketch show.
3.00 **Garden Rescue**
4.00 **Stuart Farm: Green Valley Tales**
4.45 **Real Thick Glasses**
5.00 **My Floating Home**
6.00 **Love Your Garden**
7.00 **BSL Zone: Small World**
7.30 **Queer Lives Today**
8.00 **Garden Rescue**
9.00 **The Two Ronnies in Australia** Sketch show.
10.00 **BSL Zone: Small World**
10.30 **Queer Lives Today**
11.00 FILM **Girls Come First** Comedy with John Hamill. (1975, 18, 43min) ★★
12.00 M'T FILM **Cruel Passion** Drama. (1977, 18) ★★
2.00 AM **The Two Ronnies in Australia** Comedy.
3.00 **My Floating Home**
4.00 **to 5.00** AM **Garden Rescue**

Rewind TV

182 81 164 141

6.00 AM **Highlights**
10.00 **Doctor in Charge** (S2)
10.30 **The Upper Hand** (S2)
11.00 **The Gaffer** (S2)
11.30 **Only When I Laugh** (S2)
12.00 NOON **UFO** 7/26. (S1)
1.00 PM **Two's Company**
1.30 **Agony** (S3)
2.00 **Second Thoughts** (S5)
2.30 **The Gaffer** (S2)
3.00 **Only When I Laugh** (S2)
3.30 **Randall and Hopkirk...**
4.30 **Jack Hargreaves' Old Country** (S2)
5.00 **Stereo Underground**
6.00 **Danger Man** (S1)
6.30 **The Upper Hand** (S2)
7.00 **Doctor in Charge** (S2)
7.30 **UFO** 7/26. (S1)
8.30 **Randall and Hopkirk (Deceased)** 22/26. (S1)
9.30 **The New Statesman**
10.00 FILM **The Gate** Comedy. (1986, 15, 92min) ★★★
11.50 FILM **Secrets of Sex** Comedy. (1970, 18) ★★
1.40 AM **Stereo Underground**
2.40 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Building Off the Grid**
11.00 **Deadliest Catch**
12.00 NOON **Curse of the Bermuda Triangle**
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Aussie Gold Hunters** The Ferals are moved onto a new lease. **8.00** An old map leads a crew to a big nugget.
9.00 **Dr Jeff: Rocky Mountain Vet** The team encounter an unexpected animal. **10.00** Feral cats overwhelm a town.
11.00 **Expedition X**
12.00 M'T **Naked and Afraid XL** Survival challenge.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Marcus in the Med: Mallorca** Double bill.
7.00 **Hairy Bikers: Route 66**
8.00 **Delicious Miss Brown** New edition A date night with braised chicken.
9.00 **Jamie's Meat-Free Meals**
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
12.30 PM **Mary Berry's Simple Comforts**
1.00 **James Martin's Spanish Adventure**
3.00 **Hairy Bikers: Route 66**
4.00 **Jamie's Meat-Free Meals**
5.00 **The Pioneer Woman**
6.00 **James Martin's Spanish Adventure**
7.00 **Great British Bake Off**
8.30 **Mary Berry's Simple Comforts**
9.00 **James Martin's French Adventure**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Mystery Diners**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 21/25. (S2)
9.00 **Six Million Dollar Man**.
10.00 **Babylon 5** 15/22. (S3)
11.00 **The Poseidon Adventure** Drama starring Adam Baldwin.
2.35 PM FILM **Stealth** Action thriller with Josh Lucas. (2005, 12, 121min) ★★
5.00 **Star Trek** 28/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **Babylon 5** 16/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **Mr & Mrs Smith** Black comedy thriller starring Brad Pitt and Angelina Jolie. (2004, 15, 120min) ★★★
11.30 FILM **The Hitman's Apprentice** Thriller starring Tim Roth. (2012, 15, 82min) ★★
1.20 AM FILM **Striking Distance** Action thriller . (1993, 18, 102min) ★
3.15 **to 5.00** AM FILM **Beyond Suspicion** Thriller. (2018, 15) ★★

+1 hour 321

Legend Xtra

316 316 171 69 138 51

9.00 AM FILM **The Virginian** Western. (2014, 12) ★★
11.00 **Andromeda** 8/22. (S5)
12.00 NOON FILM **Polar Storm** Sci-fi thriller. (2009, PG, 92min) ★★
2.00 PM FILM **40 Days and Nights** Disaster thriller. (2012, 15, 86min) ★
4.00 **Walker, Texas Ranger**
5.00 FILM **Airplane vs Volcano** Disaster movie. (2014, 15, 91min) ★
7.00 **Andromeda** 9/22. (S5)
8.00 **The A-Team** 25/25. (S3)
9.00 FILM **Riddick** Sci-fi sequel starring Vin Diesel and Jordi Mollà. (2013, 15, 122min) ★★★
11.30 FILM **Bushwick** Action adventure. (2017, 15, 94min) ★★
1.30 AM FILM **The Man Called Noon** Western. (1973, 15, 98min) ★★
3.20 FILM **Airplane vs Volcano** As 5.00pm.
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** Melton Mowbray.
6.45 **Pawn Stars**
7.30 **Storage Wars Canada**
8.25 **Storage Hunters**
9.20 **Junk & Disorderly**
1.05 PM **Pawn Stars**
2.05 **Storage Wars Canada**
3.05 **Ancient Aliens**
5.00 **UFOs: The White House Files** Secrecy surrounding UFOs and the US presidency.
6.00 **Junk & Disorderly**
7.00 **Dickinson's Real Deal**
9.00 **Secrets in the Sand**
10.00 **Secrets in the Dark**
11.00 **Field of Vampires**
12.00 M'T **The Curse of Civil War Gold** Kevin and his team battle serious injury.
1.00 AM **UFOs: The White House Files** As 5.00pm.
2.00 **Killer Britain with Dermot Murnaghan**
3.00 **Junk & Disorderly**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
11.00 **Reuben Owen: Life in the Dales**
12.00 NOON **Ben Fogle: New Lives in the Wild**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.30 **Around the World by Train with Tony Robinson** From France.
5.00 **Cornwall: A Year by the Sea** A look at the iconic Minack Theatre.
6.00 **Abandoned Engineering**
7.00 **Ben Fogle: New Lives in the Wild** An American widow who built her own farm in North Africa. **8.00** An ex-academic living on an island off the New Zealand coast.
9.00 **China with Ben Fogle**
10.30 **Battle Front: WWII Road to Victory**
11.00 **Prisoner: Cell Block H**
1.00 AM **The Yorkshire Vet**
3.00 **Abandoned Engineering**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **The Chase Celebrity Special** Quiz show.
10.00 **The Bidding Room**
11.00 **Celebrity Antiques Road Trip** With Clive Anderson.
12.15 PM **Lily Savage's Blankety Blank**
1.00 **Classic Who Wants to Be a Millionaire?**
2.00 **Bridge of Lies**
3.00 **The Chase** Quiz show.
4.00 **Celebrity Antiques Road Trip** With actor Stefanie Powers.
5.15 **All Star Family Fortunes**
6.00 **Cash Trapped**
7.00 **The Chase Celebrity Special** Quiz show.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** Quiz show.
11.00 **Bullseye** Double bill.
12.00 M'T **Bridge of Lies**
1.00 AM **The Chase**
2.00 **The Chase Celebrity Special** Quiz show.
3.00 **The Chase** Quiz show.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **The Middle**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **The Middle**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.00** 24/24. Sheldon's former admirer Ramona Nowitzki resurfaces. (S10) **8.30** 1/24. Amy ponders Sheldon's marriage proposal. (S11)
9.00 **Mock the Week** Satirical panel show.
10.00 FILM **Bumblebee** *Transformers* prequel, starring Hailee Steinfeld and John Cena. (2018, PG, 114min) ★★★★
12.00 M'T **The Middle**
1.30 AM **Dr Pimple Popper**
2.30 **My 600lb Life**
4.30 **Say Yes to the Dress: UK** Reality series.
5.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Mr Bean**
10.00 **The Best of Mr Bean**
11.00 **Sabrina the Teenage Witch** (S2)
1.00 PM **Friends** (S5&6)
8.00 14/25. Phoebe is mistaken for a porn star. **8.30** 15/25. The pals ponder what might have been. (S6)
9.00 **Stupid Central** New edition Including basketball gone wrong. **9.30** Series finale A Don't Make Me Laugh farts special.
10.00 **Jimmy Carr's Am I the A**hole?**
11.00 **Mr Bean** Double bill.
12.00 M'T **Whose Line Is It Anyway? USA**
1.00 AM **South Park**
2.30 **Modern Horror Stories**
2.35 **Al Murray Live: Barrel of Fun** Stand-up show.
3.25 **Lee Evans: Monsters**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S1)
7.00 **Teleshopping**
9.00 **Whose Line Is It Anyway? USA**
10.00 **Spin City** (S1)
11.00 **Friends** (S6&7)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.00 **Mr Bean** Six episodes.
6.00 **The Best of Mr Bean**
7.00 **Sabrina the Teenage Witch** (S2)
9.00 **Mr Bean** Double bill.
10.00 **Friends** 24/24. Part two of two. Rachel makes Ross regret playing a prank on her. (S5) **10.30** 1/25. Joey and Phoebe have a cross-country adventure. (S6)
11.00 **Friends** (S6)
1.00 AM **8 Out of 10 Cats Uncut** With Rachel Riley.
1.50 **Most Ridiculous**
2.50 **Spin City** (S1)
3.45 **Impractical Jokers**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

56 42

8.00 AM **That's 60s: Best Music Live!**
8.15 FILM **Rising Damp** Comedy spin-off from the TV series. (1980, PG, 96min) ★★
10.10 **On the Buses** (S1)
1.50 PM **Steptoe and Son Xmas 1973** Comedy.
2.45 **Birds of a Feather** (S11)
3.15 **Whatever Happened to the Likely Lads?** (S2)
4.10 **Going Straight** (S1)
7.55 **Minder** 11/13. (S2)
9.00 **Benidorm** 5&6/9. (S2)
9.55 **Shameless** 13/16. (S7)
10.55 **Man About the House**
11.25 **Mind Your Language**
11.55 **Benidorm** 5&6/9. (S2)
12.55 AM **Minder** 8/13. (S8)
1.55 **Birds of a Feather** (S12)
2.20 **Man About the House**
2.45 **The Kenny Everett Video Show** (S2)
3.05 **That's 60s: Best Music Live!**
4.00 **to 5.00** AM **Nearest and Dearest**

MTV

126/127 137 134 351 366

6.00 AM **Teen Mom 2**
8.00 **Dallas Cowboys Cheerleaders**
9.00 **Catfish: The TV Show**
10.00 **Judge Judy**
12.00 NOON **Charmed**
2.00 PM **Catfish: The TV Show** Reality series.
3.00 **Judge Judy**
5.00 **Charmed** 9&10/22. (S2)
7.00 **Teen Mom: The Next Chapter** Reality series.
8.00 **Judge Judy**
9.00 **Geordie Stories: Charlotte Mam of Two** Charlotte Crosby prepares for the arrival of her second baby.
10.00 **Ink Master** New edition A sandy Flash Challenge pushes the teams to the brink.
11.00 **Geordie Shore**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **Ink Master**
2.45 **Ex on the Beach**
3.35 **to 4.00** AM **Daria**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Treehouse Masters**
9.00 **Gold Rush**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **How It's Made** Four editions of the series, including at: **4.30** The making of carbon fibre car parts, hand dryers, polyester yarn and fleece.
5.00 **Alaska: Homestead Rescue** The Raneys work together in a bid to solve a mystery affecting a Virginia homestead.

11.00 Expedition Files

7.00 **Wheeler Dealers** Mike Brewer and Edd China revisit the most memorable vehicles to grace their garage.
8.00 **Ant Anstead Master Mechanic** Ant hits week seven of his Alfa build. **8.30** Ant's engine for the Alfa 158 is still missing.
9.00 **Maine Cabin Masters** The team visit Oakland to take on a project the owner promised her father she would complete.
10.00 **Building Off the Grid** A gymnastics coach works on his dream cabin located in Utah's Wasatch Mountain Range.
11.00 **Expedition Files** Josh Gates investigates the curse of Tutankhamun's tomb.
12.00 M'T **Deadliest Catch**
1.00 AM **Maine Cabin Masters**
2.00 **Building Off the Grid**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners: Master Distiller**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Saved by the Barn**
10.00 **Tanked**
11.00 **Animal Cops San Francisco**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell**
5.00 **Lone Star Law** The game wardens search for the elusive big horn sheep in the mountains of West Texas.
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Amy finds herself put to the test when a routine cat neuter turns complicated.

7.00 Treehouse Masters

7.00 **Treehouse Masters** Pete Nelson visits Louisiana to take on his biggest treehouse ever, involving building a 70ft bridge.
8.00 **Great White Shark Babies** Searching for the location where the great white sharks of Guadalupe give birth to their pups.
9.00 **Alaska: The Last Frontier** Atz begins his summer riding season so he can protect Otto's cattle herd from predators.
10.00 **Alaskan Bush People** The Wolfpack race to complete the first major build of their new ranch.
11.00 **Mountain Monsters** Buck searches for the little girl at the heart of the mystery.
12.00 M'T **Crikey! It's the Irwins** A wallaby is severely injured.
1.00 AM **100 Days Wild**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops San Francisco**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
10.00 **Construction Fails**
12.00 NOON **Chernobyl: Inside the Meltdown** Four editions.
4.00 PM **Planes that Changed History** How Boeing dared to design the largest passenger aircraft of its time. – the 747.
5.00 **Air Crash Investigation** The 1985 Manchester runway disaster, which caused the deaths of 55 people. **6.00** How a pilot saved the day when he lost all the engines of the aircraft while 3,000ft above the Gulf of Mexico.

8.00 Pompeii: Out of Time

7.00 **Air Crash Investigation** Investigating British Airways Flight 38's crash-landing at Heathrow in January of 2008.
8.00 **Pompeii: Out of Time with Tom Hiddleston** 1/3. Exploring the hours before the eruption of Mount Vesuvius in 79 CE.
9.00 **Pompeii: Out of Time with Tom Hiddleston** 2/3. Tom explores the hours during the eruption of Mount Vesuvius.
10.00 **Pompeii: Out of Time with Tom Hiddleston** 3/3. As the final surge hits, the actor discovers who survived and at what cost.
11.00 **Air Crash Investigation**
12.00 M'T **Inside Sydney Airport**
1.00 AM **Northwoods Survival**
2.00 **Mysteries of Ancient Medicine** Archaeologists explore the history of healing.
2.55 **Trafficked with Mariana Van Zeller** A romance scam.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

Sky History

123/124 115/116 131 353 368

6.00 AM **Close Encounters**
6.30 **Hardcore Pawn**
9.15 **Junk & Disorderly**
12.00 NOON **Ancient Aliens**
1.00 PM **Secrets Declassified with David Duchovny** Double bill of editions.
2.55 **Knut: The Viking Emperor** Four editions, including at: **6.25** The documentary traces Knut's rise from young warrior to North Sea ruler through Assandun, the taking of Denmark and Norway and his grip on England.

9.00 Secrets Declassified

7.30 **The Tattooist's Son: Journey to Auschwitz** Gary Sokolov visits the wartime camp through the infamous Arbeit Macht Frei gatehouse, from where he begins to explore the horrors confronted by his parents.
9.00 **Secrets Declassified with David Duchovny** New edition The actor looks at hidden alliances and covert agendas.
10.00 **Secrets Declassified with David Duchovny** New edition The actor explores hidden government bases.
11.00 **Secrets Declassified with David Duchovny** New edition A look at covert hardware.
12.00 M'T **Junk & Disorderly** The team attend an auto jumble in Stratford Racecourse. **1.00** AM Henry Cole and the team head to Dorset. **2.00** The team take a look through a shed in Shrewsbury.
3.00 **to 6.00** AM **Ancient Aliens**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **History of the Sitcom**
7.00 **Discovering: George Clooney**
8.00 **The Directors**
9.00 **Spitfire**
11.00 **Lancaster**
1.00 PM **The Princess**
2.45 **I Am Jackie O**
4.30 **Salt Path: A Very British Scandal** Allegations of factual inaccuracies in Raynor Winn's book *The Salt Path*.
6.00 **Rik Mayall: Magnificent B'stard** A documentary tribute to the actor and comedian, who died in 2014.

8.00 Katie Price: Nothing to Hide

7 PM **Rik Mayall: Magnificent B'stard** (started at 6.00pm)

8 PM **Katie Price: Nothing to Hide** 1/4. A profile of one of Britain's most enduring celebrity figures.

9 PM **Katie Price: Nothing to Hide** 2/4. A secret romance and relentless scrutiny make Katie public enemy number one.

10 PM **Katie Price: Nothing to Hide** 3/4. Katie and Peter Andre become a celebrity power couple.

11.10 **Katie Price: Nothing to Hide** 4/4. Determined to recreate the life she had with Peter Andre, Katie enters a turbulent period of her life.
12.30 AM **Becoming Madonna**
2.30 **Tina** A celebration of Tina Turner's life and career.
4.45 **My Icon: Christine Ohuruogu**
5.00 **to 6.00** AM **Discovering: George Clooney**

Quest

140/141 149 128/137 17 145 18

6.00 AM **Shed and Buried**
6.30 **Shed and Buried: Classic Cars** Double bill.
8.30 **Shed and Buried: Classic Combine**
9.30 **Shed and Buried: Classic Cars**
10.30 **Shed and Buried**
12.30 PM **Shed and Buried: Classic Helicopter**
2.00 **Shed and Buried: Classic Cars**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
8.00 **Shed and Buried: Classic Cars**
9.00 **Ant Anstead: Born Mechanic** New edition
10.00 **MotoGP Highlights**
11.00 **British Superbikes**
12.00 M'T **How Do They Do It?**
1.00 AM **Salvage Hunters**
3.00 **Salvage Hunters: The Restorers**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/146 40 146 34

7.00 AM **Say Yes to the Dress** Double bill.
8.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Faking It: Tears of a Crime**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** The murder of Laura Davies.
8.00 **Murder on CCTV** Double bill of editions.
10.00 **Faking It: Tears of a Crime** The murder of author Helen Bailey.
11.00 **Deadliest Mums & Dads**
12.00 M'T **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Secrets of a Murder Detective** The team solve Sinead Healy's murder by her former partner Kenneth Lynch.
8.00 **UK Crime Files: Murder at the Gate** Donal MacIntyre investigates the murder of Nigel Bacon.
9.00 **UK Crime Files: The Murder of Collette Aram** Exploring a murder in Nottingham .
10.00 **Murder UK** The murder of Vera Hudson. **11.00** The case of Gary Cunningham.
12.00 M'T **UK Crime Files: Murder at the Gate**
1.00 AM **UK Crime Files: The Murder of Collette Aram** As 9.00pm.
2.00 **Murder UK** Double bill.
4.00 **to 5.45** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Blackpool Double Murder** Two murders.
9.55 **UK Crime Files: The Blackpool Poisoner**
11.00 **Killers: Caught on Camera** True-crime.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Murder – Smoke and Lies** Documentary.
3.00 **UK Crime Files: Newport Revenge Murder** Documentary.
4.00 **Killers: Caught on Camera** The tragic case of Colby Vinson.
5.00 **Medical Detectives** Four editions, including at: **6.00** A family are found dead after a house fire. **6.30** Focusing on the murder of a gay couple.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Stop, Search, Seize**
7.00 **Caught on Dashcam**
9.00 **Stop, Search, Seize**
10.00 **Brit Cops: Law & Disorder** Double bill.
12.00 NOON **Killer in My Village** Kerry Owen.
1.00 PM **The Girl on the Milk Carton** 1&2/2.
3.05 **World's Most Evil Killers**
4.00 **Forensics: Catching the Killer** Double bill.
6.00 **Murder in the Alps** 1-3/3. Triple bill of the documentary exploring a murder that has gone unsolved for 10 years.
9.00 **Fred West: The Glasgow Girls** 1-3/3.Triple bill of the documentary.
12.00 M'T **Killer in My Village**
1.00 AM **Forensics: Catching the Killer**
2.00 **Murdered at First Sight**
3.00 **Stop, Search, Seize**
4.00 **Send in the Dogs**
5.00 **to 6.00** AM **Road Wars**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's Extremes**
8.50 **Pocahontas: Beyond the Myth**
9.55 **The Great Fire: London Burns** The fire of 1666.
10.55 **The Great Fire: Death and Destruction**
11.55 **The Great Fire: A City Rebuilt**
1.00 PM **The Great Fire: London Burns**
2.00 **The Great Fire: Death and Destruction**
3.05 **The Great Fire: A City Rebuilt**
4.05 **Impossible Peace**
7.30 **Impossible Peace** By the late 1920s, Europe appeared to have got through the economic strife of war. **8.35** When the Great Depression hit, all good candidates for leadership disappeared.
9.40 **Impossible Peace**
1.10 **to 2.00** AM **Weathered: Earth's Extremes**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Undiscovered Vistas**
7.00 **Monkey Life** Double bill.
8.00 **Aussie Snake Wranglers: Deadly Pursuit**
2.00 PM **In for the Kill**
3.00 **World's Most Toxic Animals**
5.00 **Micro Monsters with David Attenborough** Six editions.
8.00 **Valley of Flood and Fire** How the life of every animal is linked to the vastly different seasons.
9.00 **Carpathian Predators** The role played by the Eurasian wolf in the Carpathian mountains.
10.00 **A Cheetah's Pride** Following Chilli and her five cheetah cubs when they encounter Inara and her four offspring. **11.00** Inara goes searching for her kidnapped cubs. **12.00** M'T Cameras rejoin the cheetah family as the mothers collaborate to keep the cubs fed.
1.00 AM **Undiscovered Vistas**
2.00 **Valley of Flood and Fire**
3.00 **Carpathian Predators**
4.00 **In for the Kill**
5.00 **to 6.00** AM **Matsalu Moose: Wild Giants of the Baltics**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets Declassified with David Duchovny**
9.00 **History's Greatest Aircraft**
10.00 **Crimes That Shook Britain**
11.00 **Ancient Aliens** Double bill.
1.00 PM **Digging for Britain**
6.00 **Mystery Places**
7.00 **UFOs: The Lost Evidence** Ancient art and archaeology suggesting mankind has been visited by otherworldly beings.
8.00 **Battle 360** Analysing the aircraft carrier USS *Enterprise*.
9.00 **The Proof Is Out There: Alien Edition** Tony Harris and his panel of experts investigate UFO hotspots around the globe and pass a verdict.
10.00 **Royal Murder Mysteries** The death of King Ludwig of Bavaria in 1886, who died three days after he was declared insane and deposed from the throne.
11.00 **Ancient Aliens** Double bill.
1.00 AM **UFOs: The Lost Evidence**
2.00 **Digging for Britain**
5.00 **to 6.00** AM **Crimes That Shook Britain**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
11.00 **Arctic Rescue** Double bill.
1.00 PM **Secrets Underground**
3.00 **Through the Wormhole with Morgan Freeman**
6.00 **How Do They Do It?** Manufacturing techniques behind the groovy vinyl LP. **6.30** Revealing how the fastest lifeboats are built. **7.00** Wensleydale cheese, paintbrushes and aromatic oils. **7.30** The Tesla Model S, horses' tails and swimming pools. **8.00** A look into how France's appetite for snails is sated. **8.30** Bridges that can take the weight of a tank.
9.00 **Truth Behind the Moon Landing** Experts investigate American espionage during the Apollo programme. **10.00** A crash that nearly killed astronaut Neil Armstrong.
11.00 **Through the Wormhole with Morgan Freeman**
4.00 **to 6.00** AM **Secrets Underground**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Ozark Law** Documentary.
10.00 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Cops Gone Bad with Will Mellor** Triple bill of editions.
2.00 PM **Green Eyed Killers**
3.00 **Sunshine Slayings**
6.00 **Homicide Hunter**
7.00 **The First 48**
8.00 **Green Eyed Killers** A woman is killed by her jealous ex.
9.00 **Last Seen on Holiday** New edition Cases of people who disappeared abroad.
10.00 **Check-In to Murder** New edition Khalilur Rahman.
11.00 **Sunshine Slayings** Two Christian camp counsellors disappear during a weekend getaway.
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **The Real Murders of Atlanta** Documentary.
2.00 **On the Case with Paula Zahn**
3.00 **Sunshine Slayings**
5.00 **to 6.00** AM **Green Eyed Killers**

+1hour 256 333

WILD

165 145 182

8.00 AM **Heartland Docs**
1.00 PM **Panda School**
4.00 **Yukon Vet** Triple bill.
7.00 **Croc Wars: Grumeti vs Mara** Following wildebeest and zebras as they make their way across the Serengeti.
8.00 **Crocodiles Revealed** Observing the predators in and out of the water.
9.00 **Tiger Shark Terror** Eli Martinez and Matthew Smukall look into the myth that sharks feed at night, capturing rare footage of tiger sharks at night to see how their behaviour changes.
10.00 **When Sharks Attack** A mysterious increase in shark bites around San Diego, which left locals stunned and scientists searching for answers.
11.00 **Snakes in the City** Mbali completes her training by capturing a black mamba.
12.00 M'T **Africa's Deadliest**
1.00 AM **Jungle Animal Rescue**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **World's Deadliest**

Discovery History

161/172 147 181

7.00 AM **Nazi UFO Conspiracy**
8.00 **Combat Dealers**
9.00 **Secrets Underground**
11.00 **Salvage Hunters**
1.00 PM **How the Universe Works**
2.00 **NASA's Unexplained Files**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** The destructive power of quasars.
8.00 **Nazi UFO Conspiracy** Alleged connections between UFO sightings and the Nazis.
9.00 **Secrets Underground** Searching for treasure in an infamous sunken pirate city.
10.00 **How Do They Do It?** Turning root vegetables into sugar. **10.30** How traditional techniques are still used to weave the world's most fashionable lace.
11.00 **Combat Dealers**
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Expedition Unknown**
4.00 **to 5.00** AM **Expedition X**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Train Truckers**
2.00 PM **Train Truckers** The Train Truckers attempt to move a 100-ton diesel engine. **3.00** Terry and Jason have been called in to move steam locomotive Britannia. **4.00** Expert hauliers Eric Harrison and Chris Case move an iconic Deltic diesel.
5.00 **Citizen Smith** Triple bill.
7.00 **Citizen Smith** Wolfie loses in a by-election and decides to take direct action by kidnapping his victorious opponent. **7.40** Wolfie decides to postpone the revolution until he has sorted out his love life. **8.15** Wolfie has to put his opinions to one side as he meets his girlfriend's parents. **9.00** Wolfie and Ken turn to Shirley when they are evicted. **9.35** Wolfie is ordered to look after Speed's girlfriend.
10.20 **Citizen Smith** Sitcom.
5.05 **to 6.00** AM **Villages by the Sea**

+1hour 266 376

ID

154 140 166

8.00 AM **Evil Stepmothers**
12.00 NOON **Love Kills**
1.00 PM **Dark Waters: Murder in the Deep** Double bill.
3.00 **The Perfect Murder**
7.00 **Faking It: Tears of a Crime** Investigating the crimes of Dr Harold Shipman. **8.00** The death of Jamie Lavis.
9.00 **True Conviction** The case of Nancy Klinger, who disappeared after telling her friends that she had the chance of a lifetime.
10.00 **People Magazine Investigates** Police discover a married man dead in a secret sex den.
11.00 **American Detective with Lt Joe Kenda** Police officers find an elderly couple bound and beaten in their home.
12.00 M'T **Murder Under the Friday Night Lights** Two high-school football coaches vanish in 1976. **1.00** AM A popular high-school athlete is found murdered.
2.00 **The Perfect Murder**
4.00 **to 5.00** AM **Faking It: Tears of a Crime**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers** Double bill.
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Last Chance Garage**
2.00 **Ant Anstead: Born Mechanic**
3.00 **Bangla Bangers**
4.00 **Salvage Hunters: Classic Cars**
5.00 **Street Outlaws: Locals Only**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Street Outlaws: Locals Only** Pennsylvania locals compete
9.00 **Goblin Works Garage** Jimmy brings a turbo-charged Porsche 944 into the workshop.
10.00 **Carspotting** Documentary.
11.00 **Massive Engineering Mistakes**
12.00 M'T **Street Outlaws: Locals Only** As shown at 8.00pm.
1.00 AM **Richard Hammond's Workshop** Richard redesigns his horsebox into an RV.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.30 AM **GOAT** As 6.00pm.
8.20 **Charlie the Wonderdog** Animation. (2025, PG, 92min)
10.00 **Rise of the Conqueror**
12.10 PM **Five Nights at Freddy's 2**
2.05 **Hamnet** Period drama. (2025, 12, 125min) ★★★★
4.15 **Panda Plan 2: The Magical Tribe** Action comedy sequel. (2026, PG, 100min)
6.00 **GOAT** Animation featuring the voice of Caleb McLaughlin. (2026, PG, 100min) ★★★

6.00 GOAT

7.50 **Rise of the Conqueror** Action adventure starring Christian Mortensen and Mahesh Jadu. As the Mongol Empire crumbles, a warrior must renounce his loyalties to protect the fate of the Silk Road. (2026, 15, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Five Nights at Freddy's 2** Horror sequel starring Josh Hutcherson. One year after the nightmare at Freddy Fazbear's Pizza, Mike and Vanessa are pulled back into a terrifying series of events. (2025, 15, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Song Sung Blue** Drama. (2025, 12, 132min) ★★★
1.55 AM **Signal One** Sci-fi thriller. (2026, 15, 87min) ★★★★
3.25 **Panda Plan 2: The Magical Tribe** As shown at 4.15pm.
5.10 **to 6.00** AM **Looney Tunes: The Day the Earth Blew Up** Animation. (2024, PG, 91min)

Sky Cinema Transformers

303 303 403 503 517

6.00 AM **Transformers** As 9.00pm.
8.25 **Transformers: Revenge of the Fallen** As 11.25pm.
11.00 **Transformers: Dark of the Moon** As shown at 2.00am.
1.35 PM **Transformers: Age of Extinction** Sci-fi adventure. (2014, 12, 166min) ★★★
4.25 **Transformers: The Last Knight** Sci-fi adventure sequel. (2017, 12, 155min) ★★
7.00 **Bumblebee** Action prequel. (2018, PG, 114min) ★★★★

9.00 Transformers

Bumblebee (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Transformers** Sci-fi action adventure starring Shia LaBeouf, Tyrese Gibson and Josh Duhamel. A geeky teenager finds himself caught up in a titanic struggle between good and evil robots who are battling to recover their life source. (2007, 12, 144min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Transformers: Revenge of the Fallen** Sci-fi action adventure sequel starring Shia LaBeouf and Megan Fox. (2009, 12, 149min) ★★★
2.00 AM **Transformers: Dark of the Moon** Sci-fi adventure sequel with Shia LaBeouf and Rosie Huntington-Whiteley. (2011, 12, 154min) ★★★
4.35 **to 7.30** AM **Transformers: Age of Extinction** As 1.35pm.

Sky Cinema Drama

310 310 410 510 524

6.05 AM **The Hanging Sun** Drama. (2022, 15, 93min) ★★
7.40 **Valentine's Day** Romantic comedy. (2010, 12, 125min) ★★★
9.50 **Flashdance** Dance drama. (1983, 15, 96min) ★★★
11.30 **Bohemian Rhapsody** Biopic. (2018, 12, 134min) ★★★★
1.50 PM **A Big Bold Beautiful Journey** Romantic drama. (2025, 15, 109min) ★★★
3.50 **The Choral** Comedy drama. (2025, 15, 113min) ★★★★
5.50 **Downton Abbey: The Grand Finale** Period drama spin-off. (2025, PG, 123min) ★★★★
8.00 **Materialists** Romantic comedy starring Dakota Johnson and Chris Evans and Pedro Pascal. (2025, 15, 116min) ★★★★
10.00 **Hamnet** Drama with Paul Mescal and Jessie Buckley. After losing their son to plague, Agnes and William Shakespeare grapple with grief. (2025, 12, 125min) ★★★★
12.20 AM **The Brutalist** Epic period drama starring Adrien Brody. (2024, 18, 215min) ★★★★★
3.45 **Grease** Musical starring John Travolta and Olivia Newton-John. (1978, PG, 110min) ★★★★
5.45 **to 7.55** AM **Dreamgirls** Musical. (2006, 12, 130min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.50 AM **47 Metres Down** Horror. (2017, 15, 89min) ★★★
8.30 **Brightburn** Superhero horror. (2019, 15, 90min) ★★★
10.15 **Deep Impact** Disaster movie. (1998, 12, 123min) ★★★★
12.25 PM **Gravity** Space thriller. (2013, 12, 91min) ★★★★★
2.00 **Assassin's Creed** Adventure starring Michael Fassbender. (2016, 12, 115min) ★★
4.10 **Annabelle** Horror spin-off. (2014, 15, 97min) ★★
6.00 **Annabelle: Creation** Horror starring Anthony LaPaglia. (2017, 15, 109min) ★★★
8.00 **The Conjuring: Last Rites** Mystery starring Vera Farmiga. (2025, 15, 135min) ★★★
10.20 **Evil Dead** Horror remake starring Jane Levy. Five friends unwittingly awaken a demonic spirit after they go to a remote cabin in the Michigan woods. (2013, 18, 89min) ★★★
11.55 **Event Horizon** Sci-fi thriller starring Laurence Fishburne. (1997, 18, 96min) ★★★
1.35 AM **Strange Darling** Horror thriller starring Willa Fitzgerald. (2023, 18, 97min) ★★★★
3.15 **to 6.00** AM **Nosferatu** Horror. (2024, 15, 132min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

7.20 AM **The Wild Thornberrys Movie** (2002, U) ★★★★
8.50 **Puss in Boots** As 4.25pm.
10.25 **Corpse Bride** Animation. (2005, PG, 74min) ★★★★
11.45 **How to Train Your Dragon** Fantasy. (2025, PG) ★★★★
1.55 PM **Hook** Fantasy adventure. (1991, U, 140min) ★★★
4.25 **Puss in Boots** Animation. (2011, U, 90min) ★★★★
6.00 **Wicked** Musical fantasy. (2024, PG, 160min) ★★★★

6.00 Wicked

8.45 **Teenage Mutant Ninja Turtles** Fantasy adventure starring Megan Fox and William Fichtner. Four humanoid amphibians use their martial arts skills to protect New York from a criminal organisation. (2014, 12, 101min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Teenage Mutant Ninja Turtles: Out of the Shadows** Fantasy adventure sequel starring Megan Fox and Will Arnett. (2016, 12, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **The Karate Kid** Martial arts family adventure starring Jaden Smith and Jackie Chan. (2010, PG, 140min) ★★★
2.45 **Lemony Snicket's A Series of Unfortunate Events** Fantasy starring Jim Carrey. (2004, PG, 103min) ★★★★
4.35 **to 6.15** AM **Charlotte's Web** Adventure with Dakota Fanning. (2006, U, 97min) ★★★

Sky Cinema Action

306 306 407 507 521

6.20 AM **300** (2006, 15) ★★★★
8.20 **300: Rise of an Empire** Fantasy. (2014, 15) ★★★
10.05 **The Meg** Action thriller. (2018, 12, 113min) ★★★
12.05 PM **The Italian Job** Crime caper. (1969, PG) ★★★★★
1.50 **The Expendables 2** Action sequel. (2012, 15, 98min) ★★★
3.45 **Batman & Robin** Fantasy. (1997, PG, 125min) ★★
6.00 **Bad Boys** Comedy thriller. (1995, 15, 118min) ★★★

6.00 Bad Boys

8.00 **Bad Boys II** Action comedy thriller sequel starring Martin Lawrence and Will Smith as Miami cops striving to bring down a drug lord. With Gabrielle Union, Jordi Mollà and Joe Pantoliano. (2003, 15, 147min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Justice League** Action adventure starring Ben Affleck. Bruce Wayne enlists the help of The Flash, Wonder Woman, Aquaman and Cyborg in the fight against supervillain Steppenwolf. (2017, 12, 120min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Mummy: Tomb of the Dragon Emperor** Adventure sequel starring Brendan Fraser and Jet Li. (2008, 12, 112min) ★★★
2.30 **The Lost City of Z** Drama. (2016, 15, 141min) ★★★★
4.55 **to 6.40** AM **The Italian Job**

Sky Cinema Comedy

308 308 408 508 522

7.20 AM **Roxanne** As 3.25am.
9.20 **Blades of Glory** Comedy. (2007, 12, 93min) ★★★
11.10 **Panda Plan** (2024, 15) ★★★
12.50 PM **Panda Plan 2: The Magical Tribe** Action comedy sequel. (2026, PG, 100min)
2.35 **Logan Lucky** Crime caper. (2017, 12, 114min) ★★★★
4.40 **Zoolander 2** Comedy sequel. (2016, 12, 102min) ★★★
6.30 **The Naked Gun** Comedy. (2025, 15, 85min) ★★★★

10.10 Bride Wars

8.00 **Bridget Jones: Mad About the Boy** Romantic comedy sequel starring Renée Zellweger. Recently widowed Bridget enters the dating game once again, caught between her son's science teacher and a younger man. (2024, 15, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Bride Wars** Comedy starring Kate Hudson and Anne Hathaway. A bitter feud ensues between two best friends when their weddings are accidentally booked on the same day. (2009, 12, 85min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Uncle Buck** Comedy. (1989, 12, 94min) ★★★
1.40 AM **Funny Cow** Drama. (2017, 15, 102min) ★★★★
3.25 **Roxanne** Romantic comedy. (1987, PG, 102min) ★★★★
5.15 **to 7.15** AM **Blended** Comedy. (2014, 12, 117min) ★★

Sky Cinema Thriller

309 309 409 509 523

6.55 AM **Mob Cops** Crime drama. (2024, 15, 87min) ★
8.25 **The Firm** As 8.00pm.
11.05 **No Country for Old Men** The Coen Brothers' crime thriller. (2007, 15, 122min) ★★★★
1.15 PM **Carolina Caroline** Thriller. (2025, 15, 105min) ★★★★
3.05 **Inception** Mystery thriller. (2010, 12, 148min) ★★★★★
5.35 **Clear and Present Danger** Thriller starring Harrison Ford. (1994, 12, 141min) ★★★

8.00 The Firm

8.00 **The Firm** Legal thriller based on John Grisham's novel, starring Tom Cruise, Jeanne Tripplehorn and Gene Hackman. An ambitious graduate joins a small Memphis law firm and discovers he is working for the Mafia. (1993, 15, 155min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Basic Instinct** Erotic thriller starring Michael Douglas as a maverick detective who falls under the spell of a prime murder suspect. With Sharon Stone. (1992, 18, 128min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.05 AM **The Hunt for Red October** Cold War suspense thriller starring Sean Connery. (1990, PG, 135min) ★★★★
3.25 **Murder by Numbers** Thriller. (2002, 15, 120min) ★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Harvey** Comedy. (1950, b/w, U, 100min) ★★★★★
1.10 PM **Midway** World War Two drama starring Ed Skrein. (2019, 12, 138min) ★★★★
3.50 **Sister Act 2: Back in the Habit** Musical comedy sequel. (1993, PG, 107min) ★★
6.00 **Titanic** James Cameron's epic drama starring Kate Winslet and Leonardo DiCaprio. (1997, 12, 195min) ★★★★

6.00 Titanic

Titanic (film started at 6.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.45 **Drive-Away Dolls** Action comedy starring Margaret Qualley and Geraldine Viswanathan. Two women cross paths with a group of inept criminals while on a road trip. With Beanie Feldstein, Pedro Pascal and Matt Damon. (2023, 15, 84min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.30 **Carol** Romantic drama based on Patricia Highsmith's novel *The Price of Salt,* starring Cate Blanchett and Rooney Mara. Two women from different backgrounds fall in love in 1950s New York. (2015, 15, 114min) ★★★★★
1.50 **to 4.00** AM **Proxima** Sci-fi drama starring Eva Green. (2019, 12, 107min) ★★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema Animation

302 302 402 502 516

6.35 AM **Trolls** Animated musical. (2016, U, 92min) ★★★
8.10 **The SpongeBob Movie: Sponge Out of Water** Animated comedy. (2015, U, 93min) ★★★
9.45 **GOAT** As shown at 4.00pm.
11.30 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
1.00 PM **Shaun the Sheep Movie** Animation. (2015, U) ★★★★

2.30 **A Shaun the Sheep Movie: Farmageddon** Animation. (2019, U, 86min) ★★★★
4.00 **GOAT** Animated adventure. (2026, PG, 100min) ★★★
5.50 **Despicable Me** Animation. (2010, U, 94min) ★★★★
7.30 **Despicable Me 2** Animated sequel. (2013, U, 97min) ★★★
9.10 **Despicable Me 3** Animated sequel with the voice of Steve Carell. (2017, U, 99min) ★★★
10.45 **Shark Tale** Animated comedy. (2004, U, 90min) ★★★★

12.20 AM **The Lego Movie** Animation. (2014, U, 100min) ★★★★★
2.05 **Mr Peabody & Sherman** Animation. (2014, U) ★★★★
3.40 **Sky Cinema Preview**
4.40 **to 6.10** AM **The Wild Thornberrys Movie** Animation. (2002, U, 85min) ★★★★

Sky Cinema Greats

307 307 404 504 518

6.45 AM **Sky Cinema Preview**
7.25 **Footloose** Musical with Kevin Bacon. (1984, 12, 107min) ★★★
9.25 **The End of the Affair** Romantic drama. (1955, PG, 106min) ★★
11.25 **True Grit** Oscar-winning Western starring John Wayne. (1969, PG, 128min) ★★★★★
1.35 PM **Cool Hand Luke** Prison drama starring Paul Newman. (1967, 15, 126min) ★★★★★

3.45 **Dog Day Afternoon** Sidney Lumet's tragi-comic thriller. (1975, 15, 130min) ★★★★
5.55 **Escape to Victory** Wartime drama. (1981, PG, 111min) ★★★
8.00 **Empire of the Sun** Steven Spielberg's drama with Christian Bale and John Malkovich. (1987, PG, 152min) ★★★★
10.35 **The Krays** Crime drama starring Gary and Martin Kemp as Reg and Ronnie Kray, who ran London's underworld in the 1960s. (1990, 18, 119min) ★★★

12.35 AM **The Exorcist** Occult horror chiller starring Max von Sydow. (1973, 18, 121min) ★★★★★
2.40 **The Firm** Legal thriller based on John Grisham's novel, with Tom Cruise. (1993, 15, 155min) ★★★
5.15 **to 6.00** AM **Sky Cinema Preview**

Disney+ Cinema

305 305

6.00 AM **Cinderella** Animation. (1950, U, 75min) ★★★★
7.20 **The Parent Trap** Comedy. (1998, PG, 122min) ★★★
9.30 **Mulan** Animated adventure. (1998, U, 88min) ★★★
11.00 **Raya and the Last Dragon** Animated fantasy adventure. (2021, PG, 103min) ★★★★
12.50 PM **The Princess Diaries** Comedy. (2001, U, 115min) ★★★

2.50 **Sleeping Beauty** Animation. (1959, U, 75min) ★★★★
4.10 **Wish** Animated fantasy. (2023, U, 95min) ★★★★
5.45 **Brave** Animated adventure. (2012, PG, 93min) ★★★★
7.20 **Maleficent** Adventure starring Angelina Jolie and Elle Fanning. (2014, PG, 97min) ★★★★
9.00 **Deadpool & Wolverine** Fantasy sequel starring Ryan Reynolds. (2024, 15, 128min) ★★★★
11.10 **A Complete Unknown** Biopic. (2024, 15, 140min) ★★★★

1.30 AM **28 Weeks Later** Horror sequel starring Robert Carlyle. (2007, 18, 99min) ★★★★
3.15 **Dodgeball: A True Underdog Story** Comedy with Ben Stiller. (2004, 12, 92min) ★★★★
4.50 **to 6.00** AM **Bambi** Animation. (1942, U, 69min) ★★★★★

Movies 24

312 313 419

7.00 AM **Missing the Boat** Romantic drama. (2026, PG, 90min) ★★
9.00 **Blind Date Book Club** Drama. (2024, PG, 90min) ★★
11.00 **Romance at Hope Ranch** Drama. (2026, PG, 84min) ★★
1.00 PM **Hats Off to Love** Romantic drama. (2025, PG, 84min) ★★
3.00 **Lost In Paradise** Romantic drama starring Lacey Chabert. (2026, PG, 84min) ★★

5.00 **Mystery Island: Winner Takes All** Drama starring Elizabeth Henstridge and Charlie Weber. (2025, PG, 90min) ★★
7.00 **Love and Penguins** Romantic comedy with Tammin Sursok. (2022, PG, 90min) ★★
9.00 **The Real West** Comedy starring Kimberley Sustad and Lucas Bryant. A widowed academic takes a holiday on a ranch, and finds herself growing attracted to her sister's boyfriend. (2024, PG, 84min) ★★

11.00 **Hashtag Proposal** Romantic comedy. (2023, PG, 87min) ★★
1.00 AM **Branching Out** Drama. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **Kentucky Roses** Drama. (2026, PG, 90min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **The Vise** 21/39. (S1)
6.35 **Dublin Nightmare** Mystery. (1958, b/w, PG, 61min) ★★
7.50 **Emergency** Suspense drama. (1963, b/w, U, 63min) ★★
9.05 **Coronation Fair Day**
9.10 **Home to Danger** Mystery. (1951, b/w, PG, 67min) ★★
10.30 **Z Cars** 10/31. (S10)
11.35 **The Embezzler** Crime drama. (1954, b/w, PG, 61min) ★★

12.50 PM **Look at Life** Documentary.
1.00 **Richard the Lionheart** (S1)
1.35 **The October Man** Thriller. (1947, b/w, PG, 91min) ★★★
3.25 **Scotland Yard** 28/39. (S1)
4.00 **That's My Boy** 6/6. (S1)
4.35 **Carrington VC** Crime drama. (1954, b/w, PG, 106min) ★★★
6.40 **Pete Murray Takes You to Nottingham** A 1983 travelogue.
7.00 **The Footage Detectives**
8.00 **Maigret** 4/6. (S4)
9.50 **Borsalino and Co** French thriller. Subtitled. (1974, 18, 110min) ★★

12.00 M'T **The Stranglers of Bombay** Adventure starring Guy Rolfe. (1959, b/w, 15, 80min) ★★
1.40 AM **Beat Girl** (1959, b/w, 12) ★
3.25 **Film Noir** The genre's origins.
4.25 **The Veil** 6/12. (S1)
5.00 **to 6.00** AM **The Man from UNCLE**

Monday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
9.00 **Good Morning Transfers**
10.00 **Test Cricket Bitesize**
10.15 LIVE **Test Cricket** **England v Pakistan.** The fifth and final day of the second Test in the three-match series, held at Lord's. Coming into this series the hosts hadn't won a Test series since a 2-1 victory in New Zealand back in December of 2024.
6.30 PM LIVE **MNF** **Aston Villa v Arsenal.** Coverage of the Premier League match staged at Villa Park. The Villans claimed a 2-1 win in last term's corresponding fixture thanks to Emiliano Buendia's late winner, but Arsenal avenged that defeat with a 4-1 victory at the Emirates Stadium. Kick-off **8.00pm**.
10.00 LIVE **US Open Tennis** Day two of the Grand Slam event staged at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York, where the first round of the men's and women's singles tournaments are scheduled to continue.
4.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **The Big Interview**
6.30 **Premier League Highlights**
9.00 **Good Morning Transfers**
10.00 **Sky Sports FC**
11.00 **Ref Watch** Analysing decisions.
12.00 NOON **Transfer Talk**
1.00 PM **Premier League Highlights**
4.00 **PL Highlights** Action from Chelsea v Brighton & Hove Albion. **4.30** Leeds United v Brentford.
5.00 **The Premier League Show**
6.00 **Ref Watch** Analysing decisions.
6.30 LIVE **MNF** **Aston Villa v Arsenal.** Coverage of the Premier League match at Villa Park, as last season's fourth-placed finishers entertain the reigning champions. The Villans claimed a 2-1 win in last term's corresponding fixture thanks to Emiliano Buendia's late winner, but Arsenal avenged that defeat with a 4-1 win. Kick-off **8.00pm**.
11.00 **Premier League Stories**
11.30 **The Big Interview**
12.00 M'T **MNF** Aston Villa v Arsenal.
12.30 AM **Ref Watch** Analysis.
1.00 **PL Retro** Man United v Arsenal.
3.00 **PL Greatest Games**
4.00 **PL Best Goals 10/11**
5.00 **to 6.00** AM **PL 200 Club**

Sky Sports Football

403 403 503 421 441

6.00 AM **EFL League One Goals**
6.30 **EFL League Two Goals**
7.00 **EFL Highlights** Championship.
9.00 **SPFL Highlights**
9.30 **EFL Highlights**
10.00 **EFL League One Goals**
10.30 **EFL League Two Goals**
11.00 **SPFL** Aberdeen v Rangers.
1.00 PM **EFL Greatest Games**
1.15 **EFL Highlights**
1.30 **SPFL Highlights**
2.00 **The EFL Show**
3.00 **EFL League One Goals**
3.30 **EFL League Two Goals**
4.00 **SPFL Highlights**
4.30 **EFL Highlights** Championship.
6.00 **SPFL Highlights**
6.30 **Bundesliga Highlights Show**
7.30 **EFL League One Goals**
8.00 **EFL League Two Goals**
8.30 **EFL Highlights** Norwich City v Burnley staged at Carrow Road. **8.45** Southampton v Millwall.
9.00 **SPFL Round-Up**
9.15 **SPFL Highlights**
9.30 **EFL Highlights** Championship.
10.30 **Bundesliga Highlights Show**
11.30 **EFL Highlights** Championship.
12.00 M'T **EFL** The 2023/24 play-offs.
3.00 AM **SPFL Highlights**
3.30 **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **Test Cricket** Highlights.
10.00 **Test Cricket Bitesize** England v Pakistan on the fourth day of the second Test staged at Lord's.
10.15 LIVE **Test Cricket** **England v Pakistan.** The fifth and final day of the second Test at Lord's in London. Coming into this series the hosts hadn't won a Test series since a 2-1 victory in New Zealand in December 2024. Since then, they have had some disappointing results including a 2-2 draw at home to India that they had led twice in, as well as the 4-1 hammering in the Ashes.
7.00 PM **Best of ICC WT20**
7.30 **Nepal Climbing Cricket's Mountain** Documentary.
8.00 **Test Cricket** England v Pakistan.
9.00 **International T20 Cricket** England v India at Trent Bridge.
9.30 **Test Cricket Bitesize**
10.00 **Test Cricket** England v Pakistan.
11.00 **International T20 Cricket**
11.30 **Nepal Climbing Cricket's Mountain** Documentary.
12.00 M'T **Test Cricket** Highlights.
2.00 AM **The Hundred**
5.30 **Best of ICC WT20**
5.45 **to 6.00** AM **The Hundred**

Sky Sports Golf

406 406 506 423 443

6.00 AM **DP World Tour Golf** Day four of the British Masters.
11.00 **PGA Tour Golf** A replay of day four of the Tour Championship.
5.00 PM **Chronicles of a Champion Golfer** Profiles of leading players.
6.00 **Challenge Tour Golf Highlights**
6.30 **PGA Tour Golf** Action from day four of the Tour Championship.
7.30 **DP World Tour Golf** Highlights from this year's British Masters.
8.00 **Ladies European Tour Golf** Day four of the Women's Irish Open.
11.00 **PGA Tour Golf** Highlights.
3.00 **to 6.00** AM **DP World Tour Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **Roger Federer Hall of Fame Induction** Ceremony.
7.00 **US Open Tennis** Action from day one of the Grand Slam event.
3.30 PM LIVE **US Open Tennis** Coverage of day two of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, where the first round is scheduled to continue. British players Jack Draper and Cameron Norrie were both in action on day two last year, with the former claiming a 6-4 7-5 6-7 6-2 win over Argentina's Federico Agustín Gómez, while the latter was the beneficiary of seeing his opponent Sebastian Korda retiring ahead of the third set, though Norrie was leading 7-5 6-4 at the time.
4.30 AM **US Open Classic Matches**
5.00 **to 6.00** AM **ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Test Cricket Highlights**
8.00 **SailGP Championship** The ninth round held in Sassnitz, Germany.
9.00 **Premier League** A replay of Liverpool v Nottingham Forest.
10.30 **Serie A** Cagliari v Inter Milan.
11.30 **Sign Up – Into Football**
12.30 PM **British Superbikes** Race one of the eighth round of the season staged at Cadwell Park Circuit.
1.00 LIVE **British Superbikes** The second day of the eighth round of the season at Cadwell Park Circuit in Lincolnshire.
6.00 LIVE **Ultimate Pool** The first week of the NxtGen tournament, as the best young players go head to head in the quest for the title.
9.30 **British Superbikes** Action from race two at Cadwell Park Circuit. **10.00** Highlights from race three staged at Cadwell Park Circuit.
10.30 **MLB Highlights**
11.30 LIVE **MLB** **Tampa Bay Rays v New York Mets.** The inter-league match from George M. Steinbrenner Field. Start-time **11.40pm**.
2.30 AM **MLB** Another chance to see this year's All Star Game.
5.30 **to 6.00** AM **MLB Classic**

TNT Sports 2

411 414 522 409 431

6.00 AM **British Superbikes**
6.30 **MotoGP** Grand Prix of Aragon.
10.00 **British Superbikes**
10.30 **UCI Mountain Bike World Championship** In Val di Sole.
11.30 **Premier League Stories**
12.00 NOON **La Vuelta Men**
1.00 PM **CPL Highlights**
1.30 **Test Cricket Highlights**
3.30 **LIV Golf** From Indianapolis.
4.30 **Champions League Magazine**
5.00 **Sign Up – Into Football**
6.00 **CPL Highlights** Key moments from St Kitts & Nevis Patriots v Antigua & Barbuda Falcons.
6.30 **SailGP Championship** The ninth round held in Sassnitz, Germany.
7.30 **WRC Review** Rally Paraguay.
8.30 **The Gruppetto** Cycling action.
8.45 **Groundbreaking** St James' Park.
9.00 **CPL Highlights** Key moments from St Kitts & Nevis Patriots v Antigua & Barbuda Falcons.
9.30 LIVE **CPL** **Trinbago Knight Riders v Jamaica Kingsmen.** Coverage of the T20 match staged at Queen's Park Oval in Trinidad.
1.45 AM **Test Cricket Highlights**
3.45 **TNT Sports Cricket Reload**
4.00 **to 6.00** AM **Snooker**

Sky Sports Action

412 410 510 426 446

6.00 AM **Super League** Another chance to see Warrington Wolves v Leeds Rhinos from 2025.
9.00 **Super League** Huddersfield Giants v Leigh Leopards.
12.00 NOON **NFL Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Highlights** San Francisco 49ers v Seattle Seahawks.
4.00 **Super League Highlights**
5.00 **NFL Highlights** Carolina Panthers v Seattle Seahawks from the 2025/26 season.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms discuss and debate the biggest stories from around the NFL.
8.00 **The Proving Ground** The New York Jets in summer of 2026.
8.30 **NBA Basketball** A replay of Houston Rockets v Utah Jazz.
10.30 **NFL Bitesize Highlights** Tampa Bay Buccaneers v Atlanta Falcons. **10.45** Cincinnati Bengals v Pittsburgh Steelers in 2025/26.
11.00 **NFL Fantasy** Expert analysis.
12.00 M'T **The Insiders** NFL news.
1.00 AM **NFL Highlights**
2.00 **Super League** A chance to see Leigh Leopards v Wigan Warriors.
4.45 **Women's Super League**
5.00 **to 6.00** AM **Super League**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports Catch Up**
7.00 **Sky Sports Breakfast**
9.00 **Good Morning Transfers**
10.00 **Sky Sports FC**
11.00 **Ref Watch** Analysing decisions.
12.00 NOON **Transfer Talk**
1.00 PM **Lunchtime Live**
2.00 **The EFL Show** The latest news.
3.00 **Sports Desk**
3.30 LIVE **US Open Tennis** Coverage of the second day of the Grand Slam staged at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York, where the first round is scheduled to continue. Jack Draper and Cameron Norrie were in action on day two last year, with the former claiming a win over Federico Agustín Gómez, while the latter was the beneficiary of seeing his opponent Sebastian Korda retire ahead of the third set.
12.00 M'T LIVE **US Open Tennis** Further coverage of day two of the Grand Slam at the USTA Billie Jean King National Tennis Center in New York, where the first round is scheduled to continue.
4.30 AM **EFL Greatest Games**
5.00 **to 6.00** AM **ATP Tennis**

Sky Sports Mix

416 412 511 429 449

6.00 AM **PL Greatest Games**
7.00 **Women's T20 World Cup**
8.00 **ATP Tennis** Munich Open final.
9.00 **Ladies European Tour Golf**
10.00 **PGA Tour Golf** RBC Heritage.
11.00 **ATP Tennis** Winston-Salem Open.
12.00 NOON **WTA Tennis**
1.00 PM **NFL Highlights**
2.00 **Super League** A replay of Wakefield Trinity v Leigh Leopards.
4.45 **Darts Gold** Archive action.
5.00 **NFL Bitesize Highlights**
6.00 **Formula 1** Action from the Dutch Grand Prix sprint race. **7.00** The Dutch Grand Prix.
8.00 **Zuffa Boxing** Action from Chris Billam Smith v Ryan Rozicki.
9.00 **PGA Tour Golf** Action from day four of the BMW Championship.
10.00 **GT World Challenge Europe**
12.00 M'T **NFL Highlights**
1.00 AM **Super League**
3.45 **Darts Gold** Archive action.
4.00 **Super League Highlights**
5.00 **My Icon** Sporting influences.
5.30 **Barney Meets Klopp**
5.45 **to 6.00** AM **Darts Gold**

TNT Sports 3

413 415 523 410 432

6.00 AM **Men's Cycling**
7.00 **La Vuelta Men** Stage nine.
8.00 **Snooker: Wuhan Open**
10.00 **World Rally Championship**
10.30 **Supercars Championship Highlights** Ipswich Super 440.
12.30 PM **MLB Highlights**
1.30 **Playing for Our Future: Cycling**
1.45 **The Cycle** Becoming a pro rider.
3.00 **Cycling** Men's Bretagne Classic.
4.00 **La Vuelta Men** Stage nine.
5.00 **Serie A** Cagliari v Inter Milan.
6.00 **MLB Highlights**
7.00 **Test Cricket Highlights** Review of Sri Lanka v India.
9.00 **Fishing: On the Bank**
10.00 **NWSL** Gotham v Portland Thorns. **11.00** Washington Spirit v Bay FC.
12.00 M'T **Hard Knocks: Training Camp with the Seattle Seahawks**
1.00 AM **MotoGP** Grand Prix of Aragon.
2.00 **British Superbikes**
3.00 **UCI Mountain Bike World Championship** In Val di Sole.
4.00 **to 6.00** AM **Football Archives**

TNT Sports 4

414 416 524 411 434

6.00 AM **AFL** A chance to see two Australian Football League games.
9.00 **UEFA Champions League** Sabah v Hapoel Be'er Sheva. **10.00** Bodo/Glimt v NEC. **11.00** Lyon v Fenerbahce. **12.00** NOON Highlights from Viking v Dinamo Zagreb. **1.00** PM The key moments from AEK Athens v Levski Sofia.
2.00 **World Rally Championship** Rally del Paraguay day three.
2.30 **AFL** Another chance to see two Australian Football League games.
5.30 **Premier League Stories**
6.00 **FEI World Championships** Action from Aachen, Germany.
7.00 **MotoGP** Grand Prix of Aragon from MotorLand Aragón in Spain.
10.30 **UFC** A chance to see Umar Nurmagomedov v Song Yadong.
1.30 AM **UFC: The Ultimate Fighter**
2.30 **UFC Greatest Fights**
4.00 **to 6.00** AM **Supercars Championship Highlights**

Premier Sports 1

419 APP 528

6.00 AM **LaLiga** Alaves v Villarreal. **8.00** Levante v Real Betis. **10.00** Real Sociedad v Espanyol.
12.00 NOON **LaLiga** A chance to see Deportivo La Coruna v Valencia.
2.00 PM **Sporting Greats**
2.30 **LaLiga** Girona v Sevilla. **4.30** Real Madrid v Malaga.
6.25 LIVE **LaLiga** **Osasuna v Getafe.** Coverage of the Spanish top-flight match from Estadio El Sadar. Kick-off **6.30pm**.
8.25 LIVE **LaLiga** **Barcelona v Rayo Vallecano.** The Spanish top-flight match held at Camp Nou. Kick-off **8.30pm**.
10.30 **Sporting Greats** Sporting figures discuss their careers.
11.00 **LaLiga** Another chance to see Girona v Sevilla at Estadi Montilivi. **1.00** AM Another chance to see Barcelona v Rayo Vallecano.
3.00 **Sporting Greats**
3.30 **LaLiga** Osasuna v Getafe.
5.30 **to 6.00** AM **Sporting Greats**

Premier Sports 2

420 APP 529

6.00 AM **Temples of Sport**
6.30 **NASCAR** Another chance to see the Coke Zero Sugar 400.
10.30 **Bike World** Magazine.
11.00 **NASCAR O'Reilly Series** Highlights from Daytona.
2.00 PM **Temples of Sport**
2.30 **Coppa Italia** Another chance to see Palermo v Lecce in the Italian domestic cup competition.
4.30 **Coppa Italia** Another chance to see Venezia v Modena.
6.30 **Football's Greatest** An assortment of the finest players in history discuss their careers.
7.30 **Coppa Italia** Another chance to see Frosinone v Juve Stabia.
9.30 **Temples of Sport** A look at some iconic sporting venues.
10.00 **NASCAR O'Reilly Series** Highlights from Daytona.
1.00 AM **Bike World** The latest news from two-wheel competitions.
1.30 **NASCAR** Coke Zero Sugar 400.
5.30 **to 6.00** AM **Temples of Sport**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Action from archive Italian Grand Prix races.
10.00 **Formula 1** Austrian Grand Prix. **11.00** The British Grand Prix. **12.00** NOON Belgian Grand Prix. **1.00** PM Hungarian Grand Prix.
2.00 **Formula 1** Another chance to see the Dutch Grand Prix.
4.15 **Ollie Bearman Drives Ayrton Senna's Lotus**
4.30 **Formula 1** The Dutch Grand Prix.
5.30 **F1 Academy: Weekend Wrapped** Race review.
6.00 **Formula 1** Dutch Grand Prix.
8.15 **The Cornwall Air Ambulance**
8.30 **F1 Academy: Weekend Wrapped** Race review.
9.00 **Formula 1** Dutch Grand Prix.
10.00 **GT World Challenge Europe**
12.00 M'T **Formula 1** Dutch Grand Prix.
1.00 **to 6.00** AM **The Best of F1**

Tuesday

1 September

Planner

The Game *THRILLER 5, 9pm*

A year on from the brutal attack that almost killed him, former detective Huw Miller (Jason Watkins) is now living a quiet life by the sea with his wife, Alice (Sunetra Sarker). But it appears that they haven't escaped the reach of imprisoned serial killer Patrick (Robson Green)...

The Jury: 14 and On Trial for Murder

DOCUMENTARY C4, 9pm

The true-crime series that re-enacts real-life court cases returns, this time exploring the case of two teenage brothers who admitted to killing their stepfather – but was it out of revenge or desperation? Continues tomorrow.

Untold: Raygun – Breaking Badly

DOCUMENTARY Netflix

Australian breakdancer Rachael Gunn, aka Raygun, went viral after she kangaroo-hopped her way to the Paris Olympics. This one-off looks at how her life has been affect by the brutal media attention.

The Great British Sewing Bee

REALITY BBC 1, 8pm

The five remaining sewers tackle Literary Week, following a pattern for Sherlock Holmes' famous deerstalker hat, styling Roald Dahl's Matilda as an adult and creating outfits inspired by Jane Austen.

Tuesday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show †	7.30 EastEnders †	8.00 The Great British Sewing Bee		9.00 Celebrity MasterChef		10.00 News; Local News	
	102 BBC2	7.00 Nigellissima	7.30 Race Against...	8.00 Saving Lives at Sea		9.00 Emergency 24/7		10.00 Mortimer &...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Millionaire Hot...	8.00 Emmerdale	8.30 Coronation Street	9.00 The Sugar Daddy Murder: True Crime... †		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 The Dog House		9.00 The Jury: 14 and on Trial for Murder		10.00 9/11: 102 Minutes That Changed America	
	105 5	7.00 Cycling: Vuelta a España		8.00 Motorway Cops: Catching Britain's...		9.00 The Game		10.00 9/11: The Unseen Footage	
	106 SKY ONE	7.00 Deadline Day	7.30 Gillette Labs Soccer Special					10.00 Deadline Day	
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 Top Gear		9.00 Scamanda			
	116 BBC4	7.00 The Architecture the Railways Built		8.00 To the Manor...	8.30 Keeping Up...	9.00 How the Celts Saved Britain		10.00 Britain in Focus: A Photographic History	
	118 ITV2	7.00 Wheel of Fortune		8.00 The 1% Club		9.00 Olivia Attwood: The Price of Perfection		10.00 Family Guy	
	136 MORE4	‹ 6.50 Car S.O.S.		7.55 Grand Designs		9.00 PopMaster TV		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Brooklyn...	8.00 Ladies of London: The New Reign		9.00 Below Deck Down Under		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 The Rookie		10.00 Blue Bloods	
	108 SKY ATLANTIC	‹ 6.25 The Last of Us				9.00 Little Bird			
	110 U&GOLD		7.20 Dad's Army	8.00 The Vicar of Dibley			9.30 The Royle Family		10.45 Not...
	111 U&DAVE	7.00 Mortimer & Whitehouse	7.40 Would I Lie to You?		8.20 Would I Lie to You?	9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Vera				10.00 Lewis	
	120 ITV4	7.00 Rolex Monterey Motorsports Reunion...		8.00 World Rally Championship Highlights		9.00 River Monsters	9.30 Film: Universal Soldier		
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Austin Powers: The Spy Who Shagged Me			
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 Resident Alien		10.00 Evil	
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 'Allo 'Allo!				9.55 New Tricks	
	109 U&ALIBI	7.00 Private Eyes		8.00 Return to Paradise		9.00 Death in Paradise			10.20 Father Brown
	122 SKY ARTS	7.00 Tea with Judi Dench Featuring Sir Ian...		8.00 Chaplin: The Birth of the Tramp			9.15 Art Traffickers: Treasures Stolen from...		10.15 Wonderland: From JM...
	132 U&W	7.00 MasterChef Australia		8.00 Pete Wicks: For Dogs' Sake		9.00 Rose West & Myra Hindley: Their...		10.00 Serial Killer with Piers Morgan	
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers				9.00 Deadliest Catch		10.00 In the Eye of the Storm	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Guardians of the Glades		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Liberation: D-Day to Berlin				10.00 Planes that Changed History	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 History's Greatest Aircraft		9.00 History's Greatest Machines		10.00 History's Greatest Mysteries	
	155 U&YESTERDAY	7.00 Seven Worlds, One Planet		8.00 Bangers & Cash: Restoring Classics		9.00 Bangers & Cash			
	114 SKY DOCS	7.00 David Frost Vs		8.00 The Body Next Door					

‹ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Rip Off Britain: Scams** New edition Consumer show. (S)
11.30 **Homes Under the Hammer** Properties in Lancashire, Cheshire and Co Durham. (S)(R)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** New edition Jacqui Joseph upcycles a collection of seashells and Ollie Allen fixes a broken bench. (S)
2.45 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** (S)(R)
4.30 **The Answer Run** Quiz. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 The Great British Sewing Bee

7 PM

7.00 **The One Show** Alex Jones and Lauren Laverne present the topical show. (S)
7.30 **EastEnders** The Hawkins family make their presence known in Albert Square, and Ravi pushes Priya for information. (S)(AD)

8 PM

8.00 **The Great British Sewing Bee** New edition 8/10. The sewers celebrate literary icons, making Sherlock Holmes' deerstalker, transforming school uniforms for Matilda and channeling their inner Jane Austen. (S)(AD)

9 PM

9.00 **Celebrity MasterChef** New edition 7/15. Actor Sue Cleaver, comedian Max Fosh, former Saturdays singer Una Healy, Paralympic gold medallist Lauren Steadman and DJ Melvin Odoom take part. (S)(AD)
■ Continues tomorrow

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **FILM Creed** Boxing drama starring Michael B Jordan, with Sylvester Stallone reprising his role from the *Rocky* movies. The son of a heavyweight boxer who died in the ring seeks to follow in the footsteps of the father he never knew. He goes in search of his father's old rival-turned-best friend Rocky Balboa, who agrees to train the young fighter for a shot at the title – but the ageing champ is facing challenges of his own. (S) (2015, 12, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.45 AM **Weather for the Week Ahead**
12.50 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Bargain Hunt** (S)(R)
7.15 **Money for Nothing** (S)(R)
8.00 **Sign Zone: The Great British Sewing Bee** (S)(R)(AD)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Richard Osman's House of Games** Quiz show. (S)(R)
1.30 **The Edge** Game show. (S)(R)
2.15 **Weatherman Walking** (S)(R)
2.45 **Animal Park** (S)(R)(AD)
3.30 **Serengeti III** (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** From Boston, Lincolnshire. (S)(R)
5.10 **Flog It!** Paul Martin hosts from Lydiard Park in Wiltshire. (S)(R)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great British Railway Journeys** Michael Portillo's rail exploration continues in Tonbridge. (S)(R)(AD)

8.00 Saving Lives at Sea

7 PM

7.00 **Nigellissima** Nigella Lawson prepares a yogurt-pot cake. (S)(R)(AD)
7.30 **Race Against the Tide** New edition 3/6. The remaining teams sculpt ocean-themed sand art. (S)(AD)
■ Entire series on BBC iPlayer

8 PM

8.00 **Saving Lives at Sea** New edition 3/10. In Selsey, a call comes in from a vessel taking on water in the English Channel, and on the Dorset coast, the Lyme Regis crew respond to reports of a couple cut off by a landslide. (S)(AD)

9 PM

9.00 **Emergency 24/7** New edition 3/6. A pensioner arrives with life-threatening burns after his shed explodes, and a young father with a brain clot needs an urgent specialist procedure. (S)(AD)

10 PM

10.00 **Mortimer & Whitehouse: Gone Fishing** Paul and Bob venture to the west of Ireland to fish the mighty Lough Corrib. (S)(R)(AD)
10.30 **Newsnight** (S)
11.05 **FILM The Godfather Part III** Concluding chapter of Francis Ford Coppola's gangster epic starring Al Pacino and Diane Keaton. (S) (AD) (1990, 15, 145min) ★★★★
1.30 AM **Sign Zone: Captive Audience: A Real American Horror Story** 3/3. Three tourists go missing in the same area near Yosemite where Steven vanished. (S)(R)(AD)
2.20 **Sign Zone: Celebrity MasterChef** 5/15. With Zoe Ball. (S)(R)(AD)
3.20 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
1.30 PM **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and his team descend on Crewe Hall, where Fay Rutter cannot say no to a watercolour painting, and Matt Taylor shows his love for boys' toys. (S)(R)(AD)
3.00 **Deal or No Deal** Stephen Mulhern hosts as contestant Karen takes on the infamous Banker for the chance to win a life-changing cash prize. (S)(R)(AD)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Shepherd. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.30 Coronation Street

7 PM

7.30 **Millionaire Hot Seat** New edition Six new contestants face Jeremy Clarkson as they race against the clock, hoping to make their way up the Money Ladder. (S)
■ Continues tomorrow

8 PM

8.00 **Emmerdale** DS Ramsden is relishing her job, while Nicola has a breakthrough. (S)(AD)
8.30 **Coronation Street** Gemma tries to remain strong for Bernie, and Todd carries out Celeste's final wishes. (S)(AD)

9 PM

9.00 **The Sugar Daddy Murder: True Crime Presents** New edition A look at the murder of Peter McMahon in 2012, whose ex-partner Sharon Swinhoe killed him for financial gain. (S)(AD)

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM Man of Steel** Fantasy adventure exploring the origins of the iconic DC Comics character Superman, starring Henry Cavill. A young outcast with superpowers must confront his destiny when aliens from his home planet threaten Earth. (S)(AD) (2013, 12, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
1.00 AM **Teleshopping**
3.00 **The Staircase** 8/8. David angles for a retrial in 2011. (S1) (S)(R)(AD)
■ Entire series on ITVX
4.10 **Unwind with ITV** (S)
5.10 **to 6.00** AM **Prue Leith's Cotswold Kitchen** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R
9.10 **Frasier** 5-8/24. (S8) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** From Kansas. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **The Great House Giveaway** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The Great B&B Challenge** Day two of finals week sees one couple host a trip to a bee farm. (S)(R)
5.00 **Chateau DIY** Stephanie is running out of time to build her gazebo at Château de Lalande. (S)(R)(AD)
6.00 **A New Life in the Sun: Where Are They Now?** New edition In Spain, tea shop owners Lesley-Ann and Paul try something new in their garden. (S)

9.00 The Jury: 14 and On Trial...

7 PM

7.00 **News** (S)

8 PM

8.00 **The Dog House** The Bodley family face double trouble as they meet cockapoo twins, and a lurcher arrives at Woodgreen in need of some TLC. Meanwhile, a three-legged Pomeranian tries to befriend a stray terrier. (S)(R)(AD)

9 PM

9.00 **NEW SERIES The Jury: 14 and on Trial for Murder** 1/2. A dramatic restaging of a real-life murder trial, in which two brothers, one aged 14, are charged with killing their stepfather. (S3) (S)(AD)
■ Concludes tomorrow

10 PM

10.00 **9/11: 102 Minutes That Changed America** Amateur footage and audiotape recorded by people around New York, giving an insight into their experiences of the 9/11 attacks on the World Trade Center in 2001. (S)(R)(AD)
12.30 AM **The Never Ending Murder** 1-4/4. Documentary re-examining the case of Nicola Payne, an 18-year-old mother who went missing in Coventry in 1991 and has never been found. (S)(SL)(R)(AD)
4.05 **Couples Come Dine with Me** Three couples from Crewe compete for £1,000. (S)(SL)(R)
5.00 **A Place in the Sun** (S)(R)
5.30 **Sunday Brunch** (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.15 AM **Milkshake!**
9.10 **Entertainment News** (S)
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.30 PM **LIVE Snooker: British Open** Katie Shanahan hosts coverage of the afternoon session on day two from The Centaur in Cheltenham, featuring second-round matches. Analysis from Joe Perry, Ken Doherty and Stephen Hendry. (S)
5.30 **News** (S)
6.25 **Car Pound Cops** In Sheffield, the community enforcement officers are cracking down on Blue Badge fraud. Angie and Safdar use their detective skills to identify drivers who are exploiting the scheme. (S)(R)
6.55 **News** (S)

7.00 Cycling: Vuelta a España

7.00 **Cycling: Vuelta a España** Rebecca Charlton presents highlights of stage 10 of the Grand Tour race, a 195.5km route from Alfaro towards an uphill finish in Valdezcaray. (S)
7.55 **News** (S)
8.00 **Motorway Cops: Catching Britain's Speeders** New edition On patrol in Stoke-on-Trent, PC Chris Bagnall hunts down a stolen black BMW on cloned plates that has been linked to a recent burglary. (S)
9.00 **NEW SERIES The Game** 1/4. Return of the thriller with Jason Watkins. A year on from the attack, Huw Miller's daughter receives letters from imprisoned serial killer Patrick. (S2) (S) ■ Continues tomorrow
10.00 **9/11: The Unseen Footage** The story of the 11 September terrorist attacks of 2001, told through previously unseen footage discovered in the archives of the international news agency Reuters almost 25 years later. (S)(R)
11.30 **The Day Diana Died** Events in the hours after the Princess of Wales' death. (S)(R)
1.05 AM **Car Pound Cops** (S)(R)
1.30 **Teleshopping** (S)(R)
2.30 **GPs: Behind Closed Doors** Medical documentary. (S)(R)
3.20 **The Highland Vet** (S)(SL)(R)
4.15 **Yorkshire with Jane McDonald** (S)(SL)(R)
5.00 **to 5.15** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S7) (S)(R)
10.00 **La Brea** (S1) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Africa's Hunters** (S)(R)
1.00 PM **Hawaii Five-0** (S8) (S)(R)
3.00 **S.W.A.T.** (S2) (S)(R)(AD)
5.00 **The Simpsons** *Kamp Krustier:* A traumatic incident forces Bart and Lisa to return home early from Kamp Krustier. (S)(R) **5.30** *The Town:* Homer takes the family to Boston. With the guest voice of Bill Burr. (S)(R)
6.00 **Superstore** 1/11. Pilot episode of the US comedy series starring America Ferrera. (S)(R) **6.30** 2/11. Cheyenne and her fiancé come up with a jingle for the store. (S1) (S)(R)

6.00 Superstore

7.00 **Deadline Day** The latest news from transfer deadline day.
7.30 **Gillette Labs Soccer Special** Reports on the evening's football up and down the country as goals go in and updates arrive in the studio from around the grounds.
10.00 **Deadline Day** The latest news from transfer deadline day.
12.00 M'T **The 'Burbs** 6/8.The cul-de-sac crew go on a mission to uncover the truth and save a neighbour whose life may be in danger. (S1) (S)(R)(AD)
1.00 AM **Grimm** 12/22. Nick and Hank uncover an underground fighting circuit. (S1) (S)(R)
2.00 **Evil** 12/13. Leland tries to get killer Orson Leroux's conviction overturned. (S1) (S)(R)
3.00 **Hawaii Five-0** (S8) (S)(R)
4.00 **to 6.00** AM **S.W.A.T.** (S)(R)(AD)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
7.00-8.00pm River City (S)(R)(AD) **10.40** EastEnders (S)(AD) **11.10 FILM** Creed (S) (2015, 12, 125min) ★★★★ **1.15am** Scotcast (S)(R) **1.45** Weather for the Week Ahead (S) **1.50-6.00am** BBC News

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm House of the Year (S)(R) **11.10 FILM** Creed (S) (2015, 12, 125min) ★★★★ **1.15-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Heno **12.55** Bwrdd i Dri **1.25** Arfordir Cymru: Sir Benfro (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Gwesty Aduniad **4.00** Awr Fawr **5.00** Stwnsh **6.00** Y Sin (AD) **6.30** Codi Hwyl **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** Nol o'r Dibyn gyda Iolo Williams (AD) **8.55** Newyddion a'r Tywydd **9.00** Siwrna Scandi Chris **10.00** Iaith ar Daith **11.00pm-12.05am** Y Cosmos

TV&Streaming week
New issue on sale today

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** The world's most venomous snake. **7.30** Steve Backshall heads to New Zealand, where he encounters sperm whales.
8.00 **Top Gear** Jeremy Clarkson creates his own version of the Battle of Britain using an aircraft-engined Bentley and a flame-spitting BMW.
9.00 **Scamanda** 1/4. Docu-series about mother and blogger Amanda Riley. **9.45** 2/4. An investigative reporter starts digging deeper into Amanda's story. **10.25** 3/4. When the IRS step in, Amanda's web of lies begins to unravel. **11.05** 4/4. As the Department of Justice closes in, Amanda insists she is still ill. However, when charges are filed, the truth is tested in court.
11.45 **Daddy Issues** 1-6/6. Another chance to see series one of the sitcom. (S1)
2.20 AM **Yaxlont** Comedy short.
2.35 **to 3.55** AM **Scamanda**

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **The Architecture the Railways Built** Tim Dunn visits the former HQ of London Underground.
7.40 **The Flying Gardener** Chris Beardshaw visits Devon to help build a spring woodland garden.
8.00 **To the Manor Born** DeVere neglects to invite Audrey to the Hunt Ball.
8.30 **Keeping Up Appearances** Hyacinth agrees to meet a VIP at the railway station.
9.00 **How the Celts Saved Britain** 2/2. Tracing the footsteps of Ireland's earliest missionaries.
10.00 **Britain in Focus: A Photographic History** 3/3. The explosion of colour to the digital revolution.
11.00 **I Am Martin Parr**
12.05 AM **The Brits Who Designed the Modern World** Documentary.
1.05 **The Flying Gardener**
1.20 **Britain in Focus: A Photographic History**
2.20 **to 3.20** AM **How the Celts Saved Britain**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.00 **Four in a Bed**
12.40 PM **Come Dine with Me** Five editions of the culinary show from Leamington Spa.
3.20 **Four in a Bed** Five editions of the B&B challenge.
5.55 **Car S.O.S** Tim and Fuzz travel to Northern Ireland to rescue a 1972 Toyota Celica.
6.50 **Car S.O.S** Tim and Fuzz attempt to restore a 1930 Ford Model A for a man who suffered brain damage in a motorcycle accident.
7.55 **Grand Designs** Kevin McCloud meets south London chef Corinne, who loves to entertain and is rustling up plans for a beautifully crafted, double-kitchen home designed around her love of cooking.
9.00 **PopMaster TV** New edition 5/9. Ken Bruce hosts the music quiz. Five more music fans battle it out answering questions on everything from chart hits to cult classics in the fifth heat.
10.00 **24 Hours in A&E** A 22-year-old cyclist is rushed to St George's after he collided with a car on the way to work and 'bullseyed' its rear window.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **The Perfect Pitch**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** From Birmingham.
8.00 **Ramsay's Kitchen Nightmares USA**
10.00 **America's Funniest Home Videos** New edition
11.00 **America's Funniest Home Videos** Halloween special.
12.00 NOON **The Simpsons**
2.00 PM **The Goldbergs**
3.00 **Modern Family**
5.00 **The Simpsons**
7.00 **Hollyoaks** There is a reunion between siblings.
7.30 **Brooklyn Nine-Nine** 2/22. Jake is assigned to a minor graffiti case. (S1)
8.00 **Ladies of London: The New Reign** New edition Margo brings American holiday spirit to London.
9.00 **Below Deck Down Under** New edition Marina resolves to be less guarded.
10.00 **Gogglebox** Opinions on *Planet Earth III* and *Mamma Mia! I Have a Dream.*
11.05 **First Dates**
12.05 AM **Naked Attraction**
1.10 **Below Deck Down Under**
2.10 **Ladies of London: The New Reign** As 8.00pm.
3.00 **Ramsay's Kitchen Nightmares USA**
3.55 **The Simpsons**
4.20 **The Goldbergs**
5.10 **Brooklyn Nine-Nine**
5.35 **to 6.00** AM **Modern Family**

+1 hr 235/236 306 30 123 256

Tuesday primetime primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Patrol**
8.00 **UK Border Force**
9.00 **The Force: Manchester**
10.00 **Caught on Dashcam**
11.00 **Police 24/7**
12.00 NOON **FBI** 11&12/22. (S4)
2.00 PM **The Rookie** 5/10. Officers find a toddler is found at the scene of a crime. (S6)
3.00 **Blue Bloods** 1/21. Eddie and Jamie deal with a domestic abuse case linked to Danny and Baez's investigation. (S13)
4.00 **Nothing to Declare**

11.00 The Rookie

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **The Rookie** *The Choice:* 4/22. Rosalind returns with a vengeance, and Bailey's life is left hanging in the balance. (S5)

10 PM
10.00 **Blue Bloods** *Past History:* 13/21. Danny and Baez race against the clock to catch a killer targeting young women. (S13)
11.00 **The Rookie** 1/10. (S6)
12.00 M'T **FBI** 9&10/22. (S4)
2.00 AM **Fire Country** New episode 10/20. (S4)
3.00 **FBI: Most Wanted** 11/22. (S3)
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Border Security: Canada's Front Line**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town**
8.00 **Billions** 7&8/12. (S7)
10.15 **The Last of Us** 5&6/9. (S1)
12.45 PM **Homicide: Life on the Street** 6&7/23. (S6)
2.45 **Billions** 7/12. Chuck and Wendy face a family crisis. **3.50** 8/12. Chuck and Prince venture upstate. (S7)
4.55 **The White Lotus** 7/7. Albie asks Dominic for a karmic payment to help Lucia. (S2)
6.25 **The Last of Us** 3/9. A survivalist forges an unlikely connection. (S1)

10.00 Little Bird

7.55 **The Last of Us** *Please Hold to My Hand:* 4/9. Joel and Ellie draw the attention of a vindictive rebel leader while driving through Kansas City. (S1)

9.00 **Little Bird** New episode *I Want My Mom:* 5/6. Esther realises that she needs her mother Golda.
■ Entire series on Box Sets

10.00 **Little Bird** Series finale *Bineshi Kwe:* 6/6. The Bird family reunite to mourn a loss and celebrate life. (S1)
11.00 **Das Boot** 2/8. Simone pieces together the previous night's events in La Rochelle. (S1)
12.10 AM **The Five-Star Weekend** 1&2/8. Drama starring Jennifer Garner. (S1)
2.05 **Gomorrah: The Origins** (S1)
4.15 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.30 **Real Housewives of Potomac**
8.15 **Real Housewives of Beverly...**
9.15 **The Only Way Is Essex**
10.10 **Dawson's Creek** 8/22. (S2)
11.05 **Charmed** 21/22. (S1)
12.05 PM **Deal or No Deal**
1.05 **Supermarket Sweep**
2.05 **Wheel of Fortune**
3.05 **The Only Way Is Essex**
4.05 **Real Housewives of Potomac**
5.00 **Real Housewives of Beverly Hills** Reality series.
6.00 **Celebrity Catchphrase**

9.00 The Price of Perfection

7.00 **Wheel of Fortune** Graham Norton hosts the game show as contestants get the chance to spin the wheel and win prizes.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **Olivia Attwood: The Price of Perfection** New edition 5/6. Olivia travels to Seoul – the home of K-Beauty.

10.00 **Family Guy** 12/12. Peter causes havoc around the city as a pirate. (S6) **10.30** 18/18. Peter goes back in time to 1984. (S5)
11.00 **Family Guy** 7/12. Meg falls for the medical student treating her for some injuries. (S6)
11.30 **American Dad!** (S6&5)
12.35 AM **Bob's Burgers** (S14)
1.30 **Plebs** 1/8. (S4)
1.55 **Deep Fake Neighbour Wars**
2.20 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Agatha Christie's Poirot**
11.30 **Heartbeat** Double bill.
1.40 PM **Midsomer Murders** *Garden of Death:* Barnaby investigates a murder in a memorial garden.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *State of Mind:* An elderly man reports an unusual break-in, during which the visitor left a statue.

10.00 Lewis

6.55 **Heartbeat** *Down to Earth:* The police have to intervene when a woman complains about a neighbour's dead cow.

8.00 **Vera** *Dark Angel:* The detective investigates Newcastle's drug underworld to discover the identity of a man found dead in the river, which leads her back to the site of a 13-year-old murder.

10.00 **Lewis** *Magnum Opus:* A college dean is found bludgeoned to death and the detectives discover evidence suggesting there may be three more murders to follow.
11.50 **Agatha Christie's Poirot** *The ABC Murders:* The dapper Belgian sleuth investigates a bizarre series of deaths.
2.00 AM **George and Mildred**
2.25 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
8.05 **Minder**
9.10 **Boon**
10.15 **Robin of Sherwood**
11.20 **The Professionals**
12.25 PM **Magnum, PI**
2.35 **American Pickers**
3.40 **Boon**
4.45 **The Professionals** *Servant of Two Masters:* Bodie and Doyle stalk Cowley after evidence suggests he has stolen two canisters of a lethal nerve gas.
5.55 **Minder** *In:* The police pick up Arthur for shady car dealings.

9.00 River Monsters

7.00 **Rolex Monterey Motorsports Reunion Highlights** A look at how the event honoured Japanese motorsport.

8.00 **World Rally Championship Highlights** Action from the Rally del Paraguay, the 11th round of the season.

9.00 **River Monsters** A predatory creature in Africa's Zambezi River
9.30 FILM **Universal Soldier** Sci-fi action drama with Jean-Claude Van Damme. Two Vietnam veterans are brought back from the dead and transformed into cyborg soldiers. (1992, 18, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.35 **Black Sails** 6/10. While Eleanor negotiates for peace, Rackham learns a lesson and Flint breaks a promise. (S2)
12.40 AM **BattleBots**
1.30 **American Pickers**
2.30 **to 3.00** AM **Auto Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Life on the Bay** Eighty-two-year-old owner Tom and his grandson Steven help to install a new caravan on the steep hillside.
8.00 **This Farming Life** In North Uist, Fraser and Carianne set off for the mainland to sell their rams and buy new ones ready for mating season.
9.00 NEW **Stolen Babies** The story of forced adoption and its lasting effects, looking at a practice sanctioned by government and administrations across the UK from 1949 until 1976. *See feature, page 20.*
10.30 **Scotcast** Topical debate.
11.00 PM **to 12.00** M'T **David Wilson's Crime Files** The criminologist looks at crimes of passion.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S4)
9.00 **Sort Of** 5&6/8. (S2)
10.00 **Avenue 5** 4&5/8. (S2)
11.20 **Will & Grace** (S8)
12.20 PM **Upright** 1&2/8. (S2)
1.40 **Avenue 5** 4&5/8. (S2)
3.00 **Will & Grace** (S8)
4.00 **Hitmen** 5&6/6. (S1)
5.00 **Community** (S3)
6.00 **Will & Grace** (S8)
7.00 **The Office (US)** (S6)
8.00 **Animal Control** 12/12. The precinct's beloved mountain lion dies. (S1) **8.30** 1/9. Shred wallows over Emily's relationship with Rick. (S2)
9.00 FILM **Funny Cow** Comedy drama starring Maxine Peake, Stephen Graham and Paddy Considine. (2017, 15, 102min) ★★★★
11.00 **The Paper** 3&4/10. (S1)
12.05 AM **Animal Control** (S1)
1.05 **Community** (S3)
2.05 **Hitmen: Reloaded** (S2)
3.05 **The Reluctant Landlord**
4.05 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Punchdrunk**
7.00 **Backstage with the London Philharmonic**
8.00 **Artist of the Year**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Pieces of a Man**
1.00 PM **Tales of the...**
2.00 **Alfred Hitchcock Hour**
3.00 **Stories from National Portrait Gallery**
4.00 **Discovering**
5.00 **Portrait Artist 2023**
6.00 **Tales of the Unexpected**
7.00 **Tea with Judi Dench**
8.00 **Chaplin: The Birth of the Tramp** Documentary.
9.15 **Art Traffickers**
10.15 **Wonderland: From JM Barrie to JRR Tolkien**
11.15 **The Movies**
12.15 AM **I Will Survive**
2.25 **Inside Art**
2.50 **Art Traffickers**
3.45 **National Treasures**
5.00 **to 6.00** AM **National Portrait Gallery**

Sky Mix

151 158 156 11 141 23

7.00 AM **Border Security: America's Front Line**
8.00 **Border Patrol**
9.00 **Nothing to Declare**
11.00 **Border Security: America's Front Line**
12.00 NOON **Caught on Dashcam** Road disasters.
1.00 PM **Police 24/7**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 16/26. (S6)
5.00 **Stargate SG-1** (S9)
6.00 **Stargate Universe** (S2)
7.00 **Star Trek: The Next Generation** *The Outcast:* 17/26. Riker embarks on a romance. (S5)
8.00 **Hawaii Five-0** (S1)
9.00 **Law & Order: Criminal Intent** 5&6/22. (S1)
11.00 **Grimm** 17/22. (S1)
12.00 M'T **Wynonna Earp** (S1)
1.00 AM **Police 24/7**
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Five table tennis enthusiasts take part in the quiz show.
3.00 **The Chase Around the World** Contestants travel across the globe in a race to find all Chasers.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as another contestant tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show.
9.00 **The Chase Around the World** The teams arrive in Barcelona, where they face an epic quiz around the city.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **Riddiculous** Quiz show.
2.40 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun: Where Are They Now?** From Spain.
10.00 **Find It, Fix It, Flog It**
11.00 **Great B&B Challenge**
12.00 NOON **A Place in the Sun** Triple bill of editions.
3.00 PM **Come Dine with Me**
5.30 **A Place in the Sun**
7.00 **Richard E Grant's Very Modern Odyssey** On Corfu, Richard learns about the Greek island's embattled past.
8.00 **Fred's Ultimate Hotels** Fred Sirieix meets the people behind the world's most spectacular hotels.
9.00 **24 Hours in A&E** Three pedestrians are brought in to Queen's following a roadside accident.
10.00 **The Murder Detective**
1.10 AM **Gogglebox**
2.10 **The Big Fat Quiz of Telly** With Harry Hill, Judi Love and Tom Allen.
4.00 **to 5.00** AM **Ramsay's Kitchen Nightmares USA**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S4)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S5)
2.00 **Primeval** (S1&2)
4.00 **Stargate SG-1** 19/20. (S8)
5.00 **Star Trek: Voyager** 9/26. Part one of two. The Hirogen cause concern. (S7)
6.00 **Star Trek: Enterprise** 8/22. Part two of three. Archer and T'Pol encounter the Syrranites, a radical group hiding in the Vulcan desert. (S4)

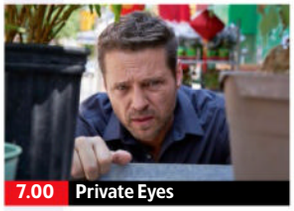
9.00 Resident Alien

7.00 **Stargate Atlantis** *The Daedalus Variations:* 4/20. A copy of the *Daedalus* appears in orbit over the Atlantis. (S5)
8.00 **Stargate SG-1** *Moebius – Part One:* 19/20. The team travel back in time to ancient Egypt to steal a piece of technology. (S8)
9.00 **Resident Alien** *The Upper Hand:* 2/8. D'arcy inserts herself into Harry's mission, and Kate grows more uncomfortable. (S3)
10.00 **Evil** *Genesis1:* 1/13. The Catholic Church hires a forensic psychologist to determine if a serial killer is possessed by a demon or a psychopath. (S1)
11.00 **The Walking Dead** 13/16. Trouble arises when some unexpected visitors arrive at the Hilltop. (S8)
12.00 M'T **Resident Alien** 1/8. (S3)
1.00 AM **Primeval** (S1&2)
3.00 **The Walking Dead** (S8)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S9)
9.00 **Shakespeare & Hathaway: Private Investigators** (S4)
10.00 **The Mentalist** 10/22. (S6)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Body of Proof** (S2)
1.00 PM **Return to Paradise** (S1)
2.00 **Murdoch Mysteries** (S9)
4.00 **The Mentalist** 10/22. (S6)
5.00 **Hudson & Rex** 5/8. A death on a survival show's broadcast uncovers a murder. (S8)
6.00 **Body of Proof** 14/20. The owner of an Italian restaurant is found dead in a freezer. (S2)


7.00 Private Eyes

7.00 **Private Eyes** *It Happened One Fight:* 9/12. Angie and Shade investigate the mysterious collapse of Zoe's cousin. (S3)
8.00 **Return to Paradise** *Dead Bowl:* 5/6. A quiet afternoon game of lawn bowls turns to chaos when a man is shot. (S1)
9.00 **Death in Paradise** *Frappe Death Day:* 4/8. The team investigate the fatal shooting of a coffee plantation owner. (S8)
10.20 **Father Brown** *The Theatre of the Invisible:* Suspicion falls on the cast of radio quiz *Up to You* when a landlady is killed.
11.20 **Private Eyes** As 7.00pm.
12.20 AM **Shakespeare & Hathaway: Private Investigators** 6/10. The duo become trapped in a famous author's house. (S4)
1.20 **Return to Paradise** (S1)
2.15 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.40 AM **Highlights**
8.55 **Porridge**
9.35 **The Green Green Grass**
10.15 **Are You Being Served?**
10.50 **Last of the Summer Wine**
12.10 PM **Ever Decreasing Circles**
12.50 **Porridge**
1.30 **The Good Life**
2.50 **The Green Green Grass**
3.30 **Are You Being Served?**
4.05 **Ever Decreasing Circles**
4.50 **The Good Life**
5.25 **Last of the Summer Wine**
6.45 **The Vicar of Dibley**

9.30 The Royle Family

7.20 **Dad's Army** Jones finds himself cast adrift during an exercise pitting the platoon against their arch-rival Captain Square.
8.00 **The Vicar of Dibley** Festive special from 1997. Geraldine tries to bring Alice and Hugo together. **8.55** First episode of the comedy. The villagers of Dibley discover their new vicar is a woman.
9.30 **The Royle Family** Denise and Dave bring baby David to visit, but Denise refuses to change his nappy. **10.10** Jim and Barbara are left holding the baby.
10.45 **Not Going Out** Lucy wants to have a baby.
11.20 **The Fast Show** First edition of the comedy sketch show. The Fat Sweaty Coppers attempt to solve a burglary.
12.00 M'T **The Vicar of Dibley**
1.30 AM **Not Going Out**
2.20 **The Fast Show** As 11.20pm.
2.50 **to 4.00** AM **The Outlaws**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.25 AM **Top Gear**
8.20 **Border Force: America's Gatekeepers** Double bill.
10.20 **Rick Stein's Road to Mexico**
11.20 **Yukon Gold** Documentary.
12.20 PM **Top Gear** Double bill.
2.20 **Mortimer & Whitehouse: Gone Fishing** As 7.00pm.
3.00 **Speed with Guy Martin**
4.00 **Hairy Bikers' Best of British**
5.00 **Rick Stein's Road to Mexico** The seafood chef travels from San Diego to Tijuana. **6.00** Rick visits the town that placed Tequila on the map.

7.00 Mortimer & Whitehouse

7.00 **Mortimer & Whitehouse: Gone Fishing** The duo travel to the Highlands.
7.40 **Would I Lie to You? At Christmas** Guests include Richard Osman and Tom Courtenay.
8.20 **Would I Lie to You?** Guests include David Baddiel and Ed Balls.
9.00 **Have I Got a Bit More News for You** Roy Wood Jr hosts the satirical quiz, with guests Richard Osman and Roisin Conaty.
10.00 **QI XL** Sandi Toksvig hosts, with Alan Davies, Cariad Lloyd, Phill Jupitus and Romesh Ranganathan.
11.00 **Taskmaster**
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You? At Christmas** As 7.40pm.
1.20 **Would I Lie to You?**
2.00 **QI XL** With Lucy Beaumont.
3.00 **Mock the Week**
3.35 **to 4.00** AM **Parks and Recreation**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.25 AM **The Bill**
8.20 **Doctors**
9.40 **Classic Holby City**
11.00 **Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Classic Neighbours**
3.20 **Whitstable Pearl**
4.20 **Kingdom**
5.20 **As Time Goes By**
6.00 **Last of the Summer Wine** Seymour comes up with another madcap scheme. **6.30** Clegg takes Compo and Seymour down memory lane.

3.20 Whitstable Pearl

7.20 **Last of the Summer Wine** Compo speculates why blood rushes to the head when upside down.
8.00 **'Allo 'Allo!** The Resistance try to get some British intelligence to Nouvion. **8.35** Rene tries to send a message to London via the transmitter. **9.15** The Gestapo plan to disguise themselves as British airmen.
9.55 **New Tricks** *The Gentleman Vanishes:* The team probe the mystery of a missing scientist.
10.55 **Copper** *Husbands and Fathers:* 2/10 Annie Reilly's pursuers become brutally violent in their search for the child. (S1)
11.55 **Lovejoy**
12.55 AM **Sister Boniface Mysteries**
1.55 **At Home with the Braithwaites** 1/6. (S1)
2.55 **to 4.00** AM **The Chelsea Detective**

+1 hour 243 316 60 260

7 PM 8 PM 9 PM 10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 3-5/24. (S3)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Bait:* 18/24. The team try to stop a student who has taken his classmates hostage. **7.00** *Iced:* 19/24. The body of a US Marine is found in a frozen lake. **8.00** *Untouchable:* 20/24. A cryptographer in the Pentagon dies under some suspicious circumstances. (S3)
9.00 **Law & Order: Special Victims Unit** *Cornered:* 8/22. Carisi protects two women taken hostage in a tense stand-off between police and a violent thief. (S26)
10.00 **Law & Order: Special Victims Unit** (S20)
12.55 AM **Law & Order: Special Victims Unit**
1.55 **to 3.50** AM **Beauty and the Beast**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Street Cops: Catching the Yobs** Police respond to an emergency distress call from a colleague.
10.00 **999: Critical Condition** A woman suffers a bleed on her brain.
11.00 **Skin A&E** Documentary.
12.00 M'T **Surgeons: A Matter of Life or Death**
1.00 AM **Murdered at First Sight** Michelle Gunshon.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Skin A&E**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Trucking Hell**
10.15 **Police Interceptors**
11.15 **Gunsmoke** (S13)
12.20 PM **FILM The Big Trees** Drama with Kirk Douglas. (1952, U, 89min) ★★★
2.15 **FILM The Lawless Breed** Western. (1952, PG, 83min) ★★
4.00 **Highway Thru Hell**
5.00 **Trucking Hell**
5.20 **Motorway Cops: Catching Britain's Speeders** Documentary.
6.25 **The Best of World's Strongest Man**
6.45 **LIVE Snooker: British Open** The evening session on day two at The Centaur in Cheltenham.
11.00 **The X-Files** 11/22. (S6)
12.00 M'T **Behind Bars: World's Toughest Prisons** The inside of the largest Philippines women's prison.
1.00 AM **Outback Truckers**
2.00 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.15 AM **Property Brothers: Forever Homes**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
5.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition Four teams navigate the chaos of the notorious Team Relay.
8.00 **Pete Wicks: For Dogs' Sake** Pete travels to Northern Ireland to pick up three stray dogs.
9.00 **Rose West & Myra Hindley: Their Untold Story with Trevor McDonald** Documentary.
10.00 **Serial Killer with Piers Morgan** Double bill.
12.05 AM **Missing Persons Investigation**
1.15 **My Family**
1.45 **to 3.00** AM **Sort Your Life Out with Stacey Solomon**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **The Architecture the Railways Built**
8.00 **Bangers & Cash**
10.00 **Rise of the Nazis**
11.00 **The World at War**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **Rise of the Nazis**
5.00 **The World at War**
6.00 **Antiques Roadshow** The team visit Belton House in Lincolnshire.
7.00 **Seven Worlds, One Planet** David Attenborough looks at the wildlife of Australia.
8.00 **Bangers & Cash: Restoring Classics** A Peugeot 205 GTI brings back memories for a mechanic who used to own one.
9.00 **Bangers & Cash**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **The Architecture the Railways Built**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Sussex.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Salvage Hunters**
5.00 **Long Lost Family**
6.00 **The Repair Shop**
7.00 **The Yorkshire Auction House** Angus clears a home to help a widow start a new chapter.
8.00 **Antiques Road Trip**
9.00 **Who Do You Think You Are?** With actor and deaf rights campaigner Rose Ayling-Ellis. **10.00** Actor Minnie Driver researches her father's background.
11.00 **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

TUESDAY Entertainment

Great! TV

157 167 170 34 32

8.00 AM **The Waltons** (S8)
9.00 **Bramwell** 2/10. (S3)
10.00 **The Irish RM** 5/6. (S3)
11.00 **Little House on the Prairie** 4&5/24. (S4)
1.00 PM **The Waltons** (S8)
4.00 **Little House on the Prairie** 4&5/24. (S4)
6.00 **The Irish RM** 5/6. (S3)
7.00 **M*A*S*H** 21/24. The camp prepares for a visit by General MacArthur. **7.30** 22/24. A flurry of devious activity is unleashed in the camp when pay day arrives. **8.00** 23/24. Colonel Flagg gets appendicitis. **8.30** 24/24. Henry bids the team farewell – but there is bad news for those left behind. (S3)
9.00 **Brush Strokes** (S4)
11.00 **Robin's Nest** (S4)
12.00 M'T **M*A*S*H** (S3)
2.00 AM **Air Rescue**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.00 AM **Railway Murders**
10.00 **Murder Maps**
11.00 **FILM A Reason to Live, A Reason to Die** Spaghetti western. (1972, PG, 92min) ★★★
1.00 PM **The Unit** 19/23. (S2)
2.00 **Burn Notice** (S4&5)
4.00 **FILM The Hatton Garden Job** Fact-based crime drama starring Stephen Moyer. (2017, 15, 93min) ★★★
6.00 **The Unit** 19/23. (S2)
7.00 **Burn Notice** (S4&5)
9.00 **FILM Sniper: Legacy** Action thriller sequel with Chad Michael Collins and Tom Berenger. (2014, 15, 94min) ★★
11.10 **The Avengers** (S6)
12.10 AM **The Baron** (S1)
1.10 **The Persuaders!** (S1)
2.10 **FILM Asteroid: Final Impact** Disaster thriller. (2015, PG, 86min) ★
3.40 **Coast Guard Alaska**
4.35 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM **FILM Lost Letter Mysteries: Signed Sealed Delivered** Mystery. (2013, PG) ★★
10.10 **FILM Lost Letter Mysteries: Time to Start Livin'** Thriller. (2014, PG, 90min) ★★
12.00 NOON **Unforgettable**
1.00 PM **In Plain Sight** (S1)
2.00 **Castle** 13/24. (S5)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **Castle** 14/24. (S5)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** 5/12. (S1)
10.00 **FILM Mystery 101: Killer Timing** Thriller starring Jill Wagner. (2021, U, 89min) ★★
11.55 **FILM Mystery 101: Playing Dead** Thriller. (2019, PG, 90min) ★★
1.50 AM **FILM Killer Ending** Thriller. (2018, 12) ★★
3.25 **to 5.00** AM **FILM Hidden Crimes** Thriller. (2009, 12, 90min) ★★

+1 hour 321

Great! Christmas

322 319 424 52 47

8.10 AM **FILM A Christmas Duet** (2019, PG) ★★
10.10 **FILM A Christmas to Cherish** (2019, U) ★★
12.05 PM **FILM The Christmas Swap** Festive comedy. (2016, PG, 90min) ★★
2.00 **FILM Christmas at Holly Lodge** Drama. (2017, U, 90min) ★★
3.55 **FILM Our Christmas Love Song** Comedy. (2019, U, 90min) ★★
5.45 **FILM A Date by Christmas Eve** Comedy. (2019, PG, 93min) ★★
7.50 **FILM A Very Country Christmas** Romance. (2017, PG, 90min) ★★
9.45 **FILM Holiday Hotline** Drama. (2023, U) ★★
11.40 **FILM My Sweet Holiday** Drama. (2020, PG) ★★
1.35 AM **FILM Christmas in Paris** (2019, PG) ★★
3.25 **to 5.00** AM **FILM Christmas at Holly Lodge** As 2.00pm.

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
12.00 NOON **Love Your Garden** In Folkestone.
1.00 PM **Our Dream Farm with Matt Baker**
2.00 **The Two Ronnies in Australia** Sketch show.
3.00 **Garden Rescue**
4.00 **Stuart Farm: Green Valley Tales**
4.45 **Edwardian Farm**
6.00 **Our Dream Farm with Matt Baker**
7.00 **Love Your Garden**
8.00 **Garden Rescue**
9.00 **New Home DIY**
9.30 **Secret Diary of a Call Girl** 1/8. Adult drama starring Billie Piper. (S1)
10.00 **FILM Adventures of a Plumber's Mate** Comedy. (1978, 18, 88min) ★
12.00 M'T **FILM Cruel Passion** Drama. (1977, 18) ★★
2.00 AM **The Two Ronnies in Australia** Sketch show.
3.00 **My Floating Home**
4.00 **to 5.00** AM **Garden Rescue**

Rewind TV

182 81 164 141

6.00 AM **Highlights**
8.30 **Two's Company** (S3)
9.00 **Bubblegum & Cheese**
10.00 **Doctor in Charge** (S2)
10.30 **Only When I Laugh** (S2)
11.00 **The Gaffer** 1/7. (S3)
11.30 **The Upper Hand** (S2)
12.00 NOON **UFO** 8/26. (S1)
1.00 PM **Two's Company**
1.30 **Agony** 4/7. (S3)
2.00 **Second Thoughts** (S5)
2.30 **The Gaffer** 1/7. (S3)
3.00 **Only When I Laugh** (S2)
3.30 **Randall and Hopkirk...**
4.30 **Jack Hargreaves' Old Country** (S2)
5.00 **Stereo Underground**
7.00 **Doctor in Charge** (S2)
7.30 **UFO** 8/26. (S1)
8.30 **Randall and Hopkirk (Deceased)** 23/26. (S1)
9.30 **The New Statesman**
10.00 **FILM Night Eyes** Thriller. (1990, 18, 94min) ★
11.55 **FILM Sex Appeal** Comedy. (1986, 18) ★★
1.40 AM **Stereo Underground**
2.40 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Building Off the Grid**
11.00 **Deadliest Catch**
12.00 NOON **Curse of the Bermuda Triangle**
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Aussie Gold Hunters** After a frustrating day, the Ferals hit a hot streak. **8.00** The Dust Devils buy new equipment.
9.00 **Gold Divers** Chris McCully and crew hit a lucrative paystreak. **10.00** Jane clashes with Emily's crew over being disrespected.
11.00 **Expedition X**
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **James Martin's French Adventure**
7.00 **Hairy Bikers: Route 66**
8.00 **Delicious Miss Brown** New edition
9.00 **Jamie's Meat-Free Meals**
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
12.30 PM **Mary Berry's Simple Comforts**
1.00 **James Martin's Spanish Adventure**
3.00 **Hairy Bikers: Route 66**
4.00 **Jamie's Meat-Free Meals**
5.00 **The Pioneer Woman**
6.00 **James Martin's Spanish Adventure**
7.00 **Great British Bake Off**
8.30 **Mary Berry's Simple Comforts**
9.00 **Jamie's Air Fryer Meals**
10.00 **Chopped Castaways** New edition
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Mystery Diners**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 23/25. (S2)
9.00 **Six Million Dollar Man**
10.00 **Babylon 5** 16/22. (S3)
11.00 **FILM The Land That Time Forgot** Sci-fi. (2009, 12, 90min) ★★
1.00 PM **FILM Gunsmoke: One Man's Justice** Western. (1993, PG) ★★
3.00 **FILM The Legend of Butch and Sundance** Western adventure. (2004, PG, 87min) ★★
5.00 **Star Trek** 29/30. (S1)
6.00 **Six Million Dollar Man**
7.00 **Babylon 5** 17/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 **FILM Shoot Out** Western. (1971, PG, 94min) ★★
10.55 **FILM Daylight** Thriller with Sylvester Stallone. (1996, 12, 114min) ★★★
1.15 AM **FILM Street Kings** Police thriller. (2008, 15, 105min) ★★★
3.15 **to 5.00** AM **FILM Dead Man Running** Thriller. (2009, 15, 92min) ★★★

Legend Xtra

316 316 171 69 138 51

9.00 AM **FILM 40 Days and Nights** Disaster thriller. (2012, 15, 86min) ★
11.00 **Andromeda** 9/22. (S5)
12.00 NOON **FILM Airplane vs Volcano** Disaster movie. (2014, 15, 91min) ★
2.00 PM **FILM Martian Land** Sci-fi. (2015, PG) ★
4.00 **Walker, Texas Ranger**
5.00 **FILM Zodiac: Signs of the Apocalypse** Sci-fi. (2014, PG, 120min) ★
7.00 **Andromeda** 10/22. (S5)
8.00 **The A-Team** 1/23. (S4)
9.00 **FILM Rules of Engagement** Military courtroom thriller. (2000, 15, 128min) ★★
11.30 **FILM War Pigs** World War Two adventure. (2015, 15, 88min) ★★
1.25 AM **FILM Lonesome Dove Church** Western. (2014, 15, 89min) ★★
3.15 **FILM Zodiac: Signs of the Apocalypse** (2014)
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Gloucester.
6.45 **Pawn Stars**
7.30 **Storage Wars Canada**
8.25 **Storage Hunters**
9.20 **Storage Wars**
1.05 PM **Pawn Stars**
2.05 **Storage Wars Canada**
3.05 **Ancient Aliens**
5.00 **Close Encounters**
6.00 **Junk & Disorderly**
7.00 **Dickinson's Real Deal**
9.00 **Hells Angels: Kingdom Come** How a failed assassination attempt resulted in betrayal.
10.00 **Gangland Chronicles** The Medellin Cartel. **10.30** The story of Oakland Hells Angels.
11.00 **Mega Disasters**
12.00 M'T **My Strange Arrest**
1.00 AM **Close Encounters**
2.00 **Killer Britain with Dermot Murnaghan**
3.00 **Junk & Disorderly**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
11.00 **Reuben Owen: Life in the Dales**
12.00 NOON **Ben Fogle: New Lives in the Wild**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **Cornwall: A Year by the Sea** The Williams family enter the most demanding season – lambing time.
6.00 **Abandoned Engineering**
7.00 **Ben Fogle: New Lives in the Wild** Ben meets a couple who breed alpacas in Andalucia. **8.00** Ben visits a backpackers' hostel in the Guatemalan jungle.
9.00 **Alexander Armstrong Across America**
10.00 **Battle Front: WWII Road to Victory**
11.00 **Prisoner: Cell Block H**
1.05 AM **The Yorkshire Vet**
3.00 **Abandoned Engineering**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **The Chase Celebrity Special** Quiz show.
10.00 **The Bidding Room**
11.00 **Celebrity Antiques Road Trip** Stefanie Powers.
12.15 PM **Lily Savage's Blankety Blank**
1.00 **Cash Trapped**
2.00 **Bridge of Lies**
3.00 **The Chase** Quiz show.
4.00 **Celebrity Antiques Road Trip** With Sandi Toksvig.
5.15 **All Star Family Fortunes**
6.00 **Cash Trapped**
7.00 **The Chase Celebrity Special** Quiz show.
8.00 **Beat the Chasers**
9.00 **The Chase** Quiz.
10.00 **The Chase Celebrity Special** Quiz show.
11.00 **Bullseye** Double bill.
12.00 M'T **Bridge of Lies**
1.00 AM **The Chase**
2.00 **The Chase Celebrity Special** Quiz show.
3.00 **The Chase** Quiz show.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **The Middle**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **The Middle**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.30** 9/24. The guys find a laptop that has some virtual currency on it. (S11)
9.00 **The Bad Skin Clinic** The huge cyst on the back of Carol's head is causing her agony. **10.00** Elesha suffers with soreness in her intimate areas.
11.00 **Dr Pimple Popper**
12.00 M'T **The Middle**
1.30 AM **Dr Pimple Popper**
2.30 **My 600lb Life**
4.30 **Say Yes to the Dress: UK** A bride wants a glittery gown.
5.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **The Upper Hand**
9.00 **Everybody Loves Raymond** (S2)
11.00 **Sabrina the Teenage Witch** (S2)
1.00 PM **Friends** (S6)
9.00 **FILM Austin Powers: The Spy Who Shagged Me** Spoof espionage thriller sequel with Mike Myers, Heather Graham and Robert Wagner. (1999, 12, 94min) ★★★
10.55 **Iain Stirling's Roast the Internet** With Katherine Ryan, Layton Williams and Amy Gledhill.
11.55 **Whose Line Is It Anyway? USA**
12.55 AM **South Park**
2.25 **Modern Horror Stories**
2.30 **Dragony Aunts**
2.40 **Kerry Godliman: Bandwidth** Stand-up.
3.30 **Al Murray Live: Barrel of Fun** Stand-up show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S1)
7.00 **Teleshopping**
9.00 **Whose Line Is It Anyway? USA**
10.00 **Spin City** (S2)
11.00 **Friends** (S7)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers**
3.30 **Everybody Loves Raymond** (S2)
6.00 **The Upper Hand** (S4)
7.00 **Sabrina the Teenage Witch** (S2)
9.00 **Mr Bean** Double bill.
10.00 **Friends** 6/25. Joey and Chandler celebrate their last night as flatmates. **10.30** 7/25. Rachel is embarrassed by Phoebe's jogging style. (S6)
11.00 **Friends** (S6)
1.30 AM **8 Out of 10 Cats Uncut** With Russell Kane.
2.20 **Most Ridiculous**
2.50 **Spin City** (S2)
3.45 **Impractical Jokers**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

56 42

8.00 AM **Highlights**
9.05 **You Rang, M'Lord?**
10.10 **Bread** 2/6. (S1)
10.50 **Steptoe and Son** (S4)
11.25 **Oh, Doctor Beeching!**
12.00 NOON **Rising Damp**
12.30 PM **Man About the...**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 3/13. (S2)
2.45 **Minder** 3/8. (S6)
3.45 **Just Good Friends** (S1)
4.25 **Man About the House**
4.55 **Bread** 2/6. (S1)
5.30 **Birds of a Feather** (S10)
6.00 **That's 60s**
6.10 **Rising Damp** 4/6. (S4)
6.40 **Steptoe and Son** (S5)
7.20 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 12/13. (S3)
9.00 **Benidorm** 7&8/9. (S2)
9.55 **Shameless** 14/16. (S7)
10.55 **Man About the House**
11.25 **Mind Your Language**
11.55 **Benidorm** 7&8/9. (S2)
12.55 AM **Minder** 9/13. (S8)
1.55 **to 5.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Daria** 6/13. (S3)
6.25 **Teen Mom 2**
8.00 **Dallas Cowboys Cheerleaders**
9.00 **Catfish: The TV Show**
10.00 **Judge Judy**
12.00 NOON **Charmed**
2.00 PM **Catfish: The TV Show** Reality series.
3.00 **Judge Judy**
5.00 **Charmed** 11&12/22. (S2)
7.00 **Teen Mom: The Next Chapter** Reality series.
8.00 **Judge Judy**
9.00 **Just Tattoo of Us: The Best So Far** With *Geordie Shore*'s Nathan.
10.00 **Geordie Stories: Charlotte Mam of Two** New edition Charlotte moves house and faces a stressful renovation.
11.00 **Geordie Shore**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **Ink Master**
2.45 **Ex on the Beach**
3.35 **to 4.00** AM **Daria**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Treehouse Masters**
9.00 **Gold Rush**
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **How It's Made** Four editions of the series, including at: **4.30** The making of airstream trailers, horseradish sauce, steam boilers and deodorant.
5.00 **Alaska: Homestead Rescue** The Raneys help a couple whose homestead in Maine is overrun with boglands.

9.00 Deadliest Catch

7.00 **Wheeler Dealers** Mike Brewer gets his hands on a valuable 1995 Ford Escort RS Cosworth for Ant Anstead to repair
8.00 **Wheeler Dealers** Mike Brewer plans to capitalise on 1980s nostalgia by restoring a 1982 Toyota Supra.
9.00 **Deadliest Catch** New edition The *Time Bandit* crew are forced to race against incoming ice to get OJ home.
10.00 **In the Eye of the Storm** New edition Hurricane Harvey hits Texas with winds of 130mph and record levels of rainfall.
11.00 **Expedition Files** Josh Gates studies the mysterious vanishing of the 16th-century inhabitants of Roanoke.
12.00 M'T **Deadliest Catch**
2.00 AM **In the Eye of the Storm**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners: Master Distiller**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Edge of Alaska**
10.00 **Tanked**
11.00 **Animal Cops Phoenix**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell**
5.00 **Lone Star Law** The game wardens search for the elusive big horn sheep in the mountains of West Texas.
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff must act fast when a dog is rushed into the clinic foaming at the mouth.

8.00 Guardians of the Glades

7.00 **Treehouse Masters** Pete Nelson returns to Texas to build a sophisticated treehouse in the heart of Dallas.
8.00 **Guardians of the Glades** The team must capture a calf-eating snake and venture into an old factory to catch invasive pythons.
9.00 **Alaska: The Last Frontier** Eivin builds a motorised cart for Findlay, and there is a rush to fix a breached fence.
10.00 **Alaskan Bush People** The Browns set out to make building improvements – only to be forced to leave the wild.
11.00 **The Haunted** The case of a dog being thrown across the room by an invisible entity.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Great Hammerhead Invasion** Documentary.
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
10.00 **Mega Marine Machines**
11.00 **Car S.O.S** An ice-cream van.
12.00 NOON **Ultimate Airport Dubai**
1.00 PM **Air Crash Investigation**
2.00 **Hitler's Last Stand**
3.00 **Hidden Beneath the Cities**
4.00 **Lost Treasures of Ancient Greece** Exploring the legacy of Alexander the Great.
5.00 **Ice Road Rescue** A truck threatens to tip down a hill.
6.00 **Nazi Megastructures: Battle Ready** The colossal defences built by the Nazis.

3.00 Hidden Beneath the Cities

7.00 **Air Crash Investigation** The case of a flight that disappeared from radar while headed for Angola.
8.00 **Liberation: D-Day to Berlin** Exploring the end of World War Two in Western Europe from various perspectives.
9.00 **Liberation: D-Day to Berlin** A look at how Belgium and the Netherlands were freed from Nazi occupation.
10.00 **Planes That Changed History** How Boeing dared to design the largest passenger aircraft of its time with the 747.
11.00 **Air Crash Investigation**
12.00 M'T **Inside Sydney Airport**
1.00 AM **Alaska: The Next Generation** The Sarvelas attempt to save their garage.
2.00 **Bid & Destroy**
2.30 **Trafficked with Mariana Van Zeller** Double bill of editions.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

Sky History

123/124 115/116 131 353 368

6.00 AM **Dog Patrol**
6.30 **Junk & Disorderly**
9.15 **Pawn Stars**
10.10 **Junk & Disorderly**
11.05 **Storage Wars**
12.00 NOON **History's Greatest Aircraft** As 8.00pm.
1.00 PM **History's Greatest Machines with Dolph Lundgren** As 9.00pm.
2.00 **History's Greatest Mysteries**
3.00 **Secrets of Great British Castles** Dover Castle.
6.00 **American Pickers** A huge stash of junior dream cars.

9.00 History's Greatest Machines

7.00 **Forged in Fire** Bladesmiths are tasked with forging a Crusader's Dagger and Robin Hood's Steel Takedown Bow.
8.00 **History's Greatest Aircraft** A look at the Republic P-47 Thunderbolt, a World War Two-era fighter aircraft.
9.00 **History's Greatest Machines with Dolph Lundgren** New edition A look at some of history's most famous boats.
10.00 **History's Greatest Mysteries** New edition A journey into the world of the Vikings, exploring the rich history behind their legendary treasures.
11.00 **Original Gangsters with Sean Bean** Notorious criminals Billy Hill and the Kray twins.
12.00 M'T **Storage Wars**
12.55 AM **Pawn Stars**
1.50 **History's Greatest Machines with Dolph Lundgren**
2.50 **History's Greatest Mysteries**
3.40 **to 6.00** AM **Secrets of Great British Castles**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **History of the Sitcom**
7.00 **Discovering: Matthew McConaughey**
8.00 **The Directors**
9.00 **Last Call: When a Serial Killer Stalked Queer New York**
10.00 **Vegas: The Story of Sin City**
11.00 **Dark Horses: Italy's World Cup Triumph**
12.00 NOON **Lance**
4.00 PM **The Directors**
5.00 **Discovering: Matthew McConaughey**
6.00 **The Man Who Bought Cricket** 1/3. Documentary.

5.00 Matthew McConaughey

7.00 **David Frost Vs** Recalling some of the journalist's most famous interviews, starting with The Beatles.
8.00 **The Body Next Door** 1/3. Documentary about a mysterious death in the South Wales Valleys.
9.00 **The Body Next Door** 2/3. The police focus their attention on Leigh Sabine, and forensic officers race to find evidence.
10.00 **The Body Next Door** 3/3. Leigh Sabine flees to New Zealand with her son in pursuit.
11.00 **Rainbow Warrior** The sinking of the Greenpeace ship by French secret service agents.
1.00 AM **QPR: The Four Year Plan** An insight into the running of Queens Park Rangers FC following a 2007 takeover.
2.50 **Mr Dynamite: The Rise of James Brown** Documentary.
5.00 **to 6.00** AM **Discovering: Matthew McConaughey**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
8.00 **Ant Anstead: Born Mechanic**
9.00 **Johnny Vegas' Little Shop of Antiques** New edition The actor and comedian runs his own antiques shop.
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
1.00 AM **Salvage Hunters**
3.00 **Salvage Hunters: The Restorers**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/146 40 146 34

7.00 AM **Say Yes to the Dress**
8.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **A Killer's Mistake**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** The deaths of six children in a house fire in Derby.
8.00 **Murder on CCTV**
10.00 **Body Cam** New edition In Arkansas, police chase a stolen U-Haul. **11.00** A domestic dispute turns into a hostage situation.
12.00 M'T **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Secrets of a Murder Detective** A look at the murder of Gary Dean.
8.00 **UK Crime Files: Bus Stop Rapist** An attack in Nottingham that led to a long investigation.
9.00 **UK Crime Files: Massacre at Red Gables Hotel** The story of a massacre at a hotel in Wales in 1976.
10.00 **Murder UK** An ambush on Shane Gilmer and Laura Sugden. **11.00** A look at the crimes of Derrick Bird.
12.00 M'T **UK Crime Files: Bus Stop Rapist**
1.00 AM **UK Crime Files: Massacre at Red Gables Hotel**
2.00 **Murder UK**
4.00 **48 Hours**
4.50 **to 5.45** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Murder – Smoke and Lies** Documentary.
9.55 **UK Crime Files: Newport Revenge Murder** Documentary.
11.00 **Killers: Caught on Camera** True-crime.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Murder Against All Odds** Documentary.
3.00 **UK Crime Files: Lady Killer** A murder case.
4.00 **Killers: Caught on Camera** A look at the murder of Angela Craig.
5.00 **Medical Detectives** Four editions, including at: **6.30** A woman dies after appearing to suffer side-effects from prescribed drugs.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Stop, Search, Seize**
7.00 **Border Security USA**
8.00 **Highway Cops**
9.00 **Stop, Search, Seize**
10.00 **The Force: Manchester**
11.00 **Caught on Dashcam**
12.00 NOON **Catching the...**
1.00 PM **Britain's Most Evil...**
2.00 **Killer in My Village**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Britain's Most Evil Killers** Sarah Williams and Katrina Walsh.
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **World's Most Notorious Killers**
10.45 **The Real CSI: Miami**
11.50 **Killer in My Village**
12.55 AM **Catching the Killer**
2.00 **Murder Nation** New edition
3.00 **Stop, Search, Seize**
4.00 **Send in the Dogs**
5.00 **to 6.00** AM **Road Wars**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's Extremes**
8.50 **Secrets of the Royal Palaces** Windsor Castle.
9.50 **Ancient Apocalypse**
10.55 **France: The Post War Recovery** As 7.35pm.
12.00 NOON **Cleopatra**
1.00 PM **Secrets of the Royal Palaces**
2.10 **Ancient Apocalypse**
3.20 **France: The Post War Recovery** As 7.35pm.
4.30 **Cleopatra**
5.30 **Secrets of the Royal Palaces** Windsor Castle.
6.30 **Ancient Apocalypse**
7.35 **France: The Post War Recovery** 1/2. Industry and agriculture in the wake of World War Two.
8.50 **Cleopatra**
9.50 **Secrets of the Royal Palaces** Windsor Castle.
10.50 **Ancient Apocalypse**
12.00 M'T **France: The Post War Recovery**
1.15 **to 2.00** AM **Weathered: Earth's Extremes**

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Undiscovered Vistas**
7.00 **Monkey Life** Double bill.
8.00 **Wildlife Icons**
9.00 **Guardians of the Wild**
10.00 **Cub Camp**
11.00 **Australia's Hidden Islands**
12.00 NOON **Gladiators**
1.00 PM **Monkey Life**
2.00 **Wildlife Icons**
3.00 **Guardians of the Wild**
4.00 **Cub Camp** Documentary.
5.00 **Australia's Hidden Islands**
6.00 **Gladiators** As 10.00pm.
7.00 **Monkey Life** Double bill.
8.00 **Violent Earth** How small fires become unstoppable megafires.
9.00 **Impossible Animals** The challenges posed by the desert.
10.00 **Gladiators** Experts analyse nature's toughest fighters.
11.00 **Australia's Hidden Islands**
12.00 M'T **Africa's Wild Year**
1.00 AM **Undiscovered Vistas**
2.00 **Violent Earth** As 8.00pm.
3.00 **Impossible Animals**
4.00 **Wildlife Icons**
5.00 **to 6.00** AM **Guardians of the Wild**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets Declassified with David Duchovny**
9.00 **History's Greatest Aircraft**
10.00 **Crimes That Shook Britain**
11.00 **Ancient Aliens** Double bill.
1.00 PM **Life After People**
6.00 **Mystery Places**
7.00 **UFOs: The Lost Evidence** The UFO researchers who believe NASA is hiding the truth about alien life.
8.00 **Battle 360** CGI reconstruction of the Battle of Midway.
9.00 **Dark Marvels: Killing Machines** The origins of history's deadliest games.
10.00 **Hannibal: A March on Rome** Exploring the Carthaginian's route across the Alps.
11.00 **Ancient Aliens** Evidence of an extraterrestrial intervention on Earth in the distant past. **12.00** M'T A theory that aliens may have colonised Antarctica.
1.00 AM **UFOs: The Lost Evidence**
2.00 **Life After People**
5.00 **to 6.00** AM **Crimes That Shook Britain**

Discovery Science

167 148 179

8.00 AM **How the Universe Works**
10.00 **Alien Highway**
11.00 **Codes and Conspiracies**
1.00 PM **Secrets Underground**
3.00 **Truth Behind the Moon Landing** Triple bill of editions.
6.00 **How Do They Do It?** How to blow the world's finest crystal. **6.30** An insight into the air-conditioning system at the Sydney Opera House. **7.00** The processes involved in mining rare gemstones. **7.30** How engineers drill for oil. **8.00** The production of diesel engines that can fly. **8.30** Turning used aluminium cans into planes and rockets.
9.00 **Incredible Engineering Blunders: Fixed** Justin goes inside an offshore wind turbine. **10.00** Justin investigates gigantic potholes in Louisiana.
11.00 **The Explosion Show**
1.00 AM **Truth Behind the Moon Landing** Triple bill of editions.
4.00 **to 6.00** AM **Secrets Underground**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Ozark Law**
10.00 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Killer Britain with Dermot Murnaghan** Triple bill.
2.00 PM **Green Eyed Killers**
3.00 **Somebody's Hiding Something**
6.00 **Homicide Hunter**
7.00 **The First 48** An Atlanta father is gunned down with an AK-47.
8.00 **Green Eyed Killers** A young man's life ends in violence after a 1995 bar clash. Years later, the truth finally emerges.
9.00 **Natural Born Killer** How police stopped a school janitor who was on his way to becoming Australia's worst serial killer.
11.00 **Check-In to Murder**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **The Real Murders of Atlanta** Documentary.
2.00 **On the Case with Paula Zahn**
3.00 **Somebody's Hiding Something**
5.00 **to 6.00** AM **Green Eyed Killers**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
9.00 **Secrets of the Zoo: Tampa**
10.00 **The Wild Life of Dr Ole**
11.00 **World's Deadliest: Venom**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Critter Fixers: Country Vets**
2.00 **Croc Wars: Grumeti vs Mara**
3.00 **Crocodiles Revealed**
4.00 **Secrets of the Zoo: Leading Ladies** Documentary.
5.00 **The Incredible Dr Pol**
6.00 **Yukon Vet** Checking up on the local bat population.
7.00 **Secrets of the Zoo: North Carolina** Zoo keepers prepare for a chimp birth.
8.00 **Kingdom of the Apes** A male gorilla defends his crown. **9.00** Two chimpanzee brothers fight for power.
10.00 **When Sharks Attack**
11.00 **America's National Parks Compilations** Highlights.
12.00 M'T **Africa's Deadliest**
1.00 AM **Jungle Animal Rescue**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Alaska: The Next Generation**

Discovery History

161/172 147 181

7.00 AM **Bullet Points**
8.00 **Combat Dealers**
9.00 **Secrets Underground**
11.00 **Salvage Hunters**
1.00 PM **How the Universe Works**
2.00 **NASA's Unexplained Files**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** Scientists seek to solve the mystery surrounding the Milky Way's slow demise.
8.00 **Bullet Points** Engagements in the Pacific that turned the tide of World War Two.
9.00 **Secrets Underground** Rob and Stefan explore a cave rumoured to house gold.
10.00 **How Do They Do It?**
11.00 **Combat Dealers** Seeking an authentic World War Two jeep.
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Expedition X**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Inside the Ambulance**
5.00 PM **D-Day to Berlin**
8.00 **D-Day: The Last Heroes** Part one of two. Examining how meticulous planning, espionage and 3D aerial photos helped the Allied forces gain a foothold in northern France in 1944. **9.00** Part two of two. The stories of those who risked their lives in Normandy.
10.00 **D-Day to Berlin** Charting the campaign waged by Allied forces against Germany toward the end of World War Two. **11.00** How Anglo-American relations toward the end of 1944 soured as the Allies fought in the conference chamber for the right to direct the final assault on Germany. **12.00** M'T Focusing on the final few months of the war.
1.00 AM **D-Day: The Last Heroes**
3.00 **D-Day to Berlin**
5.30 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1hour 266 376

ID

154 140 166

8.00 AM **The Perfect Murder**
12.00 NOON **Faking It: Tears of a Crime** Dr Harold Shipman.
1.00 PM **Evil Lives Here**
3.00 **The Killer in My Family**
7.00 **Deadline: Crime with Tamron Hall** A case in which a paramedic and mother was found dead, covered in paint, in the basement of her home. **8.00** The case of 18-year-old Heidi Allen, who vanished from her job in a convenience store.
9.00 **Evil Lives Here: The Killer Speaks** Elisabeth and Frank's toxic relationship ended in a devastating fire. Now, Elisabeth's mother seeks answers from her daughter's manipulative killer.
10.00 **The Killer in My Family** The daughter of the 'witch killer' talks about her childhood.
11.00 **Murder Comes Home** The death of Cathy Sue Weaver.
12.00 M'T **Mean Girl Murders**
2.00 AM **The Killer in My Family**
4.00 **to 6.00** AM **Deadline: Crime with Tamron Hall**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers** Double bill.
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Last Chance Garage**
2.00 **Ant Anstead: Born Mechanic**
3.00 **Carspotting** Documentary.
4.00 **Salvage Hunters: Classic Cars**
5.00 **Street Outlaws: Locals Only**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Street Outlaws: Locals Only** Michigan locals compete.
9.00 **Goblin Works Garage** Jimmy brings in a racing Ford Mustang.
10.00 **Carspotting** Documentary.
11.00 **Massive Engineering Mistakes**
12.00 M'T **Street Outlaws: Locals Only** As shown at 8.00pm.
1.00 AM **Richard Hammond's Workshop** Richard and the Cogs restore a car for a live audience at CarFest.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.50 AM **Charlie the Wonderdog**
8.30 **GOAT** As shown at 6.00pm.
10.20 **Twinless** As shown at 7.50pm.
12.05 PM **Hamnet** As 11.40pm.
2.15 **Rise of the Conqueror** (2026)
4.15 **Panda Plan 2: The Magical Tribe** Action comedy sequel starring Jackie Chan and Li Ma. (2026, PG, 100min)
6.00 **GOAT** Animated adventure with the voices of Gabrielle Union and Caleb McLaughlin. (2026, PG, 100min) ★★★

9.35 Rise of the Conqueror

7.50 **Twinless** Dark comedy starring Dylan O'Brien. A young man left broken by the loss of his twin brother joins a support group for 'twinless twins.' (2025, 15, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **Rise of the Conqueror** Action adventure starring Christian Mortensen and Mahesh Jadu. As the Mongol Empire crumbles, a warrior must renounce his loyalties to protect the fate of the Silk Road. (2026, 15, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Hamnet** Drama starring Paul Mescal and Jessie Buckley. (2025, 12, 125min) ★★★★
1.50 AM **Panda Plan 2: The Magical Tribe** As 4.15pm.
3.40 **Looney Tunes: The Day the Earth Blew Up** Animation. (2024, PG, 91min) ★★★
5.15 **to 6.50** AM **Charlie the Wonderdog** Animation. (2025, PG, 92min) ★★★

Sky Cinema Transformers

303 303 403 503 517

7.30 AM **Transformers: The Last Knight** As shown at 10.50pm.
10.15 **Bumblebee** As 1.30am.
12.20 PM **Transformers** As 3.35am.
2.45 **Transformers: Revenge of the Fallen** Sci-fi adventure sequel starring Shia LaBeouf. (2009, 12, 149min) ★★★
5.20 **Transformers: Dark of the Moon** Sci-fi action adventure sequel with Shia LaBeouf and Rosie Huntington-Whiteley. (2011, 12, 154min) ★★★

8.00 Transformers: Age of...

8.00 **Transformers: Age of Extinction** Sci-fi adventure starring Mark Wahlberg, Stanley Tucci and Kelsey Grammer. The shape-changing robots emerge from hiding when technology from their own world threatens the human race. (2014, 12, 166min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Transformers: The Last Knight** Adventure sequel starring Mark Wahlberg and Anthony Hopkins. The robots must find an ancient artefact to protect Earth from their creator. (2017, 12, 155min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.30 AM **Bumblebee** *Transformers* prequel with Hailee Steinfeld and Jorge Lendeborg Jr. (2018, PG, 114min) ★★★★
3.35 **to 6.00** AM **Transformers** Sci-fi adventure starring Shia LaBeouf and Tyrese Gibson. (2007, 12, 144min) ★★★★

Sky Cinema Drama

310 310 410 510 524

7.55 AM **The Cut** As 12.45am.
9.40 **May December** Drama. (2023, 15, 117min) ★★★★
11.40 **Boyz N the Hood** As 4.40am.
1.35 PM **Materialists** Romantic comedy with Dakota Johnson, Chris Evans and Pedro Pascal. (2025, 15, 116min) ★★★★
3.35 **Hamnet** Period drama starring Paul Mescal and Jessie Buckley. (2025, 12, 125min) ★★★★
5.45 **Dreamgirls** Musical with Jamie Foxx. (2006, 12, 130min) ★★★★
8.00 **Molly's Game** Fact-based drama starring Jessica Chastain as Molly Bloom, a skier who ran the world's most exclusive poker game and became an FBI target. (2017, 15, 137min) ★★★★
10.25 **Anora** Romantic comedy drama with Mikey Madison. A sex worker marries the son of an oligarch, but his family in Russia try to get the marriage annulled. (2024, 18, 139min) ★★★★★
12.45 AM **The Cut** Psychological thriller starring Orlando Bloom. (2024, 12, 99min) ★★★
2.25 AM **Valentine's Day** Romantic comedy. (2010, 12, 125min) ★★★
4.40 **to 6.35** AM **Boyz N the Hood** Oscar-nominated urban drama. (1991, 15, 111min) ★★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

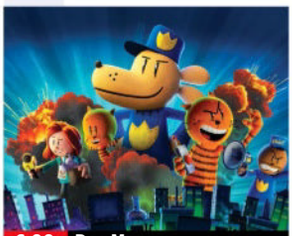
6.00 AM **Flatliners** As 12.30am.
8.00 **InnerSpace** Sci-fi comedy thriller. (1987, PG, 119min) ★★★
10.05 **Xeno** Fantasy adventure. (2025, 15, 103min) ★★★
11.55 **Get Out** Mystery thriller. (2017, 15, 104min) ★★★★★
1.50 PM **The Conjuring: Last Rites** Supernatural mystery starring Vera Farmiga and Patrick Wilson. (2025, 15, 135min) ★★★
4.10 **Flatliners** Sci-fi horror thriller starring Kiefer Sutherland. (1990, 15, 114min) ★★★
6.10 **Pet Sematary** Horror starring Jason Clarke and Amy Seimetz. (2019, 15, 101min) ★★★
8.00 **Star Trek Beyond** Sci-fi adventure starring Chris Pine. (2016, 12, 122min) ★★★★
10.15 **Weapons** Horror starring Julia Garner and Amy Madigan. (2025, 18, 128min) ★★★★★
12.30 AM **Flatliners** Sci-fi drama. (2017, 15, 109min) ★★
2.20 **Signal One** Sci-fi thriller starring Isabelle Fuhrman. (2026, 15, 87min) ★★★★
4.00 **Aeon Flux** Sci-fi action thriller. (2005, 15, 93min) ★★
5.45 **to 7.35** AM **The Parenting** Horror comedy with Brandon Flynn. (2025, 15, 94min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

6.15 AM **Shark Tale** Animation. (2004, U, 90min) ★★★★
7.50 **Mr Peabody & Sherman** Animation. (2014, U) ★★★★
9.25 **Sonic the Hedgehog 3**
11.25 **Wicked** Musical fantasy. (2024, PG, 160min) ★★★★
2.10 PM **GOAT** Animated adventure. (2026, PG, 100min) ★★★
4.00 **The Golden Compass** Fantasy. (2007, PG, 109min) ★★★
6.00 **Dog Man** Animated comedy. (2025, U, 89min) ★★★★



6.00 Dog Man

7.45 **Look Who's Talking** Comedy starring John Travolta and Kirstie Alley. A single mother-to-be searches for the perfect father for her child. (1989, 12, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.25 **Look Who's Talking Too** Comedy sequel starring Kirstie Alley and John Travolta, and featuring the voice of Bruce Willis. (1990, 12, 77min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

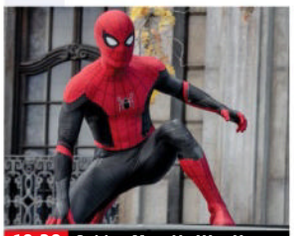
10.55 **Look Who's Talking Now** Comedy sequel. (1993, 12, 95min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Jackie Chan's The Tuxedo** Action comedy. (2002, 12, 98min) ★★
2.15 **Sonic the Hedgehog 3** Fantasy adventure sequel. (2024, PG, 110min) ★★★
4.15 **Cinema List: Family Favourites**
4.45 **to 6.20** AM **Flushed Away** Animation. (2006, U) ★★★★

Sky Cinema Action

306 306 407 507 521

6.40 AM **The Cinema List: Revenge**
7.00 **First Knight** Mythical drama. (1995, PG, 134min) ★★★
9.25 **Retribution** (2023, 12) ★★
11.10 **The Mummy: Tomb of the Dragon Emperor** Adventure. (2008, 12, 112min) ★★★
1.15 PM **The Meg** Action thriller. (2018, 12, 113min) ★★★
3.15 **Bad Boys II** Action comedy sequel. (2003, 15) ★★★
5.50 **Justice League** Adventure. (2017, 12, 120min) ★★



10.20 Spider-Man: No Way Home

8.00 **Spider-Man: Homecoming** Adventure starring Tom Holland and Michael Keaton. Teen superhero Peter Parker tries to prove his worth by battling a winged criminal with a trade in stolen hi-tech weaponry. (2017, 12, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Spider-Man: No Way Home** Adventure sequel starring Tom Holland. Peter Parker asks Doctor Strange for help to change the past, only to face foes from parallel universes. (2021, 12, 148min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Venom** Fantasy with Tom Hardy. (2018, 15, 112min) ★★★
2.50 **The Cinema List: Trapped**
3.05 **300** Adventure with Gerard Butler and Lena Headey. (2006, 15, 116min) ★★★★
5.05 **to 6.55** AM **300: Rise of an Empire** Adventure sequel. (2014, 15, 100min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.15 AM **Panda Plan** (2024) ★★★
9.00 **Panda Plan 2: The Magical Tribe** Comedy. (2026, PG)
10.45 **Anchorman: The Legend of...**
12.25 PM **Bridget Jones: Mad About the Boy** (2024, 15) ★★★★
2.35 **The Naked Gun** Comedy. (2025, 15, 85min) ★★★★
4.05 **Dumb and Dumber** Comedy. (1994, 12, 107min) ★★★
5.55 **Talladega Nights: The Ballad of Ricky Bobby** Comedy. (2006, 15, 108min) ★★★★

8.00 Notting Hill

8.00 **Notting Hill** Romantic comedy starring Julia Roberts and Hugh Grant. A divorced Notting Hill bookshop owner hesitantly woos a Hollywood star. With Rhys Ifans and Alec Baldwin. (1999, 15, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **Blended** Comedy with Adam Sandler and Drew Barrymore. Two single parents never want to see each other again after a blind date, only to end up going on holiday together. (2014, 12, 117min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Beverly Hills Cop 3** Comedy thriller sequel. (1994, 15, 104min) ★★
2.25 **Anchorman: The Legend of Ron Burgundy** Comedy. (2004, 12, 94min) ★★★★
4.15 **to 6.05** AM **Smokey and the Bandit** Action comedy. (1977, PG, 96min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Caddo Lake** As 4.35am.
7.50 **Along Came a Spider** Thriller. (2001, 15, 103min) ★★★
9.40 **Murder by Numbers** Thriller. (2002, 15, 120min) ★★★
11.45 **Safe House** Action thriller. (2012, 15, 110min) ★★★
1.45 PM **The Accountant** (2016)
3.55 **Jason Bourne** Action thriller. (2016, 12, 123min) ★★★
6.05 **Civil War** Thriller with Kirsten Dunst and Wagner Moura. (2023, 15, 109min) ★★★★

8.00 Mulholland Drive

8.00 **Mulholland Drive** Director David Lynch's surreal thriller starring Naomi Watts and Laura Elena Harring. An aspiring actor befriends a beautiful amnesiac woman and agrees to help her find out who she is. (2001, 15, 146min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.30 **Snatch** Guy Ritchie's crime comedy drama starring Jason Statham, Benicio Del Toro and Brad Pitt. A group of small-time British crooks plan to steal a diamond from a American mobster. (2000, 18, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **The Accountant** Crime thriller starring Ben Affleck. (2016, 15, 123min) ★★★
2.35 **Juror #2** Legal thriller. (2024, 12, 113min) ★★★★
4.35 **to 6.20** AM **Caddo Lake** Thriller starring Dylan O'Brien. (2024, 12, 99min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Mysterious Island** Fantasy. (1961, U, 97min) ★★★
1.05 PM **Spies in Disguise** Animated family adventure. (2019, PG, 98min) ★★★★
3.10 **Send Me No Flowers** Comedy with Rock Hudson and Doris Day. (1964, U, 100min) ★★★
5.15 **Spartacus** Stanley Kubrick's spectacular epic starring Kirk Douglas and Laurence Olivier. (1960, PG, 184min) ★★★★★

5.15 Spartacus

Spartacus (film started at 5.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **The Rock** Action thriller starring Sean Connery and Nicolas Cage. An FBI chemical weapons expert and a convict try to break into Alcatraz to foil a disaffected US Marine general who has seized the island. With Ed Harris. (1996, 15, 136min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.45 **Journeyman** Boxing drama written, directed by and starring Paddy Considine. A world champion boxer suffers a serious head injury that leaves him with brain damage. (2017, 15, 92min) ★★★★
1.35 **to 3.30** AM **Pixie** Crime comedy starring Olivia Cooke, Fra Fee and Rory Fleck Byrne. (2020, 15, 94min) ★★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema Animation

302 302 402 502 516

6.10 AM **Chicken Run** As 9.15am.
7.40 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
9.15 **Chicken Run** Animated comedy. (2000, U, 84min) ★★★★
10.50 **GOAT** Animated adventure. (2026, PG, 100min) ★★★
12.40 PM **Despicable Me** Animated comedy with the voice of Steve Carell. (2010, U, 94min) ★★★★

2.20 **Despicable Me 2** Animated sequel. (2013, U, 97min) ★★★
4.00 **Despicable Me 3** Animated sequel. (2017, U, 99min) ★★★
5.35 **Angry Birds Movie** Animation. (2016, U, 97min) ★★★
7.15 **Angry Birds Movie 2** Animated sequel. (2019, U, 93min) ★★★
8.55 **Flushed Away** Animation. (2006, U, 85min) ★★★★
10.25 **Cloudy with a Chance of Meatballs** Animated comedy featuring the voice of Bill Hader. (2009, U, 90min) ★★★★

12.00 M'T **Cloudy with a Chance of Meatballs 2** Animated comedy sequel. (2013, U, 93min) ★★★
1.40 AM **The Secret Life of Pets** Animation. (2016, U) ★★★
3.10 **Secret Life of Pets 2** Animated sequel. (2019, U, 86min) ★★★
4.40 **to 6.10** AM **Flushed Away**

Sky Cinema Greats

307 307 404 504 518

6.00 AM **True Grit** Oscar-winning Western starring John Wayne. (1969, PG, 128min) ★★★★★
8.15 **Cool Hand Luke** Prison drama. (1967, 15, 126min) ★★★★★
10.30 **Escape to Victory** Wartime drama. (1981, PG, 111min) ★★★
12.30 PM **Empire of the Sun** Drama. (1987, PG, 152min) ★★★★
3.05 **Birdy** Psychological drama. (1984, 15, 120min) ★★★★

5.10 **The Towering Inferno** Disaster movie starring Paul Newman. (1974, 12, 165min) ★★★★
8.00 **The Hunt for Red October** Cold War suspense thriller starring Sean Connery, Alec Baldwin and Scott Glenn. (1990, PG, 135min) ★★★★
10.15 **Patriot Games** Thriller starring Harrison Ford. A retired CIA agent becomes the target of a vengeful IRA man after foiling an assassination attempt. (1992, 15, 116min) ★★★

12.15 AM **Se7en** Dark thriller starring Brad Pitt and Morgan Freeman. (1995, 18, 127min) ★★★★
2.25 **Fatal Attraction** Adrian Lyne's thriller starring Michael Douglas, Glenn Close and Anne Archer. (1987, 15, 120min) ★★★★
4.25 **to 6.30** AM **Birdy** As 3.05pm.

Disney+ Cinema

305 305

6.00 AM **Cinderella** Animation. (1950, U, 75min) ★★★★
7.25 **Brave** Animated adventure. (2012, PG, 93min) ★★★★
9.00 **The Good Dinosaur** Animation. (2015, PG, 101min) ★★★★
10.40 **Wish** Animated fantasy. (2023, U, 95min) ★★★★
12.20 PM **The Lion King** Animation featuring the voice of Donald Glover. (2019, PG, 118min) ★★★

1.50 **Raya and the Last Dragon** Animated fantasy adventure. (2021, PG, 103min) ★★★★
3.40 **The Princess Diaries** Family comedy. (2001, U, 115min) ★★★
5.40 **Ralph Breaks the Internet** Animated family adventure. (2018, PG, 112min) ★★★★
7.35 **Inspector Gadget** Adventure. (1999, U, 77min) ★★★
9.00 **Tomorrowland: A World Beyond** Fantasy starring George Clooney and Britt Robertson. (2015, 12, 130min) ★★★

11.10 **Bad Company** Comedy thriller. (2002, 12, 112min) ★★★
1.10 AM **Death on the Nile** Mystery. (2021, 12, 127min) ★★★
3.20 **Lady and the Tramp** Animation. (1955, U, 76min) ★★★★★
4.40 **to 6.00** AM **The Aristocats** Animation. (1970, U) ★★★★★

Movies 24

312 313 419

7.00 AM **Haunted Wedding** Comedy fantasy. (2024, PG, 84min) ★★
9.00 **Mystery Island: Play for Keeps** Drama. (2025, PG, 90min) ★★
11.00 **Love Is a Dog's Best Friend** Comedy. (2025, PG, 90min) ★★
1.00 PM **Mystery Island: House Rules** Drama. (2024, PG, 84min) ★★
3.00 **A Suite Holiday Romance** Romantic drama starring Jessy Schram. (2025, PG, 90min) ★★

5.00 **The Royal We** Romantic comedy. (2025, PG, 84min) ★★
7.00 **Savoring Paris** Drama starring Bethany Joy Lenz and Stanley Weber. (2024, PG, 90min) ★★
9.00 **Something New: A Teagarden Mystery** Drama prequel starring Skyler Samuels and Marilu Henner. The sleuth faces her first mystery when her friend's fiancé goes missing before the wedding. (2023, U, 87min) ★★
11.00 **An Alpine Holiday** Comedy drama. (2025, U, 90min) ★★

1.00 AM **Missing the Boat** Romantic drama starring Emilie Ullerup. (2026, PG, 90min) ★★
3.00 **to 5.00** AM **Blind Date Book Club** Drama starring Erin Krakow. (2024, PG, 90min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **The Common Touch** Drama. (1941, b/w, PG, 104min) ★★★
8.05 **Sunshine of Your Smile**
8.10 **Park Plaza 605** Crime thriller. (1953, b/w, PG, 79min) ★★
9.45 **The Stars Look Down** Drama. (1939, b/w, PG, 110min) ★★★
11.35 **Glimpses: Petula Clark: The Day Begins Early**
11.40 **Highway to Battle** Drama. (1961, b/w, U, 71min) ★★

1.00 PM **Adventures of William Tell**
1.35 **A Tale of Two Cities** Drama. (1958, b/w, U, 117min) ★★★
3.55 **Symphony for Steam**
4.00 **That's My Boy** 1/9. (S2)
4.35 **The Break** Crime thriller. (1962, PG, 75min) ★★
6.10 **Nine, Dalmuir West**
6.25 **Whiplash** 30/34. (S1)
6.55 **The Man from UNCLE** (S2)
7.55 **Buccaneer** 7/13. (S1)
9.00 **Dulcima** Drama starring John Mills. (1971, U, 98min) ★★
11.00 **Fortean TV**

11.35 **Strip Tease Murder** Drama. (1961, b/w, 18, 66min) ★★
12.55 AM **Bluebeard** (1944, PG) ★★
2.20 **Two on the Tiles** (1951, PG) ★★
3.50 **1960s London-Glimpses**
4.00 **Target: The Corruptors** (S1)
5.00 **to 6.00** AM **The Man from UNCLE**

Tuesday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Deadline Day** Transfer news.
3.30 PM **LIVE US Open Tennis** Coverage of day three of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York, where the first round is scheduled to continue. The 2024 men's singles champion Jannik Sinner got his tournament under way at this stage 12 months ago, and was in imperious form as he beat Vít Kopriva 6-1 6-1 6-2.
7.30 **LIVE EFL** **Stoke City v Norwich City.** The Championship clash from bet365 Stadium. The sides shared the spoils in a 1-1 draw in last season's corresponding fixture, with Sorba Thomas scoring the equaliser for the Potters after Jovon Makama had given the Canaries the lead. Kick-off **8.00pm**.
10.00 **Deadline Day** Transfer news.
12.00 M'T **LIVE US Open Tennis** Further coverage of day three of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
4.30 **to 6.00** AM **Deadline Day**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **Ref Watch** A look back at the big refereeing decisions.
6.30 **MNF Hlts** Action from Aston Villa v Arsenal staged at Villa Park.
7.00 **Deadline Day** Early updates on any last-minute transfers.
1.00 PM **Deadline Day** Updates on any last-minute moves as the summer transfer window closes.
7.30 PM **Gillette Soccer Special** Reports on the evening's football up and down the country as goals go in and updates arrive in the studio from around the grounds.
10.00 **Deadline Day** Further updates on any last-minute moves as the summer transfer window closes.
12.00 M'T **Premier League Review** Highlights from the second round of fixtures, featuring Crystal Palace v Manchester City, Tottenham Hotspur v Newcastle United, Coventry City v Hull City, Liverpool v Nottingham Forest and Chelsea v Brighton & Hove Albion.
1.00 AM **PL Retro** A replay of Arsenal v Manchester United from 2005.
3.00 **PL Greatest Games**
4.00 **PL Best Goals 11/12**
5.00 **to 6.00** AM **Premier League Legends**

Sky Sports Football

403 403 503 421 441

6.00 AM **Retro League One**
8.00 **EFL Rivalries** Double bill.
9.00 **SPFL Highlights**
9.30 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2017 final.
11.00 **Old Firm Derby Best Goals**
11.30 **EFL Greatest Games**
12.00 NOON **SPFL Highlights**
12.30 PM **Bundesliga Highlights**
1.30 **EFL League One Goals**
2.00 **EFL League Two Goals**
2.30 **EFL Highlights** Championship.
3.00 **SPFL Highlights**
3.30 **EFL Highlights**
5.00 **Bundesliga Highlights Show**
6.00 **EFL League One Goals**
6.30 **EFL League Two Goals**
7.00 **EFL Highlights** Championship.
7.30 **LIVE EFL** **Stoke City v Norwich City.** The Championship match at bet365 Stadium. Kick-off **8.00pm**.
10.30 **Deadline Day** Transfer news.
12.00 M'T **SPFL Highlights**
12.30 AM **EFL Cup Highlights**
1.30 **SPFL Round-Up**
1.45 **SPFL Highlights**
2.00 **EFL** The 2024/25 play-offs.
3.00 **SPFL Highlights**
3.30 **EFL Greatest Games**
4.00 **to 6.00** AM **EFL Cup Retro**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **Test Cricket** Highlights.
12.00 NOON **Women's T20 World Cup**
12.30 PM **LIVE Women's One-Day International Cricket** **England v Ireland.** Coverage of the first ODI at Uptonsteel County Ground. The home last played in an ODI match back in May as they faced New Zealand in a three-match series in England. The series ended in a 1-1 draw after New Zealand claimed a 17-run victory via the DLS method in the third game of the contest. England had won the opening match by one wicket before the second game was abandoned due to rain.
8.30 **Best of ICC WT20**
9.00 **Women's T20 World Cup**
9.30 **Nepal Climbing Cricket's Mountain** Documentary.
10.00 **Test Cricket** England v Pakistan.
11.00 **Women's One-Day International Cricket**
12.00 M'T **One-Day International Cricket** England v India.
1.00 AM **Test Cricket** Highlights.
2.00 **The Hundred** Manchester Super Giants v Welsh Fire.
5.15 **Best of ICC WT20**
5.45 **to 6.00** AM **The Hundred**

Sky Sports Golf

406 406 506 423 443

6.00 AM **Golf Academy**
7.00 **Playing Lessons** Expert advice.
8.00 **Nick Dougherty's Tee Time Tips**
9.00 **School of Golf**
10.00 **Ladies European Tour Golf**
11.00 **Best of the Open Zone**
2.00 PM **Women's Golf** Highlights.
3.00 **The Improvers** Expert tips.
4.00 **School of Golf**
5.00 **Chronicles of a Champion Golfer** Profiles of leading players.
6.00 **Ladies European Tour Golf**
7.00 **PGA Tour Golf** Highlights.
8.00 **Beyond the Walker Cup**
8.30 **DP World Tour Golf**
9.00 **Ladies European Tour Golf**
10.00 **PGA Tour Golf** Action from day four of the Tour Championship.
11.00 **PGA Tour Champions**
12.00 M'T **Legends Tour Golf**
1.00 AM **The Greatest Solheim Cup**
3.00 **Solheim Cup Golf**
4.00 **Golf Academy** Laura Davies.
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **Roger Federer in New York**
7.00 **US Open Tennis**
3.30 PM **LIVE US Open Tennis** Coverage of day three of the Grand Slam at the USTA Billie Jean King National Tennis Center, where the first round is scheduled to continue. The 2024 men's singles champion Jannik Sinner got his tournament under way at this stage 12 months ago, and was in imperious form as he beat Vít Kopriva 6-1 6-1 6-2.
12.00 M'T **LIVE US Open Tennis** Further coverage of day three of the Grand Slam at the USTA Billie Jean King National Tennis Center. The 2023 women's singles champion and number three seed Coco Gauff delighted the home crowd as the American claimed a 6-4 6-7 7-5 win over Ajla Tomljanovic on day three last year.
4.30 AM **US Open Classic Matches**
5.00 **to 6.00** AM **ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **Premier League Review**
7.00 **Serie A** Highlights from Italy.
9.00 **WRC Review** Rally Paraguay.
10.00 **Supercars Championship Highlights** Ipswich Super 440.
12.00 NOON **Premier League Review**
1.00 PM **CPL Highlights**
1.30 **LIVE La Vuelta Men** Coverage of stage 10 of the Grand Tour race, a 184.7km hilly route from Alcaraz to Elche de la Sierra. Australia's Jay Vine won his second stage at this point last year as he finished clear of Spain's Pablo Castrillo and Javier Romo.
5.00 **The Gruppetto** Cycling news.
5.15 **Groundbreaking** Anfield.
5.30 **Premier League: Big Interview**
6.00 **Premier League Netbusters**
6.30 **Premier League Stories**
7.00 **Serie A** Highlights from Italy.
9.00 **Premier League Netbusters**
9.30 **Premier League: Big Interview**
10.00 **Premier League Stories**
10.30 **Premier League Review**
11.30 **MLB Highlights**
12.30 AM **LIVE MLB** **Chicago Cubs v Milwaukee Brewers.** The National League match. Start-time **12.40am**.
3.30 **to 6.00** AM **MLB Classic**

TNT Sports 2

411 414 522 409 431

6.00 AM **The Gruppetto**
6.15 **La Vuelta Men** Stage nine.
7.15 **Men's Cycling** Bretagne Classic.
8.15 **Fishing: On the Bank**
9.15 **MotoGP Films**
9.30 **MotoGP** Grand Prix of Aragon.
1.00 PM **MLB Highlights**
2.00 **LIVE European T20 Premier League** **Glasgow Cosmic v Rotterdam Dockers.** Coverage of the T20 match held at Voorburg Cricket Club in The Hague, Netherlands.
5.30 **CPL Highlights**
6.00 **Fishing: On the Bank**
7.00 **MLB Highlights**
8.00 **Premier League Reload**
8.15 **Groundbreaking** Anfield.
8.30 **CPL Highlights** Trinbago Knight Riders v Jamaica Kingsmen.
9.00 **British Superbikes Highlights**
10.00 **UCI Mountain Bike World Championship** In Val di Sole.
11.00 **CPL Highlights**
11.30 **LIVE CPL** **St Kitts & Nevis Patriots v Barbados Tridents.** Coverage of the T20 match from Warner Park Sporting Complex in Saint Kitts.
3.45 AM **Test Cricket Highlights**
5.45 **to 6.00** AM **PL Reload**

Sky Sports NFL

412 410 510 426 446

6.00 AM **Super Bowl LI Highlights**
8.00 **Super Bowl LV Highlights**
10.00 **NFL: America's Game**
11.00 **NFL Highlights** Action from Philadelphia Eagles v Washington Commanders in 2024/25.
12.00 NOON **The Proving Ground**
12.30 PM **NFL Bitesize Highlights**
1.00 **Good Morning Football**
3.00 **The Proving Ground**
3.30 **NFL Bitesize Highlights**
4.00 **NFL: America's Game**
5.00 **NFL Highlights** Philadelphia Eagles v Los Angeles Rams.
6.00 **NBC's Pro-Football Talk**
8.00 **The Proving Ground**
8.30 **NFL Bitesize Highlights** Houston Texans v Los Angeles Chargers from 2024/25. **8.45** Highlights from Baltimore Ravens v Pittsburgh Steelers.
9.00 **NFL Highlights** Action from Philadelphia Eagles v Washington Commanders in 2024/25.
10.00 **The Proving Ground**
10.30 **NFL Bitesize Highlights** Buffalo Bills v Denver Broncos. **10.45** Action from Philadelphia Eagles v Green Bay Packers.
11.00 **NFL Fantasy** Analysis.
12.00 M'T **The Insiders** NFL news.
1.00 **to 6.00** AM **NFL Highlights**

Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Deadline Day** Transfer news.
8.00 **World Matchplay Darts** Action from day one at Winter Gardens.
12.00 NOON **Deadline Day**
3.30 PM **LIVE US Open Tennis** Coverage of day three of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
7.35 **LIVE EFL** **West Ham United v Wolverhampton Wanderers.** Coverage of the Championship match staged at London Stadium, as the teams meet at this level for the first time since the 2004/05 season following their respective relegations from the top flight. Kick-off is at **7.45pm**.
9.45 **LIVE US Open Tennis** Further coverage of day three of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York. At this stage last year, British player Jacob Fearnley claimed an impressive 7-5 6-2 5-7 6-4 win over Roberto Bautista Agut.
4.30 AM **Deadline Day**
5.00 **to 6.00** AM **ATP Tennis**

Sky Sports Mix

416 412 511 429 449

6.00 AM **PL Greatest Games**
7.00 **Women's T20 World Cup**
8.00 **ATP Tennis** Madrid Open final.
9.00 **Ladies European Tour Golf**
10.00 **PGA Tour Golf** Zurich Classic.
11.00 **WTA Tennis** Rabat Open final.
12.00 NOON **My Icon** Sporting heroes.
12.30 PM **LIVE Women's One-Day International Cricket** **England v Ireland.** Coverage of the first ODI in the three-match series staged at Uptonsteel County Ground in Leicester.
8.30 **Bundesliga Highlights Show**
9.00 **Indycar** The Milwaukee Mile 250.
9.30 **Ginetta Juniors Highlights**
10.00 **Indycar** Recent highlights.
10.30 **British Kart Championships**
11.30 **Indycar** The Milwaukee Mile 250.
12.30 AM **My Icon** Sporting influences.
1.00 **Premier League Darts**
5.00 **My Icon** Johnny Nelson.
5.30 **to 6.00** AM **Darts Gold**

TNT Sports 3

413 415 523 410 432

6.00 AM **NWSL** Highlights.
8.00 **What I Wore** John Obi Mikel.
8.30 **LIV Golf** Action from Michigan.
10.00 **The Gruppetto** Cycling news.
10.15 **Snooker: Wuhan Open**
12.15 PM **La Vuelta Men** Stage nine.
1.15 **The Gruppetto** Cycling news.
1.30 **LIVE La Vuelta Men** Coverage of stage 10 of the Grand Tour race, a 184.7km hilly route from Alcaraz to Elche de la Sierra.
5.00 **British Superbikes**
6.30 **Supercars Championship Highlights** Ipswich Super 440.
8.30 **WRC Review** Rally Paraguay.
9.30 **Playing for Our Future**
9.45 **The Gruppetto** Cycling news.
10.00 **La Vuelta Men** Highlights from stage 10 of the Grand Tour race.
11.00 **Fishing: On the Bank**
12.00 M'T **NWSL** Highlights.
2.00 AM **La Vuelta Men**
3.00 **Formula E: Driver**
4.00 **Formula E Flashback**
4.30 **to 6.00** AM **LIV Golf**

TNT Sports 4

414 416 524 411 434

6.00 AM **Test Cricket Highlights**
10.00 **TNT Sports Cricket Reload**
10.30 **British Superbikes**
12.00 NOON **AFL** Replays of two Australian Football League games.
3.00 PM **NWSL** Highlights from Gotham FC v Portland Thorns. **4.00** Washington Spirit v Bay FC.
5.00 **MLB Highlights**
6.00 **UEFA Road to the Finals** A look back at Aston Villa's remarkable run to the Europa League final.
7.00 **Premier League Review** A look back at the best action from matchday two of the top flight, including Liverpool v Nottingham Forest, Aston Villa v Arsenal and Crystal Palace v Manchester City.
8.00 **Snooker Wuhan Open** The final at the Optics Valley Gymnasium.
10.00 **LIV Golf** Action from the fourth and final round at LIV Team Championship Michigan.
11.30 **AFL** Two match replays.
2.30 **to 6.00** AM **MotoGP**

Premier Sports 1

419 APP 528

6.00 AM **Sporting Countdowns**
7.00 **LaLiga** Barcelona v Rayo Vallecano.
9.00 **Scottish Football Social Club**
10.00 **LaLiga Match Highlights**
11.30 **NASCAR Highlights**
12.30 PM **Michelin Le Mans Cup**
1.00 **LaLiga** Two match replays.
4.55 **LIVE Coppa Italia** **Parma v Cremonese.** The second-round match from Stadio Ennio Tardini. Kick-off **5.00pm**.
7.15 **LaLiga Match Highlights**
7.55 **LIVE Coppa Italia** **Torino v Monza.** The second-round match at Stadio Olimpico Grande Torino. Kick-off **8.00pm**.
10.15 **LaLiga Match Highlights**
10.30 **Football's Greatest**
11.00 **Scottish Football Social Club**
12.00 M'T **LaLiga Match Highlights**
12.30 AM **Swedish Speedway**
2.30 **Bike World** Motorcycling news.
3.00 **LaLiga** Alaves v Villarreal.
5.00 **to 6.00** AM **Sporting Countdowns**

Premier Sports 2

420 APP 529

6.00 AM **United Rugby Championship** Glasgow Warriors v Bulls in the first semi-final.
8.00 **Temples of Sport**
9.00 **NHL Ice Hockey** A chance to see Carolina Hurricanes v Vegas Golden Knights in games one and two of the Stanley Cup finals.
1.45 PM **Africa Eco Race**
2.00 **Football's Greatest**
2.30 **Brasileiro Serie A** A chance to see Corinthians v Santos.
4.25 **Temples of Sport**
5.25 **Bike World** Magazine.
5.55 **LIVE Swedish Speedway** Coverage of an Elitserien meeting.
8.00 **Football's Greatest**
8.30 **Brasileiro Serie A**
10.30 **Top 14 Rugby Union** A replay of Toulouse v Montpellier in the final.
12.30 AM **Top 14 Rugby Union Highlights** Season preview.
1.00 **NASCAR O'Reilly Series**
4.00 **Bike World** Motorcycling news.
4.30 **to 6.00** AM **Temples of Sport**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
12.00 NOON **Formula 1** The Italian Grand Prix from 2014 to 2019.
6.00 PM **British Kart Championships**
7.00 **Ginetta Juniors Highlights**
8.00 **British GT Championship** The first race at Snetterton Circuit.
9.00 **Indycar** The Milwaukee Mile 250.
11.00 **Formula 1** Dutch Grand Prix.
1.00 AM **F1 Explained**
2.00 **The Best of F1**
5.00 **to 6.00** AM **F1 Explained**

Wednesday

2 September

Planner

Stolen Babies

DOCUMENTARY BBC2, 9pm

This powerful documentary reflects on Britain's adoption scandal, when thousands of mothers in the 50s, 60s and 70s were forced to give up their babies, just because they were unmarried.

The Runner

THRILLER Prime Video

When a London lawyer (Gal Gadot) receives a call during her morning jog to tell her that her son has been kidnapped, she has to keep running and follow the instructions of the unknown caller on pain of death. Also stars Damien Lewis.

Star Wars: The Mandalorian and Grogu

SCI-FI Disney+

Set after the events of season three of *The Mandalorian* (available on Disney+), this film follows Mando (Pedro Pascal) and Grogu as they set off on a mission to rescue the son and heir of Jabba the Hutt.

The Repair Shop: Beyond the Barn

FACTUAL BBC1, 8pm (times vary)

This companion programme revisits some of the team's more memorable restoration projects, including a home-made replica of *Doctor Who*'s K-9 robot.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Repair Shop: Beyond the Barn †		9.00 Celebrity MasterChef		10.00 News; Local News	
	102 BBC2	7.00 Celebrity Antiques Road Trip		8.00 Inside the Factory		9.00 Stolen Babies			10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Millionaire Hot...	8.00 Emmerdale	8.30 Coronation Street	9.00 Professor T		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Kirstie and Phil's Love It or List It		9.00 The Jury: 14 and on Trial for Murder		10.00 9/11: Days That Shocked the World	
	105 5	7.00 Cycling: Vuelta a España		8.00 Call the Bailiffs: Time to Pay Up		9.00 The Game		10.00 A&E: Crash Scene Emergency	
	106 SKY ONE	7.00 The Simpsons		8.00 Surviving Earth		9.00 Film: The Expendables 2			
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 Top Gear				10.00 Guy Montgomery's Guy...	
	116 BBC4	7.00 Fred Dibnah's...	7.30 Villages by the...	8.00 Rome: A History of the Eternal City		9.00 Rome's Invisible City		10.00 I, Claudius	
	118 ITV2	7.00 Celebrity Wheel of Fortune		8.00 The 1% Club		9.00 Romesh Ranganathan's Parents'....		10.00 Family Guy	
	136 MORE4	‹ 6.50 Car S.O.S.		7.55 Grand Designs		9.00 The Roman Empire by Train with Alice...		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Brooklyn...	8.00 Ladies of London: The New Reign		9.00 Ramsay's Kitchen Nightmares USA		10.00 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Fire Country		10.00 FBI: International	
	108 SKY ATLANTIC	‹ 6.45 The Last of Us				9.00 The Terror: Devil in Silver			
	110 U&GOLD		7.20 Dad's Army	8.00 The Vicar of Dibley			9.35 The Royle Family		10.10 Not Going Out
	111 U&DAVE	7.00 Mortimer & Whitehouse	7.40 Would I Lie to You?			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Midsomer Murders				10.00 Lewis	
	120 ITV4	7.00 Aussie Pickers		8.00 Cycling: Tour of Britain Highlights		9.00 Film: London Has Fallen			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Michael McIntyre's Big Show		10.00 8 Out of 10 Cats Uncut	
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 Resident Alien		10.00 Evil	
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 The Chelsea Detective				10.00 New Tricks	
	109 U&ALIBI	7.00 Private Eyes		8.00 Bookish					10.25 Return to Paradise
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Michael Flatley – Lord of the Dance: Dangerous Games			9.50 The Nineties		
	132 U&W	7.00 MasterChef Australia			8.15 Nigella: At My Table	8.50 Whitstable Pearl			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers World Tour		8.00 Wheeler Dealers				10.00 Mighty Truckers	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Dog Detectives		9.00 Alaska: The Last Frontier		10.00 Mountain Monsters	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Lost Treasures of Ancient Greece		9.00 Egypt's Sun King: Secrets and Treasures		10.00 Mysteries of Ancient Medicine	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Great British Castle Rescue		9.00 Curse of Skinwalker Ranch		10.00 We Are Not Alone	
	155 U&YESTERDAY	7.00 Seven Worlds, One Planet		8.00 Michael Palin: Travels of a Lifetime		9.00 Explore		10.00 Bangers & Cash	
	114 SKY DOCS	7.00 Ghislaine Maxwell: Epstein's Shadow						10.00 Groomed: The Truth Behind the Lie	

‹ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Rip Off Britain** New edition (S)
11.30 **Homes Under the Hammer** Properties in Cambridgeshire, Cumbria and London. (S)(R)(AD)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** New edition Expert Guy has a loo-roll-inspired idea for wooden golf clubs. (S)
2.45 **Escape to the Country** (S)(R)
3.45 **Garden Rescue** New edition Flo Headlam and Diarmuid Gavin help a mum and daughter in Powys. (S)
4.30 **The Answer Run** Quiz. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 EastEnders

7 PM

7.00 **The One Show** Alex Jones and JB Gill present the topical show. (S)
7.30 **EastEnders** Nicola has a change of heart, Ravi is determined to find out the truth, and a power cut threatens Linda's event. (S)(AD)

8 PM

8.00 NEW SERIES **The Repair Shop: Beyond the Barn** 1/8. The experts revisit people who have been reunited with cherished mementos, including the story of a well-worn cowboy hat with links to a famous rock star. (S)(AD)

9 PM

9.00 **Celebrity MasterChef** New edition 8/15. Sue Cleaver, Melvin Odoom, Una Healy, Lauren Steadman and Max Fosh are challenged to cook the ultimate takeaway for YouTube star Angry Ginge. (S)(AD)
■ Continues on Friday

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 NEW **Reading Festival Highlights** A taste of last weekend's festival, which saw chart stars including Charli XCX, Florence and the Machine, Fontaines DC and RAYE gather in Reading for three days of music. (S)
11.40 **The Hit List** 6/9. Marvin and Rochelle Humes present the music quiz, featuring colleagues Sharon and Stevie from Northern Ireland and Liverpool, best friends Kemi and Beckee from London, and father and daughter Martin and Ellie from Birmingham. (S)(R)
12.25 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.30 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Bargain Hunt** (S)(R)(AD)
7.15 **Money for Nothing** (S)(R)
8.00 **Sign Zone: Great Continental Railway Journeys** (S)(R)(AD)
9.00 **BBC News** (S)
11.15 **Politics Live** (S)
1.00 PM **Richard Osman's House of Games** Quiz show. (S)(R)
1.30 **The Edge** Game show. (S)(R)
2.15 **Weatherman Walking** (S)(R)
2.45 **Animal Park** (S)(R)(AD)
3.30 **Dogs in the Wild: Meet the Family** Documentary. (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** From Clitheroe, Lancashire. (S)(R)
5.15 **Flog It!** Paul Martin hosts from Ushaw in Co Durham. (S)(R)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great British Railway Journeys** From the Surrey countryside. (S)(R)

9.00 Stolen Babies

7.00 **Celebrity Antiques Road Trip** DJ duo Nihal Arthanayake and Dev Griffin travel around the south-east on the hunt for profitable antiques, joined by experts Catherine Southon and James Braxton. (S)(R)

8.00 **Inside the Factory** Paddy McGuinness visits a factory in Lincoln where he explores how they make 500 million packs of Quavers cheese curls every year out of the potato starch left over from the production of crisps. (S)(R)(AD)

9.00 NEW **Stolen Babies** Between 1949 and 1976, more than 250,000 unmarried mothers across the UK had their babies forcibly taken for adoption by the state, with the Government finally accepting responsibility for the historic actions and apologising to those affected in July. This documentary focuses on the stories of five women, revealing the structures that enabled this practice to take place across the country. *See feature, page 20.* (S)
10.30 **Newsnight** (S)
11.05 **Couples Therapy** New editions 6/9. Chris reflects on his experience of abandonment. (S) **11.30** 7/9. Nessa and Drea work to break a familiar cycle. (S)
12.05 AM **A House Through Time** 3/4. Calton Hill's residents confront bigamy and brutality. (S)(R)(AD)
1.05 **Sign Zone: Celebrity MasterChef** 6/15. With Tom Kerridge. (S)(R)(AD)
2.05 **Sign Zone: The Mother of All Cons** 3/3. Documentary. (S)(R)(AD)
3.05 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
1.30 PM **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** In Sheffield, David Dickinson discovers a famous name artist in the den, Tracy Thackray-Howitt smells a profit in an old perfume bottle, and David Ford cuts a deal on a tiny penknife. (S)(R)(AD)
3.00 **Deal or No Deal** Stephen Mulhern hosts as contestant Sophena tries to open the 22 red boxes in the right order. (S)(R)(AD)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Professor T

7.30 **Millionaire Hot Seat** New edition Jeremy Clarkson hosts the quiz where each edition sees six hopefuls play to win £1 million. However, only one player can take their place in the Hot Seat at a time. (S)
■ Continues tomorrow

8.00 **Emmerdale** An arrival shocks the villagers, while something is weighing on Gabby's mind. (S)(AD)
8.30 **Coronation Street** Idris confronts Ronnie about stealing his car, and Lauren takes Ollie to visit Betsy. (S)(AD)

9.00 **Professor T** New episode *The Inspection:* 3/6. A school inspector is murdered in his home and a number of items are stolen, which links the case to a spate of local burglaries. (S4) (S)(AD)
■ Entire series on ITVX

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **WhatsApp Obsession: The Murder of Stephanie Hansen** Documentary about a woman stabbed to death by her housemate, whose obsession prompted him to plant secret cameras in their home and bombard her with coercive WhatsApp messages. (S)(R)(AD)
11.40 **British Touring Car Championship Highlights** Action from Donington Park. (S)(R)
12.55 AM **Teleshopping**
3.00 **Force of Nature** (S)(SL)(R)(AD)
3.55 **Bradley & Barney Walsh: Breaking Dad** (S)(SL)(R)(AD)
4.15 **Unwind with ITV** (S)
5.35 **to 6.00** AM **Pictionary** (S)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 9-12/24. (S8) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** Rhode Island. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **The Great House Giveaway** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The Great B&B Challenge** The couples host a paddle-boarding trip and a visit to a goat farm. (S)(R)
5.00 **Chateau DIY** Anna and Edward face tight deadlines for their next wedding booking. (S)(R)(AD)
6.00 **A New Life in the Sun: Where Are They Now?** New edition In Italy, problematic paperwork attempts to scupper Summer and Ash's new B&B venture. (S)

8.00 Love It or List It

7.00 **News** (S)

8.00 **Kirstie and Phil's Love It or List It: Brilliant Builds** New edition Kirstie Allsopp and Phil Spencer look back at a couple divided over their dated Milton Keynes home and a garden in Hamilton that provided little privacy. (S)(AD)

9.00 **The Jury: 14 and on Trial for Murder** Series finale 2/2. Fourteen-year-old defendant Daniel describes growing up in an abusive household. But his evidence is contradicted by other witnesses. (S)(AD)

10.00 NEW SERIES **9/11: Days That Shocked the World** 1/2. Twenty-five years on from 9/11, rescue workers, survivors and witnesses describe how a regular morning turned into an unimaginable nightmare. (S)(AD)
11.00 **9/11: Days That Shocked the World** Series finale 2/2. Witnesses recall the collapse of the Twin Towers. (S)(AD)
12.00 M'T **Emergency Helicopter Medics** Documentary. (S)(R)(AD)
1.00 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
1.50 FILM **Minari** Romantic drama. (S)(SL) (2020, 12, 120min) ★★★★
3.50 **Sunday Brunch** (S)(R)
4.05 **Jamie: Eat Yourself Healthy** (S)(R)
5.00 **Couples Come Dine with Me** (R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.15 AM **Milkshake!**
9.05 **Entertainment News** (S)
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.30 PM **LIVE Snooker: British Open** Katie Shanahan hosts coverage of the afternoon session on day three from The Centaur in Cheltenham, featuring second-round matches. Analysis from Joe Perry, Ken Doherty and Stephen Hendry. (S)
5.30 **News** (S)
6.25 **Car Pound Cops** Surrey Police officers Sean Begley and John Bryan are using automatic number plate recognition on patrol, and pull over a Romanian driver whose vehicle may be falsely registered. (S)(R)
6.55 **News** (S)

8.00 Call the Bailiffs

7.00 **Cycling: Vuelta a España** Rebecca Charlton presents highlights of stage 11 of the Grand Tour race, featuring a flat 151.3km route from Cartagena to Lorca. (S)
7.55 **News** (S)

8.00 **Call the Bailiffs: Time to Pay Up** New edition Agents Mark and Sam pursue a company ordered by an employment tribunal to repay money unlawfully deducted from an ex-employee's wages. (S)(AD)

9.00 **The Game** New episode 2/4. Patrick intensifies his psychological assault on Huw and Margot when Jackie breaks into Margot's flat, scratches out pictures of Sam, and steals Margot's diary. (S2) (S)

10.00 **A&E: Crash Scene Emergency** Rich, a 17-year-old who crashed his mountain bike, needs emergency surgery at University Hospital Coventry to repair an open fracture of his skull (S)(R)

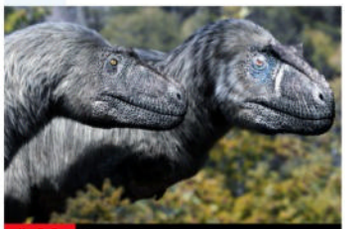
11.00 **Ambulance: Code Red** (S)(R)
12.00 M'T **A&E After Dark** (S)(R)
12.55 AM **Car Pound Cops** (S)(R)
1.25 **Entertainment News** (S)
1.30 **Teleshopping** (S)(R)
2.30 **GPs: Behind Closed Doors** Medical documentary. (S)(R)
3.20 **The Highland Vet** (S)(SL)(R)
4.15 **Yorkshire with Jane McDonald** (S)(SL)(R)
5.00 **to 5.15** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S7) (S)(R)
10.00 **La Brea** 7/10. (S1) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Africa's Hunters** (S)(R)
1.00 PM **Hawaii Five-0** (S8) (S)(R)
3.00 **S.W.A.T.** (S2) (S)(R)(AD)
5.00 **The Simpsons** *22 for 30:* Bart becomes a star basketball player at Springfield Elementary. (S)(R) **5.30** *Havana Wild Weekend:* The family take a trip to Cuba in search of cheap medical care for Grampa. (S)(R)
6.00 **Superstore** 3/11. Jonah is tasked with giving out flu shots in the pharmacy. (S)(R) **6.30** 4/11. Everyone becomes obsessed with a mannequin that looks like Jonah. (S1) (S)(R)



8.00 Surviving Earth

7.00 **The Simpsons** *A Father's Watch:* Grampa gives Bart a watch passed down by his own father. (S)(R) **7.30** *The Caper Chase:* Disappointed in Yale, Mr Burns decides to start his own for-profit university. (S)(R)

8.00 **Surviving Earth** New edition *When the Asteroid Fell:* 3/6. A look at the Cretaceous-Paleogene mass extinction and its aftermath, following dinosaurs fighting to survive a 30-year period of darkness. (S)

9.00 **FILM The Expendables 2** Action adventure sequel starring Sylvester Stallone, Jason Statham, Jean-Claude Van Damme, Bruce Willis and Arnold Schwarzenegger. A team of veteran mercenaries strive to stop a psychotic terrorist from getting his hands on six tons of weapons-grade plutonium (S) (2012, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.00 **Rob & Romesh vs Hollywood Stunts** Rob and Romesh throw themselves into the world of Hollywood stuntmen. (S)(R)(AD)
12.00 M'T **Grimm** 13/22. Three coins are found in a dead thief's stomach, and prove to have an unsettling effect on whoever possesses them. (S1) (S)(R)
1.00 AM **Evil** 13/13. (S1) (S)(R)
2.00 **The Force: North East** (S)(R)
3.00 **Hawaii Five-0** (S8) (S)(R)
4.00 **to 6.00** AM **S.W.A.T.** (S)(R)(AD)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
8.00-9.00pm River City: The Last Take (S)(R) **10.40** Sportscene: Premiership Highlights (S) **11.40** Scotcast (S)(R) **12.10am** NEW Reading Festival Highlights (S) **1.10** Weather for the Week Ahead (S) **1.15-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm The Big Deal with Steph McGovern New edition (S) **11.40** NEW Reading Festival Highlights (S) **12.40am** The Hit List (S)(R) **1.25-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
9.00-10.00pm NEW Ryan Jones: Unbreakable (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
9.00pm Celebrity MasterChef New edition (S) (AD) **10.00-10.30** Rewind: 60 Years of Welsh Pop (S) (R) **11.05pm-12.05am** NEW Stolen Babies (S) **12.35-1.05am** Coast (S)(R)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **11.00** Camau Bach **12.00noon** Newyddion a'r Tywydd **12.05pm** Codi Pac **12.30** Heno **1.00** Lowri Morgan: Her 333 **1.30** Garddio a Mwy **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Siwrna Scandi Chris **4.00** Awr Fawr **5.00** Stwnsh **6.00** Dan Do **6.30** Ralio+ **6.59** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** Cartrefi Cymru **8.55** Newyddion a'r Tywydd **9.00** Priodas Pum Mil **10.00-11.34pm** Y Deis

TV&Streaming week
More channels than any other TV magazine

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** The team look for white sharks around the South African coast. **7.30** Steve Backshall takes a boat ride up the Amazon.
8.00 **Top Gear** Jeremy, Richard and James set out to go motor racing for less than it costs to play golf.
9.00 **Top Gear** Jeremy builds a small car and pitches the concept in the Dragons' Den.
10.00 **Guy Montgomery's Guy Mont-Spelling Bee Australia** New edition 9/10. The panel Go Fishin' and team up for a high-stakes round of Shut Up and Spell.
10.50 **Guy Montgomery's Guy Mont-Spelling Bee Australia** Series finale 10/10. In the final, the panel travel to France and journey through time.
■ Entire series on BBC iPlayer
11.35 **RuPaul's Drag Race UK: Meet the Queens**
12.00 M'T **The Young Offenders**
3.05 AM **Zoners** Comedy short.
3.20 **to 4.00** AM **Scamanda**

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Fred Dibnah's Building of Britain** Norman engineering techniques.
7.30 **Villages by the Sea** Ben Robinson travels to Seaton Sluice in Northumberland.
8.00 **Rome: A History of the Eternal City** Rome's rise from the abandonment and neglect of the 14th century.
9.00 **Rome's Invisible City** Alexander Armstrong explores the city's underground treasures.
10.00 **I, Claudius** *A God in Colchester:* 11/12. As Claudius continues his conquest of Britain, Messalina runs wild with lust. **10.50** *Old King Log:* 12/12. The emperor is urged to re-marry and chooses the scheming Agrippinilla. (S1)
11.45 **The Australian Wars**
12.45 AM **Rome's Invisible City**
1.45 **Fred Dibnah's Building of Britain** As 7.00pm.
2.15 **Villages by the Sea**
2.45 **to 3.45** AM **Rome: A History of the Eternal City**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.00 **Four in a Bed**
12.40 PM **Come Dine with Me** Five editions of the series from the West Midlands.
3.20 **Four in a Bed** Five editions of the B&B challenge.
5.55 **Car S.O.S** Tim Shaw and Fuzz Townshend rescue the rusting wreck of a Talbot Sunbeam Lotus belonging to a former firefighter in Forfar.
6.50 **Car S.O.S** Tim and Fuzz travel to Kent to restore a 1991 VW T4 Campervan.
7.55 **Grand Designs** A couple of designers plan to convert a Victorian dairy in south-east London into a family home, while retaining as much of the decay and crumbling brickwork as possible.
9.00 **The Roman Empire by Train with Alice Roberts** 5/6. Alice arrives in Nimes after crossing the Alps by train. The image of a crocodile is everywhere, commemorating Emperor Augustus's victory over Mark Antony and Cleopatra.
10.00 **24 Hours in A&E** Patients include an 84-year-old man who has fallen down the stairs at home.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line** Documentary series.
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **The Perfect Pitch**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** From Kent.
8.00 **Ramsay's Kitchen Nightmares USA**
10.00 **America's Funniest Home Videos** New edition
11.00 **America's Funniest Home Videos** DIY disasters.
12.00 NOON **The Simpsons**
2.00 PM **The Goldbergs**
3.00 **Modern Family**
5.00 **The Simpsons**
7.00 **Hollyoaks** Lucas has some explaining to do.
7.30 **Brooklyn Nine-Nine** 3/22. Jake struggles to solve any of his numerous cases. (S1)
8.00 **Ladies of London: The New Reign** New edition The ladies head to a lavish retreat at Longleat House.
9.00 **Ramsay's Kitchen Nightmares USA** New edition An owner's behaviour causes problems.
10.00 **Gogglebox** Opinions on *Planet Earth* and *Banged Up: Stars Behind Bars.*
11.00 **First Dates Valentine's**
12.05 AM **Naked Attraction**
1.10 **Gogglebox**
2.10 **Ladies of London**
3.00 **Ramsay's Kitchen Nightmares USA**
3.55 **The Simpsons**
4.20 **The Goldbergs**
5.10 **Brooklyn Nine-Nine**
5.35 **to 6.00** AM **Modern Family**

+1 hr 235/236 306 30 123 256

Wednesday primetime primetime

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Patrol**
8.00 **UK Border Force**
9.00 **The Force: Manchester**
10.00 **Caught on Dashcam**
11.00 **Police 24/7**
12.00 NOON **FBI** 13&14/22. (S4)
2.00 PM **The Rookie** 6/10. After fostering, Bailey asks John to reconsider their decision to not have a baby. (S6)
3.00 **Blue Bloods** 2/21. Frank reveals he will not be endorsing Erin's run for DA. (S13)
4.00 **Nothing to Declare**

9.00 Fire Country

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **Fire Country** New episode *On the Carpet:* 10/20. A massive wildfire pushes Station 49 to its limits. (S4)

10 PM
10.00 **FBI: International** *Wheelman:* 9/22. The Fly Team try to stop a major art heist in Belgium. (S2)
11.00 **The Rookie** 2/10. (S6)
12.00 M'T **FBI** 11&12/22. (S4)
2.00 AM **CIA** New episode 7/12. Crime drama. (S1)
3.00 **The Rookie** 8/10. (S6)
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Border Security: Canada's Front Line**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town**
8.00 **Billions** 9&10/12. (S7)
10.15 **The Last of Us** 7&8/9. (S1)
12.30 PM **Homicide: Life on the Street** 8&9/23. (S6)
2.20 **Billions** 9&10/12. (S7)
4.30 **The White Lotus** 1/8. New guests start to arrive at the Thailand resort. **5.35** 2/8. Chelsea bonds with Chloe, and Timothy gets some bad news. (S3)
6.45 **The Last of Us** 5/9. Joel and Ellie encounter the most wanted man in Kansas City. (S1)

5.35 The White Lotus

7.50 **The Last of Us** *Kin:* 6/9. After ignoring the advice of locals, Joel and Ellie descend deeper into dangerous territory in search of the Fireflies – and Tommy. (S1)

9.00 **The Terror: Devil in Silver** *New York in June:* 3/6. Chaos ensues when the staff take the patients for pizza.

10.00 **The Terror: Devil in Silver** *A Number in the System:* 4/6. Coffee discovers what lies beyond the silver door. (S3)
11.00 **Task** 2/7. Tom prepares for his court appearance. (S1)
12.10 AM **The Five-Star Weekend**
2.00 **Fightland** New episode 4/8. London's gangland is pushed to the brink of war. (S1)
3.05 **Gomorrah: The Origins** (S1)
4.10 **to 6.00** AM **The Guest Wing**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.30 **Real Housewives of Potomac**
8.20 **Real Housewives of Beverly...**
9.15 **The Only Way Is Essex**
10.15 **Dawson's Creek** 9/22. (S2)
11.15 **Charmed** 22/22. (S1)
12.10 PM **Deal or No Deal**
1.10 **Supermarket Sweep**
2.10 **Wheel of Fortune**
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Potomac**
5.00 **Real Housewives of Beverly Hills** Reality series.
6.00 **Celebrity Catchphrase**

7.00 Celebrity Wheel of Fortune

7.00 **Celebrity Wheel of Fortune** AJ Odudu, Gok Wan and Charlotte Church try to win big for their chosen charities.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **Romesh Ranganathan's Parents' Evening** Alex Brooker, Jeff Brazier and Sophie Ellis-Bextor take part in the game show.

10.00 **Family Guy** 9/16. Peter befriends OJ Simpson and brings him home. **10.35** 10/16. Lois gets a job at Fox News. (S7)
11.05 **Family Guy** 8/12. Peter is a hero when he puts out a fire at a fast-food restaurant. (S6)
11.35 **American Dad!** (S6&12)
12.35 AM **Bob's Burgers** (S14)
1.30 **G'wed** 1/5. (S2)
2.00 **Transaction** 4/6. (S1)
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Agatha Christie's Poirot**
11.30 **Heartbeat** Double bill.
1.35 PM **Midsomer Murders** *Destroying Angel:* The severed hand of a missing hotel manager is found by a dog.
3.35 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Mountains and Molehills:* Bellamy chases joyriders tearing through the town, but runs down a boy.

8.00 Midsomer Murders

6.55 **Heartbeat** *The Dear Departed:* Vernon and David uncover a shocking case of fraud.

8.00 **Midsomer Murders** *The Ghost of Causton Abbey:* A disused abbey that is believed to be cursed is about to be turned into a pub – but someone is found murdered in a similar manner to a famous historical execution.

10.00 **Lewis** *What Lies Tangled:* A parcel bomb claims the life of a mathematician, and as Lewis and Hathaway investigate, suspicion falls on the victim's spurned wife.
11.50 **Agatha Christie's Poirot** *Death in the Clouds:* A passenger is murdered on Poirot's flight from Paris.
2.00 AM **George and Mildred**
2.25 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
8.00 **Robin of Sherwood**
9.05 **Boon**
10.15 **LIVE Cycling: Tour of Britain** Coverage of the opening stage, a 182.5km circular route that starts and ends in Lincoln.
4.00 PM **The Best of the 80s**
4.15 **River Monsters**
4.45 **The Professionals**
5.55 **Minder** *Rocky Eight and a Half:* Arthur persuades Terry to make a comeback in the boxing ring to fight the same opponent he faced prior to losing his licence.

5.55 Minder

7.00 **Aussie Pickers** Lucas Callaghan and Adam McDonald visit a huge collection of military items and vehicles.

8.00 **Cycling: Tour of Britain Highlights** Action from stage one, a 182.5km circular route that started and ended in Lincoln.

9.00 **FILM London Has Fallen** Action thriller starring Gerard Butler. The US president and the head of his Secret Service must foil a terrorist attack on the city of London. With Morgan Freeman. (2016, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.05 **River Monsters** A dangerous quest to track down the Nile perch in Africa's Rift Valley.
11.35 **English Football League Highlights** Action from the midweek games in the EFL.
1.00 **to 3.00** AM **Wrestling: AEW Collision**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Home of the Year** Properties in the north-east and the Northern Isles.
8.00 **Island Crossings** The MV *Hebridean Isles* goes in for repairs.
9.00 **Disclosure: Welcome to Glasgow** Myles Bonnar investigates claims that parts of Scotland's biggest city have become no-go zones.
10.00 **Icons of Football** A profile of former Rangers and Scotland star Davie Cooper.
10.30 **Scot Squad** 6/6. The police must deal with an expensive drop of whisky. (S4)
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **The Trials That Shocked Scotland** Revisiting the trial of Angus Sinclair.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S4)
9.00 **Sort Of** 7&8/8. (S2)
10.00 **Avenue 5** 6&7/8. (S2)
11.20 **Will & Grace** (S8)
12.20 PM **Upright** (S2)
1.40 **Avenue 5** 6&7/8. (S2)
3.00 **Will & Grace** (S8)
4.00 **Hitmen: Reloaded** (S2)
5.00 **Community** (S3)
6.00 **Will & Grace** (S9)
7.00 **The Office (US)** (S6)
8.00 **Animal Control** 2/9. Shred is on the rebound, but Frank doesn't share his newfound enthusiasm for dating.. **8.30** 3/9. Frank uncovers an illegal animal smuggling ring. (S2)
9.00 **Micky Flanagan: An' Another Fing Live** A stand-up show from London's O2 Arena.
10.45 **The Paper** 5&6/10. (S1)
11.50 **Animal Control** (S2)
12.50 AM **Community** (S3)
1.50 **The Reluctant Landlord**
2.50 **Avenue 5** 4&5/8. (S2)
4.00 **to 8.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Mozart's Women**
7.30 **The Joy of Painting**
8.00 **Artist of the Year**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Classic Albums**
1.00 PM **Tales of the...**
2.00 **Alfred Hitchcock Hour**
3.00 **Stories from the...**
4.00 **Discovering**
5.00 **Portrait Artist 2024**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Michael Flatley: Lord of the Dance**
9.50 **The Nineties**
10.50 **Art's Wildest Movement**
11.50 **Mary Cassatt: Painting the Modern Woman**
1.00 AM **Klimt and The Kiss**
2.15 **Inside Art**
2.45 **Art Traffickers**
3.45 **National Treasures**
5.00 **to 6.00** AM **Stories from the National Portrait Gallery**

Sky Mix

151 158 156 11 141 23

7.00 AM **Border Security: America's Front Line**
8.00 **Border Patrol**
9.00 **Nothing to Declare**
11.00 **Border Security: America's Front Line**
12.00 NOON **Caught on Dashcam** Road disasters.
1.00 PM **Police 24/7**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 17/26. (S6)
5.00 **Stargate SG-1** (S9)
6.00 **Star Trek: Voyager** (S1)
7.00 **Star Trek: The Next Generation** *Cause and Effect:* 18/26. The crew become trapped. (S5)
8.00 **Hawaii Five-0** (S1)
9.00 **FBI: Most Wanted** (S3)
10.00 **The Rookie** 19/22. (S4)
11.00 **Grimm** 18/22. (S1)
12.00 M'T **Wynonna Earp** (S1)
1.00 AM **Police 24/7**
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A father and his four sons take part.
3.00 **The Chase Around the World** The teams arrive in Barcelona where they face an epic quiz around the city.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as another contestant tries to open the 22 red boxes in the right order.
6.00 **Lingo** Triple bill of the word-based quiz show.
9.00 **The Chase Around the World** The teams land in Lisbon to take on the Dark Destroyer and the Sinnerman.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **Riddiculous** Quiz show.
2.40 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun: Where Are They Now?** From Spain.
10.00 **Find It, Fix It, Flog It**
11.00 **Great B&B Challenge**
12.00 NOON **A Place in the Sun** Triple bill of editions.
3.00 PM **Come Dine with Me**
5.30 **A Place in the Sun** A couple search for a property in the countryside of Valencia. **6.00** A home in Nerja.
7.00 **Renovation Rescue** In West Yorkshire, a couple try to finish their eight-year renovation.
8.00 **Gogglebox** Double bill.
10.00 **24 Hours in Police Custody: The Ambush** The case of a teenager left critically injured.
11.15 **Love Cheats**
12.15 AM **The Jury: 14 and on Trial for Murder**
2.20 **Gogglebox**
3.25 **Our Farm Next Door: Amanda, Clive and Kids**
4.20 **to 4.50** AM **A Place in the Sun**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S4)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S5)
2.00 **Primeval** 2&3/7. (S2)
4.00 **Stargate SG-1** 20/20. (S8)
5.00 **Star Trek: Voyager** 10/26. Part two of two. The Doctor reconsiders his decision to betray the ship. (S7)
6.00 **Star Trek: Enterprise** 9/22. Part three of three. Archer tries to take the Kir'Shara to the Vulcan capital. (S4)

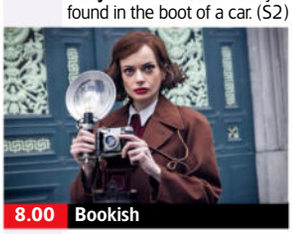
6.00 Star Trek: Enterprise

7.00 **Stargate Atlantis** *The Ghost in the Machine:* 5/20. The city is threatened by a series of power failures. (S5)
8.00 **Stargate SG-1** *Moebius – Part Two:* 20/20. The alternative SG-1 team try to undo past events. (S8)
9.00 **Resident Alien** *141 Seconds:* 3/8. Harry tags along on Ben, Kate and Max's family trip to Yellowstone. (S3)
10.00 **Evil** *177 Minutes:* 2/13. Kristen, David and Ben investigate a supposed miracle when a teenage girl comes back to life. (S1)
11.00 **The Walking Dead** 14/16. Rick and Morgan find themselves in the company of strangers. (S8)
12.00 M'T **Resident Alien** 2/8. D'arcy inserts herself into Harry's mission. (S3)
1.00 AM **Primeval** 2&3/7. (S2)
3.00 **The Walking Dead** (S8)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S9)
9.00 **Shakespeare & Hathaway: Private Investigators** (S4)
10.00 **The Mentalist** 11/22. (S6)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Body of Proof** (S2)
1.00 PM **Return to Paradise** (S1)
2.00 **Murdoch Mysteries** (S9)
4.00 **The Mentalist** 11/22. (S6)
5.00 **Hudson & Rex** 6/8. The murder of a podcaster leads the team into the murky world of conspiracy theorists. (S8)
6.00 **Body of Proof** 15/20. A body is found in the boot of a car. (S2)


8.00 Bookish

7.00 **Private Eyes** *Tex Therapy:* 10/12. Matt and Angie help to uncover the identity of an injured man with no memory. (S3)
8.00 **Bookish** New episode *Dead Man's Whistle – Part One:* 3/6. A body is found in unusual circumstances in a tailor's shop. (S2)
9.10 **Bookish** New episode *Dead Man's Whistle – Part Two:* 4/6. Book and the team decipher the handiwork of a tailor. (S2)
10.25 **Return to Paradise** *Oh Mine Papa:* 6/6. A local man is found dead in his warehouse, and all signs point to suicide. (S1)
11.30 **Private Eyes** As 7.00pm.
12.30 AM **Shakespeare & Hathaway: Private Investigators** 7/10. Frank and Lu investigate the death of an actor. (S4)
1.30 **Hudson & Rex** As 5.00pm.
2.20 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.20 AM **Highlights**
9.10 **The Green Green Grass**
9.50 **Are You Being Served?**
10.30 **Last of the Summer Wine**
11.50 **Ever Decreasing Circles**
12.25 PM **Porridge**
1.05 **The Vicar of Dibley**
1.55 **Dad's Army**
2.35 **The Green Green Grass**
3.15 **Are You Being Served?**
3.55 **Ever Decreasing Circles**
4.30 **Dad's Army**
5.10 **Last of the Summer Wine**
6.30 **The Vicar of Dibley**

10.10 Not Going Out

7.20 **Dad's Army** Captain Mainwaring sends his men on lengthy marches to harden their feet.
8.00 **The Vicar of Dibley** The *Songs of Praise* crew visit Dibley. Guest stars Peter Capaldi. **8.40** Alice returns from honeymoon with an unexpected souvenir.
9.35 **The Royle Family** Jim and Twiggy strip the dining room wallpaper.
10.10 **Not Going Out** Lucy aspires to be friends with her posh new neighbours.
10.50 **The Vicar of Dibley** As shown at 8.00pm.
11.25 **The Vicar of Dibley**
12.20 AM **The Royle Family**
12.55 **Not Going Out** As 10.10pm.
1.35 **Don't Wait Up** Toby believes he is moving in with Tom.
2.25 **The Outlaws** The group discover a bag of cash.
3.25 **to 4.00** AM **The Royle Family**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.25 AM **Top Gear**
8.20 **Border Force: America's Gatekeepers** Double bill.
10.20 **Rick Stein's Road to Mexico**
11.20 **Yukon Gold** Documentary.
12.20 PM **Top Gear** Double bill.
2.20 **Mortimer & Whitehouse: Gone Fishing** As 7.00pm.
3.00 **Speed with Guy Martin**
4.00 **Hairy Bikers' Best of British**
5.00 **Rick Stein's Road to Mexico** Rick's travels take him through Mexico City and Puebla. **6.00** A visit to Oaxaca, home to Mexico's national cheese.

9.00 QI XL

7.00 **Mortimer & Whitehouse: Gone Fishing** Fishing for perch on the Thames.
7.40 **Would I Lie to You?** With Mark Bonnar, Sheila Hancock, Stephen Mangan and Anita Rani. **8.20** With James Acaster, Gabby Logan, Melvin Odoom and Fay Ripley.
9.00 **QI XL** Lucy Beaumont, Jason Manford and Rhod Gilbert join regular panellist Alan Davies and host Sandi Toksvig.
10.00 **Have I Got a Bit More News for You** Lorraine Kelly hosts the current affairs quiz, with Maisie Adam and Matt Chorley.
11.00 **Taskmaster**
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **QI XL** With Aisling Bea.
3.00 **Richard Osman's House of Games** With Chloe Petts.
3.30 **to 4.00** AM **Parks and Recreation**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.25 AM **The Bill**
8.20 **Doctors**
9.40 **Classic Holby City**
11.00 **Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Classic Neighbours**
3.20 **Sister Boniface Mysteries**
4.20 **Kingdom**
5.20 **As Time Goes By**
6.00 **Last of the Summer Wine** Compo pulls a piece of antique silver from the canal. **6.40** An afternoon in Wesley's car causes problems.

8.00 The Chelsea Detective

7.20 **Last of the Summer Wine** Clegg and Seymour pay a visit to Smiler in hospital following his hernia operation.
8.00 **The Chelsea Detective** *Myths and Legends – Part One:* 3/6. An antiques dealer is found dead.
9.00 **The Chelsea Detective** *Myths and Legends – Part Two:* 4/6. Max and Layla think they have found their culprit. (S3)
10.00 **New Tricks** *Only the Brave:* The murder of a notorious biker-gang leader is reinvestigated. With Emily Glenister.
11.00 **Copper** 3/10. (S1)
12.00 M'T **Lovejoy**
1.00 AM **Sister Boniface Mysteries** 2/10. (S1)
2.00 **At Home with the Braithwaites** 2/6. (S1)
3.00 **to 4.00** AM **The Chelsea Detective**

+1 hour 243 316 60 260

Wednesday

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS: Los Angeles** (S6)
10.00 **NCIS** 7&8/24. (S3)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Bloodbath:* 21/24. Abby becomes the target of an assassination. **7.00** *Jeopardy:* 22/24. A suspect dies while being restrained by Ziva. **8.00** *Hiatus – Part One:* 23/24. Gibbs is injured in an explosion. (S3)
9.00 **Prodigal Son** *The Trip:* 5/20. Malcolm searches his mind to unravel the girl in the box mystery. **10.00** *All Souls and Sadists:* 6/20. Malcolm focuses on the repressed memories. (S1)
11.00 **Law & Order: Special Victims Unit** *Assumptions:* 23/24. A Muslim woman gets assaulted. (S20)
12.00 M'T **to 3.50** AM **Law & Order: Special Victims Unit**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** A patient's troubling bowel changes.
8.00 **Casualty 24/7: Every Second Counts** Sister Vicky battles a doctor shortage and a high influx of walk-in patients.
9.00 **FILM** **The Da Vinci Code** Conspiracy thriller starring Tom Hanks, Audrey Tautou and Ian McKellen. (2006, 12, 149min) ★★★
12.00 M'T **Britain's Worst Weather Disasters**
1.30 AM **Murdered at First Sight** Breck Bednar.
2.25 **to 4.00** AM **Police Interceptors**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Winter Road Rescue** Documentary.
9.35 **Police Interceptors**
10.35 **Gunsmoke** (S13)
11.45 **FILM** **Little Big Man** Offbeat western. (1970, 15, 133min) ★★★★
2.25 PM **FILM** **Fort Utah** Western adventure. (1967, U, 84min) ★★
4.05 **Highway Thru Hell**
5.05 **Trucking Hell**
5.20 **Motorway Cops: Catching Britain's Speeders** Documentary.
6.25 **The Best of World's Strongest Man**
6.45 **LIVE** **Snooker: British Open** The evening session on day three from The Centaur in Cheltenham, featuring second-round matches.
11.00 **The X-Files** 12/22. (S6)
12.00 M'T **Behind Bars: World's Toughest Prisons** Zenica prison.
1.00 AM **Outback Truckers**
2.00 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.15 AM **Property Brothers: Forever Homes**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
11.00 **DIY SOS: Veteran Street**
12.00 NOON **DIY SOS: The Big Build** From Bristol.
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
5.00 **DIY SOS: The Big Build**
6.00 **DIY SOS: Veteran Street**
7.00 **MasterChef Australia** New edition The hopefuls put their French techniques to the test.
8.15 **Nigella: At My Table** Including beef and aubergine fatteh.
8.50 **Whitstable Pearl** 1&2/6. Crime drama with Kerry Godliman. (S1)
11.00 **Serial Killer with Piers Morgan** Double bill.
1.00 AM **My Family**
1.40 **to 3.00** AM **Sort Your Life Out with Stacey Solomon**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **The Architecture the Railways Built**
8.00 **Bangers & Cash: Restoring Classics**
10.00 **Rise of the Nazis**
11.00 **The World at War**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **Rise of the Nazis**
5.00 **The World at War**
6.00 **Antiques Roadshow**
7.00 **Seven Worlds, One Planet** A look at the wildlife of Europe.
8.00 **Michael Palin: Travels of a Lifetime** Michael revisits his travel series, *Himalaya*.
9.00 **Explore** The ancient Rift Valley of eastern Africa.
10.00 **Bangers & Cash**
12.00 M'T **Bangers & Cash: Restoring Classics**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **The Architecture the Railways Built**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Norfolk.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Salvage Hunters**
5.00 **Long Lost Family**
6.00 **The Repair Shop**
7.00 **The Yorkshire Auction House** Angus helps a widower sell nautical treasures, including a diving helmet.
8.00 **Antiques Road Trip**
9.00 **Long Lost Family: Born Without Trace**
10.00 **Who Do You Think You Are?** With actor and deaf rights campaigner Rose Ayling-Ellis.
11.00 **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

WEDNESDAY Entertainment

Great! TV

157 167 170 34 32

8.00 AM **The Waltons** (S8)
9.00 **Bramwell** 3/10. (S3)
10.00 **The Irish RM** 6/6. (S3)
11.00 **Little House on the Prairie** 6&7/24. (S4)
1.00 PM **The Waltons** (S8)
4.00 **Little House on the Prairie** 6&7/24. (S4)
6.00 **The Irish RM** 6/6. (S3)
7.00 **M*A*S*H** 1/25. Part one of two. BJ Hunnicutt joins the 4077th. **7.30** 2/25. Part two of two. Frank takes charge of the 4077th. **8.00** 3/25. Frank finds himself being demoted. **8.30** 4/25. Frank tries to recover love letters. (S4)
9.00 FILM **M*A*S*H** Comedy with Donald Sutherland and Elliott Gould. (1970, 15, 116min) ★★★★
11.30 **M*A*S*H** 1-4/25. (S4)
1.30 AM **Rising Damp** (S2)
2.05 **Air Rescue** Double bill.
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.10 AM **Railway Murders**
10.20 FILM **Force 10 from Navarone** Adventure. (1978, 12, 118min) ★★
12.50 PM **The Unit** (S2)
1.50 **Burn Notice** (S5)
3.50 FILM **Battle for the Skies** Drama starring Nicholas Van Der Bijl. (2013, 15, 98min) ★★
6.00 **The Unit** (S2)
7.00 **Burn Notice** (S5)
9.00 FILM **Attack Force** Action thriller starring Steven Seagal. A military commander uncovers a conspiracy to turn ordinary people into psychotic maniacs. (2006, 15, 90min) ★
11.00 **The Avengers** (S6)
12.00 M'T **The Baron** (S1)
1.00 AM **The Persuaders!**
2.00 FILM **Collision Course** Thriller with Tia Carrere. (2012, PG, 90min) ★★
3.40 **Coast Guard Alaska**
4.35 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM FILM **Mystery 101: Playing Dead** Drama. (2019, PG, 90min) ★★
10.05 FILM **Mystery 101: Killer Timing** Thriller. (2021, U, 89min) ★★
12.00 NOON **Unforgettable**
1.00 PM **In Plain Sight** (S1)
2.00 **Castle** 14/24. (S5)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **Castle** 15/24. (S5)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** (S1)
10.00 FILM **Garage Sale Mysteries: Guilty Until Proven Innocent** Thriller. (2016, PG, 85min) ★★
11.55 FILM **Garage Sale Mysteries: The Art of Murder** Crime drama. (2017, PG, 95min) ★★
1.50 AM FILM **A Stranger with My Kids** Thriller. (2017, PG, 85min) ★★
3.25 **to 5.00** AM FILM **A Deadly Lullaby** Thriller. (2020, 12) ★

+1 hour 321

Great! Christmas

322 319 424 52 47

8.15 AM FILM **Double Christmas** (2019) ★★
10.15 FILM **A Majestic Christmas** (2018) ★★
12.05 PM FILM **A Christmas Village** (2018, U) ★★
2.00 FILM **Grounded for Christmas** Drama. (2019, PG, 86min) ★★
3.55 FILM **Swept Up By Christmas** Romance. (2020, U, 84min) ★★
5.45 FILM **Christmas Joy** Romantic drama. (2018, U, 90min) ★★
7.45 FILM **The Christmas Pageant** Comedy. (2011, U, 87min) ★★★
9.40 FILM **The Christmas Ball** Festive drama. (2020, PG, 90min) ★★
11.40 FILM **Christmas Bells Are Ringing** Drama. (2018, PG, 90min) ★★
1.35 AM FILM **Christmas at Plumhill Manor** (2024)
3.20 **to 5.00** AM FILM **Grounded for Christmas**

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
12.00 NOON **Love Your Garden**
1.00 PM **Our Dream Farm with Matt Baker**
2.00 **The Two Ronnies in Australia** Sketch show.
3.00 **Garden Rescue**
4.00 **Marcus Wareing's Tales from a Kitchen Garden**
4.45 **Edwardian Farm**
6.00 **Our Dream Farm with Matt Baker**
7.00 **Love Your Garden**
8.00 **Garden Rescue**
9.00 **New Home DIY** Creating space in a boxroom.
9.30 **Secret Diary of a Call Girl** 2/8. Belle considers ditching a client. (S1)
10.00 FILM **Sex Farm** Comedy. (1974, 15, 84min) ★★
12.00 M'T FILM **Adventures of a Private Eye** Comedy. (1977, 18, 92min) ★
2.00 AM **The Two Ronnies in Australia** Sketch show.
3.00 **My Floating Home**
4.00 **to 5.00** AM **Garden Rescue**

Rewind TV

182 81 164 141

6.00 AM **Highlights**
10.00 **Doctor in Charge**
10.30 **Only When I Laugh**
11.00 **The Gaffer** (S3)
11.30 **The Upper Hand** (S2)
12.00 NOON **UFO** 9/26. (S1)
1.00 PM **Two's Company**
1.30 **Agony** 5/7. (S3)
2.00 **Second Thoughts** (S5)
2.30 **The Gaffer** 2/7. (S3)
3.00 **Only When I Laugh**
3.30 **Randall and Hopkirk...**
4.30 **Old Country** (S2)
5.00 **Stereo Underground**
6.00 **Danger Man** (S1)
6.30 **The Upper Hand** (S2)
7.00 **Doctor in Charge** (S2)
7.30 **UFO** 9/26. (S1)
8.30 **Randall and Hopkirk (Deceased)** 24/26. (S1)
9.30 **The New Statesman**
10.00 FILM **The Ups and Downs of a Handyman** Comedy. (1975, 18) ★
11.50 FILM **Vampire Hookers** Comedy. (1978, 18) ★
1.25 AM **Stereo Underground**
2.25 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Building Off the Grid**
11.00 **Deadliest Catch**
12.00 NOON **Nazi UFO Conspiracy**
1.00 PM **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Aussie Gold Hunters**
9.00 **Building Off the Grid** A family leave Las Vegas and head to Utah to build a modern A-frame. **10.00** Two brothers and their girlfriends build a yurt that can survive harsh Maine winters.
11.00 **Expedition X** Jess and Phil dive into the mysteries of Niagara Falls.
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **James Martin's French Adventure**
7.00 **Hairy Bikers: Route 66**
8.00 **Delicious Miss Brown** New editions Double bill.
9.00 **Jamie's Meat-Free Meals**
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
12.30 PM **Mary Berry's Simple Comforts**
1.00 **James Martin's Spanish Adventure** Double bill.
3.00 **Hairy Bikers: Route 66**
4.00 **Jamie's Meat-Free Meals**
5.00 **The Pioneer Woman**
6.00 **James Martin's Spanish Adventure**
7.00 **Great British Bake Off**
8.30 **Mary Berry's Simple Comforts**
9.00 **Sophie Grigson: Slice of Italy** Double bill.
10.00 **Jamie's Air Fryer Meals**
11.00 **Diners, Drive-Ins and Dives** New editions
1.00 AM **Mystery Diners**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 23/25. (S2)
9.00 **Six Million Dollar Man**
10.00 **Babylon 5** 17/22. (S3)
11.00 FILM **Age of Ice** Disaster movie. (2014, 15, 85min) ★
12.45 PM FILM **The Fabulous Journey to the Centre of the Earth** Fantasy. (1978, PG, 87min) ★★
2.35 FILM **Moby Dick** Adventure. (1956, PG, 116min) ★★★★
5.00 **Star Trek** 30/30. (S1)
6.00 **The Dukes of Hazzard**
7.00 **Babylon 5** 18/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **Riot** Action thriller. (2015, 15, 87min) ★★
10.55 FILM **The Fighter** Boxing drama. (2010, 15, 116min) ★★★★
1.15 AM FILM **Lionheart** Action adventure. (1991, 108min) ★★
3.15 **to 5.00** AM FILM **Dog Eat Dog** Thriller. (2015, 18, 93min) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM FILM **Martian Land** Sci-fi action adventure. (2015, PG, 90min) ★
11.00 **Andromeda** 10/22. (S5)
12.00 NOON FILM **Zodiac: Signs of the Apocalypse** Sci-fi action thriller. (2014, PG, 90min) ★
2.00 PM FILM **Against a Crooked Sky** Western. (1976, PG, 85min) ★★
4.00 **Walker, Texas Ranger**
5.00 FILM **Miami Magma** Sci-fi disaster movie. (2011, 15, 97min) ★★
7.00 **Andromeda** 11/22. (S5)
8.00 **The A-Team** 2/23. (S4)
9.00 FILM **Nick of Time** Action thriller starring Johnny Depp. (1995, 15, 89min) ★★★
10.55 FILM **Who Dares Wins** Thriller starring Lewis Collin and Judy Davis. (1982, 18, 124min) ★
1.25 AM FILM **Nick of Time**
3.15 FILM **Miami Magma**
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** Memorable clips.
6.45 **Pawn Stars** Double bill.
7.30 **Storage Wars Canada**
8.25 **Storage Hunters**
9.20 **Dickinson's Real Deal**
1.05 PM **Pawn Stars**
2.05 **Storage Wars Canada**
3.05 **Ancient Aliens**
5.00 **Close Encounters**
6.00 **Junk & Disorderly**
7.00 **Dickinson's Real Deal**
9.00 **What on Earth?** The people of a thriving Midwestern town suddenly disappear. **10.00** Anomalies in the unexplored Amazonian jungle.
11.00 **Secrets in the Dark**
12.00 M'T **Mysteries from Above** In Mexico.
1.00 AM **Close Encounters**
2.00 **Killer Britain with Dermot Murnaghan**
3.00 **Junk & Disorderly**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
11.00 **Reuben Owen: Life in the Dales**
12.00 NOON **Ben Fogle: New Lives in the Wild**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.35 **Around the World by Train with Tony Robinson** South America.
5.00 **Cornwall: A Year by the Sea** A fisherman goes in search of lobster.
6.00 **Abandoned Engineering**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **Alice Roberts: Our Hospital Through Time** Professor Alice Roberts takes a look at St Bartholomew's Hospital.
10.00 **Keeping Faith** 2/6. Rose comes back into Faith's life for the first time in 25 years. (S3)
11.10 **Prisoner: Cell Block H**
1.10 AM **The Yorkshire Vet**
3.10 **to 4.00** AM **Abandoned Engineering**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase** Quiz.
9.00 **The Chase Celebrity Special** Quiz show.
10.00 **The Bidding Room**
11.00 **Celebrity Antiques Road Trip** With Sandi Toksvig.
12.15 PM **Lily Savage's Blankety Blank**
1.00 **Cash Trapped**
2.00 **Bridge of Lies** Quiz.
3.00 **The Chase** Quiz show.
4.00 **Celebrity Antiques Road Trip** With Bill Turnbull.
5.15 **All Star Family Fortunes**
6.00 **Cash Trapped**
7.00 **The Chase Celebrity Special** With Kay Burley, Tim Lovejoy, Eni Aluko and Richard Herring.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** Quiz show.
11.00 **Bullseye** Double bill.
12.00 M'T **Bridge of Lies**
1.00 AM **The Chase**
2.00 **The Chase Celebrity Special** Quiz show.
3.00 **The Chase** Quiz show.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **The Middle**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **The Middle**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the sitcom, including at: **8.30** 17/24. Leonard tries to secure a perfect wedding venue. (S11)
9.00 **Most Extreme Humans** New edition Claudio lives with a condition that bent his head backward.
10.00 **ER: Caught On Camera** New edition First-hand accounts and footage of medical emergencies.
11.00 **Dr Pimple Popper**
12.00 M'T **The Middle**
1.30 AM **Dr Pimple Popper**
2.30 **My 600lb Life**
4.30 **Say Yes to the Dress: UK** Reality series.
5.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **The Upper Hand**
9.00 **Everybody Loves Raymond** (S2)
11.00 **Sabrina the Teenage Witch** (S2&3)
1.00 PM **Friends** (S6&7)
7.00 **Friends** 3/24. Chandler plays racquetball with Monica's father. **7.30** 4/24. Rachel wrestles with a dilemma. **8.00** 5/24. Joey takes Tag out on the town. **8.30** 6/24. Monica struggles to choose a maid of honour. (S7)
9.00 **Michael McIntyre's Big Show** With George Ezra and Peter Crouch.
10.00 **8 Out of 10 Cats Uncut**
11.40 **Whose Line Is It Anyway? USA**
12.40 AM **South Park** (S12)
2.40 **Michael McIntyre: Hello Wembley!**
3.30 **Michael McIntyre's Big Show** As 9.00pm.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S2)
7.00 **Teleshopping**
9.00 **Whose Line Is It Anyway? USA**
10.00 **Spin City** 6&7/24. (S2)
11.00 **Friends** (S7)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers: Hits, Errors & Balls**
3.00 **Impractical Jokers Summer Vacation**
3.30 **Everybody Loves Raymond** (S2)
6.00 **The Upper Hand** (S4)
7.00 **Sabrina the Teenage Witch** (S2&3)
9.00 **Mr Bean** 13/14. The bungling buffoon has trouble sleeping. (S1)
9.30 **Mr Bean** 14/14. (S1)
10.00 **South Park**
1.00 AM **Mike Judge's Beavis and Butt-Head**
2.00 **Most Ridiculous**
3.00 **Spin City** 6&7/24. (S2)
3.45 **Impractical Jokers**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

56 42

8.00 AM **Highlights**
9.05 **You Rang, M'Lord?**
10.10 **Bread** 3/6. (S1)
10.50 **Steptoe and Son** (S5)
11.25 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S4)
12.35 **Man About the House**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 4/13. (S2)
2.45 **Minder** 4/8. (S6)
3.45 **Just Good Friends** (S1)
4.20 **Man About the House**
4.55 **Bread** 3/6. (S1)
5.30 **Birds of a Feather** (S10)
6.00 **That's 60s**
6.10 **Rising Damp** 5/6. (S4)
6.45 **Steptoe and Son** (S5)
7.20 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 13/13. (S3)
9.00 **Benidorm** (S2)
10.00 **Shameless** 15/16. (S7)
11.00 **Man About the House**
11.35 **Mind Your Language**
12.05 AM **Benidorm** (S2)
1.05 **Minder** 10/13. (S8)
2.05 **to 5.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Daria** 7/13. (S3)
6.25 **Teen Mom 2**
8.00 **Dallas Cowboys Cheerleaders**
9.00 **Catfish: The TV Show**
10.00 **Judge Judy**
12.00 NOON **Charmed**
2.00 PM **Catfish: TV Show**
3.00 **Judge Judy**
5.00 **Charmed** 13&4/22. (S2)
7.00 **Teen Mom: The Next Chapter** Reality series.
8.00 **Judge Judy**
9.00 **Just Tattoo of Us** AJ and Monique reveal their true feelings.
10.00 **Caught in the Act: Unfaithful** New edition Bleu's partner and her secretive behaviour starts raising questions.
11.00 **Geordie Shore**
12.00 M'T **Ridiculousness** New edition The team go to the carnival.
12.30 AM **Ridiculousness**
1.00 **Ink Master** Double bill.
2.45 **Ex on the Beach**
3.35 **to 4.00** AM **Daria**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Treehouse Masters**
9.00 **Gold Rush** Documentary.
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** A dog is rushed to the clinic after being hit by a car. **2.00** Hector and Dr Jeff treat a tribe of fainting goats.
3.00 **How It's Made** Four back-to-back editions of the series.
5.00 **Alaska: Homestead Rescue** Marty sets about restoring a settling berm and must construct a concrete storm.

10.00 Mighty Truckers

7.00 **Wheeler Dealers World Tour** In northern Italy, Mike and Elvis tackle the last truly analogue Ferrari, the 348.
8.00 **Wheeler Dealers** Mike spots a bargain supercar, a Maserati 4200GT for under £10,000.
9.00 **Wheeler Dealers** Mike restores a rare 1991 Alfa Romeo 164L, that despite having perfect bodywork, also has a leaking engine.
10.00 **Mighty Truckers** New edition An insight into the challenges of being a truck driver.
11.00 **Expedition Files** Clues from the Zodiac Killer are finally deciphered.
12.00 M'T **Deadliest Catch**
1.00 AM **Wheeler Dealers**
2.00 **Mighty Truckers**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners: Master Distiller**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **Insane Pools: Off the Deep End** A jungle backyard.
9.00 **Louisiana Law**
10.00 **Tanked** A 20ft tank.
11.00 **Animal Cops Philadelphia**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell**
5.00 **Lone Star Law** Clarke and Temple stop a forest fire and help a distressed pelican.
6.00 **Dr Jeff: Rocky Mountain Vet** Helping a Weimaraner that has stopped eating and a pit bull with an injured leg.

10.00 Mountain Monsters

7.00 **Treehouse Masters** Pete Nelson and his gang ride out to build a double-decker hideout, featuring a saloon-style first floor.
8.00 **Dog Detectives** An officer and his dog are involved in a high-speed car chase in Merseyside.
9.00 **Alaska: The Last Frontier** The Kilchers must move the historic Octagon building and finish Shane's cabin build.
10.00 **Mountain Monsters** The hunters track down one of the mysterious cloaked figures at the heart of the Spearfinger mystery.
11.00 **The Haunted** A woman wakes up with a cross painted on her forehead.
12.00 M'T **Crikey! It's the Irwins** Chandler handles a koala crisis.
1.00 AM **Guardians of the Glades**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Philadelphia**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
10.00 **Mega Marine Machines**
11.00 **Car S.O.S.**
12.00 NOON **Ultimate Airport Dubai**
1.00 PM **Air Crash Investigation**
2.00 **Hitler's Last Stand**
3.00 **Planes that Changed History**
4.00 **Lost Treasures of Egypt** How robbers looted the pyramids and tombs of ancient Egypt.
5.00 **Ice Road Rescue** Raido rescues a school bus.
6.00 **Nazi Megastructures: Battle Ready** Japanese tactics, including suicide bombers.

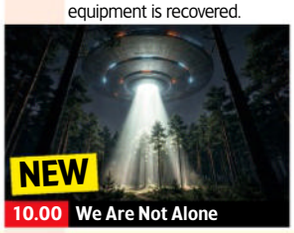
10.00 Mysteries of Ancient...

7.00 **Air Crash Investigation** A brand new aircraft crashes into a mangrove swamp in Cameroon with zero survivors.
8.00 **Lost Treasures of Ancient Greece** Teams of archaeologists set out to discover the legacy of Alexander the Great.
9.00 **Egypt's Sun King: Secrets and Treasures** Experts explore the first newly discovered burial place since Tutankhamun.
10.00 **Mysteries of Ancient Medicine** New edition The horrors of pirate medicine and strange surgical experimentation.
11.00 **Air Crash Investigation** How an insect nest was blamed for an accident in which a Boeing 737 crashed into the sea.
12.00 M'T **Inside Sydney Airport**
1.00 AM **Alaska: Next Generation**
2.00 **Bid & Destroy**
2.30 **Trafficked** Double bill.
3.20 **Food Factory**
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

Sky History

123/124 115/116 131 353 368

6.00 AM **Dog Patrol**
6.30 **Rust Valley Restorers**
9.15 **Pawn Stars** Double bill.
10.10 **Junk & Disorderly**
11.05 **Storage Wars** Double bill.
12.00 NOON **Beyond Skinwalker Ranch** Alien spacecraft possibly buried in a meadow.
1.00 PM **Curse of Skinwalker Ranch** As 9.00pm.
2.00 **Secrets of Great British Castles** Four editions.
6.00 **American Pickers** A 'mad-scientist' collection of medical equipment is recovered.



10.00 We Are Not Alone

7.00 **Forged in Fire** Four bladesmiths build their own coal forges using materials scavenged from a storage unit.
8.00 **Great British Castle Rescue** Rick Edwards takes an aerial and up-close view of Fyvie Castle in Scotland.
9.00 **Curse of Skinwalker Ranch** New edition The team run a new test that produces evidence of buried metallic objects.
10.00 **NEW SERIES We Are Not Alone** Unexplained experiences, including UFO encounters and paranormal phenomena.
11.00 **Airport Security: USA** Officers think they have found a victim of trafficking in San Francisco and over a million dollars worth of crystal meth.
12.00 M'T **Storage Wars**
12.55 AM **Pawn Stars**
1.50 **Curse of Skinwalker Ranch**
2.50 **We Are Not Alone**
3.40 **to 6.00** AM **Secrets of Great British Castles**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **History of the Sitcom**
7.00 **Discovering: Nicole Kidman**
8.00 **The Directors**
9.00 **Last Call: When a Serial Killer Stalked Queer New York**
10.00 **Vegas: The Story of Sin City**
11.00 **Dark Horses: Italy's World Cup Triumph**
12.00 NOON **Michael X: Hustler, Revolutionary, Outlaw**
2.00 PM **Football Bomber: The Dortmund Bus Attack**
4.00 **The Directors**
5.00 **Discovering: Nicole Kidman**
6.00 **The Man Who Bought Cricket**

7.00 Epstein's Shadow

7.00 **Ghislaine Maxwell: Epstein's Shadow** 1/3. Investigating the complicated life of the former socialite.
8.00 **Ghislaine Maxwell: Epstein's Shadow** 2/3. How Ghislaine went to New York and fell in love with Jeffrey Epstein.
9.00 **Ghislaine Maxwell: Epstein's Shadow** 3/3. How Ghislaine left Jeffrey Epstein to distance herself from his crimes.
10.00 **Groomed: The Truth Behind the Lie** 3/3. Ellie Williams is jailed, while other women begin to connect the dots.
11.00 **The Essex Murders** 1-3/3. Documentary about the killing of three notorious criminals known as the Essex Boys, who were shot dead in 1995.
2.00 AM **Kings of Coke** The story of one of North America's most feared criminal organisations.
3.40 **Nick Cave's Veiled World**
5.00 **to 6.00** AM **Discovering: Nicole Kidman**

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
8.00 **The Yorkshire Auction House** A retired couple need help downsizing. **9.00** New edition Uncovering hidden gems.
10.00 **The Repair Shop** The team restore a silver art nouveau mirror.
11.00 **How Do They Do It?**
1.00 AM **Salvage Hunters**
3.00 **Salvage Hunters: The Restorers**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/146 40 146 34

7.00 AM **Say Yes to the Dress**
8.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **A Killer's Mistake**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories** Kenneth Noye.
8.00 **Murder on CCTV** Police investigate a serial killer in Alaska. **9.00** The murder of Michael Scott in 2017.
10.00 **Crime Scene Investigators**
11.00 **Son of Sam: The Hunt for a Killer**
12.00 M'T **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Secrets of a Murder Detective** The team uncover nurse Kevin Cobb's crimes.
8.00 **UK Crime Files: Unravelling the Murder of Janet Commins** The story of Janet Commins, whose body was discovered in 1976.
9.00 **UK Crime Files: The Leanne Tiernan Murder** Investigating the abduction and murder of Leanne Tiernan.
10.00 **Murder UK** Double bill.
12.00 M'T **UK Crime Files: Unravelling the Murder of Janet Commins**
1.00 AM **UK Crime Files: Leanne Tiernan Murder**
2.00 **Murder UK** Double bill.
4.00 **48 Hours**
4.50 **to 5.45** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files**
9.55 **UK Crime Files: Lady Killer** Documentary.
10.45 **Teleshopping**
11.00 **Killers: Caught on Camera** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Brothers Who Kill**
3.00 **Acid Bath Murders**
4.00 **Killers: Caught on Camera** Documentary.
5.00 **Medical Detectives** Officers struggle to catch a murderer. **5.30** A girl's body is discovered 10 days after she disappeared. **6.00** A woman about to testify against her attacker is murdered. **6.30** A murderer who declared he would kill 12 people in New York.
7.00 **Judge Judy** Real-life small claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Stop, Search, Seize**
7.00 **Border Security USA**
8.00 **Highway Cops**
9.00 **Stop, Search, Seize**
10.00 **The Force: Manchester**
11.00 **Caught on Dashcam**
12.00 NOON **Catching the Killer** Zara Aleena.
1.00 PM **Most Evil Killers**
2.00 **Killer in My Village**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Britain's Most Evil Killers**
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **Murdered at First Sight**
10.00 **The Real CSI: Miami**
11.00 **Murder Nation** New edition The murder of a New Mexico family.
12.00 M'T **Killer in My Village**
1.00 AM **Catching the Killer**
2.00 **Murdered at First Sight**
3.00 **Stop, Search, Seize**
4.00 **Send in the Dogs**
5.00 **to 6.00** AM **Road Wars**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's Extremes**
8.50 **Secrets of the Royal Palaces** Hampton Court.
9.45 **Ancient Apocalypse**
10.55 **France: The Post War Recovery** As 7.35pm.
12.00 NOON **Cleopatra**
1.00 PM **Secrets of the Royal Palaces**
2.10 **Ancient Apocalypse**
3.15 **France: The Post War Recovery** As 7.35pm.
4.25 **Cleopatra**
5.25 **Secrets of the Royal Palaces** Hampton Court.
6.25 **Ancient Apocalypse**
7.35 **France: The Post War Recovery** How division hindered recovery.
8.40 **Cleopatra** Documentary about the Egyptian ruler.
9.40 **Secrets of the Royal Palaces** Hampton Court.
10.40 **Ancient Apocalypse**
12.00 M'T **France: The Post War Recovery**
1.10 **to 2.00** AM **Weathered: Earth's Extremes**

SKY SKY STREAM | VIRGIN HD | FREEVIEW HD | FREESAT HD | FREELY | EE HD

WEDNESDAY

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Undiscovered Vistas**
7.00 **Monkey Life** Double bill.
8.00 **Wildlife Icons**
9.00 **Guardians of the Wild**
10.00 **Secret Life of the Kangaroo**
11.00 **Australia's Hidden Islands**
12.00 NOON **Gladiators**
1.00 PM **Monkey Life**
2.00 **Wildlife Icons**
3.00 **Guardians of the Wild**
4.00 **Secret Life of the Kangaroo**
5.00 **Australia's Hidden Islands**
6.00 **Gladiators** As 10.00pm.
7.00 **Monkey Life** Double bill.
8.00 **Deep Dive North America**
9.00 **Wildest New Zealand** The two wild fortresses that protect the vulnerable animals.
10.00 **Gladiators** The tactics of Australia's toughest fighters.
11.00 **Australia's Hidden Islands**
12.00 M'T **Africa's Wild Year**
1.00 AM **Undiscovered Vistas**
2.00 **Deep Dive North America**
3.00 **Wildest New Zealand**
4.00 **Wildlife Icons**
5.00 **to 6.00** AM **Guardians of the Wild**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets Declassified with David Duchovny**
9.00 **History's Greatest Aircraft**
10.00 **Crimes That Shook Britain**
11.00 **Ancient Aliens** Double bill.
1.00 PM **Ancient Aliens: The Ultimate Evidence**
4.00 **Ancient Aliens** Double bill.
6.00 **Mystery Places**
7.00 **UFO Hunters** A look at UFOs sightings by police officers.
8.00 **Battle 360** The American invasion of the Solomon Islands.
9.00 **Hitler's Handmaidens** An examination of the 'Nazi Woman' through a contemporary lens.
10.00 **Rome: Rise and Fall of an Empire** The life of Constantine I, the first Christian Emperor.
11.00 **Ancient Aliens** Extraterrestrial influence on mankind.
12.00 M'T The creation myth of the 'Cosmic Egg'.
1.00 AM **UFO Hunters** As 7.00pm.
2.00 **Ancient Aliens: The Ultimate Evidence** Triple bill of editions.
5.00 **to 6.00** AM **Crimes That Shook Britain**

Discovery Science

167 148 179

8.00 AM **Alien Highway**
11.00 **Codes and Conspiracies**
1.00 PM **Secrets Underground**
3.00 **Truth Behind the Moon Landing** Triple bill of editions.
6.00 **How Do They Do It?** The making of Worcestershire sauce.
6.30 Floats for a carnival.
7.00 Harvesting the world's most expensive tea.
7.30 How a classic British bike is being rebooted in India.
8.00 Dutch tableware and pocket-sized umbrellas.
8.30 The development of lights that are transforming sport.
9.00 **Expedition Bigfoot** New team member Ronny joins Mireya in a race to the nest to collect DNA samples.
10.00 Mireya and Ronny make a powerful discovery.
11.00 **Unexplained and Unexplored**
1.00 AM **Truth Behind the Moon Landing** Triple bill of editions.
4.00 **to 6.00** AM **Secrets Underground**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Ozark Law**
10.00 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Murdertown** Triple bill.
2.00 PM **Green Eyed Killers**
3.00 **The Real Murders of Atlanta**
6.00 **Homicide Hunter** Kenda launches a risky sting operation and an interstate manhunt.
7.00 **The First 48** In Tulsa, an innocent mother is viciously killed with a butcher's knife.
8.00 **Green Eyed Killers** A mother is gunned down in a ruthless ambush by her obsessed ex.
9.00 **Cold Case Files: The Rifkin Murders** Examining the crimes of serial killer Joel Rifkin.
11.00 **Look What You Made Me Do**
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **The Real Murders of Atlanta** Documentary.
2.00 **On the Case with Paula Zahn**
3.00 **The Real Murders of Atlanta**
5.00 **to 6.00** AM **Green Eyed Killers**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
9.00 **Secrets of the Zoo: Tampa**
10.00 **Wild Hunters**
11.00 **World's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Critter Fixers: Country Vets**
2.00 **Kingdom of the Apes**
4.00 **Secrets of the Zoo: Small But Mighty**
5.00 **The Incredible Dr Pol**
6.00 **Yukon Vet** Neutering a camel.
7.00 **NEW SERIES Into the Carpathian Wild** Animals of the European mountain range.
8.00 **Europe's Wild Marvels** Animals that live in Europe's mountains.
9.00 **Hidden Wonders of Europe** Germany's wild spaces, from the North Sea to the Alps.
10.00 **When Sharks Attack** Sharks terrorize New South Wales.
11.00 **America's National Parks Compilations** Highlights.
12.00 M'T **Africa's Deadliest**
1.00 AM **Jungle Animal Rescue**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Alaska: The Next Generation**

Discovery History

161/172 147 181

7.00 AM **Bullet Points**
8.00 **Combat Dealers**
9.00 **Secrets Underground**
11.00 **Salvage Hunters**
1.00 PM **How the Universe Works**
2.00 **NASA's Unexplained Files**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Bullet Points** The United States' war on communism in Korea.
9.00 **Legendary Locations** Josh visits places where people's passions became legacies.
10.00 **How Do They Do It?** Transforming refuse into power.
10.30 Repairing cables on the seabed, and an insight into the process involved in feeding 100,000 air passengers a day.
11.00 **Combat Dealers**
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Expedition X**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Fake or Fortune?**
12.00 NOON **Trawlermen: Hunting the Catch** Documentary.
1.00 PM **Fake or Fortune?**
4.00 **Trawlermen: Hunting the Catch** Documentary.
5.00 **Bangers & Cash: Restoring Classics** Triple bill of editions.
8.00 **Flipping Bangers** Will Trickett and Gus Gregory go to London to buy a 1973 Mk 4 Spitfire.
9.00 Will and Gus head to the West Country to buy a Golf GTI.
10.00 **Bangers & Cash: Restoring Classics** The team purchase a 1972 VW Fastback and pick up a 40-year-old police bike.
11.00 The team cannot believe their luck with a Volvo 144.
12.00 M'T The team fall for a Subaru Pick-up, which has all the Mathewsons in agreement.
1.00 AM **Flipping Bangers**
3.00 **Bangers & Cash: Restoring Classics** Triple bill of editions.
5.20 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1hour 266 376

ID

154 140 166

8.00 AM **The Killer in My Family**
12.00 NOON **Deadline: Crime with Tamron Hall** The death of a paramedic and mother.
1.00 PM **Evil Lives Here**
3.00 **I Almost Got Away with It**
7.00 **The Murder Tapes** The case of Donald Lewis, a Milwaukee jazz club owner, beloved in his community, who disappeared from his club in October 2016 along with an employee.
8.00 Focusing on the case of Roaa Al-Dhanoon, in which detectives had to unravel a complex web of lies that continued to strike fear throughout the community.
9.00 **Hostage 911** Negotiators hope to reason with an ex-felon.
10.00 **American Detective with Lt Joe Kenda** Kidnappers seize the heir to a multi-million-dollar airplane empire for ransom.
11.00 **Murder Comes to Town**
1.00 AM **Before They Kill Again**
2.00 **I Almost Got Away with It**
4.00 **to 6.00** AM **The Murder Tapes**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers** Double bill.
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Last Chance Garage**
2.00 **Ant Anstead: Born Mechanic**
3.00 **Carspotting** A 1957 GMC.
4.00 **Salvage Hunters: Classic Cars**
5.00 **Street Outlaws: Locals Only**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Street Outlaws: Locals Only** North Carolina locals compete.
9.00 **Goblin Works Garage** Helen brings in a Volvo 245 estate.
10.00 **Carspotting** A 1968 Mustang.
11.00 **Massive Engineering Mistakes**
12.00 M'T **Street Outlaws: Locals Only** As shown at 8.00pm.
1.00 AM **Richard Hammond's Workshop** Richard pushes the Smallest Cog to clinch their most important restoration.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.50 AM **Tom and Jerry: Forbidden Compass** Cartoon. (2025, PG)
8.35 **GOAT** As shown at 6.00pm.
10.25 **Looney Tunes: The Day the Earth Blew Up** (2024, PG)
12.00 NOON **Charlie the Wonderdog** Animation. (2025, PG, 92min)
1.35 PM **Song Sung Blue** Drama. (2025, 12, 132min) ★★★
3.50 **Hamnet** Period drama. (2025, 12, 125min) ★★★★
6.00 **GOAT** Animated adventure. (2026, PG, 100min) ★★★

7.50 Seven Snipers

7.50 Seven Snipers Thriller with Radha Mitchell and Tim Roth. A retired sniper in hiding must reunite her kill squad when a warlord threatens her daughter. (2025, 15, 87min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.25 Rise of the Conqueror Action adventure starring Christian Mortensen and Mahesh Jadu. As the Mongol Empire crumbles, a warrior must renounce his loyalties to protect the fate of the Silk Road. (2026, 15, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Panda Plan 2: The Magical Tribe** Action comedy sequel starring Jackie Chan and Li Ma. (2026, PG, 100min)
1.25 AM **Five Nights at Freddy's 2** Horror sequel starring Josh Hutcherson and Elizabeth Lail. (2025, 15, 104min) ★★★
3.15 **Rise of the Conqueror** (2026)
5.25 **to 6.25** AM **Sky Cinema Preview**

Sky Cinema Transformers

303 303 403 503 517

6.00 AM **Transformers: Revenge of the Fallen** As 9.25pm.
8.40 **Transformers: Dark of the Moon** As shown at 11.55pm.
11.25 **Transformers: Age of Extinction** As 2.30am.
2.15 PM **Transformers: The Last Knight** Sci-fi adventure sequel. (2017, 12, 155min) ★★
5.00 **Bumblebee** Action prequel. (2018, PG, 114min) ★★★★
7.00 **Transformers** Adventure. (2007, 12, 144min) ★★★★

5.00 Bumblebee

Transformers (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.25 Transformers: Revenge of the Fallen Sci-fi action adventure sequel starring Shia LaBeouf and Megan Fox. A college student and his girlfriend get caught up in a titanic struggle between good and evil alien robots. (2009, 12, 149min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Transformers: Dark of the Moon** Sci-fi adventure sequel starring Shia LaBeouf as a man caught up in another titanic struggle between good and evil alien robots on Earth. (2011, 12, 154min) ★★★
2.30 AM **Transformers: Age of Extinction** Sci-fi adventure sequel starring Mark Wahlberg. (2014, 12, 166min) ★★★
5.15 **to 7.50** AM **Transformers: The Last Knight** As 2.15pm.

Sky Cinema Drama

310 310 410 510 524

6.35 AM **Black Dog** As 4.20am.
8.30 **Terms of Endearment** Drama. (1983, 15, 132min) ★★★★★
10.45 **True Grit** Western remake. (2010, 15, 110min) ★★★★
12.40 PM **Quartet** Comedy drama starring Maggie Smith. (2012, 12, 94min) ★★★★
2.20 **Jackie** Biopic starring Natalie Portman as Jacqueline Kennedy. (2016, 15, 100min) ★★★★
4.05 **My Girl** Bittersweet comedy starring Dan Aykroyd and Anna Chlumsky. (1991, PG, 105min) ★★
5.50 **About Time** Romantic comedy fantasy starring Domhnall Gleeson and Rachel McAdams. (2013, 12, 120min) ★★★
8.00 **Hamnet** Period drama starring Paul Mescal and Jessie Buckley. (2025, 12, 125min) ★★★★
10.10 **The Pursuit of Happyness** Fact-based drama starring Will Smith and Thandiwe Newton. (2006, 12, 117min) ★★★
12.15 AM **Dunkirk** Wartime drama. (2017, 12, 106min) ★★★★★
2.05 **The End of the Affair** Drama. (1999, 18, 101min) ★★★★
3.55 **Sky Cinema Preview**
4.20 **to 6.15** AM **Black Dog** Chinese drama with Eddie Peng. Subtitled. (2024, 12, 110min) ★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.35 AM **It Feeds** As 3.00am.
9.30 **Until Dawn** As 4.50am.
11.25 **Flatliners** Sci-fi horror thriller. (1990, 15, 114min) ★★★
1.30 PM **Pet Sematary** Horror. (2019, 15, 101min) ★★★
3.25 **Star Trek** Sci-fi adventure. (2009, 12, 127min) ★★★★
5.45 **Star Trek Beyond** Sci-fi adventure starring Chris Pine. (2016, 12, 122min) ★★★★
8.00 **Men in Black** Sci-fi action comedy starring Tommy Lee Jones and Will Smith. A streetwise New York cop joins a secret government agency that polices alien activity on Earth. (1997, PG, 94min) ★★★★
9.40 **28 Years Later** Horror thriller sequel starring Jodie Comer. Decades since the rage virus took hold, one survivor leaves the safety of a fortified island on a mission into the mainland. (2025, 15, 115min) ★★★★
11.40 **Evil Dead 2** Horror sequel. (1987, 18, 85min) ★★★★
1.15 AM **Get Out** Mystery thriller. (2017, 15, 104min) ★★★★★
3.00 **It Feeds** Horror thriller. (2025, 15, 102min) ★★★
4.50 **to 6.40** AM **Until Dawn** Horror. (2025, 15, 99min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family
304 304 406 506 519

6.20 AM **Chicken Run** As 2.30pm.
8.00 **Charlotte's Web** Adventure. (2006, U, 97min) ★★★
9.40 **Lemony Snicket's A Series of Unfortunate Events** Fantasy. (2004, PG, 103min) ★★★★
11.30 **Cats & Dogs** (2001, PG) ★★★
1.05 PM **Cats & Dogs: The Revenge of Kitty Galore** (2010, U) ★★
2.30 **Chicken Run** Animation. (2000, U, 84min) ★★★★
4.05 **GOAT** (2026, PG) ★★★
6.00 **Hook** Fantasy. (1991, U) ★★★

6.00 Hook

8.25 **The Karate Kid** Martial arts adventure starring Ralph Macchio as a teenager who learns karate to combat the local motorcycle gang. With Noriyuki 'Pat' Morita and Elisabeth Shue. (1984, 12, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **The Karate Kid Part II** Martial arts adventure sequel starring Ralph Macchio and Noriyuki 'Pat' Morita. The Karate Kid and his mentor travel to Japan to settle a long-standing duel of honour. (1986, PG, 113min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Karate Kid: Part III** Martial arts adventure sequel. (1989, PG, 111min) ★
2.35 **The Karate Kid** Adventure. (2010, PG, 140min) ★★★
5.00 **Cinema List: Family Favourites**
5.30 **to 7.30** AM **Annie** Musical. (2014, PG, 115min) ★★★

Sky Cinema Action
306 306 407 507 521

6.55 AM **Drunken Master II** (1994)
8.45 **Safe House** (2025, 15) ★★★
10.25 **Love Hurts** Action comedy. (2025, 15, 83min) ★★
12.00 NOON **Homefront** Thriller. (2013, 15, 98min) ★★★
1.50 PM **Spider-Man: Homecoming** Adventure. (2017, 12, 133min) ★★★★
4.10 **Venom** Fantasy adventure. (2018, 15, 112min) ★★★
6.10 **Hummingbird** Action thriller. (2013, 15, 96min) ★★★

8.00 xXx

8.00 **xXx** Espionage action thriller starring Vin Diesel as a rebellious extreme sports fanatic who is recruited by America's secret services and sent to Prague on a dangerous mission. With Asia Argento and Samuel L Jackson. (2002, 12, 124min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Django Unchained** Quentin Tarantino's Oscar-winning Western starring Jamie Foxx, Christoph Waltz, Leonardo DiCaprio and Samuel L Jackson. (2012, 18, 165min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.05 AM **Kraven the Hunter** Fantasy starring Aaron Taylor-Johnson and Russell Crowe. (2024, 15, 127min) ★★★
3.20 **Drunken Master II** Action comedy sequel starring Jackie Chan. (1994, 12, 102min) ★★★
5.10 **to 6.10** AM **Sky Cinema Preview**

Sky Cinema Comedy
308 308 408 508 522

6.05 AM **Superbad** As 11.45pm.
8.05 **Instant Family** As 1.45am.
10.15 **Zoolander** Comedy. (2001, 12, 89min) ★★★★
12.00 NOON **Panda Plan** Comedy. (2024, 15, 99min) ★★★
1.45 PM **Panda Plan 2: The Magical Tribe** Action comedy sequel. (2026, PG, 100min)
3.40 **Notting Hill** Romantic comedy. (1999, 15, 120min) ★★★★
5.55 **Pitch Perfect** Musical comedy. (2012, 12, 112min) ★★★★

5.55 Pitch Perfect

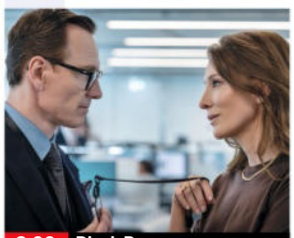
8.00 **Pitch Perfect 2** Musical comedy sequel starring Anna Kendrick and Rebel Wilson. The Barden Bellas try to recover from a disastrous performance by winning the World Championships of A Cappella in Copenhagen. (2015, 12, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Pitch Perfect 3** Musical comedy sequel starring Anna Kendrick. Following their win at the world championship, the Bellas reunite for one last singing competition. (2017, 12, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Superbad** Comedy starring Jonah Hill and Michael Cera. (2007, 15, 113min) ★★★★
1.45 AM **Instant Family** Comedy. (2018, 12, 118min) ★★★★
3.50 **Zoolander** As 10.15am.
5.30 **to 7.15** AM **The Brits Are Coming** Crime comedy with Tim Roth. (2018, 15, 90min) ★

Sky Cinema Thriller
309 309 409 509 523

6.20 AM **Sky Cinema Preview**
7.10 **Safe House** Action thriller. (2012, 15, 110min) ★★★
9.10 **Clear and Present Danger** Thriller. (1994, 12) ★★★
11.35 **Mulholland Drive** Thriller. (2001, 15, 146min) ★★★★
2.05 PM **Civil War** Action thriller. (2023, 15, 109min) ★★★★
4.00 **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
6.00 **Nightcrawler** Crime thriller. (2014, 15, 115min) ★★★★


8.00 Black Bag

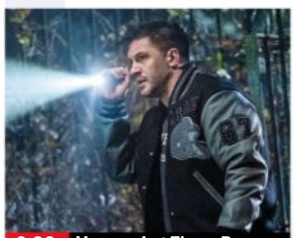
8.00 **Black Bag** Espionage thriller starring Michael Fassbender and Cate Blanchett. When a spy is suspected of treason, her husband faces the ultimate test. (2024, 15, 94min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Now You See Me 2** Crime thriller sequel starring Jesse Eisenberg and Mark Ruffalo. A gang of magicians-turned-criminals reunite to expose the activities of a ruthless businessman. (2016, 12, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Juror #2** Legal thriller starring Nicholas Hoult. (2024, 12, 113min) ★★★★
2.10 **Dirty Harry** Thriller with Clint Eastwood and Harry Guardino. (1971, 15, 103min) ★★★★★
4.05 **to 6.00** AM **Caught Stealing** Comedy thriller starring Austin Butler and Zoë Kravitz. (2025, 15, 107min) ★★★★

Film4
313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Personal History of David Copperfield** Drama. (2019, PG, 115min) ★★★★
1.25 PM **Rosaline** Period comedy. (2022, PG, 95min) ★★★★
3.15 **The Story of Robin Hood and His Merrie Men** Adventure. (1952, U, 83min) ★★★
5.00 **The Gunfighter** Western. (1950, b/w, U, 84min) ★★★★
6.45 **Uncharted** Action adventure. (2022, 12, 116min) ★★★


9.00 Venom: Let There Be...

8 PM **Uncharted** (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **Venom: Let There Be Carnage** Fantasy sequel starring Tom Hardy. Eddie Brock attempts to re-ignite his career by interviewing a serial killer, who then becomes the host of another symbiote. (2021, 15, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **10.50** **Daredevil** Comic-book fantasy adventure starring Ben Affleck, Jennifer Garner, Michael Clarke Duncan and Colin Farrell. (2003, 15, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM **12.55** **to 2.45** AM **The Missionary** Period comedy written by and starring Michael Palin. (1981, 15, 90min) ★★★

+1 hour 314 430 47 301 257

Sky Cinema Animation
302 302 402 502 516

6.10 AM **Cloudy with a Chance of Meatballs** (2009, U) ★★★★
7.45 **Cloudy with a Chance of Meatballs 2** Animated comedy sequel. (2013, U, 93min) ★★★
9.25 **Secret Life of Pets** Animation. (2016, U, 83min) ★★★
10.55 **Secret Life of Pets 2** Animated sequel. (2019, U, 86min) ★★★
12.25 PM **GOAT** Animated adventure. (2026, PG, 100min) ★★★
2.10 **Tom and Jerry: Forbidden Compass** Animated family adventure. (2025, PG, 104min)
4.00 **Hotel Transylvania** Animation. (2012, U, 91min) ★★★★
5.35 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★
7.10 **Hotel Transylvania 3: Summer Vacation** Animated comedy sequel. (2018, U, 97min) ★★
8.50 **Shark Tale** Animated comedy. (2004, U, 90min) ★★★★
10.25 **The Wild Thornberrys Movie** Animation. (2002, U) ★★★★
11.55 **Corpse Bride** Animated fantasy. (2005, PG, 74min) ★★★★
1.20 AM **Flushed Away** Animation. (2006, U, 85min) ★★★★
2.50 **Monster Family** Animated comedy. (2017, PG, 96min) ★★
4.25 **to 6.10** AM **Monster Family 2** Animation. (2021, U, 90min) ★

Sky Cinema Greats
307 307 404 504 518

6.30 AM **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
8.35 **The Towering Inferno** Thriller (1974, 12, 165min) ★★★★
11.25 **The Hunt for Red October** Cold War suspense thriller. (1990, PG, 135min) ★★★★
1.45 PM **Boyz N the Hood** Drama. (1991, 15, 111min) ★★★★★
3.45 **Legends of the Fall** Drama. (1994, 15, 133min) ★★★★
6.00 **The African Queen** Romantic adventure starring Katharine Hepburn and Humphrey Bogart. (1951, U, 100min) ★★★★★
8.00 **A League of Their Own** Comedy drama with Tom Hanks, Geena Davis and Madonna. (1992, PG, 124min) ★★★★
10.10 **Grease** Musical starring John Travolta and Olivia Newton-John. An Australian teenager at a California school falls in love with the leader of the T-Birds gang. (1978, PG, 110min) ★★★★
12.10 AM **Grease 2** Musical sequel starring Michelle Pfeiffer. (1982, PG, 109min) ★★
2.10 **The 'burbs** Offbeat comedy starring Tom Hanks and Carrie Fisher. (1989, PG, 103min) ★★★
4.00 **Sky Cinema Preview**
5.00 **to 7.15** AM **Legends of the Fall**

Disney+ Cinema
305 305

6.00 AM **Sleeping Beauty** Animation. (1959, U, 75min) ★★★★
7.25 **Raya and the Last Dragon** Animated fantasy adventure. (2021, PG, 103min) ★★★★
9.15 **The Lion King** Animation. (2019, PG, 118min) ★★★
10.45 **Brave** Animated adventure. (2012, PG, 93min) ★★★★
12.25 PM **Little Mermaid** Animation. (1989, U, 87min) ★★★★★
1.50 **Wish** Animated fantasy. (2023, U, 95min) ★★★★
3.30 **Beverly Hills Chihuahua** Comedy. (2008, U, 91min) ★★
5.05 **Maleficent** Adventure starring Angelina Jolie and Elle Fanning. (2014, PG, 97min) ★★★★
6.45 **Mary Poppins Returns** Musical. (2018, U, 130min) ★★★★
9.00 **Black Swan** Psychological thriller starring Natalie Portman. (2010, 15, 108min) ★★★
10.50 **Alien: Covenant** Sci-fi thriller. (2017, 15, 117min) ★★★
12.55 AM **A Complete Unknown** Biopic with Timothée Chalamet. (2024, 15, 140min) ★★★★
3.15 **Inspector Gadget** Adventure. (1999, U, 77min) ★★★
4.40 **to 6.00** AM **The Aristocats** Animated musical adventure. (1970, U, 78min) ★★★★★

Movies 24
312 313 419

7.00 AM **Romance at Hope Ranch** Drama. (2026, PG, 84min) ★★
9.00 **Never Too Late to Celebrate** Drama. (2023, PG, 90min) ★★
11.00 **Mystery Island: Winner Takes All** Drama starring Charlie Weber. (2025, PG, 90min) ★★
1.00 PM **Write Place, Write Time** Comedy. (2023, PG, 85min) ★★
3.00 **The Real West** Romantic comedy. (2024, PG, 84min) ★★
5.00 **Sealed with a List** Romantic drama. (2023, PG, 84min) ★★
7.00 **Lost In Paradise** Romantic drama starring Lacey Chabert. (2026, PG, 84min) ★★
9.00 **Kentucky Roses** Drama with Andrew Walker and Odette Annable. A greenhouse worker and the son of a racecourse's CEO form an unlikely pair. (2026, PG, 90min) ★★
11.00 **Sparks Over Brooklyn** Drama starring AnnaMaria Demara. (2023, PG, 89min) ★★
1.00 AM **The PA and the Manhattan Prince** Romantic drama. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **Mystery Island: Play for Keeps** Crime drama. (2025, PG, 90min) ★★

Movies 24+ 315/329 314 420

Talking Pictures
324 445 82 306 36

6.00 AM **Up in the Air** Comedy. (1940, b/w, PG, 61min) ★★
7.15 **Dentist in the Chair** Comedy. (1960, b/w, PG, 84min) ★★
8.50 **What's on TPTV with Noel**
9.00 **My Man Godfrey** Comedy. (1936, b/w, U, 90min) ★★★
10.50 **The Man Who Wouldn't Talk** Drama. (1957, b/w, PG) ★★
12.45 PM **Look at Life** Documentary.
1.00 **The Buccaneers** 25/39. (S1)
1.35 **Adventures of a Free Soul**
2.40 **The Pale Faced Girl** Short film.
3.15 **Look at Life** Documentary.
3.30 **Dial 999** 33/39. (S1)
4.00 **That's My Boy** 2/9. (S2)
4.35 **Aberdeen: The Silver City**
5.00 **The Ship That Died of Shame** Drama. (1955, PG, 91min) ★★
7.00 **Out of Town** Documentary.
7.30 **Boy with a Flute** Short film.
8.05 **Van der Valk** 2/6. (S1)
9.10 **Casebook of Sherlock Holmes**
11.15 **Carrington VC** Crime drama. (1954, b/w, PG, 106min) ★★★
1.15 AM **Every Day's a Holiday** Musical comedy starring John Leyton. (1964, U, 94min) ★
3.05 **Talking Pictures TV Remembers Sam Kydd**
4.00 **Stagecoach West** 25/38. (S1)
5.00 **to 6.00** AM **The Man from UNCLE**

Wednesday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Deadline Day**
7.00 **Sky Sports Breakfast**
10.00 **Sky Sports FC**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk**
3.30 LIVE **US Open Tennis** Day four of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York, where the second round is scheduled to get under way.
7.30 LIVE **EFL Burnley v Middlesbrough.** Coverage of the Championship encounter from Turf Moor. Both of the matches between these teams finished in a draw two seasons ago when Burnley were last in this division, with Connor Roberts and Anfernee Dijksteel each on the scoresheet in a 1-1 stalemate in the game that took place here. Kick-off **8.00pm**.
10.30 LIVE **US Open Tennis** Further coverage of the fourth day of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York, where the second round is scheduled to continue.
4.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **MNF** Aston Villa v Arsenal.
6.30 **SNF** Recent action.
7.00 **Premier League Highlights**
9.00 **Premier League Review**
10.00 **Sky Sports FC**
12.00 NOON **FNF** Highlights from Crystal Palace v Manchester City.
12.30 PM **SNF** Action from Tottenham Hotspur v Newcastle United.
1.00 **Premier League Highlights**
3.00 **FNF** Highlights from Crystal Palace v Manchester City.
3.30 **SNF** Action from Tottenham Hotspur v Newcastle United.
4.00 **MNF Hlts** Aston Villa v Arsenal.
4.30 **Netbusters** Fast-paced highlights using alternative angles to show every goal from every game.
5.00 **The Premier League Show** A daily guide to the top flight.
7.00 **Gillette Labs Soccer Special** Reports on the evening's football.
10.30 **Premier League Stories**
11.00 **Netbusters** Recent action.
11.30 **Transfer 360** Andy Cole.
12.00 M'T **Premier League Review**
1.00 AM **PL Retro** A replay of Arsenal v Wigan Athletic from 2006.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **to 6.00** AM **Premier League Legends**

Sky Sports Football

403 403 503 421 441

6.00 AM **Retro League One**
8.00 **Best Moments from the Championship Play-Off Final**
8.30 **Best Moments from the League 1 & 2 Play-Off Final**
9.00 **SPFL Highlights**
9.30 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2018 final.
10.30 **EFL Best Goals 2017/18**
11.00 **EFL** Stoke City v Norwich City.
1.00 PM **EFL Greatest Games**
1.15 **EFL Cup Highlights** Action from Nottingham Forest v Leeds United.
1.45 **EFL Highlights**
2.30 **Bundesliga Highlights Show**
3.30 **EFL Cup Highlights**
4.00 **EFL Highlights** Championship.
4.30 **SPFL Round-Up**
4.45 **SPFL Highlights**
5.00 **EFL Highlights** Championship.
6.00 **Bundesliga Highlights Show**
7.00 LIVE **SPFL Falkirk v Rangers.** The Scottish Premiership encounter from Falkirk Stadium. Kick-off **8.00pm**.
10.30 **EFL Highlights**
12.00 M'T **EFL** The 2025/26 play-offs.
3.00 AM **SPFL Highlights**
3.30 **EFL Greatest Games**
4.00 **to 6.00** AM **SPFL Greatest Games**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **Test Cricket** Highlights.
7.00 **Women's One-Day International Cricket**
8.00 **Women's T20 World Cup**
8.30 **Nepal Climbing Cricket's Mountain** Documentary.
9.00 **Women's One-Day International Cricket**
10.00 **One-Day International Cricket**
1.00 PM **Test Cricket** Highlights from days one to five of the second Test between England and Pakistan.
6.00 **Women's T20 World Cup**
6.30 **Nepal Climbing Cricket's Mountain** Documentary.
7.00 **Women's One-Day International Cricket** England v Ireland in the first ODI staged at Uptonsteel County Ground.
8.00 **One-Day International Cricket** Action from England v India.
11.00 **Women's T20 World Cup** England v Australia in the final.
11.30 **Nepal Climbing Cricket's Mountain** Documentary.
12.00 M'T **Women's One-Day International Cricket**
1.00 AM **Women's T20 World Cup**
1.30 **The Hundred** The men's final.
5.30 **to 6.00** AM **The Hundred Bitesize**

Sky Sports Golf

406 406 506 423 443

6.00 AM **Ladies European Tour Golf**
8.00 **Women's Golf** Women's Open.
3.00 PM **Ladies European Tour Golf**
6.00 **PGA Tour Champions**
7.00 **Margins: Beyond Walker Cup**
7.30 **HotelPlanner Tour Golf**
8.00 **Legends Tour Golf** Highlights from the English Legends.
9.00 **Perfection in Paris**
11.00 **Ladies European Tour Golf** The KPMG Women's Irish Open.
12.00 M'T **PGA Tour Golf** Highlights.
1.00 AM **Legends Tour Golf**
2.00 **PGA Tour Champions**
3.00 **HotelPlanner Tour Golf**
3.30 **How the 1995 Ryder Cup Was Won** Archive action.
5.30 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **US Open Tennis** Highlights.
3.30 PM LIVE **US Open Tennis** Coverage of day four of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York, where the second round is scheduled to get under way. Emma Raducanu booked her place in round three at last year's tournament with a straightforward 6-2 6-1 win over Janice Tjen. The 2022 men's singles champion Carlos Alcaraz dropped only four games in a straight-sets victory over Mattia Bellucci on day four last year, while Novak Djokovic had to battle back from a set down to beat Zachary Svajda 6-7 6-3 6-3 6-1.
12.00 M'T LIVE **US Open Tennis** Continued coverage of day four of the Grand Slam held at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York, where the second round is scheduled to continue.
4.30 **to 6.00** AM **WTA & ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **La Vuelta Men** Stage 10.
7.00 **British Superbikes Highlights**
8.00 **MotoGP** Grand Prix of Aragon.
8.15 **Premier League Features**
9.00 **Premier League Netbusters**
9.30 **La Vuelta Men** Stage 10.
10.30 LIVE **Men's Cycling Pro Series** The first stage of the Lloyds Tour of Britain, a 182.5km route starting and ending in Lincoln.
3.30 PM LIVE **La Vuelta Men** Coverage of the 11th stage of the Grand Tour race, a flat 151.3km route from Cartagena to Lorca.
5.00 **MLB Plays of the Week**
5.30 LIVE **MLB Cincinnati Reds v San Diego Padres.** The National League match staged at Great American Ball Park. Start-time **5.40pm**.
8.30 **MLB Plays of the Week**
9.00 LIVE **MLB Boston Red Sox v Seattle Mariners.** Coverage of the American League match from Fenway Park. Start-time **9.10pm**.
12.00 M'T **MLB Plays of the Week**
12.30 AM **Premier League Netbusters**
1.00 **Premier League Stories**
1.30 **Ultimate Pool** Highlights.
3.00 **to 6.00** AM **AFL**

TNT Sports 2

411 414 522 409 431

6.00 AM **Serie A** Action from Italy.
8.00 **UEFA Champions League**
9.00 **UEFA Europa League Goals**
9.15 **TNT Sports Cricket Reload**
10.15 LIVE **European T20 Premier League Dublin Guardians v Rotterdam Dockers.** The T20 cricket match from Voorburg Cricket Club.
1.45 PM **Premier League Reload**
2.00 LIVE **European T20 Premier League Irish Wolves v Edinburgh Castle Rockers.** The T20 cricket match from Voorburg Cricket Club.
5.30 **CPL Highlights**
6.00 **TNT Sports Reload**
6.30 **Serie A – Full Impact**
7.00 **LIV Golf** From Michigan.
8.00 **MotoGP Highlights**
9.00 **British Superbikes Rewind**
9.15 **Discovery Golf**
9.45 **Premier League Reload**
10.00 **WRC Review** Rally Paraguay.
11.00 **CPL Highlights**
11.30 LIVE **CPL Trinbago Knight Riders v Antigua & Barbuda Falcons.** The T20 match at Queen's Park Oval.
3.45 AM **Test Cricket Highlights**
5.45 **to 6.00** AM **TNT Sports Reload**

Sky Sports NFL

412 410 510 426 446

6.00 AM **NFL Highlights**
8.00 **NFL Super Bowl LI Highlights**
10.00 **NFL: America's Game**
11.00 **NFL Highlights**
12.00 NOON **The Proving Ground**
12.30 PM **NFL Bitesize Highlights**
1.00 **Good Morning Football**
3.00 **The Proving Ground**
3.30 **NFL Bitesize Highlights**
4.00 **NFL: America's Game**
5.00 **NFL Highlights** Los Angeles Rams v Philadelphia Eagles.
6.00 **NBC's Pro-Football Talk**
8.00 **The Proving Ground** Following the New York Jets in the summer.
8.30 **NFL Bitesize Highlights** Kansas City Chiefs v Houston Texans. **8.45** Action from Detroit Lions v Washington Commanders.
9.00 **Super Bowl LIX Highlights** Kansas City Chiefs v Philadelphia Eagles at Caesars Superdome.
10.00 **The Proving Ground**
10.30 **NFL Bitesize Highlights** Action from Tampa Bay Buccaneers v Washington Commanders. **10.45** Highlights of Los Angeles Rams v Minnesota Vikings.
11.00 **NFL Fantasy** Expert analysis.
12.00 M'T **The Insiders** NFL news.
1.00 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Deadline Day**
7.00 **Sky Sports Breakfast**
8.00 **World Matchplay Darts**
12.00 NOON **Lunchtime Live**
2.00 PM **Sports Desk**
3.30 LIVE **US Open Tennis** Day four of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York, where the second round is scheduled to get under way.
7.35 LIVE **EFL Millwall v Wrexham.** Coverage of the Championship match staged at The Den. Both of last season's meetings ended in a 2-0 victory for the away side, with the Reds earning their first win of the campaign when they visited here last August, as Kieffer Moore and Lewis O'Brien got their names on the scoresheet. Kick-off **7.45pm**.
9.45 LIVE **US Open Tennis** Continued coverage of day four of the Grand Slam held at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York, where the second round is scheduled to continue.
4.30 **EFL Greatest Games**
5.00 **to 6.00** AM **ATP Tennis**

Sky Sports Mix

416 412 511 429 449

6.00 AM **PL Greatest Games**
7.00 **Women's T20 World Cup**
8.00 **ATP Tennis** Italian Open final.
9.00 **Ladies European Tour Golf**
10.00 **PGA Tour Golf** Highlights.
11.00 **ATP Tennis** Cincinnati Open final.
12.00 NOON **My Icon** Sporting heroes.
12.30 PM **Darts Gold** Archive action.
12.45 **The Mensur Suljovic Story**
1.00 **NFL Bitesize Highlights**
2.00 **Super League** A chance to see Castleford Tigers v Bradford Bulls.
5.00 **NFL Bitesize Highlights**
6.00 **Indycar** Highlights of the Snap-on Makers and Fixers 250.
8.00 **ATP Tennis** Italian Open final.
9.00 **WTA Tennis** Rabat Open final.
10.00 **Ginetta Juniors Highlights**
11.00 **NFL Bitesize Highlights**
12.00 M'T **My Icon** Sporting heroes.
12.30 AM **Darts Gold** Archive action.
1.00 **Super League**
4.00 **Super League Highlights**
5.00 **My Icon** Sporting influences.
5.30 **to 6.00** AM **Darts Gold**

TNT Sports 3

413 415 523 410 432

6.00 AM **Supercars Championship**
8.00 **WRC Review** Rally Paraguay.
9.00 **Formula E: Driver**
10.00 **Premier League Review**
11.00 **Fishing: On the Bank**
12.00 NOON **MotoGP Rewind**
12.15 PM **The Gruppetto**
12.30 **La Vuelta Men** Stage 10.
1.30 LIVE **La Vuelta Men** Coverage of the 11th stage of the Grand Tour race, a flat 151.3km route from Cartagena to Lorca.
5.00 **The Gruppetto** Cycling action.
5.15 **Premier League Reload**
5.30 **Supercars Championship**
7.30 **Ultimate Pool** The first week of the NxtGen tournament.
9.00 **Men's Cycling Pro Series**
10.00 **La Vuelta Men** Stage 11.
11.00 **Premier League Review**
12.00 M'T **MotoGP Highlights**
1.00 AM **Men's Cycling Pro Series**
2.00 **La Vuelta Men** Stage 11.
3.00 **British Superbikes Highlights**
4.00 **to 6.00** AM **NWSL**

TNT Sports 4

414 416 524 411 434

6.00 AM **Snooker: Wuhan Open**
8.00 **La Vuelta Men** Stage 10.
9.00 **AFL** Two match replays.
12.00 NOON **Premier League Netbusters** Matchday two, featuring Aston Villa v Arsenal.
12.30 PM **CPL Highlights** St Kitts & Nevis Patriots v Barbados Royals.
1.00 **MLB Highlights**
2.00 **British Superbikes Highlights**
3.00 **Premier League Review**
4.00 **Snooker: Wuhan Open** Action from the final at the Optics Valley Gymnasium in Wuhan, China.
6.00 **NWSL** Highlights from Gotham FC v Portland Thorns. **7.00** Washington Spirit v Bay FC.
8.00 **Premier League** A replay of Liverpool v Nottingham Forest.
9.30 **UFC** A chance to see Umar Nurmagomedov v Song Yadong.
12.30 AM **UFC Reloaded** UFC 67.
3.00 **LIV Golf** From Michigan.
4.00 **to 6.00** AM **Supercars Championship Highlights**

Premier Sports 1

419 APP 528

6.00 AM **World Surf League**
7.00 **European Le Mans Series**
8.00 **Michelin Le Mans Cup**
8.30 **LaLiga Match Highlights**
10.00 **NASCAR Highlights**
11.00 **Swedish Speedway**
12.55 PM **Michelin Le Mans Cup**
1.25 **Coppa Italia Show**
1.55 LIVE **Coppa Italia Sassuolo v Frosinone.** Coverage from Mapei Stadium – Città del Tricolore. Kick-off **2.00pm**.
3.55 **LaLiga Match Highlights**
4.55 LIVE **Coppa Italia Udinese v Venezia.** At Bluenergy Stadium. Kick-off **5.00pm**.
7.15 **LaLiga Match Highlights**
8.00 **Bike World** Magazine.
8.30 **NASCAR Highlights**
9.30 **KOTV Weekly** Boxing news.
10.00 **LaLiga** Real Madrid v Malaga.
12.00 M'T **Sporting Countdowns**
12.30 AM **LaLiga** Two match replays.
4.30 **Sporting Countdowns**
5.00 **to 6.00** AM **NASCAR**

Premier Sports 2

420 APP 529

6.00 AM **United Rugby Championship** Leinster v Stormers in the second semi-final.
8.00 **Top 14 Rugby Union** Toulouse v Montpellier in the final.
10.00 **Top 14 Rugby Union Highlights**
10.30 **Coppa Italia** Parma v Cremonese.
12.30 PM **Football's Greatest**
2.00 **3Ice Hockey** Action from the three-on-three ice hockey league.
5.00 **Bike World** Magazine.
5.30 **LaLiga Match Highlights**
5.40 **German Cup** Bayern Munich v VfB Stuttgart in this year's final.
7.40 LIVE **German Cup VfL Osnabruck v Bayern Munich.** Coverage of the first-round tie from Stadion an der Bremer Brucke. Kick-off **7.45pm**.
10.30 **Football's Greatest**
11.00 **Coppa Italia** Parma v Cremonese.
1.00 AM **German Cup**
3.00 **Football's Greatest**
3.30 **Coppa Italia** Torino v Monza.
5.30 **to 6.00** AM **Top 14 Rugby Union**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** The Italian Grand Prix races from 2020 to 2023.
10.00 **Indycar** Highlights.
12.00 NOON **Formula 1** The 2020 to 2025 Italian Grand Prix races at Autodromo Nazionale Monza.
6.00 PM **Indycar** The Snap-on Makers and Fixers 250 at Milwaukee Mile in West Allis, Wisconsin.
8.00 **F1 Classic Races** A chance to see the 1989 Italian Grand Prix. **9.45** The 1993 Italian Grand Prix. **11.30** 1995 Italian Grand Prix.
1.00 **to 6.00** AM **The Best of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

3 September
Planner

Chad Powers
COMEDY Disney+
As Russ Holliday (Glen Powell) returns to the football field as college quarterback 'Chad Powers' in season two of the comedy, Russ's secret identity is in danger of being explosed.

The Gentlemen
DRAMA Netflix
Guy Ritchie's slick crime drama returns for a second season, with every clip looking like a *Tatler* fashion spread. A year on, Eddie (Theo James) and Susie (Kaya Scoderlario) have settled into their lucrative weed business and are attempting to establish contacts in the Italian lakes.

Taskmaster
ENTERTAINMENT C4, 9pm
A fresh batch of comedians – Matt Lucas, Richard Ayoade, Nina Conti, Chloe Petts and Isy Suttie – are under the watchful gaze of Greg Davies and his faithful assistant Alex Horne as they complete utterly ridiculous tasks, all in the name of entertainment.

Sandi's Ireland: A Literary Journey
TRAVELOGUE More4, 9pm
Sandi Toksvig is the latest celeb to drag a camera crew around the Emerald Isle (we wonder if Martin and Roman Kemp sent her any travel tips?), with Irish writers serving as inspiration for her itinerary.

Thursday

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Dragons' Den		9.00 Ludwig		10.00 News; Local News	
	102 BBC2	7.00 Escape to the Country		8.00 The Big Deal with Steph McGovern		9.00 A House Through Time		10.00 Red Dwarf	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Millionaire Hot...	8.00 Emmerdale	8.30 Coronation Street	9.00 Long Lost Family		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Renovation Rescue		9.00 Taskmaster		10.00 Celebrity Gogglebox	
	105 5	7.00 Cycling: Vuelta a España		8.00 The Yorkshire Vet		9.00 Benidorm Is Murder		10.00 Killer at the Crime Scene	
	106 SKY ONE	7.00 The Simpsons		8.00 Rob & Romesh vs Crufts		9.00 An Idiot Abroad 3		10.00 Rob Beckett: Giraffe	
ENTERTAINMENT	115 BBC3	7.05 Deadly 60		8.00 The Cruise		9.00 Amanda & Alan's Italian Job		10.00 RuPaul's Drag Race UK	
	116 BBC4	7.00 Fred Dibnah's...	7.30 Villages by the...	8.00 Film: The Italian Job			9.35 Talking Pictures: The...	10.20 Film: The Godfather	
	118 ITV2	7.00 Celebrity Wheel of Fortune		8.00 The 1% Club		9.00 Romesh Ranganathan's Parents'...		10.00 Changing Ends	10.35 Family Guy
	136 MORE4	‹ 6.50 Car S.O.S.		7.55 Grand Designs		9.00 Sandi's Ireland: A Literary Journey		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons	7.30 Brooklyn...	8.00 Ladies of London: The New Reign		9.00 Gogglebox		10.00 Sarah Millican: Late Bloomer	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 CIA		10.00 The Equalizer	
	108 SKY ATLANTIC	‹ 6.45 The Last of Us				9.00 Fightland		10.00 Dune: Prophecy	
	110 U&GOLD		7.25 Dad's Army	8.00 The Vicar of Dibley			9.35 The Royle Family	10.10 Not Going Out	
	111 U&DAVE	7.00 Mortimer & Whitehouse	7.40 Would I Lie to You?		8.20 Would I Lie to You?	9.00 Hit Point		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Vera				10.00 Agatha Christie's Marple	
	120 ITV4	7.00 Beat the Chasers		8.00 Cycling: Tour of Britain Highlights		9.00 Benidorm			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Horrible Bosses			
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 Resident Alien		10.00 Evil	
	143 U&DRAMA	‹ 6.40 Last of the Summer Wine		8.00 The Marlow Murder Club				10.00 New Tricks	
	109 U&ALIBI	‹ 6.55 Private Eyes	7.50 Bookish			9.00 The Hunting Party		10.00 Death in Paradise	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Discovering		9.00 Spymasters: The Great Spy Writers		10.00 The Myth of Marilyn Monroe	
	132 U&W	7.00 MasterChef Australia			8.20 Property Brothers: Under Pressure		9.20 DIY SOS: The Big Build		
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers				9.00 Naked and Afraid: Global Showdown			
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Alaska: Surviving the Last Frontier		9.00 Alaska: The Last Frontier		10.00 Mountain Monsters	
	129 NAT GEO	7.00 Air Crash Investigation				9.00 Inside Melbourne Airport		10.00 Contraband Capture	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 History's Most Shocking		9.00 Alone		10.00 Discovered by Disaster	
	155 U&YESTERDAY	7.00 Seven Worlds, One Planet		8.00 Bangers & Cash		9.00 Dream Car Fixers		10.00 Bangers & Cash	
	114 SKY DOCS	7.00 Savage Mountain				9.00 Senna			

‹ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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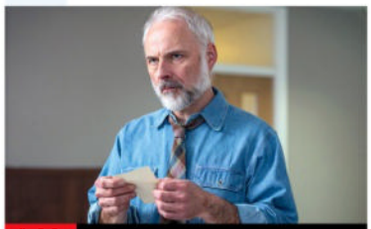
Thursday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Rip Off Britain** New edition (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Money for Nothing** New edition New maker Jacob tries to strike the right chord with a guitar table. (S)
2.45 **Escape to the Country** A retired couple who live just outside Belfast hope to move closer to their family in Herefordshire. (S)(R)
3.45 **Garden Rescue** A colourful garden with a Moroccan influence. (S)(R)
4.30 **The Answer Run** Quiz. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)


9.00 Ludwig

7.00 **The One Show** Alex Jones and Clara Amfo present the topical show. (S)
7.30 **EastEnders** The men of Walford gather in Harry's Barn for Max and Howie's stag party, while Linda makes a big decision. (S)(AD)

8.00 **Dragons' Den** New edition 10/14. Music mogul Tinie Tempah joins the Dragons to hear pitches for music events with social enterprise at their core, a new retail venue and all-natural plant-based ice cream. (S)(AD)

9.00 **Ludwig** New episode 3/6. John gets sidetracked while gathering intel for Lucy's upcoming assignment by the murder of an influencer in the heart of Cambridge. (S2) (S)(AD)
■ Episodes 1-3 on BBC iPlayer

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **FILM Creed II** Boxing drama sequel starring Michael B Jordan and Sylvester Stallone. Under the guidance of boxing legend Rocky Balboa, newly crowned heavyweight champion Adonis Creed faces off against Viktor, the son of Ivan Drago, whom his mentor fought in the 1980s. With Tessa Thompson. (S) (2018, 12, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.40 AM **The Repair Shop: Beyond the Barn** 1/8. The experts revisit people who have been reunited with cherished items. (S)(R)(AD)
1.40 **Weather for the Week Ahead** (S)
1.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Garden Rescue** (S)(R)
7.15 **Money for Nothing** (S)(R)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Richard Osman's House of Games** Quiz show. (S)(R)
1.30 **The Edge** Game show. (S)(R)
2.15 **Weatherman Walking** (S)(R)
2.45 **Animal Park** (S)(R)(AD)
3.30 **Dogs in the Wild: Meet the Family** Documentary. (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** (R)
5.15 **Flog It!** From Ushaw. (S)(R)
6.00 **Richard Osman's House of Games** With Ken Bruce, Alice Roberts, Perri Shakes-Drayton and Kiell Smith-Bynoe. (S)(R)
6.30 **Great British Railway Journeys** Travelling from Gatwick Airport to Royal Tunbridge Wells. (S)(R)(AD)

9.00 A House Through Time

7.00 **Escape to the Country** Armed with a budget of £450,000, Jules Hudson helps a couple who are hoping to make a permanent move from Kent to the scenic East Riding of Yorkshire. (S)(R)

8.00 **The Big Deal with Steph McGovern** New edition 4/6. The contestants are split into teams, with one half travelling to Berlin to liaise with artists, while the rest stay in London to prepare for an online auction. (S)(AD)

9.00 **A House Through Time** Series finale 4/4. The final edition follows the Ruggs family, who were witnesses to the first German attack on mainland Britain in October 1939. (S)(AD)
■ Entire series on BBC iPlayer

10.00 **Red Dwarf** *Quarantine:* 4/6. Rimmer forces the crew into 12 weeks of strict quarantine. (S5) (S)(R)(AD)
10.30 **Newsnight** (S)
11.05 **Emergency 24/7** 3/6. A 74-year-old man arrives with life-threatening burns after his shed explodes. (S)(R)(AD)
12.05 AM **FILM Respect** Biopic starring Jennifer Hudson. After singing in her father's church's choir, gifted vocalist Aretha Franklin copes with the highs and lows of international fame. With Forest Whitaker. (S)(AD) (2021, 12, 140min) ★★★
2.25 **Sign Zone: Vigil** (S3) (S)(R)(AD)
3.20 **to 6.30** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
1.30 PM **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** At Nottingham's Albert Hall, Henry Nicholls flexes his spending muscles on a collection of superhero comics, while Tim Hogarth struggles to seal a deal on a 'blingy' signet ring. (S)(R)
3.00 **Deal or No Deal** Stephen Mulhern hosts as contestant Jay tries to open the 22 red boxes in the right order. (S)(R)(AD)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Long Lost Family

7.30 **Millionaire Hot Seat** New edition Jeremy Clarkson hosts the quiz where each edition sees six hopefuls play for £1 million. However, only one player can take their place in the Hot Seat at a time. (S)
■ Continues tomorrow

8.00 **Emmerdale** Bear talks to Sarah, while Nicola is mortified. (S)(AD)
8.30 **Coronation Street** Debbie experiences a brush, while Jodie's date with Kit raises objections from both Shona and Bethany. (S)(AD)

9.00 **NEW SERIES Long Lost Family** Davina McCall and Nicky Campbell meet Avril and Marie, who are both seeking answers decades after painful family separations. (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Regional Programmes** See Local Variations. (S)
11.15 **Unbelievable Moments Caught on Camera** A Miami real-estate agent rescues a woman from alligators, and a couple try to flee from a Texas tornado. (S)(R)(AD)
12.10 AM **Teleshopping**
3.00 **The Staircase** 7/8. In 2001, Kathleen prepares for a Christmas to remember. (S1) (S)(SL)(R)(AD)
4.05 **Unwind with ITV** (S)
5.05 **to 6.00** AM **The Chase Around the World** (S)(SL)(R)(AD)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 13-16/24. (S8) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** From Sacramento. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **The Great House Giveaway** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** A search for a holiday home in Spain. (S)(R)
4.00 **The Great B&B Challenge** The final hosts move into the B&B to try to impress the judges. (S)(R)
5.00 **Chateau DIY** Janet and Philip's renovations suffer a setback at the Château de la Fare. (S)(R)(AD)
6.00 **A New Life in the Sun: Where Are They Now?** New edition Abi and Darren launch a silent disco business in Spain. (S)

8.00 Renovation Rescue

7.00 **News** (S)

8.00 **Renovation Rescue** New edition Vogue Williams and Luke Mabbott head to Nottinghamshire to come to the aid of Sylvia and Dave, who have sunk £250,000 into what can only be described as a building site. (S)(AD)

9.00 **NEW SERIES Taskmaster** 1/10. Richard Ayoade, Isy Suttie, Matt Lucas, Nina Conti and Chloe Petts take on the comedy challenge, beginning by hunting for golden apples, rearranging furniture and singing duets with themselves. (S)(AD)

10.00 **Celebrity Gogglebox** Famous faces offer their views on *The Piano, Bridgerton, Celebrity Bridge of Lies, The Sky at Night, UK's Strongest Man, The World's Most Luxurious Retirement Homes* and *Scam Interceptors*. (S)(R)(AD)
11.00 **24 Hours in Police Custody: The Ambush** A teenager left critically injured on the roadside. (S)(R)(AD)
12.15 AM **Crime Scene Cleaners** (S)(R)
1.10 **Ramsay's Kitchen Nightmares USA** From New Jersey. (S)(SL)(R)
2.00 **FILM Our Friend** Fact-based drama starring Dakota Johnson. (S) (2021, 15, 125min) ★★★★
4.05 **Jamie: Eat Yourself Healthy** (S)(R)
5.00 **Couples Come Dine with Me** (R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.15 AM **Milkshake!**
9.05 **Entertainment News** (S)
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.30 PM **LIVE Snooker: British Open** Katie Shanahan hosts coverage of the afternoon session on day four, held at The Centaur in Cheltenham, featuring third-round matches. Analysis from Stephen Hendry, Ken Doherty, and Joe Perry. (S)
5.30 **News** (S)
6.25 **Car Pound Cops** On the Isle of Skye, the family-run Morar Motors tackle the unusual job of helping a langoustine fisherman move his boat back into open water so that he can start fishing again. (S)(R)
6.55 **News** (S)

9.00 Benidorm Is Murder

7.00 **Cycling: Vuelta a España** Rebecca Charlton presents highlights of the 12th stage of the Grand Tour race, a 166.6km mountain route from Vera to Calar Alto. (S)
7.55 **News** (S)

8.00 **The Yorkshire Vet** New edition Shona attends to Pedro the bull, who has a bad case of sunburn, a 12ft Burmese python with an eye problem arrives at the practice, and Peter Wright treats a film star rooster. (S)

9.00 **Benidorm Is Murder** Series finale *The Lock-In:* 6/6. A farewell party takes a deadly turn after a power cut plunges the gathering into darkness, as one guest lies dead on the floor with a knife in his chest. (S1) (S)(AD)

10.00 **Killer at the Crime Scene** In North London, 22-year-old Imani is fatally shot near a playground in a targeted attack. As his family mourn, police uncover a web of gang feuds, revenge, and mistaken identity. (S)(R)

11.05 **Killed by Our Daughter: The McCullough Murders** (S)(R)
12.20 AM **Street Cops: Catching the Yobs** A machete incident. (S)(R)
1.20 **Entertainment News** (S)
1.30 **Teleshopping** (S)(R)
2.30 **GPs: Behind Closed Doors** (R)
3.20 **The Highland Vet** (S)(SL)(R)
4.15 **Yorkshire with Jane McDonald** (S)(SL)(R)
5.00 **to 5.15** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings**
7.00 **Mornings with Ridge and Frost**
8.00 **Stargate SG-1** (S7) (S)(R)
10.00 **La Brea** 8/10. (S1) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Africa's Hunters** (S)(R)
1.00 PM **Hawaii Five-0** (S8) (S)(R)
3.00 **S.W.A.T.** (S2) (S)(R)(AD)
5.00 **The Simpsons** *Looking for Mr Goodbart:* Bart is forced to spend time with Springfield's grandmothers. (S)(R) **5.30** *Pork and Burns:* A Japanese book on minimalism inspires Marge to adapt to a new way of living. (S)(R)
6.00 **Superstore** 5/11. Amy brings her daughter to work. (S)(R) **6.30** 6/11. Amy and Jonah become competitive when he passes his training. (S1) (S)(R)

8.00 Rob & Romesh vs Crufts

7.00 **The Simpsons** *Moho House:* Moe helps Homer and Marge work on their marriage. (S)(R) **7.30** *Dogtown:* The dogs of Springfield begin to assert their dominance over their human owners. (S)(R)

8.00 **Rob & Romesh vs Crufts** Dog owners Rob Beckett and Romesh Ranganathan enter their pets in Crufts to see if their new best friends can learn a thing or two, with Ashleigh Butler acting as their guide. (S)(R)(AD)

9.00 **An Idiot Abroad 3** Karl Pilkington and Warwick Davis's trip continues via India, where they land roles in a Bollywood movie, watch the sun set over the River Ganges and clown around at the circus. (S)(R)(AD)

10.00 **Rob Beckett: Giraffe** A stand-up show by the comedian at the London Palladium at the end of his global tour, which started in November 2024. (S)(R)

11.45 **Never Mind the Buzzcocks** With Sam Ryder. (S)(R)(AD)
12.30 AM **The Paper** (S1) (S)(R)(AD)
1.35 **Road Wars** (R)
2.00 **NEW SERIES New Zealand Spy** 1/6. Comedy starring Paul Williams, Rose Matafeo, Joe Thomas and Bret McKenzie. **2.30** New episode 2/6. The agents try to prevent a foreign minister's assassination. (S1)
3.00 **Hawaii Five-0** (S8) (S)(R)
4.00 **to 6.00** AM **S.W.A.T.** (S)(R)(AD)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
2.00pm First Minister's Questions (S) **3.00-3.45** Money for Nothing (S) **10.40** Sportscene: Premiership Highlights (S) **11.10 FILM** Creed II (S) (2018, 12, 120min) ★★★ **1.10-1.40am** Scotcast (S)(R)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
11.00pm-12.05am Couples Therapy.(S)

ITV1

As main ITV1 except:
ANGLIA
10.45-11.15pm Anglia Late Edition (S)
BORDER/TYNE TEES
10.45-11.15pm Around the House (S)
LONDON
10.45-11.15pm The Late Debate (S)
CENTRAL
10.45-11.15pm Central Lobby (S)
GRANADA
10.45-11.15pm The Granada Debate (S)
MERIDIAN
10.45-11.15pm The Last Word (S)
WALES
10.45-11.15pm Abbey Clancy: Celebrity Homes (R)
WEST/WESTCOUNTRY
10.45-11.15pm The Westcountry Debate (S)
YORKSHIRE
10.45-11.15pm Last Orders

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Dim Byd i'w Wisgo **12.30** Heno **1.00** Codi Hwyl **1.30** Ralïo+ **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion a'r Tywydd **3.05** Am Dro! **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cynefin **6.59** Newyddion **7.00** Heno **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm **8.25** Gwlad y Basg: Gwilym Bowen Rhys **8.55** Newyddion a'r Tywydd **9.00** Cyfrinachau'r Great Escape **10.00** Taclo'r Ty **10.30-11.35pm** Radio Fa'ma

TV&Streaming week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 **Deadly 60** Saltwater crocodiles in Australia. **7.30** Steve Backshall visits Nepal, where he tracks down a rhinoceros.
8.00 **The Cruise** Travelogue first shown in 1998, featuring singer Jane McDonald. **8.30** As the *Galaxy* docks in Jamaica for Christmas, the passengers look forward to a sun-drenched festive season.
9.00 **Amanda & Alan's Italian Job** Amanda Holden and Alan Carr purchase a home in the hills of rural Sicily. **9.30** Amanda and Alan design a Sicilian kitchen.
10.00 **NEW SERIES RuPaul's Drag Race UK** 1/10. A new cast of queens take part as RuPaul kicks off the race. Thandiwe Newton joins Michelle Visage and Alan Carr on the judging panel.
11.15 **Smoggie Queens**
2.10 AM **Paddy & Molly: Show No Mersey**
2.40 **to 4.00** AM **RuPaul's Drag Race UK**

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Fred Dibnah's Building of Britain** The castles of north Wales.
7.30 **Villages by the Sea** Ben Robinson visits Porthgain.
8.00 **FILM The Italian Job** Classic crime caper starring Michael Caine. An ex-con masterminds a huge bullion robbery in Turin. (1969, PG, 100min) ★★★★★
9.35 **Talking Pictures: The Godfather Trilogy** Exploring the story behind Francis Ford Coppola's acclaimed series of films.
10.20 **FILM The Godfather** Francis Ford Coppola's classic gangster saga of a Mafia family engaged in bloody war with rival crime families. Stars Marlon Brando. (1971, 15, 167min) ★★★★★
1.10 AM **Talking Pictures: 70s Legends Part I**
2.00 **Talking Pictures: The Godfather Trilogy**
2.45 **Fred Dibnah's Building of Britain** As 7.00pm.
3.15 **to 3.45** AM **Villages by the Sea**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.00 **Four in a Bed**
12.40 PM **Come Dine with Me** Five editions of the culinary contest from Chelmsford.
3.20 **Four in a Bed** Five editions of the B&B challenge.
5.55 **Car S.O.S** Fuzz Townshend and Tim Shaw restore a 1971 Lamborghini Espada.
6.50 **Car S.O.S** Fuzz and Tim restore a 1972 Ford Escort Mexico belonging to a Jersey resident with blood cancer and tuberculosis.
7.55 **Grand Designs** Kevin McCloud follows the progress of a dual-purpose family and wheelchair-friendly home built by design engineer and former Paralympic swimmer Mark Butler.
9.00 **NEW SERIES Sandi's Ireland: A Literary Journey** 1/2. Sandi Toksvig treads in the footsteps of Ireland's literary greats, exploring the landscapes that inspired writer William Butler Yeats and meeting novelist Marian Keyes.
10.00 **24 Hours in A&E** A woman is airlifted to hospital after being involved in a road traffic collision.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line** Documentary series.
1.15 **24 Hours in A&E**
3.25 **to 3.55** AM **The Perfect Pitch**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** From Kent.
8.00 **Ramsay's Kitchen Nightmares USA**
10.00 **America's Funniest Home Videos** New edition
11.00 **America's Funniest Home Videos** Comical clips.
12.00 NOON **The Simpsons**
2.00 PM **The Goldbergs**
3.00 **Modern Family**
5.00 **The Simpsons**
7.00 **The Simpsons** *Treehouse of Horror XIII:* A collection of blood-curdling tales.
7.30 **Brooklyn Nine-Nine** 4/22. Jake meets an attractive medical examiner. (S1)
8.00 **Ladies of London: The New Reign** New edition Margo's sharp words strike a nerve with Mark-Francis.
9.00 **Gogglebox** Appraisals of *The Crown* and *Survivor*.
10.00 **Sarah Millican: Late Bloomer** Stand-up show.
11.00 **First Dates: Valentine's**
12.05 AM **Naked Attraction's Best Naughty Bits**
1.10 **Gogglebox** As 9.00pm.
2.10 **Ladies of London: The...**
3.00 **Ramsay's Kitchen Nightmares USA**
3.55 **The Simpsons**
4.20 **The Goldbergs**
5.10 **Brooklyn Nine-Nine**
5.35 **to 6.00** AM **Modern Family**

+1 hr 235/236 306 30 123 256

Thursday primetime primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Patrol**
8.00 **UK Border Force**
9.00 **The Force: Manchester**
10.00 **Caught on Dashcam**
11.00 **Police 24/7**
12.00 NOON **FBI** 15&16/22. (S4)
2.00 PM **The Rookie** 7/10. The team search for two missing teenagers. (S6)
3.00 **Blue Bloods** 3/21. Danny and Baez investigate after their friend is hospitalised. (S13)
4.00 **Nothing to Declare** Six editions of the documentary.

9.00 CIA

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 **CIA** New episode *Elimination Game:* 7/12. Colin and Bill investigate a bomb threat at a football match. (S1)

10 PM
10.00 **The Equalizer** *Where There's Smoke:* 2/18. The team help a firefighter's daughter when her father goes missing. (S3)
11.00 **The Rookie** 3/10. (S6)
12.00 M'T **FBI** 13/22. (S4)
1.00 AM **Chicago Med** New episode
2.00 **Chicago Fire** New episode
3.00 **Chicago PD** New episode
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Border Security: Canada's Front Line**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town**
8.00 **Billions** 11&12/12. (S7)
10.15 **The Last of Us** (S1&2)
12.30 PM **Homicide: Life on the Street** 10&11/23. (S6)
2.20 **Billions** 11&12/12. (S7)
4.30 **The White Lotus** 3/8. Chelsea faces danger after going to town with Rick. **5.35** 4/8. Rick reveals his past to Chelsea. (S3)
6.45 **The Last of Us** 7/9. As Joel fights to survive, Ellie looks back on the night that changed everything. (S1)

9.00 Fightland

7.50 **The Last of Us** *When We Are in Need:* 8/9. Ellie crosses paths with some vengeful survivors and draws the attention of the leader, while Joel faces a new threat. (S1)

9.00 **Fightland** New episode *Protect Yourself at All Times:* 4/8. London's gangland is pushed to the brink of war. (S1)

10.00 **Dune: Prophecy** *The Hidden Hand:* 1/6. Valya Harkonnen works to combat a new threat to her long-awaited plan. (S1)
11.15 **All Her Fault** 7/8. Carrie's obsession with Milo takes a dark turn as she starts to plan his kidnapping. (S1)
12.20 AM **The Five-Star Weekend** 5&6/8. Drama series. (S1)
2.05 **Gomorrah: The Origins** (S1)
4.10 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.30 **Real Housewives of Potomac**
8.20 **Real Housewives of Beverly...**
9.15 **The Only Way Is Essex**
10.15 **Dawson's Creek** 10/22. (S2)
11.10 **Charmed** 1/22. (S2)
12.10 PM **Deal or No Deal**
1.10 **Supermarket Sweep**
2.10 **Celebrity Wheel of Fortune**
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Potomac**
5.00 **Real Housewives of Beverly Hills** Reality series.
6.00 **Celebrity Catchphrase**

10.00 Changing Ends

7.00 **Celebrity Wheel of Fortune** A special edition of the game show, with Tom Allen, Michelle Visage and Eddie Kadi.

8.00 **The 1% Club** Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **Romesh Ranganathan's Parents' Evening** Tom Allen, Fleur East and Steve Pemberton compete in the comedy game show.

10.00 **Changing Ends** 5/6. Christine's party takes a raucous turn. (S3)
10.35 **Family Guy** 11/16. Meg becomes religious. (S7)
11.05 **Family Guy** 9/12. (S6)
11.35 **American Dad!** 4/19. Stan opens a restaurant. (S6) **12.05** AM 2/22. Steve receives an F at school. (S12)
12.35 **Bob's Burgers** 6&3/16. (S14)
1.30 **Deal or No Deal**
2.20 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
7.05 **Classic Emmerdale**
8.05 **Classic Coronation Street**
9.10 **Agatha Christie's Poirot**
11.30 **Heartbeat** Double bill.
1.35 PM **Midsomer Murders** *Who Killed Cock Robin?* Barnaby encounters an old adversary.
3.35 **Classic Emmerdale**
5.15 **Classic Coronation Street**
5.50 **Heartbeat** *Dangerous Whispers:* Gina Ward makes a surprise return, and Bellamy encounters a key informant who might come in useful.

8.00 Vera

6.55 **Heartbeat** *Scent of a Kill:* Dr Merrick faces a testing time when a terrified hospital patient claims her husband is trying to kill her.

8.00 **Vera** *Broken Promise:* The detective investigates when a student falls to his death in mysterious circumstances, so Vera turns to friends and family to glean all she can about the dead man.

10.00 **Agatha Christie's Marple** The sleuth investigates the murder of her old friend Father Gorman, using a list of names sent by the priest just before his death.
11.50 **Agatha Christie's Poirot** *Hickory Dickory Dock:* A spate of petty thefts culminates in a series of murders at a hostel.
2.00 AM **George and Mildred**
2.25 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
8.05 **Robin of Sherwood**
9.05 **The Professionals**
10.15 **LIVE Cycling: Tour of Britain** Stage two, a 180.2km route from Boston to Skegness that will see the riders tackle the Lincolnshire Wolds and conclude with a sprint finish.
3.45 PM **The Sweeney**
4.50 **The Professionals** *Stopover:* Bodie and Doyle are pitted against KGB assassins.
5.55 **Minder** *Senior Citizen Caine:* Terry tries to protect a widow.

9.00 Benidorm

7.00 **Beat the Chasers** English teacher Val, Frankie from Dorset and Kieran from Romford take part in the quiz.

8.00 **Cycling: Tour of Britain Highlights** Action from the second stage, a 180.2km route from Boston to Skegness.

9.00 **Benidorm** 3/9. Madge seizes her chance of marriage with Mel. **9.30** 4/9. The gang head to a bullfight.

10.00 **Benidorm** 5/9. Kelly's mother Sylvia arrives. **10.30** 6/9. Donald and Jacqueline take revenge on Mateo. (S2)
11.00 **Ligue 1 Highlights** Action from the top division of French football, including Lille v Paris Saint-Germain and Monaco v Marseille.
11.30 **Wrestling: AEW Collision**
1.30 AM **Hell's Kitchen**
2.30 **to 3.00** AM **Auto Mundial**

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Grand Tours of Scotland's Lochs** The lochs of Skye.
8.00 **Beechgrove Garden** New edition George and Calum review planting projects from the spring.
8.30 **Our Lives: Speed Without Limits** Following Scotland's first wheelchair-using racing driver, Ally Chalmers.
9.00 **Martin Compston's Norwegian Fling** 1/6. The actor and Phil MacHugh explore the Scandinavian country. **9.30** 2/6. Celebrating Norway's National Day.
10.00 **Michelle McManus Sings for the Pope** The singer performs a hymn in front of Pope Leo XIV.
11.00 **Scotcast** Topical debate.
11.30 PM **to 12.00** M'T **Growing Up Scottish**

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S4)
9.00 **Sort Of** 1&2/8. (S3)
10.00 **Avenue 5** 8/8. (S2)
10.35 **Based on a True Story**
11.20 **Will & Grace** (S9)
12.20 PM **Upright** (S2)
1.40 **Avenue 5** 8/8. (S2)
2.15 **Based on a True Story**
3.00 **Will & Grace** (S8)
4.00 **Hitmen: Reloaded** (S2)
5.00 **Community** (S3)
6.00 **Will & Grace** (S9)
7.00 **The Office (US)** (S6)
8.00 **Animal Control** 4/9. Emily joins Frank on an official ride-along. **8.30** 5/9. Emily hires an expert dog trainer. (S2)
9.00 **Al Murray: All You Need Is Guv** Stand-up.
10.00 **FILM Bride Wars** Wedding comedy. (2009, 12, 85min) ★★★
11.35 **The Paper** 7&8/10. (S1)
12.40 AM **Animal Control** (S2)
1.40 **Community** (S3)
2.40 **Upright** 2/8. (S2)
3.15 **Avenue 5** 6/8. (S2)
3.55 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36
143 24 350 365

6.00 AM **Nutcracker**
7.45 **Artist of the Year**
8.45 **Tales of the Unexpected**
9.55 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Classic Albums**
1.00 PM **Tales of the...**
2.00 **Alfred Hitchcock Hour**
3.00 **Stories from the...**
4.00 **Discovering**
5.00 **Portrait Artist 2024**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Discovering**
9.00 **Spymasters: The Great Spy Writers**
10.00 **The Myth of Marilyn Monroe** A profile.
11.00 **The Directors**
12.00 M'T **Sean Connery vs James Bond**
1.15 AM **Discovering Romance on Film**
2.45 **Art Traffickers**
3.45 **National Treasures**
5.00 **to 6.00** AM **Stories from the National Portrait Gallery**

Sky Mix

151 158 156 11 141 23

7.00 AM **Border Security: America's Front Line**
8.00 **Border Patrol**
9.00 **Nothing to Declare**
11.00 **Border Security: America's Front Line**
12.00 NOON **Caught on Dashcam** Road disasters.
1.00 PM **Police 24/7**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 18/26. (S6)
5.00 **Stargate SG-1** (S9)
6.00 **Star Trek: Voyager** (S1)
7.00 **Star Trek: The Next Generation** 19/26. (S5)
8.00 **Hawaii Five-0** (S1)
9.00 **Killer in My Village**
10.00 **Britain's Most Evil Killers** Investigating the murder of Mhairi Julyan.
11.00 **Grimm** 19/22. (S1)
12.00 M'T **Wynonna Earp** (S1)
1.00 AM **Police 24/7**
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Five people from Windsor take part.
3.00 **The Chase Around the World** The teams land in Lisbon to take on the Dark Destroyer and the Sinnerman.
4.00 **Ridiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Ush takes on the infamous Banker for the chance to win a life-changing cash prize.
6.00 **Lingo** Triple bill of the word-based quiz show.
9.00 **The Chase Around the World** The teams land in Paris to take on the Vixen and the Beast.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **Ridiculous** Quiz show.
2.40 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun: Where Are They Now?** From France.
10.00 **Find It, Fix It, Flog It**
11.00 **Great B&B Challenge**
12.00 NOON **A Place in the Sun** Triple bill of editions.
3.00 PM **Come Dine with Me**
5.30 **A Place in the Sun** A Hampshire couple seek a property on Spain's Costa del Sol. **6.00** A couple seek a Spanish holiday home.
7.00 **Gogglebox** Compilation of series 27 highlights.
8.00 **Kirstie and Phil's Love It or List It: Brilliant Builds** A look back at seemingly unresolvable property problems.
9.00 **9/11: 102 Minutes That Changed America** Footage of the attacks on the World Trade Centre.
11.35 **Celebrity Gogglebox**
12.40 AM **Love Cheats**
2.40 **Taskmaster**
3.40 **to 4.40** AM **Fred's Ultimate Hotels**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S4)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S5)
2.00 **Primeval** 4&5/7. (S2)
4.00 **Stargate SG-1** 1/20. (S9)
5.00 **Star Trek: Voyager** 11/26. The ship becomes split into different time-frames. (S7)
6.00 **Star Trek: Enterprise** 10/22. Emory Erickson, Archer's mentor and the inventor of the transporter, conducts a risky teleportation experiment. (S4)

11.00 The Walking Dead

7.00 **Stargate Atlantis** *The Shrine:* 6/20. McKay falls victim to a deadly parasite that feeds off his memories. (S5)
8.00 **Stargate SG-1** *Avalon – Part One:* 1/20. A new arrival at the SGC plans to reunite the team. (S9)
9.00 **Resident Alien** *Avian Flu:* 4/8. Harry gets distracted from his mission, while Mike and Liv make a huge discovery. (S3)
10.00 **Evil** *3 Stars:* 3/13. Kristen, David and Ben investigate a potential demonic possession. (S1)
11.00 **The Walking Dead** 15/16. Aaron continues searching for allies, while Daryl and Rosita confront an old friend. (S8)
12.00 M'T **Resident Alien** 3/8. Harry accompanies the Hawthornes to Yellowstone. (S3)
1.00 AM **Primeval** 4&5/7. (S2)
3.00 **The Walking Dead** (S8)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S9)
9.00 **Shakespeare & Hathaway: Private Investigators** (S4)
10.00 **The Mentalist** 12/22. (S6)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Body of Proof** (S2)
1.00 PM **Death in Paradise** (S4)
2.00 **Murdoch Mysteries** (S9)
4.00 **The Mentalist** 12/22. (S6)
5.00 **Hudson & Rex** 7/8. Sarah and Rex are kidnapped by a criminal mastermind. (S8)
6.00 **Body of Proof** 16/20. Megan and the team investigate a double murder. (S2)

9.00 The Hunting Party

6.55 **Private Eyes** *Aye, Aye, Tonya:* 11/12. Shade and Angie look into a mystery on a cruise ship. (S3)
7.50 **Bookish** *Dead Man's Whistle – Part Two:* 4/6. Book and the team attempt to decipher the handiwork of a tailor. (S2)
9.00 **The Hunting Party** New episode *Lou Kaplan:* 6/13. A serial killer who targeted social media influencers returns. (S2)
10.00 **Death in Paradise** *Stab in the Dark:* 1/8. A plantation owner is killed during a seance. With Don Gilet. (S4)
11.00 **Private Eyes** As 6.55pm.
12.00 M'T **Shakespeare & Hathaway: Private Investigators** 8/10. Frank and Lu investigate a case of paranormal activity. (S4)
1.00 AM **Hudson & Rex** (S8)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
9.35 **The Green Green Grass**
10.15 **Are You Being Served?**
10.55 **Last of the Summer Wine**
12.10 PM **Ever Decreasing Circles**
12.50 **Porridge**
1.30 **The Vicar of Dibley**
2.10 **Dad's Army**
2.50 **The Green Green Grass**
3.25 **Are You Being Served?**
4.00 **Ever Decreasing Circles**
4.40 **Dad's Army**
5.20 **Last of the Summer Wine**
6.45 **The Vicar of Dibley**

4.00 Ever Decreasing Circles

7.25 **Dad's Army** Mainwaring devises a new way of foiling Hitler's plans – but it results in Pike getting trapped in a minefield.
8.00 **The Vicar of Dibley** Geraldine tries to find a celebrity to open the autumn fair in style. **8.40** Festive special from 1999. Alice and Hugo star in the nativity play.
9.35 **The Royle Family** Nana is in mourning, but her grief tries Jim's patience as she drowns her sorrows with brandy.
10.10 **Not Going Out** Daisy wins a place on *Pointless* and Lee convinces her to have him as her partner.
10.50 **The Vicar of Dibley**
12.25 AM **The Royle Family**
1.05 **Not Going Out**
1.45 **Don't Wait Up** Toby resolves to move out of the hotel, but the decision places a strain on his relationship with Tom.
2.30 **to 4.00** AM **The Outlaws**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.25 AM **Top Gear**
8.20 **Border Force: America's Gatekeepers** Double bill.
10.20 **Rick Stein's Road to Mexico**
11.20 **Yukon Gold** Documentary.
12.20 PM **Top Gear** Double bill.
2.20 **Mortimer & Whitehouse: Gone Fishing** As 7.00pm.
3.00 **Speed with Guy Martin**
4.00 **Hairy Bikers' Best of British**
5.00 **Rick Stein's Road to Mexico** The Yucatan Peninsula.
6.00 **Rick Stein's Secret France** The chef takes trips to the Languedoc and Provence.

9.00 Hit Point

7.00 **Mortimer & Whitehouse: Gone Fishing** The duo head for the Surrey Hills.
7.40 **Would I Lie to You?** Guests include Susie Dent and Bob Mortimer.
8.20 **Would I Lie to You? At Christmas** Guests include the Rev Richard Coles and Clive Myrie.
9.00 **Hit Point** New episode 4/6. Leo and Carter discover that Dylan and Sophia have run off. (S1) ■ Entire series on U
10.00 **Have I Got a Bit More News for You** Victoria Coren Mitchell hosts, with guests Stacey Dooley and Andy Hamilton.
11.00 **Taskmaster: Champion of Champions** 1/2. Champions from the first five series return.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **Hit Point** As 9.00pm.
3.05 **House of Games**
3.35 **to 4.00** AM **Judge Romesh**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.25 AM **The Bill**
8.25 **Doctors**
9.40 **Classic Holby City**
11.00 **Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Classic Neighbours**
3.20 **Sister Boniface Mysteries**
4.20 **Kingdom**
5.20 **As Time Goes By**
6.00 **Last of the Summer Wine** Seymour dabbles in skiing. **6.40** Compo loses his ferret as the friends make their way to a friend's funeral.

8.00 The Marlow Murder Club

7.20 **Last of the Summer Wine** The Teesdales give the trio a lift home from their caravanning holiday.
8.00 **The Marlow Murder Club** *An Appetite for Murder – Part One:* 5/6. A celebrity chef is killed during his cookbook launch.
9.00 **The Marlow Murder Club** *An Appetite for Murder – Part Two:* 6/6. A new development makes the police rethink things. (S3)
10.00 **New Tricks** *Half Life:* The team reinvestigate the murder of a man who was found in an alleyway seven years previously.
11.00 **Copper** 4/10. New evidence provides clues about the death of Corcoran's daughter. (S1)
12.00 M'T **Lovejoy**
1.00 AM **Sister Boniface Mysteries**
2.00 **At Home with the Braithwaites** 3/6. (S1)
3.00 **to 4.00** AM **You're Killing Me**

+1 hour 243 316 60 260

Thursday

7 PM
8 PM
9 PM
10 PM

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 9-11/24. (S3)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Hiatus – Part Two:* 24/24. Gibbs emerges from his coma with amnesia. (S3) **7.00** *Shalom:* 1/24. Ziva sees an assassination. **8.00** *Escaped:* 2/24. Fornell and his daughter are threatened. (S4)
9.00 **Blue Bloods** *Times Like These:* 2/20. Tension escalates between Frank and Mayor Chase. (S12)
10.00 **Law & Order: Special Victims Unit** *I'm Going to Make You a Star:* 1/20. Benson gets caught in a game of cat and mouse. **11.00** *The Darkest Journey Home:* 2/20. Benson works with a rape victim. (S21)
12.00 M'T **Law & Order: Special Victims Unit**
1.55 **to 3.50** AM **Prodigal Son**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **Traffic Cops**
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **A&E After Dark** Doctors treat a patient who has sustained spinal damage and a brain injury.
10.00 **Ambulance: Code Red** A 60-year-old woman is trapped in her car.
11.00 **Skin A&E**
12.00 M'T **Killer at the Crime Scene** Documentary.
1.00 AM **Murdered at First Sight** Carlie Brucia.
2.00 **Casualty 24/7: Every Second Counts**
2.50 **Skin A&E**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Cops** Documentary.
9.30 **Trucking Hell**
10.30 **Police Interceptors**
11.30 **Gunsmoke** (S13)
12.30 PM **FILM Stranger at My Door** Western. (1956, PG, 85min) ★★★
2.20 **FILM The Lonely Man** Western. (1957, b/w, PG, 87min) ★★★
4.05 **Highway Thru Hell**
5.05 **Trucking Hell**
5.20 **Motorway Cops: Catching Britain's Speeders** Officers race to back up a patrol on the tail of a joyrider.
6.25 **The Best of World's Strongest Man**
6.45 **LIVE Snooker: British Open** Coverage of the evening session on day four staged at The Centaur in Cheltenham.
11.00 **The X-Files** 13/22. (S6)
12.00 M'T **Behind Bars: World's Toughest Prisons**
1.00 AM **Outback Truckers**
2.00 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.15 AM **Property Brothers: Forever Homes**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
11.00 **DIY SOS: Million Pound Build for Children in...**
12.00 NOON **DIY SOS: The Big Build**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
5.00 **DIY SOS: The Big Build**
6.00 **DIY SOS: Million Pound Build for Children in Need**
7.00 **MasterChef Australia** New edition
8.20 **Property Brothers: Under Pressure** New edition ■ Entire series on U
9.20 **DIY SOS: The Big Build**
11.20 **Killer Women with Piers Morgan**
1.30 AM **My Family**
2.00 **to 3.00** AM **Sort Your Life Out with Stacey Solomon**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **The Architecture the Railways Built**
8.00 **Bangers & Cash: Restoring Classics**
10.00 **Rise of the Nazis**
11.00 **The World at War**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **Rise of the Nazis**
5.00 **The World at War**
6.00 **Antiques Roadshow**
7.00 **Seven Worlds, One Planet** North America.
8.00 **Bangers & Cash** New edition Derek heads to Barnet to collect a Ford Sierra XR 4x4i.
9.00 **Dream Car Fixers** New edition Restoring a 1991 VW Scirocco.
10.00 **Bangers & Cash**
12.00 M'T **Bangers & Cash: Restoring Classics**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **The Architecture the Railways Built**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** The Isle of Man.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Salvage Hunters**
5.00 **Long Lost Family**
6.00 **The Repair Shop** The team restore a Royal Australian Air Force hat.
7.00 **The Yorkshire Auction House** Angus steams into a train treasure trove while helping a bereaved daughter.
8.00 **Antiques Road Trip** Margie Cooper and Tim Medhurst hunt for items in north-west Wales.
9.00 **The Bad Skin Clinic**
11.00 **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

THURSDAY Entertainment

Great! TV

157 167 170 34 32

8.00 AM **The Waltons** (S8)
9.00 **Bramwell** 4/10. (S3)
10.00 **Highway to Heaven**
11.00 **Little House on the Prairie** 8&9/24. (S4)
1.00 PM **The Waltons** (S8)
4.00 **Little House on the Prairie** 8&9/24. (S4)
6.00 **The Irish RM** 1/6. (S1)
7.00 **M*A*S*H** 5/25. Hawkeye's father thinks his son is dead. **7.30** 6/25. The black market grips the 4077th. **8.00** 7/25. Hawkeye and Radar become stranded. **8.30** 8/25. Potter writes a letter home. (S4)
9.00 FILM **Kind Hearts and Coronets** Black comedy with Dennis Price. (1949, b/w, U, 106min) ★★★★★
11.25 **Robin's Nest** (S4)
12.25 AM **M*A*S*H** (S4)
2.20 **Air Rescue**
3.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.00 AM **Railway Murders**
10.00 **Murder Maps**
11.00 FILM **A Lawless Street** Western starring Randolph Scott and Angela Lansbury. (1955, U, 78min) ★★
12.40 PM **The Unit** 21/23. (S2)
1.40 **Burn Notice** (S5)
3.40 FILM **The Vault** Action thriller starring Freddie Highmore, Astrid Berges-Frisbey and Liam Cunningham. (2021, 15, 118min) ★★
6.00 **The Unit** 21/23. (S2)
7.00 **Burn Notice** (S5)
9.00 FILM **The Punisher** Action thriller based on the Marvel comic books, starring Tom Jane and John Travolta. (2004, 18, 123min) ★★★
11.30 **The Avengers** (S6)
12.30 AM **The Baron**
1.30 **The Persuaders!**
2.30 **Coast Guard Alaska**
4.10 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM FILM **Garage Sale Mysteries: Guilty Until Proven Innocent** Thriller. (2016, PG, 85min) ★★
10.05 FILM **Garage Sale Mysteries: The Art of Murder** Crime drama. (2017, PG, 95min) ★★
12.00 NOON **Unforgettable**
1.00 PM **In Plain Sight** (S1)
2.00 **Castle** 15/24. (S5)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **Castle** 16/24. (S5)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** 7/12. (S1)
10.00 FILM **Murder 101: If Wishes Were Horses** Mystery. (2007, PG) ★★
11.55 FILM **Murder 101: Locked Room Mystery** Whodunit. (2008, PG, 115min) ★★
1.50 AM FILM **Killer in Law** Thriller. (2019, PG) ★★
3.20 **to 5.00** AM FILM **The Wrong Mother** Thriller. (2017, PG, 89min) ★★

+1 hour 321

Great! Christmas

322 319 424 52 47

8.00 AM FILM **The Christmas Set Up** (2020, PG) ★★
9.55 FILM **Christmas by Chance** (2020, PG) ★★
12.00 NOON FILM **Belle's Christmas Gift** (2024)
2.00 PM FILM **A Bramble House Christmas** Drama. (2017, PG, 84min) ★★
3.55 FILM **A Blue Ridge Mountain Christmas** Comedy. (2019, PG) ★★
5.50 FILM **Christmas on Honeysuckle Lane** Drama. (2018, PG) ★★
7.50 FILM **Christmas in Evergreen: Letters to Santa** (2018, PG) ★★
9.45 FILM **Merry Mystery Christmas** (2023) ★★
11.35 FILM **12 Toys of Christmas** (2025) ★★
1.40 AM FILM **Dancing Through Christmas** Drama. (2021, PG) ★★
3.20 **to 5.00** AM FILM **A Bramble House Christmas** As 2.00pm.

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
12.00 NOON **Love Your Garden** In south Wales.
1.00 PM **Our Dream Farm with Matt Baker**
2.00 **The Two Ronnies in Australia** Comedy.
3.00 **Garden Rescue**
4.00 **Marcus Wareing's Tales from a Kitchen Garden**
4.45 **Edwardian Farm**
6.00 **Our Dream Farm with Matt Baker**
7.00 **Love Your Garden**
8.00 **Garden Rescue**
9.00 **New Home DIY**
9.30 **Secret Diary of a Call Girl** 3/8. (S1)
10.00 FILM **Groupie Girl** Drama with Esme Johns. (1970, 18, 87min) ★★
12.00 M'T FILM **Can You Keep It Up for a Week?** Comedy. (1974, 18) ★
2.00 AM **The Two Ronnies in Australia** Comedy.
3.00 **My Floating Home**
4.00 **to 5.00** AM **Garden Rescue**

Rewind TV

182 81 164 141

6.00 AM **Highlights**
10.00 **Doctor in Charge** (S2)
10.30 **Only When I Laugh**
11.00 **The Gaffer** (S3)
11.30 **The Upper Hand** (S2)
12.00 NOON **UFO** 10/26. (S1)
1.00 PM **Two's Company**
1.30 **Agony** 6/7. (S3)
2.00 **Second Thoughts** (S5)
2.30 **The Gaffer** 3/7. (S3)
3.00 **Only When I Laugh**
3.30 **Randall and Hopkirk (Deceased)** 25/26. (S1)
4.30 **Old Country** (S2)
5.00 **Stereo Underground**
6.00 **Danger Man** 35/39. (S1)
6.30 **The Upper Hand** (S2)
7.00 **Doctor in Charge** (S2)
7.30 **UFO** 10/26. (S1)
8.30 **Randall and Hopkirk (Deceased)** 25/26. (S1)
9.30 **Time Gentlemen Please**
10.00 FILM **Night Eyes II** Thriller. (1992, 18) ★★
12.00 M'T **Mary Millington's True Blue Confessions**
1.00 AM **Stereo Underground**
2.00 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Building Off the Grid**
11.00 **Deadliest Catch**
12.00 NOON **Treasure Quest: Snake Island**
1.00 PM **Expedition Unknown** Double bill.
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Aussie Gold Hunters** Marcus and Linden are confronted by a rival gold prospector. **8.00** The Dust Devils' water supply runs dry.
9.00 **Expedition X** Phil and Heather visit a castle built over a Nazi portal.
10.00 **Expedition Files**
11.00 **Expedition X**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Jamie Cooks Italy**
7.00 **The Hairy Bikers' Mediterranean Adventure**
8.00 **Delicious Miss Brown**
9.00 **Jamie's 15 Minute Meals**
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
12.30 PM **Mary Berry: Love to Cook** Culinary tips.
1.00 **James Martin's Spanish Adventure**
3.00 **The Hairy Bikers' Mediterranean...**
4.00 **Jamie's 15 Minute Meals**
5.00 **The Pioneer Woman**
6.00 **James Martin's Spanish Adventure**
7.00 **Great British Bake Off**
8.30 **Mary Berry: Love to Cook** Culinary tips.
9.00 **French Country Cooking**
10.00 **One-Pan Wonders**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Mystery Diners**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 24/25. (S2)
9.00 **The Dukes of Hazzard**
10.00 **Babylon 5** 18/22. (S3)
11.00 FILM **Instrument of War** Wartime drama. (2017, 12, 90min) ★★
12.55 PM FILM **The Assassination Bureau** Black comedy thriller. (1968, PG, 110min) ★★★
3.00 FILM **The Southern Star** Adventure. (1968, PG, 105min) ★★★
5.00 **Star Trek** 1/26. (S2)
6.00 **The Dukes of Hazzard**
7.00 **Babylon 5** 19/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **Blunt Force Trauma** Action thriller. (2015, 15, 93min) ★★
11.00 FILM **Blitz** Crime thriller. (2011, 18, 97min) ★★★
1.00 AM FILM **Cold in July** Crime thriller. (2014, 15, 108min) ★★★★
3.10 **to 5.00** AM FILM **Backtrace** Thriller. (2018, 15, 92min) ★★★

Legend Xtra

316 316 171 69 138 51

9.00 AM FILM **Against a Crooked Sky** Western. (1976, PG, 85min) ★★
11.00 **Andromeda** 11/22. (S5)
12.00 NOON FILM **Miami Magma** Sci-fi thriller. (2011, 15, 97min) ★★
2.00 PM FILM **Apocalypse of Ice** Disaster epic. (2020, PG, 88min) ★★
4.00 **Walker, Texas Ranger**
5.00 FILM **Mega Storm: Days of Destruction** Thriller starring David Sutcliffe. (2011, PG, 89min) ★★
7.00 **Andromeda** 12/22. (S5)
8.00 **The A-Team** 3/23. (S4)
9.00 FILM **Hitman** Thriller with Timothy Olyphant. (2007, 15, 100min) ★★★
10.55 FILM **8 Million Ways to Die** Crime thriller starring Jeff Bridges. (1986, 18, 115min) ★★
1.15 AM FILM **Hitman** (2007)
3.10 FILM **Mega Storm: Days of Destruction**
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** Compilation edition.
6.45 **Pawn Stars** Double bill.
7.30 **Storage Wars Canada**
8.25 **Storage Hunters**
9.20 **Hardcore Pawn**
1.05 PM **Pawn Stars**
2.05 **Storage Wars Canada**
3.05 **Ancient Aliens**
5.00 **Close Encounters**
6.00 **Junk & Disorderly**
7.00 **Dickinson's Real Deal**
9.00 **Top 25 Alien Encounters: UFO Case Files Exposed** The most extraordinary UFO cases of recent times.
10.20 **Close Encounters Down Under** Exploring life in rural Australia.
11.15 **The Curse of Oak Island** Double bill.
1.00 AM **Close Encounters**
2.00 **Killer Britain with Dermot Murnaghan**
3.00 **Junk & Disorderly**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
11.00 **Reuben Owen: Life in the Dales**
12.00 NOON **Ben Fogle: New Lives in the Wild**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
4.35 **Around the World by Train with Tony Robinson** Mexico.
5.00 **Cornwall: A Year by the Sea** Following Port Isaac's lifeboat crew.
6.00 **Abandoned Engineering**
7.00 **Ben Fogle: New Lives in the Wild** Double bill.
9.00 **The Terracotta Army: The Discovery with Dan Snow** The historian investigates one of the great archaeological discoveries in China.
10.00 **Battle Front: WWII Road to Victory**
11.00 **Prisoner: Cell Block H**
1.00 AM **The Yorkshire Vet**
3.00 **Abandoned Engineering**
3.50 **to 4.00** AM **Entertainment News**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **The Chase Celebrity Special** Quiz show.
10.00 **The Bidding Room**
11.00 **Celebrity Antiques Road Trip** With Bill Turnbull.
12.15 PM **Lily Savage's Blankety Blank**
1.00 **Cash Trapped**
2.00 **Bridge of Lies**
3.00 **The Chase** Quiz show.
4.00 **Celebrity Antiques Road Trip** With Kate Silverton.
5.15 **All Star Family Fortunes** Game show.
6.00 **Cash Trapped**
7.00 **Beat the Chasers**
8.00 **The Chase** Double bill of the quiz show.
10.00 **The Chase Celebrity Special** Quiz show.
11.00 **Bullseye** Double bill.
12.00 M'T **Bridge of Lies**
1.00 AM **The Chase** Quiz.
2.00 **The Chase Celebrity Special** Quiz show.
3.00 **The Chase** Quiz show.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **The Middle**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **The Middle**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the series, including at: **8.30** 1/24. Amy and Sheldon go on their honeymoon. (S12)
9.00 FILM **Failure to Launch** Comedy starring Sarah Jessica Parker. A couple hire a beautiful woman to woo their stay-at-home thirtysomething son in a bid to get him to leave the nest. (2005, 12, 96min) ★★★
11.00 **Dr Pimple Popper**
12.00 M'T **The Middle**
1.30 AM **Dr Pimple Popper**
2.30 **My 600lb Life**
4.30 **Say Yes to the Dress: UK** Reality series.
5.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Show** Variety show.
9.00 **Everybody Loves Raymond** (S2)
11.00 FILM **Sabrina Goes to Rome** Comedy spin-off. (1998, U, 84min) ★★★
1.00 PM **Friends** (S6&7)
8.00 **Friends** 13/24. Phoebe starts a new job. **8.30** 14/24. The pals celebrate Rachel's 30th birthday. (S7)
9.00 FILM **Horrible Bosses** Farcical comedy starring Jason Bateman. (2011, 15, 93min) ★★★
10.55 **Stupid Central**
11.55 **Whose Line Is It Anyway? USA**
12.55 AM **South Park** (S12)
2.25 **Dragony Aunts**
2.35 **Kerry Godliman: Bandwidth** Stand-up.
3.30 **Al Murray Live: Barrel of Fun** Stand-up show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S2)
7.00 **Teleshopping**
9.00 **Whose Line Is It Anyway? USA**
10.00 **Spin City** 9&10/24. (S2)
11.00 **Friends** (S7)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers: Fantasy Draft**
3.00 **Impractical Jokers: Filming with the Stars**
3.30 **Everybody Loves Raymond** (S2)
6.00 **The Upper Hand** (S4)
7.00 FILM **Sabrina Goes to Rome** Comedy spin-off starring Melissa Joan Hart, Eddie Mills and Tara Charendoff. (1998, U, 84min) ★★★
9.00 **The Best of Mr Bean**
10.00 **Friends** (S6)
2.00 AM **8 Out of 10 Cats Uncut** Highlights.
2.50 **Spin City** 9&10/24. (S2)
3.45 **Impractical Jokers**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

56 42

8.00 AM **Highlights**
9.10 **You Rang, M'Lord?**
10.15 **Bread** 4/6. (S1)
10.50 **Steptoe and Son** (S5)
11.30 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S1)
12.35 **Man About the House**
1.05 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 5/13. (S2)
2.45 **Minder** 5/8. (S6)
3.50 **Just Good Friends** (S1)
4.25 **Man About the House**
4.55 **Bread** 4/6. (S1)
5.30 **Birds of a Feather** (S11)
6.00 **That's 60s**
6.10 **Rising Damp** 6/6. (S4)
6.40 **Steptoe and Son** (S5)
7.20 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 1/11. (S4)
9.00 **Benidorm** 1/7. (S3)
9.55 **Shameless** 16/16. (S7)
11.00 **Man About the House**
11.30 **Mind Your Language**
12.05 AM **Benidorm** 1/7. (S3)
1.00 **Minder** 11/13. (S8)
2.00 **to 5.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Daria** 8/13. (S3)
6.25 **Teen Mom 2**
8.00 **Dallas Cowboys Cheerleaders**
9.00 **Catfish: The TV Show**
10.00 **Judge Judy**
12.00 NOON **Charmed** (S2)
2.00 PM **Catfish: The TV Show** Reality series.
3.00 **Judge Judy**
5.00 **Charmed** (S2)
7.00 **Teen Mom: The Next Chapter** Briana plans a family photoshoot to force Roxanne and Brittany together.
8.00 **Judge Judy** Real-life small-claims cases.
9.00 **Geordie Stories: Charlotte Mam of Two** Charlotte faces a very stressful renovation.
10.00 **Jersey Shore Family Vacation** New edition
11.00 **Geordie Shore**
12.00 M'T **Ink Master: Angels**
1.00 AM **Ink Master**
2.45 **Ex on the Beach**
3.35 **to 4.00** AM **Daria**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Treehouse Masters**
9.00 **Gold Rush** Double bill.
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **How It's Made** Four editions of the series, including at: **4.30** The making of copper pipe fittings and pepper mills.
5.00 **Alaska: Homestead Rescue** The Raneys help novice farmsteaders in Iowa who are on the verge of losing the legacy of their late father.

9.00 Naked and Afraid: Global...

7.00 **Wheeler Dealers** Ant Anstead tries to restore a 1973 Ford Mustang Mach 1's lost power by enhancing the engine.

8.00 **Wheeler Dealers** Mike Brewer and Ant Anstead restore a rusty, non-driving 1973 Saab to its former glory.

9.00 **Naked and Afraid: Global Showdown** New edition The final two teams compete to build traps, shoot targets, bushcraft weapons and make fire. They fight to raise their flag and take home $200,000.

11.00 **Expedition Files** A study shows the Shroud of Turin could be real, and old ghost photos are analysed with new tools.
12.00 M'T **Deadliest Catch**
2.00 AM **Naked and Afraid: Global Showdown**
4.00 **to 5.00** AM **Moonshiners: Master Distiller**

+1hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Bad Dog!**
10.00 **Tanked** With Ludacris.
11.00 **Animal Cops Philadelphia**
12.00 NOON **Animal Cops Phoenix**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** Double bill.
5.00 **Lone Star Law** A concerned citizen reports a hunter on his property and a fisherman is caught illegally catching oysters.
6.00 **Dr Jeff: Rocky Mountain Vet** Jeff and the team encounter an unexpected animal.

5.00 Lone Star Law

7.00 **Treehouse Masters** Pete Nelson builds a luxurious treehouse inspired by Thomas Jefferson in Virginia.

8.00 **Alaska: Surviving the Last Frontier** Following four groups of ordinary people as they travel into the wilderness of Alaska.

9.00 **Alaska: The Last Frontier** A festive edition of the homesteading reality documentary.

10.00 **Mountain Monsters** The hunters search for Jeff, leading them to answers that shed some light on the Spearfinger folklore.

11.00 **The Haunted** A woman's locked horses move into different stalls during the night.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Dog Detectives**
2.00 **Treehouse Masters**
3.00 **Animal Cops Philadelphia**
4.00 **to 5.00** AM **Animal Cops Phoenix**

+1hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
10.00 **Planes that Changed History**
11.00 **Car S.O.S** A Mk 3 Ford Cortina.
12.00 NOON **Ultimate Airport Dubai**
1.00 PM **Air Crash Investigation**
2.00 **Hitler's Last Stand**
3.00 **Hidden Beneath the Cities**
4.00 **Lost Treasures of Egypt**
5.00 **Ice Road Rescue** Thord and Bjoern team up to save a truck and trailer that crashed.
6.00 **Nazi Megastructures: Battle Ready** A look at the stories of Joseph Goebbels and Heinrich Himmler.

10.00 Contraband Capture

7.00 **Air Crash Investigation** Indonesian investigators must determine why a Boeing 737 Max 8 plunged into the Java Sea.

8.00 **Air Crash Investigation** Experts investigate the 1956 collision of two planes over the Grand Canyon in Arizona.

9.00 **Inside Melbourne Airport** A blackout halts operations and resource co-ordinator Andrew tries to restore power.

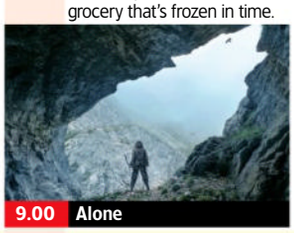
10.00 NEW SERIES **Contraband Capture** Following Customs and Border Protection officers as they battle traffickers.

11.00 **Air Crash Investigation** How pilots may have been distracted in a crash in Miami.
12.00 M'T **Inside Sydney Airport**
1.00 AM **Alaska: The Next Generation** Documentary.
2.00 **Bid & Destroy**
2.30 **Primal Survivor**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

Sky History

123/124 115/116 131 353 368

6.00 AM **Dog Patrol**
6.30 **Rust Valley Restorers**
9.15 **Pawn Stars**
10.10 **Junk & Disorderly: Henry's Wreck-trospective**
11.05 **Storage Wars** Double bill.
12.00 NOON **The Last Hunt for Nazi Gold** Documentary.
1.00 PM **Alone** As 9.00pm.
2.00 **Secrets of Great British Castles** Four editions.
6.00 **American Pickers** In South Carolina, the Wolfe brothers pick a main-street grocery that's frozen in time.


9.00 Alone

7.00 **Forged in Fire** Four smiths forge judge Ben Abbott's favourite blade, the Celtic Ring Knife, using the San Mai technique.

8.00 **History's Most Shocking** A construction worker is caught out on the ledge of a building, while two kayakers are eaten alive.

9.00 **Alone** New edition Survivalists are plunged into the wilderness with only a backpack, where they must hunt predators.

10.00 **Discovered by Disaster** Featuring ancient mammal footprints preserved by a Turkish volcanic eruption.

11.00 **Discovered by Disaster** A Bronze Age village, a Notre Dame fire and a 19th-century grave reveal ancient lifestyles.
12.00 M'T **Storage Wars** Double bill of the documentary series.
12.55 AM **Pawn Stars** Double bill.
1.50 **Alone** As 9.00pm.
2.50 **Discovered by Disaster**
3.40 **to 6.00** AM **Secrets of Great British Castles**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Urban Secrets**
7.00 **Discovering: Christian Bale**
8.00 **The Directors**
9.00 **Last Call: When a Serial Killer Stalked Queer New York**
10.00 **Vegas: The Story of Sin City**
11.00 **Dark Horses: Italy's World Cup Triumph**
12.00 NOON **I Am Jackie O**
1.45 PM **My Icon: Nasser Hussain**
2.00 **Lennox: The Untold Story**
4.00 **The Directors**
5.00 **Discovering: Christian Bale**
6.00 **The Man Who Bought Cricket** 3/3. Documentary.

7.00 Savage Mountain

7.00 **Savage Mountain** Documentary telling the story behind mountaineer Kristin Harila's record-breaking climb of the world's 14 highest mountains and the controversy that followed.

9.00 **FILM Senna** Documentary about legendary Formula 1 racing driver Ayrton Senna, whose astonishing career was tragically cut short at the San Marino Grand Prix in 1994. (2010, 12, 106min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Hill** A profile of ex-Formula One driver Damon Hill.
12.50 AM **Edge of the Earth**
2.00 NEW **Luca: Seeing Red** Chris Harris travels to Italy to spend a week with Italian businessman Luca Montezemolo, the former chairman of Ferrari.
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Christian Bale**

Thursday

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
8.00 **Outback Truckers** New edition Australia's toughest highways.
9.00 **Outback Opal Hunters** New edition The Misfits are working alone for the first time ever.
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
1.00 AM **Salvage Hunters**
3.00 **Salvage Hunters: The Restorers**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/146 40 146 34

7.00 AM **Say Yes to the Dress**
8.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **Judge Rinder's Crime Stories** Kenneth Noye.
12.00 NOON **A Killer's Mistake**
1.00 PM **On the Case with Paula Zahn**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV** New edition
9.00 **Murder on CCTV**
10.00 **Signs of a Psychopath** New editions Motorists discover two bodies. **10.30** A young woman suddenly vanishes.
11.00 **Murder Among Friends**
12.00 M'T **Murder on CCTV**
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Secrets of a Murder Detective** DI Steve Keogh uncovers secrets in Julian Webb's murder.
8.00 **UK Crime Files: Secret Life and Public Death** Examining the 1988 murder of Danny Denbury in Newport.
9.00 **UK Crime Files: A Murder Without Honour** A body is found by a river in Cumbria.
10.00 **Murder UK** A look at the story of Faria Khan. **11.00** The story of nurse Victorino Chua.
12.00 M'T **UK Crime Files: Secret Life and Public Death** As 8.00pm.
1.00 AM **UK Crime Files: A Murder Without Honour**
2.00 **Murder UK** Double bill.
4.00 **48 Hours** Dan Howard.
4.50 **to 5.45** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files: Brothers Who Kill**
9.55 **UK Crime Files: Acid Bath Murders**
10.45 **Teleshopping**
11.00 **Killers: Caught on Camera** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: The Plumstead Ripper**
3.00 **UK Crime Files: The Tenant From Hell**
4.00 **Killers: Caught on Camera** Documentary.
5.00 **Medical Detectives** An apparently healthy man dies in his sleep. **5.30** The murder of Kathleen Lipscomb. **6.00** A retired police officer is found dead. **6.30** A blood sample helps an investigation.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Stop, Search, Seize**
7.00 **Border Security USA**
8.00 **Highway Cops**
9.00 **Stop, Search, Seize**
10.00 **The Force: Manchester**
11.00 **Caught on Dashcam**
12.00 NOON **Catching the Killer** True-crime.
1.00 PM **Britain's Most Evil Killers** Malcolm Green.
2.00 **Killer in My Village**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Britain's Most Evil Killers** Daniel Gonzalez.
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **Catching the Killer**
10.00 **Killer in My Village**
11.00 **The Real CSI: Miami**
12.00 M'T **Killer in My Village**
1.00 AM **Catching the Killer**
2.00 **Murdered at First Sight**
3.00 **Stop, Search, Seize**
4.00 **Send in the Dogs**
5.00 **to 6.00** AM **Road Wars**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's Extremes**
8.35 **Secrets of the Royal Palaces** Versaillles.
9.35 **Ancient Apocalypse**
10.40 **Forgotten Allies: The Search for Burma's Lost Heroes**
11.45 **Ancient Egypt: Life and Death in the Valley of the Kings**
1.00 PM **Secrets of the Royal Palaces**
2.00 **Ancient Apocalypse**
3.05 **Forgotten Allies: The...**
4.10 **Ancient Egypt: Life and Death in the...**
5.25 **Secrets of the Royal Palaces** Versaillles.
6.25 **Ancient Apocalypse**
7.35 **Forgotten Allies: The...**
8.35 **Ancient Egypt: Life and Death in the...**
9.55 **Secrets of the Royal Palaces** Versaillles.
10.55 **Ancient Apocalypse**
12.00 M'T **Forgotten Allies...**
1.00 **to 2.00** AM **Weathered: Earth's Extremes**

Sky Nature

124/125 113/114 135 354 369

6.00 AM **Undiscovered Vistas**
7.00 **Monkey Life** Double bill.
8.00 **Wildlife Icons**
9.00 **Guardians of the Wild**
10.00 **Secret Life of the Kangaroo**
11.00 **Australia's Hidden Islands**
12.00 NOON **Gladiators**
1.00 PM **Monkey Life**
2.00 **Wildlife Icons**
3.00 **Guardians of the Wild**
4.00 **Secret Life of the Kangaroo**
5.00 **Australia's Hidden Islands**
6.00 **Gladiators** As 10.00pm.
7.00 **Monkey Life** Double bill.
8.00 **Africa's Wild Roommates: How Animals Share Bed and Board**
9.00 **Violent Earth** Documentary.
10.00 **Gladiators** A poison dart frog launches a toxic barrage.
11.00 **Australia's Hidden Islands**
12.00 M'T **Africa's Wild Year**
1.00 AM **Undiscovered Vistas**
2.00 **Africa's Wild Roommates: How Animals Share Bed and Board**
3.00 **Violent Earth** Documentary.
4.00 **Wildlife Icons**
5.00 **to 6.00** AM **Guardians of the Wild**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Secrets Declassified with David Duchovny**
9.00 **History's Greatest Aircraft**
10.00 **Crimes That Shook Britain**
11.00 **Ancient Aliens** Double bill.
1.00 PM **History's Greatest Mysteries** Five editions.
6.00 **Mystery Places** A visit to the Devil's Pool in Zambia.
7.00 **UFO Hunters** An encounter with an underwater phenomenon.
8.00 **Battle 360** A CGI reconstruction of the battle of Santa Cruz.
9.00 **History's Most Shocking** Footage of real-life events, including an exploding whale. **10.00** A paraglider using his fast-thinking to survive a drop.
11.00 **Ancient Aliens** A look at evidence to suggest human life was first seeded on Mars. **12.00** M'T Whether extraterrestrials landed on Earth thousands of years ago.
1.00 AM **UFO Hunters** As 7.00pm.
2.00 **History's Greatest Mysteries**
5.00 **to 6.00** AM **Crimes That Shook Britain**

Discovery Science

167 148 179

8.00 AM **Alien Highway**
11.00 **Codes and Conspiracies**
1.00 PM **Secrets Underground**
3.00 **Space Launch: Splashdown**
5.00 **NASA's Unexplained Files**
6.00 **How Do They Do It?** Six editions, including at: **7.00** A look at how wood-burning stoves work. **7.30** The creation of the Morgan three-wheeler. **8.00** The creation of large-scale wind turbines. **8.30** The manufacture of tank-piercing 'super bullets.'
9.00 **How It's Made** How origami and hedge shears are made. **9.30** Electronic-impact drills. **10.00** Bowling balls, barber poles, felt and radar guns. **10.30** How Asian noodles and rotary engines are made.
11.00 **How It's Made: Dream Cars**
1.00 AM **Space Launch: Splashdown**
3.00 **NASA's Unexplained Files**
4.00 **Secrets Underground**
5.00 **to 6.00** AM **The Dino Hunters**

+1hr 267 379

Crime+Investigation

139/140 142 133

6.00 AM **The First 48**
7.00 **Homicide Hunter**
9.00 **Ozark Law**
10.00 **My Strange Arrest**
10.30 **Court Cam**
11.00 **Crimes That Shook Britain**
2.00 PM **Green Eyed Killers**
3.00 **Fatal Family Feuds**
6.00 **Homicide Hunter** A manhunt begins when a dispute ends with two suspects fleeing with a boy.
7.00 **The First 48** True-crime.
8.00 **Green Eyed Killers** A bitter split turns deadly as a jealous husband attacks.
9.00 **The First 48 Presents: Critical Minutes** New edition The murder of a grandfather.
10.00 **Crime in Progress** A mother is shot and her twins kidnapped.
11.00 **Squatters** Double bill.
12.00 M'T **Britain's Darkest Taboos**
1.00 AM **The Real Murders of Atlanta** Documentary.
2.00 **On the Case with Paula Zahn**
3.00 **Fatal Family Feuds**
5.00 **to 6.00** AM **Green Eyed Killers**

+1hour 256 333

WILD

165 145 182

8.00 AM **The Incredible Dr Pol**
9.00 **Secrets of the Zoo: Tampa**
10.00 **Wild Hunters**
11.00 **World's Deadliest**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Critter Fixers: Country Vets**
2.00 **Into the Carpathian Wild**
3.00 **Europe's Wild Marvels**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Yukon Vet** Neutering a coyote.
7.00 **Secrets of the Zoo** Two baby white rhinos join the herd.
8.00 **Extraordinary Australia** How Australia's creatures survive in diverse habitats. **9.00** Battles between predator and prey on the coast.
10.00 **When Sharks Attack** Los Angeles is rocked by four shark attacks in just four months.
11.00 **America's National Parks Compilations**
12.00 M'T **Africa's Deadliest**
1.00 AM **Snakes in the City**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Alaska: The Next Generation**

Discovery History

161/172 147 181

7.00 AM **Bullet Points**
8.00 **Combat Dealers**
9.00 **Unexplained and Unexplored**
11.00 **Salvage Hunters**
12.00 NOON **Salvage Hunters Celebrity Special**
1.00 PM **How the Universe Works**
2.00 **NASA's Unexplained Files**
3.00 **Expedition Unknown**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** Exploring phenomena including black holes and neutron stars.
8.00 **Bullet Points** Examining why the controversial war in Vietnam raged on for 12 years.
9.00 **Legendary Locations** Stories of perseverance, such as a Salem witch trial case.
10.00 **How Do They Do It?**
11.00 **Combat Dealers**
12.00 M'T **How the Universe Works**
1.00 AM **Mysteries at the Museum**
3.00 **Expedition X**
4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

9.00 AM **Patagonia: Earth's Secret Paradise** Triple bill.
12.00 NOON **Thailand: Earth's Tropical Paradise** As 8.00pm.
1.00 PM **Patagonia: Earth's Secret Paradise** Triple bill.
4.00 **Thailand: Earth's Tropical Paradise** As 8.00pm.
5.00 **Patagonia: Earth's Secret Paradise** Triple bill.
8.00 **Thailand: Earth's Tropical Paradise** Exploring the wildlife and culture of the nation.
9.00 **Patagonia: Earth's Secret Paradise** Creatures native to the South American wilderness. **10.00** The animals carving out a home in the arid environment. **11.00** Exploring life in the seas.
12.00 M'T **Thailand: Earth's Tropical Paradise** As 8.00pm.
1.00 AM **Patagonia: Earth's Secret Paradise** Triple bill.
3.50 **Thailand: Earth's Tropical Paradise** As 8.00pm.
4.40 **Pointless** Quiz show.
5.30 **to 6.00** AM **Attenborough's Natural Curiosities**

+1hour 266 376

ID

154 140 166

8.00 AM **I Almost Got Away with It**
12.00 NOON **The Murder Tapes**
1.00 PM **Evil Lives Here**
3.00 **Still a Mystery** Four editions.
7.00 **American Detective with Lt Joe Kenda** A former mayor of an Ohio town turns up dead in his hunting cabin. **8.00** To solve the murder of a respected young entrepreneur, Detective Dale Mason must navigate a tangled conspiracy and outwit a band of criminals.
9.00 **Murder on CCTV** Graduate student Tequila Suter is stabbed to death in her suburban home. **10.00** A bizarre traffic accident takes the life of an 18-year-old.
11.00 **A Body in the Basement** The murder of Dennis Dolinger.
12.00 M'T **Cabin in the Woods** A father's search for his daughter leads him to a cabin. **1.00** AM A beloved pastor and his wife escape to a cabin.
2.00 AM **Still a Mystery**
4.00 **to 6.00** AM **American Detective with Lt Joe Kenda**

+1hour 254 366

Discovery Turbo

158 146 180

7.00 AM **How Do They Do It?**
8.00 **Motor Pickers** Double bill.
9.00 **Salvage Hunters: Classic Cars**
10.00 **Shed and Buried**
11.00 **Richard Hammond's Workshop**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Last Chance Garage**
2.00 **Ant Anstead: Born Mechanic**
3.00 **Carspotting** A 1968 Mustang.
4.00 **Salvage Hunters: Classic Cars**
5.00 **Street Outlaws: Locals Only**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Street Outlaws: Locals Only** Locals in Alabama compete.
9.00 **Goblin Works Garage** The team have 10 days to strip and upgrade a VW Campervan.
10.00 **Carspotting**
11.00 **Massive Engineering Mistakes**
12.00 M'T **Street Outlaws: Locals Only** As shown at 8.00pm.
1.00 AM **Richard Hammond's Workshop** Richard brings in a business consultant.
2.00 **Iron Resurrection**
3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

6.25 AM **Looney Tunes: The Day the Earth Blew Up** Animated adventure. (2024, PG, 91min)
8.05 **Charlie the Wonderdog** Animation. (2025, PG, 92min)
9.40 **GOAT** As shown at 6.00pm.
11.30 **Song Sung Blue** Drama. (2025, 12, 132min) ★★★
1.45 PM **Rise of the Conqueror**
3.50 **Hamnet** Historical drama. (2025, 12, 125min) ★★★★
6.00 **GOAT** Animated adventure. (2026, PG, 100min) ★★★

10.00 Five Nights at Freddy's 2

7.50 Rise of the Conqueror Action adventure starring Christian Mortensen and Mahesh Jadu. As the Mongol Empire crumbles, a warrior must renounce his loyalties to protect the fate of the Silk Road. With Yulduz Rajabova. (2026, 15, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Five Nights at Freddy's 2 Horror sequel starring Elizabeth Lail. One year after the nightmare at Freddy Fazbear's Pizza, a duo are pulled back into a terrifying series of events. (2025, 15, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Panda Plan 2: The Magical Tribe** Action comedy sequel. (2026, PG, 100min)
1.35 AM **Signal One** Sci-fi thriller. (2026, 15, 87min) ★★★★
3.10 **Twinless** Dark comedy. (2025, 15, 100min) ★★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Transformers

303 303 403 503 517

7.50 AM **Bumblebee** As 10.40pm.
9.45 **Transformers** As 12.40am.
12.10 PM **Transformers: Revenge of the Fallen** As 3.05am.
2.40 **Transformers: Dark of the Moon** Sci-fi action adventure sequel starring Shia LaBeouf. (2011, 12, 154min) ★★★
5.15 **Transformers: Age of Extinction** Sci-fi action adventure sequel with Mark Wahlberg and Stanley Tucci. (2014, 12, 166min) ★★★

8.00 Transformers: Last Knight

8.00 Transformers: The Last Knight Sci-fi adventure sequel starring Mark Wahlberg, Anthony Hopkins and Stanley Tucci. The shape-changing robots must find an ancient artefact to protect Earth from their own creator. (2017, 12, 155min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 Bumblebee *Transformers* prequel starring Hailee Steinfeld and John Cena. A teenager discovers and revives the battle-scarred Autobot Bumblebee in a junkyard. (2018, PG, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Transformers** Sci-fi action adventure with Shia LaBeouf. (2007, 12, 144min) ★★★★
3.05 **Transformers: Revenge of the Fallen** Sci-fi adventure sequel starring Shia LaBeouf. (2009, 12, 149min) ★★★
5.45 **to 8.25** AM **Transformers: Dark of the Moon** As 2.40pm.

Sky Cinema Drama

310 310 410 510 524

6.15 AM **The Pursuit of Happyness** Drama. (2006, 12, 117min) ★★★
8.15 **Plainclothes** Romantic thriller. (2025, 15, 95min) ★★★
9.55 **Hamnet** Historical drama. (2025, 12, 125min) ★★★★
12.05 PM **The Breakfast Club** John Hughes' comedy drama. (1984, 15, 97min) ★★★★
1.45 **True Grit** Vintage Western. (1969, PG, 128min) ★★★★★
4.05 **Full Metal Jacket** Stanley Kubrick's Vietnam War drama. (1987, 15, 115min) ★★★★
6.10 **Dunkirk** Christopher Nolan's epic World War Two drama. (2017, 12, 106min) ★★★★★
8.00 **One Battle After Another** Action thriller starring Leonardo DiCaprio and Sean Penn. (2025, 15, 161min) ★★★★★
10.45 **Terms of Endearment** Comedy drama starring Shirley MacLaine and Debra Winger. (1983, 15, 132min) ★★★★★
1.00 AM **Quartet** Comedy drama starring Maggie Smith, Tom Courtenay and Billy Connolly. (2012, 12, 94min) ★★★★
2.45 **My Girl** Bitter-sweet comedy drama starring Dan Aykroyd. (1991, PG, 105min) ★★
4.30 **to 6.20** AM **The Breakfast Club**

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.40 AM **Van Helsing** Adventure. (2004, 12, 132min) ★★★
8.55 **Ick** Sci-fi comedy drama. (2024, 15, 93min) ★★★
10.35 **Star Trek** Adventure prequel. (2009, 12, 127min) ★★★★
12.45 PM **Critters** Sci-fi horror comedy. (1986, 15, 86min) ★★
2.20 **Men in Black** Sci-fi action comedy starring Will Smith. (1997, PG, 94min) ★★★★
4.05 **28 Years Later** Horror thriller. (2025, 15, 115min) ★★★★
6.05 **I Know What You Did Last Summer** Horror with Madelyn Cline. (2025, 15, 119min) ★★★
8.00 **Men in Black II** Sci-fi action comedy sequel starring Tommy Lee Jones and Will Smith. (2002, PG, 88min) ★★★
9.45 **The Exorcist** Horror chiller starring Max von Sydow. A priest battles to exorcise a powerful demon possessing a young girl. (1973, 18, 121min) ★★★★★
11.50 **Logan's Run** Adventure starring Michael York and Jenny Agutter. (1976, PG, 115min) ★★★★
2.00 AM **Nosferatu** Horror thriller. (2024, 15, 132min) ★★★★
4.25 **Sky Cinema Preview**
5.25 **to 7.15** AM **They Will Kill You** Horror. (2025, 15, 94min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

7.30 AM **Shark Tale** (2004) ★★★★
9.10 **Peter Rabbit** (2018, PG) ★★★
10.55 **Peter Rabbit 2: The Runaway** (2021, U) ★★★
12.35 PM **Teenage Mutant Ninja Turtles** Fantasy. (2014, 12) ★★
2.25 **Teenage Mutant Ninja Turtles: Out of the Shadows** Fantasy. (2016, 12, 112min) ★★★
4.20 **Jackie Chan's The Tuxedo** Comedy. (2002, 12, 98min) ★★
6.00 **How to Train Your Dragon** Animation. (2010, PG) ★★★★

7.40 How to Train Your Dragon 2

7.40 **How to Train Your Dragon 2** Animated adventure sequel with the voices of Jay Baruchel and Gerard Butler. (2014, PG, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.25 **GOAT** Animated family adventure with the voices of Caleb McLaughlin and Gabrielle Union. A goat with big dreams gets a once-in-a-lifetime shot to join a sport dominated by the fiercest animals. (2026, PG, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Matilda** Roald Dahl's fantasy. (1996, PG, 98min) ★★★★
12.50 AM **Alvin and the Chipmunks** Comedy starring Jason Lee. (2007, U, 92min) ★★★
2.35 **Yogi Bear** Family comedy. (2010, U, 81min) ★★★
4.00 **The Wild Thornberrys Movie** Animated family adventure. (2002, U, 85min) ★★★★
5.35 **to 7.15** AM **Gabby's Dollhouse: The Movie** Comedy adventure. (2025, U, 100min) ★★★

Sky Cinema Action

306 306 407 507 521

6.10 AM **Love Hurts** Action comedy. (2025, 15, 83min) ★★
7.45 **Hummingbird** Action thriller. (2013, 15, 96min) ★★★
9.35 **xXx** Thriller. (2002, 12) ★★
11.50 **xXx: Return of Xander Cage** Thriller. (2016, 12) ★★★
1.50 PM **Batman Forever** Fantasy. (1995, 12, 121min) ★★★
4.00 **The Expendables** Thriller. (2010, 18, 99min) ★★★
6.00 **The Expendables 2** Thriller sequel. (2012, 15, 98min) ★★★

6.00 The Expendables 2

8.00 **The Expendables 3** Action thriller sequel starring Sylvester Stallone and Mel Gibson. Soldier of fortune Barney Ross recruits a new team to battle an arms dealer with a score to settle. With Antonio Banderas and Jason Statham. (2014, 12, 126min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Normal** Action comedy starring Bob Odenkirk. A temporary small-town law enforcer uncovers dark mysteries after a local bank robbery. (2026, 15, 91min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Homefront** Action thriller starring Jason Statham. (2013, 15, 98min) ★★★
2.00 **Bloodshot** Sci-fi thriller with Vin Diesel and Guy Pearce. (2020, 12, 109min) ★★
3.55 **to 6.05** AM **Kraven the Hunter** Fantasy adventure. (2024, 15, 127min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.15 AM **Spinal Tap II: The End Continues** As 1.45am.
8.50 **Weird Science** As 5.05am.
10.35 **Pitch Perfect** Musical comedy. (2012, 12, 112min) ★★★★
12.35 PM **Pitch Perfect 2** Comedy sequel. (2015, 12, 112min) ★★★
2.35 **Pitch Perfect 3** Comedy sequel. (2017, 12, 93min) ★★★
4.10 **50 First Dates** Comedy. (2004, 12, 99min) ★★★
5.55 **Bridesmaids** Comedy. (2011, 15, 124min) ★★★★

8.00 Mamma Mia!

8.00 **Mamma Mia!** Musical starring Meryl Streep. A young bride-to-be living on a Greek island invites three of her mother's old boyfriends to her wedding, hoping to find out which one is her father (2008, PG, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Mamma Mia! Here We Go Again** Musical sequel with Amanda Seyfried and Lily James. The reopening of the Hotel Bella Donna leads to a reunion for Sophie's family. (2018, PG, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Risky Business** Comedy drama. (1983, 18) ★★★★
1.45 AM **Spinal Tap II: The End Continues** Comedy sequel. (2025, 15, 83min) ★★★
3.20 **Little Fockers** Comedy sequel. (2010, 12, 94min) ★★★
5.05 **to 6.45** AM **Weird Science** Fantasy. (1985, 12) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **No Ordinary Heist** Thriller. (2026, 15, 99min) ★★★
7.50 **Dirty Harry** Police thriller. (1971, 15, 103min) ★★★★★
9.45 **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
11.55 **Mr & Mrs Smith** As 10.15pm.
2.00 PM **Black Bag** Spy thriller. (2024, 15, 94min) ★★★★
3.45 **Now You See Me** Thriller. (2013, 12, 115min) ★★★
5.45 **Now You See Me 2** Thriller. (2016, 12, 124min) ★★★

8.00 The Perfect Storm

8.00 **The Perfect Storm** Fact-based action drama starring George Clooney and Mark Wahlberg. In October 1991, six New England fishermen get caught in a terrifying storm. With Mary Elizabeth Mastrantonio. (2000, 12, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Mr & Mrs Smith** Comedy thriller starring Brad Pitt and Angelina Jolie. A pair of married assassins who are unaware of one another's real professions have 48 hours to kill each other after their covers are blown. (2004, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Caught Stealing** Comedy thriller starring Austin Butler. (2025, 15, 107min) ★★★★
2.10 **Murder by Numbers** Thriller. (2002, 15, 120min) ★★★
4.15 **to 6.00** AM **Night Call** Thriller. (2024, 15, 97min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Lifeboat** Hitchcock thriller. (1943, b/w, PG, 96min) ★★★★
12.55 PM **The Shepherd of the Hills** Western starring John Wayne. (1941, PG, 98min) ★★
2.55 **Guadalcanal Diary** War drama. (1943, b/w, PG, 93min) ★★★
4.45 **Canyon Passage** Western. (1946, PG, 92min) ★★★
6.35 **Charlotte Gray** Romantic drama starring Cate Blanchett. (2001, 15, 121min) ★★★★

9.00 12 Years a Slave

Charlotte Gray (film started at 6.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **12 Years a Slave** Oscar-winning historical drama based on the memoirs of Solomon Northup, a free man kidnapped and sold into slavery in 19th-century America. Stars Chiwetel Ejiofor, Michael Fassbender, Lupita Nyong'o and Brad Pitt. (2013, 15, 131min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Kingsman: The Secret Service** Action comedy based on a comic book, starring Colin Firth and Taron Egerton. (2015, 15, 128min) ★★★★
2.15 **to 4.00** AM **Crawlspace** Crime thriller starring Henry Thomas and Bradley Stryker. (2022, 15, 90min) ★★

+1 hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Animation

302 302 402 502 516

6.10 AM **Hotel Transylvania** Animated family comedy. (2012, U, 91min) ★★★★
7.45 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★
9.20 **Hotel Transylvania 3: Summer Vacation** Animated comedy sequel. (2018, U, 97min) ★★
11.00 **GOAT** As shown at 4.00pm.
12.50 PM **Shark Tale** Animation. (2004, U, 90min) ★★★★

2.30 **Dr Seuss' The Lorax** Animated comedy. (2012, U, 86min) ★★★
4.00 **GOAT** Animated adventure. (2026, PG, 100min) ★★★
5.50 **Puss in Boots** Animated comedy. (2011, U, 90min) ★★★★
7.25 **The Lego Ninjago Movie** Animated family adventure. (2017, U, 101min) ★★
9.10 **The Amazing Maurice** Animated family adventure. (2022, PG, 93min) ★★★★
10.45 **Open Season** Animated comedy. (2006, PG, 86min) ★★★★

12.15 AM **Open Season 2** Animated sequel. (2008, PG, 73min) ★★★
1.35 **Open Season 3** (2010, U) ★★
2.55 **Cinema List: Family Favourites**
3.25 **Open Season: Scared Silly** Animation. (2015, PG) ★★★
4.55 **to 6.40** AM **The Lego Ninjago Movie** As shown at 7.25pm.

Sky Cinema Greats

307 307 404 504 518

7.15 AM **A League of Their Own** Comedy starring Tom Hanks. (1992, PG, 124min) ★★★★
9.25 **The African Queen** Adventure. (1951, U, 100min) ★★★★★
11.25 **Grease** Smash-hit musical. (1978, PG, 110min) ★★★★
1.25 PM **Grease 2** Musical sequel. (1982, PG, 109min) ★★
3.25 **Hook** Steven Spielberg's fantasy. (1991, U, 140min) ★★★

5.50 **The Karate Kid** Adventure. (1984, 12, 127min) ★★★★
8.00 **The Karate Kid Part II** Martial arts adventure sequel starring Ralph Macchio and Noriyuki 'Pat' Morita. (1986, PG, 113min) ★★
9.55 **The Karate Kid: Part III** Martial arts adventure sequel starring Ralph Macchio as a karate champion. (1989, PG, 111min) ★
11.50 **The Next Karate Kid** Martial arts adventure sequel starring Noriyuki 'Pat' Morita and Hilary Swank. (1994, PG, 104min) ★★

1.40 AM **The Borrowers** Family adventure with John Goodman. (1997, U, 86min) ★★★★
3.10 **Stuart Little** Fantasy adventure featuring the voice of Michael J Fox. (1999, U, 84min) ★★★★★
4.40 **to 6.50** AM **Annie** Musical. (1982, U, 128min) ★★★

Disney+ Cinema

305 305

6.00 AM **Little Mermaid** Animation. (1989, U, 87min) ★★★★★
7.30 **Sleeping Beauty** Animation. (1959, U, 75min) ★★★★
8.50 **Raya and the Last Dragon** Animation. (2021, PG) ★★★★
10.40 **The Princess Diaries** Family comedy. (2001, U, 115min) ★★★
12.35 PM **Ralph Breaks the Internet** Animated family adventure. (2018, PG, 112min) ★★★★

2.30 **Brave** Animated adventure. (2012, PG, 93min) ★★★★
4.10 **The Lion King** Animated musical. (2019, PG, 118min) ★★★
5.40 **Wish** Animated fantasy. (2023, U, 95min) ★★★★
7.20 **A Bug's Life** Animated comedy with the voice of Kevin Spacey. (1998, U, 94min) ★★★★★
9.00 **Bad Company** Comedy thriller. (2002, 12, 112min) ★★★
10.55 **Joy** Drama starring Jennifer Lawrence and Robert De Niro. (2015, 12, 121min) ★★★★

1.05 AM **Spy** Comedy adventure starring Melissa McCarthy. (2015, 15, 115min) ★★★★
3.05 **Beverly Hills Chihuahua** Comedy. (2008, U, 91min) ★★
4.40 **to 6.00** AM **Inspector Gadget** Live-action adaptation of the cartoon. (1999, U, 77min) ★★★

Movies 24

312 313 419

7.00 AM **Mystery Island: House Rules** Drama starring Charlie Weber. (2024, PG, 84min) ★★
9.00 **A Suite Holiday Romance** Drama. (2025, PG, 90min) ★★
11.00 **The Royal We** Romantic comedy. (2025, PG, 84min) ★★
1.00 PM **My Dreams of You** Drama. (2024, PG, 90min) ★★
3.00 **A Royal Makeover** Romantic comedy. (2023, PG, 87min) ★★

5.00 **An Alpine Holiday** Romantic drama. (2025, U, 90min) ★★
7.00 **Branching Out** Drama starring Sarah Drew. A single mother putting together a family tree tracks down her daughter's father. (2024, PG, 90min) ★★
9.00 **Blind Date Book Club** Romantic drama starring Erin Krakow. A Nantucket bookshop owner known for matchmaking others finds love with a bestselling author who visits her store. (2024, PG, 90min) ★★

11.00 **For Love & Honey** Romantic comedy. (2024, U, 84min) ★★
1.00 AM **Romance at Hope Ranch** Drama. (2026, PG, 84min) ★★
3.00 **to 5.00** AM **Royal-Ish** Drama. (2025, PG, 84min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **Rock You Sinners** Musical. (1958, b/w, U, 59min) ★★
7.10 **The Strange Woman** Drama. (1946, b/w, PG, 100min) ★★★★
9.10 **Kiss the Bride Goodbye** Comedy. (1945, b/w, PG) ★★
10.55 **Play of the Month: Robinson Crusoe** 4/8. (S10)
1.00 PM **The Adventures of Sir Lancelot** 26/30. (S1)
1.30 **The Duchess of Duke Street**

2.35 **The Durant Affair** Drama. (1962, b/w, U, 73min) ★★
4.00 **That's My Boy** 3/9. (S2)
4.35 **Conflict of Wings** Drama. (1954, U, 84min) ★★★
6.20 **Strange But True**
6.55 **The Brothers** 13/13. (S3)
8.00 **Mark Saber** 1/39. (S5)
8.30 **The Wheeltappers and Shunters Social Club**
9.20 **Suspect** Thriller starring Cher. (1987, 15, 121min) ★★★
11.45 **Two-Way Stretch** Comedy. (1959, b/w, U, 87min) ★★★★★

1.30 AM **Battle of the Coral Sea** Drama starring Cliff Robertson. (1959, b/w, PG, 83min) ★★
3.20 **The Pale Faced Girl** Short film.
3.50 **1964 in Church Street Market**
4.00 **Burke's Law** 4/32. (S2)
5.00 **to 6.00** AM **The Man from UNCLE**

Thursday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **Sky Sports FC** Interactive show covering the football headlines.
12.00 NOON **Lunchtime Live** A look at all the sports stories making the headlines this lunchtime.
12.30 PM LIVE **Women's One-Day International Cricket England v Ireland.** Coverage of the second ODI in the three-match series, staged at the OurCoop County Ground, Derby.
3.30 LIVE **US Open Tennis** Coverage of day five of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, where round two is scheduled to continue. Jannik Sinner continued his fine form at the corresponding stage last year with a 6-3 6-2 6-2 victory over Alexei Popyrin, and that was followed by American Coco Gauff beating Donna Vekic 7-6 6-2.
12.00 M'T LIVE **US Open Tennis** Further coverage of day five of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
4.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Best Goals**
8.00 **Premier League Legends**
9.00 **Premier League Stories**
9.30 **Netbusters** Highlights.
10.00 **Sky Sports FC**
12.00 NOON **Premier League Review**
1.00 PM **Premier League Stories**
1.30 **Netbusters** Highlights.
2.00 **Premier League Years**
4.00 **Premier League Stories**
4.30 **Netbusters** Fast-paced highlights using alternative angles.
5.00 **The Premier League Show**
7.00 **The Big Interview**
7.30 **Premier League Stories** Behind the scenes of the top flight.
8.00 **Premier League Review** Action from the second round of fixtures.
9.00 **The Big Interview** An interview with a Premier League star from either the past of present.
9.30 **Premier League Stories**
10.00 **Premier League Review**
11.00 **Premier League Years** A look back at the 2012/13 season.
1.00 AM **PL Retro** Liverpool v Blackburn Rovers from 1994/95.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **to 6.00** AM **Premier League Legends**

Sky Sports Football

403 403 503 421 441

6.00 AM **Championship Retro**
8.00 **EFL Greatest Games**
9.00 **SPFL Highlights**
9.30 **EFL Greatest Games**
10.00 **EFL Cup Highlights**
11.00 **EFL** Burnley v Middlesbrough.
1.00 PM **EFL Greatest Games**
1.15 **EFL Cup Highlights**
1.45 **SPFL Highlights**
2.00 **The World Football Show**
3.00 **EFL Highlights**
3.30 **Bundesliga Highlights Show**
4.30 **EFL Highlights** Championship.
6.30 **Bundesliga Weekly**
7.00 **EFL League One Goals**
7.30 **EFL League Two Goals**
8.00 **EFL Highlights** West Bromwich Albion v Charlton Athletic.
8.15 **SPFL Highlights** Falkirk v Rangers at Falkirk Stadium.
8.30 **EFL Highlights** Championship.
10.00 **Bundesliga Weekly**
10.30 **EFL League One Goals**
11.00 **EFL League Two Goals**
11.30 **EFL Highlights** Championship.
12.00 M'T **EFL Cup Retro**
2.45 AM **EFL Greatest Games**
3.00 **SPFL Greatest Games**
3.30 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **SPFL Greatest Games**
5.30 **to 6.00** AM **EFL Greatest Games**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **One-Day International Cricket** England v India.
8.00 **Women's One-Day International Cricket**
9.00 **One-Day International Cricket**
11.00 **Women's T20 World Cup**
11.30 **Women's One-Day International Cricket**
12.30 PM LIVE **Women's One-Day International Cricket England v Ireland.** Coverage of the second ODI in the three-match series, staged at the OurCoop County Ground, Derby. England will be hoping to end this summer on a high after a mixed set of results across the period.
8.30 **Best of ICC WT20**
9.00 **ICC Women's World Cup**
9.30 **Nepal Climbing Cricket's Mountain** Documentary.
10.00 **Women's One-Day International Cricket**
12.00 M'T **ICC Women's World Cup**
12.30 AM **Nepal Climbing Cricket's Mountain** Documentary.
1.00 **Women's One-Day International Cricket**
2.00 **The Hundred** Women's final.
5.30 **to 6.00** AM **The Hundred Bitesize**

Sky Sports Golf

406 406 506 423 443

6.00 AM **Chronicles of a Champion Golfer** A profile of Nick Faldo.
6.30 **Beyond the Walker Cup**
7.00 **Scotland's Greatest Golf Holes**
8.00 **Ladies European Tour Golf**
9.00 **PGA Tour Golf** Highlights.
10.00 **PGA Tour Champions**
11.00 **HotelPlanner Tour Golf**
11.30 **Beyond the Walker Cup**
12.00 NOON **PGA Tour Champions Learning Centre** Golf tips.
12.30 PM LIVE **DP World Tour Golf** Coverage of the opening day of the Omega European Masters held at Crans-sur-Sierre Golf Club in Crans-Montana, Switzerland.
5.30 **Justin Rose: Chasing Forever**
6.30 **DP World Tour Golf**
11.30 **The Greatest Solheim Cup**
1.30 AM **HotelPlanner Tour Golf**
2.00 **How the 2004 Ryder Cup Was Won** From Michigan.
4.00 **Golf Academy** Expert advice.
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **ATP Tour This Week**
6.30 **US Open Tennis** Highlights.
3.30 PM LIVE **US Open Tennis** Coverage of day five of the Grand Slam held at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York. Jannik Sinner continued his fine form at the corresponding stage last year with a 6-3 6-2 6-2 victory over Alexei Popyrin.
12.00 M'T LIVE **US Open Tennis** Continued coverage of day five of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
4.30 **US Open Tennis**
5.00 **to 6.00** AM **ATP Tennis**

TNT Sports 1

410 413 521 408 430

6.00 AM **La Vuelta Men** Stage 11.
7.00 **Discovery Golf** The latest news.
7.30 **Serie A – Full Impact**
8.00 **Premier League Reload**
8.15 **TNT Sports Reload**
8.30 **Premier League Features**
10.30 LIVE **Men's Cycling Pro Series** Coverage of the second stage of the Lloyds Tour of Britain.
3.15 PM LIVE **La Vuelta Men** The 12th stage of the Grand Tour race.
5.00 **Serie A – Full Impact**
5.30 **Premier League Stories**
6.00 **Premier League: Big Interview**
6.30 **MLB Plays of the Week**
7.00 LIVE **MLB Houston Astros v Chicago White Sox.** Coverage of the American League match from Daikin Park. Start-time **7.10pm**.
10.00 **Hard Knocks: Training Camp with the Seattle Seahawks**
11.00 **Premier League Review**
12.00 M'T **TNT Sports Reload**
12.15 AM LIVE **MLB Chicago Cubs v Milwaukee Brewers.** Coverage from Wrigley Field. Start-time **12.15am**.
3.00 **MLB Plays of the Week**
3.30 **Premier League Features**
5.00 **to 6.00** AM **WRC Review**

TNT Sports 2

411 414 522 409 431

6.00 AM **The Football Archives: UEFA Champions League**
7.00 **MotoGP Highlights**
8.00 **British Superbikes Highlights**
9.00 **Ultimate Pool** Recent action.
10.30 **The Football Archives: UEFA Champions League**
12.00 NOON **TNT Sports Reload**
12.30 PM **Serie A – Full Impact**
1.00 **Discovery Golf** The latest news.
1.30 **CPL Highlights**
2.00 LIVE **European T20 Premier League Amsterdam Flames v Glasgow Cosmic.** From Voorburg Cricket Club in The Hague, Netherlands.
5.30 **CPL Highlights**
6.00 **MLB Highlights**
7.00 **TNT Sports Reload**
7.30 **Premier League: Big Interview**
8.00 **CPL Highlights**
8.30 **MotoGP Highlights**
9.30 **British Superbikes Highlights**
10.30 **Discovery Golf** The latest news.
11.00 **CPL Highlights**
11.30 LIVE **CPL St Kitts & Nevis Patriots v Saint Lucia Kings.** From Warner Park Sporting Complex in Saint Kitts.
3.45 AM **TNT Sports Cricket Reload**
4.00 **to 6.00** AM **Tour de France**

Sky Sports NFL

412 410 510 426 446

6.00 AM **NFL Highlights**
8.00 **Super Bowl LV Highlights**
10.00 **NFL: America's Game**
11.00 **NFL Highlights**
12.00 NOON **The Proving Ground**
12.30 PM **NFL Bitesize Highlights**
1.00 **Good Morning Football**
3.00 **The Proving Ground**
3.30 **NFL Bitesize Highlights**
4.00 **NFL: America's Game**
5.00 **NFL Highlights** Action from Philadelphia Eagles v Washington Commanders in the 2024/25 NFC Championship match. **6.00** Highlights from Philadelphia Eagles v Los Angeles Rams.
7.00 **The Proving Ground**
7.30 LIVE **Super League Bradford Bulls v Castleford Tigers.** Coverage of the match from Bartercard Odsal Stadium. These two sides last met back in March in Castleford as the Tigers claimed an impressive 40-28 victory in an entertaining encounter. Kick-off **8.00pm**.
10.15 **The Proving Ground**
10.45 **NFL Bitesize Highlights**
11.00 **NFL Fantasy** Expert analysis.
12.00 M'T **The Insiders** NFL news.
1.00 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
8.00 **World Matchplay Darts**
12.00 NOON **Lunchtime Live**
2.00 PM **The World Football Show**
3.00 **Sports Desk**
3.30 LIVE **US Open Tennis** Coverage of day five of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
7.30 LIVE **Super League Bradford Bulls v Castleford Tigers.** Coverage of the match from Bartercard Odsal Stadium. These two sides last met back in March in Castleford as the Tigers claimed an impressive 40-28 victory. Kick-off is at **8.00pm**.
10.15 LIVE **US Open Tennis** Further coverage of day five of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows. Great Britain's Jacob Fearnley saw his tournament come to an end at this stage last year when he suffered a 4-6 4-6 4-6 loss to the number three seed Alexander Zverev.
4.30 AM **EFL Greatest Games**
5.00 **to 6.00** AM **ATP Tennis**

Sky Sports Mix

416 412 511 429 449

6.00 AM **PL Greatest Games**
7.00 **Women's T20 World Cup**
8.00 **ATP Tennis** Hamburg Open final.
9.00 **Ladies European Tour Golf**
10.00 **PGA Tour Golf** Highlights.
11.00 **Darts Gold** Archive action.
11.30 **Women's One-Day International Cricket**
12.30 PM LIVE **Women's One-Day International Cricket England v Ireland.** Coverage of the second ODI staged at the OurCoop County Ground, Derby.
8.30 **My Icon** Tanni Grey-Thompson.
9.00 **NBC's Pro-Football Talk**
11.00 **Zuffa Boxing** A bout replay.
12.00 M'T **My Icon** Sporting influences.
12.30 AM **Darts Gold** Archive action.
1.00 **EFL Cup Retro** The 2010 final.
3.00 **British Kart Championships**
4.00 **Zuffa Boxing** A bout replay.
5.00 **My Icon** Sporting influences.
5.30 **to 6.00** AM **Darts Gold**

TNT Sports 3

413 415 523 410 432

6.00 AM **Premier League Legends**
7.00 **Fishing: On the Bank**
8.00 **Formula E Features**
9.30 **TNT Sports Reload**
9.45 **MotoGP Rewind**
10.00 **British Superbikes Rewind**
10.15 **The Gruppetto** Cycling news.
10.30 **La Vuelta Men** Stage 11.
11.30 LIVE **La Vuelta Men** Coverage of the 12th stage of the Grand Tour race, a mountain route of 166.6km from Vera to Calar Alto.
5.00 PM **The Gruppetto**
5.15 **British Superbikes Rewind**
5.30 **LIV Golf** Recent highlights.
6.30 **TNT Sports Cricket Reload**
7.00 **Test Cricket Highlights**
9.00 **Cycling** Event highlights.
11.00 **Ultimate Pool** Recent action.
12.30 AM **PL Netbusters**
1.00 **Cycling** Event highlights.
3.00 **British Superbikes Highlights**
4.00 **MotoGP Highlights**
5.00 **to 6.00** AM **Fishing: On the Bank**

TNT Sports 4

414 416 524 411 434

6.00 AM **WRC Review**
7.00 **Test Cricket Highlights**
11.00 **NWSL** Highlights from Gotham FC v Portland Thorns. **12.00** NOON Action from Washington Spirit v Bay FC.
1.00 PM **MLB Highlights**
2.00 **Premier League Review**
3.00 **AFL** A chance to see two Australian Football League games.
6.00 **Supercars Championship Highlights** The Ipswich Super 440 at Queensland Raceway.
8.00 **WRC Review** A look back at the latest action from Rally Paraguay.
9.00 **UFC** A chance to see Umar Nurmagomedov v Song Yadong.
12.00 M'T **UFC Reloaded**
2.30 AM **Hard Knocks: Training Camp with the Seattle Seahawks**
3.30 **Discovery Golf** The latest news.
4.00 **TNT Sports Reload**
4.30 **Serie A – Full Impact**
5.00 **Playing for Our Future: Football**
5.15 **to 6.00** AM **Ally's Social Club**

Premier Sports 1

419 APP 528

6.00 AM **European Le Mans Series**
7.00 **LaLiga** Real Sociedad v Espanyol.
9.00 **Show Jumping** From Brussels.
10.00 **World Surf League**
11.00 **NASCAR Highlights**
12.00 NOON **LaLiga Match Highlights**
1.30 PM **World of FreeSports**
2.00 **Swedish Speedway**
3.55 **Bike World** Magazine.
4.25 **LaLiga Match Highlights**
4.55 LIVE **Coppa Italia Mantova v Palermo.** The second-round tie from Stadio Danilo Martelli. Kick-off **5.00pm**.
7.15 LIVE **SPFL Hibernian v Hearts.** The Scottish Premiership match staged at Easter Road. Kick-off **7.45pm**.
10.15 **LaLiga Match Highlights**
10.30 **LaLiga** Another chance to see Deportivo La Coruna v Valencia.
12.30 AM **LaLiga** A match replay.
2.30 **World of FreeSports**
3.00 **NASCAR Highlights**
4.00 **to 6.00** AM **LaLiga**

Premier Sports 2

420 APP 529

6.00 AM **United Rugby Championship** Highlights.
8.15 **Africa Eco Race**
8.30 **German Cup** A first-round game.
10.30 **Football's Greatest**
11.00 **GP Insights** The latest news.
11.30 **Coppa Italia** A match replay.
1.30 PM **NHL: This is Hockey**
2.00 **Mass Participation**
3.00 **Coppa Italia** Udinese v Venezia.
5.00 **Top 14 Rugby Union Highlights**
5.30 **German Cup** A replay of Wehen Wiesbaden v Bayern Munich.
7.25 **Football's Greatest**
7.55 LIVE **LaLiga Real Sociedad v Celta Vigo.** The Spanish top-flight match at Reale Arena. Kick-off **8.00pm**.
10.00 **NHL: This is Hockey**
10.30 **Coppa Italia** Sassuolo v Frosinone.
12.30 AM **Football's Greatest**
1.00 **Coppa Italia** A match replay.
3.00 **Football's Greatest**
3.30 **Coppa Italia** Palermo v Mantova.
5.30 **to 6.00** AM **Football's Greatest**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
10.00 **Ayrton Senna's Lotus**
10.15 **F1 Academy: Weekend Wrapped** Race review.
10.45 **Formula 1** Dutch Grand Prix.
1.00 PM **F1 Drivers Press Conference**
1.45 **F1 Academy: Weekend Wrapped** Race review.
2.15 **Formula 1** Italian Grand Prix.
5.30 **F1 Drivers Press Conference**
6.15 **Paddock Uncut: Italy**
6.45 **Formula 1** Dutch Grand Prix.
7.45 **F1 Drivers Press Conference**
8.30 **Formula 1** Italian Grand Prix.
10.00 **F1 Drivers Press Conference**
10.45 **Formula 1** Highlights.
12.15 AM **F1 Drivers Press Conference**
1.00 **The Best of F1**
5.00 **to 6.00** AM **F1 Explained**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Live from The Lycett Arms

***ENTERTAINMENT** C4,10pm*

Joe Lycett broadcasts live every Friday night from his east London pub for the next six weeks. Each session will feature celebrity guests and comedy entertainment, while punters put the world to rights.

The Grand Tour

***MOTORING** Prime Video*

With Jeremy Clarkson, James May and Richard Hammond having made their way into the sunset, new presenters trainspotter Francis Bourgeois and *Throttle House* YouTubers James Engelsman and Thomas Holland are now in the driving seat(s). Keep your eyes peeled for the original trio, who have hinted at cameo appearances in the new series.

Women's Super League

***FOOTBALL** Sky Sports, Sky One & Sky Mix, k-o 7pm*

The 26/27 season opens with London City Lionesses hosting Manchester United at the Copperjax Community Stadium, where new Lioness, Spain's Alexia Putellas, is set to make her WSL debut.

Mayday

***ACTION COMEDY** Apple TV*

This Cold War buddy comedy stars Ryan Reynolds as a cocky US Navy pilot who is stranded behind enemy lines in Russian territory and is forced to team up with a gruff former KGB agent (Kenneth Branagh) to help him find his way home.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 The Travelling...	8.00 Celebrity MasterChef		9.00 Would I Lie to...	9.30 Mrs Brown's Boys	10.00 News; Local News	
	102 BBC2	7.00 Iolo's Anglesey	7.30 Beechgrove...	8.00 Gardeners' World		9.00 The Marlow Murder Club			10.30 Newsnight
	103 ITV1	◂ 6.30 News †	7.30 Millionaire Hot...	8.00 Emmerdale	8.30 Coronation Street	9.00 The Rainmaker		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Jimmy Doherty's Big Bear Rescue		9.00 Gogglebox		10.00 Live from the Lycett Arms	
	105 5	◂ 6.30 Snooker: British Open – Live: Coverage of the concluding two quarter-finals						10.00 Police: Night Shift 999	
	106 SKY ONE	◂ 6.00 Football: WSL – Live: London City Lionesses v Manchester United (Kick-off 7.00)				9.00 New Zealand Spy		10.00 Rose Matafeo: On and On and On	
ENTERTAINMENT	115 BBC3	7.00 Athletics: Diamond League Brussels – Live: Day one of the AG Memorial Van Damme				9.05 Ann Droid		10.05 Not Going Out	
	116 BBC4	7.00 Marin Alsop's Pick of the Proms		8.00 TOTP: 2000		9.00 TOTP: 1986	9.30 TOTP: 1989	10.00 Bee Gees at the BBC and Beyond	
	118 ITV2	7.00 Wheel of Fortune		8.00 The 1% Club		9.00 Film: The Dark Knight			
	136 MORE4	◂ 6.50 Car S.O.S.		7.55 Grand Designs		9.00 Carpe Diem		10.05 24 Hours in A&E	
	135 E4	7.00 The Simpsons	7.30 Brooklyn...	8.00 Ladies of London: The New Reign		9.00 Film: Black Panther			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Chicago Med		9.00 Chicago Fire		10.00 Chicago PD	
	108 SKY ATLANTIC	◂ 6.45 The Last of Us				9.00 Film: Lee			
	110 U&GOLD	◂ 6.30 The Vicar of Dibley					9.20 The Royle Family		
	111 U&DAVE	7.00 Mortimer & Whitehouse	7.40 Would I Lie to You?			9.00 QI XL		10.00 Magnum P.I.	
	119 ITV3	◂ 6.55 Heartbeat		8.00 Doc Martin				10.00 Agatha Christie's Marple	
	120 ITV4	◂ 5.50 Hornblower		8.00 Cycling: Tour of Britain Highlights		9.00 Wrestling: AEW All in 2026			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Al Murray: Beautiful British Tour – Live		10.00 Mr Bean	
	145 SKY SCI-FI	7.00 Stargate Atlantis		8.00 Stargate SG-1		9.00 Resident Alien		10.00 Evil	
	143 U&DRAMA	◂ 6.40 Last of the Summer Wine		8.00 You're Killing Me		9.00 Father Brown		10.00 New Tricks	
	109 U&ALIBI	7.00 Private Eyes		8.00 Death in Paradise		9.00 NCIS: Sydney		10.00 Death in Paradise	
	122 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Guy Garvey: From the Vaults		9.00 ELO Live at Wembley 1978			10.25 The Eagles: Live...
	132 U&W	7.00 MasterChef Australia			8.20 Nigella: At My Table	9.00 Pete Wicks: For Dogs' Sake			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Deadliest Catch		9.00 Expedition Unknown			
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 River of No Return		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People: Book of Gabe	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Hitler's Last Stand				10.00 Hitler's Death Squad	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Britain's Most Historic Towns		9.00 World War II: Witness to War			
	155 U&YESTERDAY	7.00 Seven Worlds, One Planet		8.00 Canal Boat Diaries				10.00 Bangers & Cash	
	114 SKY DOCS	◂ 6.00 Film: Ferrari: Race to Immortality		8.00 Luca: Seeing Red				10.00 Williams & Mansell: Red 5	

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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Friday

BBC1

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6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **Rip Off Britain: Holidays** New edition Consumer show. (S)
11.30 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition From Long Marston. (S)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Sister Boniface Mysteries** *House of Misfit Dolls:* 2/10. A local toymaker is found stabbed to death in a locked room. (S3) (S)(R)(AD)
2.45 **Escape to the Country** From rural Nottinghamshire. (S)(R)
3.45 **Garden Rescue Revisited** (S)(R)
4.30 **The Answer Run** Quiz. (S)(R)
5.15 **Pointless** Quiz show. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 Celebrity MasterChef

7 PM

7.00 **The One Show** Alex Jones and Clara Amfo present the topical show. (S)
7.30 **The Travelling Auctioneers** Izzie Balmer discovers jewellery and musical instruments as she helps a woman to realise her downsizing dream. (S)(R)

8 PM

8.00 **Celebrity MasterChef** New edition 9/15. In the last quarter-final of the series, the remaining four celebrities from this week's heats pair up to serve a three-course meal in just 90 minutes to Grace Dent and Giorgio Locatelli. (S)(AD)

9 PM

9.00 **Would I Lie to You?** With guests John Cooper Clarke, Lucia Keskin, Kadiff Kirwan and Sara Pascoe. (S)(R)
9.30 **Mrs Brown's Boys** 2/7. Cathy goes to extreme lengths in a bid to impress her boyfriend. (S3) (S)(R)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 NEW TO BBC1 **RuPaul's Drag Race UK** 1/10. A new cast of queens take part as RuPaul kicks off the race. Thandiwe Newton joins Michelle Visage and Alan Carr on the judging panel. *Previously shown on BBC3.* (S)
12.00 M'T **Alan Carr's Celebrity Picture Slam** 7/9. Sue Cleaver, Charlie Brooks, Richie Anderson, Jason Mohammad, Kelle Bryan and Lee Latchford-Evans attempt to identify a board of images to win up to £10,000 for charity. (S)(R)
12.50 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.55 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Garden Rescue** (S)(R)
7.15 **Money for Nothing** (S)(R)
8.00 **Sign Zone: A House Through Time** 3/4. (S)(R)(AD)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Richard Osman's House of Games** Quiz show. (S)(R)
1.30 **The Edge** Game show. (S)(R)
2.15 **Weatherman Walking** (S)(R)
2.45 **Animal Park** (S)(R)(AD)
3.30 **Dogs in the Wild: Meet the Family** Documentary. (S)(R)(AD)
4.30 **Vintage Antiques Roadshow** From Mount Stewart in Co Down. (S)(R)
5.05 **Flog It!** From Wallasey. (S)(R)
6.00 **Richard Osman's House of Games** Quiz show. (S)(R)
6.30 **Great British Railway Journeys** Michael Portillo travels from Chichester to Amberley. (S)(R)(AD)

9.00 The Marlow Murder Club

7.00 **Iolo's Anglesey** 3/4. Iolo Williams explores the flora and fauna of Wales' largest island, Anglesey. (S)(R)
7.30 **Beechgrove Garden** New edition George Anderson and Calum Clunie review planting projects from spring. (S)

8.00 **Gardeners' World** New edition Monty Don celebrates a rewarding summer fruit harvest, Carol Klein delves into the secret world of leaves, and Rachel de Thame visits a Hertfordshire plant library. (S)

9.00 **The Marlow Murder Club** Series finale 2/2. Judith, Becks and Suzie are brought in to help the police investigation, and uncover a connection between the murders. Stars Samantha Bond. (S1) (S)(AD) ■ Entire series on BBC iPlayer

10.25 **Air Fryer: The Secret Genius of Modern Life** Hannah Fry examines the technology and history behind the air fryer. (S)(R)(AD)
10.30 **Newsnight** (S)
11.05 FILM PREMIERE **Harvest** Drama starring Caleb Landry Jones, Harry Melling and Rosy McEwen. Over seven days, a village with no name, in an undefined time and place, disappears. (S) (2024, 18, 125min) ★★★★ *See review, page 27.*
1.10 AM **Sign Zone: The Big Deal with Steph McGovern** 3/6. The pairs are tested on their ability to sell to the public. (S)(R)(AD)
2.10 **Sign Zone: Vigil** (S3) (S)(R)(AD)
3.10 **to 3.10** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
10.00 **This Morning** (S)
1.30 PM **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team visit Peterborough, where Fay Rutter embraces the beautiful game of football, and Tim Hogarth's nerves are put to the test. (S)(R)(AD)
3.00 **Deal or No Deal** Stephen Mulhern hosts as contestant Daniel takes on the infamous Banker for the chance to win a life-changing cash prize. (S)(R)(AD)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(R)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 The Rainmaker

7.30 **Millionaire Hot Seat** New edition Quiz show hosted by Jeremy Clarkson, in which each edition sees six hopefuls compete for £1 million. However, only one player can take their place in the Hot Seat at a time. (S)

8.00 **Emmerdale** Sarah is left wracked with guilt, while Vinny is scared that Kev might have overheard him. (S)
8.30 **Coronation Street** Shona leaves Harper unattended in the car, and Jodie invites Kit to Number 8. (S)(AD)

9.00 **The Rainmaker** New episode 2/10. Rudy and Deck have a tense encounter with a witness and make a crucial discovery about their client. (S1) (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **It'll Be Alright on the Night** Tom Allen presents another compilation of clangers, with Ryan Gosling, Stephen Fry and Damian Lewis. (S)(R)(AD)
11.40 **Sorry, I Didn't Know** With Ola Labib, Stephen Bailey, Dinesh Nathan and Susan Wokoma. (S)(R)
12.10 AM **Teleshopping**
3.00 **The Staircase** 8/8. David angles for a retrial in 2011, while in 2017, Michael faces another hearing. (S1) (S)(SL)(R)(AD)
4.10 **Long Lost Family** Two women search for older siblings they have never met. (S)(SL)(R)(AD)
5.00 **to 6.00** AM **Unwind with ITV** (S)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 17-20/24. (S8) (S)(R)(AD)
11.10 **Ramsay's 24 Hours to Hell and Back** New Orleans. (S)(R)(AD)
12.05 PM **News** (S)
12.10 **Find It, Fix It, Flog It** (S)(R)(AD)
1.10 **The Great House Giveaway** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **The Great B&B Challenge** The final day in the battle to win a B&B in France sees all the hosts deliver their business plans. (S)(R)
5.00 **Chateau DIY** Janet and Philip battle the elements to put on a special dinner party. (S)(R)(AD)
6.00 **A New Life in the Sun: Where Are They Now?** New edition In France, Simon and Cheryl give a progress update on their gîte. (S)

9.00 Gogglebox

7.00 **News** (S)

8.00 **Jimmy Doherty's Big Bear Rescue** When a pack of 12 arctic wolves need a new home, Jimmy and his team set out to build a vast bespoke enclosure complete with pools and woodlands for them to explore. (S)(R)(AD)

9.00 NEW SERIES **Gogglebox** The armchair critics return to share their opinions on what they have been watching during the week, with cameras capturing their instant reactions and lively discussions. (S)(AD)

10.00 NEW SERIES **Live from the Lycett Arms** Joe Lycett presents comedy, celebrity chat and chaos from his own pub, with a guest manager keeping things ticking over and a star-studded gang of punters. *See feature, page 12.* (S)
11.05 **Joe Lycett: More, More, More! How Do You Lycett? How Do You Lycett?** Stand-up show. (S)(R)
12.10 AM **Taskmaster** (S)(SL)(R)(AD)
1.05 FILM **Attack the Block** Comedy. (S)(AD) (2011, 15, 90min) ★★★★
2.35 **Ramsay's Kitchen Nightmares USA** From Boston. (S)(SL)(R)
3.25 **Travel Man: 48 Hours in Salzburg** (S)(SL)(R)(AD)
3.50 **Four in a Bed** (S)(R)
5.55 **to 6.05** AM **Find It, Fix It, Flog It**

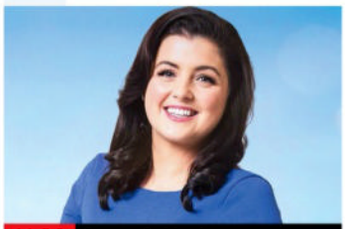
+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.15 AM **Milkshake!**
9.05 **Entertainment News** (S)
9.15 **Jeremy Vine** (S)
11.30 **Storm & Alexis** (S)
12.45 PM **LIVE Snooker: British Open** Katie Shanahan hosts coverage of the afternoon session on day five, held at The Centaur in Cheltenham, featuring the opening two quarter-finals. *Continues at 6.30pm.* (S)
4.00 **Car Pound Cops** A man is distraught at the prospect of losing his car. (S)(R)
4.30 **Wetherspoons vs Toby Carvery: Which Is Better?** Philippa Davis reviews some of Wetherspoons' and Toby's most popular meals. (S)(R)
5.30 **News** (S)
6.25 **Love Nature** (S)(R)



11.30 Storm & Alexis

6.30 **LIVE Snooker: British Open** Katie Shanahan presents coverage of the evening session on day five, held at The Centaur in Cheltenham, featuring the concluding two quarter-finals. Surprise package Louis Heathcote won the first two frames against John Higgins at this stage last year, but the three-time champion of this tournament fought back to win 5-2. In the other match of the session, Shaun Murphy was in fine form as he won 5-1 against another unheralded opponent in Mitchell Mann. With analysis from Stephen Hendry, Ken Doherty, and Joe Perry. (S)

10.00 **Police: Night Shift 999** Officers race to catch burglars red-handed after two men are seen trying to break into a number of houses in Cheltenham, but the suspects have disappeared by the time they get there. (S)(R)

11.05 **Piers Morgan: Uncensored** News and debate show. (S)
12.55 AM **Car Pound Cops** (S)(R)
1.20 **Entertainment News** (S)
1.30 **Teleshopping** (S)(R)
2.30 **GPs: Behind Closed Doors** Medical documentary. (S)(R)
3.20 **The Highland Vet** (S)(SL)(R)
4.15 **Yorkshire with Jane McDonald** (S)(SL)(R)
5.00 **to 5.15** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY ONE

106 106 109 346 361

6.00 AM **Mornings with Jones and Melbourne**
8.00 **Stargate SG-1** (S7) (S)(R)
10.00 **La Brea** 9/10. (S1) (S)(R)(AD)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Africa's Hunters** (S)(R)
1.00 PM **Hawaii Five-0** (S8) (S)(R)
3.00 **S.W.A.T.** 20/23. Tan brings in his old mentor to help out on a drug case. (S)(R)(AD)
4.00 **S.W.A.T.** 21/23. Hondo and the team find themselves under internal investigation after a civilian is killed. (S2) (S)(R)(AD)
5.00 **The Simpsons** *Habeus Tortoise:* Homer tries to solve a mystery involving a tortoise. (S)(R)
5.30 *Kamp Krustier:* A traumatic incident forces Bart and Lisa to return home early from Kamp Krustier. (S)(R)

9.00 New Zealand Spy

6.00 **LIVE Football: WSL** London City Lionesses v Manchester United: Coverage of the top-flight match from Copperjax Community Stadium. The visitors did the double over their hosts last season, winning their home fixture 2-1 in February before claiming a comprehensive 5-1 victory at this ground in September. Kick-off is at 7.00. *See feature, page 28.*

9.00 **NEW SERIES New Zealand Spy** *The Recruits:* 1/6. Comedy with Paul Williams and Rose Matafeo. *See feature, page 7.* **9.30** New episode *The Games:* 2/6. The agents try to prevent an assassination. (S1)

10.00 **Rose Matafeo: On and On and On** The comedian shares her candid takes on relationships, ageing, having children and more – all of it stemming from a 16,000-word note on her phone. (S)(R)

11.15 **The F1 Show** A look ahead to the Italian Grand Prix. (R)
12.15 AM **Grimsburg** New episodes *Training Wheels Day:* 3/13. Otis is admitted to the force. (S) **12.45** *Granddaddy Issues:* 4/13. Summers goes undercover. (S) **1.15** *Daddy Daddy Bang Bang:* 5/13. Marvin tries to get rid of his father's talking car. (S2) (S)
1.45 **Grimm** 14/22. (S1) (S)(R)
2.35 **Road Wars** (R)
3.05 **Hawaii Five-0** (S8) (S)(R)
4.00 **to 6.00** AM **S.W.A.T.** (S)(R)(AD)

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
No variations

N. IRELAND
Sky 966, Virgin 863, Freesat 966
7.00-8.00pm The Big Deal with Steph McGovern (S)(R)

WALES
Sky 965, Virgin 864, Freesat 965
7.30-8.00pm Best of Weatherman Walking New edition (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Pysgod i Bawb **12.30** Heno **1.00** Y Sin (AD) **1.30** Dan Do **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Ty Ffit **4.00** Awr Fawr **5.00** Stwnsh **6.00** Bwrdd i Dri **6.30** Garddio a Mwy **6.59** Newyddion New edition **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Cyfres Triathlon Cymru 2026 **8.55** Newyddion a'r Tywydd **9.00** Am Dro! (AD) **10.00** Y Deis **10.30-11.35pm** Miwsig Fy Mywyd (AD)

TV&Streaming week
New issue on sale now

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **LIVE Athletics: Diamond League Brussels** The AG Memorial Van Damme: Coverage of day one of the finals, as the world's leading athletes gather at King Baudouin Stadium in Belgium.
9.00 **The Catch Up**
9.05 **Ann Droid** 3/6. Linda drags Sue to scatter ashes by the sea, which sparks a trip to a dodgy funfair where a rollercoaster goes wrong. **9.35** 4/6. Sue invites Michael and Renee to a nice family dinner, but is upset when their real motive for coming is revealed. (S1)
10.05 **Not Going Out** 5/6. Lee and Lucy play background elves on the set of TV mini-series, *Dragon Castle.* **10.30** 6/6. Lee uses his collection of free vouchers to book a hotel room. (S14)
11.00 **Man Like Mobeen** (S2)
12.35 AM **Ideal** 1-6/6. (S5)
3.35 **to 3.55** AM **RuPaul's Drag Race UK: Meet the Queens**

BBC4

116 119 107/108 9/24 106/108 108 11

BBC4 programmes start at 7.00pm

7.00 PM **NEW Marin Alsop's Pick of the Proms** The conductor reflects on her favourite performances from past and present Proms.
8.00 **TOTP: 2000** Performances by B*Witched, Destiny's Child and Atomic Kitten. **8.30** Music from Steps, Angie Stone, Bloodhound Gang and Craig David.
9.00 **TOTP: 1986** Performances by The Communards, Bon Jovi and Boris Gardiner.
9.30 **TOTP: 1989** Featuring Marillion, Alyson Williams and Jason Donovan.
10.00 **Bee Gees at the BBC and Beyond** A compilation of performances by the pop trio from the BBC archives.
11.00 **Barry Gibb: Glastonbury**
12.10 AM **TOTP2: Bee Gees Special** The Gibb brothers talk about and perform some of their favourite tracks.
12.55 **TOTP: 1986** As 9.00pm.
1.30 **TOTP: 1989** As 9.30pm.
2.00 **TOTP: 2000** Double bill.
3.00 **to 4.00** AM **Bee Gees at the BBC and Beyond**

MORE4

136/137 127 147 18 124 15

8.55 AM **Find It, Fix It, Flog It**
10.00 **Four in a Bed**
12.40 PM **Come Dine with Me** Five editions of the culinary competition from Essex.
3.20 **Four in a Bed** Five editions of the B&B challenge.
5.55 **Car S.O.S** Fuzz Townshend and Tim Shaw secretly restore a 1983 Citroën 2CV.
6.50 **Car S.O.S** Fuzz and Tim rescue a 1987 MG Metro 6R4 rally car that has turned up in a scrapyard in Co Down, Northern Ireland.
7.55 **Grand Designs** Kevin McCloud meets a former army captain who is restoring a neo-Gothic cemetery keeper's lodge in south-west London with a luxury ground-floor extension.
9.00 **Carpe Diem** New episode 5/6. A man is discovered dead in his car, and Tom was the last person who saw him alive. With the help of Sigourney and Simon, he must prove his innocence. Subtitled. (S1)
10.05 **24 Hours in A&E** A 20-year-old is rushed in after a motorcycle accident.
11.10 **24 Hours in A&E** An 80-year-old patient is admitted suffering from pain in her chest, arm and jaw.
12.15 AM **999: On the Front Line**
1.20 **24 Hours in A&E**
3.25 **to 3.55** AM **The Perfect Pitch**

+1 hour 236/237 347 125

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Rude(ish) Tube Shorts**
7.00 **Couples Come Dine with Me** From Belfast.
8.00 **Ramsay's Kitchen Nightmares USA**
10.00 **America's Funniest Home Videos** New edition
11.00 **America's Funniest Home Videos** Thanksgiving special.
12.00 NOON **The Simpsons**
2.00 PM **The Goldbergs**
3.00 **Modern Family**
5.00 **The Simpsons**
7.00 **The Simpsons** *Bart v Lisa v the Third Grade:* Lisa is thrilled to learn she has been moved up a grade at school.
7.30 **Brooklyn Nine-Nine** 5/22. A detective tries to steal Jake's thunder. (S1)
8.00 **Ladies of London: The New Reign** New edition The group attend Joshua's summer fashion show.
9.00 **FILM Black Panther** Superhero adventure starring Chadwick Boseman. (2018, 12, 134min) ★★★★
11.45 **FILM Scream** Horror sequel starring Neve Campbell. (2022, 18, 114min) ★★★★
2.00 AM **Ladies of London: The New Reign** As 8.00pm.
2.55 **The Simpsons**
3.20 **The Goldbergs**
4.10 **Brooklyn Nine-Nine**
4.35 **Modern Family**
5.00 **to 6.00** AM **Ramsay's Kitchen Nightmares USA**

+1 hr 235/236 306 30 123 256

Friday primetime

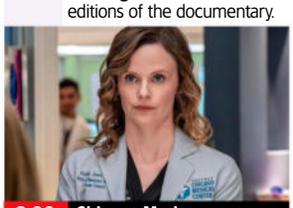
FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

6.00 AM **Sun, Sea and A&E**
7.00 **Border Patrol**
8.00 **UK Border Force**
9.00 **The Force: Manchester**
10.00 **Caught on Dashcam**
11.00 **Police 24/7**
12.00 NOON **FBI** 17&18/22. (S4)
2.00 PM **The Rookie** 9/10. Monica enlists help in a bid to identify her attackers. (S6)
3.00 **Blue Bloods** 4/21. Danny and Baez investigate a series of robberies. (S13)
4.00 **Nothing to Declare** Six editions of the documentary.


8.00 Chicago Med

7 PM
7.00 **Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 **Chicago Med** New episode *Our So-Called Lives:* 11/21. Charles's old friends from medical school visit. (S11)

9 PM
9.00 **Chicago Fire** New episode *Frostbite Blue:* 11/21. A neighbourhood injury lawyer involves himself in a routine call. (S14)

10 PM
10.00 **Chicago PD** New episode *On the Way:* 11/21. Atwater goes undercover in the flashy high-stakes world of carjacking. (S13)
11.00 **The Rookie** 4/10. Thorsen is tested to see whether he is fit to return to work. (S6)
12.00 M'T **FBI** 14&15/22. (S4)
2.00 AM **FBI: International** (S4)
3.00 **FBI: Most Wanted** 12/22. (S3)
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Border Security**

+1 hour 207 310

Sky Atlantic

108/109 108/109 111 342 357

6.00 AM **Fish Town**
8.00 **Billions** 1&2/12. (S1)
10.15 **The Last of Us** 2&3/7. (S2)
12.30 PM **Homicide: Life on the Street** 12&13/23. (S6)
2.20 **Billions** 1&2/12. (S1)
4.30 **The White Lotus** 5/8. Friends explore Bangkok's clubs. **5.35** 6/8. Laurie feels deceived by Jaclyn. (S3)
6.45 **The Last of Us** 9/9. Joel and Ellie near the end of their journey, and a flashback reveals a woman placing her trust in a lifelong friend. (S1)

11.05 The Iris Affair

7.50 **The Last of Us** *Future Days:* 1/7. Five years on, Joel seeks help in mending his relationship with Ellie, who makes a discovery while on patrol with her friend Dina. (S2)

9.00 **FILM Lee** Biographical drama with Kate Winslet. The American fashion model-turned-war photographer Lee Miller sets out to document the truth of the Nazi regime. (2023, 15, 117min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

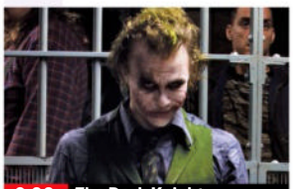
11.05 **The Iris Affair** 3/8. Joy is taken captive by Baptiste. **12.05** AM 4/8. Iris escapes the island and contacts online conspiracy theorist Alfie. (S1)
1.05 **The Five-Star Weekend** (S1)
2.50 **Gomorrah: The Origins** (S1)
4.05 **to 6.00** AM **Urban Secrets**

+1 hour 208/209

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
7.30 **Real Housewives of Potomac**
8.20 **Real Housewives of Beverly...**
9.15 **The Only Way Is Essex**
10.15 **Dawson's Creek** 11/22. (S2)
11.10 **Charmed** 2/22. (S2)
12.10 PM **Deal or No Deal**
1.10 **Supermarket Sweep**
2.10 **Celebrity Wheel of Fortune**
3.10 **The Only Way Is Essex**
4.10 **Real Housewives of Potomac**
5.00 **Real Housewives of Beverly Hills** Reality series.
6.00 **Celebrity Catchphrase**


9.00 The Dark Knight

7.00 **Wheel of Fortune** Graham Norton hosts the game show as three contestants compete to win the £50,000 jackpot.

8.00 **The 1% Club** Quiv show hosted by Lee Mack in which the questions are all based around logic and common sense.

9.00 **FILM The Dark Knight** Dark comic-book action thriller starring Christian Bale, Heath Ledger, Aaron Eckhart and Maggie Gyllenhaal. Masked vigilante Batman encounters a dangerous new adversary when criminal mastermind The Joker unleashes a wave of violent anarchy. (2008, 12, 152min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Family Guy** (S7&6)
1.05 **American Dad!** (S6&12)
2.00 **Bob's Burgers** 7&4/16. (S14)
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **George and Mildred**
7.05 **Classic Emmerdale**
8.40 **Classic Coronation Street**
9.10 **Agatha Christie's Poirot**
11.30 **Heartbeat** Double bill.
1.35 PM **Midsomer Murders** *Market for Murder:* A prominent villager is battered to death.
3.40 **Classic Emmerdale**
4.40 **Classic Coronation Street**
5.50 **Heartbeat** *Daniel:* Steve is forced to cover for Phil when the father-to-be discovers Gina has gone into labour two months early.

8.00 Doc Martin

6.55 **Heartbeat** *One Thing Leads to Another:* Vernon, Bernie and David enter a poetry competition run by the *Ashfordly Gazette*.

8.00 **Doc Martin** *Equilibrium:* 6/8. A case of vandalism at a local surf school is reported and PC Joe Penhale investigates.

9.00 **Doc Martin** *Single White Bevy:* 7/8. Mrs Tishell's cousin joins her for some work experience, but it does not go to plan. (S9)

10.00 **Agatha Christie's Marple** *A Caribbean Mystery:* The sleuthing spinster investigates the death of a fellow holiday-maker in the Caribbean.
11.50 **Agatha Christie's Poirot** *The Murder of Roger Ackroyd:* The murder of a rich industrialist draws Poirot into a sordid world of blackmail and envy.
1.55 AM **George and Mildred**
2.25 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

ITV4

120 124 118 26 117 21

6.00 AM **Magnum, PI**
8.05 **Minder**
9.10 **The Professionals**
10.15 LIVE **Cycling: Tour of Britain** Stage three, a route from Hull to Beverley, that will see the riders journey up the east coast and tackle a series of climbs in the Yorkshire Wolds.
4.15 PM **River Monsters**
4.45 **Minder** *High Drains Pilferer:* Terry is suspected of theft.
5.50 **Hornblower** *The Even Chance:* The young Hornblower experiences seasickness.

5.50 Hornblower

Hornblower (started at 5.50pm)

8.00 **Cycling: Tour of Britain Highlights** Action from the third stage of the race, a 191.4km route from Hull to Beverley.

9.00 PM **to 3.00** AM **Wrestling: AEW All in** A chance to see this year's event, which came from Wembley Stadium. Kenny Omega put the World Championship on the line against Will Ospreay, and Mercedes Mone challenged Willow Nightingale for the Women's World Championship. Plus, Cage and Cope defended the World Tag Team Championship against The Young Bucks.

+1 hour 220 318 118

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.25 LIVE **Sportscene: Championship** Livingston v Stenhousemuir: Coverage of the second-tier match at the Home of the Set Fare Arena. Kick-off is at 7.30.
9.30 **Best of Only an Excuse?** Stevie Clarke tries to come to terms with actually qualifying for something.
10.00 **Still Game** 8/9. Navid has his hands full trying to catch a fox. (S2)
10.30 **Two Doors Down** 5/6. Chaos ensues as Ian and Gordon's pals park up at Beth and Eric's. (S6)
11.00 **Situationships with Sophie and Christine** A discussion about workplace dilemmas.
11.30 PM **to 12.00** M'T **Icons of Football** A profile of journalist Chick Young.

Sky Comedy

113/114 109/110 112 347 362

8.00 AM **Will & Grace** (S4)
9.00 **Sort Of** 3&4/8. (S3)
10.00 **Based on a True Story**
11.20 **Will & Grace** (S9)
12.20 PM **Upright** 7&8/8. (S2)
1.40 **Based on a True Story**
3.00 **Will & Grace** (S8)
4.00 **Hitmen: Reloaded** (S2)
5.00 **Community** (S3)
6.00 **Will & Grace** (S9)
7.00 **The Office (US)** (S6)
8.00 **Animal Control** 6/9. Frank asks Emily to set him up on a date. **8.30** 7/9. Frank and Shred take on an aggressive swan. (S2)
9.00 **Maisie Adam: Appraisal**
10.15 **The Paper** 9/10. Ned and Mare meet with a possible cult leader. **10.55** 10/10. Oscar comes to terms with the documentary. (S1)
11.35 **Animal Control** (S2)
12.35 AM **Community** (S3)
1.35 **Upright** (S2)
2.45 **Avenue 5** 7&8/8. (S2)
4.00 **to 5.00** AM **Sort Of**

Sky Arts

122/123 112/113 123 36 143 24 350 365

6.00 AM **Michael Flatley: Lord of the Dance – Dangerous Games**
7.50 **Artist of the Year**
8.50 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **Discovering**
12.00 NOON **Classic Albums**
1.00 PM **Tales of the...**
2.00 **Alfred Hitchcock Hour**
3.00 **Stories from the National Gallery**
4.00 **Discovering**
5.00 **Portrait Artist 2024**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Guy Garvey: From the Vaults** Clips from 1978.
9.00 **ELO Live at Wembley 1978** At Wembley Arena.
10.25 **The Eagles: Live from the LA Forum**
1.20 AM **Elton John: Million Dollar Piano**
3.45 **National Trust: National Treasures**
5.00 **to 6.00** AM **Stories from the National...**

Sky Mix

151 158 156 11 141 23

7.00 AM **Border Security: America's Front Line**
8.00 **Border Patrol**
9.00 **Nothing to Declare**
11.00 **Border Security: America's Front Line**
12.00 NOON **Caught on Dashcam** Road disasters.
1.00 PM **Police 24/7**
2.00 **Nothing to Declare**
4.00 **Star Trek: Deep Space Nine** 19/26. (S6)
5.00 **Stargate SG-1** (S9)
6.00 LIVE **Football: WSL** London City v Manchester United: From Copperjax Community Stadium. Kick-off is at 7.00.
9.00 **FILM First Blood** Action adventure. (1982, 15, 93min) ★★★★
11.00 **Grimm** 20/22. (S1)
12.00 M'T **Wynonna Earp** (S1)
1.00 AM **Police 24/7**
2.00 **Road Wars**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Deal or No Deal**
10.00 **Tipping Point** Triple bill.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Five university friends take part.
3.00 **The Chase Around the World** The teams land in Paris to take on the Vixen and the Beast.
4.00 **Riddiculous** Quiz show hosted by Ranvir Singh.
5.00 **Deal or No Deal** Stephen Mulhern hosts as Nick takes on the Banker for the chance to win life-changing cash.
6.00 **Lingo** Triple bill of the word-based quiz show hosted by Adil Ray.
9.00 **The Chase Around the World** The teams are in Zurich to take on the Governess and the Dark Destroyer.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.55 AM **Tenable** Quiz show.
1.50 **Riddiculous** Quiz show.
2.40 **to 3.00** AM **Unwind**

4seven

137/138 163 143 49 127 16

9.00 AM **A New Life in the Sun: Where Are They Now?** From Spain.
10.00 **Find It, Fix It, Flog It**
11.00 **Great B&B Challenge**
12.00 NOON **A Place in the Sun** Triple bill of editions.
3.00 PM **Come Dine with Me**
5.30 **A Place in the Sun**
7.00 **Fred's Ultimate Hotels** Fred Sirieix meets the people behind the most spectacular hotels.
8.00 **The Dog House** The Bodley family face double trouble as they meet cockapoo twins.
9.00 **24 Hours in A&E** A patient may have a clot on her lung.
10.00 **24 Hours in Police Custody: The Ambush**
11.15 **Gogglebox**
12.20 AM **Celebrity Gogglebox**
1.20 **Gogglebox**
2.20 **Taskmaster**
3.25 **24 Hours in A&E**
4.15 **to 5.00** AM **Kirstie and Phil's Love It or List It: Brilliant Builds**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Sci-Fi

145 114/115 140 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: Enterprise** (S4)
12.00 NOON **Star Trek: Voyager**
1.00 PM **Stargate Atlantis** (S5)
2.00 **Primeval** 6&7/7. (S2)
4.00 **Stargate SG-1** 2/20. (S9)
5.00 **Star Trek: Voyager** 12/26. B'Elanna learns that she is expecting a child. (S7)
6.00 **Star Trek: Enterprise** 11/22. Hoshi and Trip become infected with a mysterious virus that could leave them dead within hours. (S4)

8.00 Stargate SG-1

7.00 **Stargate Atlantis** *Whispers:* 7/20. Dr Beckett is forced to delay his departure from Atlantis following a discovery. (S5)
8.00 **Stargate SG-1** *Avalon – Part Two:* 2/20. Daniel Jackson and Vala find themselves transported to a distant galaxy. (S9)
9.00 **Resident Alien** *Lovebird:* 5/8. Asta and D'arcy take drastic action in an attempt to get Harry back on track. (S3)
10.00 **Evil** *Rose390:* 4/13. Kristen is concerned by her daughters' obsession with a digital game. (S1)
11.00 **The Walking Dead** 16/16. The communities take a last stand against the Saviors as an all-out war unfolds. (S8)
12.00 M'T **Resident Alien** 4/8. Mike and Liv make a huge discovery. (S3)
1.00 AM **Primeval** 6&7/7. (S2)
3.00 **The Walking Dead** (S8)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S10)
9.00 **Shakespeare & Hathaway: Private Investigators** (S4)
10.00 **The Mentalist** 13/22. (S6)
11.00 **Hudson & Rex** As 5.00pm.
12.00 NOON **Body of Proof** (S2)
1.00 PM **Death in Paradise** (S4)
2.00 **Murdoch Mysteries** (S10)
4.00 **The Mentalist** 13/22. (S6)
5.00 **Hudson & Rex** 8/8. A ruby from an old heist is found near a dead landowner. (S8)
6.00 **Body of Proof** 17/20. Megan and Kate try to identify the victims of a fatal car crash. (S2)

9.00 NCIS: Sydney

7.00 **Private Eyes** *Glazed and Confused:* 12/12. An old enemy of Angie fakes his own death. Guest stars William Shatner. (S3)
8.00 **Death in Paradise** *Hidden Secrets:* 2/8. Humphrey investigates when a surf-school owner is shot dead. (S4)
9.00 **NCIS: Sydney** *Doggieccino Day Afternoon:* 5/8. Doc Roy and his dog are involved in a hostage situation. (S1)
10.00 **Death in Paradise** *A Murder in Portrait:* 2/8. An acclaimed artist is found dead in suspicious circumstances. (S9)
11.00 **Private Eyes** 12/12. (S3)
12.00 M'T **Shakespeare & Hathaway: Private Investigators** 9/10. Frank becomes the prime suspect in a murder case. (S4)
1.00 AM **Hudson & Rex** (S8)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.35 AM **Highlights**
9.20 **The Green Green Grass**
10.00 **Are You Being Served?**
10.35 **Last of the Summer Wine**
11.55 **Ever Decreasing Circles**
12.30 PM **Porridge**
1.10 **The Vicar of Dibley**
1.55 **Dad's Army**
2.35 **The Green Green Grass**
3.15 **Are You Being Served?**
3.50 **Ever Decreasing Circles**
4.30 **Dad's Army**
5.10 **Last of the Summer Wine**
6.30 **The Vicar of Dibley**

10.35 Mrs Brown's Boys

7.20 **The Vicar of Dibley** Geraldine hopes to find a celebrity to open the autumn fair in style. Guest stars Kylie Minogue.
8.00 **The Vicar of Dibley** Geraldine tries her hand at fundraising. **8.40** Geraldine finds she is a popular candidate at the local election.
9.20 **The Royle Family** Nana is in mourning, but her grief tries Jim's patience. **9.55** Jim and Nana fight over who is going to use the toilet first.
10.35 **Mrs Brown's Boys** The family await the fruits of their insurance fraud after faking Grandad's death.
11.15 **The Fast Show** A brother and sister discuss the joys of living on the Isle of Man, while Unlucky Alf buys a parrot.
11.55 **The Vicar of Dibley**
1.15 AM **The Royle Family**
1.55 **The Fast Show**
2.35 **to 4.00** AM **The Outlaws**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.25 AM **Top Gear**
8.20 **Border Force: America's Gatekeepers** Double bill.
10.20 **Rick Stein's Mediterranean Escapes** From Corsica.
11.20 **Yukon Gold** Documentary.
12.20 PM **Top Gear** Double bill.
2.20 **Mortimer & Whitehouse: Gone Fishing** As 7.00pm.
3.00 **Speed with Guy Martin**
4.00 **Hairy Bikers' Best of British**
5.00 **Rick Stein's Mediterranean Escapes** Rick visits Corsica. **6.00** The chef boards a ferry heading for Palermo in Sicily.

11.00 Magnum P.I.

7.00 **Mortimer & Whitehouse: Gone Fishing** The duo visit the west of Ireland.
7.40 **Would I Lie to You?** With Steve Davis, Craig Parkinson, Sara Pascoe and Claudia Winkleman **8.20** With guests Nikki Fox, Miles Jupp, Nish Kumar and Joe Lycett.
9.00 **QI XL** Jason Manford, Sara Pascoe, Jeremy Clarkson and Alan Davies answer Sandi Toksvig's questions on 'noble rot'.
10.00 **Magnum P.I.** *I, the Deceased:* 14/20. Thomas investigates the murder of a man who had hired him before he died. (S1)
11.00 **Magnum P.I.** 15/20. Thomas learns his ex-girlfriend plans to steal a fortune in gold. (S1)
11.55 **Mock the Week**
12.35 AM **Would I Lie to You?**
1.55 **QI XL** As shown at 9.00pm.
2.55 **House of Games**
3.30 **to 4.00** AM **Judge Romesh**

+1 hour 211/212 327 74 259

U&Drama

143 132/134 116 20 158 20

7.35 AM **The Bill**
8.30 **Doctors**
9.40 **Classic Holby City**
11.00 **Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.15 **Classic Neighbours**
2.45 **Neighbours**
3.20 **Sister Boniface Mysteries**
4.20 **Kingdom**
5.20 **As Time Goes By**
6.00 **Last of the Summer Wine** Clegg makes himself scarce. **6.40** Seymour and Clegg are seen climbing into a hay bale.

8.00 You're Killing Me

7.20 **Last of the Summer Wine** Nora sets tongues wagging by not wearing her stockings and going to the pub with a man.
8.00 **You're Killing Me** New episode *The Copycat:* 3/6. A killer mimics murders from Allie's books in Founders Cove. (S1)
9.00 **Father Brown** *The Royal Visit:* The visit of Princess Margaret to Kembleford is jeopardised when a school caretaker is found dead.
10.00 **New Tricks** *Tiger Tiger:* The case of a zookeeper who was thought to have been killed by a tiger in 2006 is reopened.
11.00 **Copper** 5/10. (S1)
12.00 M'T **Lovejoy**
1.00 AM **Sister Boniface Mysteries** 4/10. (S1)
2.00 **At Home with the Braithwaites** 4/6. (S1)
3.00 **to 4.00** AM **The Chelsea Detective**

+1 hour 243 316 60 260

Friday

7 PM **8 PM** **9 PM** **10 PM**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 12-14/24. (S3)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Singled Out:* 3/24. A missing US Navy lieutenant's car is found covered in blood. **7.00** *Faking It:* 4/24. A petty officer is killed. **8.00** *Dead and Unburied:* 5/24. The body of a lance corporal is discovered in an empty house. (S4)
9.00 **Beauty and the Beast** *Guess Who's Coming to Dinner?* 7/22. Cat invites Vincent to spend Thanksgiving with her, so she can protect him. **10.00** *Man or Beast?* 8/22. Vincent disagrees with Cat about the best way to deal with Agent Reynolds. (S2)
11.00 **Law & Order: Special Victims Unit** (S21&20)
2.50 **to 3.50** AM **Wild Cards**

+1hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Extreme Nightmare Tenants** Documentary.
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Rogue Claimers**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts** A key member of staff calls in sick at the last minute.
9.00 **999: Critical Condition** A woman has a life-threatening aneurysm.
10.00 **A&E After Dark** A man is involved in a collision with a deer.
11.00 **Trauma Room One**
12.00 M'T **Skin A&E**
1.00 AM **Murdered at First Sight** Documentary.
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Killer on the Run**
3.35 **to 4.00** AM **Friends**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Trucking Hell**
9.15 **Cops** Documentary.
9.45 **Gunsmoke** (S13)
10.50 FILM **Mackenna's Gold** Western adventure. (1968, 15, 136min) ★★★
1.20 PM FILM **Bite the Bullet** Western. (1975, PG, 131min) ★★★★
4.00 **Highway Thru Hell**
5.00 **Britain's Greatest Bridges** Documentary.
5.20 **Motorway Cops: Catching Britain's Speeders** True-crime.
6.20 **Cops** Documentary.
7.00 **Cycling: Vuelta a España**
8.00 **Motorway Cops: Catching Britain's Speeders** True-crime.
9.00 **Police Interceptors**
10.00 **Cops** New editions
11.00 **The X-Files** 14/22. (S6)
12.00 M'T **Behind Bars: World's Toughest Prisons**
1.00 AM **Outback Truckers**
2.00 **Trucking Hell**
3.55 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.15 AM **Property Brothers: Forever Homes**
7.00 **Tipping Point**
10.00 **DIY SOS: The Big Build**
12.00 NOON **DIY SOS: Grenfell**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
5.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition The cooks must select one of five classic flavour pairings.
8.20 **Nigella: At My Table** Featuring dishes to share around the table.
9.00 **Pete Wicks: For Dogs' Sake** Pete meets some newborn puppies that are fighting to survive. **10.00** Pete helps a withdrawn pregnant Malinois regain strength.
11.00 **Ghosts** Triple bill.
12.55 AM **My Family**
1.40 **to 3.00** AM **Sort Your Life Out with Stacey Solomon**

+1 hour 232/233 325

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **The Architecture the Railways Built**
8.00 **Bangers & Cash: Restoring Classics**
10.00 **Rise of the Nazis: Dictators at War**
11.00 **The World at War**
12.00 NOON **Antiques Roadshow** Double bill.
2.00 PM **Bangers & Cash**
4.00 **Rise of the Nazis: Dictators at War**
5.00 **The World at War**
6.00 **Antiques Roadshow**
7.00 **Seven Worlds, One Planet** Africa.
8.00 **Canal Boat Diaries** Robbie Cumming's narrowboat gets stuck. **9.00** Robbie moors by Hampton Court Palace.
10.00 **Bangers & Cash**
12.00 M'T **Bangers & Cash: Restoring Classics**
1.00 AM **Find It, Fix It, Flog It**
2.00 **to 3.00** AM **The Architecture the Railways Built**

+1 hour 255 329

Really

142 153 165 44 149 40

6.00 AM **Fantasy Homes by the Sea** From Devon.
7.00 **Teleshopping**
8.00 **Escape to the Country**
9.00 **Salvage Hunters**
12.00 NOON **The Yorkshire Auction House**
2.00 PM **The Repair Shop**
3.00 **Salvage Hunters**
5.00 **Long Lost Family: Born Without Trace**
6.00 **The Repair Shop**
7.00 **The Yorkshire Auction House** Angus Ashworth unearths vintage toys.
8.00 **Antiques Road Trip** Margie Cooper and Tim Medhurst visit Cardiff.
9.00 **The Bad Foot Clinic** A mother and son suffer with the same rare genetic condition.
10.00 **Take My Tumour**
11.00 **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

+1 hour 242 365

FRIDAY Entertainment

Great! TV

157 167 170 34 32

8.10 AM **The Waltons** (S8)
9.10 **Bramwell** 5/10. (S3)
10.10 **Highway to Heaven**
11.10 **Little House on the Prairie** (S4)
1.00 PM **The Waltons** (S8)
4.10 **Little House on the Prairie** (S4)
6.00 **The Irish RM** 2/6. (S1)
7.00 **M*A*S*H** 9/25. The 4077th shelter a group of Korean orphans. **7.30** 10/25. A wounded officer claims he is Christ. **8.00** 11/25. BJ writes home about Frank. **8.30** 12/25. BJ plays agony aunt. (S4)
9.00 FILM **The Exception** World War Two drama starring Lily James and Jai Courtney. (2016, 15, 107min) ★★★
11.20 **M*A*S*H** 9-12/25. (S4)
1.20 AM **Rising Damp** (S2)
2.00 **Air Rescue**
3.00 **to 5.00** AM **Highway to Heaven**

+1 hour 257 61 263

Great! Action

318 317 426 42 33

9.00 AM **Railway Murders**
10.00 **Murder Maps**
11.00 FILM **Wrangler** Western starring Jeff Fahey. (1989, 12, 92min) ★★
1.00 PM **The Unit** 22/23. (S2)
2.00 **Burn Notice** (S5)
4.00 FILM **The Coldest Game** Espionage thriller starring Bill Pullman. (2019, 15, 102min) ★★
6.00 **The Unit** 22/23. (S2)
7.00 **Burn Notice** (S5)
9.00 FILM **Snatch** Guy Ritchie's crime comedy drama starring Jason Statham, Brad Pitt and Benicio Del Toro. (2000, 18, 102min) ★★★★
11.15 **The Avengers**
12.15 AM **The Baron**
1.15 **The Persuaders!**
2.15 FILM **Absolute Zero** Race-against-time thriller with Jeff Fahey. (2005, 12, 87min) ★
3.40 **Coast Guard Alaska**
4.35 **to 6.00** AM **Air Rescue**

+1 hour 319

Great! Mystery

320 318 425 50 48

8.10 AM FILM **Family History Mysteries: Buried Past** (2023) ★★
10.10 FILM **White Hot: A Sandra Brown Mystery** Crime drama. (2016, PG, 89min) ★★
12.00 NOON **Unforgettable**
1.00 PM **In Plain Sight** (S1)
2.00 **Castle** 16/24. (S5)
3.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
7.00 **Castle** 17/24. (S5)
8.00 **Unforgettable** (S1)
9.00 **In Plain Sight** (S1)
10.00 FILM **An Aurora Teagarden Mystery: The Disappearing Game** Drama. (2018, PG) ★★
11.50 FILM **An Aurora Teagarden Mystery: A Game of Cat and Mouse** Thriller. (2019, PG) ★★
1.45 AM FILM **Saving My Daughter** (2021) ★★
3.25 **to 5.00** AM FILM **Killing Your Daughter** Thriller. (2019, PG) ★★

+1 hour 321

Great! Christmas

322 319 424 52 47

8.10 AM FILM **Christmas with a Prince: The Royal Baby** (2022) ★★
10.05 FILM **Annie Claus is Coming to Town** (2011)
12.00 NOON FILM **The Christmas Club** Comedy. (2019, U, 100min) ★★
2.00 PM FILM **Forever Christmas** (2018) ★★
3.55 FILM **Once Upon a Christmas Miracle** Drama. (2018, PG) ★★
5.50 FILM **Christmas at Graceland** (2018) ★★
7.50 FILM **Hearts of Christmas** (2016) ★★
9.45 FILM **Christmas at Graceland: Home for the Holidays** Comedy. (2019, PG, 84min) ★★
11.40 FILM **Road to Christmas** Romance. (2018, U) ★★
1.40 AM FILM **Christmas Romance Al Dente** Drama. (2020, PG) ★★
3.20 **to 5.00** AM FILM **Forever Christmas**

+1 hour 323

Together TV

170 171 136 83 162 52

11.00 AM **Garden Rescue**
12.00 NOON **Love Your Garden**
1.00 PM **Our Dream Farm with Matt Baker**
2.00 **The Two Ronnies in Australia** Sketch show.
3.00 **Garden Rescue**
4.00 **Marcus Wareing's Tales from a Kitchen Garden**
4.45 **Edwardian Farm**
6.00 **Our Dream Farm with Matt Baker**
7.00 **Love Your Garden**
8.00 **Garden Rescue**
9.00 **New Home DIY**
9.30 **Secret Diary of a Call Girl** 4/8. The pressure of leading a double life begins to take its toll. (S1)
10.00 FILM **Hussy** Drama. (1979, 18, 94min) ★★
12.00 M'T FILM **Come Play with Me** Comedy. (1977, 18, 90min) ★★
2.00 AM **The Two Ronnies in Australia** Sketch show.
3.00 **My Floating Home**
4.00 **to 5.00** AM **Garden Rescue**

Rewind TV

182 81 164 141

6.00 AM **Highlights**
10.00 **Doctor in Charge** (S2)
10.30 **Only When I Laugh**
11.00 **The Gaffer** 4/7. (S3)
11.30 **The Upper Hand** (S2)
12.00 NOON **UFO** 11/26. (S1)
1.00 PM **Two's Company**
1.30 **Agony** 7/7. (S3)
2.00 **Second Thoughts** (S5)
2.30 **The Gaffer** 4/7. (S3)
3.00 **Only When I Laugh**
3.30 **Randall and Hopkirk (Deceased)** 26/26. (S1)
4.30 **Old Country** (S3)
5.00 **Stereo Underground**
6.00 **Danger Man** 36/39. (S1)
6.30 **The Upper Hand** (S2)
7.00 **Doctor in Charge** (S2)
7.30 **UFO** 11/26. (S1)
8.30 **Randall and Hopkirk (Deceased)** 26/26. (S1)
9.30 **Time Gentlemen Please**
10.00 FILM **My Tutor** Drama. (1982, 18, 97min) ★★
12.05 AM FILM **The Ups and Downs of a Handyman** Comedy. (1975, 18) ★
1.55 **to 6.00** AM **Highlights**

DMAX

159 151 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Aussie Gold Hunters**
9.00 **Building Off the Grid**
11.00 **Deadliest Catch**
12.00 NOON **Treasure Quest: Snake Island**
1.00 PM **Expedition Unknown** Documentary.
2.30 **Legendary Locations**
3.00 **Alaska: Homestead Rescue** Double bill.
5.00 **Outback Opal Hunters**
7.00 **Aussie Gold Hunters** Shane and Russell battle unseasonal weather. **8.00** The *Poseidon* crew members are slowed down by fierce storms.
9.00 **Massive Engineering Mistakes** In Minnesota.
10.00 **In the Eye of the Storm**
11.00 **Expedition X**
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

144 152 168 43 148 39

6.00 AM **Slice of Italy**
7.00 **The Hairy Bikers' Mediterranean Adventure**
8.00 **Delicious Miss Brown**
9.00 **Jamie's 15 Minute Meals**
10.00 **Barefoot Contessa**
11.00 **Great British Bake Off**
12.30 PM **Mary Berry: Love to Cook** Culinary tips.
1.00 **French Adventure**
3.00 **The Hairy Bikers' Mediterranean...**
4.00 **Jamie's 15 Minute Meals**
5.00 **The Pioneer Woman**
6.00 **French Adventure**
7.00 **Great British Bake Off**
8.30 **Mary Berry: Love to Cook** Culinary tips.
9.00 **Marcus in the Med**
10.00 **Secrets of the Curry Kitchen** Finding flavour.
10.30 **Maneet's Eats**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Mystery Diners**
2.00 **to 3.00** AM **Cake Boss**

+1 hour 244 368 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 25/25. (S2)
9.00 **The Dukes of Hazzard**
10.00 **Babylon 5** 19/22. (S3)
11.00 FILM **Shark Season** Thriller. (2020, PG) ★★
1.00 PM FILM **Gunfighters** Western with Randolph Scott and Bruce Cabot. (1947, PG, 87min) ★★
3.00 FILM **Santa Fe Passage** Western adventure. (1955, U, 91min) ★★★
5.00 **Star Trek** 2/26. (S2)
6.00 **The Dukes of Hazzard**
7.00 **Babylon 5** 20/22. (S3)
8.00 **Walker, Texas Ranger**
9.00 FILM **Once Upon a Time in America** Sergio Leone's drama starring Robert De Niro and James Woods. (1983, 18, 227min) ★★★★★
1.20 AM FILM **Anti-Life** Sci-fi thriller with Bruce Willis. (2020, 15, 93min) ★★
3.15 **to 5.00** AM FILM **Bushwick** Action thriller. (2017, 15, 94min) ★★

Legend Xtra

316 316 171 69 138 51

9.00 AM FILM **Apocalypse of Ice** Disaster epic. (2020, PG, 88min) ★★
11.00 **Andromeda** 12/22. (S5)
12.00 NOON FILM **Mega Storm: Days of Destruction** Thriller. (2011, PG, 89min) ★★
2.00 PM FILM **Coward of the County** Drama. (1981, PG, 104min) ★★
4.00 **Walker, Texas Ranger**
5.00 FILM **Age of the Dragons** Action fantasy. (2010, 12, 90min) ★
7.00 **Andromeda** 13/22. (S5)
8.00 **The A-Team** 4/23. (S4)
9.00 FILM **Contraband** Action thriller. (2012, 15, 105min) ★★★
11.20 FILM **Ambushed** Thriller. (2013, 15, 92min) ★★
1.20 AM FILM **War Pigs** World War Two adventure. (2015, 15, 88min) ★★
3.10 FILM **Age of the Dragons** As 5.00pm.
5.00 **to 6.00** AM **Andromeda**

+1 hour 317 139

Blaze

156 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Coalville.
6.45 **Pawn Stars** Double bill.
7.30 **Storage Wars Canada**
8.25 **Storage Hunters**
9.20 **Storage Wars: Texas**
1.05 PM **Pawn Stars**
2.05 **Storage Wars Canada**
3.05 **Ancient Aliens**
5.00 **Close Encounters**
6.00 **Junk & Disorderly**
7.00 **Dickinson's Real Deal**
9.00 **My Strange Arrest** An alleged thief attempts a strange tactic to mask his identity. **9.30** A suspected criminal uses a police station as a drive-thru.
10.00 **What on Earth?**
12.00 M'T **Paranormal Survivor** Documentary.
1.00 AM **Close Encounters**
2.00 **Killer Britain with Dermot Murnaghan**
3.00 **Junk & Disorderly**
3.45 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **The Yorkshire Vet**
11.00 **Reuben Owen: Life in the Dales**
12.00 NOON **Ben Fogle: New Lives in the Wild**
1.00 PM **Murder, She Wrote**
3.00 **Columbo**
5.00 **Cornwall: A Year by the Sea** A visit to the island of St Michael's Mount.
6.00 **Abandoned Engineering** A town in America that has been erased.
7.00 **Ben Fogle: New Lives in the Wild** Ben meets an inventor who has built a unique home off the coast of Panama. **8.00** A former carpenter living on a private island in Iceland.
9.00 **Taggart** *For Their Sins:* Jardine investigates a drugs-related death on a local housing estate.
11.05 **Prisoner: Cell Block H**
1.10 AM **The Yorkshire Vet**
3.10 **to 4.00** AM **Abandoned Engineering**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **The Chase Celebrity Special** Quiz show.
10.00 **The Bidding Room**
11.00 **Celebrity Antiques Road Trip** With Kate Silverton.
12.15 PM **Lily Savage's Blankety Blank**
1.00 **Cash Trapped**
2.00 **Bridge of Lies**
3.00 **The Chase** Quiz show.
4.00 **Celebrity Antiques Road Trip** With Neil Stuke.
5.15 **All Star Family Fortunes**
6.00 **Cash Trapped**
7.00 **The Chase Celebrity Special** Contestants include Gareth Malone and Glenn Hoddle.
8.00 **The Chase** Double bill.
10.00 **The Chase Celebrity Special** Quiz show.
11.00 **Bullseye** Double bill.
12.00 M'T **Bridge of Lies**
1.00 AM **The Chase** Quiz.
2.00 **The Chase Celebrity Special** Quiz show.
3.00 **The Chase** Quiz show.
4.00 **to 6.00** AM **Bullseye**

TLC

133/134 139 113/128 12 144 17

7.00 AM **The Middle**
8.30 **Young Sheldon**
10.00 **The Big Bang Theory**
2.00 PM **The Middle**
3.30 **Young Sheldon**
5.00 **The Big Bang Theory** Eight episodes of the comedy, including at: **8.30** 9/24. Bernadette wants to beat Howard in a video game. (S12)
9.00 **90 Day Fiancé** New edition Edward storms off when Marissa still has cold feet, Shea is caught between his daughter and fiancée, while Catie questions a monogamous future.
11.00 **Dr Pimple Popper**
12.00 M'T **The Middle**
1.30 AM **Dr Pimple Popper**
2.30 **My 600lb Life**
4.30 **Say Yes to the Dress: UK** Reality series.
5.00 **to 6.00** AM **Say Yes to the Dress**

+1 hr 233/234 313/328 99

Comedy Central

112/113 135 132 345 360

8.00 AM **The Upper Hand**
9.00 **Everybody Loves Raymond** 2-5/26. S3)
11.00 **Sabrina the Teenage Witch** 3-6/25. (S3)
1.00 PM **Friends** (S7)
7.00 **Friends** 19/24. Monica's attractive cousin visits. **7.30** 20/24. Rachel sees an old college friend. **8.00** 21/24. Chandler writes his marriage vows. **8.30** 22/24. Chandler reluctantly visits his father in Vegas. (S7)
9.00 **Al Murray: Beautiful British Tour – Live at the O2** Stand-up.
10.00 **Mr Bean** 5&6/14. (S1)
11.00 **Whose Line Is It Anyway? USA**
12.00 M'T **8 Out of 10 Cats**
1.40 AM **Kerry Godliman: Bandwidth** Stand-up.
3.10 **Reno 911!** 12/16. (S5)
3.35 **Key & Peele**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154

6.00 AM **Everybody Loves Raymond** (S2)
7.00 **Teleshopping**
9.00 **Whose Line Is It Anyway? USA**
10.00 **Spin City** 11&12/24. (S2)
11.00 **Friends** (S7)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers: Sideline Smack Talk**
3.00 **Impractical Jokers: Servin' Up Laughs**
3.30 **Everybody Loves Raymond** (S2&3)
6.00 **The Upper Hand** (S4)
7.00 **Sabrina the Teenage Witch** 3-6/25. (S3)
9.00 **Michael McIntyre's Big Show** With Alan Carr.
10.00 **Friends** 18-21/25. (S6)
12.00 M'T **Stupid Central**
1.00 AM **Lee Evans Live from the West End**
2.20 **Jimmy Carr's Am I the A**hole?**
3.15 **Spin City** 11/24. (S2)
3.40 **Impractical Jokers**
5.15 **to 6.00** AM **Everybody Loves Raymond**

That's TV

56 42

8.00 AM **Highlights**
9.10 **You Rang, M'Lord?**
10.10 **Bread** 5/6. (S1)
10.50 **Steptoe and Son** (S5)
11.25 **Oh, Doctor Beeching!**
12.05 PM **Rising Damp** (S1)
12.30 **Man About the House**
1.00 **Goodnight Sweetheart**
1.40 **When the Boat Comes In** 6/13. (S2)
2.45 **Minder** 6/8. (S6)
3.45 **Just Good Friends** (S1)
4.25 **Man About the House**
4.55 **Bread** 5/6. (S1)
5.30 **Birds of a Feather** (S11)
6.00 **That's 60s**
6.10 **Rising Damp** 1/7. (S1)
6.40 **Steptoe and Son** (S5)
7.15 **Whatever Happened to the Likely Lads?** (S2)
7.55 **Minder** 2/11. (S4)
9.00 **Benidorm** 2/7. (S3)
10.00 **Shameless** 1/22. (S8)
11.00 **Man About the House**
11.30 **Mind Your Language**
12.00 M'T **Benidorm** 2/7. (S3)
1.00 AM **Minder** 12/13. (S8)
2.05 **to 5.00** AM **Highlights**

MTV

126/127 137 134 351 366

6.00 AM **Daria** 9/13. (S3)
6.25 **Teen Mom 2**
8.00 **Dallas Cowboys Cheerleaders**
9.00 **Catfish: The TV Show**
10.00 **Judge Judy**
12.00 NOON **Charmed** (S2)
2.00 PM **Catfish: The TV Show** Reality series.
3.00 **Judge Judy**
5.00 **Charmed** 17&18/22. (S2)
7.00 **Teen Mom: The Next Chapter** Jade's mum is released from jail but soon relapses.
8.00 **Judge Judy** Real-life small-claims cases.
9.00 FILM **Angels & Demons** Thriller with Tom Hanks. A Harvard professor must solve a series of cryptic riddles to prevent a hidden bomb from destroying the Vatican. (2009, 12, 138min) ★★
12.00 M'T **Geordie Shore**
1.00 AM **Ink Master**
2.45 **Ex on the Beach**
3.35 **to 4.00** AM **Daria**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Treehouse Masters**
9.00 **Gold Rush** Double bill.
11.00 **Building Off the Grid**
1.00 PM **Dr Jeff: Rocky Mountain Vet** Double bill of editions.
3.00 **How It's Made** Four editions of the series, including at: **4.30** The manufacture of alpine skis and laser cutters.
5.00 **Alaska: Homestead Rescue** The Raneys help out a family who find their off-grid paradise threatened by destructive storms and pests.

9.00 Expedition Unknown

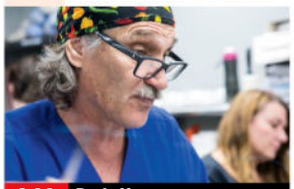
7.00 **Wheeler Dealers** Mike Brewer hopes to tap into 1990s nostalgia by working on an 1994 Mitsubishi 3000GT VR-4.
8.00 **Deadliest Catch** Sig and Sophia score some hybrid crab, but a tank imbalance risks capsizing the *Northwestern*.
9.00 **Expedition Unknown** New edition Josh Gates searches for over 1,000 POWs lost in the Pacific.
10.00 **Expedition Unknown** Josh Gates hunts for the truth about the Third Reich's Amerikabomber, a top-secret warplane.
11.00 **Expedition Files** A serial killer's descendant tells the truth about his death.
12.00 M'T **Deadliest Catch** Sig gets some tough news at sea.
1.00 AM **Expedition Unknown**
3.00 **Gold Divers**
4.00 **to 5.00** AM **Moonshiners: Master Distiller**

+1 hour 225/226 377

Animal Planet

162/175 141 178

8.00 AM **My Cat from Hell**
9.00 **Fish or Die**
10.00 **Tanked** A 24ft-long tank.
11.00 **Animal Cops Phoenix**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **My Cat from Hell** Double bill.
5.00 **Lone Star Law** In Chambers County, Dockery responds to a call about an alligator stuck in a residential area.
6.00 **Dr Jeff: Rocky Mountain Vet** A staff member's dog needs emergency surgery, and Jeff rushes to save a Chihuahua.



6.00 Dr Jeff

7.00 **Treehouse Masters** Pete Nelson and the team construct a thrill-seeker's dream treetop escape in Washington.
8.00 **River of No Return** As the winter ice thaws, people living on the bank are forced to navigate the spring rapids.
9.00 **Alaska: The Last Frontier** Atz Lee and Atz Sr seek out a black bear, while Eivin builds a survival motorbike.
10.00 **Alaskan Bush People: Book of Gabe** An in-depth interview with Gabe Brown, as winter arrives in Alaska.
11.00 **The Haunted** A woman's candle shop is invaded by the sound of screeching monkeys.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Alaska: Surviving the Last Frontier** Documentary.
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Phoenix**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Air Crash Investigation**
10.00 **Plane Crash Recreated**
11.00 **Car S.O.S** A Bond Bug.
12.00 NOON **Ultimate Airport Dubai**
1.00 PM **Air Crash Investigation**
2.00 **Hitler's Last Stand**
3.00 **Hidden Beneath the Cities**
4.00 **Lost Treasures of Egypt**
5.00 **Ice Road Rescue** Thord takes on a truck driver who refuses to be rescued.
6.00 NEW SERIES **World's Ultimate Destinations** Photographer Chris Burkard ventures deep into China's Guizhou province.

7.00 Air Crash Investigation

7.00 **Air Crash Investigation** A mid-air explosion rocks Southwest Airlines 1380, and flight attendants make a horrifying discovery.
8.00 **Hitler's Last Stand** In August 1944, a US artillery observer and his radio is a French town's only hope.
9.00 **Hitler's Last Stand** A non-combat adjutant ends up commanding on the frontline when most of his regiment is wiped out.
10.00 **Hitler's Death Squad** The story of the Nazi soldiers that were charged with carrying out Hitler's plans for genocide.
11.00 **Air Crash Investigation** A mid-air collision over Brazil.
12.00 M'T **Inside Sydney Airport**
1.00 AM **Alaska: The Next Generation** Alaskans learn to survive by their own rules.
2.00 **Bid & Destroy**
2.30 **Primal Survivor**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Secrets of the Zoo: Keeper Tales**

Sky History

123/124 115/116 131 353 368

6.00 AM **Dog Patrol**
6.30 **Rust Valley Restorers**
9.15 **Pawn Stars**
10.10 **Junk & Disorderly: Henry's Wreck-trospective**
11.05 **Storage Wars** Double bill.
12.00 NOON **Combat Trains**
1.00 PM **Tricky Dick** Double bill.
3.00 **Secrets of Great British Castles** Arundel Castle.
4.00 **Unsung Heroes of Waterloo**
5.00 **Hardcore Pawn** Double bill.
6.00 **American Pickers** Mike and Jersey go hog-wild over a West Virginia honey hole.

9.00 WWII: Witness to War

7.00 **Forged in Fire** Four smiths are challenged to forge a canister Damascus knife using only steel wool and 1095 powder.
8.00 **Britain's Most Historic Towns** Alice Roberts explores Chester, looking at its Roman heritage by delving into its history.
9.00 **World War II: Witness to War** Recounting how, as the war encompassed the globe, the conflict took root in Africa.
10.00 **World War II: Witness to War** The US military faced a formidable enemy in Japan's forces at sea and in the air.
11.00 **Life After People** How homes would collapse without humans.
12.00 M'T **Life After People**
12.55 AM **Storage Wars**
1.50 **Pawn Stars** Double bill.
2.50 **World War II: Witness to War** As shown at 10.00pm.
3.40 **Secrets of Great British Castles** Arundel Castle.
4.25 **Unsung Heroes of Waterloo**
5.10 **to 6.00** AM **Hardcore Pawn**

Sky Documentaries

114/115 110/111 121 352 367

6.00 AM **Urban Secrets**
7.00 **Discovering: Brad Pitt**
8.00 **The Directors**
9.00 **Last Call: When a Serial Killer Stalked Queer New York**
10.10 **Vegas: The Story of Sin City**
11.00 **Dark Horses: Italy's World Cup Triumph**
12.00 NOON **The Last Rider**
2.00 PM **Everton: Howard's Way**
4.00 **The Directors**
5.00 **Discovering: Brad Pitt**
6.00 **Ferrari: Race to Immortality** The early years of the Scuderia Ferrari racing team.

6.00 Ferrari: Race to Immortality

7.50 **My Icon: Linford Christie** The former athlete discusses the individuals that have inspired him.
8.00 NEW **Luca: Seeing Red** Chris Harris travels to Italy to spend a week with Italian businessman Luca Montezemolo, the former chairman of Ferrari.
11.50 **My Icon: Rachel Yankey** The former England football star talks about inspirational figures.
12.10 AM **I Am Richard Pryor** Documentary reflecting on the highs and lows of the comedian and actor's life.
2.00 **Val** Documentary.
4.00 **The Directors**
5.00 **to 6.00** AM **Discovering: Brad Pitt**

Friday

7 PM
8 PM
9 PM
10 PM

Quest

140/141 149 128/137 17 145 18

6.00 AM **Salvage Hunters: The Restorers**
7.00 **Salvage Hunters**
9.00 **Aussie Gold Hunters**
11.00 **Outback Opal Hunters**
1.00 PM **The Repair Shop**
2.00 **Shed and Buried**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** Catherine Southon and Philip Serrell make their way to Somerset.
8.00 **The Yorkshire Auction House** Angus Ashworth and his team perform house clearances.
9.00 **The Repair Shop**
11.00 **How Do They Do It?**
1.00 AM **Salvage Hunters**
3.00 **Salvage Hunters: The Restorers**
4.00 **to 5.00** AM **How It's Made**

+1hr 240/241 328/337 70

Quest Red

149 150 137/146 40 146 34

7.00 AM **Say Yes to the Dress**
8.00 **Curvy Brides Boutique**
10.00 **Say Yes to the Dress**
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **A Killer's Mistake**
1.00 PM **On the Case**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **The Murder Tapes**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 NEW **Diabolical: The Epstein Files** How a sexual predator was able to flourish within a global network of wealth.
11.00 NEW **People Magazine Investigates: The Cult of the Soulful Journey** A woman promises her followers success.
1.00 AM **Forensic Detectives**
2.00 **to 4.00** AM **Murder on CCTV**

+1hr 249 337/346 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Secrets of a Murder Detective** The case of eight-year-old Ayesha Ali.
8.00 **UK Crime Files: Skeleton in the Carpet** The missing persons case of Karen Price.
9.00 **UK Crime Files: The Railway Killers** John Duffy and David Mulcahy.
10.00 NEW SERIES **This Much Is True Crime** Professor David Wilson and TV producer Martin Frizell examine cases.
11.00 **Murder UK**
12.00 M'T **UK Crime Files: Skeleton in the Carpet**
1.00 AM **UK Crime Files: The Railway Killers**
2.00 **This Much Is True Crime**
3.00 **Murder UK**
4.00 **48 Hours** Sarah Harris.
4.50 **to 5.45** AM **Close Calls: On Camera**

+1hour 246 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **UK Crime Files**
9.55 **UK Crime Files: The Tenant From Hell**
10.45 **Teleshopping**
11.00 **Killers: Caught on Camera** Kristil Krug.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **UK Crime Files: Uncovering Melanie's Murderer** Documentary.
3.00 **UK Crime Files: Security Guard Killer**
4.00 **Killers: Caught on Camera** Documentary.
5.00 **Medical Detectives** Evidence provided by a sweet wrapper. **5.30** Finding out the truth about a death. **6.00** A pipe bomb detonates in a home. **6.30** Detectives catch a murder suspect in a day.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
5.00 **to 6.00** AM **Medical Detectives**

Sky Crime

121/122 111/112 122 349 364

6.00 AM **Stop, Search, Seize**
7.00 **Border Security USA**
8.00 **Highway Cops**
9.00 **Stop, Search, Seize**
10.00 **The Force: Manchester**
11.00 **Caught on Dashcam**
12.00 NOON **Catching the Killer** Michelle Gunshon.
1.00 PM **Britain's Most Evil...**
2.00 **Killer in My Village**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Britain's Most Evil Killers** Geoffrey Evans and John Shaw.
7.00 **Catching the Killer**
8.00 **World's Most Evil Killers**
9.00 **Crime Scene Raw**
10.00 **Method of a Serial Killer** Israel Keyes.
11.40 **Killer in My Village**
12.45 AM **Catching the Killer**
1.50 **Murdered at First Sight**
2.55 **Stop, Search, Seize**
4.00 **Send in the Dogs**
5.00 **to 6.00** AM **Road Wars**

+1hour 221/222 322

PBS America

173 170 187 84 155 49

8.00 AM **Weathered: Earth's Extremes**
8.35 **Secrets of the Royal Palaces** Sandringham.
9.35 **The Real Truth**
10.40 **Pearl Harbor: Heroes...**
11.45 **Ancient Egypt: Life...**
1.00 PM **Secrets of the...**
2.00 **The Real Truth**
3.05 **Pearl Harbor: Heroes...**
4.10 **Ancient Egypt: Life...**
5.25 **Secrets of the Royal Palaces** Sandringham.
6.30 **The Real Truth** New edition Exposing the myths around vaping and smoking.
7.35 **Pearl Harbor: Heroes Who Fought Back**
8.40 **Ancient Egypt: Life and Death in the Valley of the Kings**
10.00 **Secrets of the Royal Palaces** Sandringham.
10.55 **The Real Truth**
12.00 M'T **Pearl Harbor: Heroes Who Fought...**
1.05 **to 2.00** AM **Weathered: Earth's Extremes**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sky Nature

124/125 113/114 135 354 369

- 6.00 AM **Undiscovered Vistas**
- 7.00 **Monkey Life** Double bill.
- 8.00 **Wildlife Icons**
- 9.00 **Guardians of the Wild**
- 10.00 **Secret Life of the Kangaroo**
- 11.00 **Australia's Hidden Islands**
- 12.00 NOON **Gladiators**
- 1.00 PM **Monkey Life**
- 2.00 **Wildlife Icons**
- 3.00 **Guardians of the Wild**
- 4.00 **Secret Life of the Kangaroo**
- 5.00 **Australia's Hidden Islands**
- 6.00 **Gladiators** As 10.00pm.
- 7.00 **Monkey Life** Double bill.
- 8.00 **City Wildlife Rescue**
- 9.00 **Malawi Wildlife Rescue** Amanda saves an elephant that is tangled in a poacher's snare.
- 10.00 **Gladiators** A look at America's far north waterways' fighters.
- 11.00 **Australia's Hidden Islands**
- 12.00 M'T **Africa's Wild Year**
- 1.00 AM **Undiscovered Vistas**
- 2.00 **City Wildlife Rescue**
- 3.00 **Malawi Wildlife Rescue**
- 4.00 **Wildlife Icons**
- 5.00 **to 6.00** AM **Guardians of the Wild**

Sky History 2

163/168 143 186

- 6.00 AM **Ancient Aliens**
- 8.00 **Secrets Declassified with David Duchovny**
- 9.00 **History's Greatest Aircraft**
- 10.00 **History's Greatest Mysteries**
- 11.00 **Ancient Aliens** Double bill.
- 1.00 PM **Discovered by Disaster**
- 6.00 **Mystery Places** A visit to the fascinating Indian retreat where The Beatles meditated.
- 7.00 **UFO Hunters** A look into lingering rumors that advanced military aircraft.
- 8.00 **Battle 360** The Japanese attack on the USS *Enterprise*.
- 9.00 **Mysteries Unearthed with Danny Trejo** The world's most significant discoveries. **10.00** Valuable treasures, found in the most unlikely of ways.
- 11.00 **Ancient Aliens** The suggestion society is merely following the path of its alien creators. **12.00** M'T Ancient astronaut theorists look at the Aborigine legend of Dreamtime.
- 1.00 AM **UFO Hunters** As 7.00pm.
- 2.00 **Discovered by Disaster**
- 5.00 **to 6.00** AM **UFO Hunters**

Discovery Science

167 148 179

- 8.00 AM **Through the Wormhole with Morgan Freeman**
- 11.00 **The Dino Hunters**
- 1.00 PM **Truth Behind the Moon Landing** Double bill of editions.
- 3.00 **NASA's Unexplained Files**
- 4.00 **Killers of the Cosmos**
- 6.00 **How Do They Do It?** Six editions, including at: **7.30** The construction of a traditionally tailored tuxedo suit. **8.00** The creation of fire gloves used by emergency services. **8.30** How islanders of the Outer Hebrides use pedal power to weave Harris tweed.
- 9.00 **Mummies Unwrapped** Ramy Romany investigates the truth behind King Tutankhamun's mummified remains. **10.00** Ramy examines well-preserved bodies from more than 2,000 years ago.
- 11.00 **Cooper's Treasure** Double bill.
- 1.00 AM **NASA's Unexplained Files**
- 2.00 **Killers of the Cosmos**
- 4.00 **to 6.00** AM **The Dino Hunters**

+1hr 267 379

Crime+Investigation

139/140 142 133

- 6.00 AM **The First 48**
- 7.00 **Homicide Hunter**
- 9.00 **Ozark Law**
- 10.00 **My Strange Arrest**
- 10.30 **Court Cam**
- 11.00 **999: Killer on the Line**
- 2.00 PM **Green Eyed Killers**
- 3.00 **Accident, Suicide or Murder?**
- 6.00 **Homicide Hunter**
- 7.00 **The First 48** True-crime.
- 8.00 **Green Eyed Killers**
- 9.00 **Court Cam** New editions Double bill featuring footage of wild moments in courtrooms.
- 10.00 **Squatters** New editions A man claims possession of a family lake house in New York. **10.30** A couple find a man claiming tenancy in the home they are renovating.
- 11.00 **Predator Hunters**
- 12.00 M'T **Britain's Darkest Taboos**
- 1.00 AM **The Real Murders of Atlanta** Documentary.
- 2.00 **On the Case with Paula Zahn**
- 3.00 **Accident, Suicide or Murder?**
- 5.00 **to 6.00** AM **Green Eyed Killers**

+1hour 256 333

WILD

165 145 182

- 8.00 AM **The Incredible Dr Pol**
- 9.00 **Secrets of the Zoo: Tampa**
- 10.00 **Wild Hunters**
- 11.00 **World's Deadliest Animals**
- 12.00 NOON **The Incredible Dr Pol**
- 1.00 PM **Critter Fixers: Country Vets**
- 2.00 **Wild Cats of India**
- 4.00 **Secrets of the Zoo: Penguin Party** Documentary.
- 5.00 **The Incredible Dr Pol**
- 6.00 **Yukon Vet**
- 7.00 **Secrets of the Zoo** A rare pangolin pregnancy unfolds.
- 8.00 **Savage Kingdom** A pack of wild dogs choose a replacement for the leader. **9.00** A cheetah and her cubs prepare to cross hostile territory.
- 10.00 **When Sharks Attack** Three unusual attacks in Hawaii's Molokai Channel in 2019.
- 11.00 **America's National Parks Compilations** Highlights.
- 12.00 M'T **Africa's Deadliest**
- 1.00 AM **Snakes in the City**
- 2.00 **The Incredible Dr Pol**
- 3.00 **Yukon Vet**
- 4.00 **to 5.00** AM **Alaska: The Next Generation**

Discovery History

161/172 147 181

- 7.00 AM **Bullet Points**
- 8.00 **Combat Dealers**
- 9.00 **Unexplained and Unexplored**
- 11.00 **Salvage Hunters**
- 1.00 PM **How the Universe Works**
- 2.00 **NASA's Unexplained Files**
- 3.00 **Expedition Unknown**
- 4.00 **Expedition X**
- 5.00 **Mysteries at the Museum**
- 7.00 **How the Universe Works**
- 8.00 **Bullet Points** Examining the processes of the Gulf War.
- 9.00 **Legendary Locations** Josh Gates explores locations where the end of the world was just the beginning.
- 10.00 **How Do They Do It?** How fresh orange juice is produced. **10.30** How the world's largest passenger airliner is serviced.
- 11.00 **Combat Dealers** Marking the 75th anniversary of VE Day.
- 12.00 M'T **How the Universe Works**
- 1.00 AM **Mysteries at the Museum**
- 3.00 **Expedition X**
- 4.00 **to 5.00** AM **Expedition Unknown**

+1hour 274 381

U&Eden

166 134/162 176 57 160 71

- 9.00 AM **Find It, Fix It, Flog It**
- 3.00 PM **Find It, Fix It, Flog It** Items include a potato oven. **4.00** A water trough and a cartwheel pique Henry Cole and Simon O'Brien's interest.
- 5.00 **You Rang, M'Lord?**
- 8.15 **The Two Ronnies** Featuring a song from Tina Charles and another episode in the gripping period drama *Hampton Wick*. **9.05** The duo continue their gripping serial *Done to Death*.
- 10.00 **You Rang, M'Lord?** Sir Ralph discovers the truth about Lady Agatha's affair with George and decides to put an end to it. **11.00** The family face a financial crisis and react to the news in various ways. **12.05** AM The family fortune hit rock bottom, forcing Lord Meldrum to sell the silverware.
- 1.10 **The Two Ronnies**
- 2.55 **Hornby: A Model World**
- 5.15 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1hour 266 376

ID

154 140 166

- 8.00 AM **Still a Mystery**
- 12.00 NOON **American Detective with Lt Joe Kenda**
- 1.00 PM **Evil Lives Here**
- 3.00 **Obsession: Dark Desires**
- 7.00 **Who the (Bleep) Did I Marry?** When a colonel's wife discovered her husband's double life, she had to choose between her own future and the good of the US military. **8.00** The story of Valerie Cincinelli, who hired a hitman to murder Isaiah Carvalho.
- 9.00 **People Magazine Investigates** In 1990, a clown delivering flowers and balloons guns down a woman at home.
- 10.00 **The Friday the 13th Murders** After a call on Friday the 13th, José Herran disappears.
- 11.00 **American Monster** A mother goes down a very dark path paved with jealousy and rage.
- 12.00 M'T **A Crime to Remember**
- 2.00 AM **Obsession: Dark Desires**
- 4.00 **to 6.00** AM **Who the (Bleep) Did I Marry?**

+1hour 254 366

Discovery Turbo

158 146 180

- 7.00 AM **How Do They Do It?**
- 8.00 **Motor Pickers**
- 9.00 **Salvage Hunters: Classic Cars**
- 10.00 **Shed and Buried**
- 11.00 **Richard Hammond's Workshop**
- 12.00 NOON **Roadworthy Rescues**
- 1.00 PM **Last Chance Garage**
- 2.00 **Ant Anstead: Born Mechanic**
- 3.00 **Carspotting**
- 4.00 **Salvage Hunters: Classic Cars**
- 5.00 **Street Outlaws: Locals Only**
- 6.00 **Wheeler Dealers**
- 7.00 **Shed and Buried**
- 8.00 **Street Outlaws: Locals Only** Locals from across America gather for the Grand Final.
- 9.00 **Goblin Works Garage** The gang go bolder than ever.
- 10.00 **British Superbikes**
- 11.00 **Massive Engineering Mistakes**
- 12.00 M'T **Street Outlaws: Locals Only** As shown at 8.00pm.
- 1.00 AM **Richard Hammond's Workshop** Disagreements almost lead to the loss of a job.
- 2.00 **Iron Resurrection**
- 3.00 **to 4.00** AM **Wheeler Dealers**

+1hour 258

Films

Sky Cinema Premiere

301 301 401 501 515

- 6.00 AM **PREMIERE Hungry** (2026)
- 7.45 **Rise of the Conqueror** (2026)
- 9.50 **GOAT** As shown at 4.30pm.
- 11.35 **Signal One** As 3.35am.
- 1.05 PM **Hungry** As 8.00pm.
- 2.45 **Tom and Jerry: Forbidden Compass** Animated family adventure. (2025, PG, 104min)
- 4.30 **GOAT** Animated adventure. (2026, PG, 100min) ★★★
- 6.15 **Panda Plan 2: The Magical Tribe** Action comedy sequel. (2026, PG, 100min)

8.00 Hungry

8.00 PREMIERE Hungry Horror thriller starring Madison Davenport. After getting lost in Louisiana swamplands, holiday makers fight for their lives against a rampaging hippo. (2026, 15, 93min) ★★★ *See review, page 23.* SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 Rise of the Conqueror Adventure with Christian Mortensen. As the Mongol Empire crumbles, a warrior must renounce his loyalties to protect the fate of the Silk Road. (2026, 15, 119min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.55 **Five Nights at Freddy's 2** Horror sequel starring Josh Hutcherson and Elizabeth Lail. (2025, 15, 104min) ★★★
- 1.50 AM **Twinless** Dark comedy. (2025, 15, 100min) ★★★★
- 3.35 **Signal One** Sci-fi thriller. (2026, 15, 87min) ★★★★
- 5.15 **to 6.00** AM **Panda Plan 2: The Magical Tribe** As 6.15pm.

Sky Cinema Transformers

303 303 403 503 517

- 8.25 AM **Transformers: Age of Extinction** As 11.35pm.
- 11.15 **Transformers: The Last Knight**
- 2.00 PM **Bumblebee** *Transformers* prequel with Hailee Steinfeld. (2018, PG, 114min) ★★★★
- 4.00 **Transformers** Sci-fi action adventure with Shia LaBeouf. (2007, 12, 144min) ★★★★
- 6.25 **Transformers: Revenge of the Fallen** Sci-fi adventure sequel starring Shia LaBeouf. (2009, 12, 149min) ★★★

9.00 Transformers: Dark of...

Transformers: Revenge of the Fallen (film started at 6.25pm) SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Transformers: Dark of the Moon Sci-fi action adventure sequel starring Shia LaBeouf as a man caught up in another titanic struggle between good and evil alien robots on Earth. With Rosie Huntington-Whiteley. (2011, 12, 154min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

- 11.35 **Transformers: Age of Extinction** Sci-fi adventure sequel starring Mark Wahlberg. The shape-changing robots emerge from hiding when technology from their own world threatens the human race. (2014, 12, 166min) ★★★
- 2.20 AM **Transformers: The Last Knight** Sci-fi adventure sequel with Mark Wahlberg. (2017, 12, 155min) ★★
- 5.00 **to 7.00** AM **Bumblebee**

Sky Cinema Drama

310 310 410 510 524

- 6.20 AM **Widow Clicquot** Drama. (2023, 15, 90min) ★★★★
- 8.00 **Legends of the Fall** Epic drama. (1994, 15, 133min) ★★★★
- 10.15 **A Star Is Born** Music drama. (2018, 15, 136min) ★★★★★
- 12.35 PM **One Battle After Another** Thriller with Leonardo DiCaprio. (2025, 15, 161 min) ★★★★★
- 3.30 **Erin Brockovich** Legal drama. (2000, 15, 133min) ★★★★
- 5.45 **Bohemian Rhapsody** Biopic. (2018, 12, 134min) ★★★★
- 8.00 **Hamnet** Historical drama starring Paul Mescal and Jessie Buckley. After losing their son to plague, Agnes and William Shakespeare grapple with grief. (2025, 12, 125min) ★★★★
- 10.10 **Chaplin** Richard Attenborough's biopic of Charlie Chaplin, starring Robert Downey Jr, charting his rise from a grim London childhood to Hollywood stardom. (1992, 15, 145min) ★★★
- 12.40 AM **The Brutalist** Epic period drama starring Adrien Brody, Felicity Jones and Guy Pearce. (2024, 18, 215min) ★★★★★
- 4.05 **Sky Cinema Preview**
- 4.40 **to 6.50** AM **True Grit** Western with John Wayne and Kim Darby. (1969, PG, 128min) ★★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

- 7.15 AM **Critters** Sci-fi horror comedy. (1986, 15, 86min) ★★
- 9.00 **Lake Placid** Horror comedy. (1999, 15, 82min) ★★★★
- 10.35 **Van Helsing** Fantasy adventure. (2004, 12, 132min) ★★★
- 12.55 PM **Men in Black II** Sci-fi action comedy sequel starring Will Smith. (2002, PG, 88min) ★★★
- 2.35 **Gravity** Space thriller. (2013, 12, 91 min) ★★★★★
- 4.10 **Annabelle** Horror spin-off. (2014, 15, 97min) ★★
- 6.05 **Annabelle: Creation** Horror starring Anthony LaPaglia. (2017, 15, 109min) ★★★
- 8.00 **The Shining** Stanley Kubrick's chilling adaptation of the Stephen King novel, starring Jack Nicholson and Shelley Duvall. (1980, 15, 119min) ★★★★★
- 10.25 **The Evil Dead** Sam Raimi's horror comedy starring Bruce Campbell and Ellen Sandweiss. (1982, 18, 85min) ★★★★
- 12.05 AM **The Exorcist** Horror chiller. (1973, 18, 121 min) ★★★★★
- 2.10 **The Last Starfighter** Adventure. (1984, PG, 100min) ★★★
- 3.55 **The Lost Boys** Vampire horror. (1987, 15, 98min) ★★★★
- 5.35 **to 7.05** AM **Man Finds Tape** Horror. (2025, 15, 84min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

304 304 406 506 519

7.15 AM **Annie** (2014, PG) ★★★
9.25 **Fantastic Mr Fox** Animation. (2009, PG, 87min) ★★★★
11.10 **Shark Tale** (2004, U) ★★★★
12.45 PM **Charlotte's Web** Adventure. (2006, U) ★★★
2.30 **How to Train Your Dragon** Animation. (2010, PG) ★★★★
4.15 **How to Train Your Dragon 2** Animated adventure sequel. (2014, PG, 102min) ★★★★
6.00 **Wicked: For Good** Fantasy. (2025, PG, 137min) ★★★

6.00 Wicked: For Good

8.25 **Journey 2: The Mysterious Island** Fantasy adventure sequel starring Dwayne Johnson. A teenager and his stepdad go in search of his missing grandfather and encounter bizarre creatures along the way. (2012, PG, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

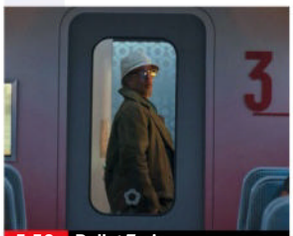
10.05 **Alvin and the Chipmunks: The Squeakquel** Musical comedy sequel with Jason Lee and Zachary Levi. (2009, U, 84min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Alvin and the Chipmunks: Chipwrecked** Musical comedy sequel. (2011, U, 87min) ★★
1.10 AM **Sonic the Hedgehog 3** Fantasy adventure sequel. (2024, PG, 110min) ★★★
3.05 **The Lego Ninjago Movie** Animated family adventure. (2017, U, 101min) ★★
4.50 **Sky Cinema Preview**
5.50 **to 7.30** AM **Charlotte's Web**

Sky Cinema Action

306 306 407 507 521

6.05 AM **The Internship** As 4.10am.
7.50 **300** Historical adventure. (2006, 15, 116min) ★★★★
10.00 **The Italian Job** Crime caper. (1969, PG, 100min) ★★★★★
11.55 **The Expendables** Action thriler. (2010, 18, 99min) ★★★
1.50 PM **The Expendables 2** Thriller sequel. (2012, 15, 98min) ★★★
3.40 **The Expendables 3** Thriller sequel. (2014, 12, 126min) ★★
5.50 **Bullet Train** Comedy thriller. (2022, 15, 127min) ★★★★


5.50 Bullet Train

8.00 **Mortal Kombat II** Fantasy adventure sequel with Karl Urban, Adeline Rudolph and Martyn Ford. Several champions are pitted against one another in the ultimate battle to defeat the dark rule of Shao Kahn. (2024, 15, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 **Batman Forever** Comic-book adventure starring Val Kilmer, Tommy Lee Jones, Jim Carrey, Nicole Kidman and Chris O'Donnell. (1995, 12, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Bloodshot** Thriller starring Vin Diesel and Guy Pearce. (2020, 12, 109min) ★★
2.10 **Novocaine** Action comedy with Jack Quaid and Ray Nicholson. (2024, 15, 80min) ★★★
4.10 **The Internship** Crime thriller. (2026, 15, 87min) ★★★
5.55 **to 6.10** AM **The Cinema List: Jurassic**

Sky Cinema Comedy

308 308 408 508 522

6.45 AM **Caddyshack** As 5.00am.
8.35 **Zoolander 2** (2016, 12) ★★★
10.30 **Panda Plan** Action comedy. (2024, 15, 99min) ★★★
12.20 PM **Panda Plan 2: The Magical Tribe** Action comedy sequel. (2026, PG, 100min)
2.15 **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
4.15 **Mamma Mia!** Musical. (2008, PG, 108min) ★★★★
6.15 **Marmaduke** Family comedy. (2010, U, 99min) ★★★

8.00 American Pie

8.00 **American Pie** Teen comedy starring Jason Biggs. A group of teenage friends pledge to lose their virginity before the school prom – which is only three weeks away. With Eugene Levy. (1999, 15, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **American Pie 2** Teen comedy sequel starring Jason Biggs. Four friends rent a lakeside house for the summer, and one decides he needs some sexual experience. (2001, 15, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Little Fockers** Comedy sequel. (2010, 12, 94min) ★★★
1.35 AM **Team America: World Police** Spoof of action movies. (2004, 15, 98min) ★★★★
3.20 **Dumb and Dumberer: When Harry Met Lloyd** Comedy prequel. (2003, 12, 85min) ★
5.00 **to 6.45** AM **Caddyshack** Comedy. (1980, 15) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **The Towering Inferno** Thriller. (1974, 12) ★★★★
8.55 **The Hunt for Red October** Cold War suspense thriller. (1990, PG, 135min) ★★★★
11.15 **Snatch** Crime comedy drama. (2000, 18, 102min) ★★★★
1.10 PM **The Perfect Storm** Drama. (2000, 12, 129min) ★★★★
3.30 **The Untouchables** Thriller. (1987, 15, 119min) ★★★★★
5.40 **Sherlock Holmes** Adventure. (2009, 12, 128min) ★★★★

8.00 Sherlock Homes: A Game...

8.00 **Sherlock Holmes: A Game of Shadows** Guy Ritchie's adventure sequel starring Robert Downey Jr and Jude Law. Sherlock Holmes and Dr Watson strive to thwart Professor Moriarty, the evil genius behind a wave of bombings across Europe. (2011, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

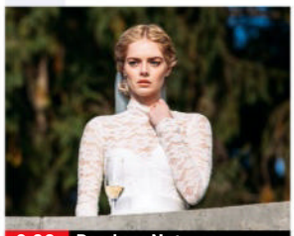
10.15 **PREMIERE** **Hungry** Horror thriller starring Madison Davenport. After becoming lost in Louisiana swamplands, a group of holidaymakers fight for their lives against a rampaging hippo. (2026, 15, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Fatal Attraction** Thriller starring Michael Douglas. (1987, 15, 120min) ★★★★
2.05 AM **Basic Instinct** Thriller. (1992, 18, 128min) ★★★★
4.25 **to 6.00** AM **Thieves Highway** Thriller. (2025, 15) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Warlock** Western. (1959, U, 123min) ★★★
1.30 PM **Magnificent Obsession** Glossy Hollywood melodrama. (1954, U, 108min) ★★★★
3.40 **The Caine Mutiny** Naval drama with Humphrey Bogart. (1954, U, 119min) ★★★★
6.15 **A Few Good Men** Courtroom drama with Tom Cruise, Jack Nicholson and Demi Moore. (1992, 15, 132min) ★★★★


9.00 Ready or Not

8 PM **A Few Good Men** (film started at 6.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM **9.00** **Ready or Not**. Horror comedy starring Samara Weaving. A bride's wedding night takes a sinister turn when her in-laws force her to take part in a terrifying game (2019, 18, 95min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM **10.50** **Mission: Impossible – Rogue Nation** Spy thriller sequel with Tom Cruise. (2015, 12, 131min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM **1.30** **to 3.30** AM **Hearts of Darkness: A Filmmaker's Apocalypse** Documentary about the trials and tribulations faced by the cast and crew of Francis Coppola's *Apocalypse Now*. (1991, 15, 96min) ★★★★

+1 hour 314 430 47 301 257

Sky Cinema Animation

302 302 402 502 516

6.40 AM **Open Season** Animation. (2006, PG, 86min) ★★★★
8.15 **Open Season 2** Animated comedy adventure sequel. (2008, PG, 73min) ★★★
9.40 **Open Season 3** Animated sequel. (2010, U, 74min) ★★
11.00 **Dr Seuss' The Lorax** Animated comedy. (2012, U, 86min) ★★★
12.30 PM **GOAT** Animated adventure. (2026, PG, 100min) ★★★

2.25 **Puss in Boots** Animated comedy. (2011, U, 90min) ★★★★
4.00 **Despicable Me** Animation. (2010, U, 94min) ★★★★
5.40 **Despicable Me 2** Animated sequel. (2013, U, 97min) ★★★
7.20 **Despicable Me 3** Animated sequel. (2017, U, 99min) ★★★
8.55 **Minions** Animated comedy. (2015, U, 91min) ★★★★
10.30 **Hotel Transylvania** Animation. (2012, U, 91min) ★★★★
12.05 AM **Hotel Transylvania 2** Animation. (2015, U) ★★★

1.40 **Hotel Transylvania 3: Summer Vacation** Animated comedy sequel. (2018, U, 97min) ★★
3.20 **Angry Birds Movie** Animation. (2016, U, 97min) ★★★
5.05 **Cinema List: Family Favourites**
5.30 **to 7.20** AM **The Angry Birds Movie 2** (2019, U) ★★★

Sky Cinema Greats

307 307 404 504 518

6.50 AM **Small Soldiers** As 5.25am.
8.50 **The Borrowers** Adventure. (1997, U, 86min) ★★★★
10.25 **Stuart Little** Fantasy adventure. (1999, U, 84min) ★★★★★
12.00 NOON **The Karate Kid** Adventure with Ralph Macchio. (1984, 12, 127min) ★★★★
2.10 PM **The Karate Kid Part II** Martial arts adventure sequel. (1986, PG, 113min) ★★

4.05 **The Karate Kid: Part III** Martial arts adventure sequel. (1989, PG, 111min) ★
6.00 **The Next Karate Kid** Adventure sequel. (1994, PG, 104min) ★★
8.00 **E.T. The Extra Terrestrial** Steven Spielberg's sci-fi fantasy starring Henry Thomas. (1982, U, 114min) ★★★★★
10.00 **Annie** Family musical starring Albert Finney and Aileen Quinn. (1982, U, 128min) ★★★
12.10 AM **Liar Liar** Legal comedy. (1997, 12, 86min) ★★★★

1.40 **Babe** Family comedy drama. (1995, U, 92min) ★★★★★
3.15 **The Wizard of Oz** Musical. (1939, U, 98min) ★★★★★
5.00 **Cinema List: Family Favourites**
5.25 **to 7.20** AM **Small Soldiers** Animated fantasy adventure. (1998, PG, 99min) ★★★★

Disney+ Cinema

305 305

6.00 AM **Cinderella** Animation. (1950, U, 75min) ★★★★
7.25 **Raya and the Last Dragon** Animated fantasy adventure. (2021, PG, 103min) ★★★★
9.15 **The Little Mermaid** Animation. (1989, U, 87min) ★★★★★
10.40 **Brave** Animated adventure. (2012, PG, 93min) ★★★★
12.20 PM **Sleeping Beauty** Animation. (1959, U, 75min) ★★★★

1.40 **Mary Poppins Returns** Musical. (2018, U, 130min) ★★★★
3.50 **The Lion King** Animation. (2019, PG, 118min) ★★★
5.25 **A Bug's Life** Animated comedy. (1998, U, 94min) ★★★★★
7.05 **Ralph Breaks the Internet** Animated family adventure. (2018, PG, 112min) ★★★★
9.00 **A Complete Unknown** Biopic starring Timothée Chalamet. (2024, 15, 140min) ★★★★
11.20 **Starship Troopers** Sci-fi war drama. (1997, 18, 129min) ★★

1.30 AM **(500) Days of Summer** Offbeat romantic comedy. (2009, 12, 95min) ★★★★
3.10 **Beverly Hills Chihuahua** Comedy. (2008, U, 91min) ★★
4.45 **to 6.00** AM **Lady and the Tramp** Animated musical. (1955, U, 76min) ★★★★★

Movies 24

312 313 419

7.00 AM **Mystery Island: Winner Takes All** Crime drama. (2025, PG, 90min) ★★
9.00 **The Real West** Romantic comedy. (2024, PG, 84min) ★★
11.00 **Love in the Maldives** Romantic drama. (2023, PG, 84min) ★★
1.00 PM **What We Do For Love** Comedy. (2023, PG, 89min) ★★
3.00 **Kentucky Roses** Romantic drama. (2026, PG, 90min) ★★

5.00 **This Time Each Year** Romantic drama. (2024, PG, 84min) ★★
7.00 **Been There All Along** Drama starring Marlie Collins and Adam Hollick. A PR expert helps the creator of a dating app to turn her life around after a public break-up. (2023, PG, 89min) ★★
9.00 **Toast to Italy** Romantic drama starring Torrey DeVitto and Will Kemp. (2026, PG, 90min) ★★
11.00 **Mystery Island: Play for Keeps** Drama starring Charlie Weber. (2025, PG, 90min) ★★

1.00 AM **Lost In Paradise** Romantic drama starring Lacey Chabert. (2026, PG, 84min) ★★
3.00 **to 5.00** AM **Mystery Island: House Rules** Crime drama. (2024, PG, 84min) ★★

Movies 24+ 315/329 314 420

Talking Pictures

324 445 82 306 36

6.00 AM **St Benny the Dip** Comedy. (1951, b/w, PG, 80min) ★★
7.40 **Be My Guest** Comedy drama. (1964, U, 90min) ★★
9.20 **Mohawk** Western starring Scott Brady. (1956, PG, 79min) ★★
11.00 **Behemoth the Sea Monster** Horror. (1959, b/w, 12, 70min) ★
12.30 PM **The Man Who Stayed Alive**
1.05 **Edgar Wallace Mystery Theatre**
2.15 **The Adventures of Robin Hood**

2.50 **Ambush in Leopard Street** Drama. (1962, b/w, PG) ★★
4.00 **That's My Boy** 4/9. (S2)
4.30 **The Cheaters** 15/27. (S2)
5.00 **A Family at War** 5/19. (S2)
6.00 **Rumpole of the Bailey** (S1)
7.00 **Z Cars** 33/42. (S3)
8.00 **Public Eye** 5/13. (S6)
9.00 **Cellar Club with Caroline Munro**
9.20 **Dr Jekyll and Sister Hyde** Horror. (1971, 18, 94min) ★★★
11.15 **Cellar Club with Caroline Munro**
11.30 **The Curse of Frankenstein** Horror. (1957, 12, 83min) ★★★

1.10 AM **Ski Troop Attack** Adventure. (1960, b/w, U, 63min) ★★
2.40 **House on Haunted Hill** Horror. (1958, b/w, 12, 75min) ★★★
4.15 **Look at Life** Documentary.
4.30 **The Vise** 17/39. (S1)
5.00 **to 6.00** AM **The Man from UNCLE**

Friday

Sky Sports Main Event

401 401 501 419 439

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
10.00 **Sky Sports FC**
11.00 LIVE **Formula 1** The Italian Grand Prix first practice session.
1.00 PM LIVE **DP World Tour Golf** Coverage of day two of the Omega European Masters staged at Crans-sur-Sierre Golf Club in Crans-Montana, Switzerland.
3.30 LIVE **US Open Tennis** Coverage of day six of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York.
6.00 LIVE **WSL** **London City Lionesses v Manchester United.** Coverage of the opening Women's Super League match from Copperjax Community Stadium. Kick-off **7.00pm**. *See feature, page 28.*
8.00 LIVE **FNF** **Ipswich Town v Liverpool.** The Premier League match from Portman Road. Kick-off **8.00pm**.
10.45 LIVE **US Open Tennis** Continued coverage of day six of the Grand Slam from New York.
4.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Best Goals**
8.00 **Premier League Legends**
9.00 **The Big Interview**
9.30 **Premier League Stories**
10.00 **Sky Sports FC**
12.00 NOON **Total Football**
4.00 PM **Premier League Preview**
4.30 **Fantasy Show** Insight and tips.
5.00 **The Premier League Show**
7.00 LIVE **FNF** **Ipswich Town v Liverpool.** Coverage of the Premier League match from Portman Road. The visitors won both meetings in the league when these two sides last met in the top flight in the 2024/25 season. Kick-off **8.00pm**.
10.45 **Premier League Stories**
11.15 **The Big Interview**
11.45 **PL Greatest Games** Liverpool v Manchester United from 1997.
12.00 M'T **FNF** Highlights of Ipswich Town v Liverpool at Portman Road.
12.30 AM **Premier League Stories**
1.00 **PL Retro** Liverpool v Chelsea from the 2013/14 season.
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.00 **to 6.00** AM **Premier League Legends**

Sky Sports Football

403 403 503 421 441

6.00 AM **Championship Retro**
8.00 **EFL Greatest Games**
9.00 **SPFL Highlights**
9.30 **EFL Greatest Games**
10.00 **EFL Cup Retro** The 2020 final.
11.00 **EFL Cup Highlights**
11.30 **EFL Trophy Football**
12.00 NOON **EFL Highlights**
12.30 PM **Bundesliga Weekly**
1.00 **EFL League One & Two Goals**
2.00 **SPFL Highlights**
2.30 **EFL Highlights** Championship.
4.00 **Bundesliga Weekly**
4.30 **EFL League One & Two Goals**
5.30 **SPFL Highlights**
6.00 LIVE **WSL** **London City Lionesses v Manchester United.** The opening WSL match from Copperjax Community Stadium. Kick-off **7.00pm**. *See feature, page 28.*
9.30 **SPFL Round-Up**
9.45 **EFL Highlights** Championship.
10.30 **SPFL Highlights**
11.00 **EFL League One & Two Goals**
12.00 M'T **EFL Cup Retro**
2.45 AM **EFL Greatest Games**
3.00 **SPFL Greatest Games**
3.30 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **to 6.00** AM **Greatest Games**

Sky Sports Cricket

405 405 505 422 442

6.00 AM **Women's T20 World Cup**
6.30 **Nepal Climbing Cricket's Mountain** Documentary.
7.00 **Women's One-Day International Cricket**
9.00 **Women's T20 World Cup**
9.30 **Nepal Climbing Cricket's Mountain** Documentary.
10.00 **Women's One-Day International Cricket**
12.00 NOON **International T20 Cricket** England v India.
2.30 PM **Nepal Climbing Cricket's Mountain** Documentary.
3.00 **One-Day International Cricket**
6.00 **Women's International One-Day Cricket** The first ODI in the three-match series between England and Ireland at Uptonsteel County Ground in Leicester. **7.00** The second ODI in the three-match series between England and Ireland from the OurCoop County Ground in Derby.
8.00 **Test Cricket** Action from days one to five of the second Test between England and Pakistan.
1.00 AM **Test Cricket** Highlights.
2.00 **The Hundred** A match replay.
5.15 **Best of ICC WT20**
5.45 **to 6.00** AM **The Hundred**

Sky Sports Golf

406 406 506 423 443

6.00 AM **PGA Tour Champions Learning Centre** Expert tips.
6.30 **DP World Tour Golf**
11.30 **PGA Tour Champions**
12.30 PM LIVE **DP World Tour Golf** Coverage of the second day of the Omega European Masters staged at Crans-sur-Sierre Golf Club in Crans-Montana, Switzerland.
5.30 **Scotland's Greatest Golf Holes**
6.00 **Beyond The Walker Cup**
6.30 **DP World Tour Golf**
11.30 **Perfection in Paris**
1.30 AM **Legends Tour Golf**
2.30 **DP World Tour Golf**
5.30 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 508 425 445

6.00 AM **ATP Tennis** Cincinnati Open.
7.00 **US Open Tennis** Highlights.
3.30 PM LIVE **US Open Tennis** Coverage of the sixth day's play of the Grand Slam from the USTA Billie Jean King National Tennis Center in Flushing Meadows.
4.30 AM **US Open Classic Matches**
5.00 **to 6.00** AM **ATP Tennis**

Sky Sports Mix

416 412 511 429 449

6.00 AM **PL Greatest Games**
7.00 **Women's T20 World Cup**
8.00 **ATP Tennis** Geneva Open final.
9.00 **TGL** From Palm Beach, Florida.
10.50 **My Icon** Michael Campbell.
11.00 **WTA Tennis** Bad Homburg Open.
12.00 NOON **My Icon** Sporting heroes.
12.30 PM **NFL Highlights**
1.30 **F1 Press Conference**
2.00 **Darts Gold** Archive action.
2.30 **MVP Boxing** Serrano v Hanson.
3.30 **EFL Cup Retro** The 2010 final.
5.30 **NFL Bitesize Highlights**
6.00 LIVE **WSL** **London City Lionesses v Manchester United.** Coverage of the opening Women's Super League match from Copperjax Community Stadium. Kick-off **7.00pm**. *See feature, page 28.*
9.30 **My Icon** Sporting influences.
10.00 LIVE **Indycar** Coverage of the IndyCar Grand Prix of Monterey first practice session.
11.30 **My Icon** Sporting influences.
12.00 M'T **One Championship Weekly**
12.30 AM **Darts Gold** Archive action.
1.00 **NFL Highlights**
2.00 **Indycar** Milwaukee Mile 250.
4.30 **GB3 Championship Highlights**
5.30 **to 6.00** AM **Darts Gold**

TNT Sports 1

410 413 521 408 430

6.00 AM **La Vuelta Men** Stage 12.
7.00 **Ultimate Pool** Recent action.
8.30 **Premier League: Big Interview**
9.00 **Premier League Reload**
9.15 **What I Wore** Michel Salgado.
9.30 **LIV Golf** From Michigan.
10.30 LIVE **Men's Cycling Pro Series** Coverage of the third stage of the Lloyds Tour of Britain.
3.30 PM LIVE **La Vuelta Men** Stage 13 of the Grand Tour race.
5.00 **The Fantasy Show**
5.30 **Sign Up – Into Football**
6.15 **Groundbreaking**
6.30 **Premier League Preview**
7.00 LIVE **MLB** **Cleveland Guardians v Detroit Tigers.** Coverage from Progressive Field. Start-time **7.10pm**.
10.00 **UEFA Champions League**
10.30 **MLB Highlights**
11.30 LIVE **MLB** **Philadelphia Phillies v Atlanta Braves.** Coverage from Citizens Bank Park. Start-time **11.40pm**.
2.30 AM **MLB Plays of the Week**
3.00 **Premier League Preview**
3.30 LIVE **AFLW** **Western Bulldogs v Sydney Swans.** Bounce-up **3.35am**.
5.30 **to 6.00** AM **TNT Sports Reload**

TNT Sports 2

411 414 522 409 431

6.00 AM **Football Features**
7.15 **British Superbikes Highlights**
8.15 **MotoGP Highlights**
9.15 LIVE **World Superbikes** Coverage from France.
10.15 **World Superbikes**
1.00 PM LIVE **World Superbikes** Further coverage from France.
1.45 **British Superbikes Rewind**
2.00 LIVE **World Superbikes** Continued coverage from Circuit de Nevers Magny-Cours, France.
3.45 **MotoGP Rewind**
4.00 **Inside Serie A**
4.30 **TNT Sports Reload**
5.00 **Discovery Golf**
5.30 **MLB Highlights**
7.00 LIVE **IFSC Climbing World Series** Coverage from the lead semi-finals in Koper, Slovenia.
9.45 **MotoGP Rewind**
10.00 **TNT Sports Reload**
10.30 **CPL Highlights**
11.30 LIVE **CPL** **Guyana Amazon Warriors v Jamaica Kingsmen.** The T20 match at Providence Stadium.
3.45 AM **TNT Sports Cricket Reload**
4.00 **to 6.00** AM LIVE **AFLW** **St Kilda Saints v North Melbourne Kangaroos.**

Sky Sports NFL

412 410 510 426 446

6.00 AM **NFL Highlights**
7.00 **NFL: America's Game**
8.00 **Super Bowl LIX Highlights**
9.00 **NFL Highlights**
10.00 **NFL: America's Game**
11.00 **NFL Highlights**
12.00 NOON **The Proving Ground**
1.00 PM **Good Morning Football**
3.00 **The Proving Ground**
3.30 **NFL Bitesize Highlights**
4.00 **NFL: America's Game**
5.00 **The Proving Ground**
5.30 **NBC's Pro-Football Talk**
7.30 LIVE **Super League** **Leigh Leopards v St Helens.** Coverage of the match from the 26th round of fixtures staged at the Progress with Unity Stadium. Kick-off **8.00pm**.
10.15 **NFL Bitesize Highlights**
11.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
12.00 M'T **The Insiders** NFL news.
1.00 AM **NFL Highlights**
2.00 **to 6.00** AM LIVE **MMA: One Championship** **One Fight Night 47.** From Lumpinee Stadium in Bangkok, headlined by Stamp Fairtex v Selina Flores for the Atomweight Muay Thai Championship.

Sky Sports Sky Sports+

404 404 504 427 447

6.00 AM **Sky Sports News**
7.00 **Sky Sports Breakfast**
8.00 **World Matchplay Darts**
12.00 NOON **Total Football**
3.30 PM LIVE **US Open Tennis** Day six of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York, where the third round is scheduled to get under way. Great Britain's Cameron Norrie saw his run at last year's tournament come to an end in a four-set loss to Novak Djokovic, with the Serb winning 6-4 6-7 6-2 6-3 to secure his fourth round place.
7.30 LIVE **Super League** **Leigh Leopards v St Helens.** Coverage of the match from the 26th round of fixtures staged at the Progress with Unity Stadium. Kick-off **8.00pm**.
10.15 LIVE **US Open Tennis** Continued coverage of day six of the Grand Slam at the USTA Billie Jean King National Tennis Center in Flushing Meadows, New York, where the third round is scheduled to continue.
4.30 **EFL Greatest Games**
5.00 **to 6.00** AM **ATP Tennis**

Sky Sports F1

407 407 507 424 444

6.00 AM **Formula 1** Highlights.
7.30 LIVE **Formula 3** The Italian Grand Prix practice session.
8.25 **Chasing the Dream**
8.45 **Formula 1** Highlights.
8.55 LIVE **Formula 2** The Italian Grand Prix practice session.
9.55 **F1 Features**
11.00 LIVE **Formula 1** The Italian Grand Prix first practice session at Autodromo Nazionale Monza.
12.55 PM LIVE **Formula 3** The Italian Grand Prix qualifying session.
1.50 LIVE **Formula 2** The Italian Grand Prix qualifying session.
2.35 LIVE **Formula 1** The Italian Grand Prix second practice session at Autodromo Nazionale Monza.
4.15 **F1 Features**
7.15 **Formula 1** Italian Grand Prix.
8.30 **F1 Press Conference**
9.00 **The F1 Show** Italian Grand Prix.
10.00 LIVE **Indycar** Coverage of the IndyCar Grand Prix of Monterey first practice session.
11.30 **Formula 1** Italian Grand Prix.
3.00 **to 6.00** AM **The Best of F1**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Champions League**
8.30 **TNT Sports Reload**
9.00 **La Vuelta Men** Stage 12.
10.00 **Football** Highlights and features.
12.00 NOON **TNT Sports Reload**
12.15 PM **The Gruppetto**
12.30 **MLB Highlights**
1.30 LIVE **La Vuelta Men** The 13th stage of the Grand Tour race.
5.00 **Roll the Tape** Fran Kirby.
5.30 **Inside Serie A**
6.00 **LIV Golf** From Michigan.
7.00 **AFL** A match replay.
8.30 **Discovery Golf**
9.00 **Men's Cycling Pro Series**
10.00 **La Vuelta Men** Stage 13.
11.00 **Hard Knocks** NFL training.
12.00 M'T **Football Features**
1.00 AM **AFL** Recent action.
2.30 **British Superbikes Highlights**
3.30 **Ultimate Pool** Recent action.
5.00 **Premier League Preview**
5.30 **to 7.30** AM LIVE **AFLW** **Port Adelaide Power v Gold Coast Suns.** Bounce-up **5.35am**.

TNT Sports 4

414 416 524 411 434

6.00 AM **Formula E: Driver**
7.00 **Formula E Flashback**
8.00 **Serie A – Full Impact**
8.30 **WRC Review** Rally Paraguay.
9.30 **Fishing: On the Bank**
10.30 LIVE **AFL** Coverage of a match in the Australian Football League.
1.30 PM **CPL Highlights**
2.00 LIVE **European T20 Premier League** **Glasgow Cosmic v Irish Wolves.** From The Hague, Netherlands.
5.30 **CPL Highlights**
6.00 **MotoGP Highlights**
7.00 **Inside Serie A**
7.30 **CPL Highlights**
8.00 **Fishing: On the Bank**
9.00 **WRC Review** Rally Paraguay.
10.00 **British Superbikes Highlights**
11.00 **Test Cricket Highlights**
1.00 AM **Men's Cycling Pro Series**
2.00 **La Vuelta Men** Stage 13.
3.00 **LIV Golf** From Michigan.
4.00 **Formula E Flashback**
5.00 **to 6.00** AM **Fishing**

Premier Sports 1

419 APP 528

6.00 AM **Indikart Championship**
7.00 **LaLiga** Real Madrid v Malaga.
9.00 **Sporting Greats**
9.30 **SPFL** Hibernian v Hearts.
11.30 **Michelin Le Mans Cup**
12.00 NOON **Swedish Speedway**
2.00 PM **Bike World** Magazine.
2.30 **NASCAR Highlights**
3.30 **Show Jumping** From Brussels.
4.30 **SPFL** Hibernian v Hearts.
6.25 **LaLiga Match Highlights**
7.55 LIVE **LaLiga** **Real Betis v Real Madrid.** Coverage of the Spanish top-flight encounter staged at Estadio La Cartuja. Kick-off **8.00pm**.
10.00 **World of FreeSports**
10.30 **KOTV Weekly** Boxing news.
11.00 **NASCAR Highlights**
12.00 M'T **LaLiga** A match replay.
2.00 AM **Sporting Greats**
2.30 **European Le Mans Series**
3.30 **Indikart Championship**
4.30 **World of FreeSports**
5.00 **to 6.00** AM **Motorsport**

Premier Sports 2

420 APP 529

6.00 AM **NASCAR O'Reilly Series**
9.00 **GP Insights** All the news from the world of the Grand Prix circuit.
9.30 **Top 14 Rugby Union Highlights**
10.00 **Coppa Italia** Palermo v Mantova.
12.00 NOON **Football's Greatest**
1.00 PM **Coppa Italia** Another chance to see Cagliari v Hellas Verona.
3.00 **Top 14 Rugby Union Highlights** A look ahead to the new season.
3.30 **German Cup** A replay of Wehen Wiesbaden v Bayern Munich.
5.30 **Football's Greatest**
6.00 **Brasileiro Serie A** A chance to see Corinthians v Santos.
8.00 **NHL Ice Hockey** Vegas Golden Knights v Carolina Hurricanes in game six of the Stanley Cup Finals.
10.15 **Africa Eco Race**
10.30 **Coppa Italia** Udinese v Venezia.
12.30 AM **Football's Greatest**
1.00 **Coppa Italia** Palermo v Mantova.
3.00 **Football's Greatest**
3.30 **Coppa Italia** A match replay.
5.30 **to 6.00** AM **Football's Greatest**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Next week *On sale Tuesday 1 September*

Last Seen

Patrick Brammall stars in Apple TV's thriller about a troubled police dispatcher who receives an emergency call from a girl who he believes is his missing daughter.

Call My Agent! The Movie

The feature-length return of Netflix's French comedy drama sees former agent Andréa (Camille Cottin) reunite with her ex-colleagues as she directs a film, but chaos ensues.

NFL

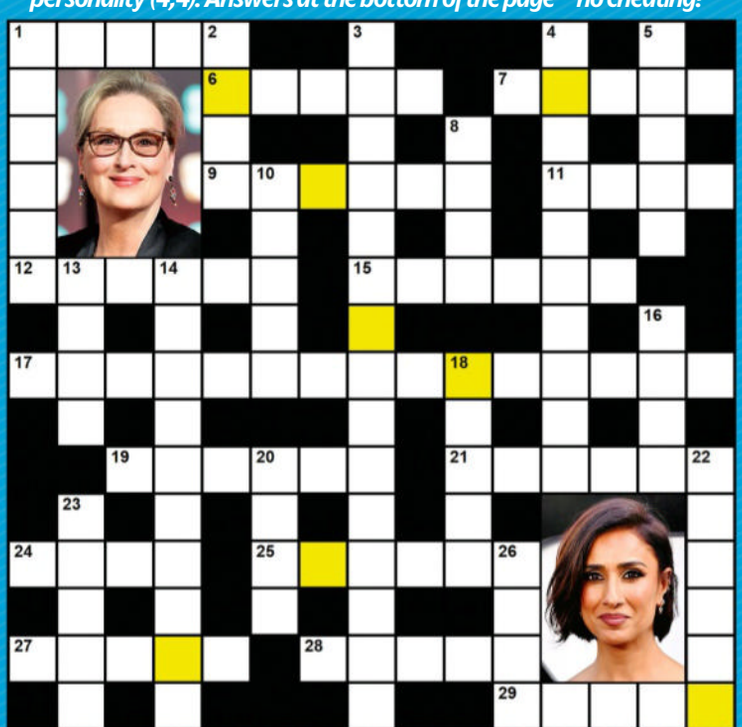
The new American-football season swings into action with a repeat of the 2026 Super Bowl as reigning champions Seattle Seahawks take on New England Patriots.

The Paper

In the new series of Sky One's follow-up to *The Office*, ambitious newspaper editor Ned (Domhnall Gleeson) faces romantic ructions with reporter Mare (Chelsea Frei).

Crossword

Solve the clues in our just-for-fun crossword puzzle and rearrange the shaded squares so the letters spell the name of an English singer and TV personality (4,4). Answers at the bottom of the page – no cheating!



ACROSS

1 2009 sci-fi comedy movie about interplanetary invaders, *Aliens in the* ------ (5)
6 Actor in US soap *Falcon Crest*, Lorenzo ------ (5)
7 Oscar-winning actor from Italy, Sophia ------ (5)
9 Actor in *Law & Order: UK*, Jamie ------- (6)
11 2019 Clint Eastwood and Laurence Fishburne film, *The* ---- (4)
12 Star of the Mummy films, Brendan ------- (6)
15 Sean Tully in *Coronation Street*, ------- Cotton (6)
17 Elia Kazan movie starring Marlon Brando (2,3,10)
19 English rock band fronted by Sting, The ------- (6)
21 ------- Sledge, American girl group who had a UK No 1 with *Frankie* in 1985 (6)
24 Classic Bruce Willis action movie, *Die* ---- (4)
25 Evangeline Lilly's role in *Lost*, Kate ------- (6)
27 See picture clue: Oscar-winning star of *The Iron Lady* and *Sophie's Choice*, ------ Streep (5)
28 ------ *City Blue*, Blondie hit released in 1979 (5)
29 Canadian singer of hit song *Sk8er Boi*, ------ Lavigne (5)

DOWN

1 - ---- -- *Fry & Laurie*, old BBC sketch show (1,3,2)
2 1983 hit single by pop duo Wham!, ---- *Tropicana* (4)
3 *Hello, Dolly!* star (6,9)
4 The ----------, 1980s synth-pop duo (10)
5 Billie Piper's character in ITV2 drama *Secret Diary of a Call Girl* (5)
8 John Wayne western from 1969, *True* ---- (4)
10 American superhero series starring Stephen Amell as Oliver Queen (5)
13 See picture clue: British radio and TV presenter, Anita ---- (4)
14 *Tom Brown's* ----------, 1971 television adaptation starring Iain Cuthbertson (10)
16 ---- Hathaway, actor who won an Academy Award for musical film *Les Misérables* (4)
18 ------ Huntington-Whiteley, model and actor (5)
20 Somalian supermodel (4)
22 Jennifer Aniston's role in *Friends*, ------- Green (6)
23 Gangster film starring Daniel Craig, ------ *Cake* (5)
26 Greek singer born in 1934, ---- Mouskouri (4)

CROSSWORD SOLUTION
ANSWER: Olly Murs **ACROSS:** 1 Attic, 6 Lamas, 7 Loren, 9 Bamber, 11 Mule, 12 Fraser, 15 Antony, 17 On the Waterfront, 19 Police, 21 Sister, 24 Hard, 25 Austen, 27 Meryl, 28 Union, 29 Avril.
DOWN: 1 A Bit of, 2 Club, 3 Barbra Streisand, 4 Communards, 5 Belle, 8 Grit, 10 Arrow, 13 Rani, 14 Schooldays, 16 Anne, 18 Rosie, 20 Iman, 22 Rachel, 23 Layer, 26 Nana.

WORDS: CAREN CLARK. PHOTOS: APPLE TV, GETTY, NETFLIX, SKY, PEACOCK

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Coming soon

Richard Armitage and Annabel Scholey as Dr Ethan Winter and DI Lauren Bell

Winter

FIRST LOOK

Richard Armitage and Annabel Scholey star in a dark crime drama

A troubled forensic pathologist teams up with a shrewd detective to solve a string of intricate murders in ITV1's upcoming drama *Winter*.

Airing later this year, the six-part Bristol-set series stars Richard Armitage as talented, highly intelligent but rebellious Dr Ethan Winter, who goes out on a limb to make vital analytical deductions about the victims who end up on his slab. And he forges a powerful but at times fractious working partnership with uncompromising DI Lauren Bell, played by Annabel Scholey, who heads up a murder squad.

RELENTLESS QUEST

But Ethan is tormented by the unsolved killing of someone he loved, and his illicit investigation to track down the perpetrator takes him down some tough and dangerous paths.

'The ambition of David Allison's scripts is very exciting and will attempt to shake up the genre that we've grown to love,' says Armitage. 'Ethan Winter is a compelling character treading the line between diligent professional and reckless maverick. He has a painful secret and a fatalistic self-destruct button over which his finger constantly hovers.'

'I am thrilled to be working alongside the brilliant Richard Armitage on these fantastic scripts,' adds Scholey. 'Our characters' tempestuous relationship will be a total thrill to explore, and I am excited to step into the wonderfully dry shoes of DI Lauren Bell.'

Animations to look forward to

Charlie Vs the Chocolate Factory

In Netflix's sequel, teen Charlie (Kit Connor) clashes with Willy Wonka (Taika Waititi).

The Baddies

Sheridan Smith narrates BBC1's adaptation of Dame Julia Donaldson's book. Rob Brydon and Alison Steadman are also in the voice cast.

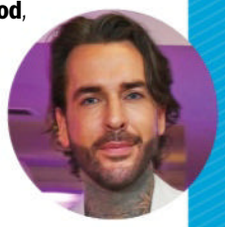
Ray Gunn

Netflix's film sees Sam Rockwell voice the titular private eye, who becomes embroiled with a pop star (Scarlett Johansson).

WHAT'S NEXT FOR...

Pete Wicks

The presenter will appear alongside pal Sam Thompson in ITV2's **Sam & Pete: Dying to Look Good**, which sees the duo speak to men who undergo extreme treatments to achieve perfection and halt the ageing process.



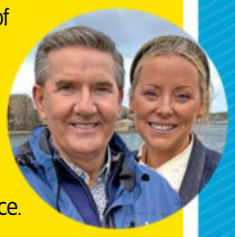
Mark Lewis Jones

In S4C's factual drama **Y Pennaeth (The Head Teacher)**, the actor will play Neil Foden, the Bangor headmaster, who, in 2024, was convicted of abusing girls after opportunities to prevent his crimes had been missed.

Coming Back

Adrian Edmondson and Samuel West (both pictured) are off on their travels once again for a second series of 5's **Sam & Ade Go Birding**, in which the duo will seek out more avian encounters in Yorkshire, West Wales and Scotland.

For a second run of **Anna Haugh's Big Irish Food Tour** on the BBC, the chef showcases the culinary delights of Donegal, County Londonderry and Dublin. Daniel O'Donnell (pictured with Haugh) will make a guest appearance.



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